



ADEL BELLS

Parish Magazine 70p



April is here, bringing with it
Promises of longer days,
Resulting in more time outdoors,
Inspiring you to tarry a while,
Looking for joy in the simple things.

April 2024

Rector Revd Alison Battye 25 Church Lane Adel LS16 8DQ
 alison.battye@leeds.anglican.org 267 3676

Churchwardens Anne Andrews 32 Ancaster Road LS16 5HH 275 5585
 anne.andrews@ntlworld.com

Alison Howarth Apt1, Garmont Court LS7 3RU 262 4622
 ahowarth@hotmail.com

PCC Secretary Andy Neal 468 Otley Road, LS16 8AE 07415 424 964
 adelpccsecretary@gmail.com

PCC Treasurer Bob Holloway 10 Adel Pasture LS16 8HU 267 9360
 bob@hollowayassociates.co.uk

Safeguarding Officer	James Moxon	07984164782
Planned Giving	Helen Hallett	217 8845
Choirmaster	Chris Cunliffe	267 6767
Funeral Verger	Iain F. Welsh	267 9364
Assistant Funeral Verger	Lucy Best-Shaw	217 2963
Flower Rota	Hilary Taylor	2611941
Environmental Officer	Thang Tang	adel.eco.church@hotmail.com
Wedding Verger	Sue Smith	261 0349
Assistant Wedding Verger	Gillian Batcup	267 7223
Local History Enquiries	Val Crompton	225 9142
Adel St John School Head Teacher	27 Wayland Drive LS16 8LX	
Parish Hall Bookings	Mr Peter Dalrymple	261 1804
Adel Bells Editor	Loveday Loveridge	07974 321466
Magazine Advertising	Marjorie Cole	261 0069
Distribution:	Beryl Thompson	267 3875
Website:	10 New Adel Gardens LS16 6BD	
	Sandra Lavery	261 2008
	Trevor Cole	261 0069

Adel Bells
 (Please email copy by **10th of the month**)

Parish Hall Bookings

Church Website
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adelbellscm@gmail.com

adeloldstables@gmail.com

www.adelparishchurch.org.uk

Adel Parish Church



The Parish Church of St John the Baptist, Adel
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www.adelparishchurch.org.uk

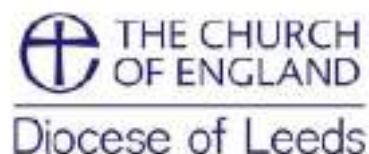
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 Andrew Neal, Mark Seaward,
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 Thang Tang, Mike Tunstall,
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Magazine Editors

Marjorie Cole

Illustrators

Val Crompton
 Marjorie Cole

Church Open for Visitors
 Monday and Saturday 1.45pm to 3.45pm

Parish Registers

Funerals

12th February
 Peter Grimshaw

13th February
 June Binks

19th February
 John Dennis Colley

20th February
 Evelyn Holmes

22nd February
 Sylvia Halliday



Festivals & Feasts

23rd April
 George, patron of England

25th April
 Mark the Evangelist



Youth and Age

From: More Doggerel Days by Jane Gascoine

Give me green fields
 And green hills
 And sheep and cattle and trees.
 Give me running brooks
 And homing rooks
 And bells on the evening breeze.
 And sunny lawns
 And bright new dawns
 And gentle rain on my face.
 And heavenly choirs
 And dreaming spires
 And I'll know I have found my place.

Autumn inspires
 Cosy fires
 And a need to stay close to home.
 The song of the birds
 Are comforting words
 To those unable to roam.
 Music and dance,
 Books and romance,
 Pets and laughter and space.
 Friendship and love
 And heavens above,
 I'll know that I've found my place.





**Part of Christ's family, welcoming
everyone, sharing God's love
and being a voice of hope**

From the Editor

Apparently, many of us think that April will be full of promises, as my little 'poem' on the front cover suggests. As typical English folk, we think primarily of the weather, yet we know from experience we may well be disappointed. The last line of my poem, however, encourages us to find joy in the simple things. It's up to you to find that joy, which might be as simple as the sun peeping through a crack in the clouds and brightening up an otherwise dreary day, but the idea prompted me to ask Jenny Jones to write a piece about joy. It is amazing how one simple question can result in some fascinating revelations, as you will find in Jenny's piece on page 14.

We may be coming to the end of our 'Letters from abroad' with the latest one this month being from France. All the writers have had experience of belonging to our Adel Church family in the past, but have moved to

different climes. If anyone reading this magazine, perhaps online via the website, feels they have something to communicate, please do get in touch: adelbellscm@gmail.com. I would love to hear from you.

I wonder how many of you have never been to one of our coffee mornings. They are a wonderful way of cementing or making friendships whilst enjoying a welcome cuppa and a piece of cake. The April one (see page 15) is actually the first one this year, so do come along, pay what you think it's worth and prepare for a good chat. If you have any ideas for other social events we could organise, please do get in touch. We are always happy to try something new.

And lastly, don't forget the Boundary Walk on 4th May (see page 10). You need to sign up for it and remember, you can do as much or as little as you like. It doesn't cost anything and you get a free tea if you stay the course!

Marjorie Cole

If you would like to have an annual subscription to Adel Bells, delivered to your home if you live in Adel or posted to you if not, please get in touch with me and I will give you the necessary information.

Marjorie Cole, Editor, 0113 2610069, adelbellscm@gmail.com

Rector Alison's Letter

In March I spent a Saturday attending a 'Sing Day', organised by Tim Knight, organist, choir master and composer. We were a group of old friends and new. Some of us have known Tim for many years, for others it was their first introduction.

There was also a wide range in our musical abilities. Some present were able to sight read fairly accurately on their first attempt at the music; others, like me, relied a little more on those around us. As Tim remarked though, after a very short time this group of strangers was producing a pretty good sound. The music and Tim's instruction had turned us for a short while into a choir.

It reminded me of the value of coming together with a shared purpose. I feel safer, happier and more powerful when I am part of a group. Of course, this only happens when we are inside, rather than outside the group; when groups are exclusive, and we are turned away, we can feel unsafe and isolated.

Luckily in this area we have many welcoming groups. We can take part in sports, the arts and social activities; OPAL has activities aimed specifically at combatting isolation and loneliness.

A shared purpose, and an open door are important to us as a church. We

come together to encounter God and everyone is welcome.

There are two points in our main Sunday service that are very special to me. One is as we share bread and wine around God's table. The mood is joyful, but quiet as we ponder the mystery of Jesus' love for us.

Then, as the last people return to their seats, into the stillness comes the noise of our junior church hurrying up the path to join us.

Children of all ages burst into church and rush up to the altar. There is often a hum of noise but it stops as they bow their heads for a blessing, or hold out their hands for communion. They too know why they are there. I love the way we come together, tiny babies to those in their 90s, to share the wonder of God's love, and learn to share it with others.

Of course, our lovely Norman church is not the most accessible but we do our best to ensure everyone can share the feast. Our morning service is streamed on you tube; we have a shorter service on Wednesday mornings; a team take home communion out to the housebound; we have a monthly communion in the Stables. If you would like any more information about any of these do get in touch.

Whatever your interest, I hope you can find others to share it with. If you would like to be part of our church family do come along. There is no joining fee and no entry requirements. God welcomes you, and we will do our best to do the same.

With love and prayers

Alison

For your diary

Sat 20th April

Coffee Morning
In the Old Stables
10.30am
See p 15

Sat 4th May

Boundary Walk
See p 10



Sat 18th May

Quiz Night
With fish & chip supper
Details next month

22nd/23rd June

Patronal Festival
Including concert by
St Peter's Consort
on the Saturday
Details later

A Prayer for April

Lord God, we thank you for giving us light here on earth, where it is so often completely dark.
But in the darkness the name of Jesus Christ shines out as the prophetic Word:

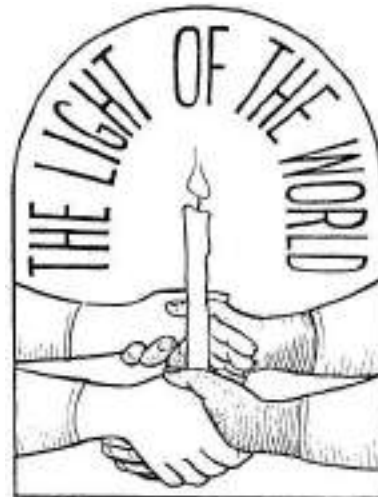
'Be comforted. After darkness comes light, after night comes day!'

We thank you for this light.
In joy we thank you, for we have experienced that Jesus lives and comes to meet each one, bringing victory over enemy powers.

In the name of Jesus Christ and in his name alone we ask you to remember the needs of our time. We do not want anything that comes from ourselves.

We do not want any earthly peace. We want your peace, Lord God, the peace in which everything becomes new, born anew even in suffering, to the eternal glory of your name.

Amen



Also in April . . .

Bible Study
10 am in the Stables
Thursday 11th April
Thursday 25th April

Coffee Morning
Saturday 20th April
10.30 to 12 noon
Coffe, tea, cakes, scones
In the Old Stables

Prayer Meetings
10am every Wednesday
In church or at home

Praying this month for:
Wednesday Prayer Group
Church Wardens
Coffee Rota Team

A Wartime Experience

For Doreen, at the age of 98, watching our services on YouTube is a regular Sunday treat. She will enjoy it if you wave to the camera when it comes to sharing the peace! I asked her if she would write something for us.

Memories of an earlier age

I was fourteen when the war began and I was evacuated. On Friday 1st September 1939, we assembled at Leeds City Station, haversacks on our backs, names and religions labels around our necks.

I was luckier than most because my father was an Inspector at the station and had spent several weeks secretly scheduling trains for the evacuation of children from Leeds to safer parts of the country. That destination was the beautiful City of Ripon in North Yorkshire. We met our hosts in a church hall, were taken to their homes to become part of their family.

On the Sunday 3rd September, war was declared by Britain on Germany, but all was silent for quite some time in our part of the country. The weather continued to be very hot and we suffered in our winter uniforms which consisted of navy blue reefer coats, velour hats, thick woollen black stockings and brogue shoes.

The schools we attended were well out of the city centre so we had a

long walk from our billets to the school four times a day with all our books and other paraphernalia needed to continue our education. In those days school buses were unheard of and although it was forbidden we often removed our hats but the teachers were also walking the same routes to school so the command 'Hats on, girls, please', was common. On one occasion some girls were punished by having to wear their hats in school, much to the amusement of the boys.

Later in the year we experienced the worst winter snow I have ever known and we still had to negotiate this journey four times each day. It goes without saying our feet and legs were constantly cold and wet as the snow was deep. Most of us had painful red marks on our ankles or legs and chapped hands as regulation gloves were navy blue wool.

Despite all the set-backs I thoroughly enjoyed my life in Ripon. The ladies of the family I lived with invited me to call them Grandma or Auntie, were very kind to me, fed me well and taught me many useful things, as they were all quite gifted in different ways.

We kept in touch for many years and I thank them sincerely for giving me an alternative outlook on life.

Doreen Dunning

In Brief

Informed by email

If you are new to our congregation or to our church magazine and would like to be added to our email list, so that you can be informed of what's going on at Adel Church, there are some forms at the back of church, to fill in with your contact details. Alternatively, you could email Alison, address given on the inside of the cover.

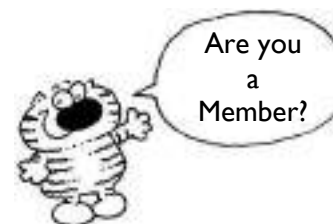
A word about Lily's letter

I have been asked not to correct Lily's spelling - see page 22. As an editor, I am afraid it goes against the grain to leave any type of mistake unchanged, but I have made an exception in this case. I hope you don't have too much trouble reading it. It could be the type of challenge that some people are glad to confront. Are you one of them?

Marjorie

100 Club Draw for February

1st	Kath F. Welsh	£80
2nd	Thang Tang	£40
3rd	Carole Smithies	£30



Adel Boundary Walk 2024

The ancient tradition of **Beating the Bounds** of Adel Parish will take place on

Saturday 4th May

8.30am start at the Stables



Join us for all (14/15 miles), or just for part of the walk.

Booking essential.
Contact: Carole Smithies
carole.smithies@gmail.com
0113 281 3190
07786 485 485

A Response

We have been so comforted by all the lovely tributes to Mum in Adel Bells. We feel very proud of her for her life and selfless service to others. Whilst she had drifted away from us over the past year, it doesn't diminish her loss in any way.

Sylvia Halliday's family

Sylvia's Funeral

If you can say "it was wonderful", Sylvia would have agreed. It was a lovely service in a full church, taken by Rector Alison. As you can imagine there were lots of tears and happy memories.

At the Golf Club later, it was comforting to share reminiscences with her family of the times we had spent with Sylvia.

She was buried in Adel Churchyard, a place she loved. She will now be at peace with her maker. Rest in Peace now, Sylvia, after a well-lived life.

Tina Gledhill

Val thought you would be interested to hear news from Steve Nailor, whose ancestors lived in Adel. He visited Adel Church recently.

Hi Val,
I had a good trip to Guatemala. We started on Sunday with an English church service in Antigua, Guatemala. *Lent is very big in Guatemala.* Lengthy processions every Sunday, then every day in Holy Week, where men in purple robes carry a large, heavy float, followed by a small marching band.

We volunteers spent Monday at the Hope Academy school for girls ages 3-10. I sponsored a classroom in the new second floor - and a volunteer artist

painted a 'Charlotte's Web' mural on the side wall. On Tuesday-Thursday, we visited an orphanage. We did service work in the mornings and played with the children in the afternoon. On Friday ... I took a cooking class where I learned to cook El Pepian, a traditional Guatemalan soup/stew.

Steve

Recycling flexible packaging

On page 13 Thang tells us we can make a difference. Here is one thing we definitely can do. Although soft plastics cannot be put in our recycling bin, you can now take it to the supermarket, where the containers are in easy to find locations. Look at the information on the packaging and it might say not to recycle at home, but it can be taken to a supermarket.

There is a container opposite the entrance to the Holt park Asda and, provided they are clean, you can put in there:-

Carrier bags
Crisp packets
Sweet and biscuit packets
Bread bags
Frozen food bags
Fruit, vegetable and salad bags
Toilet roll wrappers
Pasta and rice bags
Multipack wrappings
Online delivery bags
Clothing bags

Marjorie Cole

A Teacher's Poem

One of our readers sent this poem in, saying he had bought it at Kirkstall Summer Festival many years ago. It meant a lot to him and he wanted to share it with you.

Let Christ Light your Candle

I am grateful I've found Jesus
Quality of life he's given me,
Shown me the way to walk upright
And raise my capability!

I found through the gospels,
How his spirit warms my soul,
Awake then to my poverty,
I asked Him to make me whole.

At first it was hope's candle,
With which he lit my way of living,
It kindled desire's fire,
Inspiration to me giving.

It caused me to cast aside,
The tinsel I'd pursued,
To place God foremost in my heart,
Which enriched my attitude.

I realised that I'd been
Fed with arrogance,
That in my youthful folly
With temptations I had danced.

And that I could not take with me
The old habits I had sown,
I had to rid my soul of them,
No selfish pride to own.

How I became a teacher
Still amazes me.
I'd invariably been bottom of the class
Low in ability.

I think because I struggled so,
That when I found my calling,
I had a strong desire to help those
Who found their ignorance appalling!

**Let your light shine with radiance,
that God's glory is revealed
through all that you do!**



Forget about reaching the crowds; if you can make a difference for one person, then it's worth it.

Environmental News

No time to fool!

The climate emergency is not an April Fool's joke. Carrying on from last month about raising awareness, I have two similar events on the same day, 22nd April: Earth Day and International Mother Earth Day.

Earth Day has been held since 1970, and to coincide with this the UN established International Mother Earth Day in 2009. Helping our planet is nothing new. Our planet, our fragile home, faces unprecedented challenges due to human activities. Climate change, deforestation, pollution, and loss of biodiversity threaten our ecosystems. Last year was the warmest on record by a large margin. However, I believe there is hope. We can make a difference if we follow these steps.

1. Spread the Word

Speak Up! Encourage friends, family, and colleagues to reduce their carbon footprint. We are the first generation aware of our impact on the planet. Engage in conversations, educate others, and advocate for change. Together, we can create a healthier, more sustainable world.

2. Keep Up the Political Pressure

Our local council, MPs and government are crucial in tackling the climate emergency. We pray to God that

those in charge will act with wisdom and courage to make difficult decisions and put our planet and the people first.

3. Transform Your Transport

Transport accounts for a significant portion of greenhouse gas emissions. Opt for sustainable alternatives. Use public transport, cycle, or walk whenever possible. Choose electric or hybrid vehicles. Share rides to reduce individual emissions.

4. Reduce, Reuse, Recycle

Minimize waste. Replacing disposable items with reusable ones. Recycle whenever you can.

5. Conserve Water and Electricity

Small changes can make a big impact. Got a leaky tap? Fix it as quickly as you can! A dripping tap can waste 5,500 litres of water a year! Turn off lights and appliances when not in use. Invest in energy-efficient appliances.

6. Plant More Trees

Trees absorb carbon dioxide and provide essential oxygen. Some companies offset their carbon footprint by planting trees. Go paperless if you have the option, and avoid unnecessary paper use.

Thang Tang

Looking for Joy

Joy satisfies the heart in a unique way

Joy, *n*, intense happiness, something that causes this --- and then these definitions of the opposite -- joyless *adj*—joylessly, *adv*---joylessness---*n* Then more beautiful definitions in Joyful *adj* ---joyfully *adv*, and joyfulness *n*. Finally, joyous *adj* ---joyously *adv* and joyousness, *n*.

So much for Webster's dictionary, although it also gives us definitions for joy-ride, joy-riding and joy-rider, none of which seem very joyful at all, merely fraught with danger to the joy-rider and those in close proximity.

Strangely, I only found one hymn in the English Hymnal which references Joy, although there are many pertaining to rejoicing, which is surely what joy, and being joyful is all about. Webster's defines rejoicing as being joyful or happy.

We can all find joy in beauty

So, what is this thing called joy? I'm sure we can all find joy in beauty; the ever-changing landscape of our churchyard fills me with joy every time I walk through it. So far this season, we've witnessed the re-birth



of snowdrops, crocus and daffodils; even though we know they are going to come up faithfully each year, we still exclaim, "Oh, look at those snowdrops/crocus/daffodils!" Delete which does not apply, because the sheer joy at seeing rebirth from that cold dark earth gives us cause to be joyful, joyous, filled with joyfulness.

Joy can be described as breathtaking, something so joyful it stops you in your tracks, something that makes you want to rejoice, and shout from the rooftops. We look for hope in joy, the word joy lifts us, reminds us of God's love for us.

I particularly enjoy the old Charles Wesley hymn, "Rejoice the Lord is King", especially the chorus, "Lift up your heart, lift up your voice, rejoice again, I say rejoice!" This to me is an expression of pure joy in worshipping our Lord.

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The Bible tells us about joy, declaring hope and joy to be part of our divine destiny, and how to experience joy. My own family found comfort in Psalm 30, during a very trying time. 70 years ago, my Mum was having a very bad pregnancy; she had a serious condition called pre-eclampsia, but she refused to go into hospital as she had no-one to care for me. My Dad had to work and both her parents had died not long before, within 11 months of each other. Mum was an only child and we had recently moved away from Beeston to Headingley, so my parents were trying to cope together. Mum was told the baby

would be unlikely to live or would at best be very small, but on St Luke's day, 18th October (very pertinent because St Luke's had been our church in Beeston) Mum went into labour in the early hours of the morning. The midwife cycled up from Woodhouse Moor, just in time to deliver a 9lb 12oz baby. She was named 'Joy'. Psalm 30 says, "Sadness endures for the night, but Joy cometh in the morning". After a couple of sad years, God's blessing of Joy came to our family.

Jenny Jones

Coffee Morning
Saturday 20th April
10.30am to 12 noon



Friendship and cakes
what's not to like?

Letter from France

A very active community life

I was born in Leeds and grew up in St Martin's Church, Potternewton. After many years living in different parts of the UK, I came back to Leeds, Adel, with my husband David, and joined St John the Baptist Church. Then followed sons, Andrew and Richard. The church had a very active community life which I became part of. There was the Ladies Group, the Flower Group - I definitely was not a Constance Spry - and the Walking Group, organised by Tony Walker and his team of which I was part. The best walk was the last of the season - Kirkby Overblow - where the restaurant did fish and chips for us all before their usual Saturday night clientele. Walking boots off by the door.

After a period of 14 months when the last of our three parents died and our sons were away at University and leading their own lives, we took early retirement, leaving them David's parents bungalow as their new home.

We decamped to Percy en Normandie, France, population now 2,688. Serendipity - my village church turned out to be Eglise Saint Jean Baptiste! Naturally it was Catholic,

but I do not think God minded that I worshipped there. The present church was built in 1903 on a big design and was badly damaged in 1945 when the Americans liberated the village from the Germans during World War II. Some of my friends remember that time.

A very active village life

Here the similarity of the two St John's end. There is no community life. This all happens within the village, and it is just as good as Adel. I am into the Anglo/French group for conversation, gym pour les seniors and painting (aquarelle) amongst other things, but the walking club is my favourite. The best so far was Pèlerinage à Travers les Grèves (Pilgrimage through the Strikes* - could not understand what significance strike had). We started off from Genêts on the west coast and walked the sand and sea to Mont Saint Michel stopping several times for hymns and prayers. After being hosed down by the pompiers (firemen) on arrival as we were covered in wet sand, we paraded through the streets, singing hymns to the church up at the top for a service. After our picnic lunch we could join various talks and I chose one on the monastic life of this church. Very interesting. Then it was

time to return the same way we had arrived. A most spiritual and bracing day!

We embraced village life with the encouragement of our French friends. To keep our field under control we got sheep for the grass and a goat to keep the hedges trimmed. Also we had hens, but one night a pine marten dug under the compound and decapitated all the hens. David was devastated. Also he could not eat the first lamb we had to slaughter, something our French friends could not understand. (He was delicious!) The easiest thing we did was create an orchard. There was an apple and pear tree to which we added plum and cherry. My jam making skills were much in demand.

I have to confess that the church at Christmas and Easter leaves me more depressed than uplifted. It is not decorated apart from seasonal flowers. I think of Adel and my heart yearns. Please count your blessings.

Anne Moorby

** Editor's note*

Although grèves does mean strikes and, let's be honest, France has lots of them, it also means shingle, which is probably the better way to understand it here.

Anne subscribes to our magazine. She receives an electronic copy every month in her inbox and she also remains in contact with members of our congregation.

We need you

Annual Parochial Church Meeting

**Sunday 21st April
at 11.30**

in the Old Stables

Please come and support Alison and the PCC

The Next Play



How has life and love turned out for them?

It's a risk for us all, isn't it, when we allow ourselves to fall in love and become part of Two? Maybe love will bring simple happiness, as it has to Fred and Alice in our story, and that makes it well worth the leap of faith. But is it worth it for young Maudie, whose boyfriend Moth has a roving eye and is more committed to her wage packet than he is to her? It seems Maudie still thinks he's worth waiting for. And what about the Old Woman, the Old Man, Roy and Lesley, The Other Woman, and Mr and Mrs Iger? How has life and love turned out for them?

It is April 1989. Ever since the 1920s the frosted glass windows of this traditional Leeds pub have hidden the

people inside from passers-by, but now, thanks to playwright Jim Cartwright, you can come inside with us and get to know 14 of them – the publicans, 11 of the pub regulars, and the Boy. Oh, but wait a minute - a Boy? He can't be a pub regular and he's too young to fall in love. Where does he fit in to our story?

What lies beneath the jokes?

The Landlord and Landlady bicker as they serve a throng of happy customers. But are we imagining it? Is there some real bitterness underneath the jokes and the warmth of the welcome they give to us all? If so, what has happened to this hard-working Yorkshire couple to create ice where previously there was love?

We fell in love with this play the instant we all read it together back in December. Working on it has been a joy ever since, and we hope you will love it, too. See page 29 for how to book.

Pat Riley
Director

Words from Joyce Hill

Anselm, Archbishop of Canterbury 1093-1109

As Easter falls in March this year, April has no major liturgical feasts, which provides me with the opportunity to write about Anselm, a significant and distinguished Archbishop of Canterbury, whose feast-day is 21st April: the day of his death. Thomas Becket, in 1163, requested Pope Alexander II to canonize him partly because of his outstanding contributions to theological scholarship but also because he was a fellow-combatant in the ongoing power-politics of King versus Archbishop.

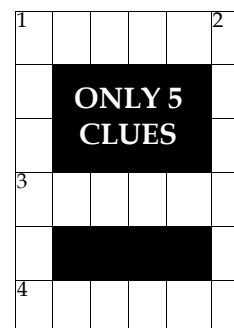
There is no record of Anselm's canonization. If it happened it would have been unusual as before the twelfth century all saints were recognised by tradition and popular acclaim. Anselm was listed as a saint in the records of Canterbury and elsewhere, and his sanctity was confirmed by Pope Alexander VI in 1494 or 1497 and proclaimed a Doctor of the Church by Pope Clement XI in 1720.

Born c. 1033 to moderately high-ranking parents in Aosta, he went to France in 1056 and in 1059 entered the monastery of Bec in Normandy, Lanfranc being head of the monastic school. In 1063, Lanfranc was summoned by Duke William to head

his new monastery of St Stephen in Caen. Anselm was elected to replace him as head of the school and in 1078 he was elected Abbot. Duke William become William I of England and in 1070 appointed Lanfranc Archbishop of Canterbury. Anselm was chosen by the Canterbury Chapter to be their archbishop when Lanfranc died in 1089, but William II intended that no one should be archbishop in his lifetime. A near-death illness, which William understood as divine punishment, led him, in 1093, to agree to Anselm's appointment. Anselm set various reforming conditions, but subsequently his continuing promotion of the rights of the church led to two periods of exile, in 1097-1100 under William II, and in 1103-1107 under Henry I.

Anselm wrote several of his major works while he was at Bec, and he produced further substantial studies during his two exiles. He is regarded as being a leading figure of the international intellectual movement known as Scholasticism which, instead of simply seeking to understand Christianity as revealed truth, sought to explore and explain it as a rational system. He is generally regarded as having one of the most penetrating intellects between the great giants of St Augustine of Hippo and St Thomas Aquinas.

Puzzles



ACROSS

1. Around back of library, Peter arranged to use keyboard again
3. Praying mantis, say, as part of religious group
4. Cake of rice AI cut up

DOWN

1. Engineers to drink a French wine, gorge
2. Newspaper boss altered diet, as an alternative

Do you need help?

Cryptic clues are full of hints which suggest a way of finding an answer. You need to learn how to read these clues. If you want to do this month's puzzle, read through the following explanations and have a go. Good luck!

1 Across - The words 'Around back of' suggests that you use the last letter of the next word as part of your answer, so use 'y'. The word 'arranged' hints Peter is an anagram. If you solve the anagram of PETERY you will find the answer, whose definition is 'use keyboard again'

3 Across - the word 'say' suggests that the previous word/s are an example of something. The definition of the answer is 'part of a religious group'. Think what type of thing a praying mantis is, relating it to the definition.

4 Across - The words 'cut up' suggest that rice AI is an anagram and the definition of the answer is 'cake'

1 Down - 'Engineers' usually stands for the two letters RE. 'To drink a' suggests that a is added to the answer. The word 'French' suggests you translate words into French, eg, 'wine'. Put all those letters together. Solve the anagram - the definition is 'gorge'

2 Down - 'Altered' suggests there is an anagram here, in this case 'diet'. Then find a word of 2 letters that means 'alternative' and add it to the other two letters. Solve the anagram - 'Newspaper boss' is the definition of the answer.

Solution on page 47

Nature Notes

Once again we have failed – failed to send in our bird records to the RSPB Big Garden Bird Count. I used to wonder did you have to have a big garden? Or was it only big birds that you had to record?

The real reason for my lack of records is that we can see the garden from only one room – the conservatory – and this is too cold in winter to sit in for an hour or more to make notes about visiting birds.

When I did take a peep into the garden during the relevant week, all I saw on most days were two Wood Pigeons, a Blackbird, and on one occasion a Grey Squirrel eating the bird seed.

However, gardens can be wonderland places to see wildlife, particularly if you know, or can learn, the names of the various birds etc that you see. The only detailed garden records that I kept were of the moths caught in my moth trap. Without those details I would never have known that I had caught over 300 species, but I was keeping notes because all my sightings were reported to the Yorkshire Moth Survey.

In my early years the only birds that came into our gardens were House Sparrows. They came every day to

eat waste food that had been put out for them. There was no tradition of buying food specially for birds.

I have been thinking of gardens as places to see wildlife – well mostly our garden I suppose, and this leads me to thinking about the changes that I have seen. At first the only birds that entered my childhood garden were House Sparrows which were not very exciting. However, with a couple of friends I was very interested in caterpillars – not in their identity but in setting up caterpillar races.



Looking back I can see that one of the caterpillars (which we kept in boxes with holes punched in the lid) we took from next door's garden, was the caterpillar of Large White butterfly, the other common one I have never managed to identify.

Peter Larner

Letter from Lily

Hi Everyone!

It's me, Lily!! I used to be called 'Pearl' wen I was a tinny baby puppy but my fammly lyke 'Lily' better, so Lily it is!

I've gott uther naymes aswellll. My Mumm and Daddd corl me 'Lily the Pink' cos i've got won pink pad on my bak ryte fut. My Mumm sais I'm a pickle so I get corled Pickle-Lily. Im getting yoused to it!

I'm not blak lyke Penny, and i'm not gowing to bee as byg. Penny woz wot is corled a Standurd Poodel, but I'm a Minichure, and I'm shampayne culled.

I think yoo wil hav notised by naw, I'm not yet verry good at spelling and tryng, but I'm working on it and will get better. I reeally don't get dubble letters and wen to youse them. I wyssh I'd met Penny – shee cud hav towld me a lot abowt this ryting thyng and helped me a lot.

I no im going to have to werk hard becoss it's mi job now to rite a letter to yoo evry month. I no yoo enjoyed 'Penny's Ponders' so I wil doo mye verry best.

I do lyke it here in Adel – weeve got

lots of loverley warks – I can't go far yet, but I'm hopping to soon.



Evrythyng is so new! I've lernt to go up and down stayers (trikky!) andd ryng my bell to go owt. I've fownd my favritt playce to sleep – a luvrley window siyl (I think its korled) wayer I can keeep an I on wots goin onn owtsyd aswel.

I lyk owtsyd – theyres lotts of loveryley smels and wooodpigns to chayse butt I carnt kach them yet. Im nott shur abowt nyoo peepel and the uther doggs I meeet but wyl do mi bestt to get yoost to evriwon.

My Mumm and Daddd hav tayken me to Adel Cherch. I luv the flowers and treas and im lukiing forwad to meeting yoo allll.

I thynck Im verry blesst to cum to Adel. Weyer I cayme fromm waznt as nyce. I yam lukiing forwad to lerning lots mor abowt Cherch, Adel warks, everiwon and evrithing gowing on.

As Penny wud say:
Woofs & licks

Lily xxxx

In Your Garden

"April ... hath put a spirit of youth in everything."

~William Shakespeare

Having endured one of the most protracted wet winters that I can remember it is a blessing to be able to contemplate the better weather ahead. Our gardens, like the surrounding countryside, have been soggy at best and often impassable due to the complete saturation caused by months of persistent rain and a very high water table. Those of us with dogs to walk are having trouble finding any rural circuits that don't involve muddy boots and even muddier dogs! The good news is that our gardens will quickly recover. Trees and shrubs will draw water up through their roots, the ever warmer sun will promote evaporation and the breezes will help to dry out the surface. If only the rain will cease!

With ever more daylight your garden is coming to life. Buds are bursting, grass is starting to grow and early flowers are tilting towards the higher sun. However, snow, frosts, drought, gales or floods are all perfectly possible and the tender early growth of most life is susceptible, particularly with fluctuations between extremes. Many early flowers, bulbs and new shoots growing in east facing areas are badly damaged or lost by the combination of a hard frost and the sudden thaw brought on by a warm

rising sun. A protracted cold spell might impact on future crop yields as many fruiting plants have April flowers which can be scorched by frost, or do not get pollinated whilst the necessary insects delay their emergence.

I like to start the outdoor season with weeding and hoeing as it is easier to tackle small emerging weeds rather than the more established ones. By getting you close to the soil you can check on its health and fertility. Any remaining dead-heading can be tackled together with removal of any dead stems and branches to make way for fresh growth. You may also want to resume the mowing of your lawn by the end of the month, if the hoped-for drier weather materialises. Start with a relatively high blade setting and lower it with successive cuts.

Woodland flowers take centre stage in April, together with their garden cousins. They are making the most of the spring sunshine, so enjoy the anemones, primroses, brunnera, euphorbias and the smell of wild garlic. By the end of the month it will be time to remove any faded daffodil flowers and some early tulip flowers, nipping off heads and the developing seed pods at the same time, but leaving the green leaves.

George Turnbull

enquiries@adelgardencare.co.uk
www.adelgardencare.co.uk

Historic Graves

Having spent many hours over recent years exploring Lawnswood Cemetery, it is hard not to be impressed with some of the residents there. The spotlight this month relates to a man whose ashes are interred at Lawnswood due to family connections in Leeds. He was born, worked, and died in London, but his contribution to modern medicine makes him someone worth talking about, especially if you have ever had a 'knee-jerk' reaction to a situation... Curious?

Sir William Richard Gowers FRS was born in Hackney in 1845 and began his formal training at University College London (UCL) medical school in 1863. He was exceptional throughout medical school and his first postgraduate position was as house physician to Sir William Jenner, the president of the Royal College of Physicians and personal physician to Queen Victoria.

Over the following years, Gowers held various prestigious positions and was highly esteemed by those who worked alongside him.

In 1875, Gowers married Mary Baines; Mary was the daughter of Frederick Baines, a partner in the Leeds Mercury newspaper. They had four children together.

Sir William taught himself how to draw and illustrated many of his published works himself, which include in 1880, *The Diagnosis of Diseases of the Spinal Cord*. This book illustrated for the first time Gowers' tract (the anterior spinocerebellar tract), and the relationship of the spinal segments to the vertebral bodies. The second edition of this book introduced the term 'knee-jerk.' Gowers published volume one of his *A Manual of Diseases of the Nervous System* in 1886, followed by volume two in 1888. This work has subsequently been referred to as the 'Bible of Neurology'.

Gowers was knighted in 1897, resigned from the active staff of the National Hospital in 1910, and he died in 1915. Following his cremation at Golders Green, his ashes were brought to Leeds by his son Ernest, and his final resting place is now in the Baines family double vaulted grave in the un-consecrated Victorian section of Lawnswood cemetery.

In 1949, Gowers was described by the eminent neurologist Macdonald Critchley as 'probably the greatest clinical neurologist of all time.'

Caz Vee

OPAL Activities

Hopefully April has not brought the traditional showers we can sometimes see and we are all finally starting to enjoy the warmer and lighter days. The grounds at the Welcome In Community Centre have awoken from their Winter slumber and are bursting with new growth. We are very lucky to have wonderful volunteers who take care of the gardens for us; their hard work shows in the fantastic Spring flowers throughout our grounds; thank you to them all for their hard work.

Our membership renewal is in full swing; annual membership runs from the 1st April to 31st of March so now is the perfect time to either renew your membership if you are an existing member or to join us for the first time. Annual membership is only £12 and all our members get a newsletter every two months with all our activities and trips listed. Payment for membership can be done in person at the Welcome In Community Centre (by card, cheque or cash), by bank transfer (Acc. no.- 24503274 Sort code-537000 Name- Older Peoples Action in the Locality) and by post in the form of a cheque. We can also claim the tax back on memberships if you are a UK tax payer and fill in a Gift Aid form; this means your membership and any donation you make will be worth 25% more to us. This does not cost you anymore but it means we are able to

reclaim monies back from HMRC.

As the weather starts to warm up, we will be running more outdoor based trips. In May we will be going to Lotherton Hall bird gardens and in June we plan to visit Burnby Hall and gardens where the water lilies should be in full bloom. At Burnby Hall we may also be able to feed the beautiful koi carp. We have been told they are extremely friendly and enjoy being hand fed by visitors. If you would like to come on any of our trips please call us and book. Look out for more trips in the next OPAL newsletter and keep a special eye out for our annual coastal trip in September.

The Welcome In Community Centre is warm and friendly and is always open to new members; the staff are here to help and can offer emotional as well as physical support.

If you are interested in any of the activities OPAL offers or if you would like any further information, please contact us on 01132619103, email admin@opal-project.org.uk or call in to speak to us at the Welcome In Community Centre (55 Bedford Drive, LS16 6DJ)

Shelley Clark
Project Worker

Churchyard Update

At Adel Church we are fortunate to have a dedicated team of volunteers who look after our churchyard throughout the year. This is much appreciated by our local community and provides an invaluable environmental haven for many birds and insects.



Unfortunately, we now have a major problem with Ash Dieback. People may have seen the news stories highlighting the effect this disease has on parks, gardens and even motorway embankments. We have ten trees that are currently affected and we expect a number more to suffer a similar fate.

We are working with the Council Tree Officer and commercial firms to identify the work that needs to be done to address this problem and how much it will all cost.

Towards the end of last year, we launched a churchyard appeal and many people, both young and old, have contributed to our fund. Currently we have raised in the region of £10,000 which is a great achievement.

Headingley Golf Club has also given us a round of golf for four people to auction and any other contributions from our local businesses would be most welcome.

If you wish to donate to our fund you can do so by one of the following methods:

A bank transfer to the church bank account: "Adel Parochial Church Council", sort code 53 70 00, Account Number 01177419, referencing your payment 'Churchyard Fund'.

There is also the QR code below or cheques payable to Adel PCC can be posted into the vicarage at 25 Church Lane, marking the envelope churchyard appeal.

As the work on churchyard progresses over the coming months, we will provide some further updates in Adel Bells.



The Churchyard Team

York Gate Update

The best gardens never stand still. This year lots of exciting developments and planting schemes are happening in the garden to ensure that there is always something beautiful and interesting for our visitors to see.

One of the loveliest “rooms” at York Gate is the White Garden, which is being replanted and refreshed for 2024 by our Senior Gardener, Tom Nicholls. There is an undeniably magical feeling in a White Garden: it has a freshness and purity that is difficult to achieve with colours. White gardens look chic and elegant. They are often thought of as evening gardens because white blooms seem to glow as the sun goes down.

The Spencers’ White Garden evolved over many years. Originally there was a conventional herbaceous border. Later, Sybil, added a white and silver border. It soon became apparent to Sybil that having contrasting borders was a mistake and so the tapestry of colour in the herbaceous border was replanted in white and silver, much to Robin’s dismay!

The White Garden’s vista was improved by laying old millstones along the gravel path and then creating a break in the beech hedging, which gave way to a ha-ha, only twelve feet wide, framing the open fields beyond. Robin Spencer, whose

inventive designs are key to the unique character of York Gate, then designed two iconic features which “book-end” the White Garden – the wobbly stone pillar which is in fact a Sundial and the large Gothic style bay window which was added to the rear of the house, embracing the bedroom window above and the kitchen below. As Robin wrote, “The prospect for anyone washing up is a pleasant one.”

I am looking forward to seeing the rejuvenated White Garden as it develops. Tom will be selecting plants with contrasting textures and forms, both in foliage and flower shape: he has lifted some of the old plants, which will be divided and replanted. Amongst the new additions, he is looking to include *Hebe pinguifolia* “Pageii” which was in the original White Garden, a white Forsythia, which sounds lovely, and various white asters with wonderful names like “Oktoberlicht”, “White Chief” and “Snow Flurry”. Also, look out for some beautiful roses, trained up chestnut posts in the style of Sissinghurst. Exciting times!

Gillian Smith
Heritage Volunteer

York Gate will be fully open from Wednesday 3rd April. For full information about opening times during the 2024 season please refer to the website yorkgate.org.uk

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What's On

Headingley Flower Club at Bramhope

Friday 5th April
Spring Workshop

With Kath, Janet & Debbie
7pm Guests are welcome at all meetings. A guest fee will be charged.
Bramhope Village Hall,
Old Lane, Bramhope. LS16 9AZ
Contact Mrs Jean Money
Tel 01924 468714



Adel Gardeners' Club

Monday 8th April

'The New Way to Garden'

Doug Stewart

On ZOOM in the Methodist Church and based on his new book, the key focus is on how we can apply the latest thinking and scientific research to help us to create gardens that do good, that do good to the soil, to plants, to our wellbeing and to the environment.

<https://adelhort.chessck.co.uk/>



Leeds & District Association of the National Trust

Tuesday 9th April

"Model Villages: the Rise of the Philanthropic Movement, from Saltaire to Bournville"

Eric Jackson JP

His talk ranges from New Lanark Mill Village (1785 run later by Robert

Owen), to Port Sunlight, (1888 Lever soap) with Bournville, New Earswick and Saltaire also featured.

St Chad's Parish Centre,
Far Headingley

Talks begin at **10.30** am with coffee etc. served from **10.00** am.

Association members £4.00,

guests £5,

Refreshments by donation



Adel Players

Wednesday to Saturday

17th to 20th April,

7.30pm

Two

by Jim Cartwright

This will be performed by Adel Players from 17-20 April at Adel Memorial Hall, Church Lane, Adel, LS16 8DE.

Performances begin at 7.30 pm and tickets cost £10. See page 18 for more information.

To book tickets, please contact Mike and Anne Andrews by email at boxoffice@adel-players.org.uk.



Save the Date!

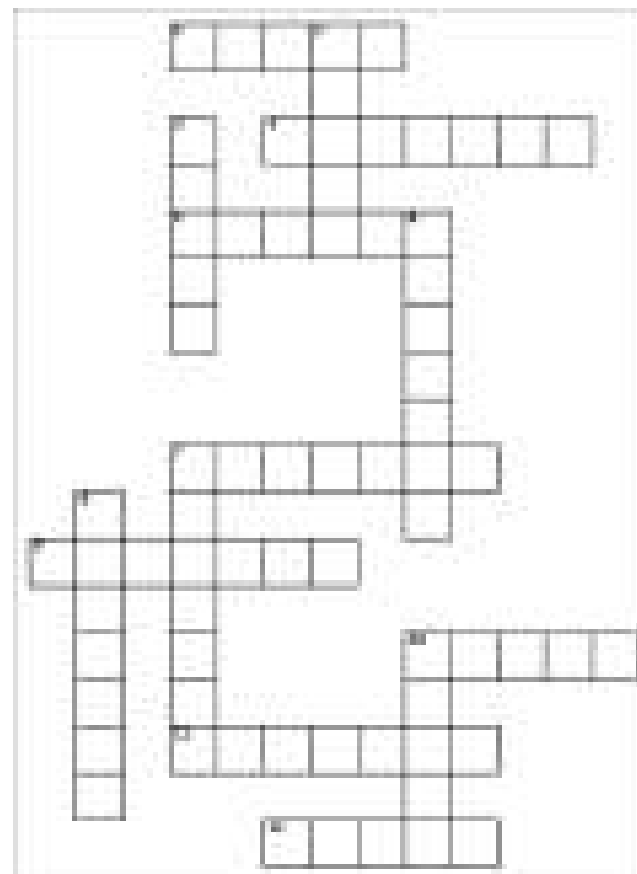
Adel Fête & Open Day
at Adel War Memorial Hall

Sunday 23rd June

12.00noon - 5.00pm

Details next month

A Quick Crossword



ACROSS

1. duke's domain
4. species of crow
5. sagacity
7. offensive remarks
9. rodent kept as a pet
10. precious stone
11. put on show
12. scrumptious

DOWN

2. hidden stock
3. drab
6. decency
7. wishy-washy
8. Louis Armstrong nickname
10. sacred song

Solution on p 47

Creative Writing

Dad's Flat Caps

*I'm the **oily flat cap** that takes dad to work.
I protect that head from sparks that the grinder made,
earned the wage, that kept us fed.
I'm on dad's head from dawn till dusk..
I'm there on the bus ride, then to the clock,
where I clock on, until it's time to stop.
I'm the flat cap that keeps dad's hair shining and flat.
As dad's one of the Brillcream boys take a look at that.
At the weekend, I get time off for a rest,
as dad puts on his Sunday best.
Now the weekend cap writes its own plot
it's time to step up - I'll rest a jot.*

*I'm the **weekend cap** all covered in check
and almost brand new.
Trips to Ardley Station, train spotting will do.
I take over and look after dad's head,
as he sunbathes in the garden, or tidies the shed.
I take him on holiday to see Blackpool lights.
Maybe take him to a show or other delights.
I do get a rest when he sits down for his tea,
Then I come off - as he watches TV.
What's on Corruption Street,
where's Len and Rita gone?
The sound of the brass band
and those cobbles, as time moves along.*

*So here we are his beloved flat caps.
One all clean, and one covered in oil
and this and that.
Almost always there upon dad's head:
keeping him safe right to the end.
As now on his last journey, oily cap still there,
sitting on top of the coffin
like his favourite best friend.*



Holt Park Writers' Group 2-3pm Monday 11th May

Meet in Holt Park
Library, usually every
other month, on the
2nd Monday.

New members
welcome, we share our
writings and keep in
touch by email.

Contact
Val Crompton

David Blakeley (Member of the Holt Park Writers' Group)

Barry Anderson

Happy Easter

Caroline and I would like to wish you all a very Happy and Peaceful Easter and that you get some time with your families. I hope the weather is a bit better by the end of March.

Home Upgrade Grant Scheme (HUG)

I have received information about funding available for residents through this scheme which can help eligible homeowners, renters, and landlords of properties without gas central heating to save money by installing energy-saving green measures free of charge or at a significant discount. Upgrades available include different types of insulation, heat pumps, solar panels, and electric radiators.

We want as many residents as possible to check if they are eligible to benefit from the new funding, or other existing efficiency schemes. Residents can do this by completing an online checker form available from the council's website: www.leeds.gov.uk/homeenergy Alternatively, those interested can call the council's contractor about the new scheme on 0800-197-7755.

Delayed brown bin service

As you are no doubt aware, the brown bin collection service should be recommencing in March but it is not restarting until April and based on

the number of residents who have contacted me to ask when the service will recommence I know this will be very disappointing and I agree this is not acceptable. I was advised as follows: "This year's collection cycle of Brown Bins will be pushed back by one collection to help respond to the current year's budget overspend."

Glass collection

You will have seen in the press some articles saying that you can now put glass in your green recycling bin. Unfortunately it is not as straightforward as that. The plans are at a very early stage but the idea is to stop residents putting glass in the grey bins and to put it in the green bin where it can be recycled. The plan is to start in late summer/early autumn this year. This is now possible because of the reduced amount of newspaper and paper that is going in the green bins. All of the bottle banks in Leeds will remain in place, there are no plans to remove these.

'Streets for all' consultation

The Council, via Connecting Leeds are asking people to let them know about any issues related to travel in Leeds. This could be about accessing public transport facilities, feeling unsafe walking, wheeling or cycling, the attractiveness of a street, or where traffic and speeding are causing issues. This feedback is important as it

will help us to prioritise improvements, as and when funding becomes available, in line with Leeds Transport Strategy targets. Consultation will run until 7th April. To take part you need to visit the Commonplace webpage and you will see the consultation for Adel & Wharfedale Ward.

Rob Burrow Marathon

The Rob Burrow Marathon will take place on 12th May this year and will roughly be the same route as last year and will be coming through Adel. If you want to see the full information, key in “Rob Burrow Marathon” into your search engine and it will be the first item that appears. It is being organised by “Run For All”. If you have any difficulties I would be happy to send you the details if you email me on barry.anderson@leeds.gov.uk

Ring Road speed limit

On the Ring Road between Moortown District Centre and the

Lawnswood Roundabout, there have been fatal accidents and there are lower limits on stretches adjacent. I have received the update below from the Highways Engineer:
“We have recently reviewed the speed limit reduction request on the Ring Road (Moortown) and feel that it may be possible to present a business case, with the supporting evidence, for a speed reduction to 50mph from King Lane to Weetwood Lane junction. The speed data also suggests that it may be possible on the section between Weetwood Lane to the A660 to reduce a section of this to 40mph. However, the exact location of where the change from 50 to 40 on the section between Weetwood Lane and the A660 would be, would have to be discussed in greater detail with the Police. Any proposal that is carried forward will be consulted upon.”

Cllr. Barry Anderson
 Adel & Wharfedale Ward
 Direct Dial 0113 3367742
www.barryanderson.org.uk

Billy Flynn

Hello everyone. I was writing last month about Spring being imminent and by the time you are reading this article it will be well and truly with us. However, as I have said previously, nothing is ever easy. It seems meteorologists consider 1 March as the beginning of Spring but the rest of us rely on the two equinoxes and two solstices for our seasons. This year Spring begins on 20 March.

Community benches – a growing asset?

Last month I mentioned that I had been approached about funding for a bench adjacent to the new footpath planned on St George Martin Drive between East Moor Lane and the Mulberrys. I am delighted to say that a local businessman has offered to fund the bench. A decent quality bench built to last can cost between £750-£1000

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so they are not cheap. Two readers have contacted me about the article, one to request a new bench on Otley Rd and the other for help with repairs to, and future maintenance of, two historic Dyson and Son's benches located near Lawnswood Cemetery.

The BP Garage has agreed to the former bench being located on their land, so this one is in hand. The Dyson benches are in a different category and are almost unique with some of the benches dating back many years and attracting significant historical interest.

The Council's conservation team are establishing a Local Heritage List in the city so that local heritage assets can be nominated for more recognition of what they mean for local communities, and what they add to local distinctiveness and sense of place. The Dyson Iron Foundry itself was established around 150 years ago. The Leeds Civic Trust launched a “Take a Seat” project a few years ago and as part of this the Trust is mapping out the location of all Dyson benches in the city. The Friends of Lawnswood Cemetery and our own local Adel historian are keen that the benches should be kept in good order. I think it essential that we preserve historical assets in our communities because, like our village halls and community centres, once they are gone, they are gone for ever. I will ensure that these two benches are repaired and preserved for community use.

Landscaping and highways works on Sir George Martin Drive

As part of the agreement for the new development off East Moor Drive and Tile Lane the developer is responsible for either completing or funding landscaping and highways works in the adjacent area. You may have noticed that the landscaping of the area between East Causeway and East Moor Lane has started and will complement the work already done to the rear of the bottle banks. Highways works will include the new footpath, an extension of

the 20mph zone to just beyond Derwent Drive, a “humped” zebra crossing on Sir George Martin Drive to encourage speed reduction and converting the bus turnaround area to a one-way system. I've recently been in touch with the council engineer to check progress which seems very slow, and I understand that discussions with the developer over funding the works are underway.



Mass Transit or will my bus turn upon time?

Judging by the number of complaints I receive about poor bus services and seemingly never ending roadworks

around the city, notably in the city centre which seems to be in a permanent state of gridlock, most residents just want a reliable form of transport to get about. In our case, a reliable and consistent bus service would be most appreciated, for example numbers 28 and X84 turning up and on time for a change. You will not be surprised to learn that Leeds is the largest city in Europe without any form of light rail and underground services.

The West Yorkshire Combined Authority is responsible for transport in the county and has launched the West Yorkshire Mass Transport Vision 2040. As you will gather from the title, it is a long-term project aiming to

introduce a mass transit system using one or more of clean, modern, high capacity buses, trams and tram/train vehicles to complement cycling and walking routes. You will have noted the recent announcement of new tram systems in Leeds and Bradford, which, if approved are due to start in 2028 and completed by 2031. Further public consultation on early proposed routes is due to take place this year.

If you would like further information on the issues above or anything else in the ward, please do get in touch. Telephone 07810 640282 or email billy.flynn@leeds.gov.uk



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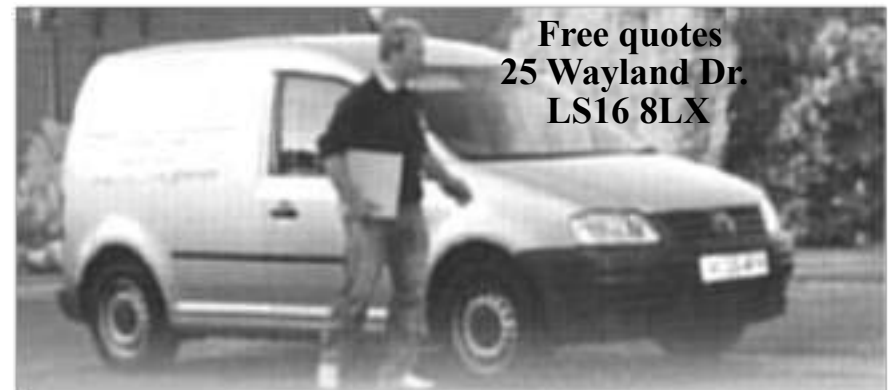
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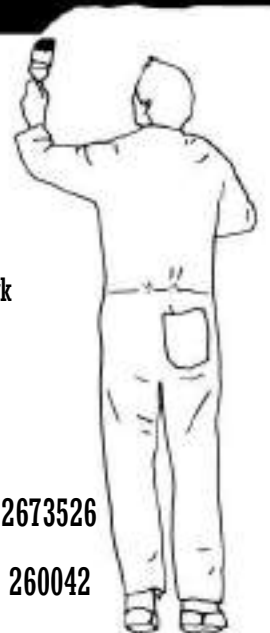
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1. DUCHY
4. JACKDAW
5. WISDOM
7. INSULTS
9. HAMSTER
10. PEARL
11. DISPLAY
12. YUMMY

DOWN

2. HOARD
3. DOWDY
6. MODESTY
7. INSIPID
8. SATCHMO
10. PSALM

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Across

1. RETYPE
3. INSECT
4. ECLAIR

Down

1. RAVINE
2. EDITOR

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For further information contact:

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Church Services in April

Wed 3rd	11am	Holy Communion followed by coffee & biscuits
Sunday 7th	Second Sunday of Easter	
	8.30am	Holy Communion (BCP)
	10am	Parish Communion
	6.30pm	Evensong
Wed 10th	11am	Holy Communion
Sunday 14th	Third Sunday of Easter	
	8.30am	Holy Communion (BCP)
	10am	Parish Communion
	5pm	ACE meeting in the Stables
Wed 17th	11am	Holy Communion
Thurs 18th	3.15pm	Holy Communion in the Stables, with tea & coffee
Sunday 21st	Fourth Sunday of Easter	
	8.30am	Holy Communion (BCP)
	10am	All Age Service with Communion
	6.30pm	Choral Evensong followed by light refreshments
Wed 24th	11am	Holy Communion
Sunday 28th	Fifth Sunday of Easter	
	8.30am	Holy Communion (BCP)
	10am	Parish Communion
	5pm	ACE meeting in the Stables

Junior Church is held during term time, but not on the 3rd Sunday when there is a 10am All Age service, with communion, and children are welcome for the whole of the service in church.

ACE is a group for school year 4 and above. We meet in the Stables to discuss our faith and play silly games.