



# ADEL BELLS

Parish Magazine 60p



## August 2022

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**The Parish Church of St John the Baptist, Adel**  
 Enquiries including Home Communion, Baptisms, Confirmation,  
 Weddings, Funerals; please look at the church website  
[www.adelparishchurch.org.uk](http://www.adelparishchurch.org.uk)

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**Church Open for Visitors**  
 Monday and Saturday 2pm to 4pm



### Adel PCC Members 2022–2023

Paul Barker, Lucy Best-Shaw,  
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 Bob Holloway, Alison Howarth,  
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### Magazine Editors

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### Illustrators

Val Crompton  
 Marjorie Cole

### Parish Registers Baptisms

**12th June**  
 Bobby Vaughan  
**19th June**  
 Sadie and Cassidy Morritt  
**26th June**  
 Thomas Clarke  
**10th July**  
 Alexander Morii  
**17th July**  
 Ted and Nora Holmes

### Wedding

**2nd June**  
 Lauren Beaver and Liam Smith

### Burial of Ashes

**28th May**  
 Timothy William Cookson  
**13th June**  
 Sheila Longbottom  
**23rd June**  
 Margot Broadley  
**25th June**  
 Frank Stoker  
**2nd July**  
 Kathleen Spink

### Funeral

**6th June**  
 Irving Athey  
**9th June**  
 Helen Sant  
**14th June**  
 Tom Batin  
**24th June**  
 Kate Vernon

**11th July**  
 Bea Gunn

### Burial

**6th July**  
 John Hamilton

### Memorial Service

**2nd June**  
 Dennis & Joyce Moody



### Festivals & Feasts

**6th August**  
 Transfiguration of Our Lord  
**15th August**  
 The Blessed Virgin Mary  
**24th August**  
 Bartholomew the Apostle





**We aim through Christian worship, word  
and action to celebrate and share the love of  
God with our neighbours**

## From the Editor

Here at Adel Church we are anxious to do our part in helping you to get back to a more normal way of life. The pandemic has made us all nervous. At the start we all wanted it just to be over so that we could get back to normal. Then they started talking about a new normal. What would that be? Then the pandemic just wouldn't go away!

I wonder if you are still anxious about mingling with other people. I wonder if during the last two years you have developed different priorities. Do you have your own personal 'new normal'?

I am sure we all benefit from being with other people, but what sort of event would you be happy to attend? We would like nothing more than to welcome as many as possible to our social events, but we need to know what you would feel happiest with. Do you prefer to be outside rather than inside? Do you prefer daytime to evening? Do you prefer physical to mental activities? Do you have problems with transport? Are there any activities you would like to see us

organising? We have events planned for the rest of this year, but we would like to have events next year that are more in keeping with your needs, so do get in touch.

**Please share your  
thoughts. We need  
your input. Ring me ,  
speak to me in  
church or send an  
email.**

**Marjorie Cole**  
**Editor**  
**0113 2610069**  
**Email: adelbellscm@gmail.com**

### **100 Club Winners**

#### **May**

Marianne Bottomley	£77
Carole Butler	£30.80
Kath F-VV	£30.80

#### **June**

Peter Hunt	£77
Graham Hutten	£30.80
Trevor Cole	£30.80

## **Rector Alison's Letter**

Dear Friends,

In church recently, due to busyness, deferred holidays and illness, including a resurgence of covid, there have been occasions when someone on a rota has not appeared...or a weekly job not been completed.

For me there are three things that come out of this: slight inconvenience; the chance for new people to come forward; and a joyful reminder of the enormous number of people that allow a church community to function.

Every week people lead the readings, prayers and music; someone live streams the service; pew sheets are produced and flowers arranged. We have welcomers, Junior Church leaders, coffee makers. Behind the scenes the linen is washed, silver polished, supplies bought...and there will be other things I have forgotten – because they are done faithfully and unobtrusively.

Outside of Sunday worship we have those who care for our buildings, churchyard, finances; help with baptisms, weddings, funerals; take communion out to the housebound; help keep our church open for visitors; organize social events; provide opportunities for children and young people; produce and deliver

this magazine. The list is endless, and glorious. There are so many ways to contribute to what is *our* church. There is a role and a place for everyone.

The occasional failure of a rota brings an opportunity to celebrate what is done by so many people so that everyone can enjoy the buildings and grounds and join the worship.

It has also allowed different people to step in. St John the Baptist is the parish church, it is there for everyone...so anyone who wishes can have a stake in it.

We are delighted when those who love the churchyard or church building offer to help care for them. We are delighted when members of our worshipping family want an active role alongside their worship.

Of course, there are periods in our lives when just being there is our most important role. With young children, or children who find the church setting difficult, arriving vaguely on time and joining in with the service can be a major triumph. At other times of life poor health, or frailty bring similar challenges. Which is when we need to remember the joy we bring to others merely by being there to share in worship, the encouragement a smile can bring.



Sometimes worship at home is our only option. But that might be when we can take on the most important job of all – praying for the church and the parish. In the coming months we are starting a prayer group to do just this. The idea is to have people meeting in church on Wednesday mornings, and also people who will commit to praying at home.

Adel Church had stood for 900 years as a reminder of God's love for us all. It has remained an active church only because for 900 years people have joined rotas and taken on jobs.

Wherever you are on your journey of faith and life, remember – the parish church is *your* church...do come along and get involved.

With love and prayers

**Alison**

## **New Ventures**

Two foundations of the Christian faith are prayer and study of the bible. We can, and should, do these on our own, but meeting together for prayer and bible study is also important. To this end we have two new ventures starting at church.

On **Wednesdays at 10am** (before the midweek Communion service) a group will gather in church to pray for world situations, and especially for the parish. We are aware not everyone can get to church, and hope to have a parallel group who commit to praying at home at a particular time for the

same issues.

We are also planning a simple **weekly bible study session** – where we read a passage together and share our thoughts. The intention is not teaching – but growing together in our understanding. This could be in person or on zoom, depending who wishes to come. The timing will also depend on interest.

It will be fine for people to turn up when they are available, but it would be good to have a core group willing to commit to most weeks. Paul Barker will be helping, but we would love to hear from anyone willing to facilitate a group on occasion if we are both unavailable.

If you are interested in either group, do get in touch.

**Alison**



# **Festival Weekend**

## **A fabulous Jubilee celebration**

Over lunch at York Gate with a fellow 'New to Leeds' friend, I asked if she would like to come to the Church fête, as it was nearby. We walked up the footpath past the Stables and could see the delicious teas prepared for guests being set out.

In the churchyard we turned right along one of the wide grass paths towards the books and jigsaws. I gave myself a severe talking to about not having enough room, and managed to avoid the toys without the company of grandchildren.

We worked our way round to the raffle tickets, feeling suitably hopeful! In case we weren't lucky - there's nothing like mature foresight - I bought myself a surprise package from Beryl's Mystery Stall. Last year I struck gold with exactly what I wanted and this year was lucky once again!

There may have been a little over indulgence at the cake stall, along with jam and marmalade for another day. Some of Sue Pagdin's cards to keep in contact with distant friends, then 'just the one' at the plant stall.

My friend had never been in this church, which as usual performed its magic. The Platinum Jubilee displays were so fascinating, from medals to



mugs and scrap book. The model of the Queen in her golden coach with escorts was especially delightful. How kind of people to share their treasures.

The following afternoon I went to the outside picnic and service with my grand-daughter. I had made a 'note to self' the previous day to show her the exhibits in the church. It was lovely to see her interest.

Next we chose a very good spot for our blanket, and carried the strawberry slices for the Pimms up from the Stables, resulting in an excellent place for me in the queue! There were also a few jars of sweets, and a very pretty carton was chosen - for after the sandwiches of course!

We bought some raffle tickets, and started our picnic. It's never too soon! The picnic was followed by Songs of Praise, outside thanks to good weather.

Our position on the ground was



perfect for us both for clearly seeing and hearing the readings from all ages, and all the music, hopefully drowning out my singing from those around and above our level.....

It was great to see Alison being so surprised with the opportunity to have a more suitable working wardrobe!\*

The sun shone and the clouds passed by to give us all a fabulous weekend jubilee celebration!

A huge thank you to all those who worked so hard, and made it possible for the rest of us to have such a joyous occasion with friends and families.

**Wendy Grisedale**

## A wonderful afternoon

The celebratory weekend brought together young and old from our Adel community. This year, we had much to rejoice. Our Queen's 70 year reign as well as remembering our patron saint, John the Baptist.

The celebrations kicked off with our Summer Fair on Saturday 18<sup>th</sup> June. It was a cool, grey afternoon but this didn't deter visitors. The Queen's jubilee was celebrated in style with royal memorabilia exhibited inside the church alongside a display of the fantastic achievements and awards by members of our own parish!

Outside, the churchyard provided the perfect backdrop for the variety of stalls on offer. Plants, cakes, books and toys, to name but a few, there really was enough for everyone to enjoy.

Children's games on the lawn and delicious refreshments served inside the Stables offered the perfect end to a wonderful afternoon. Well done Adel! What a privilege it was to be a part of the Celebrations Weekend.

## Lucy Hodges

*\* We organised a collection to pay for new vestments for Rector Alison; we wanted to show our appreciation of all she has done for us since she arrived.*

*Editor*

## The Time Capsule

Were you there, in the Churchyard, this year, on Sunday June 19<sup>th</sup>, when we filled a box of 70 years of Parish memories of the Queen's Jubilee? Many of the older members of our congregation have the earliest memory, that of the announcement of the death of King George VI, the Queen's father, on February 6<sup>th</sup> 1952.

Younger people, each year group in Adel St. John the Baptist Primary School, had a photograph or memory of school life in 2022. The Loveridge family put in photos of the COVID years. The Newspaper (the Yorkshire Post, of course) of June 6<sup>th</sup>, Jubilee Day, went into the box, with the Church magazine, Adel Bells of June/July, with its Gold Award won by Editor Marjorie Cole, and Val Crompton's poem about the importance of the Churchyard for exercise and -slightly distancing- companionship in lockdown.

Remember the distancing involved in the church itself, with only 1 in 3 pews used? Amazingly, links to the recording and live-streaming of services went into the box, with pictures of our poppy trellises, our Christmas outdoor activity (it was cold!) and the Advent Calendar on the doorway once leading into the Chancel, which was a joy to anyone walking through the churchyard.



And, naturally, those who felt more isolated had an angel given to them, as did every child and adult in our local schools. All these memories are in the box, with, practical as ever, Hilary's hand sanitiser and face-mask to remind us of how things changed.

In 10 years' time, when the box is opened, many of us won't be here or have moved away, but what will the younger ones remember? School memories? Crib services? The Jubilee Day itself? You might be married, have children yourself! Life may be less full of hand-wash or face-masks and Sunday Church may be full to bursting again.

And you may remember the fun and our themes of love, joy and peace, which is what it's really all about.

## Mary Larner

## Right Royal Picnic

The sun shining, horses and donkeys braying in the distance, birds singing their song. A perfect day for a celebration, with a crowd chattering

away. I headed to the craft table filled with a wide array of crowns and bracelet making crafts scattered all over. I recognised other children gathered around the table.

Later we were all excited to sing . We took the microphone and sang one of ASJs favourite school hymns 'My Lighthouse'. We, with great courage, sang our hearts out along with our headteacher, it filled me with pride to hear the clapping and cheering coming from the crowd. Next, it was time for us to put all of the items selected by each year group into the time capsule. All the items represented the year of 2022. I am in year 6 and we put in a flag of Ukraine and wrote about the war. The time capsule will be opened in 2032, I made everyone laugh when Reverend Alison invited me back to open it and I replied "I will be in Hollywood then!".

We all enjoyed a piece of delicious cake and Pimm's for the grown-ups to celebrate and were invited into the church to look at old coins that were from each decade under Her Majesties reign! There were lots of relics including an old picture of Adel Church and a sword awarded by the Queen herself when a member of our church was given an MBE!

We all enjoyed several hymns along with talented members of the congregation playing musical instruments, The day was finished off

by a surprise for Reverend Alison, we were all filled with pure delight as a cheque was presented, the look of joy on her face said it all.

What a memorable day that was. I can't wait for my visit in 2023, when, who knows, I may write about that day too!

**Imogen Dalby**

Member of Adel St John Worship Committee.

### **Christmas came early to New Adel Gardens**

I really enjoyed opening all the bags and boxes of items that you so kindly gave me for my parcel stall. As the title says, it was just like Christmas in May. The decision then what boxes to put them in, unfortunately this year I did not have enough empty boxes which always makes it more interesting.

As ever, I had some lovely items given, plus some donations in cash which helped to swell the total to £349, thanks for your generosity.

We had lots of young people who were very excited to see what was in their parcel. It was good to see them having fun. Someone has asked if I will do it again next year, that's quite a way ahead, but please do not dispose of anything, just in case.

With love and thanks to you all,

**Beryl Thompson**

## **From 1908 to 2032**

You will have read that we recently filled a time capsule to be left unopened for ten years. It will hopefully give a picture of what life has been like in Adel in recent times. Future generations may be surprised to learn that the church had to shut, families could not meet up and we had a queen who had reigned for 70 years.

But will Adel be so very different in ten years time? The following piece was written by Revd William Draper over 100 years ago. I wonder if you can recognise the Adel we know now. Can you see the similarities and the differences?

### **The scattered parish of 1908**

Adel has never yet been even a village, hardly a community, only a scattered parish, dreaming of greater and better things. A scattered parish, yet redeemed all through these many centuries by that Church which like a jewel shines in its midst; a jewel, but a living one, lit by the faith and charity of the hearts that built and served it.

But what will the story of Adel be, let us say in fifty years? Today it is a place of fields and woods and trees and open land. The devotees of golf have come here only within the last few years, because they would escape the town. From the Churchyard you can see less than a dozen houses within a mile.

The rooks are there all spring, and often return through the rest of the year. A partridge reared her brood within a stone's throw of the Church and got safely off with all of them two summers ago. Kingfishers now and again come over the Rectory garden wall from the pond, and settle on a branch above the little stream that in Autumn begins again to run along the bottom of the field.

Not long ago a spotted woodpecker climbed up the oak in sight of the study window, and a squirrel stayed for half an hour in the hawthorn and the big beech on the other side of the lawn. A brown owl with injured wing took refuge in the summerhouse, and another one, hale and strong, made of the 'museum' his resting place by day.

Let these things be chronicled while they are still true. They are part of the Adel that has been from the beginning: they are the setting of the picture we have known, and belong to the place as it has appeared to many generations.

*From 'Adel and its Norman Church'  
by William H Draper*





# In Brief

## History in the Making



History in the making was watched on TV, in nineteen-fifty three - when a young, horse-loving Elizabeth, rode to her Coronation with Prince Philip by her side, in the royal, golden coach. Now seventy years on - and not well enough to ride - our dedicated, widowed, Queen Elizabeth the second, gets to see her **Thanksgiving Service** on TV - no family by her side.

And in twenty twenty-two, for those of us who watched, world-wide, on TV, this **service from St Paul's** - some alone or with family or friend; we all shared in this **thanksgiving** and in our Queen's Christianity. This precious prop, supporting us, reaching out to all humanity. Something to celebrate this Jubilee weekend, sharing in History in the making.

**Val Crompton**

## A prayer for every day

On Trinity Sunday we were blessed by the presence of Revd Bob Shaw. When he was a Curate, he was given this prayer and it had such an impact on him, he has said it every day since. It makes the Trinity so personal and intimate to each of us.

This prayer, which had such an impact on Revd Bob can help us today.

## Trinity Prayer

'Eternal God and Heavenly Father thank you for giving us life this day. Jesus, son of God and our brother lead us in all we do among those we meet this day.

Spirit of God, alive in all creation inspire our thoughts, words and actions and unite all people with your power of truth.'

Amen

## Chris Madeley



# Paint with Lucy



## Saturday 27th August

6.30pm, in the Old Stables

**£10 per person**

You are invited to a fun, relaxed evening painting with our Churchwarden Lucy. All abilities welcome as Lucy will guide you through how to paint the picture using acrylics. The paints and canvasses will be provided, but it would help if you brought your own brushes, although these could be provided at a small extra cost. Wine and nibbles will be available.

To participate in the event and receive further information please email

[adelparishchurch@gmail.com](mailto:adelparishchurch@gmail.com) by 20th August



# In our Neighbourhood

## Adel Neighbourhood Plan Have your say. Final Consultations.

Over the last few years, local people have been involved in producing a Neighbourhood Plan for Adel. We are now reaching the last stages in its development and adoption and are holding final consultations on line and through three 'drop in' events, details below. If all goes well it is hoped that a Community Referendum, on the finalised version, will take place later this year.

Please feel free to visit the Venues at any point during the times below and talk to Members of The Adel Neighbourhood Forum and Cllrs Barry and Caroline Anderson about the Plan.

### Thursday 11th August

6.00pm to 8.00pm  
Adel War Memorial Association,  
Great Hall,  
Church Lane, Adel, LS16 8DE

### Saturday 20th August

10.00am - noon  
Adel Methodist Church, Main Hall,  
Gainsborough Avenue, L16 7NS

### Wednesday 24th August

7.00 to 9.00pm  
Adel Parish Church Hall, The Old  
Stables, Back Church Lane, LS16 8DQ

## A fun local activity



Are you ready for an adventure?

Do you want a bit of fun in your life?

Buy a copy of the

### Adel Village Trail

Solve the clues and send in your  
answer.

It is suitable for all ages, and

can be done at anytime.

Grab your copy from church before  
they disappear!

All profits to church funds.

See p3 for church opening times.

# The Trouble with Plastic

## Refuse, Reduce, Reuse and Recycle!

Do you know that the majority of our plastic waste that goes into landfill can be recycled? Some plastics can take hundreds of years to break down, some even makes its way into our seas and gets eaten by fish and may end up on our plates for tea. Scary thought, eh? Burning them is not a great way to dispose of them either. This releases a large amount of toxins into the atmosphere, poisoning our skies.

Plastic was, in terms of history, only a recent invention around 100 years old. In this short time, it has become a major problem and is choking up our planet. In the past few decades, most plastics were designed to be used once and thrown away.

What can we do to help? **Refuse, Reduce, Reuse and Recycle!** In Leeds, we can put into our green bins plastic types 1,2,4 & 5, which are usually marked with the number in a triangle.

**Type 1** such as clear plastic drink bottles.

**Type 2** opaque plastic bottles like shampoo bottles, but not black or brown. These are harder to recycle.

**Type 4** stretchy plastic like carrier bags, bread bags and bubble wrap (but

not clingfilm).

**Type 5** food containers such as yogurt pots, margarine/butter tubs, not black or brown.

Most other soft plastics, such as crisp packets and toothpaste tubes can be recycled at some supermarkets. CO-OP is leading the way at their larger stores with collection points for soft plastics. Check their website for more details [www.coop.co.uk/environment/soft-plastics](http://www.coop.co.uk/environment/soft-plastics)

We can also help by reducing the plastics that we buy. When you go out, fill up your reusable bottle. Want take out coffee? Did you know that the disposable coffee cup is lined with plastic? Most coffee shops allow you bring your own cup and many will give you a discount for doing so. Food containers marked as biodegradable or compostable are difficult to break down in home compost bins, but are an eco-friendlier product than polystyrene food packing. In the past few years, we have become more aware of the situation and most places now have banned the use of plastic straws and offer paper alternatives. There is more we can do but every small step makes the difference.

## Thang Tang

Church Environmental Officer





### **The life and times of a plastic bag- the journey**

Here's my plastic bag journey.  
Lucky me, I've been taken off the roll.  
My siblings now left behind.  
I go round the supermarket,  
on board a shopping trolley,  
until I get to the fruit and veg aisle.  
Here I'm filled to bursting point with tomatoes.  
Once I arrived home and onto the kitchen worktop,  
my contents are spilled out.  
My insides are still covered in tomato juice  
from that over ripe tomato that burst.  
Now I've been washed and dried out.  
I get neatly folded up and put into a bigger bag.  
I make lots of new friends,  
some of whom look a bit similar to myself.  
The next day I get folded up and put into a handbag.  
I get taken for a walk with a dog!

**David Blakeley**

## **Penny's Ponders**

Hi Everyone!

I really hope you are having a lovely summer. I'm on holiday at the moment and having a lovely time. We went to see our family in the South West – unfortunately the weather wasn't the best but who cares! All that matters is having a good time and catching up with family things.

We then travelled down to the New Forest. It's such a long time since I was here that I had forgotten – it's another world!! The New Forest is a 'working' forest and the humans who live there grow lots of their own food, forage for various things like herbs, have their own craft, jewellery, cheese-making and lots of other businesses.

The very first thing we saw as we entered the Forest was a lovely donkey with a very small baby and my Mum was cross because she couldn't stop to take a photo. Next morning – what a surprise! When we opened the curtains, the village green was full of horses! (My Mum did take photos!) I hope the humans don't mind them eating all their grass, although I suppose it means they don't have to mow it.

They had foals with them and looked very relaxed. Perhaps they are on holiday all the time. Wherever you go in the Forest there are such wonderful walks. What fascinates me

is that there are so many lovely smells, so many more than round here. I could follow my nose all day!

Something has occurred to me. Here we are having a break from work and daily duties, enjoying ourselves and resting, but God never has a holiday. He is always looking after us, watching over us, caring for the world, answering prayers and so much else. As far as I can tell, the only time Jesus had anything near a holiday was when he went to a friend's wedding, and I understand that they can be stressful! I'm fortunate in that I don't have the responsibilities you humans have – I sleep when I want to, eat when I want to, play when I want to and get taken out regularly. At least you can plan to have a holiday whereas God and Jesus are always looking out for everyone.

So, while we are resting and recuperating, it's good to take time to think of those at home working and we should be very grateful for all we receive from our Heavenly Father.

Our faith gives us such comfort and confidence in the knowledge that God is there for us no matter what occurs so, particularly while we are resting, let's say a very big Thank You for our blessings.

Woofs and licks,  
**Penny xx**

## Yorkshire Churches Day



**Saturday 10th September**

The Yorkshire Historic Churches hopes that **Yorkshire Churches Day**, will be a day of general celebration. Yorkshire's Churches, Cathedrals, Chapels and Meeting Houses will be open for all to explore their heritage and enjoy that sense of beauty and peace present in these buildings.

*"Please use this day to pop in to your local church, sit there quietly for a minute or two and feel the magic of the place. They were created with love and care, and they will be kept alive for future generations with your support."*

**Tom Ramsden**

Chairman of Yorkshire Historic Churches Trust

**Adel Church Open**

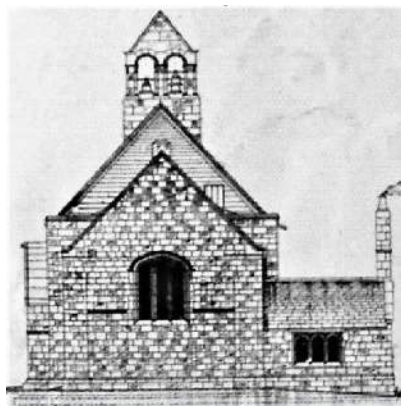
**Saturday 10th Sept  
12 noon - 4pm**

Display of old pictures, including photos showing the restoration of Adel Church. Come and see the display and/or follow **Adel Churchyard History Walk**: meet Val at the church door at 12 noon for about 1 hour. *(Have a picnic lunch in the churchyard)*

**2pm - 2.40pm**

**Stories from Adel History  
told by Rector Alison,  
Val Crompton, Heron Brown,  
& Paul Barker**

**3pm Well-loved Music with Paul Barker**



East Wall of **Chancel** before 1878 when 3 narrow, Norman style windows were restored.

## Walking at God's Pace



**Archbishop Stephen offered a Pause for Thought on BBC Radio 2, reflecting on his recent pilgrimage of St Cuthbert's Way.**

Last week I slowed down – I switched everything off and went on a long walk. In fact I walked the **St Cuthbert's Way** from Melrose in the Scottish borders to Holy Island in Northumberland.

And the world opened up to me. I saw orchids growing in the hedgerow. A hare racing up the path ahead of me. Seals basking on the rocks. A cairn on an isolated hill top in the Cheviots.

None of this could be seen from a car window. I had to get off the beaten track. I had to slow down. I slowed down to what some people call the

speed of thought, or what I like to think of as God's pace, walking speed, the speed of prayer.

Someone once said that Jesus changed the world at three miles per hour. What they meant, is that he walked everywhere. And as he walked, he met people and listened to them and ministered to them and talked to them and changed them.

And what might also be implied, is that our feverish demand for speed, and for getting everything done yesterday, is also changing the world, but not necessarily for the better.

It seems these days that many of us, including me, want to get from A to B in the quickest possible time by the shortest possible route. But not only does this put every moment of the day under enormous stress and the endless pressure to produce and achieve, it means I miss out on all the beauty in between, things that can only really be appreciated by slowing down. Some things – you might even say the best things – simply can't be done in a hurry. Like producing the best wine, or cooking a really good stew, or growing a garden.

And as I walked, this was my prayer: Lord, make me slow to rush ahead of you – because that's what I think is happening in so much that is wrong and confused in our world today and

we see its devastating effects in displaced people, heat waves, flood, forest fire and famine - but make us quick to follow where you lead, and find a new and better way of inhabiting this earth.

You're probably not able to go on pilgrimage this week as I was lucky enough to do last week, in fact it's been hard to get anywhere with the various strike action – so perhaps there has been a chance for some slow time, downtime, time to enjoy your day. I might take a long cut home. Throw away the teabags and rediscover the lost happiness of those

## A Pilgrimage Prayer

Everliving God

be our companion on the road  
and show us the path of life eternal.

May all our journeys  
converge upon the journey home to you  
and all our longings find their rest  
in your unchanging grace.

Bring your peace and justice to our world  
and guide by your Spirit the communities of the North.  
Kindle in your Church the faith of Cuthbert, Aidan, Hilda  
and all the northern saints,  
that with simplicity, humility and courage  
we may follow in their way,  
finding it none other than the way of Christ,  
in whose precious name we make this prayer.  
Amen

two minutes we used to have when we warmed the pot and waited for the tea to mash. I'm going to switch off the telly tonight. Put a chair in the window. Look at the world. See what I can see. Count my blessings.

You see, I don't want any more time saving devices in my life, because they just add to the pressure of fitting more in. I want some time creating devices. Things that will slow me down.

**Stephen Cottrell**



St Cuthbert

# Words from Joyce Hill

## The Magnificat

August 15th is designated simply as 'The Blessed Virgin Mary', but in the Roman Catholic tradition it's known as the Assumption of the Virgin. The *Magnificat* or the song of Mary, occurs only in Luke's gospel, chapter 1 verses 46-55, and is Mary's response to her cousin Elizabeth's recognition of her as 'the mother of my Lord'.

The *Magnificat* has been part of Christian liturgy since earliest times, associated particularly with the main service of evening prayer. The style and structure of the *Magnificat* echoes the poetry and song of the Old Testament, and falls into four main parts: Mary's rejoicing that she has been privileged to give birth to the Messiah: her glorification of God's power, holiness and mercy, her anticipation that, through the Messiah, God will transform the world and her exaltation of God for his faithfulness in fulfilling his promise to Abraham, which alludes to Genesis 12 v. 1-3.

Mary's song echoes the song of Hannah and expresses ideas that are also reminiscent of the words of the prophets.

Through sheer familiarity, reciting the *Magnificat* we also enjoy one of its many beautiful musical settings. Mary's prophetic song is also revolutionary:

the proud will be brought low; the humble will be lifted up; the hungry will be fed; and the rich will go without.

Did you know that, because of this subversive message, the British Raj forbade the *Magnificat* to be sung in churches in India? But it was not only imperial Britain that took this step. It was similarly banned by the Guatemalan government in the 1980s, and in Argentina the military junta outlawed any public display of Mary's words after the Mothers of the Plaza de Mayo, protesting against the 'disappearance' of their children, displayed posters bearing words from this canticle.

One cannot sum it up better than by quoting from a sermon preached by Dietrich Bonhoeffer in 1933:

The song of Mary is the oldest Advent hymn. It is at once the most passionate, the wildest, one might even say the most revolutionary Advent hymn ever sung. This is not the gentle, tender, dreamy Mary whom we sometimes see in paintings.... This song has none of the sweet, nostalgic, or even playful tones of some of our Christmas carols. It is instead a hard, strong, inexorable song about the power of God and the powerlessness of humankind.



# Nature Notes

## The excitement quotient of raptors

I was sitting in the lake hide watching the Swifts' evening activities, when I saw a very different bird hurrying towards the lake. It was a small raptor and flying fast. Could it be a Hobby? Yes. As it got close I could see the reddish feathers on its legs. The Hobby is one of the fastest fliers – they can catch Swallows and Swifts in flight. I waited to see some amazing flight, but the Hobby attacked and caught a bat, a Brown Long-eared Bat.

This was quite exciting for me, if not perhaps for the bat. Raptors are exciting if they are rare, or they have dashing hunting methods, or if they are very big. So the Hobby ticked two of the boxes. The Kestrel, the only bird of prey that I saw when I began birdwatching, was exciting because any bird of prey was quite rare then, but it didn't score very high for excitement otherwise. Now, as Kestrels get rarer their excitement quotient is rising. The bat, by the way, escaped - too tough perhaps.

In 1968 I was one of hundreds of people who went to see a Red kite that somehow had arrived in the Washburn Valley. Now, after the release of lots in 1999, I see red kites every day and their excitement quotient has dwindled to not very much. The Sparrowhawk, a rapid-

flying ambush predator, nearly became extinct in the 1960s and 70s, the victim of DDT poisoning that made their egg shells too weak to support an incubating bird. Then DDT was outlawed, Sparrowhawks bounced back and they began to breed at Adel Dam and elsewhere round about.

## So many small birds have vanished

Seeing the Sparrowhawk was really exciting, especially the nesting, but now so many small birds have vanished from our woods and fields that the sparrowhawk is once again scarce. As their numbers decline, the importance of any that survive increases. It certainly would be good to see one again.

Eagles are always exciting on account of their size and the fact that we seldom see them. Golden Eagles are very big, and the White-tailed Sea Eagle is even bigger. They are exciting. However the last word in excitement must surely have been the sighting of a Bearded Vulture in Derbyshire about three years ago. This was a young bird that had been released in Switzerland, and was wearing a tracker. Two friends of mine went to Derbyshire and saw it - a moving, almost a spiritual experience for them.

**Peter Larnar**



## Wildlife Puzzle

### Meanwood Beck

36 creatures to find—you may need a magnifying glass?

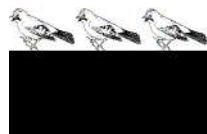
6 Rabbits  
3 Deer  
2 Badgers  
2 Hedgehogs  
2 Mice  
1 Squirrel

Dipper  
Jay\*  
Kingfisher  
Mallard  
2 Treecreepers  
Wagtail  
2 Woodpeckers  
2 Wrens

3 Fish  
2 Frogs  
Toad  
Newt  
Snail  
Spider

Detail from an original  
A3 drawing by  
Val Crompton

\*



## Songs of Praise

### All Creatures of our God and King, Hymn 263

When I was a child, I loved pictures of St Francis with woodland birds and creatures. **One of my favourite hymns was** (& still is) **'All creatures of our God and King.'**

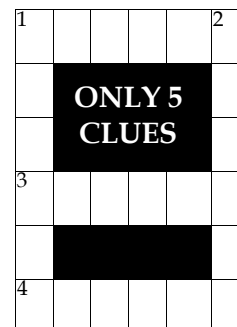
Then when I first came to Adel and stood looking up, in amazement, at the creatures of the chancel arch - this **hymn** came to mind. I picked up a hymn book.

I found out that this **hymn** had been written as a poem by St Francis of Assisi in the 13th century. Then much later, translated by Adel Rector William Draper.

This hymn was first sung at Whitsuntide, in Adel Church in 1918. It is in the centre of our Green Hymn book.

### Val Crompton

## Puzzles



### ACROSS

1. Blind drunk, going round university city
3. Grate pickle
4. Slackness of the French eleven against Turkey's wingers

### DOWN

1. Peter out with Sheila regularly for fuel
2. Number 1 catch being smuggled into US city

## Quiz for Book Lovers

1. Mrs Beeton was most famous for writing on what subject?
2. In which building does the murder take place at the start of *The Da Vinci Code*?
3. What is the nationality of the novelist Maeve Binchy?
4. Whom did Laurie Lee write of in *Cider with ...*?
5. What was Dick Francis's profession before he turned to writing?
6. For what type of book is Samuel Pepys famous?
7. In which county were Jane Austen and Charles Dickens born?
8. Who wrote *Das Kapital*?
9. Which fictional character was created by John Mortimer?
10. *The Day of the Jackal* is about an assassination plot on whom?

## Word Square

Insert each of the following letters into the right cell, so that when the puzzle is completed each row and each column contains a real word.

**K I A D I D**

<b>P</b>			<b>E</b>
	<b>C</b>		<b>D</b>
<b>L</b>	<b>E</b>	<b>N</b>	
<b>E</b>		<b>G</b>	<b>Y</b>

**Solutions on p. 34**

# In Your Garden

“August is like the Sunday of summer”  
-Anon

As the month of August progresses it will become ever more apparent that your evenings will be growing shorter and we will all be searching for ways to prolong the feeling of summer. Some long, sunny days and warm weather would certainly help but keeping your garden healthy, vibrant and in full flower will be far more reliable.

The simplest and most productive thing you can do is to deadhead flowers regularly, ideally daily. It only takes minutes but provides weeks of subsequent reward. In many species this will encourage repeat flowering significantly extending the season. For example Dahlias, roses and Penstemon are likely to benefit, but also your hanging baskets and summer bedding. If you deadheaded roses and geraniums earlier in the year then you will already be reaping the joys of a second flush of blooms. Most annuals will produce new flowers if the old blooms are removed before they go to seed. The likes of marigolds, petunias, begonias and pelargoniums and many more might continue to flower until the first frosts.

At this time of year do make sure you keep your hanging baskets and pots well watered, plus any new plants that you have acquired this year, and of

course any vegetables you may be growing. I know from experience that this can be a drag at times so why not invest in some form of automatic watering system. I have seep hoses on timers draped around the garden and my greenhouse, keeping the soil moist and saving hours of time which would otherwise be spent with a watering can. The plants are almost always so much healthier as they don't suffer the stress of the normal drought/flood cycle of a typical summer experience.

On a similar vein, make sure you keep ponds and water features topped up.

August is the perfect time to be ordering your spring bulbs. If you want new or enhanced spring colour then scour the newly released catalogues or search online.

## Order your spring bulbs now!

You should receive your orders in the autumn ready to be planted for a fine display next year. The breadth of choice and availability has expanded enormously in recent years so it's well worth a look.

**George Turnbull**

enquiries@adelgardencare.co.uk  
www.adelgardencare.co.uk

# Murder Mystery

This was written by local historian and writer, Pat Riley. What is lovely about all of Pat's murder mysteries is that they are set in actual Adel locations; we can visualise where the events took place. Her humour was evident in the naming of PC Lightning and in the jingle played on the radio to advertise the Jolly Piglet café.

Our round table of six assembled and we bought our raffle tickets; there was a good number of prizes to choose from. Then we chatted over and completed the crime quiz which was challenging for someone who doesn't read much crime fiction!

Then, the main event - four acts of the Play. Although near the back, we had an excellent view and heard every word without straining – thanks to the sound engineer and actors. Did this cast a shadow over the next part of the evening – the meal over which we tried to arrive at “who did it”? Not at all, the victim, played with conviction by Pauline Ashworth, had been revealed as a totally objectionable woman. Selfish, controlling, and a blackmailer. It was obvious that although she won a Community hero award for her Christmas club, this too was engineered by her and the Christmas club benefitted her more than the recipients of her charity. Virtually all eight of the cast had a good motive – but the tables each had to decide who

did it and why.

After the answer sheets were collected, the final act concluded the production where the answer emerged. Initially the next door neighbour (played with spirit by Digna Sindin Rodriguez) and defended valiantly by Peggy's son (Will Andrews) was arrested. But PC Lightning (David Lancaster) was not convinced and ended up with the truth, arresting someone not even present at the death – a character played by Rob Colbeck. The twist in the plot was one our table had just not considered, so congratulations to the table that won the challenge.

As is usual with Adel Players, they were united by their ability to portray a character and project their voice! Jane Britton, as compere for the evening had a major role too, commanding our attention when needed and enlivening the distribution of the raffle prizes with some jokes.

With additional thanks to the Badminton section who served the food, the next Adel Players production will be **'The Price'** by Arthur Miller- performed from **19-22 October** at 19.30. Tickets priced at £10 each.

**Ann Lightman  
& Donna Shoesmith-Evans**



# OPAL Activities

OPAL has just started a Bereavement Café held at Welcome In Community Centre. This is open to anyone who has suffered a bereavement and is fortnightly on a **Friday, 10:30am – 12noon, 12th and 26th August.**

This is a drop in event and there is no need to book. Refreshments will be provided. It's an informal group, very welcoming and gives people who are bereaved the space to chat.

Our **Friday Social at 2pm** is a lively group with lots of fun and laughter. They are open to everyone, so if you have family or friends who would like to attend they are more than welcome. We charge £2 for attendance and transport is available to OPAL members for £5.



If you would like to come along whether to a particular session, every so often or every week, just turn up on the day or ring before Friday to book transport if you are an OPAL member.

The schedule for **August** includes:

**5th** OPAL Games;

**12th** Silent Disco (if you haven't experienced a silent disco then we highly recommend coming for the giggles);

**19th** Talk;

**26th** Quiz.

Non OPAL members are welcome to this activity so if you fancy giving it a try, please do pop along and join in.

We are excited to announce that we will be holding our annual Welcome In Community Day on **3<sup>rd</sup>**

**September.** There will be live music, BBQ, activities and much more.

Keep an eye on OPAL social media for details [Twitter@OPALLeeds16](https://twitter.com/OPALLeeds16) and [Facebook.com/OPALLeeds16](https://facebook.com/OPALLeeds16)

Full OPAL membership and affiliated OPAL membership costs £12 per year.

We are available to take your call between 9am until 4pm and you can call us on **0113 261 9103**. If you have an enquiry outside these hours please email [admin@opal-project.org.uk](mailto:admin@opal-project.org.uk) or leave a message on the answer machine.

# York Gate Update

York Gate garden offers a warm welcome to all who visit. It exudes tranquillity, calmness, beauty and bird song, you are at one with nature in the gardens, all through the year.

I haven't lived in Yorkshire long and felt totally lost initially. Having left all my dearest friends far away in the West Country, I decided that volunteering at these gardens may be a way to make a friend or two.

I was delighted to be accepted and after some initial training I was welcomed into York Gate's extended family. It has been an absolutely privilege to learn about and support the charity "Perennial" and all that they provide for people working in horticulture.

Working as a volunteer you get to meet so many different folk, some local and regulars, others coming from far and wide, having read about the gardens and its now very popular café, which serves the most delicious food and beverages, mostly home made.

The shop offers an extensive selection of gift ideas, greeting cards, prints, books and gardening requirements, now included are mugs and sweet and savoury biscuits. The Plant nursery offers prime seasonal plants and a wealth of gardening knowledge.

Every visit to the garden brings new discoveries from tadpoles to nesting birds and stunning blooms.

Zoe our Volunteer coordinator, is an amazing lady, she is able to remember over 170 volunteers' names and a little of their own background; she is constantly recruiting, training, nurturing and supporting us all. York Gate has a wonderful symmetry. The key permanent staff are cheery, smiling and welcoming to all, volunteers and visitors alike. "Being part of the York Gate Family" is heard so often in every area of the gardens. Even in the most stressful times of recent illness and severe staff shortages, volunteers pulled together with the permanent staff to keep the café going and some were recently found helping to prep some meals.

There is much laughter to be heard and friendships made. As a thank you to us volunteers we get talks from the gardeners, and bee keepers, we are invited to the most wonderful Christmas evening meal and gathering. And we receive a year's admission to the gardens for 2.

York Gate has given me a sense of belonging and purpose and achievement, and through friendships made, I have joined a local sewing group and enjoy Pilates based in "The Stables". This in turn has brought me closer to Adel Church, and I have

recently joined as a novice the talented team of flower arrangers.

I feel truly blessed to be a part of this hidden gem in Adel and really look forward to learning so much more about the heritage of York Gate and the folk who visit, in the years to come as the gardens continue to evolve and thrive. I am also grateful to all the new friends I have made along the way, I now feel more at home in Yorkshire.

**Alison Browne**

### **August opening times**

Although we are usually open Wednesday until Sunday, just a heads up that York Gate will be open on **Bank Holiday Monday 29<sup>th</sup>**

**August.** Our times throughout the summer season are 10am until 4.30pm. Last entry to the garden is 3pm. We ask people to book if they want to go around the garden – the link for this is on our website [www.yorkgate.org.uk](http://www.yorkgate.org.uk)

In the café, last orders for food are by 3pm, after that tea/coffee and cake will be served until 4.30pm. Although we don't take bookings in the café, if you would like to treat yourselves (or buy as a gift) we do take bookings for afternoon tea. Please call 0113 267 8240 option 4, giving us at least 24 hours notice.

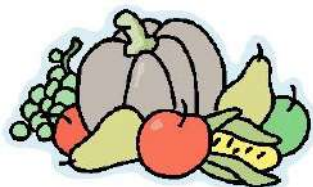
**Sally Latchford**

## **ADEL GARDENERS' CLUB**

### **Annual Flower & Produce Show**

**Saturday 3 September**

**2pm to 4.15pm**



**Official Opening  
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President of the Club**

**Methodist Church  
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**Cake Stall  
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adult**

## **Barry Anderson**

### **Footpath 17**

**F**ootpath 17, running from Otley Road to Church Lane will be temporarily closed for up to 6 months for the construction of a new upgraded footpath by the Elysian Fields estate. The diversion is through the Centurion Fields estate opposite the Lawnswood Arms, exiting at the Adel War Memorial Club.

### **Northern Gasworks on Long Causeway**

During August work will be done by Northern Gas Network on the southern end of the northern half of Long Causeway which will entail a closure of this part of Long Causeway with access only from the northern end for the majority of residents on this stretch. This work will take approximately four weeks.

### **Age UK – Scams Service**

The programme helps prevent older people from falling for scams by increasing their knowledge and confidence to recognise and deal with attempted scams and provides support to older fraud victims recovering after an incident. Older people can be particularly vulnerable to fraud and scams. Sophisticated scams have been on the rise during the pandemic with criminals devising even more ways to target those they believe to be vulnerable.

If you would like more information about how you can protect yourself or a family member from scams, or if you would like some support after being scammed, Age UK offer free and confidential advice, by telephone or in your home. Contact them on 0113 389 3000 or 07895 330490.

### **Woodland Creation**

Leeds City Council Parks and Countryside Service Woodland Creation Team are planting 5.8 million trees across Leeds over 25 years to combat climate and biodiversity emergencies and contribute to the government's targets to increase tree planting rates across England by 30,000 hectares per year by March 2025. This will also form part of the White Rose Forest across the region. The Woodland Creation Team have been working with Commonplace to develop an interactive consultation interface for people to view our proposed sites and the specific locations of planting within them as well as share their opinions on proposed woodland planting areas before we reach the planting stage. "

If you would like to send any comments you can send them by email to: [woodlandcreation@leeds.gov.uk](mailto:woodlandcreation@leeds.gov.uk)

CLlr. Barry Anderson  
Direct Dial 0113 3367742  
[www.barryanderson.org.uk](http://www.barryanderson.org.uk)

# Stables Timetable

Monday	9.15 to 12.30	PILATES
	1pm to 3pm	ART
	6.40 to 8.45	PILATES
Tuesday	9.30 to 11.30	EXERCISE CLASS
	1.30 to 3.00	LIFE DRAWING
	6.30 to 8.00	DANCE CLASS
Wednesday		
	2pm to 4pm	STROKE GROUP
	6.30 to 7.40	YOGA
Thursday		
	12.05 to 2.45	PILATES
	3.15 to 4.15	Monthly Communion On 3rd Thursday
	5pm to 7pm 7.30pm to 9.30pm	PILATES PRAYER GROUP Run by Leeds Sai Centre
Friday		
	1pm to 3pm	jjS (1st Friday of month)
Saturday		
Sunday	9.30—12.30	CHURCH USE

For information on any of these groups, please contact Loveday Loveridge, details on page 2 of this magazine.

# SOLUTIONS

## Only 5 Clues

### Across

1. DUBLIN
3. SCRAPE
4. LAXITY

### Down

1. DIESEL
2. NINETY

## Word Square

PIKE  
ACID  
LEND  
EDGY

## Quiz for Book Lovers

1. Cookery
2. The Louvre
3. Irish
4. Rosie
5. Jockey
6. Diaries
7. Hampshire
8. Karl Marx
9. Rumpole
10. Charles de Gaulle

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The care facility offers outstanding person-centred residential, nursing, dementia and respite care services, combined with a comprehensive menu of daily activities designed to stimulate residents and encourage independent living.

There are 74 fully furnished bedrooms, each benefiting from an en-suite wet room, plus several stylish communal lounges, dining rooms and quiet reading rooms, as well as beautifully landscaped gardens.

For further information, or to make an appointment to view  
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on 0113 841 1000 or email  
[enquiries@newcarehomes.com](mailto:enquiries@newcarehomes.com).

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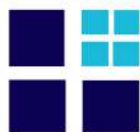
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## Bramhope Country Sticks

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Contact Roger: 07715422651 or email [rdwilliams471@gmail.com](mailto:rdwilliams471@gmail.com)

### A testimonial

I really enjoyed learning the techniques to produce my stick. It was a very relaxed and informative day. My stick exceeded my expectations. Thank you for a great lunch and good company.

**Graham**

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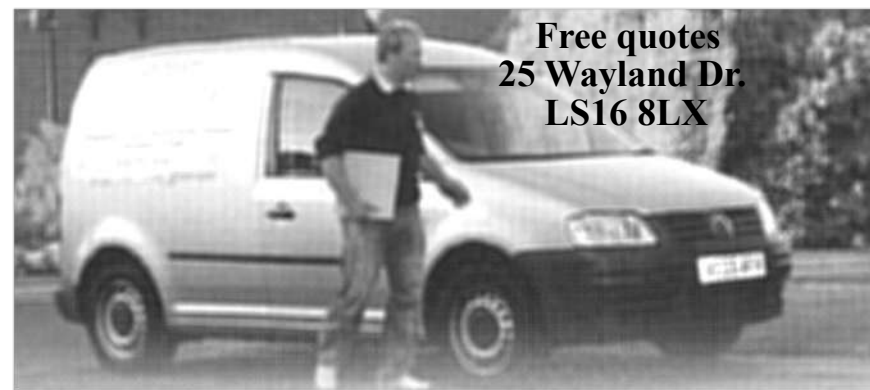
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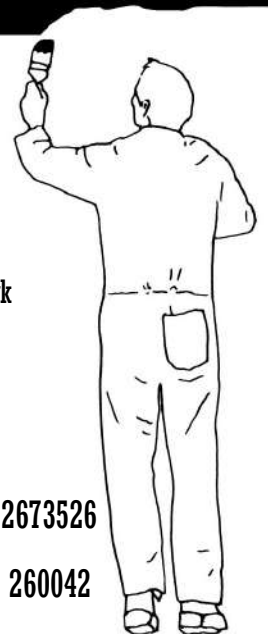
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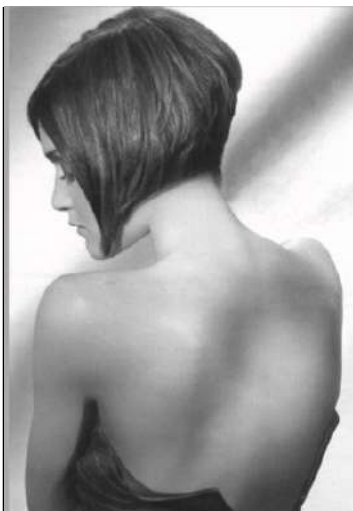
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and goes out to 460 homes except for  
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Full page £140 per annum

Half page £80 per annum

Quarter page £50 per annum

+ £20 for alterations

For further information contact:

**Beryl Thompson**  
10 New Adel Gardens,  
Leeds LS16 6BD



**0113 267 3875**  
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## Church Services August

<b>Wed 3rd</b>	11am	Holy Communion
<b>Sunday 7th</b>		<b>8th Sunday after Trinity</b>
	8.30am	Holy Communion (BCP)
	10am	Parish Communion
	6.30pm	Evensong (BCP)
<b>Wed 10th</b>	11am	Holy Communion
<b>Sunday 14th</b>		<b>9th Sunday after Trinity</b>
	8.30am	Holy Communion (BCP)
	10am	Parish Communion with Baptism
<b>Wed 17th</b>	11am	Holy Communion
<b>Sunday 21st</b>		<b>10th Sunday after Trinity</b>
	8.30am	Holy Communion (BCP)
	10am	All Age Service with Communion
	6.30pm	Evensong (BCP)
<b>Thurs 18th</b>	3.15pm	Holy Communion in the Stables, with tea & coffee
<b>Wed 24th</b>	11am	Holy Communion
<b>Sunday 28th</b>		<b>11th Sunday after Trinity</b>
	8.30am	Holy Communion (BCP)
	10am	Parish Communion
<b>Wed 31st</b>	11am	Holy Communion

**Junior Church** is held during term time. The children start in Church at the 10am service with their families, they then leave with the leaders and, after their own input in the Stables, re-join the congregation for communion and the last part of the service

On the **3rd Sunday** there is a 10am All Age service, with communion, and children are welcome for the whole of the service in church.