



ADEL BELLS

Parish Magazine 60p



August/September 2021

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The Parish Church of St John the Baptist, Adel
 Enquiries including Home Communion, Baptisms, Confirmation,
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www.adelparishchurch.org.uk

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7th June
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10th June
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24th June
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Festivals & Feasts

6th August
 Transfiguration of Our Lord

15th August
 The Blessed Virgin Mary

24th August
 Bartholomew the Apostle

21st September
 Matthew, Apostle and Evangelist
 29th September
 Michael and All Angels



Project Linus

Project Linus UK is a volunteer organisation. They aim to provide a sense of security and comfort to sick and traumatised babies, children and teenagers through the provision of patchwork quilts and knitted blankets. To date they have donated 480,347 blankets.

With tender Loving Care

I can't be there to hold your hand,
 I can't be there to hug you,
 I can't be there to dry a tear,
 But there is one thing I can do.

I can sit here in my room at night
 And dream of you out there,
 And make a blanket just for you
 With tender loving care.

When you hold this blanket in
 your arms
 And close your eyes real tight,
 You can feel the love I tucked
 inside
 When I made this late one night.

So dry your tears and smile a
 smile,
 You aren't alone, you see.
 You have this special blanket -
 You have a part of me.

Poem by Pam Braden
 For Project Linus
projectlinusuk.org.uk

Church Open for Visitors
 Monday, Thursday and Saturday, 2pm to 4pm



We aim through Christian worship, word and action to celebrate and share the love of God with our neighbours

From the Editor

I have always seen September as a fresh start and an opening up of new opportunities. I suppose it comes from having had a career as a teacher and sensing the excitement at the start of a new school year, both for pupils and staff. This year, September brings an exciting change to our church school, Adel St John's, in the form of a new headteacher, Mr Dalrymple. You can learn something about him on page 18. We wish him every happiness in his new rôle.

For the rest of us, however, September, and even August, remains a mystery, as we struggle to decide how to move forwards with our church life. Our prime minister has encouraged us to be responsible for ourselves, but where does that leave us? Do we wear masks? Do we keep our distance? Will we be able to meet up inside the Stables? As I write this in mid-July, there are decisions still to be made and because of that services, as outlined at the back of the magazine, will possibly still be with a limited congregation and therefore bookable online. The Café Stables, as advertised

on page 8, will take place, but the indoors part of it cannot be guaranteed. As always, advice is to check with the website for the latest news.

There is so much we have missed out on over the last eighteen months and I suspect we shall have to bear patiently with the delay in regaining what we have lost. Being unable to sing hymns in church has been something so many of you have missed. It brought great joy when we were able to sing at our outdoor service on Sunday 27th June as part of our Patronal Festival weekend. But cast your mind back to pre-pandemic times, when, with our customary very small choir, we all joyfully sang the well-known tunes. There was a time, however, when the choir was larger and mostly male and it was not so long ago, as Jennifer Ash, who now lives in Virginia, USA, tells us on page 15. It's an interesting thought that the girls had to hide behind the pillars, as females in the choir were frowned upon!

Have a peaceful summer!
Marjorie



Rector Alison's Letter

Thank you

My Saturday morning jobs are often accompanied by 'Saturday live' on radio 4. I particularly like the weekly 'thank you' slot where listeners have the chance to thank someone who helped them – often years before. Often at the time they were not in a position to thank properly.

Some of the events mentioned happened decades ago – the need to say thank you is clearly something we feel quite strongly. Occasionally the hero or heroine of the hour is tracked down, and thanked in person. They tend to say they just did what anyone would have done – but are obviously touched never the less to have their actions acknowledged.

July 4th 2021 was designated as the first National Thank You Day and we were invited by the National Church to get involved. We didn't; mainly due to the short notice, and it falling the week after our Patronal Festival weekend. But 'Thank you' is a very special word in our vocabulary.

Being thanked for something lifts our spirits. It makes us feel valued and useful. Knowing that we have made someone's day, or their life, better, gives our lives more meaning.

'Thank you' is one of the most important words we can teach to our

children too. Being in the habit of thanking people makes us more mindful of what others do for us. I think it opens our eyes to the worth of the people we come across.

I have been leading collective worship in our church school on 'Zoom' for nearly a year. It is strange to see so little of the children, although we do our best to share and discuss. So it was lovely, to be greeted by one of the children walking home from school with, "Thank you for our worship this morning". I had been feeling a bit worn down. That lifted my whole day.

Our experiences since March 2020 have shown us how much we rely on one another and have prompted much caring and kindness. This has strengthened our community, but I think it is strengthened even further when we acknowledge these actions with a 'thank you'.

We may have missed National Thank You Day, but perhaps we can make August our 'thank you month'. A phone call, a card, a word as we meet in the street – our thanks don't need to come in extravagant gestures to remind someone that their acts of kindness, the way they do their job, just their being there, make a difference.

When we meet as a church

congregation, we thank God for all the blessings of our lives. Recollecting all God has done for us helps us view life differently. I think 'thank you' is a word that makes our community stronger.

There are many people I need to thank. Perhaps I can start by thanking our children and young people for the way they have stayed positive and made the best of things over such a difficult 18 months of what should be the best time of their lives.

With love and prayers, and thanks for all you are.

Alison

A new Licenced Lay Minister for Adel!

The church of St John the Baptist, Adel, is blessed by having many people other than the Rector who serve in a bewildering variety of ways. During COVID times this list has grown ever longer. Many of these people bring expertise, many bring enthusiasm and a willingness to learn.

The Church of England thrives when members of the community are involved in this way, but it also recognises the need for some to be specially trained and supported for particular roles. One of these roles is ordained clergy like me, and the church also licenses and trains lay people for leadership roles.

I am delighted to announce that Paul Barker has been accepted to train as a Licenced Lay Minister (LLM) attached to Adel Church. Previously known as 'Lay Readers', the official description for LLMs is, 'a lay person who, following a call from God, is trained and licenced by the Anglican church to teach the faith, enable mission and lead in church and society.' Paul already supports the church in many ways...as an organist and singer, as a deacon in our services, as part of the church sitters rota, on the PCC. We look forward to seeing him grow into his new ministry.

There are two years of training, much assignment writing and a placement ahead for Paul, so please keep him in your prayers, and ask him now and then how it's going!

This is an exciting development for our church. We thank Paul for following his calling, and congratulate him on his selection.

Rev'd Alison

To book a service

<https://tinyurl.com/adelservices>

or contact Marisa Clayton on her mobile 07814 533 352

or by email amonavis80@hotmail.com and she will do the booking for you.

Apologies . . .

that we can still not say with any certainty what our future plans are. Please keep up to date by consulting the church website.



Café Stables

FOR ALL AGES

Saturday 11th September

3.30pm to 5pm

in and behind the Old Stables

Come and enjoy:

**sandwiches, biscuits, cakes, tempting snacks,
drinks, conversation**

AND

games and activities on the Stables lawn

Inside AND outside

Something to look forward to!

Words from Pilgrim

Protecting the past

Many people today are anxious that the government will swiftly bring the Covid restrictions to their end, yet there is still the possibility that further self discipline will be required of us. The decision will be made for us, not by us, and many find that idea irksome.

At the same time there is another debate running in parallel with this, which concerns the propriety of allowing past decisions on past events to stand rather than replacing them by new decisions which announce - in our judgement - what we would have done. I am referring here to protestors removing paintings or statues which in their opinion should not have been put on display by generations in the past. The reason for this is understandable; the decision to accept the painting or erect the statues was made a long time ago and opinion has changed, but that surely does not mean that they should be rejected.

Indeed, to my mind, by being so obviously out of fashion it is both a voice speaking to us from the past, prompting us to weigh its significance with eager care, for it may well point us towards values which have been too easily abandoned or adopted under the pressure of events now

forgotten and which need to be re-evaluated. Such deference to the past which shaped our forebears may have a moderating influence on us and consequently make us more aware of what notions we may be bequeathing to our own descendants. What may be seen as past folly in our own eyes may have been held as fine judgement or as generous wisdom by those living at the time. Those speaking to us from those times are themselves part of the rich heritage which they have handed to us and we need to have the courage to consider what they did in the light of the conditions that existed at the time.

It is coming to be my belief that every age presents its own view of what is the correct way for life to be lived, and that in every age a plurality of views tussle with one another and so mould the pattern which becomes the received outlook of the next generation. Each generation is condemned to perpetuate the anxieties and achievements which shape our common lives.

Through it all I believe that God shapes our common lives and leads the world towards the end for which he created us. We would be wise to protect what has been given to us; it may make us feel uncomfortable, but that may be its wisdom and by that we may be made wise.

In Brief

The 100 Club



Thanks to the people who took the opportunity to join the club when they came to the Summer Fair, we have only 11 places to fill.

Would you like to be one of these and help to reach the goal of 100, having a chance to win a prize in the monthly draw, but also supporting the work the church does in the community?

So, come on! **Join today** and let the last 11 balls, languishing in a box at the back of a cupboard, join their chums in the happy draw bag.

Forms are available from me. Give me a ring on 0113 2679364 and I will deliver one to your door and collect it when completed.

So join now. **You could be a winner.**

Iain Farquharson-Welsh

Results of the June Draw

Trevor Cole	£77
Vanessa Hinton	£30.80
Margaret Whittaker	£30.80.

Maisie Sweeney

Many of you will be saddened to learn of the death of Maisie Sweeney, who used to come to the Wednesday service. She will be remembered for having helped in the churchyard and attending the Harvest Lunch. Her funeral was at Harrogate Crematorium on 20th July.

Confirmation

A reminder that Bishop Paul will be confirming members of our congregation at our Sunday service on 7th November.

If you are interested in taking this important step on your Christian journey, or would just like to know more, please contact Rector Alison, in person, by phone or by email



Penny's Ponders

Hi Everyone,

I hope you are all having a lovely summer and, for those who have been on holiday, I hope you had a really good time, and for those of you who are still looking forward to going – just get excited!

We've been away for a 'long weekend' (I really don't understand that term!) and had a lovely time. I can't say I enjoyed one bit of the journey there as it took us 7 ½ hours, most of which seemed to be crawling along not nearly as fast as I can trot! As for these 'smart' motorways, they're not very smart if they just get clogged up with traffic!

We haven't been able to see some of our family since February 2020 – I expect some of you are the same. I can't get over how *my* family were amazed that, when we arrived, I knew exactly where I was, knew my way around and knew everyone! I know I am aging, but I thought they knew me well enough by now to know that I am very smart and a lot more intelligent than they are! I didn't know whether to feel insulted or secretly pleased to know that I can still get one over on them and maintain my unpredictability! I shall continue to think about this.

My holiday family are really good at baking and the Mum and daughter are

forever cooking fabulous things – I have developed a predilection for cake and, a new one for me, meringues! One dropped on the floor and to prove I can still move like greased lightning, I got there first!

Jesus called everyone who believed in Him, His 'family.' I think this is rather lovely – I don't understand human relationships, so everyone all together is good for me. He didn't have holidays because He had so much work to do in such a short time, but He still made time for His 'family.' He loved and cared for them, taught them lessons for life to bring them nearer to God, healed their sick, tried to help those who couldn't understand, got cross when he needed to but, through everything He said and did, always showed His 'family' that they were so so loved and really mattered to Him.

We can all be a bit selfish at times (make that 'a lot' for me) but I do think that one thing this Covid business has taught us all is that our 'family' in the sense Jesus means it, is so important and we really need each other and to show and receive love.

So, enjoy your big 'family' and let's hope you will be back together in church soon.
Woofs and licks,

Penny

A True Celebration

I never made it as far as the cream teas

Probably since Adel Church was built in AD 1150/60 church members have celebrated the birth of John the Baptist on 24th June. That was until 2020, of course. I found it a really positive and hopeful sign that this year we were able to join together once again along with the wider community to mark this significant event in our church life.

Things were not quite the same as usual this year; I think they were even better than usual. The continuing restrictions meant that we were forced to move out of our church building and make use of our fantastic churchyard. We really have demonstrated that we are part of our community, and members of our community have responded to that.

The Patronal Festival weekend took place this year on Saturday 26th and Sunday 27th June. A number of activities took place over the weekend including a Parish Fair on the Saturday, and an Outdoor Service and Evensong on the Sunday.

The Parish Fair was a lovely community event, and I found myself thinking how fortunate we are to live in a friendly place with such good neighbours. It was successful as far as I was concerned in that I came away

with some Adel Church cards, something to read and, most importantly, half a lemon-drizzle cake. The latter was delicious, by the way. There were so many people to chat to that sadly I never made it as far as the cream teas.

We were entertained by Adel Players to a one-act comedy about the mishaps at a village fête. It was a case of life imitating art when one of the actors took an unexpectedly hard tumble during the performance*. It was the first live performance I have watched since before the pandemic, and I thoroughly enjoyed it. The afternoon was rounded off by a short concert by the Leeds Guild of Singers.

On the Sunday I attended the Outdoor Service which took place at 2pm in the churchyard. This was an opportunity for our church family to celebrate together, but also to reflect on the last year or so and to think about what we have lost, and also what we have gained. It was great to hear from church members of all ages about their experiences of our church and what it has meant to them. As we were outside we were also able to sing. I think this is the first time we have been able to do this since March 2020. What a treat!

The whole weekend was a great expression of the kind of church we

are. We are diverse and have different likes and needs but we are part of one community in Christ, and as such we are a beacon in our community.

Occasions like this take a lot of time and effort to organise. Thank you to all those involved for making 2021 the best Patronal Festival ever.

Derek Heathcote

* We learned later that Pauline, who played Mrs Pearce, had actually hurt herself in the fall and suffered broken ribs. It is sad to think that our day of celebration resulted in pain and suffering for someone who had generously given of her time to entertain us.

Models of the Church

At our Summer Fair we had a display of models of the church, made by children and grown-ups. How do you do justice to our splendid Norman church when you are using cake, cardboard, gingerbread or even Lego bricks? A difficult challenge, but thankfully some people were up for it. People were invited to guess the weight of the chocolate cake version, and £27.50 was raised from this.

It was impossible to compare them properly because of the variety of materials used, but a prize was awarded to Olivia Gordon who had made the Lego version, as it showed great imagination and careful planning. Well done everyone!

The magic of a smile

It's hard not to feel happy when you make someone smile.

Roy T Bennett

There were smiles all round for our Patronal Festival weekend. It was clear that for everyone it was just the opportunity they needed: the chance to get out and meet up with friends while they wandered round the churchyard in complete safety, buying goods or simply chatting with the stall holders, enjoying the cream teas, watching the young ones have fun on the Stables lawn and staying on for the play and concert. So many people have told me how lovely it was to feel happiness again as they took part in some normal socialising. The experience was something they have really missed over the last 18 months.

I felt honoured to have been part of the organising team, seeing all our carefully laid plans come to fruition. The joy of the occasion was sufficient reward for us. However, for the church, which has suffered financially throughout this pandemic, a fantastic sum was raised -



Thank you, everyone!
Marjorie Cole

A Fair within a Fair

'Gosforth's Fête' in Adel

Following a busy time at the Summer Fair on 26th June, we volunteers were able to join the crowd of people sitting in the sunshine in the churchyard. It was an opportunity to relax and watch Adel Players' version of this play by Alan Ayckbourn.

What a treat it was! It started off with quite a bang with everything at their fair going wrong: the sound system, the thunder and lightning, problems with the tea urn, the wife of the person booked to open the fete turning up. She was asked if her husband was feeling better; she said her "husband was unavailable (but not ill!)".

All of course part of the story. Very personal information was given out over the loud speaker in error which caused trouble and embarrassment. This ended up with the scout master getting drunk and his fiancé trying to explain about her pregnancy.

The very fussy rector was asked to show the local councillor round the fête while they got things settled down and ready. He ended up losing her. She had arrived looking very elegant but was caught in the rain storm and looked half drowned on

her return.

At the opening the microphone had again stopped working and the rain and thunder were drowning out any other noise.

The rector then tried to help with the tea urn with his arms round it, not realising it would be hot and nearly dropping it. *

Thankfully, we had no thunder and lightning that day in Adel!

It was a superb performance from start to finish with a very realistic scuffle at the end. Our sides were aching with all

the laughing.

How fortunate we are in Adel to have Adel Players. A very professional performance all round from the setting up of the outside stage to the acting which was up to their usual high standard, excellent.

Well Done !

* no health and safety rules broken; the tea urn was full but with coke/lemonade.

Beryl Thompson

PS. I do hope we can get back to seeing them again on a regular basis at the Memorial Club. I for one have missed them.

Letter from America

A voice from the past

Rector, Philip Simpson prepared me for my confirmation in 1953 by the Bishop of Knaresborough. I was in the choir at Adel and my father was organist. There were only three or four females in the choir; the rest were men and boys and they could wear robes! It was somewhat frowned-upon for females to be in the choir, but we were necessary to swell the sound. We sort of slid into the church from the vestry and sat behind the pillars each side of the arch before the robed choir processed in.

Some Sundays in the winter, when there was a monthly "sung" Eucharist at 8:30 am, and since we were supposed to fast before taking Communion, the Rector would invite us to breakfast with him after the service because we were due to be at Matins at 10:00 a.m. My father and I and a couple of other choir members who lived a mile or more away (we walked or cycled to church in those days) had many breakfasts in the Old Rectory, cooked by Rev. Simpson's housekeeper, but I never knew all those facts about his life before Adel Church. He was still alive when my family left Adel, so I never saw his memorial.

As I remember, he was a very sympathetic man. Boys from the

Reformatory were encouraged to come to church, and one or two of them were prepared for Confirmation in my year. A couple of choirboys and I befriended them, and we walked 'home' with them along Long Causeway - until one week, we learned they had run away, and we never heard of them again, sadly.

Another example of his kindness, which I shall never forget....a teenage friend was married in Church during Lent, when marriages rarely took place, and music was not allowed. She asked for at least a hymn during the ceremony and when it was questioned, Reverend Simpson was adamant: "she *shall* have a hymn if she wants one", he stated. I am now in my 80's. How times have changed.....

P.S. My childhood friend, Patricia Walker, sends me Adel Bells every month. She is in real need of our prayers at this time.

Jennifer Ash (née Newman)

Jennifer now lives in Virginia, USA. Rector Simpson's mother was the subject of an article in June Adel Bells. How different life in Adel was in those days. At the present moment we are all waiting with bated breath to see what the outcome will be for the old reformatory, mentioned here by Jennifer.

Editor

A Place of Support

Church has been so accessible

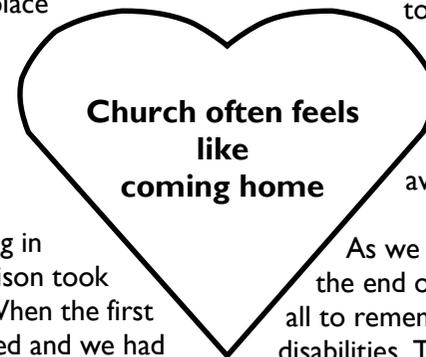
Since 2004 I have had a chronic neurological health condition. As a person with a disability, I have often felt alone in the world. It's particularly challenging at times because I don't look disabled, or fit a stereotype. Since Theo and I started coming to Adel St John we have been welcomed into a wonderful place of support and compassion, and coming to Church often feels like coming home.

We started coming in 2019, just after Alison took up her position. When the first lockdown happened and we had to shield, we were blessed to have such support from other congregation members, from Sarah and her dog, who would walk past ours to check on us, and who kindly volunteered her son to do our shopping. Kate and her children would also pass by, and give us a little spiritual uplift.

For me, one of the most beneficial things to come out of the pandemic is that suddenly so much more is accessible to me. Church services watched remotely has been fantastic. Mornings can be a painful time for me, and so I often watch the service in bed or on the couch, pausing when I need a moment for my mind to

process the sermon. I know that other members of our congregation have benefited too. As the mother of a young child, having the Questions of Faith course via Zoom was brilliant, and meant that there was no need for a babysitter.

I can't thank the team at Church enough for everything they have done to make things more accessible. A situation born out of necessity has made Church so much more open and available to so many.



As we hopefully move towards the end of restrictions, I urge you all to remember those people with disabilities. The constraints that we have all faced over the last 15 months are an ongoing reality for many. They don't have the luxury of leaving their homes and going where they would like. As Christians, we hold everyone in our hearts and I hope we can continue to make Church the accessible and welcoming place we enjoy so much.

Thank you everyone,

Jane Attebrah

This is the text of the talk Jane gave at the outdoor service on 27th June. Thank you so much, Jane, for sharing this with our Adel Bells readers.

Editor

Nature Notes

Starlings – familiar birds, but not what we normally think of as garden birds; they do not nest in gardens to any extent, and they do not forage in gardens during the winter. However they are regular visitors to our garden during the spring and summer, attracted by the fat balls or blocks we put out in our bird feeders. The normal feeding method for adults is to probe in grassland for invertebrates.

Many of those that come for the fat are birds of the year, juveniles in immature plumage -- a sort of plain khaki brown colour –although this year some birds in immature plumage have still been coming in July. As they get older their plumage begins to get spotty, and adults are splendid in iridescent black with lots of silvery spots. They are quick fliers and they arrive in a rush in groups of perhaps up to ten or a dozen, although only two or three can actually get on to the feeder, the rest complaining noisily. Then suddenly they all go. What the signal is, and which one gives the signal I never discover, but even those that didn't get on the feeder go off with the rest. The chances are that they will be back in an hour or so, so perhaps they all get a turn eventually.

Starlings are very quick and direct in flight, and they don't waste much time learning elaborate songs in the spring. They nest in holes in trees and males

standing on a branch near the hole make a series of tweets and cheeps that probably serves as a song. However they are well-known for their skill as mimics -- of the calls of other birds or even man-made sounds such as the ringing of a telephone. I once knew one that gave a very convincing imitation of a Curlew's call.

At the end of summer they go off to the countryside where they are joined by many more that have arrived from Europe, and this is when the well-known "murmurations" can build-up, as thousands of birds seek a safe roosting spot for the night. Since these gatherings have been shown on TV they have become popular visitor attractions, but when one roosting spot was Leeds Town Hall it was not popular at all. It was quite fun to sit in the car in Calverley Street at dusk watching the birds swirling round the Town Hall, with perhaps a couple of Sparrowhawks looking for an easy meal, but the mess they made on the ground really could not be tolerated, and one summer the Town Hall roof was covered with netting and, as far as I know, Starlings never returned to roost in central Leeds. Happily they are still with us in the breeding season, but numbers are decreasing.

Peter Larner

A New Headteacher

To the community of Adel St John the Baptist



I am excited and honoured to have been appointed to the role of headteacher at Adel St John Primary. I have had the pleasure of spending time visiting the school and received such a warm and friendly welcome from the children, staff, parents and church community. On my first visit, the governor who took me on a tour spoke proudly of how everyone involved in the school treasures its caring family feeling, which is definitely what I have experienced. The school has a purposeful calm about it and the children are happy, thoughtful and kind: a true credit to the community.

A little about myself. I am originally from Solihull, Birmingham. I went to Stratford-upon-Avon college to complete my A-Levels. Theatre and drama is a passion of mine and where better a place to study English, English Literature and Theatre Studies than

the home of Shakespeare and the RSC. From here I went on to study Primary Education with English at Charlotte Mason College, Ambleside. I was very fortunate to study surrounded by the beauty of the lake district.

I qualified as a teacher in 2000 and began my career teaching at Oakworth Primary School, Keighley. I then moved to Leeds and taught at Grimes Dyke Primary School, Whinmoor. In 2006, I became Deputy Head Teacher at Horsforth Newlathes Primary where I have worked for the last fifteen years, commuting from Chapel Allerton where I live with my partner.

As an educationalist, I am passionate about providing the very best for the children in my care, determined that every child has a chance to shine and leaves prepared for a future of possibilities and that every child has a passion for learning with their self-belief and well-being nurtured. These aims form the bedrock of everything I do and will underpin my commitment to the role of headteacher at Adel St John Primary.

I am relishing the prospect of becoming a part of Adel St John the Baptist and hope to meet you all at up and coming events.

Peter Dalrymple

Words from Joyce Hill

Florence Nightingale

Florence Nightingale, famous for her work in the Crimean War, died on 13 August 1910 aged 90. She became the founder of modern nursing, advising on the development of hospitals, contributing to government enquiries, and being a highly influential figure in the development of public health, which has underpinned the massive improvements in well-being from which we benefit today.

This past year we have come to expect that public health statistics will help us understand how the covid virus spreads and develops, what effect it has on which groups of people, where actions might be useful, and whether those actions are being effective. We take it for granted that statistical analyses, are available and are fundamental to policy and practice in the area of health.

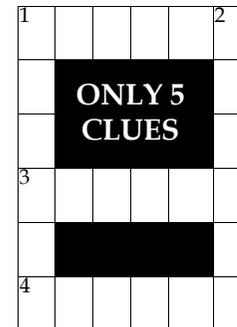
What is less well known is that we owe much of this to Florence Nightingale. Being a great lover of statistics, she wielded them with energy, determination and insight. Many influential figures initially dismissed her arguments about what needed to be done, behaving in just the same way as the diehards in the Crimea when she first attempted to make radical changes to the regime in the Scutari barracks: she was a

woman, of genteel birth, what did she know about anything, compared with them, buttressed by long-established ways of doing things? Statistics, systematically collected, became Nightingale's means of attack.

She was also immensely gifted in their presentation, using graphic displays in ways that had not been used before, and bringing dry figures alive through memorable turns of phrase. For example, having scrutinised the rate of death in the peacetime army, she declared that it was equivalent to taking 1100 men on to Salisbury Plain and shooting them. And when, in 1858, she wanted to demonstrate the importance of improved sanitation in saving soldiers' lives, she collected figures on the principal causes of death and presented them in what is now technically known as a 'polar area diagram' — effectively, an exploded pie chart, commonly known as Nightingale's 'rose diagram'. No one had ever previously attempted to represent statistics in such a way. This imaginative leap convinced the people of the need to act.

As we commemorate Florence Nightingale for the development of nursing, we should also remember that she was a driving force in the development of medical statistics and was the first woman to be made a Fellow of the Royal Statistical Society.

Puzzles



ACROSS

1. Observe verdict on false diamonds?
3. See book carried by girl around the world
4. Time to give out paper

DOWN

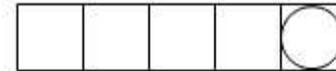
1. Weapon returned to obtain some gold, perhaps
2. Develop spin in absence of leader

DOUBLE PUZZLE—Solve the anagrams below. They are all things to do with a seaside holiday. Use the circled letters to form another word which you will write in the final squares.

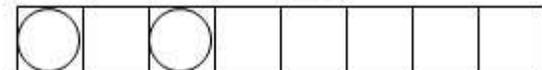
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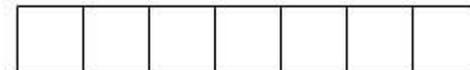
HBCEA



MIIWSNGM



IBOATGN



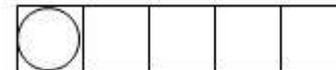
ASNSLDCAET



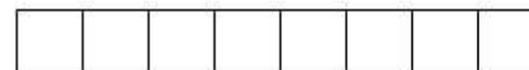
TBUCKE



DEASP



ADGPNLDI



Solution on page 31

Children's Page

Wise Up!

Uncover some wisdom from the book of Ecclesiastes by carefully following the instructions below. Are you wise enough to solve this?



	A	B	C	D	E	F
1	Truth	The	Wise	end	foolish	of
2	a	people	matter	lesson	meaningless	is
3	numbers	better	than	acts	its	world
4	beginning	gift	kingdom	and	wrongdoer	patience
5	lies	is	certain	will	better	job
6	than	knowing	property	pride	celebrate	saint

1. Cross out all the words in Columns A and F that have 5 letters.
2. Cross out all the words in the table that rhyme with eyes.
3. Cross out all the words that are books of the Bible.
4. Cross out all the words in Row 2 that have more than 2 vowels.
5. Cross out all the words in Column D that have double letters.
6. Cross out all words in Row 4 that contain all the letters in GOD.
7. Cross out all 7-letter words.
8. Cross out all words in Column B that end in T.
9. Cross out all words in Row 6 that have three syllables.

Write the remaining words here, in order from left to right and top to bottom

Solution on page 31

Local History

York Gate Stairfoot *

Follow Stairfoot Lane, from woodland ridge, down to the stream and cross the stone bridge. Then trudge up the steep hill, to Back Church Lane.



“You’ll find York Gate laid out, like a seventeenth century scene with grey and green pathways, clipped hedges, trees and buildings” said Robin, in nineteen-eighty-two.

Today, twelve years on, in nineteen-ninety-four, I stop by York Gate, and see four geese flying east towards Stairfoot Lane.



Sybil is sitting by the front door again, with a rug across her restless knees, surrounded by a sunlit scene, where threads of reds, beds of green and mellow yellow fruits and leaves weave this tapestry of Yorkshire stone, tall yew hedges, bright fuchsia flowers **and** a Red Fox by the wall. ‘I only count your sunny hours Let others tell of storm and showers’ reads the sundial by the open door.



* Poem first appeared in Val Crompton’s ‘Heritage of York Gate’ 2017, p 150

Val Crompton Sept 1994

Stairfoot Visitors

The Adel section of Stairfoot Lane is part of the boundary of Adel St John's Conservation Area.

The Nicholson family created an amazing rock garden here on this site which slopes down to the seven mile green corridor (part of Meanwood Valley Trail) ending at Golden Acre.

Email from Dr John Prince, Godson of Joyce Nicholson—see April Adel Bells.

Salisbury, June 2021

Dear Val,
Thank you very much for sending on your parish magazine. It is an excellent magazine full of interesting articles and illustrations.

This is just to confirm that I am still planning to visit Yorkshire for a week, early in July. There is an enormous amount to be crammed into a short time. I will be in touch during the first few days of July. I am looking forward to meeting you. Of course Adel Church is a must, but a visit to Stairfoot Estate is a priority because I haven't been there since 1949.

With best wishes

John.



Stairfoot House before demolition

Val Crompton writes:

On Saturday 3rd July, I had just returned home, after a 2nd stay in hospital—I was still on a nasal feeding tube. My husband, John, and I were being looked after by our son, Miles. Dr John and his genealogist friend, David Foston, phoned saying that they would be visiting Adel Churchyard and Stairfoot on Sunday – could they call on Sunday and leave me Stairfoot Garden photos and a linen-bound **Inventory & Valuation of Stairfoot House from 1939-1945**, for the Adel Archives?

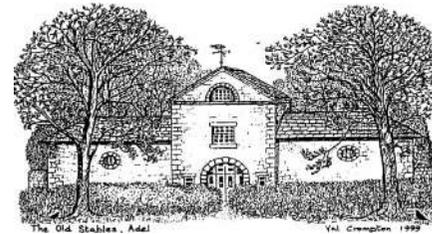
We met up in the garden, looking across The Bedquilts, towards Cookridge Hall, the home of Dr John's great-grandfather. The Inventory is an amazing document. I hope to be able to share this with you at a History Talk, in the future.

Val

What's On



**Adel St John's
Conservation Area Walk
& Talk with Val Crompton,
on
Sunday 12th Sept at 2pm**



Meet 2pm at **The Old Stables**, Back Church Lane, Leeds, LS16 8DW. A guided walk around Adel St John's Conservation Area.

This flat circular walk lasts about one and three quarter hours and includes Adel Church and Old Adel Rectory, York Gate House, Long Causeway and old cottages, old Adel Smithy and the **old Adel School building**.

The walk will end at **Adel Parish Church** which will be open from 2-4pm

See also **Leeds Civic Trust** website
Heritage Open Days

www.heritageopendays.org.uk

**Pre-Booking Required
for the Walk**

Contact: Val Crompton
vjcrompton@ntlworld.com

Max 15 people

**Also Open on Sunday 12th Sept
Adel Quaker Meeting House &
burial ground**, dating from the 19th century. Visitors are free to see the inside of the meeting house and visit the burial ground and garden.

The grounds show a typical Quaker burial layout with the resting places marked by uniform headstones which symbolise the Quaker concept of equality of all people before God.

Sunday 12 Sept 12.30 - 4pm

No booking required for Adel Quaker Meeting House. Disabled parking is limited to one bay by the side of the meeting house.

Val Crompton

zoom

BINGO

Saturday 14th
August 7.30pm

for details email
adelparishchurch@gmail.com



Churchyards

The Lichens of God's Acre

What is a lichen? According to Miles Kington in his book, *Nature Made Ridiculously Simple*, "a lichen is lawn which thinks it's moss, or perhaps moss which thinks it's lawn – either way, it's a dried-out version of both and always looks dead. It likes growing (or dying) on rocks, walls, churches, the side of the tree facing Iceland, and posters for holidays in Sweden. It has a range of five different colours: rust-red, rust-brown, rust-orange, rust-green and off-rust". It is highly sensitive to natural and man-made environmental disturbances. Some of these lichens can be difficult to identify, and most are difficult to detach without harming the substratum, hence several lichens go unnamed. Lichens are mostly faithful to either calcareous or siliceous stonework, and are found on either east- or west-facing sides of gravestones. Lichens are also inhibited by copper, lead and zinc, so their absence on church walls indicates the use of such metals for roofing, pipework and window protection.

The presence of lichen on stones is usually aesthetically pleasing, but sometimes they can obscure ornamentation and occasionally have a damaging effect over time. However, more often than not, insensitive restoration and cleaning by

chemical and mechanical means have removed the lichens and indeed damaged the stonework they protected beneath.

In studying churchyards, lichenologists do not confine themselves to the stonework, as there are many important and interesting habitats for lichens, such as churchyard walls, trees and shrubs, and lignum (wooden crosses, gravestone supports, fencing, lychgates, benches). There are good reasons why these habitats should be conserved. However, it is disheartening how many churchyards resurveyed in the past two decades have churches which are redundant, repurposed, or demolished. For many of those that have survived, their integrity has been lost not only by vandalism, but also by health and safety issues or poor maintenance. Due to their sensitivity to such disturbances, lichens have often been the major casualties.

For more than half a century I have surveyed the lichens of innumerable churches and churchyards throughout Britain, Europe, and in North America. In recent years I have concentrated on Yorkshire churchyards, My survey of Adel church and its churchyard will feature in a forthcoming issue of *Adel Bells*.

Mark Seaward

In Your Garden

“One evening in August you have an errand outdoors, and all of a sudden it’s pitch-black. It is still summer, but the summer is no longer alive.” –

Tove Jansson

As August progresses, the shortening days will become ever more apparent and we will all be searching for ways to prolong the feeling of summer. Some decent weather will always help but keeping your garden healthy, vibrant and flowering will be far more reliable.

The simplest task is to deadhead flowers regularly, ideally daily. It only takes minutes but provides weeks of benefit. In many



species this will encourage repeat flowering extending the season. For example Dahlias, roses and Penstemon are likely to benefit, but also your hanging baskets and summer bedding. If you deadheaded roses and geraniums earlier in the year then you will already be reaping the joys of a second flush of blooms. Most annuals will produce new flowers if the old blooms are removed before they go to seed. The likes of marigolds, petunias, begonias and pelargoniums and many more might continue to flower until the first frosts.

At this time of year do make sure you keep your hanging baskets and pots well watered, plus any new plants that you have acquired this year. On a similar vein, make sure you keep ponds and water features topped up. September is the time to be harvesting your fruit and vegetables if you have them, and to divide larger herbaceous perennials. This will rejuvenate the plant, give it space and air to grow into, with the added bonus of giving you an extra plant or two to either plant elsewhere or pass on or swap with friends.

Most maintained hedges can be given a final trim which will keep them tidy right through till next spring and lawns can be given an autumn feed with or without a weed/moss treatment depending on your needs.

Finally, now is the last chance for this year to be ordering your spring bulbs. If you want new or more spring colour then you just have enough time to scour catalogues or search online and to receive your orders in time to be planted ready for a fine display next year. The breadth of choice and availability has expanded enormously in recent years so it’s well worth a look.

George Turnbull

enquiries@adelgardencare.co.uk
www.adelgardencare.co.uk

York Gate Update

August for gardeners is all about enjoying the hard work that we put in earlier in the year. It’s important to take a minute or five to stand and look at the garden and the individual rooms to assess what plants work together and what don’t, where the gaps are and where plants have outgrown their space.

It’s also important to keep on top of those weeds at this time of the year. The annuals like willow herb and bittercress are running to seed very quickly in the warm weather so it’s important that they don’t get the chance to propagate themselves. We are lucky enough to have an army of volunteer weed assassins out in the garden with their trowels and trugs.

Lastly, I thought I’d better address the elephant in the room that is The Yew Sails. Those that have visited recently won’t have failed to notice that we have cut the base of the sails right back to the trunks. They were becoming very old and woody and were beginning to lose their shape. Cutting them hardback will rejuvenate them with lots of fresh new growth and also make the fern border path more accessible.

Jack Ogg,
Senior Gardener

July was a busy month at York Gate, as we saw pre-booked groups of

visitors such as U3A and holiday tours returning. We can provide lunches and tea and cake with exclusive use of our upstairs Spencer Suite. You can also book a tour with one of our senior gardeners. Please do give us a ring, if you would like to book a group in, and I can talk through the options with you.

July also saw the return of afternoon teas in the café. If you would like to sample one of these, we require at least 24 hours notice, so again, please give me a ring to book one in. We sell gift vouchers for afternoon tea and garden entry, which would make ideal presents. These can be bought either in the shop or over the phone.

We still have some spaces left in our workshops, which for August include an Early Bird Photography opportunity. In September we have a Clive Nichols Photography workshop and in December Anna is running some willow star workshops. Details of all these can be found on our website yorkgate.org.uk and search under the events tab.

Sally Latchford

Finance & Administration Co-ordinator
0113 2678240
slatchford@perennial.org.uk

OPAL Activities

OPAL has reopened activities in a cautious manner to help everyone get used to mixing. We are maintaining social distancing rules, wearing masks, ventilating rooms and sanitising between groups. As people feel more confident and as restrictions ease, we will be able to have larger groups and increase the mixing of people.

The improvements to the café have been coming together beautifully and we were pleased to have the café open with its new and delicious menu and cosy atmosphere on the 21 July. It will be open **9am to 4pm Wednesdays, Thursdays and Fridays.**

We have upcycled furniture and redecorated to create a cosy welcoming space. We have local artists exhibiting their beautiful work, which is for sale. Products range from cards and pictures, jewellery and candles.

Vinyl hour is between **3 and 4 PM Wednesday, Thursday and Friday.** Please bring your own records to play or choose from our extensive selection of golden oldies.

GARDEN MAINTENANCE

We have been having regular days of action every 6 weeks, to tackle more of the weeding and litter picking at the Welcome In. However, we could do with some help with regular garden

maintenance in between the days of action. If anyone would like to pop in and do some tidying up when it suits you, we would very much appreciate it. We have garden tools so if you let us know you're here, we will provide you with refreshments and a piece of cake or biscuit to say thank you.

MEN'S GROUP

From **September**, we will be starting the Men's Group again. The first visit will be to Harlow Carr, more information to follow in the September/October OPAL newsletter. If you want to be part of the men's group please let Ailsa know on 0113 261 9103

FRIDAY SOCIALS

These will no longer be online. They will take place in the centre, **every Friday** in the Heather Room at Welcome In, 55 Bedford Drive, Leeds, LS16 6DJ. There will be quizzes, games, music, speakers and much more! This obviously depends on the next stage of lockdown easing going ahead on 19th July. Once we are clearer about the easing of restrictions we will be back in touch.

All information here was true at the time of going to press. There are many more activities than those listed here. Check with OPAL's website and find their latest newsletter if you'd like to find out more.
www.opal-project.org.uk

Editor

Barry Anderson

Headingley Golf Club

As you may be aware Headingley Golf Club is extending its two practice areas, the one at the Adel site and the one at the King Lane site. In order to do this tonnes of earth are being brought to the Adel site which is the smaller of the two practice areas.

The work at the Adel site and is due to be completed by the end of summer 2021. The proposed hours of work are 7.30am to 5pm Monday to Friday and 7.30am to 1pm on Saturdays. There will be no work done on Bank Holidays or Sundays, however if they did need to catch up on any delays they would have to seek permission from the Council to extend these hours.

The proposed entrance for the vehicles working on Phase 1 at the Adel end is the main club entrance. However a wall has had to be removed to ensure the vehicles can enter the site safely. In terms of the proposed route used by the vehicles, they all come into Church Lane from the A660 Otley Road, no matter which direction they are coming from and they will return using the same route. The idea is to keep the number of residents who will be affected by this to a minimum and to use main roads as much as is practicable.

Phishing Scams

Protect yourself from phishing scams, that is people trying to get your personal information and bank details so that they can take money from your accounts. The most commonly impersonated organisations included are TV Licensing, HMRC, and DVLA, with some scam emails relating to Covid19. To avoid being caught out you should:

1: Be cautious of messages asking for your personal information.

Official organisations, such as your bank, should never ask you for personal or financial information via email or text message. If you receive a message and you want to check that it's legitimate, you can call the organisation directly using a known number, such as the one on a bank statement or utility bill.

2: Report suspicious emails.

If you receive an email you're not quite sure about, you should report it to the Suspicious Email Reporting Service (SERS) by forwarding the email to report@phishing.gov.uk. Your reports will help government and law enforcement agencies to remove malicious emails and websites.

3: Report suspicious text messages.

If you receive a suspicious text

message, you can report it by forwarding the message to **7726**. It's free of charge and enables your mobile network provider to investigate the origin of the text and take action, if found to be malicious.

4: Report fraud.

If you've lost money or provided personal information as a result of a phishing scam, notify your bank immediately and report it to Action Fraud at www.actionfraud.police.uk

For more information on how to protect yourself from fraud and cyber crime, please visit: actionfraud.police.uk/cybercrime

Recycling of Glass

Thank you for recycling your glass bottles and jars! Zero Waste Leeds have launched a glass recycling campaign which has started by thanking the people of Leeds for recycling an extra 37% more glass this year!

Cllr. Barry Anderson
Adel & Wharfedale Ward
Direct Dial 0113 3367742
www.barryanderson.org.uk



I wonder how many of you recycled more wine bottles in the last year!

Editor

Only 5 Clues

Across

1. NOTICE
3. GLOBAL
4. TISSUE

Down

1. NUGGET
2. EVOLVE

Children's Page

The end of a matter is better than its beginning and patience is better than pride.

DOUBLE PUZZLE

SWIMSUIT
BEACH
SWIMMING
BOATING
SANDCASTLE
BUCKET
SPADE
PADDLING

SUNSHINE

Billy Flynn

Waste collection

This is one of the few council front line services that has continued virtually unabated throughout the pandemic. During Covid an extra 430 tonnes of waste has had to be collected and disposed of every week. It is a huge operation by any measure. By and large, if a round is missed the crews will recover it within 48 hours so bins should always be left out. Please do remember that if you are missed just get in touch with me and I will chase it up.

Adel Crag

I'm delighted to report that Adel Crag have established a "little free library" which is an excellent innovation. I was able to provide part of the funding. If any other local organisation is in need of funding for other projects please let me know.

Road maintenance

The latest schedule for road repairs has been published. This is a three year programme and is subject to change in the event of an emergency. The scale of maintenance and repair varies depending on the surface condition and can include footpaths. Details of the programme in Adel are as follows:

2023/24 - Manor Hose Croft,
Oaklands Drive and Wayland Drive

2024/25 – Holtdale Rd, Gainsborough Avenue, Kingsley Rd and New Adel Lane

Beyond this – Adel Pasture, Farrar Lane, Holt Park Crescent and Grove, Adel Green, Adel Park Gardens, Broomfield, Glendower Park, Holt Close and Holtdale Fold.

This list is provisional. Highways officers have asked if there any other roads that might be included, so now is your chance to suggest additions to the programme. Don't all rush at once!

Covid-19

At the time of writing it is still not clear what lifting of legal restrictions will mean for us. It's impossible to anticipate what life will be like, not least because new variants of the virus seem to pop up every couple of weeks. The good news is the vaccine programme has been hugely successful. with most new cases limited to the young with much milder symptoms and fewer hospital admissions.

I hope you all keep fit and well. As usual, if you would like further information on the issues above or anything else in the ward please do get in touch.

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07810 640282 or email
billy.flynn@leeds.gov.uk

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and goes out to 460 homes except for
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Full page £140 per annum

Half page £80 per annum

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+ £20 for alterations

For further information contact:

Beryl Thompson
10 New Adel Gardens,
Leeds LS16 6BD



0113 267 3875
beryl890@btinternet.com



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Graham

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AB - Bardsey

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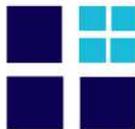
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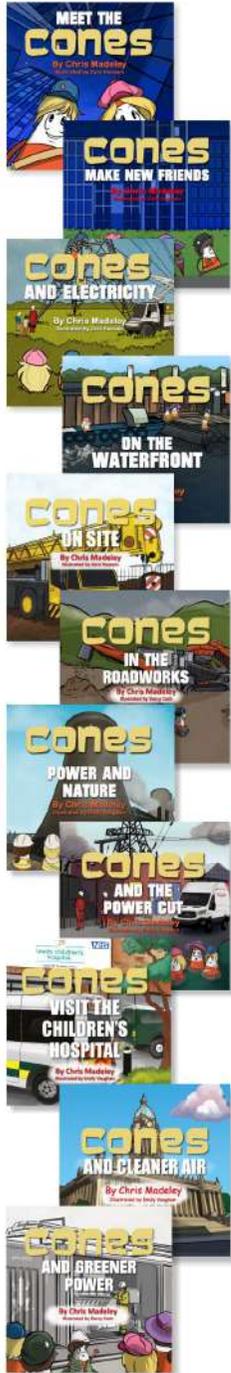
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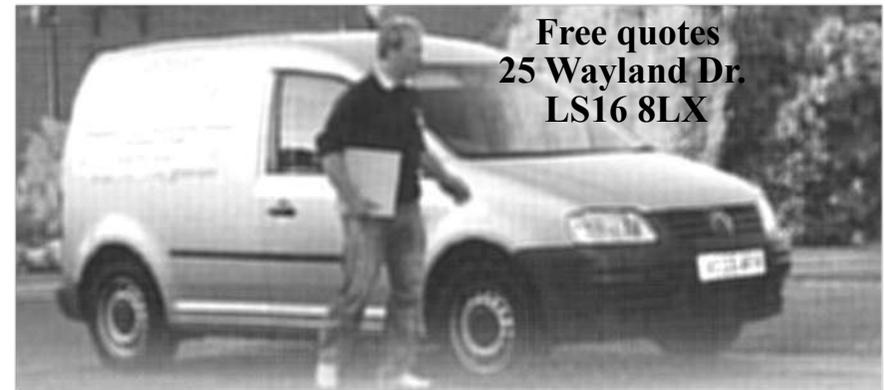
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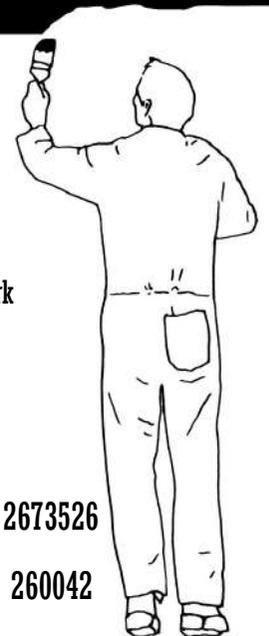
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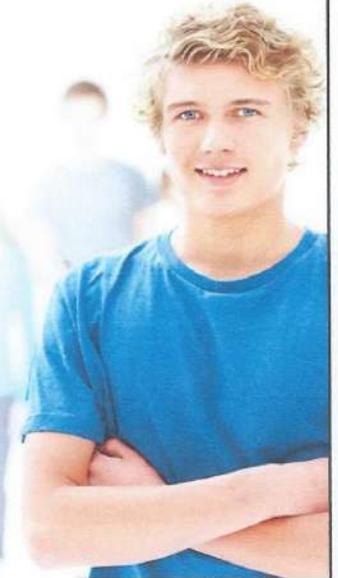


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Church Services



September

Wed 1st	11am	Eucharist
Sunday 5th		Fourteenth Sunday after Trinity
	9.30am	Parish Eucharist*
	11am	Parish Eucharist*
	6.30pm	Evensong
Wed 8th	11am	Eucharist
Sunday 12th		Fifteenth Sunday after Trinity
	9.30am	Parish Eucharist*
	11am	Parish Eucharist*
Wed 15th	11am	Eucharist
Sunday 19th		Sixteenth Sunday after Trinity
	9.30am	Parish Eucharist*
	11am	Parish Eucharist*
	6.30pm	Evensong (BCP)
Wed 22nd	11am	Eucharist
Sunday 26th		Seventeenth Sunday after Trinity
	9.30am	Parish Eucharist*
	11am	Parish Eucharist*
Wed 29th	11am	Eucharist



Church Services



August

Sunday 1st		Ninth Sunday after Trinity
	9.30am	Parish Eucharist*
	11am	Parish Eucharist*
	6.30pm	Evensong
Wed 4th	11am	Eucharist
Sunday 8th		Tenth Sunday after Trinity
	9.30am	Parish Eucharist*
	11am	Parish Eucharist*
Wed 11th	11am	Eucharist
Sunday 15th		Eleventh Sunday after Trinity
	9.30am	Parish Eucharist*
	11am	Parish Eucharist*
	6.30pm	Evensong (BCP)
Wed 18th	11am	Eucharist
Sunday 22nd		Twelfth Sunday after Trinity
	9.30am	Parish Eucharist*
	11am	Parish Eucharist*
Wed 28th	11am	Eucharist
Sunday 29th		Thirteenth Sunday after Trinity
	9.30am	Parish Eucharist*
	11am	Parish Eucharist*

Please bear with us in these uncertain times. We may need to continue to ask you to book for services marked with * and to limit attendance. Details of how to book on page 7.

Please keep consulting the church website in case of changes.
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