



# ADEL BELLS

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## Parish Magazine 70p



Watercolour painting by John Edwards

# August/ September 2025

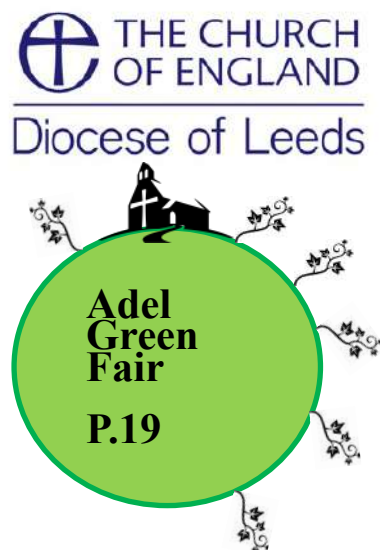
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[www.adelparishchurch.org.uk](http://www.adelparishchurch.org.uk)

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**Church Open for Visitors**  
 Monday and Saturday 1.45pm to 3.45pm

## Parish Registers Funerals

**12th June**  
 Jane Leach

**25th June**  
 Joan Nash

## Burial of Ashes

**14th June**  
 John Calvert

**6th July**  
 Geoffrey Varney



## Festivals & Feasts

**6th August**  
 Transfiguration of Our Lord

**15th August**  
 The Blessed Virgin Mary

**25th August**  
 Bartholomew the Apostle

**15th September**  
 Holy Cross Day

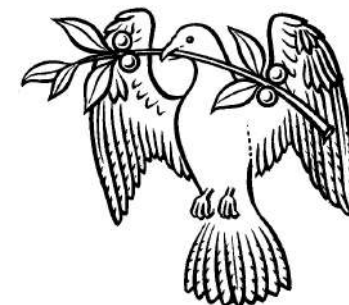
**21st September**  
 Matthew, Apostle and Evangelist

**29th September**  
 Michael and All Angels



God of love,  
 Whose compassion never fails;  
 we bring before thee the troubles  
 and perils of people and nations,  
 the sighings of prisoners and  
 captives, the sorrows of the  
 bereaved, the necessities of  
 strangers, the helplessness of the  
 weak, the despondency of the  
 weary, the failing powers of the  
 aged, O Lord draw near to each;  
 for the sake of  
 Jesus Christ our Lord.

**Anselm (1033-1109)**



## From the Editor

I'd like to wish all readers a happy and satisfying summer whatever your plans. The hot weather we are experiencing as I write this puts a lot of demands on us, so I hope you have all managed to keep safe and well.

August in Adel may well be the quiet season, but this two month issue highlights the possibilities of exciting community events for late August and September, starting with the Adel Gardeners' Flower and Produce Show on 30th August (see p. 36).

The highlight of June was the Adel Green Fair, which involved a lot of local organisations and caused us to think more carefully about how we can be more attentive to the needs of our planet. It also gave visitors an opportunity to have fun and enjoy spending time together. It was a true community event and you can read the stallholders' views on p. 19.



I expect you have noticed from time to time on your travels, as I have done, the appearance of postbox toppers, like the one in the photo above. Sometimes they highlight a specific event or perhaps just draw attention to a local group's activities. I have long nurtured a thought that I would like to create one for Adel, perhaps during the Christmas season.

You start off by creating a surface which covers the top of the postbox and then various knitted or crocheted items get attached to it. I think this would be a big job for one person, so my question is would any of our readers like to get involved? We could share ideas and hopefully come up with an eye-catching display. Do get in touch if you are interested. Contact details below.

**Marjorie**

If you would like to have an annual subscription to Adel Bells, please get in touch with me and I will give you the necessary information.

**Marjorie, Editor, 0113 2610069, adelbellscm@gmail.com**

## Rector Alison's Letter

### Out of our comfort zone

Dear Friends

I recently had the pleasure of visiting the year 6 children from our school on their residential. This is a lovely end to their primary school days, with the chance to try out new physical challenges as well as having fun together.

The three-day trip involves a variety of activities focused on fun, team work, and taking the children out of their comfort zone in a safe environment. One of the most memorable activities was the high ropes course. Teams of three helped one another climb between suspended logs, the highest of which were quite a long way up!

Making progress involved balancing precariously in a position which gave a knee for someone else to use as a leg up; pulling yourself up on a log you could only just reach; standing up on a log with nothing to hold onto except your friend. I don't think I would have been very good at it.

Watching the children tackling this activity however, I realised that actually, some of them were firmly in their comfort zone. This was true also of archery and practical problem solving. Sometimes these were young people who don't find the important day-to-day school fare of reading,

writing, maths particularly comfortable.

It reminded me that 'out of my comfort zone' is a very personal thing; and that what is outside my comfort zone is almost certainly in someone else's. That is a rather lovely thought. Sometimes a friend suggests a book, a TV programme, a concert I might like. Or I'm invited to try a new activity. I might refuse because 'it's not my sort of thing'. But of course, it is their sort of thing, and they are kindly inviting me into their comfort zone.

I think I will use this idea in the coming weeks when someone suggests something new. We are very lucky in Adel that there are so many things we can try. All sorts of activities take place at the AWMA, in the Stables and organised by OPAL. All of them someone's comfort zone into which they will be pleased to welcome us.

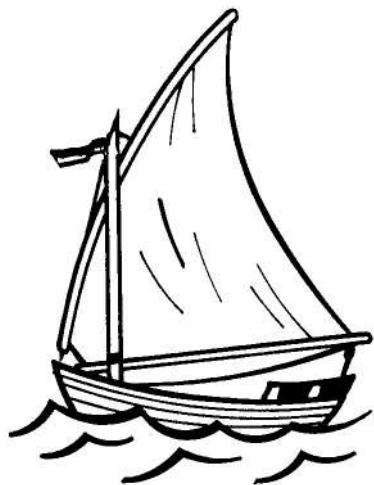
As a life long Anglican, church is obviously my comfort zone. That's not true for everyone, but we do our best to welcome anyone who ventures in. If you too are already comfortable in church, perhaps you would like to try something new. There are a variety of services, a prayer group and a bible study group and many roles for volunteers...if you see something you fancy trying, then let us know.



Perhaps we should all venture into someone else's comfort zone this summer. If you do, let me know how it went!

With love and prayers

**Alison**



## Dates for your diary

### **Saturday 27th September**

Talk by Joyce Hill  
See p. 12

### **Sunday 19th October**

Harvest Lunch  
More details in October

### **Saturday 22nd November**

Christmas Coffee Morning

### **Sunday 7th December**

Christmas Concert  
Leeds Guild of singers

## A New Bishop

As we make plans for appointing the next Bishop of Leeds, it is important that we all pray and as we pray together, in varied ways, in different contexts, so we will continue to grow together.

Almighty God,  
you give us bishops to be shepherds  
of Christ's flock  
and guardians of the faith;  
to celebrate the sacraments, proclaim  
the Gospel,  
and lead your people in mission.  
Send your Holy Spirit upon this  
Diocese of Leeds  
to guide us in this season of loving,  
living and learning.  
By your grace, may your choice for  
our new bishop be discerned,  
that we may receive them with joy;  
walk with them in faith;  
and serve with them in hope.  
Through Jesus Christ our Lord.  
Amen



Bishop Nick is retiring in November

## Also in September . . .

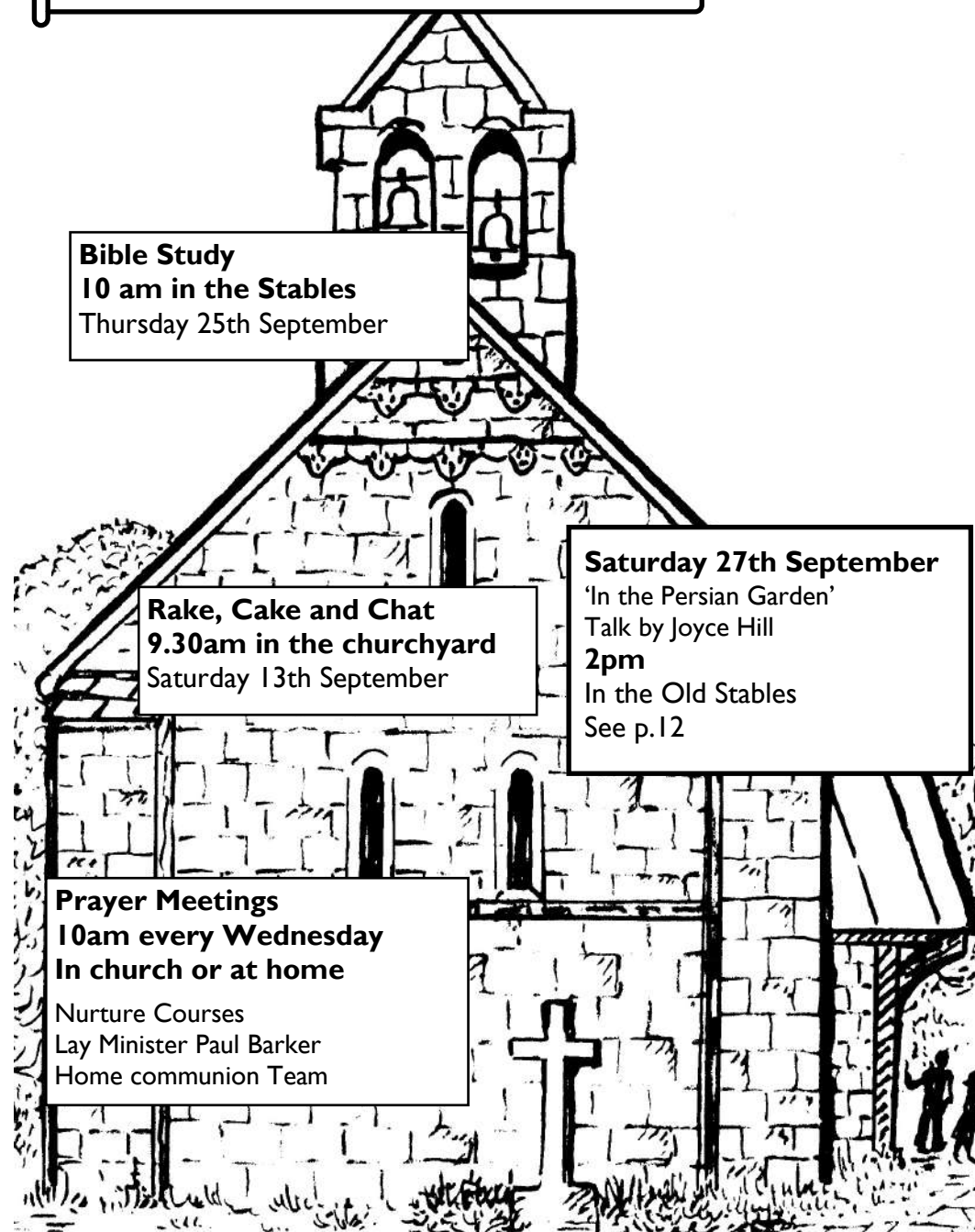
**Bible Study**  
**10 am in the Stables**  
Thursday 25th September

**Rake, Cake and Chat**  
**9.30am in the churchyard**  
Saturday 13th September

**Saturday 27th September**  
'In the Persian Garden'  
Talk by Joyce Hill  
**2pm**  
In the Old Stables  
See p.12

**Prayer Meetings**  
**10am every Wednesday**  
**In church or at home**

Nurture Courses  
Lay Minister Paul Barker  
Home communion Team



## Rev'd Ian Reflects

### Let's eat even more cake!

I hadn't intended to write more about cakes, but a couple of things happened that suggested that there was more to say on the matter of eating in tune with the Feasts and Seasons of the Church year.

The first was Beryl Thompson asking me whether I had eaten Epiphany cakes (no, I hadn't); the second was an article from The Courtyard Dairy in the Dales about the origin of Yorkshire Curd Tart; a favourite since my arrival in Yorkshire 50 years ago. And these made me think about how eating particular foods is embedded in the Church's year.

Curd tarts were associated with Whitsun (Pentecost). The association came about because when the cows were put out to grass after calving, around Whitsun time, the quality of the milk wasn't good enough for cheese, so needing something to do with the curds, curd tarts were made. The association stuck for some time although now of course curd tarts are available all year round.

Traditions come and go. How many of us keep 'Stir up Sunday', the last Sunday before Advent, when Christmas pudding mixtures are to be stirred up before being left to mature before cooking? Liturgically related to the Collect for the day, "Stir up, we

beseech thee, O Lord, the wills of thy faithful people," the tradition shows us that prayer and action are in accord with one another.

So, to Epiphany, or King cakes, for the magi who came to worship Jesus. Almost every European country has its own version, except that the cakes always contain hidden within them something to represent the baby Jesus. More liturgically appropriate than a sixpence for luck in Christmas pudding.

Then Candlemas. Eating Candlemas cake was a tradition in Newfoundland, where the weather is still cold at that time and it was an occasion for merriment in the continuing darkness. Eating it, especially preparing it, was a social activity.

Celebrating and eating together is one of the things that builds our Christian community, for we are to be a community of love for one another, our mutual love giving others a picture of a better way of being human.

There are more examples, of course, e.g. hot cross buns, Simnel cake. Perhaps you can think of some Church season delicacy now out of use that we might bring back? Anyone for a pancake party next year?

**Ian Johnston**

## In Brief

### 100 Club Draw

*The draws for April and May were delayed due to ill health and holidays. With apologies from all concerned.*

#### April

1 Sarah Johnson	£80
2 Keith Madeley	£40
3 Mark Seaward	£30

#### May

1 Chris Madeley	£80
2 Carole Smithies	£40
2 James Moxon	£30

#### June

1 Jill Holloway	£80
2 Ian Johnston	£40
3 Carole Smithies	£30

### Congratulations to Jill

Jill Dilks was awarded an OBE, "For services to Residents of Approved Premises and to the Wider Criminal Justice System (Leeds, West Yorkshire)". Her dedication to that cause over many years will have changed many, many lives for the better, impacting not only those in direct receipt of it, but also society as a whole. On behalf of all at Adel church, congratulations to Jill on this well-deserved recognition.

### Snippets from the past

Rector Donald Thompson's wife June was given a voucher for roses when

he retired. She wrote, "I chose a rose called 'Rambling Rector'. Although it may not be the most fragrant, hardy or strikingly beautiful, it will have pride of place just inside our back garden gate."

### Becoming a school governor at Adel St John's

The Governing body is designed to be a "Critical friend" of the school, there to monitor the school's performance, ensure financial responsibility and to hold leaders to account. That all sounds quite involved, but there is a wide range of training available that is delivered in different formats, by different agencies.

The Governing board meets three times per year, and each governor is expected to join one of our three focussed committees who meet three to four times a year. Occasional visits to school will be required, but this will be once or twice a year.

This is an incredibly fascinating and rewarding voluntary role. You really can make a positive difference to the children in our wonderful community, and help to shape the generations of the future.

If you are interested please contact Andy Neale

[andy.neale@adel-st-john.leeds.sch.uk](mailto:andy.neale@adel-st-john.leeds.sch.uk)

## Letter from Lily

Hi Everyone,

Well now, last month's letter to you all was written in anticipation of our holiday with our family in Weston-Super-Mare. I'm sorry to have to tell you that this didn't happen because Mark is really poorly again – thank you for praying for him, he really appreciates this and he sends his love and thanks to everyone. I just wanted to tell you how much your prayers mean to him. There are so many people who need God's help so we must continue praying for those in need of His love, compassion and healing.

As if Mark being poorly again wasn't enough for my family to cope with, his son Ben was whipped into hospital with a ruptured appendix this week – I'm not sure what that is, but my Mum told me it's very dangerous, so prayers were answered and I'm really pleased to tell you that he is home and recovering well.

Having something wrong in our lives makes for difficulties if we don't take everything to God in prayer. God is not a sticking plaster to make everything better or go away; He helps us to deal with things, which is equally important – we can't always see the big picture as He can.

I'm only very young (I'm two on 25<sup>th</sup> August!) but life is teaching me lots of

lessons. We'd like every problem to disappear straight away, but remember God knows what is best for us. He is teaching us to have faith and endurance.

I am learning about compassion and thinking about others – a dog's-eye-view can be perceived as being a bit selfish: *my toys, my dinner, my chewies, my walks, my zoomies* – oh dear that got me into *so much trouble* last week! (For the uninitiated: 'zoomies' are going round-and-round, faster-and-faster 'til you're ready to drop!) I was staying with some of my other family (you've heard me talk about Elvis – black cocker-poo, one brain cell) and I woke up on his Mum's bed, saw him asleep in his bed, (in his right place on the floor) and I made a bad decision that it would be great fun to do some 'zoomies' round the bedroom. So, I woke him up (which took quite a few paw-slaps) and persuaded him to join me. I can't understand why, but his Mum was not best pleased. Told me that 2am is no time for 'zoomies'. Fine! – I'd had enough 'zoomies' anyway, so I considered I'd won. As I was trying to go to sleep I thought, oops, it's so not all about me and what I want to do so I'll join you as we now pray for those in need of God's help and consolation.

God bless. Woofs & Lix

Lily

## In the Persian Garden: Refuge and Refreshment

### Saturday 27th September

An illustrated talk

by Professor Joyce Hill

in the Old Stables

Meet at **2pm** for tea/coffee and biscuits.  
The talk will start promptly at 2.30pm

**£5 per person, booking needed**

An illustrated exploration of how Persian Gardens, ingeniously created in desert landscapes as statements of wealth and power, quickly became enduring symbols of paradise

Book in church at the start of  
September or email  
[adelparishchurch@gmail.com](mailto:adelparishchurch@gmail.com)

# Environmental News

## A season of reflection and renewal

As summer fades, and the cooler air of autumn greets us, nature shifts gears. The leaves fall from the trees, the critters under our feet help break them down, releasing nutrients back into the earth. Recycling is part of the circle of life. We can learn a lot from this, and during this season of reflection and renewal, we mark Creationtide from September into early October. It's a time to celebrate our relationship with creation and recommit to caring for the environment with fresh intention.

What is Creationtide? Creationtide, also known as Season of Creation, is an annual event dedicated to God as the Creator and Sustainer of all life. This year, the theme is Peace. In a world grappling with conflict, war, and destruction, this theme resonates deeply. Such strife leaves behind barren landscapes, and our destructive actions negatively impact our planet, threatening life itself—leaving nothing to cherish or to recycle. With conflicts escalating across the Middle East and other regions, please join us in prayer for peace, justice, and love to unite us. We pray for world leaders to set aside their differences, engage in meaningful dialogue, and foster true peace so that we can all dedicate ourselves to caring for creation.

Looking back at the success of our summer green fair, I would like to take a moment to thank everyone who helped make it possible. From the dedicated organisers and volunteers to those who ran the stalls, your contributions were invaluable. A special thank you to York Gate for their generous prize donations for the tombola. Julia had a fantastic time running it, and her energy added a real spark to the day! Talking earlier about critters under our feet, Lucy created some charming bug hotels, hope some of you manage to pick one up or learn something from her! These are important features we can have in our garden. These small sanctuaries that shelter beneficial insects and remind us how even tiny creatures matter.

And finally, most importantly, thank you for your continued support. Little steps together, we can raise local awareness, and we're hopeful our message will reach even further afield, and maybe change the world for better and bring about lasting peace.

Here's to a meaningful Creationtide and to nurturing the world we share, one leaf, and one prayer at a time.

**Tang x**

# My Church Journey

## My father had trained for ministry

Growing up, Church has been a central part of my life journey, as has singing.

Wherever we lived, my mother and father were very much part of the church. My father had trained for ministry, but instead found a calling to administration and local government in which he spent his entire working career, while continuing his ministry in the Church of England as a Reader.

As my father was promoted into different roles in his work, we moved up and down the country: I was born in a little village in Hampshire; we then moved to Cheme in Surrey before then moving to Ribchester in North Lancashire, where I first remember the church we attended, St Peter's, Salesbury in the Blackburn Diocese.

We were going to stay in Lancashire, but things happened and we moved to Rickmansworth, Hertfordshire – the middle of a large, busy town north of London. The church and church school was St Marys – I think I may have briefly joined the church choir, but not to rest; we then moved back north, to a small village just east of the A6 between Shap and Penrith down



the Eden Valley. The village church – St Bartholomew's, the Encourager – was possibly a little smaller than St John the Baptist; a small congregation and, over the years that we *did* stay there, I became pretty much The Church Choir, ie, only me, although I did go through the Royal School of Church Music chorister training to wear a Senior Chorister ribbon.

We moved to Cumbria when I was 11, the long, hot summer (then not so frequent) with water restrictions and

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standpipes (at least, there was talk of standpipes in Rickmansworth) of 1976. We moved to Cumbria that August... and it started to rain!! The locals said they were very pleased that we had brought the rain... little did we anticipate that it would continue to rain – a norm for the Eden Valley.

I was brought up in five different places before I was 11. I had definitely made friends I then missed, both in Lancashire and in Hertfordshire; I then had to make a new set of friends in Cumbria, alongside year 7, in a totally unknown area and a totally new school; my sister had to repeat her lower 6th year (year 12?) as the subject syllabus was quite different.

After mid Cumbria, I moved to Carlisle when I was 22 and then across to Leeds in April 1992.

In the summer, just before I moved to Carlisle to start working, I spent a week in an ecumenical youth camp, Taizé in France, and came back to Carlisle with (I felt) a revitalised experience of the Spirit of God. I had intended to attend Carlisle Cathedral regularly, but instead joined an Elim Pentecostal congregation in which I felt very welcomed; and I loved the music! Over the next five years, I became a member of the church music band and, a little different from the pentecostal band, the cathedral associated amateur choir, the “Abbey Singers”.

Coming to Leeds in ‘92, I joined the music group in the Bridge Street Elim Pentecostal and also the Leeds Festival Chorus. I married, and together with my wife, Sarah, and my daughters, Rachel and Martha, spent the next 11 or 12 years attending Bridge Street. Upon moving to Adel in 2001, my family and I continued attending Bridge Street.

As things changed in the family I became aware of St John the Baptist at the top of Long Causeway. Brought up in the CoE, there was still a core of reverence – stillness – that I could not find in the pentecostal tradition. I began to rise early on Sunday and join the 8am ‘Said Eucharist’ at St John the Baptist; this was during the interregnum between George and Tim. I began to feel welcomed to the Church and cautiously began to play a part in the Church body.

I have now spent more than half my life in Yorkshire and the longest time in a single church community, part of a community in which I feel happy and blessed, seeing the ministry and people of God change and grow, including me!!

**Heron Brown**



**Heritage Open Days** return with a focus on Architecture!  
See booklets available from the back of Adel Church  
or from Holt Park Library.

**Adel Church OPEN Monday 15th Sept 1pm-4pm**

**St John's Conservation Area Walk,**  
meet **2 pm at Adel Stables, on 15th Sept**  
with Wendy Grisedale & Val Crompton.  
Book with Val , Email : [vjcrompton@ntlworld.com](mailto:vjcrompton@ntlworld.com)



## QE Corner

Here it is again..... QE (Quite Enlightening) Corner. You all know that I like trivial information, so for your enlightenment I am presenting you this month with another miscellany of “facts(?)”

In the 1930s chickens were given rose-tinted glasses to stop them from pecking each other's eyes out.

According to a traditional Korean folk tale, if you don't carefully dispose of your nail clippings a mouse will eat them, turn into your evil doppelganger and replace you.

Ruth Wakefield, the inventor of the chocolate chip cookie, sold the idea to Nestle for \$1 and a lifetime's supply of chocolate.

Elgar's 11th Enigma Variation was inspired by a dog called Dan who fell into a river. The music narrates Dan falling into the water, paddling upstream and climbing out while barking.

Researchers in San Francisco have observed a seagull hitching an 80 mile lift on a garbage truck, twice in one week, to get to the largest food waste composting facility in the US.

The Bottle Inn pub in Dorset holds the Stinging Nettle Eating World Championships. In 2025 the men's winner ate 74 feet of nettles.

Dogs enjoy listening to audiobooks.

A standard breakfast for Queen Victoria was mutton chops, sausages and a steak. She suffered from chronic flatulence.

The English language has more words borrowed from Hawaiian than from Welsh.

One of the early activities of The Dull Men's Club, established in 1988, was a bus tour. They didn't travel anywhere by bus, they walked around it a few times with the driver explaining the tyre pressures and turning on the windscreen wipers.

In the 2010s, the copper water pipes in new houses in the Swedish town of Anderslöv caused residents' hair to turn green.

In 1864, thousands of people tore a hot air balloon to shreds in Leicester's Victoria Park, because it was not as large or impressive as they had been promised. The citizens of Leicester temporarily earned the nickname 'Balloonatics'.

*Please note these “Facts(?)” are all from the internet, so don't blame me if they are not correct!*

**Trevor Cole**

## Words from Joyce Hill

### The Beheading of John the Baptist

On 29 August most Christian churches celebrate the Beheading of John the Baptist. In the *Calendar of Common Worship* it's printed in ordinary roman typeface, in black, showing that it counts as a Lesser Festival, ranking below a major feast-day, such as Christmas, Candlemas, Easter, Michaelmas etc., but above commemorations, which are usually — though not always — of significant people from more recent times. Saints' feast-days are normally celebrated on the anniversary of their deaths, which makes sense because what is being celebrated is their entry into eternal life (their spiritual 'birthday'). But in John's case, as is also the case with Jesus, we know about his physical birth from the gospels. So for John — as for Jesus — the date of his actual birth is a major feast. This is celebrated on 24 June and is a red-letter day in the liturgy, one of the principal feast-days of the church. Yet the liturgical marking of John's beheading is almost as old as the marking of his birth. It seems to have been established during the fifth century, quite soon after the Roman Empire adopted Christianity as the state religion and the church began to establish an annual liturgical cycle of public celebration. All the surviving Calendars from Anglo-Saxon England list the Beheading for 29 August, but

usually do so in capital letters, which means that they regarded it as a significant feast, although not quite ranking with that of John's birth since, in many Calendars, the entry for 24 June, is made more prominent by being in colour or written in gold.

The Synoptic Gospels of Matthew, Mark and Luke give us the fullest accounts of how John came to be beheaded. By contrast, John's gospel states that he was arrested, but supplies no motive for this and makes no reference to the execution. The other three gospels state that he was arrested by Herod Antipas (then ruling Galilee as a puppet-king of the Romans) because John criticised him for marrying Herodias, his brother's ex-wife. Luke gives no motive for why Herod then subsequently beheaded him. But there is more detail in Matthew and Mark, who both state that it was done at the request of Herodias's daughter. Mark says that Herod was in fact reluctant to execute John because he recognised John's holiness. Matthew, on the other hand, says that he did want to kill John but was reluctant to do so because he was afraid of the reaction of the people. In the event, as described by both Matthew and Mark, he was cornered into doing it anyway: Herodias's daughter danced before Herod when his birthday was being celebrated, and this pleased him so

much that he swore on oath to give her whatever she asked. Prompted by Herodias, what she asked for was John's head on a platter. The name of Herodias's daughter, Salome, is not given in the gospels, but the Jewish historian Josephus in his *Antiquities*, written c. 94, says that Herodias had a daughter named Salome, who then became the step-daughter of Herod Antipas. Josephus, however, makes no reference to Salome's dance or the

beheading of John.

Scenes associated with the beheading of John are very common in western art. The richness of the story's detail, with its feasting, dancing, execution, and presentation of the head on a platter, allowed for many different approaches and gave the artists a great deal of scope for imaginative representation.

## A Community Event

*A huge thank you to all who helped make our Green Fair a lovely community event. To all who donated, everyone who carried stuff in and out, baked, put up gazebos, helped on stalls, made things, decorated and opened the church, entertained young people, served refreshments, brought information to help us be more aware, to York Gate for their donations which resulted in our very successful tombola. This is what our stall holders thought about it.*

### We sold bags to store your non-recyclable plastic in

We had a very happy day and offered advice about recycling. Many people recycle their soft plastic but very few knew that "blister packs" for various tablets should not be put in their green bin (not recyclable by the council) and if put in the black bin they remain **for ever**. Boots the chemist will take these and recycle them in many of their stores – Otley, Leeds, Guiseley,

Kirkstall and Harrogate – not yet in Headingley sadly. We have small bags made especially to store these in. Have a word with one of us if you would like to buy one.

### Hilary and Catherine

### Nature's unravelling

At the Green Fair, I offered a reflective space on the climate and ecological emergency, sharing poems of lament and holding conversations to help us emotionally engage with the disorientation we feel in the face of nature's unravelling.

### Rev'd Jon Swales

### The Adel Gardeners' Club team

We thoroughly enjoyed meeting keen gardeners and not-yet-gardeners - and several dozen eager children, who sowed pea shoots into recycled containers! We hope the crops have been tasty!

### Barbara Hodkinson

## Caring for Life

The weather was perfect for holding this community event outdoors in the churchyard. Lots of **local** artists and organisations had stalls. Mike Andrews and Trevor Browne ran our stall and they did a storm selling eggs and jam. There were sales of pre-loved goods, the all important cake stall and cream teas in the Stables. Getting children involved in selling seed bombs to children was a lovely idea. I hope overall that it was a successful fundraiser for the church and well done to all those involved in organising the event.

### Caroline Wallace Marketing Specialist

### Seed bombs and bug hotels

At the Church green fair, we sold seed bombs and made bug hotels. Junior Church made the seed bombs on a Sunday all together. We cut up newspaper and soaked it in water, then we squeezed out all the water and added wildflower seeds and made them into balls to be planted in gardens. It was a great success. When we sold them at the green fair, we made about £50.

At the same time, we were making bug hotels. We used a tin can or bottles and filled it with twigs, grass, pinecones and other natural objects. Then you take them home and put them somewhere in your garden and

wait for the bugs to move in! Hopefully we'll see lots of wildflowers being grown all over Adel attracting lots of bees and butterflies.

### Lucy Clarke

### The Wild Flower Walk

We first looked at the Adel Churchyard Flora & Fauna, shown in glowing colours, on the South Wall stained glass window (given in 1955, in memory of George Bray).

Then we walked down towards the Cricket Field, past Cow Parsley, Herb Robert, Fox & Cubs and wild Blue Geraniums. We completed a circuit of the sunlit churchyard, seeing more wild flowers, including Red Field poppies, Yellow Welsh poppies, Blue Betony and the Purple Hedge Woundwort.

### Val C & Wendy G

### In the Refreshments room

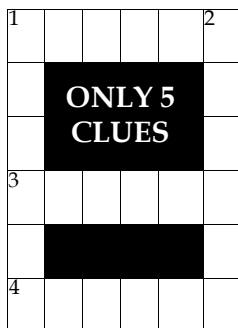
For three hours I hardly lifted my head, "We've plain scones, fruit scones, cheese scones, and vegan scones. Clotted cream, jam, butter and strawberries. Take your pick, then we'll serve you tea or coffee with free refill." Very popular!

### Jenny Jones

*A big thank you to all those who helped Jenny!*

## Puzzles

### GENERAL KNOWLEDGE CLUES



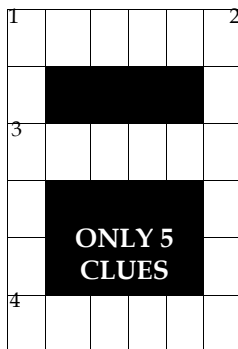
#### ACROSS

1. Round figure
3. Object of attack
4. Chat

#### DOWN

1. Swiss state
2. Newspaper head

### CRYPTIC CLUES



#### ACROSS

1. Is concerned about son's embrace
3. FBI agent with gold article that goes to his head?
4. One with an eye for sewing?

#### DOWN

1. Dress that's loose at the back placed in metal container
2. Fastener cracked plates

## Modern Scams Part 3

### Doorstep Fraud

These scams, are probably the type of crime I despise the most. Why? Because there is usually a real element of deliberately targeting the most vulnerable members of our community. Fraudsters may watch homes for a time before selecting their next victim, and they are seeking out specific types of people. They will often target the elderly or lone females; people they feel they can 'bully' using tactics such as intimidation.

These types of fraudsters are using deception to present themselves as something they are not. Many will be 'builders'... they may say they have been working on a neighbouring property, and they noticed your roof needs fixing. Or that they have spotted some damp. They may offer to inspect areas of your property that you cannot access, then show you photos that aren't even of your property! They may go so far as to throw water down to create the impression of a damp patch. They might tell you they have just the right materials left over from a previous job and can do the work immediately.

They may be insistent that you pay in cash immediately or give them a cash deposit. They might even offer to take you to the bank to withdraw cash! Obviously, many of the people who knock on your door are genuine; they

may be from our utility companies, or the council. **Always ask for ID.** If you are unsure of their ID, ask them to wait outside while you call the company concerned.

**Never use the phone number on the ID card to contact the company concerned.**

Find a generic number on the internet or phone book. Genuine companies will not mind you doing this and be happy to wait. Never allow a person into your house until you are satisfied with who they are.

#### REMEMBER:

Do not leave your front door open while you go back inside.  
Legitimate building companies do not 'cold call'!  
Be assertive... be comfortable with saying No.  
Don't allow yourself to be pressured into making any decisions there and then. Say No.  
NEVER pay upfront for goods or services you haven't received.

If you are worried, call the Citizens' Advice Consumer Helpline on 0808 223 1133

If you are very worried, call the police on 101

If a doorstep caller becomes aggressive and will not go away, call 999.

Be Safe!

**Caz Vee**

# In Your Garden

“August is like the Sunday of summer”  
-Anon

Now that we are in August we will all be searching for ways to prolong the feeling of summer. Long, sunny days and warm weather will help but since this is certainly not guaranteed then keeping your garden healthy, vibrant and in full flower will be far more reliable. The simplest and most productive thing you can do is to deadhead flowers regularly, ideally daily. It only takes minutes but provides weeks of subsequent reward. In many species this will encourage repeat flowering, significantly extending the season. For example Dahlias, roses and Penstemon are likely to benefit, but also your hanging baskets and summer bedding. If you deadheaded roses and geraniums earlier in the year then you will already be reaping the joys of a second flush of blooms. Most annuals will produce new flowers if the old blooms are removed before they go to seed. The likes of marigolds, petunias, begonias and pelargoniums and many more might continue to flower until the first frosts.

## Drought restrictions

At the time of writing it looks increasingly likely that some form of drought restrictions will be looming if not already in place. By whatever

means is available to you, do your level best to make sure you keep your hanging baskets and pots well watered, plus any new plants that you have acquired this year, and of course any vegetables you may be growing. Collect or recycle as much water as you can. The plants are almost always so much healthier with consistent, regular watering as they don't suffer the stress of the normal drought/flood cycle of a typical summer experience.

If you mulched your growing areas earlier in the year then you will now be really reaping the benefits. The soil beneath will be cooler and with less evaporation, and with no weeds taking out moisture, whatever moisture remains will last a lot longer for the benefit of the plants that you want.

## Time to order your spring bulbs

August is the perfect time to be ordering your spring bulbs. If you want new or enhanced spring colour then scour the newly released catalogues or search online. You should receive your orders in the autumn ready to be planted for a fine display next year.

**George Turnbull**  
enquiries@adelgardencare.co.uk  
www.adelgardencare.co.uk

# History Talks

## Abbey House Museum

### Throwback Thursdays

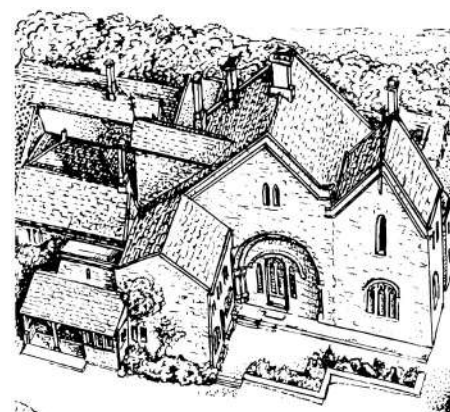
This is a new free adult drop in event! Each session will be in the **Gatehouse** where you can come at 2pm and join in discussions and share your memories of our topic of the month, over a cup of tea.

### On Thursday, 14th August:

### Remembering 1945 2pm-4pm

A chance to look back at the end of the Second World War, 80 years ago. Come and share your memories, or memories relating to the end of the conflict passed on by your friends and family.

Contact **Patrick Bourne** for more details.



**The 1152 Club meets once a month on Tuesdays, at 10am - 11.15am, during term-time. at Abbey House Museum**

Free parking near Abbey House.  
**Patrick Bourne.** Kirkstall  
Abbey, Leeds LS5 3EH  
Kirkstall.abbey@leeds.gov.uk  
For details, **0113 378 4079**

or contact **Val Crompton**

We meet next on **Tues 7th Oct.**  
The Great Mortality:  
**Black Death in Yorkshire**  
1348-1350, with Mortica

This is a free, friendly local history group for adults aged 55+, and includes a hot drink.



# OPAL Activities

## Our new minibus

Hopefully many of you will have already seen our new minibus which we have bought to replace our old blue minibus. Although we all loved the old minibus and it has meant we could offer more transport support to our members, it was starting to show its age. We were extremely grateful to get a grant towards the cost of the new minibus and we have been busy fundraising to make up the rest of the money we needed.

Ailsa Rhodes MBE, the CEO of OPAL, ran the Leeds Marathon and raised over £5,000 (she is incredible), Gayle's (transport coordinator) husband and a group of friends did the Three Peaks and raised approximately £700 and I had my head shaved and raised approximately £1,200 (I apparently have a nice shaped head).

We still need to raise at least another £18,000 and if you feel like you would like to donate it is not too late. You can go to the OPAL Facebook page and follow the link to our LocalGiving Fundraising page or see our website for other ways to donate. We understand times are hard but we really appreciate every penny you donate, if you are not able to donate please spread the word about OPAL. We are always looking for new members and rely on word of mouth to reach people who haven't

already engaged with us.

OPAL will continue to strive to meet all the needs of the LEEDS 16 community and we are looking forward to seeing lots of familiar faces as well as new faces at our annual **Community Fun Day**. This will take place on **13th September, 11am-2pm**. Please come along and see just what an amazing place the Welcome In is and what OPAL does in the local community.

## Wellbeing Walks

We meet every Thursday at 10am, normally in the café. We alternate between rural and city walks. We use fully accessible routes and do about 1.5 hours of walking that also includes tea and biscuits. We often travel by bus or use car share. This is a great chance to keep healthy. More details on this in the October issue.

If you would like any more information about OPAL or any of the activities we offer please contact us on 01132619103, email us on [admin@opal-project.org.uk](mailto:admin@opal-project.org.uk) or come in to see us at the Welcome In Community Centre 55 Bedford Drive, Leeds LS16 6DJ.

**Shelley Clark (she/her)**  
Project Worker

# ADEL gardeners FLOWER & PRODUCE SHOW

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Crafts  
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OR E-MAIL:  
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OR CALL: 07767 600903  
NON-MEMBERS' ENTRIES  
WELCOME

## York Gate Update

There's a new gardener at York Gate, his name is Geoff and he is most often to be found in the Kitchen Garden. He doesn't seem to do a lot but he watches over our trainee gardener who has been trialling some new planting schemes there.

The Kitchen Garden still has the rustic and homely feel of a potager or cottage-style garden, as favoured by the Spencers, with beds dissected by narrow paths, where rows of salad crops, roots, peas and beans fill each space. But new production methods have been introduced this season.

The large bed above the compost bays, where Gertrude and her piglets live, has been planted as a permaculture-inspired space and features a range of fruit bushes and edible perennials. As well as more familiar fruit, you will find jostaberry, wineberry and mulberry bushes and even a fig, interplanted with hostas; hosta leaves are edible and a favourite of the Japanese (as well as slugs!!).

As an avid listener to Gardeners' Question Time, I have long been aware of companion planting being used as a form of pest insect control: planting onions next to carrots keeps the dreaded carrot fly away and marigolds keep aphids away from tomatoes or runner beans. Flowers as companion planting are also a beautiful addition to any potager.

The indigenous peoples of the Americas developed a symbiotic form of planting their staple vegetables. Sweetcorn, squashes and climbing beans were planted together to promote healthy growth and improve soil fertility. These three "sister" crops have given rise to a method of planting known as The Three Sisters and it is being trialled at the top of the Kitchen Garden. The sweetcorn stalks will serve as a trellis for the beans to climb, whilst the beans are also fixing nitrogen in the soil, and the wide leaves of the pumpkins will shade the soil keeping it moist and weed free.

The primary aim of any vegetable gardener is to supply an abundance of food for the table but what sets a kitchen garden apart is its aesthetic appeal. It should feature plants chosen for their decorative as well as taste-driven qualities. Mixing flowers as companions also encourages pollinators to the garden – and who doesn't enjoy the hum of bees and fluttering of butterflies while working in the garden?

In late summer the Kitchen Garden will have fruit, vegetables and salad leaves ready for harvest, much of it destined for use in our café. do come and see how our garden trials have fared - and say "hello" to Geoff!

**Gillian Smith**, Heritage Volunteer.



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## What's On

### Adel Sports & Social Club Adel Beer Festival



**Friday 29th August**

6pm 'til late

**Saturday 30th August**

1pm 'til late

**Sunday 31st August** Family Day  
12 noon 'til beers run out!

Entry £12.50, includes a festival glass  
and a free drink token  
£2.50 per token - card payment available

Music on Friday and Saturday nights

Gin, cider, non-alcoholic drinks  
and food also available

Adel Sports and Social Club,  
Church Lane, LS16 8DE



### Headingley Flower Club at Bramhope

**Wednesday 3rd September**  
**'Strictly Rhythm'**

Sue Hodgson, Area Demonstrator NE  
7pm Guests are welcome at all  
meetings. A guest fee will be charged.  
Bramhope Village Hall,  
Old Lane, Bramhope. LS16 9AZ  
Contact Mrs Jean Money  
Tel 01924 468714



**Adel Gardeners' Club**  
**Monday 8th September**  
**'Flower Power Plus Plus Plus'**

Don Witton This talk has been  
described as being full of flowers of  
every shape, size and colour – and  
Don will also be bringing plants for  
sale.

<https://adelhort.chessck.co.uk/>



## Foodbank News

### Part of the fabric of our society

For many years our church community has supported the local branches of the Trussell Foodbank through regular donations of food and money. Whilst there are varied opinions on the need for foodbanks, they have become part of the fabric of our society. It was only after I began to volunteer at the Leeds North West foodbank a few years ago I that started to appreciate that the foodbank offers so much more than food.

### What is Trussell Foodbank all about?

Trussell Trust is an anti-poverty charity and community of foodbanks that are based on Christian principles but with all services available for any people in need – those of all backgrounds and beliefs. It was set up in 2000 in the founder's garage in Salisbury and now supports 1,400 foodbank locations and has 36,000 volunteers. Last year 2.9 million emergency food parcels were distributed through these locations. Closer to home in the Leeds North West area, over 18,000 food parcels were provided and 35% of these went to children. The nearest Trussell foodbank to Adel are based in Ireland Wood, at St Paul's Church, and Moortown in Cranmer Bank. There is also a foodbank centre in Woodhouse,

through Gateway (St Mark's) Church. The "anti-poverty" ethos is crucial – Trussell believes that foodbanks are not a long term solution for the hungry and as well as supporting individuals with advice and guidance and 'signposting' to support for their individual needs, they work to influence policy both locally and nationally with an aim of ending the need for foodbanks.

### So.....how does the foodbank work?

Food is donated in a number of ways. As well as regular church and other community collections, you may have seen the food donation points in local supermarkets, or in some supermarkets you can take a pre-prepared bag of food items to put in your trolley and pay for at the checkout. In addition, we run "food drives" at some of the supermarkets where volunteers might encourage shoppers to add an extra item to their shopping list. Trussell foodbanks collect and provide tinned and dried foods, and some toiletry items, but there are sometimes donations of fresh fruit and veg or bread products from local shop owners.

Food is taken to the main warehouse in Burley Road and distributed to the various foodbank centres across the Leeds North West area. For the



Trussell foodbanks, a food voucher is required to get help and receive food. A wide range of community organisations, charities, housing associations, Citizens Advice, and people (such as teachers, health visitors, local politicians etc) can provide these vouchers to people facing hardship in order for them to access emergency food.

### What happens when someone visits the foodbank?

It is important to make anyone who comes to the foodbank feel welcome. There are many emotions people might feel when they come through the door including embarrassment, worry and vulnerability. A welcoming smile, the offer of a cuppa and a biscuit is such a simple but important part of the foodbank session. As well as providing the emergency food parcel, volunteers signpost individuals to other support services, with the aim of helping them address the root cause of their hardship so they are less likely to need the foodbank again. For example, we have specialist advisors from the charity Money Buddies ([www.moneybuddies.org.uk](http://www.moneybuddies.org.uk)) on site to provide budgeting and debt advice. We can signpost to organisations who can help with fuel poverty, link with mental health and addiction services, connect with children's and family support services, services for those with a disability and many other groups and charities.

### How can I help?

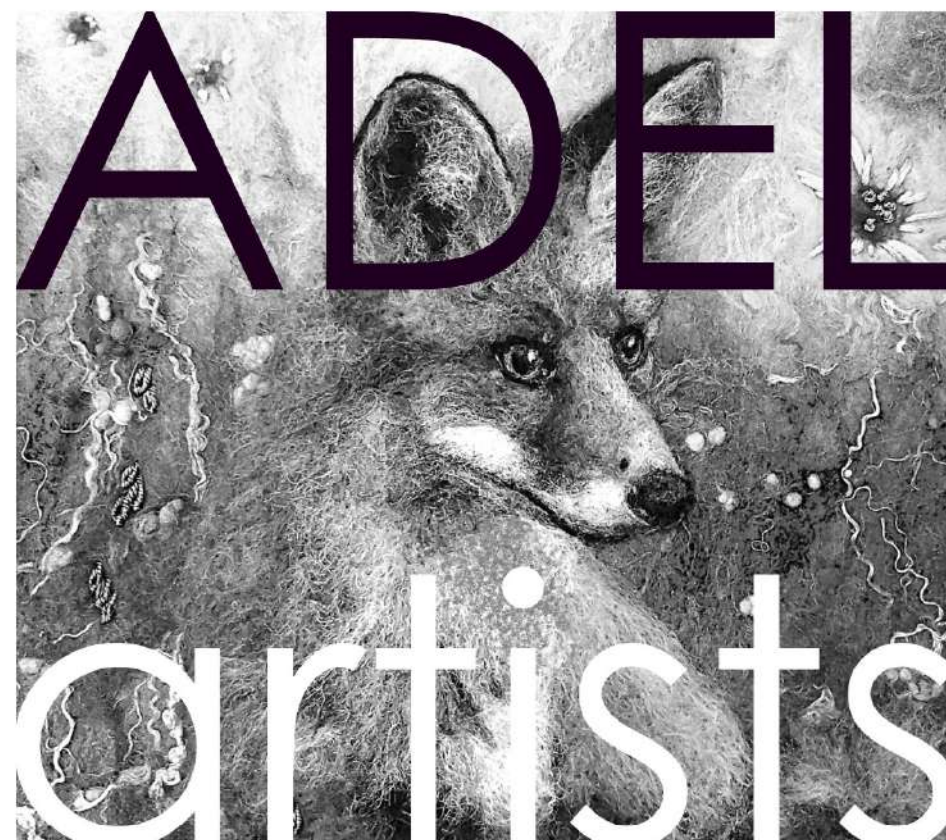
Thank you to everyone who has donated food, money or time to the foodbanks over the last number of years. It is wonderful that our church community has been part of the initiative to support others in this way and as a volunteer I have seen how foodbanks can make a difference. It is not surprising that the need for emergency food has risen with the increased cost of living. However, recently the amount of food donated has fallen. There is a seasonal trend to donations, but food is needed all through the year. Food that is left at the collection point by the font in church is taken regularly to the foodbank but you can also donate at the supermarkets such as Tesco, Asda and Waitrose. Those who are comfortable with smart phones can also access information about what food is most needed and see the donation locations through an App called "BanktheFood".

Your skills could make a real difference at your local foodbank - volunteers are always needed. You can visit the Trussell Trust website for information about the services that are provided, locations of foodbank centres, how to access a food parcel, how to volunteer, where to donate and lots more.

**[www.trussell.org.uk](http://www.trussell.org.uk)**

Thank you to all those who have donated and helped towards ending hunger in our community. Please contribute if you can.

**Helen Law**



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# Barry Anderson

## How to Contact the Police

The Police have slightly amended the way in which they would like people to contact them to report incidents. I have been asked to let residents know that from Monday the 16<sup>th</sup> of June, contact should be made using this link for anything that is not urgent or an emergency:

**<https://www.westyorkshire.police.uk/my-neighbourhood/contact-your-local-neighbourhood-policing-team>**

For emergencies and urgent requests continue to use 999 or 101.

*"The above link will triage the request, send it to the relevant NPT with the vision that the person making contact will have a reply within 72 hours."*

## Adel Neighbourhood Plan – Referendum Result

The Referendum took place in June. The turnout was 27.21%. 1354 (95.29%) voted in favour and 67 (4.71%) voted against. This is a great result for Adel and enables us to move forward and gives us reassurance that further safeguards are put in place to ensure that the types of development we get in Adel are in keeping with the principles of the Plan.

I would like to thank the local

residents who have given up many hours of their time to drive this forward and give a clear view, and, never wavering, to ensure a positive outcome for Adel. My thanks also to the Adel residents on the Steering Group who have led on this Plan and worked so hard to bring it to a successful implementation. The Plan itself must now be taken into account by any developer who wants to build in Adel as it is a recognised planning document.

## Confusing Road Markings

I was made aware that the painted road markings which are to indicate a one-way flow by the recycling bins on Sir George Martin Drive are confusing. I took this up with the Highways Engineer who has advised as follows:

*"The signage for the one-way flow will follow in due course after our contractor had mistakenly installed the road markings earlier than planned. However, rather than remove these and then reinstate them once again, it was decided for aesthetic and cost purposes that the lines should remain on site."*

*We anticipate the legal order to advertise the formal arrangements will start imminently and should there be no objections to this arrangement, we will be able to implement this properly over the summer months. Any objections will need to be resolved and may delay final introduction slightly."*

Please support our advertisers and mention Adel Bells

## Quishing – QR Code Fraud

I have been made aware by Action Fraud that there are increasing reports of rogue QR codes. They say: "We're urging people to stop and check before scanning QR codes, to avoid becoming a victim of quishing. Look out for QR codes that may have been tampered with in open spaces, or emails and texts that might include rogue codes. If you're in doubt, contact the organisation directly. You can follow our advice on quishing, on our website at [www.actionfraud.police.uk](http://www.actionfraud.police.uk) to help protect yourself." Action Fraud can reveal that quishing happens most frequently in car parks, with criminals using stickers to tamper with QR codes on parking machines. Quishing also occurred on online shopping platforms, where sellers received a QR code via email to either verify accounts or to receive payment for

## Billy Flynn

Hi everyone

Looks like Summer is here, although I am writing this on a soggy but very warm Sunday morning in Adel.

## Local developments

Advent, the Adel Square developers held an open day in June, and I understand that over 80 people attended making it a very successful day. It has taken many years for the site to be developed, and you may

remember that it was described as a

## Gap in the Yellow Lines on Otley Road

I was asked if the "gap" in the yellow lines on Otley Road just past the junction for New Adel Lane could be filled in. I have received this update from Highways in mid-June: *"I have tasked one of my team to produce a drawing and issue this as a project to one of our road markings contractors to 'fill in' this gap in the provision, which is covered by legal Traffic Regulation Order. I would anticipate completion on site between 4-6 weeks from now, depending on contractor workloads."*

**Cllr. Barry Anderson**  
Adel & Wharfedale Ward  
Direct Dial 0113 3367742  
[www.barryanderson.org.uk](http://www.barryanderson.org.uk)  
Twitter/X @barryanderson19

blight on the local community during the consultation for the development. It is hard to believe that Barratt Homes were given planning permission to build 67 dwellings there almost 20 years ago, well before the school was moved to the other side of the site, but the application was allowed to lapse. It has taken a long time, but Advent tell me that the first residents will be moving in during the summer. It will be nice to see how the estate looks when finally finished.

Better news hopefully for the residents on the Camstead development off Dunstarn Lane. You will recall that I reported the developer went out of business before last Christmas leaving residents high and dry regarding the completion of roads, footpaths, and open areas etc on the estate. It looks as if another local developer is willing to take over the estate and complete the outstanding work, although I understand that there are some issues about the sewerage system. Fingers crossed this will happen.

### Highways news and road maintenance or lack of it

Slightly out of Adel but useful to know for residents who travel regularly to Otley or Ilkley and beyond. The council highways department has notified me somewhat belatedly of plans to reduce the national speed limit down to 50mph on a long section of the A660 from Old Pool Bank in the Otley direction. This is part of the council's plans to reduce the number of road traffic accidents across the city. You will recall that I reported several large potholes and other surface damage in Adel to the council highways department a few months ago. I am glad to say the damage has all been repaired and after an approach to me by a resident of The Drive and a joint inspection, the potholed sections of the entire road will be patched by the end of July. I should emphasise that that damage must be extensive before a repair team will call out but please

let me know of similar issues near you and I will do my best to have them repaired.

Although there are clear "no entry" signs written on the road surface of the southerly exit of the bus turnaround point at the entrance of East Moor Drive leading to the Adel Square development, some vehicles are still turning right into it from Sir George Martin Drive. It is only a matter of time before an accident occurs. I have asked the Highways department if it would be possible to have formal signage introduced, ie, circular signage on poles with a red background and horizontal white stripe meaning mandatory prohibition of entry. Needless to say if this is agreed, it will mean some legal work is necessary so I will report back on progress in due course.

### Holt Park Library or Community hub as it is now known

In addition to the services I have previously advertised, the library's Summer Reading Challenge was launched in July, with this year's theme being Story Garden, a magical world for children where stories grow. If you would like further information on the items above or have questions about anything else in the ward, please do contact me.

**Billy Flynn**

Telephone 07810 640282 or email [billy.flynn@leeds.gov.uk](mailto:billy.flynn@leeds.gov.uk)

## Church Services in September

<b>Wed 3rd</b>	11am	Holy Communion followed by coffee & biscuits
<b>Fri 5th</b>	1.30pm	J Js (for the under sixes)
<b>Sunday 7th</b>	<b>Twelfth Sunday after Trinity</b>	
	8.30am	Holy Communion (BCP)
	10am	Parish Communion
	6.30pm	Evensong
<b>Wed 10th</b>	11am	Holy Communion
<b>Sunday 14th</b>	<b>Thirteenth Sunday after Trinity</b>	
	8.30am	Holy Communion (BCP)
	10am	Parish Communion
	5pm	ACE meeting in the Stables
<b>Wed 17th</b>	11am	Holy Communion
<b>Thurs 18th</b>	3.15pm	Holy Communion in the Stables, with tea & coffee
<b>Sunday 21st</b>	<b>Matthew, Apostle and Evangelist</b>	
	8.30am	Holy Communion (BCP)
	10am	All Age Service with Communion
	6.30pm	Choral Evensong followed by light refreshments
<b>Wed 24th</b>	11am	Holy Communion
<b>Sunday 28th</b>	<b>Fifteenth Sunday after Trinity</b>	
	8.30am	Holy Communion (BCP)
	10am	Parish Communion
	5pm	ACE meeting in the Stables

**Junior Church** is held during term time, but not on the 3rd Sunday when there is a 10am All Age service, with communion, and children are welcome for the whole of the service in church.

**ACE** is a group for school year 4 and above. We meet in the Stables in term time to discuss our faith and play silly games. Ace+ start s at 6pm on 2nd Sunday of the month in church (at the Ace communion) and 6.15pm on 4th Sunday of the month in the Stables.

### Only 5 Clues

#### Across

- 1. CIRCLE
- 3. TARGET
- 4. NATTER

#### Down

- 1. CANTON
- 2. EDITOR

### Only 5 Clues

#### Across

- 1. CARESS
- 3. FEDORA
- 4. NEEDLE

#### Down

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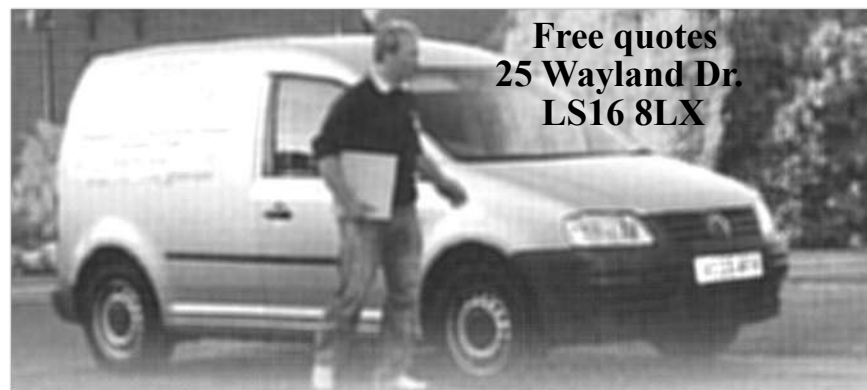
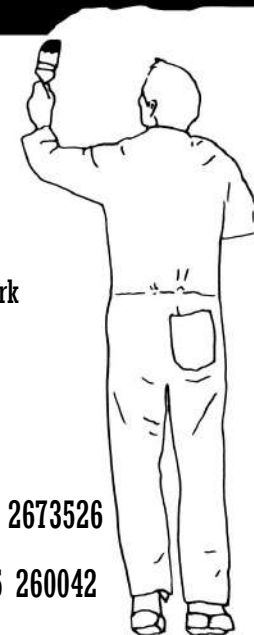
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## Church Services this month



### Details of September services on page 36

<b>Sunday 3rd</b>	<b>Seventh Sunday after Trinity</b>
	8.30am Holy Communion (BCP)
	10am Parish Communion
	6.30pm Evensong
<b>Wed 6th</b>	11am Holy Communion followed by coffee & biscuits
<b>Sunday 10th</b>	<b>Eighth Sunday after Trinity</b>
	8.30am Holy Communion (BCP)
	10am Parish Communion
<b>Wed 13th</b>	11am Holy Communion
<b>Sunday 17th</b>	<b>Ninth Sunday after Trinity</b>
	8.30am Holy Communion (BCP)
	10am All Age Service with Communion
	6.30pm Choral Evensong followed by light refreshments
<b>Wed 20th</b>	11am Holy Communion
<b>Thurs 21st</b>	3.15pm Holy Communion in the Stables, with tea & coffee
<b>Sunday 24th</b>	<b>Tenth Sunday after Trinity</b>
	8.30am Holy Communion (BCP)
	10am Parish Communion
<b>Wed 27th</b>	11am Holy Communion
<b>Sunday 31st</b>	<b>Eleventh Sunday after Trinity</b>
	8.30am Holy Communion (BCP)
	10am Parish Communion

**Junior Church and ACE** do not meet during the month of August.