



ADEL BELLS

Parish Magazine 60p



February 2021

Subscriptions due - see p 27

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The Parish Church of St John the Baptist, Adel
 Enquiries including Home Communion, Baptisms, Confirmation,
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www.adelparishchurch.org.uk

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11th January
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26th January
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27th January
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Festivals & Feasts

2nd February
 Candlemas

17th February
 Ash Wednesday



What would JESUS do

Whenever there's a problem
 And I don't know what to do
 I stop right there
 And ask myself
 What would JESUS do

Whenever I am feeling low
 And just a little blue
 I stop right there
 And ask myself
 What would JESUS do

Whenever my mind goes wandering
 To where it shouldn't do
 I stop right there
 And ask myself
 What would JESUS do

Whenever someone's unkind to me
 It gets me in a stew
 I stop right there
 And ask myself
 What would JESUS do

Whenever days go by
 And I don't know what to do
 I stop right there
 And ask myself
 What would JESUS do

John Winterbourne



**Church will remain closed at least until
 Sunday 14th February**



**We aim through Christian worship, word
and action to celebrate and share the love of
God with our neighbours**

From the Editor

It is a great sadness for us at Adel Church that doing things online means that a lot of people cannot participate. It becomes even more important that we communicate via this magazine. Christmas was certainly different as you can see on page 10, but even that event would not be possible at the moment. However, you might be cheered by reading Anne Dixon's Christmas memories on page 11; she read this to us at the virtual carol service and her words will no doubt resonate with many of you.

Whilst exercise is still allowed, many people walk through the churchyard. Recently, I received a question from someone who had done just that. She had spotted a lonely gravestone in the form of a cross right next to the wall that borders Church Lane and wondered why it was there. I consulted Val Crompton who knew all about it and has written an explanation for us. You can find it on page 14. Why not have a look yourself next time you are up there? The best position to view it from is actually for you to be in Church Lane, looking

over the wall. It is not easy to find.

Were you a Beatles fan? A rather entertaining piece has been written by a member of the Holt Park Writers' Group. David Blakeley has written a story using the Beatles' song lyrics. As you read it, you may well find yourself singing along to it. A very clever idea and sure to lift your spirits, even if just for a short while. You can find it on page 22.

Shrove Tuesday is on 16th February and is traditionally the time when we have a treat before embarking on the 40 days of Lent with its deprivations and prayerful reflections. There are no details yet, but something is being planned to help you through the days which replicate the time Jesus spent in the desert. Keep a lookout for 'Lent in a bag' and meanwhile plan how you are going to eat your pancakes!

100 Club

The winners for January were:-

Emma Hobson	£77
Peter Hunt	£30.80
Julia Sheer	£30.80

Marjorie Cole

Rector Alison's Letter

Dear Friends,

The latest edition of my RSPB magazine 'Nature's Home' has an interesting article on 'keystone species'. These are species where a few individuals can have a very high impact on their habitat. A small number can reshape a landscape and help the survival of other plants and animals.

The article focuses on beavers which are being reintroduced into Britain. Beavers slow the flow of rivers, increasing the variety of water plants, making pools for fish and amphibians, and reducing the chance of both drought and flooding downstream. Amazing! Once it is possible, I would love to visit somewhere that is home to beavers. But in the meantime, it made me think about how we might act as keystone species in our own Adel and Eccup 'habitat'.

As we live through another lockdown, with many of our usual social interactions no longer possible, we may feel as though we can't do much that will affect the community. But actually this year our lives have generally become much more 'local' with many of us working from home, clubs and societies we might have travelled across the county for closed, and even days out taken near home. So how can we become like the 'beavers' of Adel?

Perhaps just by making sure we make eye contact and exchange a cheery greeting with those we pass. Perhaps by trying to be less judgemental when things are inconvenient. Shop workers, bus drivers, teachers, health workers are all weary – but doing their best. Thanks may be more productive than criticism...and this sort of attitude spreads, when others hear it.

I know there were many acts of kindness and reaching out to neighbours over the Christmas period. If we have the time and resources, maybe this is something we could continue. Random acts of kindness can have a great effect on the morale of a community. We at Adel church have been working hard to share the hope of Jesus Christ. We have certainly changed the way our churchyard is used, since we've had to move so much out of the church. We've also made use of new technologies. Please read in this magazine about other initiatives, and keep an eye on our website and noticeboards, there may be something for you.

If you have an idea how we as a church community can act as 'keystone species' and improve lives in the parish or for you as an individual, then please get in touch. Or maybe you would like to get involved? Either way we would love to hear from you.

Let's all consider how we can make our 'habitat' a happier, more inclusive place, even in the midst of such difficult times.

With love and prayers

A Lenten Journey at Adel Parish Church

Lent is a time of pilgrimage, traditionally a journey of prayer and fasting. It is when we remember Jesus' fasting in the wilderness, and look forward to the events of Holy Week and the crucifixion.

Through this we try 'to grow in grace and learn to be God's people once again.'

Lent is a time for looking at things differently; and Lent this year - like everything else - will certainly be different!

But there will still be plenty going on: please join whatever suits you.

'Lent in a bag' - observe Lent at home, but in company with many others by using the prayer and reflection resources provided for each week in Lent. (There will be a family version of this available).

'A Lenten Journey' - a virtual Lent course - Wednesdays 24th Feb - 24th March.

24th Feb - 'Into the wilderness'

3rd March - 'Follow me'

10th March - 'In the market place'

17th March - 'A pause on the way'

24th March - 'We wish to see Jesus'

The usual weekly services available online, plus Junior church and Ace.

Alison

What's going on

Due to the constantly changing Covid regulations, planning events is very often done at the last minute. We do intend to engage with as many as possible in a variety of ways over the coming weeks. If you can, check with our website or Facebook page regularly.

One event we hope to set up is a cookery demonstration on YouTube. This will happen in February and to whet your appetites for this I am giving you a list of ingredients, but it's up to you to guess what will be made. If you are interested, make sure you have the ingredients and you will be able to make the tasty dish yourself in time for a special day this month!

135g plain flour
1 tsp baking powder
1/2 tsp salt
2tbsp caster sugar
130ml milk
1 large egg
2 tbsp. melted butter or olive oil

There will be other things happening, in a safe way, so keep an eye open for more details.

Marjorie Cole

2020 had Good Moments

For me 2020 stands out for the way in which Alison has lovingly and kindly helped us through the mire of this awful pandemic. I also think everyone in the choir appreciates all that Chris Cunliffe has done for us with his hard work, can-do attitude and techno wizardry to produce very acceptable musical offerings on a regular basis! Where there's a will etc!

Kay Yates

For me, 2020 will be the year so many people came together to work for, and in, the parish. Young families became involved, church was much more than a building, friendships were made, new connections formed, and with Alison Battye's enthusiasm and guidance it all worked.

Jenny Jones

Notwithstanding the pandemic, Chris had 3 more Cones Children's books published, making 12 to date!

Keith Madeley

We had a new grandson, born in October.

Sue Smith

I have had two reasons to celebrate in this rotten year. First, Margaret and I celebrated our Golden Wedding Anniversary, and of course my beloved Leeds United regaining their place in the Premier League.

Gerald Gaunt

For me being part of our wonderful church community has helped me enormously. Being led, supported and guided by Alison with her infectious enthusiasm, encouragement, support and love has helped me grow in faith and become more involved in many different ways. We have an amazing team working behind the scenes and we are all truly blessed to be part of Adel Parish Church.

Karen Baylis

I think the best moment was when the Church could finally open for services and we could again receive the Blessed Sacrament.

Mary Rose Hunt

Life is short.
Time is fast. No replay.
No rewind.
So enjoy every moment as it comes.

The church and its grounds truly has been a blessing. We are so grateful for all the activities that have

been put on. We find the grounds so calming. I've taken to bringing a flask and sitting on the bench, something I would never have previously done. I'm also grateful for my new friendship with Nancy and many more. It has certainly been challenging but with each day that passes we are one day closer to normality

Carrie Abraham

Words from Pilgrim

This is a true story and not a fabrication. I was there, but it did not happen to me. I was just a spectator. It happened about 25 years ago in the Leeds Magistrates' Court.

I was in the habit of occasionally spending time in the Public Gallery there; it kept alert my sympathies for people in the parts of Leeds I have never lived in.

An unmarried mother in her very early twenties had previously been heavily fined for having failed to buy a TV licence, although she had used the TV with her partner as the family's only recreation. The mother had some state support, and her partner a modest wage from a local factory. The mother had striven at her trial to avoid a prison sentence, else she would lose custody of her children.

Striving to pay the fine and to pay for the licence put a huge strain on the family and the male member had left, taking his wage with him. Realising the gravity of the situation, the mother went to the police station at which she paid the instalments on her fines each week. She was heard with evident courtesy and patience. The police suggested she request the court to give her advice. Which is why she was in the Court on the day in question.

The Clerk to the Court related the facts that lay behind her appearance in

Court once more. He did not spare her, but did remark that her having taken the initiative to engage the Police as advisors made it clear that she was the initiator of her present appearance and had had the courage to avoid merely asking for pity. He then reminded her that the sentence of bearing a heavy fine that had been passed upon her still stood. She had accepted the Court's sentence and it still waited to be paid.

"However," he said "you are unable to pay it, and the shadow of a prison sentence is still before you. There is no other alternative. It is our sentence that you serve a term of imprisonment. You are sentenced to be imprisoned for a period of one day. You will leave your present place and go to sit in the place indicated to you. You will sit there in silence until the Court has finished its business at 4.30. You will then be released to take your children home as a free citizen. When you have finished your term at that time, the fines and the debt which have been standing against you will be null and void."

I went home with my heart singing. The majesty of the Law had been upheld and the mercy of the Law shown. That such can be makes me feel glad that I live in this land.

Two Views of Christmas

2020 – the year the Nativity involved gazebos!

We surely all have fond memories of Nativity services over the years, but Adel Church held a very different sort of Nativity this Christmas. Unable to be indoors, the response was to have our Nativity outdoors - a "Walking Nativity" in the churchyard. I can't have been the only person with a Vicar of Dibley episode popping into my head at the very concept of it, but Dibley didn't have a patch on Adel.

The idea was that the stages of the story would be told by individuals or family bubbles, whilst groups of socially-distanced attendees moved from one scene's location to another, finishing inside the church. That required large numbers of volunteers to plan the storytelling, design the sets and the costumes, construct the scenes, act out or narrate the story, do the admin, guide everyone round – but despite the ambitious plans, every role was filled and all we needed was some reasonable weather ...

And so it was that, in pouring rain and barely any degrees above freezing, the first afternoon's sessions began! What sort of people came? Everyone – from very young to not-so-young-at-all; family groups, individuals, teenage siblings, friends. The storytellers, also

from the whole age-range, shone, adapting the story's delivery to each group – whilst the life-size sheep and almost-life-size donkey set the scene.

The whole event went very smoothly, despite the weather - although Trevor Cole surprised us all by shrieking and accomplishing a very athletic leap backwards at one point, only explained a split-second later by a very loud splash as the water that had suddenly been deposited by a gazebo roof completed its journey (via Trevor) to the ground! The innkeeper had to remember from then on to keep prodding the ... erm ... *stable* roof at intervals to release its contents in a less disruptive manner.

I have to admit it was the first time I'd ever seen the Angel Gabriel sipping from a flask during quiet moments, but I was assured it was a hot drink and who am I to doubt the Angel Gabriel? Thankfully, the second day's weather was much kinder; attendees and volunteers alike even enjoyed some sunshine.

However much we love our traditional Nativity services, this event was very special. The church community came together to rise above the current challenges and ensure that the people of Adel continued to hear the wonderful Christmas story; the only problem

might be that people want to do it all this way again in future years!

Barbara Hodkinson

Christmas Memories

My memories of childhood Christmases are from just after the war, when there were no Christmas lights to be switched on in the city and no special decorations in the shops like today. At home we had a small artificial tree from pre war times with candles which were never lit, until one year when, urged by a friend, I lit the candles, setting the tree alight but fortunately parents were on hand to avoid disaster.

In our house the festivities were spread over three days. Christmas Eve was when aunts, uncles and cousins visited us, so time had been spent baking a variety of cakes and mince tarts topped with icing as part of a simple tea and the fire was lit in the front room, a rare occasion. Some members of the family would stay until it was time to walk to midnight mass at their local church. There was no such service at our local church and I can remember thinking one day when I'm older that will be the service for me. Many years later it became a regular feature of my Christmas.

Christmas morning meant presents but my sister and I had to wait until we were allowed downstairs after the coal fire was lit in the kitchen, each of us having our own special chair with our

stocking, a book, Enid Blyton for me, Rupert Bear for my sister, and maybe an extra, bigger present, a second hand bike or something lovingly made by our father. Later it was time for a walk across Cross Flatts Park to our grandparents' home. There was another stocking there containing an apple, orange and a new penny. Was it really just a penny or could it have been a shilling? I checked this out with my sister and she agreed, a shiny penny. As our grandparents owned a sweetshop there was always chocolate in spite of rationing. Whenever we visited we were allowed to choose two Quality Street chocolates and of course we had our favourites.

Back home for Christmas lunch, a roast chicken: wow, not all the exotic fare of today. Later came a walk to another family gathering, where we had a special tea of tinned salmon, trifle and Christmas cake, followed by carol singing round the piano. Boxing Day and yet another family tea party at another aunt's house. If we were lucky some of the uncles would slip a sixpence into our hand.

How different everything is today! My Christmas Prayers include thanks for hope in the form of a vaccine, for a New Year when we can attend services without restrictions, meet family and friends and join our fabulous choir in church rather than on line.

Anne Dixon

Paul's 'Letter' to us

"You bring out one another's gifts"

If St. Paul were to visit us at St. John's, I wonder what he would say to us, as we struggle to live as a community of Christians in a Covid world; to us as a congregation trying to figure out who we are and what we are called to be.

Perhaps he would praise the steadfastness of our faith—the way we turn to God in season and out, the way we trust that God is at work in our life as a community and our lives as individuals.

He'd urge us, as he did the church in Rome, to bring our whole selves to God. He'd encourage us to present to God our past and our present, our dreams, our hopes, our fears, our griefs, our grumpy moments, our selfless moments and everything in-between. Then he'd remind us of how the Spirit works through who we are, and what we bring to make a new creation in Christ.

Paul would caution us about the world in which we live. He'd warn us not to get swallowed up in consumerism, not to judge success in terms of our possessions. He'd encourage us to follow another way of living—a way open to the work of God in our lives, connected to God and to one another, a risky and

unpredictable way of living in the hands of the Spirit.

He'd say to us, *"You—all of you together—are the body of Christ. You are connected to one another. You bring out one another's gifts. You balance one another. You feed one another. You need one another to be whole."* Paul would look back to the times when we've relied on one another, to times when one person's faith has sustained another through a dry time, to times when one person's cheerfulness has buoyed up another, to times when one person's steadiness has quieted another person's soul. I'm sure many of us can think of moments in recent times when we have needed others.

Paul would step back and take a long look at us as part of the living, breathing body of Christ. He'd comment on the gifts of the Spirit at work in this community, giving thanks for the way people pitch in to help and the way people encourage one another. I'm certain he would mention the 'foodbank', the online services, the decoration of this beautiful church and the opening for prayer. More importantly, I wonder what other gifts he'd see here in us? *"Look for the way the Spirit's gifts are emerging among you."*

Paul Barker

Candlemas

Bringing the 'Light of the World' into the dark days of winter

The Christian festival of Candlemas, which is celebrated annually on 2nd February, marks the 'Presentation of Christ in the Temple' (Luke 2:22-40), which is the official name for this feast day. Candlemas is celebrated by Christians throughout the world.

Ten years ago, when in Madeira, I witnessed an amazing celebration when hundreds of local people, carrying lighted candles, took to the streets and processed into a cathedral. There were so many people that most of them had to stand outside and listen to the service on loudspeakers.

The name, 'Candlemas' evolved from a tradition that churches, while celebrating the time that the child Jesus was presented in the temple, used the occasion to bless the candles they had bought for the coming year. Candles, of course, were the usual source of light in dark church buildings before the electric light became available in the early 1900s. In my parish church, St Andrew's Sonning, a single electric light bulb was installed in October 1934 to supplement the candles that had always been used. It was the first light bulb in the village. The vicar, writing in our parish magazine, said: 'At Evensong, when

the congregation was even larger than usual, the church looked extraordinarily beautiful ... and the combination of the electric light and the candles throughout the church being markedly effective.'

Candles, of course, were not only the main source of light – oil lamps being another source – in churches but also in people's homes and workplaces. Most villages, and certainly most towns and cities, had their candlestick maker, hence the nursery rhyme, '*Rub a dub dub, three men in a tub, the butcher, the baker and the candlestick maker*'. Candles were an essential commodity.

It is estimated that in the UK we spend £1.9 billion on candles every year! Despite a modern day LED lighting system that welcomes visitors to my church today, candles are still used for all services. Before Covid, our Sacristan bought over 650 candles every year to replenish over 100+ candlesticks and chandeliers. There can be no doubt that the humble candle is the perfect symbol for Jesus as the light that shines into the darkest parts of our world.

Bob Peters

Unfortunately, we shall not be able to have a Candlemas service in Adel Church this year, but you could light a candle in your home on 2nd February, to mark this occasion.

A Churchyard Mystery

The Old Rugged Cross

The old rugged cross stands here all alone, waist-high, below tall trees that fringe our own, stone-walled churchyard. This low, lane-side cross becomes overgrown by summertime - but can always be seen in winter, from Church Lane. Here we see the Y-marked stone above rampant brambles, nests and crunch-dry leaves, sheltered here from rain.

January brought a little snow last night - and so these trees and graves are are flaked in white; and local walkers, in *Lockdown*, take exercise in ones or twos - and some choose to stop on Church Lane and look into this wildlife-friendly crook of scrubby land and see this stone and ask '**Why Y?**' Then off they go to try, on line, to find out why the old rugged cross stands here all alone.

Val Crompton
2021



When you walk the paths **within** Adel Churchyard, you do not see the old rugged cross - but if, at the right place, you venture into the brambled, boundary edge, armed with secateurs, you may uncover the small, stone cross and read these words, carefully carved on the face of the mossy cross bar:

GEORGE ROBERT HAGYARD
March 14th 1885

Burial of Strangers



Adel 3-Decker Pulpit

Adel Church Records

When we search Adel Church records, baptisms, marriages & burials, from **1606**, there is **only one** entry for the Hagyard family—that of a **Stranger**:

George Robert Hagyard
aged 34 of Headingley,
buried 18 March 1886,
by Rector Arthur Standidge

From early days, people who were born, or died, or had lived in Adel Parish, had and still have the right to be buried in Adel Churchyard.

Until 1850, for an extra fee, you could ask to be buried under the floor of the nave. For an even larger fee, important people could be buried under the chancel floor.

Most people were buried outside, close to our peaceful church, often in family groups.

Some **strangers, living in Headingley**, wanted to be buried in Adel Churchyard. It was up to the Rector and members of the PCC to give permission—and to decide on a fee, also to allocate where in Adel Churchyard, these strangers might be buried.

Rector Arthur Standidge was Rector of Adel from 1874-1888.

When he first came to Adel and was preaching a lively sermon from the top deck of this 3-Decker Pulpit, the floor gave way and he fell part-way through! After this shock, he was very keen on the restoration of Adel Church and replacing all the old Georgian furniture! He had the idea of increasing burial fees for Strangers and two thirds of the fee would go straight into the **Restoration Fund**.

Strangers were often allocated plots that parishioners did not want.

If you go on line, you can find out more about George Robert Hagyard of Headingley, who was married and had a young son.

The burial date is correct: the year of his death, carved on the cross, should read **1886**.

Val Crompton

In Your Garden

"February, when the days of winter seem endless and no amount of wistful recollecting can bring back any air of summer." —Shirley Jackson

In these times of national lockdown and restrictions, a typical February is unlikely, on its own, to do much to lift the general malaise. Unless, of course, like me you can seek and secure the warmth and comfort of your armchair for some of the time (fighting off the dog as necessary!) and engaging in some proper garden planning. Only on the occasional sunny days will I venture into the actual garden, although there is a special (some might say perverse) pleasure to be found when being usefully employed inside a greenhouse or shed whilst the weather does its worst.

Planning

All this extra armchair time is the perfect opportunity for some garden planning. If you don't already have the garden you desire then it will require a plan and then some action in order to get it. If you are considering significant changes it is well worth getting input from local professional garden designers. Their input, local knowledge and advice will help you to get the best out of your plot, as near to what you want as your individual site, location and budget will allow. I find it is always good to have a master plan, even if the actions are picked off over a much longer period.

Smaller scale planning can take many forms. If whilst on a lockdown walk you find yourself admiring camellias in bloom, or the mesmerising scent of an early Daphne then these could easily grow in your garden. But you will need to source, order and plant them at some point in the following months if you want to be enjoying your own next February. It is the same for all the bulbs that are now just showing themselves and are still to bloom. Bulbs are typically ordered around August time and planted in the autumn. Deciding what you want to grow and where needs mulling over now ready for actions to follow.

Wildlife

I am always keen to provide help and encouragement to the wild visitors to my garden. As well as all the feeders that I keep topped up and the fresh water that is available, there are many plants growing that will help sustain birds and encourage them to linger a little longer. Berry-rich shrubs such as cotoneaster and pyracantha and trees like rowan, hawthorn and holly provide food and shelter. Even the humble ivy, when allowed to mature will provide nectar for early and late insects, fruit for birds and then shelter and nesting sites.

George Turnbull

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Nature Notes

Twitcher; a birdwatcher whose main interest is the spotting of as many rare species as possible. The Chambers Dictionary

There was a time before twitching, when I had never heard the word used about birdwatchers, but now everybody knows it – even people not a bit interested in birdwatching. At first some people likened twitchers to train spotters collecting engine numbers, implying that they were not proper birdwatchers. However the twitchers I know are a dedicated lot, very knowledgeable about the minutiae of plumage and call, and ready to dash off at short notice to see a first for Britain or some such rarity, however difficult the journey.

I am none of these things which is why I am not a twitcher – however I do like to see a rarity, and in many ways the best rarity is the one you find for yourself, rather than with a large group of people. The down-side to this is that you see some wonderful bird but as you were by yourself, nobody believes you.

In my mind's eye I see myself many years ago opening the gate into Adel Dam nature reserve and being struck immediately by the wonderful rich

bird song, richer and louder than a Blackbird's, richer even than a Nightingale's, but not as varied. What could it be? I had to see this bird. I thought I needed to get to the far side of the reserve, but the only bridge was rather a long way round, so I ran and slithered across the top of the dam which was very muddy after recent rains. I then ran to the western end of the reserve, all the time hearing this wonderful song, which seemed to be moving away as fast as I approached.

I reached the end of the footpath; there was nowhere else to go. Where was the bird? I looked up and there it was in a small birch tree just above my head. The bird had found me -- and it was a Golden Oriole. About the same size as a Song Thrush or a Starling but seeming bigger because of its bright yellow body, black wings and bright red beak. A stunning bird, and quite rare in Britain at that time.

As I walked back to the gate– by the long route – the bird seemed to be following me, still singing its wonderful song. Nobody else saw it but people did believe me – well you could hardly get that one wrong – even a train spotter could have done it.

Peter Larnar



Penny's Ponders

Hi Everyone!

It's a bit late, but Happy New Year to you all! Not everyone knows how much a Poodle knows, so I think I'm safe in offering you this greeting. I think it's rather nice to wish people happy anything, particularly now when we are "locked up" – well that's how it feels to me. My Mum says I have cabin fever, and she may be correct.

So, what has happened since I last wrote to you? A bit of snow, a bit of Christmas, a bit of family time, my 11th birthday and then a lot of snow! I made the most of that, I can tell you. It makes me feel like a puppy again. I love to chase through it, eat it, catch it – it's a great toy, can't think why we don't have it more often. I even forgot about Covid!!

The biggest event in my life since we last chatted, is a new family member. Our family has got a puppy called Neo! Not too sure about this to start with, I'm not always keen on other dogs muscling in on my territory, but I think, given time, I can lick him (not literally, of course) into shape. The only problem I'm going to have is that he's going to be an awful lot bigger than me, but I shall teach him his place – he's showing respect already, although he does like to lick my face – UGH! He's very different to me: he has no curls, and although he has a long tail, it's not fluffy, he's

got the most enormous feet I've ever seen, and he looks worried all the time. He's frightened of pigeons, people he doesn't know, in fact anything he doesn't know. He has no sense of walking in a straight line and doesn't always know what to do with those big feet. Don't tell anyone because it's not good for my street-cred, but he really is growing on me. He's ever so cute and I find myself melting, looking at those gorgeous puppy eyes.

You humans are all different as well: tall, short, 'cuddly,' slim, dark hair, light hair, different languages, different customs – all sorts of things. Like us, no-one is best or right, all are different. Being a dog who likes all her own way, I have to work very hard to think of others – and I don't mind telling you, I don't always manage it. Everyone needs friends, someone to chat to, someone who will show understanding, sympathy and love.

God made us all different and we must celebrate our differences and love one another, particularly during Covid 19. So, let's all try to keep each other well, safe and greet everyone with a smile and kind word, pray for each other and for those who care for us in every way and for an end to this dreadful virus.

Woofs and licks,

Penny x

Words from Joyce Hill

The Origins of Ash Wednesday

Ash Wednesday, the first day of Lent, falls this year on 17 February. What marks it out is the imposition of ashes, which gives the day its name: *dies cinerarium*, 'day of ashes', in the Latin of the pre-Reformation church. These days the priest usually marks a cross on the forehead of each person, using ashes created by burning the palm crosses from the previous year. It feels like an ancient ritual, but when and how did it begin?

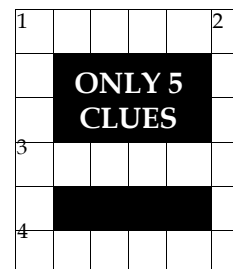
The early church quickly established a period of strict fasting as a form of purification in preparation for Easter, which lasted from Good Friday to Easter Eve. In the fourth century there is evidence of a 6 week fast which began on the sixth Sunday before Easter. This period was when new believers were prepared for baptism and when those who had been excluded from the church for their sins were prepared for readmission, both on Easter Eve. Others in the community were encouraged to join in the sessions of teaching and the acts of penitence as a way of preparing for Easter. The element of penitence and self-denial, as a shared community experience, soon began to look like a kind of spiritual re-living of Christ's forty day fast in the wilderness. This sense of symbolic reliving gave a new

dimension to how the six-week period was understood.

However, Sundays had never been fasting days; there were not forty fasting days in the six weeks of Lent, so four more days were added to the beginning in order to provide forty fasting days up to and including Holy Saturday. This extension of Lent, so that it begins on a Wednesday, probably started in Gaul in the sixth century, where it is thought that the ceremony of the imposition of the ashes also began, accompanied with the words, 'Remember, man, that you are dust and to dust you shall return'. These words, accompanied by the symbolism of the ashes, powerfully drew attention to our subjection to sin and death. At first the ceremony was used only for those doing public penance for grave sins, but as the tradition spread across the western church, it became customary for the whole congregation to take part.

The Book of Common Prayer predictably turned its back on Ash Wednesday as a 'Roman' practice and in its place devised a Service of Communion (recital of divine threats against sinners), but the solemnity of the Ash Wednesday ritual has since been regained in many Anglican churches. In the Roman Catholic tradition, of course, it was never lost.

Puzzles



ACROSS

1. Grate pickle
3. Village play?
4. Endless alarm in front of the German store

DOWN

1. Train some swimmers
2. Girl's tense in Surrey town

Word Square

Insert each of the following letters into the right cell, so that when the puzzle is completed each row and each column contains a real word.

R O R N I E S

E	A		N
U	R		A
			G
	A	T	

SUDOKU

			2		6	7		3
7	2				1		6	
6				5		2		
				4	9	5	7	
	4			7			2	
	7	9	5	6				
		4		1				2
	5		6				9	1
1		6	9		4			

Solutions on page 31

Facts about Pancakes

Shrove Tuesday is on 16th February this year, but why do we eat pancakes? Here are some fun facts about pancakes.

1. For more than 1,000 years people have been eating pancakes on Shrove Tuesday. It was a way of using up all the rich foods before Lent began and people had to fast.
2. In Britain 52 million eggs are used on Pancake Day. That's 22 million more than on any other day.
3. The largest pancake ever made measured 15 metres and weighed three tonnes—you would need a lot of sugar and lemon for that one.
4. The most flips anyone has ever done with a pancake is 349 flips in two minutes. That's flipping good!
5. On average we consume two pancakes per person on Pancake Day, which means we get through 117 million pancakes in one day. The milk used to make them would fill more than 93 Olympic swimming pools!
6. In France people like to make a wish before flipping them, while holding a coin in the other hand.
7. Andrei Smirnov from Russia ate 73 pancakes in one hour—that's more than one per minute.
8. The Guinness World Record for the most pancakes served in eight hours is 34,818.
9. The highest pancake toss reached 329 centimetres high. Do you think you could beat that?
10. In France and the United States Pancake Day is called 'Mardi Gras' which means 'Fat' or 'Grease Tuesday'



Holt Park Writers' Group

We were asked to write a short story or poem using track/song titles.

Val C writes:

"Our eldest child was born at home, almost sixty years ago, at midnight, on a cold February night, whilst a favourite record of Jazz trumpeter **Miles Davis** was playing '**Miles Round About Midnight**'. The midwife was there and our GP had just arrived"

Round Midnight

It was Round Midnight,
When lights are low,
that our first child,
To our delight and joy,
was born at home.
Dr Jackie whispered
'He's eight pounds - will
you call him Billy Boy?'"



John said 'I'd like to call him Miles.' 'Its alright with me' I replied 'but all I want now is a cup of tea - and Salt peanuts!'
'I'll make tea for All of you' said he...

At one a.m., when we were Alone together with baby Miles, (the others had gone home - to bed), we remembered A night in Tunisia. 'Just squeeze me', I said.

Val Crompton

David Blakeley writes:

I thought I would challenge myself to write a story using **The Beatles' song lyrics**. I hope you like it.
Beatle-mania - The Fab Four-TFF - who only speak in their own song lyrics:



Beatle-Mania

Q = Question master
TFF = The Fab four

Q "Hi chaps I seem to have a problem. I wondered if you could help?"
TFF "We can work it out!"
Q "Thanks, where do you live?"
TFF "We all live in a yellow submarine".
Q "Nice, have you brought your wives or girlfriends?"
TFF "Michelle, my belle, all our friends are all aboard, many more of them live next door".

Q "Wow who's that over there?"
TFF "He's a real nowhere man, making all his plans for nobody".

Q "Where do you go when you get bored?"
 TFF "Let me take you down, cause I 'm going to Strawberry fields"
 Q "What's with the outfits?"
 TFF "We're Sergeant Pepper's Lonely hearts club band".
 Q "Nice - what's that?"
 TFF "For the benefit of Mr Kite, there will be a show tonight on tambourine."
 Q "That's great - I haven't seen any live music or entertainment for ages."
 TFF "Yesterday all my troubles seemed so far away".

Q " I know what you mean. I blame it on the pandemic".
 TFF "Its getting better all the time".
 Q "I do hope so".
 TFF "Back in the USSR, you don't know how lucky you are boy".
 Q "What's with the black eye?"
 TFF "Those European girls really knock you out".

Q "Any transport problems?"
 TFF "Baby you can drive my car".
 Q "Thanks for the offer but I don't drive"
 TFF "Get back, get back, get back to where you once belonged".
 Q "That's not very nice, I thought we were now friends?"
 TFF "You say goodbye, I say hello."

Q "Make your minds up, one minute you're asking me to leave, now you want me to stay."
 TFF "And in the end the love you make, is equal to the love you take".

Q "I'm really confused now. I think

someone is putting a ticket on your car"
 TFF "Lovely Rita Meter maid, writing out a ticket from her little black book".
 Q "Are you not bothered about the fine for parking here?"
 TFF "The banker came rushing in from the pouring rain".
 Q "Very Strange"
 TFF "Hey - that's our line!"

"Fled is that music:—
 Do I wake or sleep?" **Keats**

David Blakeley

Holt Park Writers' Group



We used to meet on the 3rd Monday of the month at 2pm, in the library.

This group has now joined up with the Horsforth Writers; we meet via email and welcome new members.

For more details contact:
mark.kirkby@leeds.gov.uk or
allison.cliff@leeds.gov.uk

Leeds Libraries

York Gate Update

It was a very disappointing start to the year for us at York Gate. February is normally when we hold our annual snowdrop week, when we open the gates to let people come and see the garden in its winter finery. It is the best time to appreciate all the topiary and structure, from the towering sharp yew sails to the sinuous spirals and buns. Most of all, it's the Galanthophiles that we will be missing out on with our fantastic selection of snowdrops. We massively increased our collection last year and we were very ready to show off these tiny winter gems.

Jack Ogg
 Senior Gardener

February is a short month and can easily slip by without taking the opportunity to tick some essential boxes in the garden. It is a personal choice, but I prefer to leave my Herbaceous Perennials as long as possible in the winter before cutting them down to ground level. As well as the benefits to wildlife, especially the birds and little rodents, we can enjoy the visual highlights. Shafts of low winter sun illuminating skeletal stems or snow hats capping any horizontal surface are fleeting but exhilarating moments. However by now the structure and body of these plants will be collapsing, and in many cases fresh new shoots will be starting to stir. Time to pick a warm sunny day and get the secateurs out.



By now rose buds will be close to breaking, and in fact in many cases fragile shoots of green leaves will already be growing. Many years ago the recommendation was to prune roses in March or even April. Now I have several ramblers which need attention in December to avoid knocking off too many shoots. I recommend taking climbers off the wall or trellis, pruning as necessary and retying the remaining framework back in place.

One of my favourite plants are Epimediums and now is definitely the time to remove the old foliage, to show the new flowers as they emerge in advance of the gorgeous fresh spring foliage. The new flowers as they expand, are very fragile and slightly crooked, be warned: an overzealous snip or rough pull of the old foliage and they will snap easily. Most years I time it right for the

Epimediums at work but leave it too late at home, this year I am quite pleased; they are all done.

Mark Jackson
Nursery Manager

We're so sorry that we have had to cancel our annual Snowdrop Week in February, particularly as we had to cancel it last year due to the redevelopment work going on in February 2020. This time, it is because of the current government restrictions due to lockdown. Apologies to all those who had already booked their tickets via Eventbrite – you should have all been contacted by now. Do keep your eye on our social media – Facebook, Instagram and Twitter, as the gardeners will be posting regular photos, possibly videos, of what promises to be a rather beautiful "Snowdrop garden".

Although the gardeners have been busy, unfortunately our café and shop remain closed with staff furloughed. As soon as we are able, we will reopen the café, so please keep an eye on our social media and website for any announcements. It is planned that the shop will open when the garden does ie 1st April. As before, when the café reopens, we will not be taking bookings for tables, though.

We are busy putting together a programme of events for our Friends at York Gate, which we will share with them before the garden opens –



we are keeping our fingers crossed that the garden will open as planned on Thursday 1st April. Should you wish to become a Friend, or buy one as a gift, then you can either do this online <https://perennial.org.uk/garden/york-gate-garden/friends-of-york-gate/> or by phoning the York Gate office 0113 2678240. I only work 3 days in the winter season, but if you leave a message, I will get back to you. Membership is only £30 and gives you & a guest unlimited entry on all public opening days plus other Friends only events.

Our Volunteer Co-ordinator, Zoe Parker, is still furloughed for 3 days a week but is now working for 2 days a week, so if you would like to join us as a volunteer, please get in touch with her zparker@perennial.org.uk

Take care and keep safe.

Sally Latchford
Finance and Administrator
Co-ordinator
slatchford@perennial.org.uk
0113 2678240

Billy Flynn

Christmas and New Year

I hope you all enjoyed the festive season, though it was probably much quieter and shorter than previous years judging by my own Christmas Day celebrations with much reduced family attendance. The very late decision to limit the number of family members getting together over Christmas and subsequently to move Leeds into Tier 4 was disappointing but, given the rapid rise in infections since, it appears to have been a sensible one. However, with the introduction of three vaccines against Covid-19, the latest the Moderna version approved in the UK on 8 January, I do hope that 2021 will be much better than last year. Let's face it, it couldn't be much worse. So, I wish you all a very happy, healthy and, most of all, safe New Year. More on the pandemic and local arrangements for the vaccine programme below.

Covid-19

The pandemic dominated all our lives during most of 2020 but, at long last, it looks like there is a sliver of light at the end of a very long tunnel. There are now three vaccines approved for use in the UK and the latest two, the AstraZeneca and Moderna versions, can be stored at normal fridge temperatures meaning the logistics of distribution and storage are much easier than for the Pfizer vaccine. The

rollout is as follows, those at most risk, the over 70s, healthcare workers and those required to shield should all have received the first dose by mid-February. **But please be aware that it can take up to two weeks for the vaccine to fully take effect and recipients may well be able to pass on the infection during this period without knowing. So it is essential you adhere to the restrictions on social distancing, mask wearing, hand washing and so on in the early weeks of the vaccination programme. The dangers of transmission will reduce as the vaccination programme proceeds.**

Please note that I received the following advice on the local vaccination programme in the first week of January from one of the senior partners at the Alwoodley Medical Centre (AMC):

- 8 surgeries are working together (AMC, Street Lane, Meanwood, Rutland Lodge, Oakwood, The Avenue, Shadwell, North Leeds).
- We have had one delivery and have 1st dosed nearly 1/3 of our over 80s.
- Our second delivery is 2nd doses for the same people - following a West Yorkshire programme board decision.
- Please do not contact practices about the vaccine - we simply cannot cope with the volume of calls.

- You will be contacted when it is your turn.
- We don't know when it will be your turn - it all depends on when NHS England send us vaccine.
- We will be receiving a stock of AZ this week which we will be using to vaccinate in care homes. The vaccine is safe.

Lockdown

The new restrictions apply up to 31 March although this is reviewed regularly. The constant changing of the rules is very confusing so please do keep an eye on developments because the vaccination programme may well change things. Please remember that if you are experiencing any difficulties at all during lock down from shopping, collecting prescriptions to feeling lonely there is an army of volunteers only too happy to help out. Please do get in touch if you need any assistance at all. My contact details are below.

If you would like further information on the issues above or anything else in the ward please do get in touch.

Telephone 0113 2613896,
07810 640282 or email
billy.flynn@leeds.gov.uk.

Subscriptions are due



Things got very confusing last year and I am sorry if the message about subscriptions was not clear. We had several people paying twice by mistake and we shall not be asking them to pay again this year.

Subscriptions for 2021 are now due and we are reverting to the old way of paying. This means that the person who delivers your magazine will be collecting the money. The cost remains at £5 per year, if you live locally. If it is posted to you, the cost is £13 and we ask that you send your money to Beryl Thompson as you usually do. If you pay by cheque, please make it payable to **Adel PCC**. **Please do not send money to our treasurer Bob Holloway or to Chris Madeley.**

If you have any problems with making your payment, for whatever reason, please give me a ring and I will try to sort it out for you.

Marjorie Cole
261 0069

Barry Anderson

Adel Surgery & Pharmacy

The legal agreement relating to the purchasing of the Adel Surgery building and Pharmacy has been signed and I am now in a position to make details public: It is the intention that the Doctors' surgery be converted to medical treatment rooms for physiotherapy, chiropractic etc. The possibility of a private GP is being explored. Adel will keep its Pharmacy.

Adel Co-op and Post Office

The Co-op will be closed for approx. five months from January with a pop-up store being provided on the land adjacent to the current store. Contractors will do all they can to minimise disruption during the construction phase. Likewise, the Post Office will be also closed from Thursday 14th January at 13.00. The nearest Post Offices are:

- Ireland Wood Post Office, 72 Otley Old Road, Leeds, LS16 6LQ
- Cookridge Village Post Office, 17-19 Cookridge Lane, Cookridge, Leeds, LS16 7LQ
- Butcher Hill Post Office, 179 Butcher Hill, Leeds, LS16 5DA

Eastmoor Site

Updates from the developer in

relation to forthcoming planning applications:

1. Planning application for the main site including the central area, the quadrangle and Tile Lane sites
2. Listed building application for the quad and chapel
3. Application for the nursing home

Highways work in connection with David Wilson Homes next to Centurion Fields

The Council will be entering into an agreement with the developer in relation to the highways works needed to facilitate the development, which will be paid for by the developer. The works include: Carriageway widening on the A660 Otley Road to accommodate right hand turn ghost lane arrangements; A new access road into the development; Provision of a new footway along the east side of A660 Otley Road; A toucan crossing on A660 Otley Road at the southern end of the development; Relocation of existing speed limit to the north of the development; Alteration works to its junction with Kingsley Drive to assist with speed reduction into the 20mph zone; Relocation of bus stops on A660; Associated traffic calming measures along Church Lane; New carriageway works, carriageway/footway resurfacing.

Headingley Golf Club

The planning applications for improvements to the practice grounds at Adel and the King Lane site in Alwoodley have now received approval.

New Charging Points for Electric Vehicles

A new electric charging point will be installed at Holt Park Leisure Centre as part of improving the quality of air project. The Council has secured a capital budget of £1.9m for the region to install electric vehicle rapid charge points. Permission has been received to install dual units for taxi/private hire vehicles and general public use. There will be thirty units in Leeds servicing sixty bays which will be free to use until October. The charging points have an over-stay charger that applies from the unit to prevent customers 'blocking' the unit. Charges will be automatically made: £10 after 75 minutes and charged every succeeding hour. Customers also can get updates on their charge session that will remind them of the charge progress and duration whilst plugged in.

Parking Services will be patrolling bays as part of their standard enforcement duties and will make non-plug-in use of these bays or overstays enforceable in line with standard stay limits at sites.

Recycling of Small Electrical Items

The Council has secured grant funding from the national Distributor Takeback Scheme (DTS) to increase separate collection of household Waste Electric and Electronic Equipment for reuse and recycling. The first sites to receive the banks are:- Sainsbury's, White Rose Centre, Headingley Taps Pub, Headingley, Morrisons, Rothwell, Bramhope Car Park, Asda, Killingbeck Drive, Tesco, Garforth.

Thirty-five banks are currently being reconditioned and will be returning to site on a rolling programme over the next few months.

I will of course inform you, and other fellow elected members, when changes are to be made within respective wards. Items that can be recycled within these banks are small electricals such as: hairdryers, irons, phones, laptops anything with batteries, a plug or a charger. Larger items such as vacuum cleaners, lawn mowers and TV's can be taken to your nearest Household Waste and Recycling Centre.

Cllr. Barry Anderson
Adel & Wharfedale Ward
Direct Dial 0113 3367742
www.barryanderson.yourcldr.com
Twitter @barryanderson19

What's On

History Talks

During lockdown, instead of meeting at Kirkstall Abbey Visitors' Centre, we are posting presentations on **Kirkstall Abbey Facebook**, on a range of subjects from different speakers, at **10am fortnightly, on Fridays**. This will have the event header '**1152 Club: online**'.

Those who would not normally attend are welcome to join us too.

Join us online, at **10am on Friday 5th and Friday 19th February**

5th February

"North Yorkshire reservoirs and Leeds's quest for water"
Dr Andrew McTominey

19th February

"Exploring Entomology: Big Stories from Our Littlest Storytellers"
Milo Phillips

All talks will appear on the Facebook page shortly before 10am on the morning of the broadcast. They are 10-15 minutes each and available indefinitely afterwards. Please, if you know of anyone who may be interested, spread the word—no age restrictions.

OPAL

For all the wrong reasons this has been a year to remember but it has also been a year when people's kindness and generosity has known no boundaries. OPAL have been overwhelmed with the kindness and support from our amazing Volunteers, Faith groups, Local Businesses, Local Schools, Local Councillors, Leeds Council officers, Health Agencies and many other Voluntary Groups. Thank you so much to everyone concerned. We wish you good health, peace and happiness in the New Year.

Friday Social Afternoon

Join us online every Friday at 2pm for an hour. For more information: ring 0113 2619103 or email rowan@opal-project.org.uk and Rowan will give you the link and password

5th Feb

Sounds of our City - history of music in Leeds by Kitty Ross

12th Feb

Dingbats

19th Feb

Guess the object from a picture

26th Feb

Travel with Connie to Iceland

Patrick Bourne

From All at OPAL

Solutions

Only 5 Clues

Across

1. SCRAPE
3. HAMLET
4. LARDER

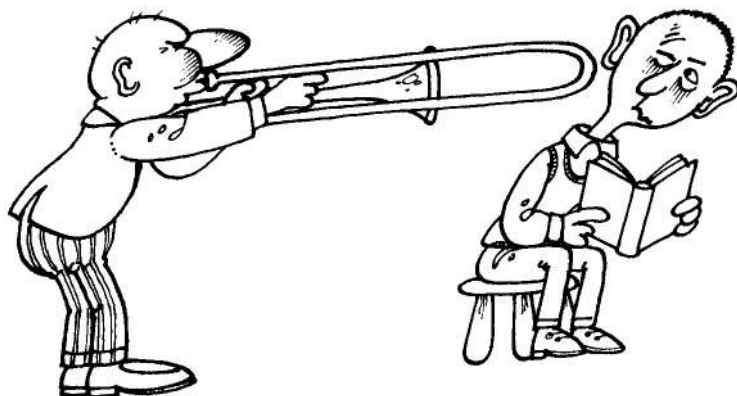
Down

1. SCHOOL
2. ESTHER

Word Square

EARN
UREA
RING
OATS

4	9	5	2	8	6	7	1	3
7	2	3	4	9	1	8	6	5
6	1	8	3	5	7	2	4	9
3	6	2	1	4	9	5	7	8
5	4	1	8	7	3	9	2	6
8	7	9	5	6	2	1	3	4
9	3	4	7	1	5	6	8	2
2	5	7	6	3	8	4	9	1
1	8	6	9	2	4	3	5	7



Love thy neighbour – even when
he plays the trombone.

Looks like you need a Personal Assistant!

David Bransby is...

Your P.A.



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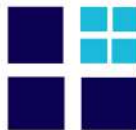
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AND SUPPORT CARING FOR LIFE



The Farm Shop is open for your food essentials and treats. You can also order online at - craghousefarm.com to use our Click & Collect service or we can deliver to your door!

Have you tried one of our **Homemade Ready Meals** yet? Lasagna, Beef & Ale Stew, Curry or Turkey Stroganoff. You can also pre-order an **Afternoon Tea** to enjoy at home £10.



We are delighted that even through lockdown, our Farm Shop, Garden Nursery and Grab & Go Coffee Shop can remain open to serve our local community.
Open Monday-Saturday 9am-4pm.



Call into our **Coffee Shop** for a hot drink, soup, sandwich or treat and take a walk in our **Sensory Gardens**, or go and visit the **Garden Nursery**.



Wishing you a happier 2021!

Crag House
— FARM —

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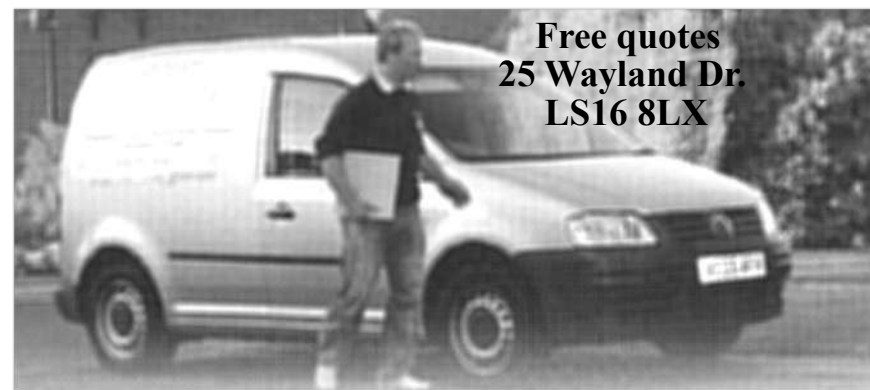
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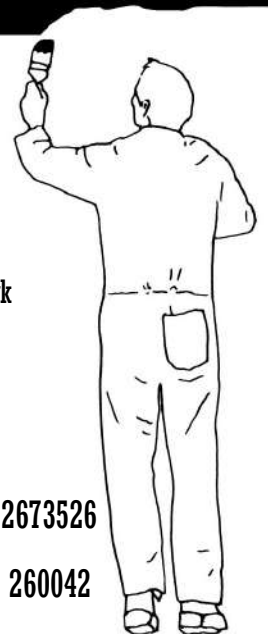
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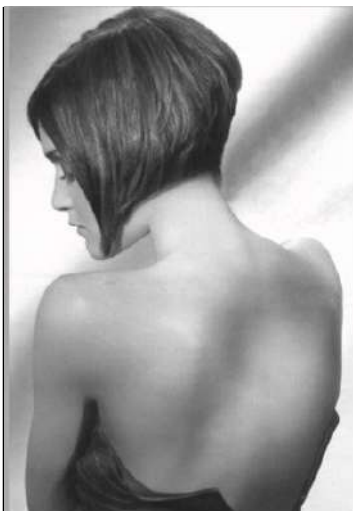
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and goes out to 460 homes except for
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Full page £140 per annum

Half page £80 per annum

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+ £20 for alterations

For further information contact:

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Church Services



February

On-line Services

Wed 3rd	7pm	Compline
Sunday 7th		Second Sunday before Lent
	10am	Parish Worship
Wed 10th	7pm	Compline
Sunday 14th		Sunday next before Lent
	10am	Parish Worship
Wed 17th	7pm	Compline
Sunday 21st		First Sunday of Lent
	10am	Parish Worship
Wed 24th	7pm	Compline
Sunday 28th		Second Sunday of Lent
	10am	Parish Worship

These services will be available on Facebook and YouTube - each Sunday there will also be a short Junior church video for our youngest members.

There are various activities for children taking place via Zoom - if your child would like to join in please get in touch.

For anyone not online, a short service can be heard by dialling 0113 4678478 (charged at your usual rate) - please spread the word about this.

Until Sunday 14th Feb inclusive, the church building will be closed except for funerals. The situation will then be reviewed, so please consult the website at that point for further information.