



ADEL BELLS

Parish Magazine 70p

FEBRUARY 2026



**A treasured gift, memento of a dear friend
see page 15**

**Their eyes positively sparkled · I wanted to
work in Edinburgh · Whom do you ask if
you are on your own? · Words extolling
charity and love · A quiet faith all her life**

Contact Information

Rector Revd Alison Battye
25 Church Lane, Adel, LS16 8DQ
alison.battye@leeds.anglican.org
0113 267 3676

Church Website
www.adelparishchurch.org.uk

Parish Contacts

Lay Minister	Paul Barker	07306 282 827
Churchwardens	Anne Andrews Alison Howarth	0113 275 5585 anne.andrews@ntlworld.com 07738 082 582 ahowarth@hotmail.com
PCC secretary	Andy Neal	07415 424 964 adelpccsecretary@gmail.com
PCC Treasurer	Bob Holloway	0113 267 9360 hollowaybob11@gmail.com
Planned Giving	Helen Hallett	helenhallett00@gmail.com
Environmental Officer	Thang Tang	adel.eco.church@hotmail.com
Stables Bookings	Loveday Loveridge	07974 321 466 adeloldstables@gmail.com
Magazine Editor	Marjorie Cole	0113 261 0069 adelbellscm@gmail.com
Magazine Advertising	Gerald Gaunt	0113 267 6708 geraldgaunt@btinternet.com
Magazine Distribution	Sandra Lavery	0113 261 2008
Safeguarding	James Moxon	07984 164 782
Website	Heidi Harban	hgharban@gmail.com
Enquiries		adelparishchurch@gmail.com

The Parish Church of St John the Baptist, Adel

Enquiries including Home Communions, Baptisms, Confirmation,
Weddings, Funerals, please look at the church website
www.adelparishchurch.org.uk

Contents

Rector Alison's Letter	6
Lent 2026	7
Mini Afternoon Tea	7
Subscribe to Adel Bells	8
Rev'd Ian Reflects	9
In Brief	10
Adel Manor Communion	11
Letter from Lily	12
Environmental News	13
A Christmas from the Past	14
Her quiet faith	15
A Problem Shared	16
A Big Thank You	17
New Archbishop of Canterbury	18
Former Archbishops	19
Puzzles	20
QE Corner	21
History of Adel Bunker	22
In Your Garden	23
History Groups	24
OPAL	25
Crag House Farm	26
York Gate Update	27
My Day in Cups of Tea	28
What's On	30
Barry Anderson	31
Billy Flynn	32
List of Advertisers	55



Adel PCC Members 2025—2026

Anne Andrews, Paul Barker,
Lucy Best-Shaw, Bruce Buchan,
Marisa Clayton, Marjorie Cole,
Tina Gledhill,
Bob Holloway, Alison Howarth,
Sarah Johnson,
Jenny Jones, Sandra Lavery,
Sue Lawson, Loveday Loveridge,
Andrew Neal, Mark Seaward,
Carole Smithies, Leanne Winfield

Magazine Editor

Marjorie Cole

Illustrator

Val Crompton

Church Open for Visitors

Monday and Saturday 1.45pm to 3.45pm

Parish Registers

Baptisms

16th November

Evie and Nathaniel, children of
Alexander and Amelia Hart

23rd November

Cameron, son of Naomi and
Angus Milne

Funerals

13th November

Pauline Fryer

24th November

Linda Saunders

27th November

Richard Chadwick

16th December

John Surtees

6th January

Mary Lerner



Festivals & Feasts

2nd February

Presentation of Christ
in the Temple

18th February

Ash Wednesday



Thought for the month

During a great storm, a doctor in a rural area was called to go several miles into the country to visit a sick child. It was late in the day and the weather was bad, with snow falling so quickly that he could hardly see the road. He was worried he might not get to his destination. He reached a remote house and the owner telephoned to the next house along the road, asking them to ensure that a light was on outside the house. When the doctor reached that house, the owner did the same and eventually the doctor arrived at the house where he was needed.

Is not this a picture of the Christian life? By the way we live, we can each let our light of faith shine so that others can find Jesus who is the Light of the World.

John Farrow



Part of Christ's family, welcoming everyone, sharing God's love and being a voice of hope

From the Editor

I wonder if you ever buy a bouquet of flowers in a supermarket. They do look pretty and whether you are buying them as a gift, or indeed for yourself, they will cheer up any décor. I was tempted to buy one recently and shortly afterwards I read Thang's article for this magazine, highlighting the journey the flowers will have made before arriving on these shelves. I had not thought of that, but I shall try very hard in future to restrict my flower buying to those that have been grown in the UK and preferably locally. Please look at his piece on p 13. Do you really need roses?

Easter is early this year, and as a result Lent begins early, Ash Wednesday occurring on 18th of this month. However you view Lent and whatever you feel you need to do to repent, there are opportunities for you to be part of this important season in the church year. Why not

start by attending a service of Ashing, when we are encouraged to acknowledge our flaws and need for God's mercy? Or come to a quiet service of Compline, or take part in a discussion group? Details of all our Lent activities can be found overleaf. We hope to see you there.

This month is also the time to renew your subscription to Adel Bells. The cost for an annual subscription has risen to £7, but I am sure you will still feel it is good value for money. The price on the cover has been 70p for a few years, but those who have paid for the whole year have enjoyed a discount. There are ten issues per year so to charge £7 seems logical. If you choose to have your magazine posted to you we have increased the amount you pay by £2 to reflect the extra costs involved in postage and envelopes. Details of how to pay are on p 8.

I wish all our readers good health and happiness in this new year of 2026.

Marjorie Cole

If you would like to have an annual subscription to Adel Bells, please get in touch with me and I will give you the necessary information.
Marjorie, Editor, 0113 2610069, adelbellscm@gmail.com

RECTOR ALISON'S LETTER

Dear Friends

After Christmas we were lucky enough to have a week's holiday on the North Yorkshire coast near Whitby. Our cottage was warm, well equipped and a couple of miles down a narrow road in a beautiful remote spot close to the sea. Unusually these days though, it had no internet connection. The phone signal could be a little patchy too.

I was very conscious of how this made my world shrink. There were family members, on holiday with me or joining us for the day; there were books to read and a jigsaw to do; the coastal walks were beautiful; but beyond this I had little idea of what was going on.

It felt good, for a while, to forget about the outside world and entertain ourselves with games, books and plenty of fresh air and exercise. There seemed to be more time, which reminded me how easy it is to get caught up in social media or world news.

On our last morning however, our world shrank in a more dramatic way when we awoke to snow! By the time we had packed the car to set off home, there was an inch or two on the ground, and more falling. It was a Saturday, so no one had driven out

to work, and there seemed no one around to advise us of the likely local conditions.

We set off and were soon struggling. After we had made a little progress by backing and taking a run at the slope, and pushing the car, we saw a delivery van stuck a little further on. We felt a bit less alone after a chat with him – but despite his optimism and his snow shovel, he wasn't making much more progress than us.

Then a snow plough appeared coming down from the main road. This meant backing the car down to where we started, which was quite scary in blizzard conditions; but it meant we were clearly not forgotten despite our remote location.

Even following the snow plough we would not have made it to the main road without some help pushing the car from a local farmer. When we later stopped for coffee (without a snowflake in sight) I had a message from the cottage owners saying they had seen the snow and if we needed to stay, we were welcome.

All of this was a reminder that however much we might enjoy our own company, in the end we need other people in our lives; and of how good it can feel when these people appear to offer help (especially out of

the snow!).

Adel is not remote, but there are still times when we feel isolated or alone. Our snowy experience reminded me of the importance of asking for help when we need it, and also checking on others who might just be struggling.

At Adel church we try to be a community of good neighbours. If you haven't already tried it, do come along and join us.

With love and prayers

Alison

Monday evenings in Lent 7.00pm (from Feb 23rd)

Compline (night prayer)
a short quiet service
– a space to reflect.

Lent discussions

'Meeting God in John'

Based on a book by David Ford, this explores questions of who Jesus is, who we are, where we call home, and what we want from life, using material from the Gospel of John. There are two chances to join in each session:

Tuesday evenings at

7.30pm (24 Feb, 3, 10, 17, 24 March) online via Zoom.

or Weds afternoons

1.30 - 3pm (25 Feb, 4, 11, 18, 25 Mar) in person in the Old Stables.

MINI AFTERNOON TEA

SATURDAY

14TH FEBRUARY

2PM

£6 per person

You will be served sandwiches, salad, crisps and a scone with jam and cream, with unlimited cups of tea or coffee



*Please book for this event by
8th February
in church or by email
adelparishchurch@gmail.com*

*You will be asked to pay
on the door*

SUBSCRIBE TO ADEL BELLS

Subs are due (£7 per year/ £16 for postal subs)

Pay cash or cheque

If you have the magazine delivered to your door you can give your payment to the person who delivers it. Cheques should be made payable to Adel PCC. If you wish to post your cheque, please ring Sandra Lavery on 0113 261 2008 and she will tell you the address to use.

If you usually pick up a copy in church, do consider paying £7 at the start of the year instead of 70p every month. This makes it easier for us to know how many copies to have printed. You can give your payment to me (Marjorie). Alternatively, you can pay online - see below.

Pay online

Use this link: <https://tinyurl.com/AdelSocial>. Make sure you don't leave any spaces. If the magazine is delivered to you, you MUST email adelbellscm@gmail.com, giving us

your address and date of payment, so that we can inform the person in charge of distribution.

If you pick up the magazine in church, an email would help me to know the numbers of copies needed.

Postal deliveries

If you do not live in Adel and choose to have Adel Bells posted to you, please send a cheque for £16 to Alison Browne, 7 Meadow End, Bramhope, Leeds, LS16 9DA
Email: alibrowne51@hotmail.com
Tel: 07968 308 260

New Subscribers

To have the magazine delivered to your door, you must live in Adel. Please send an email to adelbellscm@gmail.com, giving us your name and address. You will receive a reply containing information as to how to pay.

Marjorie Cole (Editor)

REV'D IAN REFLECTS

How long, O Lord?

For me, despite what T S Elliot says, February is the cruelest month. Darkness seems to deepen, and the world's troubles continue unabated. I empathise with the Psalmist in crying, "How Long, O Lord" (Psalm 13). In fact as the world's troubles seem to get worse, we might all want to cry, 'How long, O lord?'

Well, the earliest Christians expected they would live to see Christ's return in glory and the promises of God's justice and peace prevail. Yet the reality is that God's timescales are not our timescales.

In Genesis, when God enters into his covenants with Abram (later, God renames him Abraham), Abram becomes increasingly sceptical that he will have progeny more in number than the stars and that his descendants will occupy the whole of Canaan. God has said to him, "To your seed I have given this land..." [Genesis 15:18], implying that it has already happened.

Abram then, despite his doubts, expresses his faith in God. He believes in God's promise. And, of course, the promise is fulfilled. In Mary's Song, the Magnificat,

(Luke 1: 46-55) in which she says, "God has scattered the proud...has filled the hungry...sent the rich empty away." She uses the present perfect tense, asserting that God has already done these things and the consequences are happening now. She is prophesying that the order of the world has been overthrown, which is precisely what Jesus goes on to say and show through the Gospels.

In Christ, the world has been reconciled to God. But we continue to live in the 'in between time', the time after the Kingdom of God has broken through and before Christ's return in glory. How do we live in this time? Well, we don't just wait until God 'puts things right'. Nor do we despair at the state of the world.

We assert the presence of the Kingdom. We live our lives to reveal to others the reality and wonder of God's Kingdom, of his love made manifest. We show that God's way is the best of ways, the way to be truly human. It is the way of love, the hope for a better world, 'a light shining in the darkness', not at the end of a tunnel, but being real now. Because we have faith that 'God is working his purpose out as year succeeds to year.'

Ian Johnston

IN BRIEF

Congratulations!

Ann Lightman's contributions to the pages of Adel Bells have always been warmly welcomed. Recently, the Yorkshire Evening Post launched its Heritage Heroes series to recognise those who are keeping the city's stories alive for future generations. Ann Lightman was their first hero.

At Lawnswood Cemetery in Adel, Ann Lightman was recognised for doing what she's become known for over the past two decades: showing people the stories behind one of Leeds' most significant historic sites. Well done, Ann!

Live-streaming of services

This is a much-appreciated service we offer at the 10am service on a Sunday morning. We have a small team of volunteers who operate the camera for us. We struggled over Christmas because of illness and other commitments but we did manage to cope. We would appreciate more help. If you have very basic computer knowledge we would provide some training. Please think about this and email us if you would like to have a go. adelparishchurch@gmail.com

Trevor Cole

100 Club Draw

November

1. Chris Madeley £80
2. Barbara Wright £40
3. Victoria Burnett £30

December

- 1 Graham Hutton £80
- 2 Kath Farquharson-Welsh £40
4. Beryl Thompson £30

Foodbank Update

Thank you to everyone who has supported our local foodbanks by donating food or money. Food poverty is a real issue in our communities. In 2025, the Leeds North and West Foodbank provided food for 18,125 people – if all these people stood in a single file queue, it would stretch for around 9km – that's approximately from Leeds train station to Roundhay Park. 6,137 of the people helped were children.

The box for food donations is at the back of church by the font. Thank you again for anything you can do to help the fight against food poverty. You can find more information about how you can give help, or get help at the website leedsnorthandwest.foodbank.org.uk

Helen Law

ADEL MANOR COMMUNION

Every month, a sizeable congregation gathers for a communion service at Adel Manor, the care home on the fringe of the countryside on Otley Road, within our parish. Alison and Paul usually alternate in leading the service and the parishioners there have become good friends with the Adel St John's team.

A week before Christmas, the scene was rather unusual; with cases of flu on the top floor, where we normally gather, we had a different location and were missing friends who were part of the necessary lockdown of that floor. For those able to attend, though, this service was a real treat. Alison had brought with her three wonderful pupils from school and they were to deliver the readings, whilst Alison placed her knitted Nativity figures, one by one, in front of the residents and Paul played his keyboard for the carols.

With no communion this time and fewer people needing support during the service, I was able to stand back more and observe what was happening. What was completely apparent from the outset was that the very presence of these delightful girls gave huge joy to the residents; their eyes positively sparkled and warm smiles remained on their faces

throughout. Sienna, Alice and Lucy gave their readings in turn – each of their voices clear and at a volume that would enable all to hear them. They may not have realised it, but it became very obvious to an observer which of the residents had been teachers; they took on their teacher traits again and it was a joy to see!

None of the girls will trust Alison again, though; she twice sprang singing requests on them - but each time the girls willingly sang verses as a trio, their lovely voices translating into the happiest of faces amongst the congregation.

It was interesting afterwards to hear that the girls, too, had thoroughly enjoyed their visit (and not just because they'd missed a maths test!). Learning that care home residents are the same as the rest of our church community – complete with humour, chat and even lipstick! – made a real impression on them.

The Adel Manor congregation isn't very different in number from the Wednesday morning congregation, but all are equally part of our parish community. How special for everyone when those who can't physically get into church are linked with those who can!

Barbara Hodgkinson

LETTER FROM LILY

(Belated) Happy New Year Everyone!

I hope you all had a lovely Christmas and that this New Year brings you every blessing. I had a lovely time – my favourite new toy is a teddy dressed up for Christmas! It has an amazingly loud squeak which, once I find it and get my jaws round it, I can squeak rapidly and loudly for as long as I like – or until my Mum 'loses' it. Good luck with that one! My nose soon winkles out where she has hidden him!

It was lovely to see most of my family as well. There is a new member I have yet to meet: a cat called Berlioz. I have wanted a cat-friend for a long time, so I'm trying to wait patiently for the introduction. He only lives in Horsforth, so it shouldn't be long.

We had a lovely time at Elvis' house (remember? My cocker-poo friend, one brain cell?) and I really enjoyed taking his toys off him and running away – he can't catch me, you know. He has disproportionate legs to the size of his body, so is now struggling in the chasing department. As part of his Christmas present he has been given two sets of beautifully upholstered steps – one to get onto the sofa and the other to get onto his

Mum's bed. And I thought being given a coat was dreadful, I ask you! I still love him very much and encourage him to do little chases to keep him going.

New Year! I don't understand that one, mind you, I don't really get your system of time so a new year is way above my comprehension. You humans do make a big thing about it, don't you? I like the food and the fireworks, although I feel very sorry for all the wildlife outside. I'm fine, warm and safe inside, but they must be very frightened, particularly as the bangs and flashes go on so long night after night. Some consideration for others wouldn't go amiss with this one and how do the children sleep?

I think every new day is important, never mind every new year. There is much to think about at the start of each new day: how we act towards and treat others, how we show the love of Christ to those around us and how we can improve our relationship with God. That is a lot to do every day, so let's get cracking and make a difference. Woofs & lix,

Lily xxx

ENVIRONMENTAL NEWS

Roses are red, but they're certainly not green.

Saint Valentine has long been linked with love, and what better symbol than a bouquet of red roses? But roses... in the middle of February?

Here is the not so romantic truth. At this time of year, roses lie dormant. There's nothing remotely seasonal about them in winter. The blooms we see in shops have usually travelled thousands of miles in refrigerated containers from warmer regions such as Kenya or South America, where they can be grown year-round. And it's not just the air miles that add to their carbon footprint. There's the heavy pesticide use, the large volumes of water required, and the low wages and poor working conditions many growers face.

Heathrow alone imports around 570 tonnes of roses, all wrapped in non-recyclable cellophane. When you add it all up, a dozen red roses from Kenya can carry a carbon footprint of roughly 75kg, almost as much as me!

Julia suggested Valentine's Day for this month's Adel Bells. I've sent her roses before, but after learning more about their environmental impact, things aren't looking quite so rosy.

Fortunately, there are plenty of thoughtful, sustainable alternatives. Some flowers bloom early, and few things are more uplifting than a bunch of golden daffodils, one of my favourites! And grown right here in the UK. Just remember the golden rule to keep your carbon footprint down: support local businesses, buy seasonal, and request minimal or recycled packaging rather than non-recyclable cellophane wrap.

If you're set on roses, consider gifting a bare-root rose instead. February is the perfect time to plant one, and your loved one can look forward to its summer blooms, a reminder of how your love continues to grow. And if chocolates are more your style (and honestly, who doesn't love chocolates), choose ethical options like Tony's Chocolonely.

Of course, Valentine's Day doesn't have to revolve around buying gifts. A romantic walk can be just as meaningful, and we're spoiled for beautiful views just a short distance from here in Adel.

So this February, let's show a little love and compassion, not just to each other, but to our planet as well.

Tang x

A CHRISTMAS FROM THE PAST

DIGNITY

In memory of Dominic deGraft Aidoo

I remember his fingers, delicate as crystal, as he stood at the pulpit of Adel Parish Church. reading a passage of Scripture, his upright posture exuding strength and African dignity. So too his skin, smooth as the cadences that echoed from walls built in Norman times and the words extolling charity and love.

Subject to ignorance and bigotry though reading law, he stood aloof and held his own, even when asked if his family lived in a straw hut, and someone wittily turned his Christian name into a cruel slur. Lean and tall, he spoke deferentially of Dr. Nkrumah, his focus on his future.

I remember how he listened as I played a simple tune, noting how nuances of tempo and rhythm, tone and articulation, altered the shape and feeling of every phrase. So it was with Dominic, whose manner was more a subtle legato than staccato, despite the obstacles standing in his way.

In 1964-1965, I was reading English literature at the University of Leeds. I lived in Sadler Hall in Adel. Dominic, a fellow resident of Sadler Hall, was a Ghanaian law student and we became good friends. This was only seven years after Ghana had become an independent nation.

As the Christmas season was approaching, Dominic and I were invited to take part in the Christmas service at Adel Church. I played lute songs on the classical guitar, and Dominic read a scriptural passage from the pulpit. He was eager to become part of Kwame Nkrumah's newly formed government. He told me that one day he would invite me to Ghana for a state visit but that never happened. He died suddenly in 2023 at the age of 84.

Ben Howard

Ben has written several pieces for us over the years, mainly sent via Val Crompton by email.

HER QUIET FAITH

Last month we celebrated the life of a much loved member of our church, Mary Larner. It was fitting that the first comments were about Mary's faith. None of us who knew her can have had any doubts about that. Rector Alison referred straight away to the quiet faith in which Mary lived the whole of her life. When in hospital shortly before her death, she told Alison that she felt God was waiting for her.

As we then listened with awe to all that Mary had done throughout her life, we marvelled at how one person can achieve so much. On her own she would surely still have been successful, but there was no doubt that her husband Peter was the jewel in her life. Together they made a formidable team, solving cryptic crosswords, studying fungi, wildlife and birds.

Mary did not only have an intellect of renown, she was also a very warm human being – she lived out her faith in a way that impacted many people. When Mary was asked to consider standing for election as Churchwarden, she replied, 'I will think and pray about that decision'. Mary really meant that and when she said yes all were confident this was a decision reached between Mary, God and Peter: though for Mary a sadness

was that Peter did not share her faith, which Mary fully respected.

She had an amazing variety of skills, one of which was her knowledge of fungi, as related by Hilary Taylor. *"I first met Mary at Harlow Carr Gardens in Harrogate. During the course of the day I walked into the exhibition put on by the Mid-Yorkshire Fungus Group. They had dozens of fungi to look at and ran regular forays throughout Autumn. I decided to join and met Mary when I went to Adel Dam with the group. Later, when I first came to worship at Adel Church, I was delighted to find Mary was a church member. The rest is history. Mary became a firm friend. I will miss her."*

She was also an accomplished needlewoman and won many prizes at Adel Horticultural Show for her intricate and beautifully stitched cross stitch pictures. Her generosity also led her to create pictures and birthday cards to give to friends, Carole Smithies was the grateful recipient of such items. The cover picture was given to Carole as a house warming present.

Mary trusted completely in the love of God. At the last the only person Mary wanted to see was Peter.

Thank you to many people who have shared their memories of Mary. Editor

A PROBLEM SHARED . . .

We live in a world where so many people need help as they grow older, and we are ever grateful for the organisations that exist to offer help. In our area we have our local OPAL group, we have our church family and more and more care homes are being built.

I spoke recently with local resident Jean Masson, who opened my eyes to a problem experienced by so many people, a problem of not having family to help them with difficult decisions. When her mother became infirm, she was there to support her but she realised that she herself, not having had children, would face a future with no family members to help her. Round about the same time as she experienced what she called her 'lightbulb moment' she came across a newspaper article by Kirsty Woodard who had just founded in London an initiative for people with exactly the same problem she had. It encouraged her to think that she was not alone and she got in touch with Kirsty and invited her up to Leeds. This meeting eventually led to the formation of the Leeds group of Ageing Without Children (AWOC) which was formed, not to replicate what was already being done, but to offer advice as to what measures need to be taken now in order to avoid problems later.

In the beginning their main aim was to encourage organisations to give some thought to the problem of people who don't have family support. The early meetings of the Leeds group brought them to a decision to concentrate on three things: provide information sessions for their members, raise awareness with agencies of the basic problem experienced by these people and create opportunities for people who are AWOC to meet socially.

Many people set up a power of attorney with a member of their family agreeing to take on the task, but whom do you ask if you are on your own? Here is one woman's experience, showing us the consequences of having no one to make decisions for us. "After a hospital procedure, I was told I would have to have someone to collect me and stay with me for 24 hours. That was a real problem for me, as I have no family nearby and my friends are old like me and some don't drive."

Drawing attention to this group here in Adel Bells might just be an eye opener for some of our readers, who may not yet be in need of a carer, but some advice as to how to arrange power of attorney, how to draw up a will, etc etc will make the future a

little less uncertain. If you are interested in learning more, try emailing the local group and you can decide if it's for you - email address at the end of this article. Talking to someone if you don't have younger family members to help you might just result in getting the legal bits in place so that you can avoid being left high and dry! The present members vary in age from their fifties to their eighties. They tend to be people who are still reasonably independent but who realise they may well need support at some point. If this is for you, please send an email expressing an interest and you will receive details about their activities.

A BIG THANK YOU

Beryl Thompson played a very important rôle in the production and distribution of Adel Bells for many years. Her contribution was invaluable, but she has now decided to take a bow and retire. We are grateful for all she has done and wish her well for the future.

Many years ago Beryl took on the job of editor from Val Crompton. I was her assistant and although we each worked on our own computers we managed to share the load. I always enjoyed our monthly sessions at her house, adding the final touches to each issue. When Beryl relinquished that rôle I happily carried on as the

Thanks to the hard work of this group help has been found: money was found to pay for publicity thanks to Barry and Caroline Anderson's influence, rooms have been made available for their meetings, professionals have come to talk to groups, James Moxon has given advice about local health services and Virgin Bank has allowed such a small group to have an account. Still in its early days is a project considering ways of people supporting each other. Would that work, would they be able to build up enough trust? We shall have to wait and see.

Marjorie Cole
awocleeds@gmail.com

sole editor.

However, that was not all Beryl did. She dealt with the advertisers, and was also responsible for the postal subscriptions, doing a brilliant job of getting them sent off on time. Thank you, Beryl for all your hard work.

Alison Browne is now dealing with the postal deliveries and Gerald Gaunt is managing the advertising. Thanks to both of them for taking these jobs on.

Marjorie Cole

NEW ARCHBISHOP OF CANTERBURY

The Archbishop of Canterbury

It was announced on 3 October 2025 that the Rt Hon Dame Sarah Mullaley, Bishop of London, is to be the next Archbishop of Canterbury, the 106th in line of succession from St Augustine, who was sent by Pope Gregory the Great in 597 on a Christian mission to the Anglo-Saxons. Pope Gregory's idea was that in due time there should be a southern archbishop based in London and a northern archbishop based in York. But Augustine landed in the kingdom of Kent and established his ecclesiastical centre in Canterbury, which was its capital, and historical tradition has maintained it there ever since. Pope Gregory's plan for northern province based in York did eventually come about, but not until the eighth century.

Since last October Bishop Sarah has been the Archbishop designate, whilst continuing as Bishop of London. She will be ceremonially installed or, if you prefer, enthroned in Canterbury Cathedral on 25 March this year, the Feast of the Annunciation. However, she legally became the Archbishop of Canterbury on 28 January when her nomination was given formal ecclesiastical approval in a ceremony

known as the Confirmation of Election, held in St Paul's Cathedral. Bishop Sarah's election as archbishop made world-wide headlines because she is the first-ever female archbishop in the Church of England.

As a reminder, the first women were ordained as priests in the Church of England on 24 March 1994, but it was not until 2015 that a female bishop was consecrated. That was Libby Lane, who became the Suffragan Bishop of Stockport in the Diocese of Chester. Since 2019 she has been the Diocesan Bishop of Derby. Later in 2015 Rachel Treweek was consecrated as Bishop of Gloucester and so became the Church of England's first female diocesan bishop.

The Archbishop of Canterbury has many roles which, in a way, sit one inside other. Archbishop Sarah will be bishop of the diocese of Canterbury (although in practice the normal diocesan business is carried out by the Bishop of Dover); she will be head ('Metropolitan') of the Province of Canterbury, comprising the thirty dioceses in the southern two-thirds of England; and she will be the chief religious figure in the Church of England, the monarch being the Supreme Governor. What the Archbishop of Canterbury does

not do, however, is rule the world-wide Anglican communion. Rather, the Archbishop of Canterbury is a kind of nominal head by common consent, described in more formal language as 'primus inter pares', 'first among equals'. The Archbishop of Canterbury has no formal jurisdiction beyond the Church of England, and so the election of Archbishop Sarah is essentially to the 'nest' of roles within England, not to a role akin to that of the Pope. In this capacity, she is designated as Primate of All England. The Archbishop of York, by contrast, is known as the Primate of England. York is a much smaller province, with only fourteen dioceses. Both archbishops sit in the

House of Lords, alongside twenty-four other bishops. Collectively they are the Lords Spiritual.

The Bishop of London ranks as third in the episcopal hierarchy, and so, while we have been without an Archbishop of Canterbury, the Church of England has been led by Stephen Cottrell, as Archbishop of York, and Sarah, as Bishop of London. The last time a Bishop of London moved (was 'translated') to Canterbury was in 1945, with the election of Geoffrey Fisher.

Joyce Hill

Former Archbishops of Canterbury

Can you link each Archbishop up with the century in which he served?

Thomas Cranmer

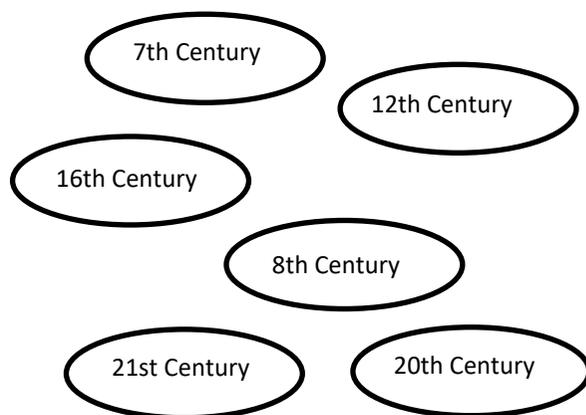
Rowan Williams

Augustine

Michael Ramsey

Cuthbert

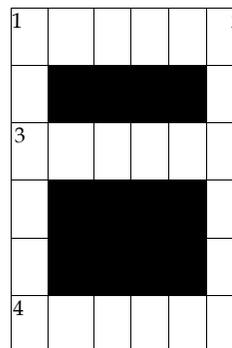
Thomas Becket



Answers to this quiz, set by Marjorie Cole, on p 38

PUZZLES - ONLY 5 CLUES

GENERAL KNOWLEDGE



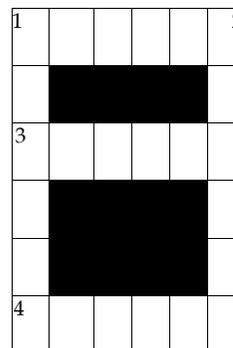
Across

1. Ghost haunting Macbeth
3. Graduates from university in Milan possibly
4. Mysterious thing

Down

1. Cook slowly in liquid
2. _____ de Havilland, actress

CRYPTIC CLUES



Across

1. Revealed, suitable set of clothes
3. Walk slowly from valley, taking in edges of wood
4. Take a risk on unknown woodland plant

Down

1. Film villain is curious Old Testament character
2. Theatre at York welcoming this agreement

Solutions on p. 38

QE CORNER

Here it is again..... QE (Quite Enlightening) Corner. You all know that I like trivial information, so for your enlightenment I am presenting you this month with another miscellany of “facts(?)”

A burst of hot air from a whale’s blowhole can be spotted by a satellite from space.

In the 1940s, people who listened to the radio all the time were said to suffer from ‘radio perpetuum’ or ‘a slow but sure softening of the brain’.

There is a hotel in Bolivia made entirely out of salt. They forbid guests from licking the walls.

Because the nearest hospital to the Antarctic settlement of Villas Las Estrellas is over 1000 km away, anyone who wants to live there must have their appendix removed before moving in.

Sierra Leone has a railway museum, but no national railway network.

In medieval Italy, people used onion slices sprinkled with salt to predict the weather for the coming year. Undissolved salt meant it would be sunny, melted salt meant rain, and bubbles meant humidity. Some people still use ‘onion oracles’ today.

In Ancient Rome, people believed cabbages could counterbalance the effects of wine. Hangover cures included strapping a cabbage to your head.

Your fingertips wrinkle in the same pattern every time they’re immersed in water for too long.

Prix de la Page 112 is a French literary award given to the author of the book with the best 112th page. It was first given out on the 12th of December 2012, and the winner gets 1,200 euros.

In his will, Treasure Island’s author Robert Louis Stevenson left his birthday of November 13th to a child he knew who always complained about being born on Christmas Day.

From 1946 to 2021, it was illegal in Western Australia to drive a car with more than 50 kg of potatoes in it.

In 2023 a tortoise called Leonardo ran away from home. He was found 9 months later, a mile away from his home having covered an average of 6 metres a day.

Please note these “Facts(?)” are all from the internet, so don’t blame me if they are not correct!

Trevor Cole

HISTORY OF ADEL BUNKER

I have been asked about the History of Adel Bunker

(The bunker is in Adel Woods, opposite York Gate, at the other side of Adel Beck, near Stairfoot Bridge.)



In 1939, at the start of WW2, Leeds Permanent Building Society needed a safe, wartime store for Property Deeds & Records. It needed to have easy access from Leeds.

A safe Bunker was built in the 4-acre quarry (close to Stairfoot Bridge), in Adel Woods. These important documents had been stored in strong rooms, in the centre of Leeds. The city centre was now at risk of German air raids.

The safe bunker was built in the Adel Quarry, in Adel Woods. The bunker was water-tight and built of reinforced concrete. Electricity was installed and a heavy steel door guarded the entrance.

At the end of WW2, all documents were returned to Leeds City Centre. Later the empty Adel Bunker was sold as ‘safe storage’ to a private buyer.

Some years ago, Adel History Group members with torches, were allowed access to the bunker on a summer evening. It was an interesting experience!

It is on 2 levels. In the 1960s-1980s, the Bunker had been broken into - and vandals had left their marks!

Val Crompton

IN YOUR GARDEN

"February is merely as long as is needed
to pass the time until March."

- **Dr. J. R. Stockton**

The colour in February might be subtle and typically modest but all the more reason to value it against a generally dull background. It is the time to appreciate the snowdrops, crocuses and primroses that will increasingly appear through the month, the pastel shades of the various hellebores, the spidery flowers of the witch hazels and the red and green hues of the dogwoods that are now at their best. If you are very lucky you might also catch the luxurious scent of a Daphne.

Few gardeners are ever entirely happy with their gardens. Some plants grow and thrive whilst others compete less well. You may have inherited someone else's garden, or perhaps your own needs have changed as, for example, children grow older and no longer need the trampoline, Wendy house or climbing frame. If you want to make changes then it will require both a plan and some action, in that order. If you are considering significant changes, a revolution, or even a more modest refresh it is well worth getting input from a local professional garden designer. Their input and local knowledge will help you get the best

out of your plot, as near to what you want as your individual site, location and budget will allow. They should also help you to work with it rather than against it.

As well as all the bird feeders and the fresh water that I provide, I grow many plants that help sustain birds and encourage them to linger a little longer. Berry-rich shrubs such as cotoneaster and pyracantha and trees like rowan, hawthorn and holly provide food and shelter. After last years' bumper berry crop the birds have been well supplied for much longer than usual this winter. Even the humble ivy, when allowed to mature and flower will provide nectar for early and late insects, fruit for birds, and then shelter and nesting sites. It has been a particular joy this winter to see the flocks of goldfinch alighting on the seed heads of the teasels we allow to self-seed around our garden. In February and March the natural food supplies of our resident birds are at their lowest levels so anything you can put out will be gratefully and greedily received. You might even attract more unusual visitors like siskins and redpolls.

George Turnbull
enquiries@adalgardencare.co.uk
www.adalgardencare.co.uk

HISTORY GROUPS

The 1152 Club

meets once a month on Tuesdays,
at 10am - 11.15am,
during term-time.
at Abbey House Museum

Free parking near Abbey House.
Patrick Bourne. Kirkstall
Abbey, Leeds LS16 3EH
Kirkstall.abbey@leeds.gov.uk
For details, 0113 378 4079

or contact **Val Crompton**

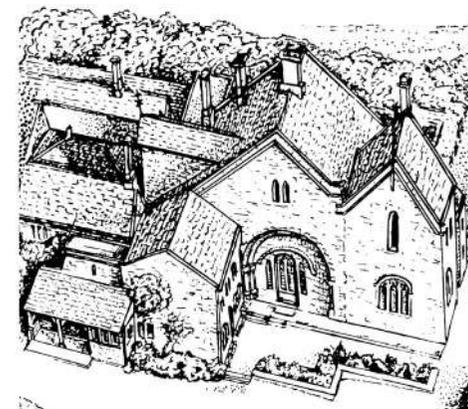
This is a free, friendly local history
group for adults aged 55+,
and includes a hot drink.

Tuesday 3 February

Music Leeds Us: an exhibition
talk with Esther Amis-Hughes
at 10am

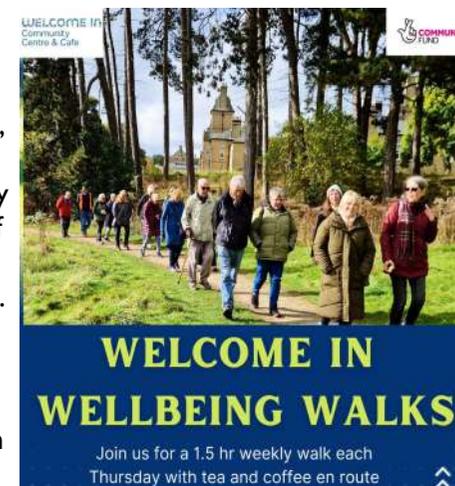
As part of the Heritage Talks series,
Esther Amis-Hughes will showcase
the 2025-26 exhibition at Leeds City
Museum that celebrates 60 years of
music in Leeds, marking the 60th
anniversary of Leeds Conservatoire.

The exhibition explores the city's
musical heritage through objects,
stories, and personal accounts from
the goth, jazz, and punk scenes.



Every Thursday at 10am, meet
at **OPAL**, LS16 6 DJ
for a one and a half hour
Wellbeing Walk.

For details, contact Ellen Stoker at
OPAL 0113 261 9103



OPAL ACTIVITIES

As always OPAL is busy and buzzing with all our regular activities, we aim to provide something for every type of member we support and so we also host regular services provided by external organisations. The dates for all of these services are published in our bi monthly newsletter which is sent to all our members, but one of those that are coming up this month is the Adult Social Care Drop In, this is on **26th February** in the Welcome In Cafe (**11am - 1pm**). If you have anything you wish to discuss with someone from the Adult Social Care team please come along and have a chat, no appointment is needed.

The BID service (for Leeds residents who are deaf/hearing impaired and/or are blind/sight impaired and their families or carers) are at the Welcome In on **12th February**, you can speak to them about the services and support they offer on 0113 288 5750 and book an appointment with them.

The local councillors will be at the Welcome in between **1pm-2pm** on **27th February**, this is a drop-in session for anyone who has any issue they wish to speak to them about. No appointment is necessary.

Our ever popular shopping trips will be running on **12th & 26th February**

to Pudsey Owlcoates, many of our members use this trip as a way to shop for larger, bulkier items as they know they will be helped to get their shopping indoors when they get back home, while others use the opportunity as a catch up with friends over a cup of tea and a treat. Please call us if you are interested in booking a place on the next trip.

Our other trips in February are to **Hawthorne Farm** for lunch on **17th February** and a trip to the **Leeds Recycling Centre** on the **19th February**. If you would like any more details about our trips please call and ask for Hattie or Shelley.

A date for your diaries that seems a long way off is **8th June**, we will be hosting a **Dementia Roadshow** at the Welcome in which will be open to all to come along. Look out for more details on our social media and in our newsletter.

For more information please contact us on 0113 261 9103, email us on admin@opal-project.org.uk or call in to see us at the Welcome In Community Centre 55 Bedford Drive, Leeds LS16 6DJ.

Shelley Clark (she/her)
Project Worker

Winter Warmer

SOUP &
A SANDWICH
ONLY

AT

CragHouse
— FARM —

£9.50

SOUP OF THE DAY & CHOICE OF SANDWICH

Ham Salad, Egg Mayonnaise, or Wensleydale & Chutney on either White, Malted or Gluten Free Bread

AVAILABLE MONDAY - SATURDAY 12PM-3.30PM

To view our menus and book online visit - www.craghousefarm.com

CragHouse
— FARM —

Crag House Farm - the home of Caring For Life • (0113) 230 3618  
Otley Old Road, Cookridge, Leeds LS16 7NH • www.craghousefarm.com

YORK GATE UPDATE

*Spring Magic
The World is very old;
But year by year
It groweth again
When buds appear.*

Everyone knows and loves snowdrops: their blooms always cheer us up on a cold winter's day. The common snowdrop *Galanthus nivalis* has long grown wild in Britain and is the snowdrop most people would recognise, its drifts of snowy white flowers carpeting our native woodland and gardens.

We have the Victorians to thank for planting snowdrops on graves and in churchyards (as well as ants for moving their seeds along the paths and under trees) and this also led in the 19th and early 20th century to snowdrops being associated with a dark superstition: people came to believe that snowdrops spelled impending doom and bad luck if brought into the house. Luckily that superstition has passed and we can now enjoy snowdrops in the home.

We can also thank the Victorians for the word Galanthophile, which means snowdrop lover. It was one of Sybil Spencer's favourite gardeners, the garden writer and plantsman EA Bowles, whose garden at Myddelton House in Enfield is renowned for its

snowdrops, that is believed to have coined the term Galanthophile. There are hundreds, if not thousands of different cultivars, each with their own distinctive features – and as every galanthophile knows, it is the minutiae that matters in a snowdrop, the tiny variations in marking, shape, size and colour. A galanthophile is a person for whom “a trip to see the snowdrops” could mean a drive of 200 miles and who may spend a fortune on a rare specimen.

However, you do not have to travel that far: York Gate is opening its gates again this year for you to enjoy many varieties of specialist snowdrops around the garden and there will be a large selection of snowdrops in Plant Sales to tempt you to start your own collection. So, put on your boots, pull your hat down and do come along, even on a bitter winter's day, and thank heavens for snowdrops, the true winter flower.

Here at York Gate we wish you all a very Happy New Year.

Gillian Smith
Heritage Volunteer.

Snowdrop Days this year are: -
Friends/Members 4th to 8th Feb
All visitors 11th to 15th Feb

MY DAY IN CUPS OF TEA

I asked Councillor Caroline Anderson to tell us about a typical day in her life.

How do you like to start your day? Ideally, with a cup of tea, and time to get gently into the day, but that hardly ever happens. I'm usually up at 6.15am to get to work before the traffic gets too bad. At the weekend I like to sit in bed with a cup of tea and look out at the beautiful view we have over towards the airport. I never get tired of the view.

And where are you waking up? We live in Cookridge, one of the highest points in Leeds. Tricky when it snows but mostly it's a lovely place to live. The community is close and the amenities are great.

Tell me a bit about your work. I have been in the Civil Service for 43 and half years and have worked in many different departments in different locations over the years. We settled in Leeds in 1993.

As a local Councillor, I also work in the community, representing the people of Adel & Wharfedale. I also shadow the Adult Social Care and Healthy Lifestyles portfolio. This is a huge budget area for the Council and it is important that residents can access the services they need. There

is also lots of committee work and attending as many local events as possible.

Kettle's on - what do you fancy? A cup of tea would be nice. I don't normally have cake or biscuits but a cake would be lovely – carrot cake or a nice homemade scone. I like to take my time over my cuppa.

How did you end up doing what you do now? When I was young I wanted to work in Edinburgh because it seemed very glamorous. I got a job as a typist in a Solicitor's office in Charlotte Square but the pay was terrible. After 3 months I was appointed to the Procurator Fiscal's office, still as a typist, and worked my way up doing various clerical and admin roles.

In terms of being a Councillor, it's a case of “if you can't beat them join them” so when the opportunity came along to get on the Council, I decided to go for it, back in 2015. I can't believe it's nearly 11 years ago.

What is your working day? If I am working in the office (Civil Service), I am up at 6.15am, get to work about 7.40am and then it all starts. I treat myself to a proper coffee. The rest of the day is usually meetings, online or in person. I usually make a packed



lunch. I am lucky to work in the centre of Leeds and so I have easy access to the market and John Lewis so anything I need is on the doorstep almost. There are also Council meetings during the daytime on some days and Barry and I work together on these.

Who would you like to share a cuppa with ? My mum, she lives 180 miles away and I wish she lived round the corner. She will be 90 in April.

When do you down tools for the day? It depends on what day it is, probably 10pm as we have commitments most nights of the week. Friday is the day we are least likely to be out at night so that's a nice night to switch off a bit sooner. This year, Barry and I have been lucky enough to be Deputy Lord Mayor and Deputy Lady Mayoress which has been a lot of fun.

What do the next few months hold for you? If everything goes to plan, I am retiring from work at the

end of March. I am looking forward to doing a lot of things in the house, and taking up new and old hobbies. We both play golf so that will continue. We both want to take up bowls, which we have often played, but never regularly, and pilates. I also enjoy cooking and I plan to do a lot more of that. I used to do cross-stich and I also love reading.

Tea break - do you have a favourite mug? I do, my mother-in-law had a lovely mug which I inherited when we cleared out the house. It's Royal Worcester and I love it because it's nice to drink out of but it's also fun. It has reindeers all round it who are doing the can-can with Santa and even though it's a Christmas mug I use it all year round.

What are you most looking forward to right now? Having more time to do things I enjoy and also having more holidays.

WHAT'S ON

British Yorkshire Pudding Day

Sunday 1st February

British Yorkshire Pudding Day encourages cooks of all levels to celebrate this humble yet beloved dish. Whether served with roast beef and gravy, filled with sausages as toad-in-the-hole, or reinvented in modern wraps and desserts, the Yorkshire pudding remains a symbol of British ingenuity and comfort. The day invites everyone to appreciate its history, enjoy its flavours, and keep the tradition alive.

And Sunday is a good day for this to happen. As someone whose Yorkshire Puddings always fail to rise, I should appreciate some advice!

Editor



Headingley Flower Club at Bramhope

Wednesday 4th February
AGM

7pm Guests are welcome at all meetings. A guest fee will be charged. Bramhope Village Hall, Old Lane, Bramhope. LS16 9AZ
Contact Mrs Jean Money
Tel 01924 468714

Adel Gardeners' Club Monday 9th February

'Clematis'

Geoff Hodge

This is a change of topic as we are having a bug / plague expert next year. Geoff will provide a practical talk showing us what to do to get the best results from clematis buying planting growing pruning through to dealing with or avoiding pests and diseases, This talk will be via a Zoom link into church.



Leeds & District Association of the National Trust Tuesday 10th February 'The life, work and legacy of a Leeds scientist, William Astbury 1898-1961'

By local author Kersten Hall

All meetings are held on the second Tuesday of the month, 10 for 10.30am in St. Chad's Parish Centre, Far Headingley. Easily accessible by Otley Road (A660) buses - nos. 23-28. There is a car park. Guests welcome - entrance fee £7.00. Refreshments before the meeting by donation.

Further information:

c.lightman@sky.com (Ann Lightman)

BARRY ANDERSON

Brown Bin Garden Waste Collection

As you may be aware the brown bin collection will resume in March. Until then you can get rid of your garden waste at any of the 8 household waste and recycling centres. They are open all winter and free to take garden waste to. You can check out any information on this website www.leeds.gov.uk/recycling. You can also try home composting. For a simple guide on getting started, plus discounted compost bin offers, check www.leeds.gov.uk/compost. The collection dates for the brown bin are on the Leeds Bins App as well as the website, just put your postcode in and find your address and the dates will then appear on the screen for all your bin collections.

Holt Park Library Services

Each week at Holt Park Library, staff permitting, the PCSO Contact Point will be in situ in the library public space between 11.00 and 11.45. On Fridays, between 10.30am and 12.30 a Knit and Natter group meets. If you are new to knitting, or want to try it out, the group will be more than happy to help you. They have needles and wool so that you can give it a go. If you are already a

knitter then just go along with your current knitting project and join them.

Yorkshire GREEN Local Community Fund

This offers grants of up to £20,000 to support local and community-led initiatives. Organisations could be eligible for up to £20,000 in funding to support projects that make a lasting difference in the community. The fund will provide grants to the following organisations and groups: registered charities, non-profits and social enterprises; Parent Teacher Associations or 'Friends of' organisations associated with schools; community benefit/mutual societies (non-profit, no habitual payment of dividends).

Projects that qualify are: providing education and Science, Technology, Engineering and Maths (STEM) opportunities; protecting the environment and ensuring access to green spaces; improving community spaces and saving energy; helping with the cost of living and supporting employability; encouraging physical health and activity and supporting mental health and wellbeing. If anyone is interested in finding out more about these grants please

contact me by email on barry.anderson@leeds.gov.uk

Damage at Golden Acre Park

As you may know there was a huge amount of damage done to many acres of parkland at Golden Acre Park in December. The mindless vandalism is shattering, not only to those who use the park but also to the Parks Department staff who work so hard to keep the park beautiful for visitors.

At the time it happened, nobody unfortunately saw anything, it was most probably dark, but I am asking that we all stay vigilant. If you are at Golden Acre and you see anything suspicious please report it to the Police either online www.westyorkshire.police.uk/report-it or by ringing 999 if a crime is taking place when you are there or by calling 101 when you get home.

Meanwood Valley Beck – Update

Yorkshire Wildlife Trust, has been working on improvements within an area of wet grassland/mire habitat

BILLY FLYNN

Hi everyone. As this is the first Adel Bells of 2026, I would like to wish everyone a very happy and healthy New Year. I hope you all had a lovely Christmas.

adjacent to Meanwood Beck, near to Parkside Road picnic area.

There has been ongoing consultation with Council teams (Natural Habitats, Area Teams, Flood Risk Management, Countryside Rangers) as well as local action groups. The work will bring biodiversity benefits to the area by enhancing native flora through seed and plug planting. This area is naturally boggy; the work will add structural diversity which creates microhabitats, increasing the range of species the habitat is attractive to. It will also add benefit to flood management by holding back water when Meanwood Beck is experiencing high water flow. The water is then released back into the beck when water levels drop. This helps to slow the flow of the beck.

The work is expected to begin in early 2026 depending on climate/ground conditions.

Cllr. Barry Anderson

Adel & Wharfedale Ward
Direct Dial 0113 3367742
www.barryanderson.org.uk
Twitter/X @barryanderson19

Falls Slips and Hazards

I am not going to teach granny to suck eggs over taking care of yourselves during this cold spell of weather but beware, accidents can

happen just as easily indoors. Just before Christmas, my wife slipped in the kitchen and broke her leg in two places. It was not as bad as it could have been but was a salutary lesson in how things can go wrong very quickly.

On the plus side, she was able to pass on cooking responsibilities over Christmas to the family for the first time in several decades and I am now learning how much unseen work is done by wives while men are at "work." Exhausting! However, it was very inconvenient and painful for her so please do take care.

Refuse Collections - or Lack of Them!

You may well have had issues with missed refuse collections over the festive period which I know have rumbled on into the New Year. As I am writing this piece, there is snow on the ground which is causing delays for the crews working overtime to recover any missed collections.

There is a huge increase in refuse and recycling material over Christmas which makes life even more difficult for the crews. However, by and large, they do an excellent job in all weathers throughout the year so we cannot complain. What has come to light though, is the apparent failure of the online reporting system for residents. It may be due to the

volume of refuse, but I have had numerous reports of no response to missed collection reports. This can happen throughout the year, so I recommend that you report any non collections to me. I have a direct contact with refuse management, and I can usually have the matter resolved within a reasonable time and I will keep you informed of progress.

Leaf Collection

I think you would agree that the council leaf clearing team did a good job this year but I understand that there are a few locations with a residual build up of leaves. If you have any problems near you, please let me know and I will have a team call out to clear the area.

The same applies to fly tipping. I am sure you all know the areas around the ward where large items are dumped on a regular basis, and the problem is much worse in the period after Christmas. We have a specialist team that tours the ward daily clearing fly tipping and they will usually collect these items quickly. Please let me know if you spot any.

If you would like further information on the items above or have questions about anything else in the ward, please do contact me.

Telephone 07810 640282
or email billy.flynn@leeds.gov.uk



Fun characters having great adventures written to promote:

- ✓ Being good friends
- ✓ Embracing differences
- ✓ Taking care
- ✓ Having lovely manners
- ✓ Learning who may keep them safe

Join the Cones and enjoy the fun!

Available from all good bookshops and on line, "Meet the Cones" and "Cones Make New Friends" introduces the Cones, how they come alive and how they become friends. The Cones series of books is written to be fun to read while helping children learn to live with each other in the best possible way but always with safety as their first priority.



Visit The Cones website to discover more and to download free colouring sheets

www.theconesbooks.co.uk

For inquiries about The Cones series of books please contact Rachel at rt@fisherkingpublishing.co.uk

Helping children learn to live and play within parameters based on moral and ethical values.



"The Cones is a great idea"
Sir Jonathan Thompson

"So pleased to be able to share this fantastic book - Cones and High Speed Rail - which highlights the importance of safety, well-being, environment and belonging, in the construction industry."
Paddy Paterson - Skills, Employment & Education Manager

Eiffage, Keir, Ferrovia, BAM.

"We are delighted to distribute 'Cones and Building Homes' to seventy primary schools in Cornwall and the Scilly Isles."
Persimmon Homes

"As part of our STEM involvement within education, we are delighted to share Cones stories to help children see the world in a better way."
Andrew Ward - Pro-Shore Ltd.

"I think Cones is a really innovative way of encouraging positive behaviour in the younger generation. Rich in insight and pertinent message."
Richard Dobson - Joint MD - TSA Ltd



Books available worldwide

careyourway
Our family caring for yours



Expert-Quality Care at Home

by our family-run, award-winning team.

Welcome to CareYourWay, a family-run, award-winning home care provider committed to delivering the highest quality care. Inspired by personal experience nearly two decades ago, our CEO and her husband set out to improve care standards after witnessing the inadequate care her father received during his battle with terminal cancer. They believed they could offer the same level of care they would want for their own family.

01133 227736

"No words can truly express the level of support you've given us."

- Daughter of Family



www.careyourway.co.uk/area/leeds

ROXTON TREE SERVICES

ALL ASPECTS OF TREE WORK UNDERTAKEN

Large and dangerous trees safely removed	All work carried out to British Standard 3998
Crown lifting and general pruning	Tree Preservation Orders checked
Hedge reduction/removal	Seasoned logs for sale (free delivery)
Stump grinding	Woodchip available

Fully Qualified and Insured

FREE QUOTATIONS

tel: **0113 268 2235** mobile: **07773 298 770**

e-mail: **roxtontreeservices@gmail.com**

roxtontreeservices.com



6 Floors of Beds & Bedroom Furniture Bedside Manor

108 – 112 Burley Road Leeds LS3 1JP
(Behind Yorkshire Television)

0113 24 25 600

Email: BSM6floors@aol.com

See us on Facebook

Our family business has been supplying quality beds and bedroom furniture to discerning customers for over 22 years.

We know just how important it is for you to make the right choice for sleeping comfort and to suit your lifestyle.

Our personal service assures you of the best advice to help you select from our wide ranges of mattresses, divan beds, bedframes and bedroom furniture.

Bespoke options are also available so you can achieve the look to complement your bedroom

Come along and see us: We're open 7 days

Bring this with you and receive an extra 10% off*

*Excludes Sale Items



Two outstanding care homes in Yorkshire



Adel Manor and Guiseley Manor, both located on Otley Road, are outstanding care homes offering residential, dementia and 24hr nursing care.

Part of New Care, the two Yorkshire facilities provide expertly designed home-from-home environments, with residents benefiting from individual person-centred care. They feature private bedrooms with en suite wet rooms, stylish communal lounges and dining rooms, a hairdresser and nail salon, plus beautifully landscaped gardens. A chef prepares nutritional meals daily whilst the wellness team coordinate stimulating activities

This what some of our residents and relatives had to say:

"Excellent!"

"Very attentive service from the minute you walk through the door."

"The facility is exceptional."

"Every member of staff shows kindness, support and care."

For more information, or to arrange an appointment to view either Adel Manor or Guiseley Manor, please call the team on the numbers below or email enquiries@newcarehomes.com



Guisley Manor Care Centre Otley Road, Guiseley, Leeds LS20 8FE Tel: 0113 323 0200
Adel Manor Care Centre Adel Gardens, Otley Road, Leeds, LS16 7FP Tel: 0113 841 1000

newcarehomes.com

Only 5 Clues
General Knowledge

Across
1. BANQUO
3. ALUMNI
4. ENIGMA

Down
1. BRAISE
2. OLIVIA

Only 5 Clues
Cryptic

Across
1. OUTFIT
3. DAWDLE
4. BETONY

Down
1. ODDJOB
2. TREATY

Former Archbishops of Canterbury

Thomas Cranmer - 16th Century

Rowan Williams - 21st Century

Augustine - 7th Century

Michael Ramsey - 20th Century

Cuthbert - 8th Century

Thomas Becket - 12th Century

Roger Gilbert Hypnotherapy

Call today for confidential help for

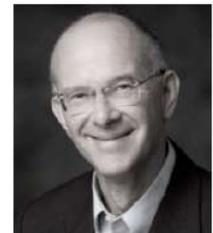
- Anxiety • Public speaking • Insomnia
- Stress management • Exam/test nerves
- Negative emotions • Confidence building

Book a free introductory consultation
Appointments available in person and online

Roger Gilbert MA (Cantab.)

Member of the British Society of Clinical Hypnosis
Certified Practitioner of Havening Techniques

8 The Grove, Alwoodley, Leeds LS17 7BW
Tel: 0113 285 7136. Mobile: 07903 462 715
roger@rogergilbert.co.uk www.rogergilbert.co.uk



MSC Joinery Building & Roofing Services
Proudly supports Adel Bells



LABC Award-winning builders with over 35 years experience.
Quality workmanship guaranteed



07802816611 ♦ 07971810690
msc.cornell@btinternet.com
msc-building.co.uk

Matthew Holmes

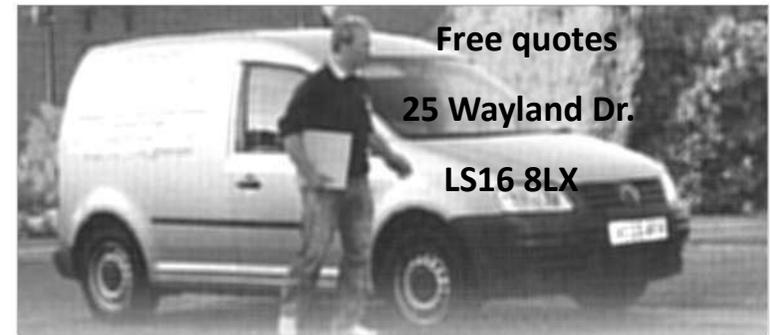
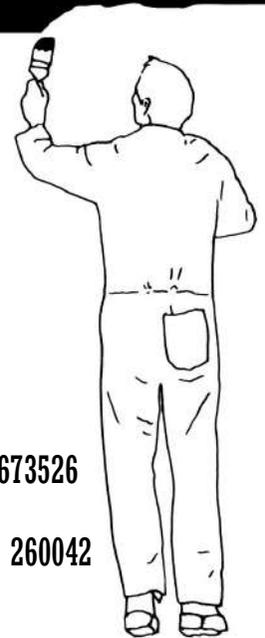
*Domestic and Commercial
Painter and Decorator*

High quality work
Clean, reliable, friendly
Over 26 years experience

Interior & exterior work
Paper hanging
Coving

4 New Adel Avenue,
Adel, Leeds, LS16 6BE
Email: mholmesdecorating@live.co.uk

Home: 0113 2673526
Mobile: 07725 260042



Free quotes
25 Wayland Dr.
LS16 8LX

ADEL TILING SOLUTIONS

Brian Hurst has over 20 years experience in tiling. If you are looking for an experienced local tiler to get the job right, first time, call **0113 368 9769** or **07712 896711**, email: **brian_hurst_@msn.com**
No job too big or too small. Cleaning & re-grouting/ silicone removal, ceramic floor & wall tiling inc. mosaic & stone products.

ADEL GARDEN CARE

Is your garden in need of some extra care?



We are experienced in all aspects of plant care including border maintenance, weeding, pruning, training climbers, wildlife gardens, renovating shrubs.

We install fencing & decking, jetwash patios, revitalise ponds.

**Contact us for a free estimate:
07815 206610**

www.adelgardencare.co.uk

enquiries@adelgardencare.co.uk

SLATER'S FUNERAL SERVICE

Genuine Independent Family Business

Established 1884

138 years caring for the deceased and bereaved families, offering a personal, caring and dignified

24 hour service covering all areas

**Oakford House, 291 Low Lane, Horsforth,
LS18 5NU**

Tel 0113 258 2395

www.slatersofhorsforth.co.uk

Please support our advertisers and mention Adel Bells

Call on me, because you have a variety of home office related tasks that need carrying out in an efficient, effective, no fuss and professional manner.

You want someone that you can rely on, who is private, confidential and totally trustworthy.



When home and office admin is just not your thing!

David Bransby

07853 257 662

www.your-p-a-leeds.co.uk

david.personalcomputertraining@gmail.com



Naomi Claire
NC

INTERIOR DESIGN

Serving Adel and the surrounding areas, I specialise in designing bespoke interiors, helping you create a practical and beautiful home that reflects your lifestyle.

- All types of interior design work offered:
- colour and fabric schemes
 - space & layout
 - furnishings, upholstery & cabinetry
 - project coordination

Get in touch to discuss your project.

07855 027119

contact@naomiclaireinteriors.com
www.naomiclaireinteriors.com



Advertising

The magazine is published 10 times a year and goes out to 400 homes.

It is also made available on our website so can reach a much wider public.
www.adelparishchurch.org.uk

Full page £140 per annum
Half page £80 per annum
Quarter page £50 per annum
+ £20 for alterations

For further information contact:

Gerald Gaunt
0113 267 6708
geraldgaunt@btinternet.com

Local health and fitness club



Offering a friendly gymnasium, fitness studio, leisure pool, spa pool, steam and sauna rooms

Come along for a free trial

Or for more information on membership call

0113 2699010

Hannah.bullock.020@jupiterhotel.co.uk



Feel Good Health Club
Mercure Leeds Parkway
Otley Road
Bramhope, Leeds LS16 8AG

Trade and DIY Welcome

Our family business supplies a wide range of garden and landscaping materials from our quarry in Bramhope, Leeds



Topsoil, sand, gravel, slate and many types of stone. Available loose or in bags. Collect or delivery.

Blackhill Quarry
Kings Road, Bramhope, Leeds LS16 8BG
T: 0113 267 4386
Open: Mon-Fri: 7am-5pm, Sat: 7am-1pm

www.
MONE BROS **DIY**
.co.uk

Adel Pharmacy

141 Long Causeway
Adel Leeds

◆ Enquiries, please phone 0113 230 0351

◆ Excellent parking

◆ Collections & delivery of prescriptions where necessary, free of charge week days only

Monday	8.15-12.30 14.00- 18.00	Thursday	8.15-12.30 14.00-1700
Tuesday	8.15-12.30 14.00-17.30	Friday	8.15-12.30 14.00-18.00
Wednesday	8.30-12.30	Saturday and Sunday	CLOSED

Aerial Solutions

A Family run Leeds business with over 30 years experience

All work guaranteed

Debit & Credit card payments welcome

7 Day Service

Extra TV/Sky points from £40

Dish & Freesat Installations

CCTV Installations

OAP Discount

Ring 0113 512 6127

FREE 0800 328 7517

*on all supplied & installed equipment



D. P. A. FLETCHER (BUILDERS) LTD

All aspects of Building, Joinery
& Property Repairs

(with over 30 years of experience)

Tel: 0113 263 0515

jackie.dpafletcherbuilders@gmail.com

Padd Hair Studio

 Padd_Hair_Studio
 Padd Hair

6 The Crescent
Adel, Leeds - LS16 6AA
Tel: 0113 267 4388

Opening Hours:

Tues	Wed	Thurs	Fri	Sat
9am-3pm	9am-4pm	9am-7pm	9am-4pm	8am-2pm

*Life is more
beautiful
when you
meet the right
hairdresser.*

Looking for a fresh new look? All of our stylists are highly-trained in all aspects of hair care, colouring, cutting, contemporary trends and styles. We respect the diversity of our clients and a warm welcome awaits everyone. ☕

Introductory offer for new clients:
Cut and Style £30



R. Pearson
Electrical and Plumbing

R Pearson Electrical and Plumbing
All aspects of Electrical and Plumbing work undertaken

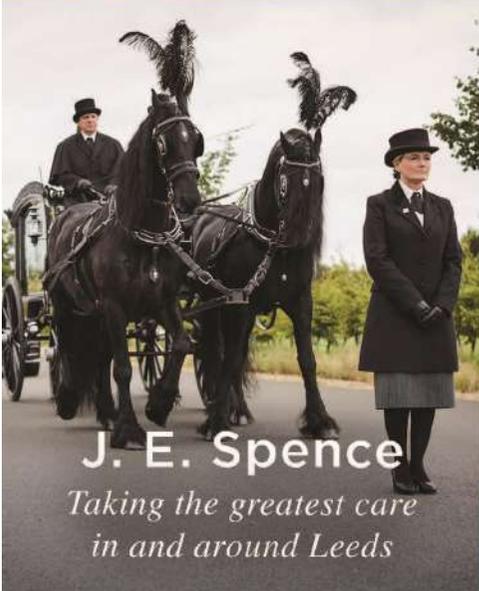
Consumer unit upgrades/ periodic testing
Internal and External Electrics and Lighting
Electric and Gas Cooker/Hob Supply and Installation
CCTV Security Systems and Intruder Alarms
Flat Screen TV and AV Installation
Fault finding and rectification
Gas Safe Repairs
Boilers and Boiler Services
Leaking Taps
Radiator Changes
Bathrooms
Outdoor Taps



Free Quotations
Tel: 07796000600

enquiries@rpearsonelectricalandplumbing.co.uk
www.rpearsonelectricalandplumbing.co.uk

SERVING FAMILIES FOR GENERATIONS



FUNERALS FROM £995*

Unattended Funerals | Chapel Service
Attended Funerals

J. E. Spence Funeral Service

Lawnswood Funeral Home, Otley Road,
Adel, Leeds, West Yorkshire LS16 8AA
0113 268 2842

We're here for you anytime.
Whatever your wishes or budget,
we can provide a funeral to suit you.



dignityfunerals.co.uk/local

*Pricing is correct at time of going to print and is subject to change. Price stated is for an Unattended Funeral

Lawnswood YMCA



Table Tennis Club

**Winners of the Leeds League division 1 championship
for the last six years.**

We are open to new members, adults and especially youths and
children of any ability from beginners to advanced players.

Coaching is available with a Table Tennis England registered level 3
coach on a group or 1:1 basis.

We occasionally open 'come and try' sessions on Monday and Tuesday
evenings. If you're interested in coming along please book in advance
by emailing

Secretary.YMCA.Lawnswood@outlook.com

Bats and balls can be provided.



**Proud to be
supporting our
local community**



APplastering



Fully qualified plasterer
over 30 years experience
Fully insured

All plastering work undertaken
Internal and external
No job too small from
patching to full house

For a competitive quote
call Andy on 07814705238

**LAWRENCE GAUNT
OPTICIANS**

Ireland Wood Surgery
Iveson Approach, Leeds, LS16 6FR

Professional
Comprehensive Eyecare
Family Opticians since 1978
Personal Service
Friendly Independent Advice

0113 267 9547

info@lawrencegauntopticians.co.uk
www.lawrencegauntopticians.co.uk
professional eye care with a smile

Full wheelchair access
Free on-site parking
Home visits available

QUALITY CARE IN YOUR OWN HOME



 0113 340 6000

 northleeds@rightathome.co.uk

 www.rightathome.co.uk/leeds-north

Personal Care & Companionship - Dementia Care

Home Help & Shopping - Holiday & Respite Care

Hospital to Home - Medication Support

ADEL WAR MEMORIAL ASSOCIATION

Adel Sports and Social Club



Archery, Badminton, Bowls, Cricket, Football, Hockey, Lacrosse, Snooker, Softball, Squash and Tennis are all played at Adel

Most sports have **Junior Sections** with fully qualified coaches

Social Membership just £25 per year

Adel Players produce 3 plays per year
Tickets can be obtained from
boxoffice@adel-players.org.uk



Rooms available for Hire



From the main hall for weddings and special events to smaller rooms for office training days, children's parties, meetings etc.

Lounge and bar facilities available for Funerals and events during the day

For details contact Eszter Saxton on
07765 427 290 or
awma.manager@virginmedia.com

Alternatively please check out our Web site
www.adelclub.co.uk



**North Leeds Physiotherapy
and Sports Injuries Centre
Sarah Beldon MCSP HCPC
The Police House
Church Close
Pool in Wharfedale
LS21 1LN**

**Please ring 07908 151 241
Daytime and evenings available
Home visits still available within reasonable
distances.**

**APPI Physiotherapy led modified Pilates Classes in
Adel Stables—days or evenings**



Female painter and
decorator
20 years' experience.
Professional and reliable
Tel: 07398 882 306 or
Email
harperddiy@gmail.com
**Taking bookings for
2026**



Supply & install **Garage Doors**, fully
automated, Sectional, Rollers, Up&Over
& more, from new installs to repairs we
are family run with over 20 years'
experience. All doors have built in safety
& courtesy light with 1000's colours,
Police rated & Insurance approved as
standard!
Now recognised as Yorkshire's leading
Somfy expert and home automation
specialist, we also supply & install
motorised **Awnings & Blinds**
Web: blueberryautomation.co.uk
Email: blueberryautomate@gmail.com
Phone: 07479 662021 0113 824 6286

Foot & Ankle Massage

Enjoy the relaxation of a therapeutic massage with elements of reflexology

The health benefits may include but are not limited to:

Relief from pain and swelling in the feet and ankles
Improved circulation in the feet and legs
Stress reduction and relaxation
Enhanced energy and mood
Improved sleep

Appointments available at:

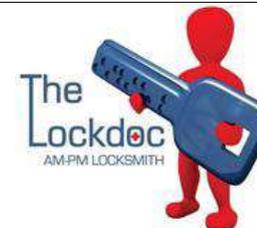
Welcome In Community Centre
55 Bedford Drive
Ireland Wood
LS16 6DJ

Nicole Lavin Neuro Rehabilitation
Unit 3, Rawdon Business Park
Rawdon
LS19 7BA

Call Nick Simpson on 07751 078787

(BSc Hons Podiatry, Diploma Thai Foot Massage)

£40 - 30 minutes treatment - Sensation and circulation check at the first appointment



LOCAL PROFESSIONAL LOCKSMITH
24 HOUR CALLOUT WITH NO CALLOUT CHARGE
10% DISCOUNT FOR OAPs AND STUDENTS
**New locks fitted - Changed - Replaced Burglary Repairs &
Boarding Up - Snapped Keys in Locks - Fixed Defective Locks
Repaired Replaced - Locked out? Rapid Response:**
20 minutes - UPVC Window & Door Specialists
All Types of Locks & Keys Supplied
British Standard Locks fitted
TEL: 07947160788

Index of Advertisers

Aerials & Satellites		Leisure Interests	
46	Aerial Solutions	34	Meet the Cones
Beds		50	Table Tennis Club
36	Bedside Manor	52	Adel War Memorial Association
Home Improvements		Locksmith	
39	MSC	54	The Lockdoc
43	Interior Design	Opticians	
46	DPA Fletcher Ltd	50	Lawrence Gaunt
50	APplastering	Painters & Decorators	
53	Blueberry Automation	40	Matthew Holmes
Building Supplies		53	Harperddiy
45	Mone Bros.	Pharmacies	
Electrical & Plumbing		45	Adel Pharmacy
48	Pearson	Services	
Estate Agents		36	Roxton Tree Services
49	Manning Stainton	41	Adel Garden Care
Food Outlets		42	David Bransby
26	Caring for Life	Tiling	
Funeral Directors		40	Adel Tiling Solutions Ltd
41	Slater's		
49	J E Spence Ltd		
Hair and Beauty			
47	Padd Hair		
Health Care			
35	Care Your Way		
38	Hypnotherapy		
37	Adel Manor Care Home		
44	Mercure Health Club		
51	Quality Care in your own home		
53	North Leeds Physiotherapy		
54	N. Simpson, Foot & Ankle Massage		

Church Services in February

Sunday 1st	Presentation of Christ in the Temple	
	8.30am	Holy Communion (BCP)
	10am	Parish Communion
	6.30pm	Evensong
Wed 4th	11am	Holy Communion followed by coffee & biscuits
Fri 6th	1.30pm	J Js (for the under sixes)
Sunday 8th	Second Sunday before Lent	
	8.30am	Holy Communion (BCP)
	10am	Parish Communion
	5pm	ACE meeting in the Stables
Wed 11th	11am	Holy Communion
Sunday 15th	Sunday next before Lent	
	8.30am	Holy Communion (BCP)
	10am	All Age Service with Communion
	6.30pm	Choral Evensong followed by light refreshments
Wed 18th	Ash Wednesday	
	11am	Communion Service with Ashing
	7.30pm	Communion Service with Ashing
Thurs 19th	3.15pm	Holy Communion in the Stables, with tea & coffee
Sunday 22nd	First Sunday of Lent	
	8.30am	Holy Communion (BCP)
	10am	Parish Communion
	5pm	ACE meeting in the Stables
Mon 23rd	7pm	Compline
Wed 25th	11am	Holy Communion
Junior Church is held during term time, but not on the 3rd Sunday when there is a 10am All Age service with communion.		
ACE is a group for school year 4 and above. We meet in the Stables in term time to discuss our faith and play silly games.		