



ADEL BELLS

Parish Magazine 60p



July 2021

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Church Website
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www.adelparishchurch.org.uk
Adel Parish Church



The Parish Church of St John the Baptist, Adel
 Enquiries including Home Communion, Baptisms, Confirmation,
 Weddings, Funerals; please look at the church website
www.adelparishchurch.org.uk

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Baptisms

16th May

Benjamin Robert and
 Ivy Elizabeth Mary Hayes

23rd May

Lucian Kian and
 Maxim Theodore Zakikhani

Funerals

10th May

Tony Bedford

11th May

William O'Neill

20th May

Julia Tidswell

1st June

Barbara Wilson

Burials

24th May

Anne Teresa Short



Festivals & Feasts

3rd July

Thomas the Apostle

22nd July

Mary Magdalene

25th July

James the Apostle

Weddings this month

Saturday 10th July

Saturday 17th July

Prayer of the month

I am the child who lives on the
 streets; pray for me,
 I am the child in a refugee camp; pray
 for me,
 I am the child hidden away in an
 orphanage; pray for me,
 I am the child trying to find my
 parents; pray for me,
 I am the child dying of hunger; pray
 for me,
 Share your music, your education,
 your riches with me.
 Share your shoes, your food, your
 blankets, your fuel, your toys with me.
 Share your ideas, your imagination,
 your skills, your time, your dreams
 with me.
 Share your world with me.
 It should be mine as well.
 Amen!

This prayer is credited to a UK charity,
 Children's Aid Direct, which ceased
 activities in 2002.



Church Open for Private Prayer
 Monday, Thursday and Saturday 2pm to 4pm



**We aim through Christian worship, word
and action to celebrate and share the love of
God with our neighbours**

From the Editor

I hope you were able to enjoy a happy June and had the opportunity to benefit from the beautiful weather we were blessed with. Places were coming slowly back to life, the gardens and countryside were at their loveliest, days were longer and a degree of freedom returned. You may have had apprehension but that was only to be expected. Even now there is uncertainty but do be patient and learn to take each day as it comes; each dawn reminds us that there is always hope.

During the last year you may have gained much comfort by regularly spending a few quiet moments talking to God. In a time of crisis like the pandemic we all need help. But what if you don't know what to say? How about getting ideas from other people? Reading one person's thoughts about the power of prayer (see page 9) may help you to face up to your fears and anxieties and put all your trust in God.

The freedom to do more things has led to positive changes in our church,

even though we may still be a long way off having a church full to the brim. Those who have had to postpone weddings are now able to have them with greater numbers of friends and family. Baptisms are at last taking place in our church, to the delight of all concerned. Please read what Jill has to say about it on page 8. It is so important that we have the opportunity to welcome new members to our church family.

At the time of writing, our annual festival weekend has not yet taken place. We saw this as a chance to get together with the whole of our community and celebrate in a safe way the progress that has been made by the vaccination programme. But that was only a beginning.

A proper coffee morning!

This is being arranged for **Saturday 10th July** and it will take place, whatever the weather. We intend to hold it outside, but if there is any rain and government advice is in favour we may allow a few tables indoors. Look at page 15 for details, but nearer the time do look at the church website in case of change of plan.

Marjorie

Rector Alison's Letter

Dear Friends

I hope you have been able to enjoy the increased freedom the vaccination programme has given us; and that by the time this is published, we are facing better news, not new restrictions.

It has been interesting, over the last months, to discover which restrictions I found particularly difficult; what I have longed to do again, and how this compares to the hopes of others. Outside of the difficulties of work and schooling, being able to visit and stay with family and close friends seems to be something we've all missed terribly. An overnight stay (and a hug) with my father felt like a sign of a new beginning.

However, as someone who burns at the first hint of sun, and never holidays abroad – I have found it harder to understand the enormous desire of some for a foreign holiday. Listening to interviews with those hoping to travel, though, I heard the same longing to get away from home, to experience something outside of themselves, that I've felt. It's just that I am more comfortable meeting this need in Northumberland than somewhere hot!

Over the last year, those of us lucky enough to live in and around Adel,

have enjoyed our gardens and beautiful local walks. But I think many of us have still yearned for something new, something surprising. The resources we draw on for conversation, to spark our imaginations, are running dry and need topping up.

In a bible study recently, we looked at the famous 'Beatitudes' spoken by Jesus to his followers. The first is usually translated 'blessed are the poor in spirit, for theirs is the kingdom of heaven'. Our course book gave as an alternative, 'blessed are those who recognise their need for resources outside themselves'. A reminder that by encountering creation, other people, new ideas... we grow. Hopefully we grow into wiser, kinder people.

Another translation the book offered was 'blessed are those who know their need of God'. This reminded me of the importance of making time for spiritual refreshment; time with God. Before the pandemic took hold, I went on regular retreats, with fellow clergy and alone. A retreat is time out of my ordinary place and routine. Some of it is spent in prayer and reading, but also just in being somewhere new, perhaps reading a novel or exploring.

If you've never been on a retreat, I recommend it. It can be very simple,

and short. Just a day spent in a new place, with nothing on the agenda except opening yourself up to things outside of yourself, can be a wonderful thing, even if you don't feel ready to open yourself up to God. Not everyone has the luxury of being able to get away – abroad or even out of Leeds. But there are new experiences closer to home. I have just been to York Gate garden for the first time – and come back with an imagination full of new ideas and pictures which have refreshed and renewed me.

I pray that you will all be able to refuel in the way that most suits you this summer.

With love and prayers.

Alison

Confirmation at St John's

On November 7th, Bishop Paul Slater will be at our Sunday service to confirm some of our congregation. (Exact timing and arrangements will depend on any ongoing restrictions; it is important to be able to celebrate this step with as many of our usual congregation as possible).

Confirmation is an important step on the Christian journey. It takes place at a special service where people confirm the promises made for them by their parents and godparents at their baptism.

It is a chance to commit yourself to

following Christ and recognise your place in the local and worldwide Anglican Church. If you have not been confirmed but worship with us regularly, it may well be something to consider. If you are not baptised, you can be baptised and confirmed within the same service.

In preparation for Confirmation there will be a chance to spend some evenings together exploring the Christian faith and decide whether Confirmation is right for you at this time.

If you are interested in being confirmed, or would just like to know more, then contact Alison – in person, by phone or by email.

To book a service

<https://tinyurl.com/adelservices>

or contact Marisa Clayton on her mobile 07814 533 352 or by email amonavis80@hotmail.com and she will do the booking for you.

Online Services

These may be continuing, but we are also hoping to introduce live streaming of services in the near future. Details will be available in due course on the church website.

Apologies for the uncertainty!

Baptisms

New members of our church family are welcomed

After so much stopping because of Covid, it was wonderful that May saw the restart of baptisms at church. They may be a little different in format, with restricted numbers, hand sanitiser and masks being worn, but the feel, the warmth and the welcome, are most definitely the same.

There is a small group of church members who act as support to Revd Alison at baptisms. Normally they go out to visit each family beforehand, to have a friendly chat, explain what will happen, collect the names of Godparents and answer any questions the family may have.

They prepare the cards given out to the Godparents and parents and the boxed candle, which is lit for each child at baptism from the Easter candle. Some families like to relight the candle on the anniversary of baptism. The baptism helpers also prepare the font and assist at the service. The candidates for baptism are each given a unique gift, a beautifully printed card of an acrostic prayer, made using the letters of their name.

On Sunday 16th May, Ben and Ivy, who have been going to Junior Church online, were warmly welcomed as they joined in making their own promises

and read the gospel and a prayer.

May 23rd saw Lucian and Maxim being welcomed as they too were baptised. Several more baptisms are planned for the months ahead, some having been postponed for a year and we are all delighted to be welcoming these new members to our church family.

Jill Holloway



This silver shell may well have been used at the baptisms. It is a trophy presented annually to the winner of the church magazine competition. We have not been able to make much use of it, unfortunately, and we shall soon have to return it.

Editor

Called to Pray

Recently Alison asked some of our church members to talk about how they pray. As Alison pointed out, there is no right or wrong way to pray and if we don't know how to start we can learn from others. One of our regulars shared her thoughts with us.

I always find prayer very exciting because each time is different. I have a "shopping list" like everyone, but sometimes I sense "not this time" and lay it down. As I wait, a hymn or psalm will come, and I am entering into His presence and it is like being with my bestest friend who knows everything about me, so there is no fear just wonderful fellowship with my God.

At times it is just that: soaking up His love and strength. At other times He will lay a person or situation on my heart and I pray through it. Other times He may give me a word of encouragement for someone. What a privilege! When He lays someone on my heart I find it useful to ask or find a scripture that is appropriate then pray round and through it because this is God's word not mine.

Have you ever got lost in The Lord's Prayer; try it, line by line and let the power seep into you. I am sure in every home there is a God spot, I am blessed, I have two. I wonder where yours is. Seek it out, the Holy Spirit will let you know when you find it.

You know, our God really has a sense of fun and humour. I am one of triplets. We meet each week for prayer. One day not long after the pandemic had set in, we were meeting through zoom. That morning the Lord said to me, "Today is a fun day, there are all sorts of equipment waiting for you. Choose your weapons". So when we started I shared it with the lasses and we got going. We were hit by the virus and we wanted to send it back to hell where it belonged. We used cricket bats, tennis racquets but the best one was bows and arrows. I know it sounds crazy, but boy did we enjoy it, we didn't care because we knew God was in it.

Months and months passed, the death toll was rising and despair was everywhere. Then came the vaccine. At our next zoom Liz had the revelation that the arrows represented the needles. We praised God for sure that day. A scripture has come while I am writing this. "If my people, who are called by name, will humble themselves and pray, I will heal their land." We know that we were not the only ones to fight the virus that day, we are sure that there would be lots and lots of others praying and having fun too. When the Lord calls us to pray for specifics we are not alone. We give Him ALL the Glory that he deserves.

Please do not think that I am some sort of anything. I am just a woman who loves her Lord and is called to pray.

Seek out the God spot in your home

In Brief

A one-hour walk round Lawnswood Cemetery

On **Sunday 18th July** a walk around Lawnswood's Cemetery's Victorian/ early 20th century links to Leeds University will be lead by Ann Lightman. The walk will take approximately one hour and start outside the waiting room, next to the chapels. There is a large car park opposite the gates and it is on a bus route.

Booking is essential at c.lightman@sky.com or phone 0113 216 0630.

The group size will be restricted to about a dozen. If over subscribed another date/time will be offered.

Ann Lightman

100 Club Draw for May

- 1 Chris Cunliffe £77
- 2 Carol Butler £30.80
- 3 David Walton £30.80

Christian Aid Week 2021

Last year our usual house to house envelope collection could not take place, but we were able to reinstate it

this year. However, we could not cover as many streets as normal, and some were Delivery Only. I didn't expect we would be as successful as we have been in the past, but I am delighted to say we raised £2,019.42, which is just £1.39 less than in 2019! This is amazing and is down to the dedication of our collectors, to whom I would like to say a massive thank you. It also demonstrates the

generosity of people in Adel.

In addition, around £140 was donated through the church's Facebook fund

raiser, and some householders will have donated directly when prompted by the arrival of the envelope.

Christian Aid will put the funds to good use, and I am sure those who benefit from the money raised will appreciate the efforts made on their behalf. If you would like to know more about the charity's work, please see its website at christianaid.org.uk

Lesley Walton -
lesleywalton@hotmail.com



Penny's Ponders

Happy Summer Everyone!

It's been so lovely to have warm, sunny days, hasn't it? Sunbathing, for short periods, is one of my favourite things. Being black (well, I was once!) I can't stand too much of it, but I love doing it in short bursts.

I'm not very good at long walks when it's hot, much to my Mum's disgust. I think she sometimes fails to appreciate that I'm not *quite* as young as I used to be, even though I can still chase a ball and run across the Bedquilts – show me a stick and I'm off!! Find me a squirrel and I can really motor!

She got me this great water thing – it's a bit like a very over-sized roller ball pen only you put water in it. When I lick the ball, I get water out! You should try it sometime, it's really good. My humans have just bought me a new bed, which I *love*! Just put it in a patch of sunshine and I can be good for ages! The reason for my new bed is they have rearranged the lounge. No peace for a dog!

So, we can start to think about holidays again. I love holidays: so many new smells and different places to go. Not too keen on the car journey to get there, but worth it in the end. You humans must be careful, though. This Covid business is still around. It does worry me when I

watch the TV and see lots of people getting together. We all love to meet up and spend time together – I do sympathise, particularly with the young humans who should all be enjoying themselves and having a good time, but having a good time doesn't always mean we need crowds of people. Jesus had special times with His friends: sometimes He was with the disciples out walking in the countryside, sometimes He spent time with just a few good friends, like Martha, Mary and Lazarus.

Once, He escaped to a mountain to get away from the crowds and have special time with just two friends. Sometimes, Jesus even kept his distance from the crowds by standing in a boat out on a lake. After His resurrection, Jesus waited for a few of his special friends on a beach and made breakfast for them as they had been working all night. Cleopas and his friend were walking to Emmaus from Jerusalem; they were very sad and talking together about the crucifixion of Jesus. Jesus spoke with them, they invited Him to join them for a meal, they recognised who He was and were comforted. So, look for Jesus in quiet places, He'll be there as well as with crowds.

Do keep safe everyone, have a good summer, see you soon.

Woofs and licks,

Penny

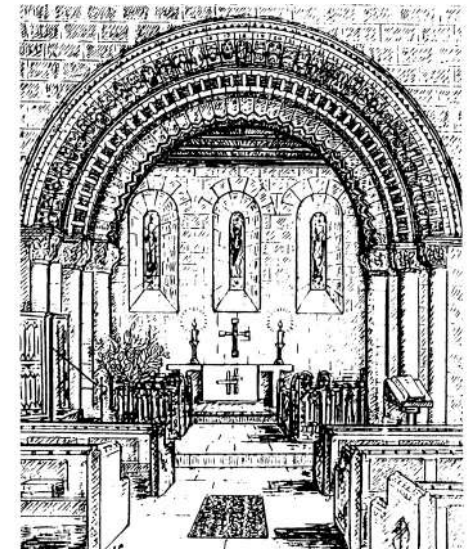
Words from Pilgrim

To many people this is the time of year when we go away for a few weeks' holiday, and I imagine that most of us will say 'yes' to that. However, there is another aspect to this time of year which for many of us may well have been part of our life at some point, for this is also a period of the year when many people move to a new home and open the door to the next stage in their life's experience.

Often the acceptance of a new position has precipitated the move, or sometimes it is to enable our children to attend a particular school; it may be in order to bring the family physically closer to a relative who has been bereaved or in some way is facing a new stage in their own life. The list could have no end, but the essential of it all is that there are newcomers here today who are busy making a new house into their new home and it is our privilege to welcome them amongst us and to be a friendly presence which can help them to settle comfortably among us: so welcome to you all!

You have come to Adel, and this is a small community on the northern edge of a major industrial city. These areas have been inhabited from the early days of the Roman presence in Britain. A Saxon community flourished here after the withdrawal of Rome, and it was they who built a Christian church

on the site which would be used by the Norman invaders of 1066, the precursor of the church which we find here today.



The booklet which you are now holding in your hand and from which you are reading is the magazine of the church which the Normans gave us and which is still vigorously and faithfully used by the Adel folk of the present day.

When you have read this article, spend time to see what is happening or being prepared for the present day. Those who wish it can find a rich store of activities to join and of new skills to acquire. Nobody need feel lonely here. A happy new home to you all.

The Elm had Pennies

On a Local Walk



As I was walking on the tarmac path through Bedquilts the other day, I noticed a lot of green debris on the path. Trees are shedding their blossom now. You can see bits of sycamore tassels and white May blossom petals but this was green – and there was a lot of it. I passed by and continued my walk.

Along Long Causeway, by the entrance to Causeway House, there was more of this green debris – flower petals - but this time with leaves attached. I picked a small branch up from the ground with its attached flowers and put it in my pocket to ask the gardeners at York Gate what it was. I thought it looked like Elm but knew we had lost Elm trees to Dutch Elm disease many years ago.

Later that morning when I visited York Gate I asked the Head Gardener, Ben, what it was. It turned out it **was** Elm. He said he had never seen the full grown Elm trees (he is too young!). He also informed me that small elm trees in hedges are not susceptible to this disease. I looked again on my walk through Bedquilts. The tree is a good size and there appear to be two trees on Long Causeway. How lucky we are to have Elm trees back in our locality and flowering so profusely that they are noticeable.

Hilary Taylor



PS Ben said the next fungal disease to affect our trees is ash die back. If you walk the coffin route from church to the A660, the Otley Road, you pass four trees before you cross the stream. An oak followed by three ash trees. The vista across the fields would be changed utterly if they were lost to ash die back.

PPS I made a mistake and must put it right. The debris was the fruit of the elm not the flowers. Now I remember from childhood that sycamores had helicopter seeds, ash had keys and elm had pennies.

Adel Boundary Walk

We returned, bigger and better than ever

It's 2021 and it feels so good to say that the Adel Boundary Walk is back. We couldn't walk in 2020 because of the first national lockdown but despite the continuing pandemic situation, and with the support of the PCC, we worked out how we could return this year, bigger and better than ever.

At 9am on Saturday 29th

May, 15 walkers plus two dogs, both called Alfie, assembled to take part in what had been rudely interrupted in 2020. We 'acquired' a

passing walker plus her dog near the start of the route; they stayed with us for the first few miles. Another walker joined us when we reached The Drive. Our ages ranged from 25 to perhaps three times that.

The weather was almost perfect for walking in the beautiful Adel countryside with no rain forecast, and some sun. May was unusually wet and therefore it was a little damp in



places, but we managed to ford every stream, even if there were no actual mountains for us to climb.

15 walkers plus 2 dogs took part

From the Stables we went down into Adel Woods where the fresh leaf growth was a pure delight. After crossing the Ring Road twice, once via the culvert, our

first long stop was in Lawnswood Cemetery. Then it was onwards to Holt Lane (avoiding the too-boggy green lane behind The Drive) and then across Cookridge golf course to Paul's Pond. We had a good view of the two swans and their large family of cygnets, and then it was on to our stop for lunch in Golden Acre park.

Usually at this point a group would leave the main party to trek an extra mile to lunch at the New Inn, but this year we decided, somewhat sadly, it was simpler to forgo this treat.

After Golden Acre, leaving by the 'rear' car park, our route took us up to Bank Top, then along Allums Lane.

Please support our advertisers and mention Adel Bells

We are always surprised by the beauty of the view down into the Wharfe Valley, particularly the little white house that's set across the valley in the middle of green fields and trees. We next made our way onto the Harewood Estate, then headed past the Emmerdale location, and thence to Eccup Reservoir, taking the longer easterly route around the Reservoir. Our final stop of the day was at the Reservoir Lodge where we persuaded a passing stranger to take a group photo.

We arrived back at the Stables at about 4.15pm. We would usually at this point gratefully enjoy the traditional Adel Boundary Walk Tea, but not this year. The best we could do was congratulate each other and dream of next year's delights.

Footnote

This was advertised as a 14-mile walk, so there was some muttering in the ranks when it turned out to be 15.3 miles! But everyone enjoyed the day and we look forward to next year.

Next year

Rogation Sunday in 2022 is 22nd May, so, all being well, we will Beat the Bounds on **Saturday 21st May**.

**Carole Smithies
& Derek Heathcote**

Coffee Morning



**Saturday
10th July**

10.30 to 12 noon

YES!

We are holding a real
coffee morning at the
Stables with cakes and
scones

It may be outside or with
limited numbers if inside

Please check with the
church website nearer the
time
adelparishchurch.org.uk

The Open Door

**Reflections on church sitting,
June 2020 to May 2021**

Revelations 3-8. See *I have placed
before you an open door, which no one is
able to shut.*



On 15th March 2020 we closed the great south door of our church and it was not opened again until the 27th June. Since then, we have opened the door from 2 to 4pm every Monday, Thursday and Saturday afternoon, bar the third lockdown closure from the 6th January to 22nd March 2021.

It has been wonderful to welcome regular congregation members back into the church they've worshipped in

for years. Other visitors have also valued the chance to sit in prayer. Some people have really come for the history; but many of them also talk about the feeling of continuity and safety in our church. Couples have returned to mark their golden wedding anniversaries at the church where they were married 50 years ago to the day. Friends and families have come to celebrate special birthdays, from age 3 to 88. And some people have come just to sit in a quiet space.

The open door tells the world that this is not just a place for Sunday, or a place just for us. Adel Church is here every day for everybody.

All of us, who sit, feel privileged to be part of such a wonderful and worthwhile arrangement. These are some of the thoughts and reflections of our church sitters:

"The open church door has given us all a place of refuge during these extraordinary times. That applies just as much to me as it does to those of our visitors who have needed a place of sanctuary. It has been a pleasure and a privilege to provide this service to our congregation, to the wider community and to those from further afield who just happened to be passing, and saw that the door was open."

“Personally, it has been a privilege to sit in this holy place with the doors open to the rest of the world for a couple of hours each week.”



“The opportunity to engage with people who arrive as strangers, and leave as friends. We have not only opened our door, but our hearts. We’ve needed to know when to talk, and when to step back silently. I like to think we have, with our welcome, shown the love of God working in our church”

“It has been a privilege to sit in this holy place with the door open to the rest of the world for a couple of hours each week. We both think that even if only one person comes in, it has been a worthwhile time spent in church.”

“I feel the open door has created a real connection with the community. Children and adults walking by have seen our church in action. They generously supported the Food Bank and the Christmas toy collection.”

They remembered with us those who died in two World Wars, heard the Christmas story being retold, shared Mother’s day plants and looked at the Lenten door messages.”

The Church Door is open on Mondays, Thursdays and Saturdays for moments of Private Prayer and Reflection.

Open for the people of Adel
Open for those from further afield
Open for the Old and Young alike
Open to catch memories of Weddings years ago
Open to celebrate birthdays
Open for those returning
Open for those who wish to look in
Open for all.

Carole Smithies

Why don’t you get involved?

The church is open for private prayer three times a week, thanks to volunteers willing to act as ‘church sitters’.

We could do with some more church sitters, on a regular basis or as a reserve in case of need. If you are interested in helping in this way please contact Carole

0113 281 3190
or 07786 485 485

QE Corner

Here it is again..... QE (Quite Enlightening) Corner. As some of you probably realise I quite like trivial information, so for your enlightenment I am presenting you this month with a miscellany of facts that have been “Tweeted” by the QI Elves.

Dutch scientists have trained bees to stick out their tongues when they smell the coronavirus.

Like yawning, checking your phone is contagious.

In 1958, nearly 75% of Brits drank hot tea with their dinner.

The lion is the national symbol for 15 countries, only two of which have lion populations.

Most woodpecker species have a tongue that extends a third of their body length. A human tongue that did this would stretch more than 50cm.

A grasshopper becomes more sociable if you stroke its hind legs.

Until the 1840s there was no maximum size for a rugby team; matches were played with up to 300 players on the pitch at once.

The Burj Khalifa is so tall that Muslim residents living on the highest floors

must wait an additional 3 minutes to break their Ramadan fast from those on the ground floor, as they experience sunset later.

While testing a top secret aircraft design during WWII, pilot Jack Woolams wore a gorilla suit and a bowler hat so that any witnesses who reported back would not be believed.

Traditionally, children who lose a tooth in Greece, Singapore, Taiwan or Botswana throw their baby teeth on the roof instead of putting them under their pillow.

Immediately before signing a trade embargo against Cuba, JFK had his press secretary buy over 1000 Cuban cigars for him.

After the dinosaur-killing meteorite struck Earth 65 million years ago, it rained glass in North America.

‘Hypegiaphobia’ is the fear of responsibility.

Research suggests it’s easier to judge someone’s emotions over Zoom when their camera is turned off.

Before refrigeration, turkeys from farms in East Anglia used to be marched into London in flocks of up to 500.

Trevor Cole

Words from Joyce Hill

Pilgrimage

Last year was declared 'The Year of Cathedrals: The Year of Pilgrimage.' English Cathedrals planned various celebrations and a national 'passport' was launched, allowing visitors to collect a stamp from each cathedral visited, but then covid-19 changed all our plans. The Year of Cathedrals: the Year of Pilgrimage has now been extended to 2021, and the British Museum's major exhibition on Thomas of Canterbury, planned for 2020, has been moved to 2021 and continues to 22 August. It brings together wonderful objects and manuscripts and is strongly recommended for a visit to London.

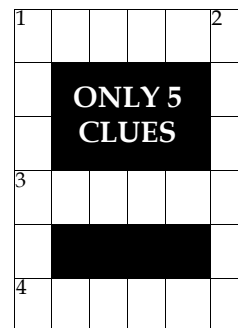
Because of Thomas's martyrdom, Canterbury very quickly became one of the greatest national and international centres of pilgrimage. In 1220 his body was moved from the place of his martyrdom to a shrine, breathtakingly decorated with gold and jewels, which was placed in a chapel especially built for it behind the high altar. Not only were there jewels on the shrine, but the space was bejewelled by light falling through the many stained-glass windows which told of his life and miracles. The shrine was destroyed at the Reformation, as were the windows telling of Thomas's life. But enough of the miracle windows survive to give us some sense of the glory of his shrine and its

setting. One window is on display in the exhibition, allowing for a privileged close-up look.

We must never forget the sacrifice involved in making pilgrimage in the Middle Ages, even if it was within one's own country, nor how much more difficult it was if the travel involved other languages, other customs, and the problem of making one's way through challenging terrain and across the sea. It's hardly surprising that recognised routes grew up to the major international shrines such as Canterbury, Rome and Santiago de Compostela in northern Spain. These routes provided reliable sources of hospitality, the protection of companions travelling for the same purpose, and the guidance you needed in a world without maps, where social and political circumstances were a constant challenge.

Before that, pilgrimage was much more local — and for the majority remained so throughout the Middle Ages. Most pilgrim sites were relatively small, and most pilgrims did not travel far, certainly not between northern Europe and Santiago, Rome or Jerusalem. But there were always intrepid spirits, my favourite being an Icelandic monk who travelled to the Jordan and back in the mid-1140s. Perhaps it's not surprising that he was elected abbot on his return.

Puzzles



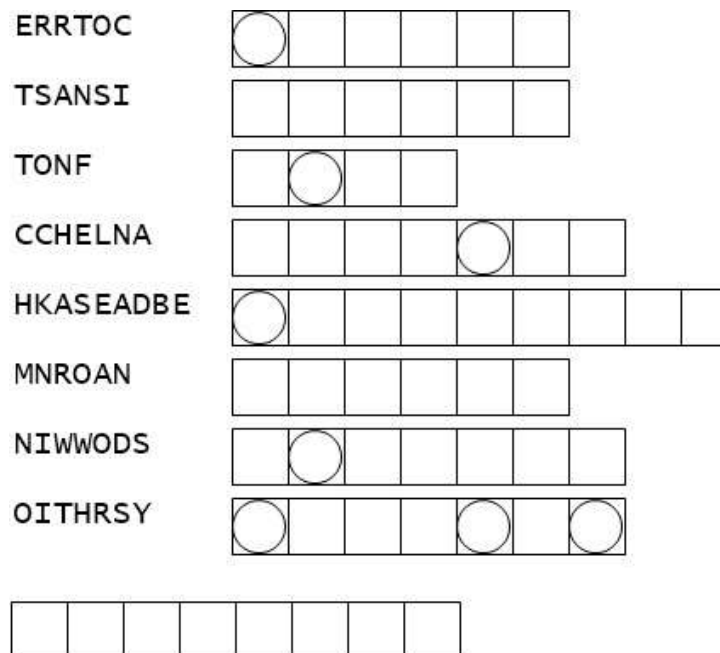
ACROSS

1. Curtail period of instruction, say
3. Good scope for opening move at chess
4. Some are now neglecting reputation

DOWN

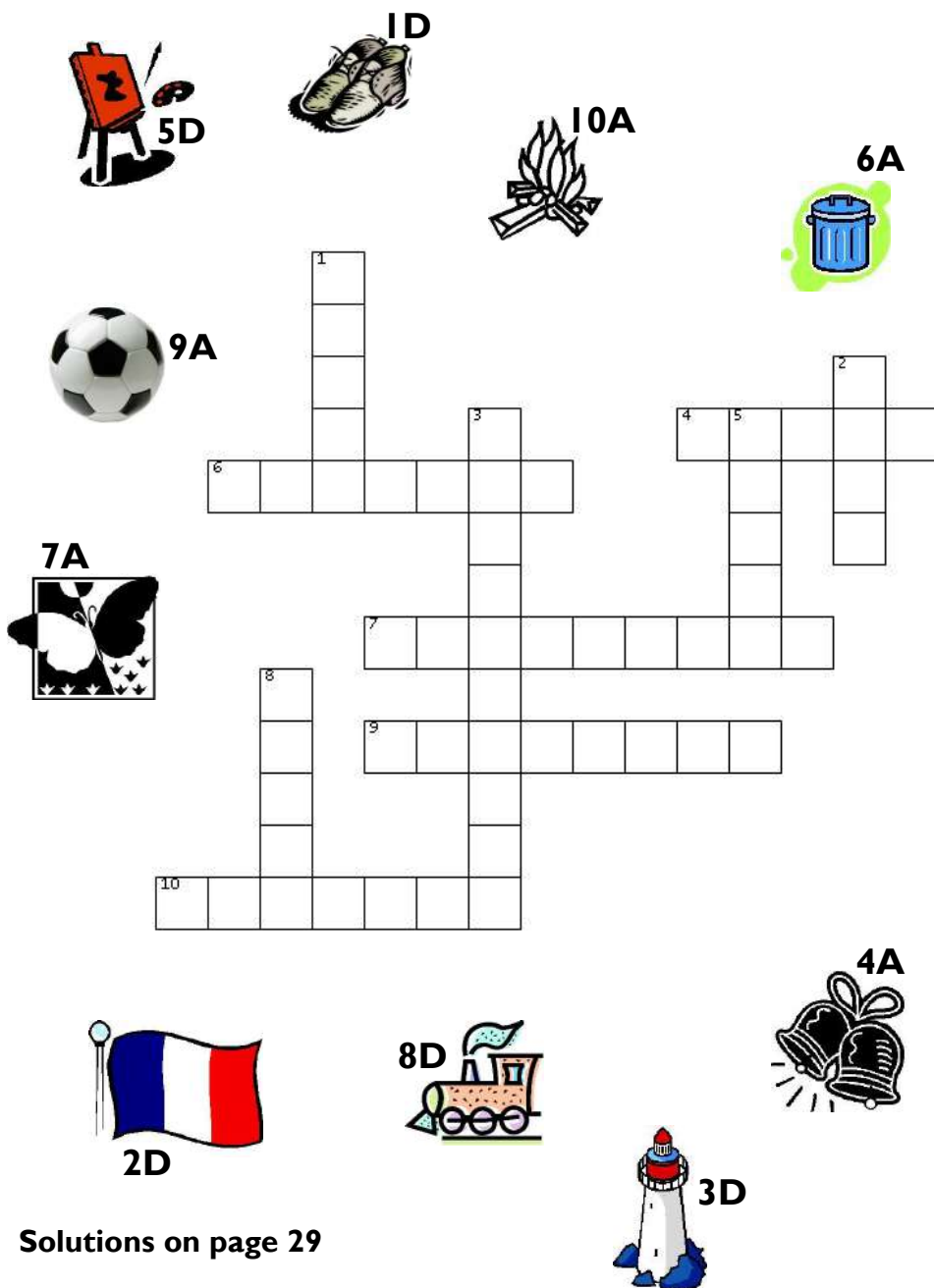
1. Underwear: that is missing — delay departure?
2. Scientist reveals leg attached to amphibian

DOUBLE PUZZLE—inside the church



Solve the anagrams above. Use the circled letters to form another word which you will write in the squares above. All words are connected with what is inside Adel Church

Children's Page



Solutions on page 29

Nature Notes

A Black Grouse 'lek'

A recent item on the TV Spring Watch programme reminded me of a trip my wife and I made quite a while ago to see the mating activity of the Black Grouse. I think most birdwatchers would want to see a Black Grouse 'lek' as they are called at least once in a lifetime, and it's not a thing you might stumble on by accident – partly because it may happen round about dawn in May or June, which, if you've never tried it, is very early, and usually they happen in quite remote bits of countryside.

We were given precise directions to a fairly accessible site and decided to give it a go, setting off at about 2am on a Sunday morning. Before we had got down Pool Bank we had attracted the interest of a police car which followed us into Pool and I got the impression that they wanted us to stop – which I did. As the policeman walked towards us I began to wonder how to explain what we were doing. Well, eventually it all became clear that we had not stolen the car, we were not drunk or crazy (some doubts about that perhaps) and we were able to continue, on the amazingly empty roads.

As far as I remember the site was near the top end of Wharfedale; we found it at the first attempt and, after a bit of scrambling, we were able to

see the lekking site. The male birds are a bit bigger than a Woodpigeon, black with a "bluish" gloss, and much white on the underside of the tail, which forms part of their display. The lek is basically a power struggle, with much pushing and shoving and strange cooing noises, until one emerges as the dominant male. The females that have been watching from nearby are brown, similar to Red Grouse females and most or perhaps all will mate with dominant male.

With July approaching, we can assume that most birds will now have completed their breeding for the year, and I expect that the Black Grouse females will have young. Some birds, like Swallows and House Martins will probably have second brood chicks in the nest and, if the first brood young help with food-gathering as they often do, the later young should hatch in plenty of time to join the autumn migration.

I will be looking out for the large colourful butterflies like Peacock and Small Tortoiseshell which should be emerging in mid to late July, provided that their parental generation managed to survive the awfully cold and wet spring. In the wonderful June weather it has been good to see nature catching up after such a dismal start.

Peter Larner

In Your Garden

A weed is a plant that has mastered every survival skill except for learning how to grow in rows.

- Doug Larson

I see a lot of gardens and spend a lot of my time engaged in "weed management". But what exactly is a weed? In my view it depends on the type of garden you have or want and this certainly varies from place to place.

There are the usual suspects such as dandelion, dock, brambles, nettles and shepherds' purse that will seemingly try and colonise any available soil. Then there are some truly beautiful flowers such as Forget-me-not and Herb Robert which will self-seed freely around a plot and take over if allowed.

And there are some "garden" plants that can multiply with astonishing speed and if not restrained, mount their own takeover attempts. Crocosmia and Alchemilla Molis are amongst many that can be particularly virulent if neglected.

These are all tackled to a greater or lesser extent whilst weeding, but are they all weeds? Of course there are some intruders which almost everyone will agree are weeds and should be met with terminal force!

Horsetail, couch grass, ground elder and creeping buttercup will find few friends or advocates!

However you choose to define them, try to keep on top of the weeding. Mulching borders can help to both retain moisture and keep down the weeds - this will save a lot of work. A thick layer of mulch (5-7.5cm/2-3in all over) works best. And if you can't mulch, then remember that small weeds are much easier to deal with than large ones. Weeding, like watering hanging baskets and the greenhouse, is best done little and often!

Keep mowing the lawn regularly, except in very dry spells. In hot weather, set the mower at a slightly higher level which will help prevent it drying out. You can apply a liquid summer lawn fertiliser, especially if a spring feed was not given. New areas of grass, sown or turfed in the spring, will need extra watering to keep them going through their first summer. Remember that lawn growth slows down in late summer so adjust your cutting regime and heights accordingly.

George Turnbull

enquiries@adelgardencare.co.uk
www.adelgardencare.co.uk

Can You Help?

Website Family History Enquiry Adel Churchyard - Grave Search

Members of the **Biddle family** who used to live at 23 Church Lane (on the corner, next to Adel Rectory) in the 1930s & 40s, are looking for the family grave.

The Biddle gravestone does not appear in the *Blue Book of Adel Memorial Inscriptions*. Adel Churchyard was surveyed by Wharfedale Family History Society in 1998. At this date, some gravestones were overgrown and do not appear in the book.

Details of William Biddle's burial in plot 376 (died 1939), and of his family, are in the Parish Registers.

The last mention of the grave is in 1978. The ashes of William's son, **Harold William Biddle** (aged 76, were added on 26.3.1978) of 'Cherry Trees', Burley-in-Wharfedale, in plot 376.

Some time during the twenty years after 1978, the grave must have become overgrown since it was not seen when the 1998 survey was done.

Plot 376 will be in the **A , south-east section of the churchyard**. We also know that **Reg Godwin Bevan**,

who was buried Jan 1939, is in plot 375. Reg's gravestone details are in the Inscriptions book of 1998. Low or flat overgrown gravestones are hard to find. We would first need to look for Reginald's grave. Then look close by for an overgrown grave.

To help you in your search, please consult the map of the churchyard on the facing page.

When walking through this section, please look for **Reg Godwin Bevan**. His grave may help us find the Biddle family grave. Contact me if you find the Bevan grave.

Many thanks

Val Crompton



In Adel Churchyard

Thank You

Mystery Parcel Stall



I just want to say a big thank you to everyone who has given me things for the stall for our Summer Fair.

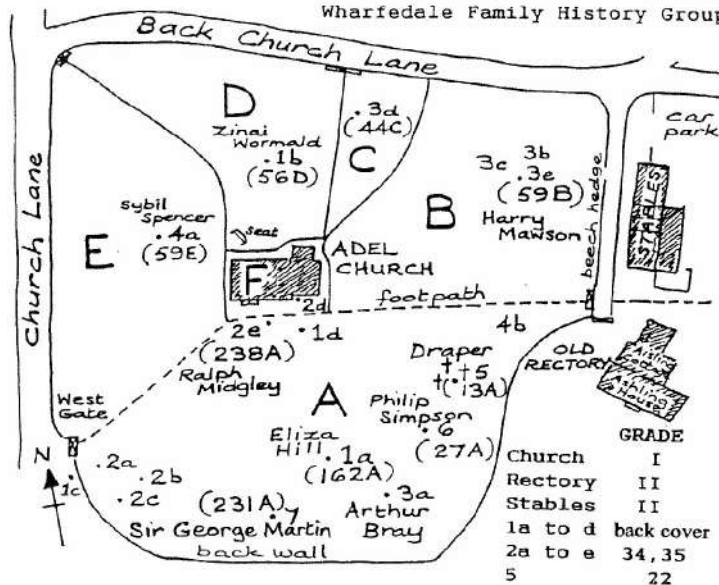
I am busy wrapping them and hope you win some of the interesting items I have been given.

Thank you also for the books, jigsaws etc., for the other stalls.

Beryl Thompson

ADEL CHURCHYARD MAP

SECTIONS A TO F Reference LAWSON, G 1998 P91
Monumental Inscriptions Adel Church
Wharfedale Family History Group



Pond dipping in Adel



Andy Higham, a Post Graduate Certificate student in Ecological Survey Techniques at the University of Oxford, emailed **Adel Gardeners** asking for help. He was planning a garden ponds' survey. He asked for members with garden ponds to contact him, if they were willing for him to survey their ponds.

He came to our pond, as arranged, in wellies and with a big net, two large white trays etc. - on a hot June afternoon. Red Damsel Flies flew round his head as he happily pond-dipped. He caught all sizes of newts, plus assorted beetles and larvae. Then he put them back in the pond, tested the pH and listed all the pond plants.

Our frogs were all out of the pond. They sat and watched him from the safe shade of the lush garden border. We now await Andy's report with advice on how to improve the pond for the benefit of wildlife.

Val Crompton

How about the Stables?

For such a long time the Stables has been such a worthwhile asset for the church, used by a wide number of community groups. Sadly, the pandemic brought that to an end.



However, things are now looking up and we have several groups using the Stables for Pilates, Exercise Classes, Children's Music and Movement to name but a few. If you would like information about any of these, please give me a ring or email adeloldstables@gmail.com. I do hope that by September we shall see a return of most of the groups who used to meet weekly for drawing, painting or just conversation. They have all been sorely missed.

Parties may start up again, but we need to see what government restrictions are in place before we can allow large numbers to gather in the church hall.

Marjorie Cole
261 0069



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You can choose to refuse single-use plastics in July (and beyond!). Best of all, being part of Plastic Free July will help you to find great alternatives that can become new habits forever.

A few ideas of what you can do

Support stores that provide loose fruit and vegetables or offer paper bags instead of plastic ones.



Choose to refuse pre-packed bread, rolls and baked goods. Most local bakeries, farmers markets and even supermarkets have sections with freshly baked goods that are yet to be packaged. By heading along with your own reusable bread bag or containers, you can easily avoid single-use plastic packaging.



Most coffee cups aren't recycled. By bringing your own reusable coffee cup you can make a huge difference.

Reduce what you buy. Before you make a purchase, ask yourself if you truly need it, or if you can repurpose other items that you already have. Shopping for secondhand clothing and products helps contribute to less waste. Avoid products that are wrapped in plastic, and seek more sustainable alternatives.

Barry Anderson

Traffic Calming Adel Lane from St Helen's Lane to Church Lane
Traffic calming will be implemented. Further traffic calming will be done on Church Lane using money from the development by David Wilson Homes next to Centurion Fields, but this may take longer.

Changes to Leeds Bradford Airport car Parking

From 25th May 2021: The Terminal Front Express will be renamed 'Pick Up & Drop Off' with a price increase of £2.00/hour. Also, there will be a price increase of £2/hour in Short Stay for the first two hours. These price increases brings airport parking in line with other regional and major airports, whilst still being able to provide the most generous free car parking offer of any UK airport at one hour free. The Pick Up and Drop Off area will remain free to electric cars. Blue badge holders will have their time extended from 30 minutes to 60 minutes for the minimum £5 charge. Please check the website for full information.

Life Buoy Station - Paul's Pond

Two life buoy stations have now been ordered for Paul's Pond and Golden Acre Park.

Former Weetwood Police Station

The former Police Station in Weetwood has a new planning

application for "Temporary change of use from former Police Station (Sui Generis) to mixed use. You can look at the application and other documents on Public Access on the internet at www.leeds.gov.uk/publicaccess using application number 21/03489.

Missed Refuse Collections Green, grey and brown

Please continue to report to me, using the contact details below, any missed bin collections as the service has been very erratic and it is important that these collections are completed to prevent knock on to other collections.

E-Scooters

The Police have issued this information in relation to E-Scooters: "E-scooters are classified as Personal Light Electric Vehicles (PLEV's). Due to this, they are treated as motor vehicles & are subject to the same legal requirements such as Insurance, Licensing, Tax & MOT. Before you purchase one, please be aware of the mandatory documents you must have in place."

Cllr. Barry Anderson
Adel & Wharfedale Ward
Direct Dial 0113 3367742
www.barryanderson.org.uk
Twitter @barryanderson19

OPAL

OPAL welcomes you back

We've got quite a few activities happening now at the Welcome In Community Centre as well as in the community and we're raring to go with more, subject to further easing of restrictions. Whatever your reason might be, do get in touch with us, membership is just £12 a year.

There are **lunch clubs** on Mondays, Wednesdays and Fridays serving a hot, healthy, home-cooked meal with a drink in a friendly setting for just £5. Accessible transport is available for OPAL members for £5 too. Booking is essential.

SWIFT provides that extra support and time needed by some older people to help improve their wellbeing.

The **Digital Support Group** is a small group, who meet on Tuesday mornings, supporting OPAL members to learn to use devices such as iPads or phones. OPAL has internet enabled iPads that can be loaned out along with 1to1 support if needed.

The **Carers and Cared for Support Group** are a fortnightly group supporting carers and cared for people who meet on Tuesdays afternoons.

The **Remember When Group** is for people with dementia and their

History Groups

carers and again they meet on Tuesday afternoons.

The **Games Group** meet Thursday mornings at the Welcome In for a wide number of different table games and the **Friday Social group** are hoping to re-start in July in person at the Welcome In. Transport is available for both of these groups.

There are a variety of different exercise classes which are all very popular, not enough space for all the details so do call us if you're interested. There are waiting lists for many of these, but do join the list as we may then look at putting more classes on.

Call us on 0113 261 9103 or admin@opal-project.org.uk & have a look at the website www.opal-project.org.uk

Kirkstall History Groups

Getting information about the History talks has also been difficult, and it is unsure at present when live talks will resume. I have been given a link, which will allow you to access their talks on You Tube. They are usually on the second and fourth Fridays of the month.

tinyurl.com/pnc8buww

Or you can contact Patrick by email: Patrick.Bourne@leeds.gov.uk

York Gate Update

As we reach the second half of the year, summer is in full swing. Herbaceous perennials now make up the bulk of the flowering in the garden. Over the last few months at York Gate we have been creating and planting up beds around the new café. One of the key features we look to incorporate into our borders is layering. So as one season of interest ends, new plants take over and continue the display. As with so many areas of gardening this is not a quick and easy process. It takes time with continuing refinement and improvement, so don't be disappointed if things are not quite right.

One of the advantages of herbaceous plants is that they are easy to move and adjust if necessary. As these new areas mature over the coming years, we look forward to sharing their development and progress as they support and complement the amazing, wonderful one acre of the original Spencer garden.

Mark Jackson,
Nursery Manager

Well, York Gate has certainly been busy since we reopened in April. Our plant sales area is looking fabulous, and our volunteers are a knowledgeable bunch who are happy to answer any questions you may have about plants, with our York Gate gardeners always on hand with

more in-depth knowledge. The plant sales is open Wednesday through until Sunday from 11am until 5pm, and as well as selling plants and other garden items eg snips, gloves etc there are also some greetings cards. The gift shop has been restocked with a range of things including books, cards, jugs, twine, candles, mirrors, vases and a whole host of new gifts. The gift shop hours are the same as the plant sales.

Our café is open Wednesday through to Sunday from 10am, with last orders being taken at 4.30pm. You do not need to be booked into the garden to come to the café, everyone is welcome. I am afraid, though, that only assistance dogs are allowed at York Gate, both inside and outside the café and plant sales, sorry!

The garden and shop will be closed all day on **Wednesday 14th July** although it will be possible to visit the café and plant sales during the day.

Should you have a few spare hours a week, please do get in touch with Zoe Parker zparker@perennial.org.uk our volunteer & visitor co-ordinator, as we are always looking for new volunteers: looking after visitors in the café, serving in the shop and welcoming visitors either in the car park or through Admissions.

Sally Latchford
0113 267 8240



Chocolate Trifle

Ingredients

1 chocolate Swiss roll
Tin of fruit cocktail (or any fruit you like)
Tin or carton of custard
Dark chocolate
Double Cream

Method

Slice the Swiss roll and spread over the bottom of your serving bowl. Drain the fruit and pour over the cake, adding some of the syrup to moisten the cake. You can add sherry or kirsch or any spirit of your own choosing, or none. Warm the custard in the microwave with 8 squares of chocolate until it is well blended. Pour it over the cake and fruit. Whip the cream and spread it on top before sprinkling it with grated chocolate.

I can't stress how EASY this is to make, and QUICK, so if you are looking for a tasty dessert to offer guests and don't want to spend too long in the kitchen, I can recommend nothing better than this.

Many thanks to the friend, who shall remain anonymous, for passing this recipe on to me years ago!

Marjorie Cole



Billy Flynn

Covid-19

By the time you are reading this, hopefully the last of the pandemic restrictions will have been lifted although, as we have learned over the last 15 months or so, there's many a slip twixt cup and lip. The virus has acted like most others in that variants are created on a regular basis and each has to be tested to ensure that the vaccines we have are still effective in preventing serious complications from Covid. Although the effects of the pandemic have been devastating it's worth remembering that more than 50 million people worldwide died during the flu epidemic of 1918. Fortunately, we are well short of those figures today, bad though the last year has been, thanks to the magnificent work of the pharmaceutical companies in producing the vaccines so quickly and to the NHS in delivering the vaccine programme so effectively. The final decision on lifting the restrictions will depend on the four tests that Public Health England insist must be met i.e. a successful and effective vaccine programme, low infection rates removing pressure from the NHS and no surprises from new variants of COVID-19. The last one being the key of course. Fingers crossed!

Policing

We have a new, acting neighbourhood

policing inspector, Helen Oldridge, looking after us. Unfortunately, one of Helen's first jobs was to tell us that the number of PCSOs in the ward had gone down from 2 to 1. As luck would have it, she had some flexibility due to the nature of the hours worked by our officers and while the reduction is technically down to 1.64 officers it means we will retain our two PCSOs although the hours worked will be reduced. To put things in perspective, cuts in funding to the police reduced the number of PCSOs by 45 across the city, around 20% less than before. However, we receive an excellent and very responsive service from all ranks in the police and I'm quite sure we will continue to be well looked after.

Flaming June (and July I hope)

Well, summer's finally here and unfortunately so are criminals. There has been an increase in crime in recent weeks but this is not unusual with better weather and Covid restrictions being lifted. The lovely weather we've had so far in June has tempted us all into the garden but please remember to be careful. Don't forget to lock your front and side doors as well as gates and don't leave windows open in rooms you are not in, particularly if you are in the garden. While you are unlikely to be a victim of crime there is no harm in taking

simple precautions. Just a few days ago some friends of ours were relaxing in the garden, thinking the side gate was locked, and went into the house. While they were inside someone accessed the garden and stole three smart phones. It only takes a minute!

Adel Beck site

The planning applications for an 86 bed care home and 70 plus dwellings on land adjacent to the Adel Beck Secure School and access roads are wending their way slowly through the planning system. If you use the bottle bank off Sir George Martin Drive in the number 28 bus turn round point opposite Adel Store you will be aware of how dangerous it can be with vehicles not taking sufficient care when turning into East Moor Lane to visit the school or to deposit bottles. This is a particular problem when using the access from the ring road end where vehicle tend to cut the corner not realising there might be cars coming out or parked vehicles or even the number 28. It will

only get worse once the care home and dwellings are in place. I discussed the issue with Highways officers and they agreed to make the turn round point one way with appropriate signage which should make life much safer.

I do hope we are all in a much happier and better place next month. Please keep safe and my very best wishes.

If you would like further information on the issues above or anything else in the ward please do get in touch.

Telephone 0113 2613896,
07810 640282
or email billy.flynn@leeds.gov.uk.



Children's Page

ACROSS

4. BELLS
6. DUSTBIN
7. BUTTERFLY
9. FOOTBALL
10. BONFIRE

DOWN

1. SHOES
2. FLAG
3. LIGHTHOUSE
5. EASEL
8. TRAIN

Double Puzzle

RECTOR
SAINTS
FONT
CHANCEL
BEAKHEADS
NORMAN
WINDOWS
HISTORY
CHOIRBOY

Only 5 Clues

Across

1. LESSEN
3. GAMBIT
4. RENOWN

Down

1. LINGER
2. NEWTON



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AB - Bardsey

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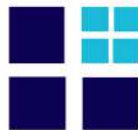
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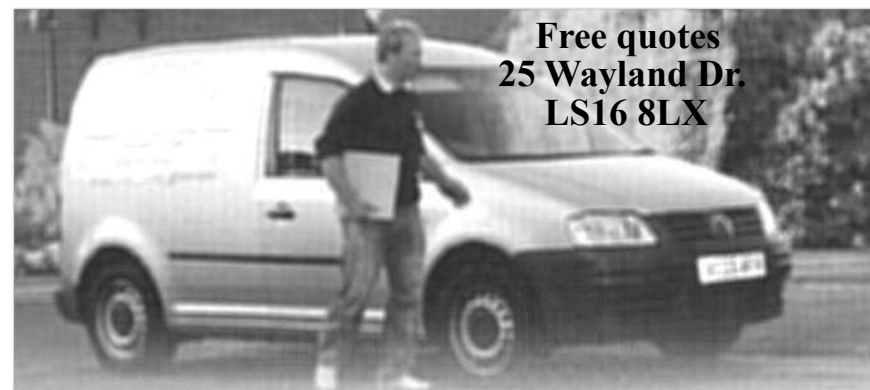
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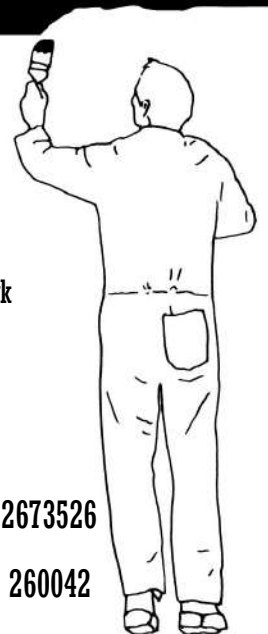
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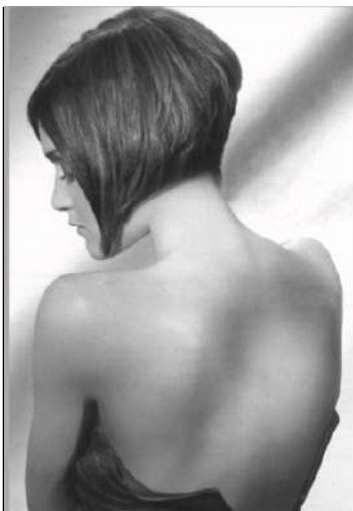
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Church Services



July

Fri 2nd	1.30pm	J Js, book with Jill Holloway
Sunday 4th		Fifth Sunday after Trinity
	9.30am	Parish Eucharist*
	11am	Parish Eucharist*
	6.30pm	Evensong
Wed 7th	11am	Eucharist
Sunday 11th		Sixth Sunday after Trinity
	9.30am	Parish Eucharist*
	11am	Parish Eucharist*
Wed 14th	11am	Eucharist
Sunday 18th		Seventh Sunday after Trinity
	9.30am	Parish Eucharist*
	11am	Parish Eucharist*
	6.30pm	Evensong (BCP)
Wed 21st	11am	Eucharist
Sunday 25th		Eighth Sunday after Trinity
	9.30am	Parish Eucharist*
	11am	Parish Eucharist*
Wed 28th	11am	Eucharist

Please bear with us in these uncertain times. We are planning to continue with the need to book for services marked with * and to limit attendance. Details of how to book on page 7. Please keep consulting the church website in case of changes. www.adelparishchurch.org.uk