



# ADEL BELLS

Parish Magazine 70p



**Blessed are those who feed the hedgehogs,  
Who make fat balls for the birds,  
Who build bug hotels  
And who plant flowers to attract bees.**

# July 2025

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**The Parish Church of St John the Baptist, Adel**  
 Enquiries including Home Communions, Baptisms, Confirmation,  
 Weddings, Funerals; please look at the church website  
[www.adelparishchurch.org.uk](http://www.adelparishchurch.org.uk)

## Contents

Rector Alison's Letter	6
For your Diary	7
Also in July . . .	8
Rev'd Ian Reflects	9
In Brief	10
Letter from Lily	11
QE Corner	12
Environmental News	13
My Church Journey	14
Quingo	16
Ice Age Landmark	17
Joyce Hill	18
Puzzles	20
Trees Wordsearch	21
Northsong Concert	22
In Your Garden	23
Leeds Past & Present	24
OPAL	25
York Gate Update	26
A Garden for All	29
Being in Nature	30
Modern Scams Part 2	31
Ten Little Christians	32
What's On	33
Barry Anderson	34
Billy Flynn	36
List of Advertisers	59

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OF ENGLAND**  
 Diocese of Leeds



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**Church Open for Visitors**  
 Monday and Saturday 1.45pm to 3.45pm

## Parish Registers

### Funerals

**15th May**  
 Michael Talbutt

**20th May**  
 Olga (Bunty) Forsyth

### Burial of Ashes

**28th May**  
 Patricia Keville



### Festivals & Feasts

**3rd July**  
 Thomas the Apostle  
**22nd July**  
 Mary Magdalene  
**25th July**  
 James the Apostle



**ACE**  
  
 Association for Church Editors

## A Smile

A smile costs  
 nothing but  
 gives  
 much. It  
 enriches those



who receive, without making  
 poorer those who give. It takes but  
 a moment, but the memory of it  
 sometimes lasts forever.

None is so rich or mighty that he  
 can get along without it, and none  
 is so poor but that he cannot be  
 made rich by it.

A smile creates happiness in the  
 home, fosters goodwill in business,  
 and is the countersign of  
 friendship. It brings rest to the  
 weary, cheer to the discouraged,  
 sunshine to the sad, and is nature's  
 best antidote for trouble. Yet it  
 cannot be bought, begged,  
 borrowed or stolen, for it is  
 something that is of no value until  
 it is given away.

Some people are too tired to give  
 you a smile. Give them one of  
 yours, as none needs a smile so  
 much as he who has no more to  
 give.



Part of Christ's family, welcoming everyone, sharing God's love and being a voice of hope

## From the Editor

As I write this our Green Fair is still two weeks away. Helping our community to be more responsive to our planet's needs is our prime aim: safeguarding our animals, avoiding plastic, eating healthily, reducing our carbon footprint. I hope the fair will be a great success. With this in mind, the picture I chose for the cover of this issue was the one I used in July last year. I liked its message, but more than that it can now be shown in full colour. I hope you approve!

Those of you who attend our 10am service on a Sunday will know Leanne Winfield, who has kindly written for our 'My Church Journey' page. Since joining our church she has volunteered for so much; she does readings, serves coffee and is a member of the PCC. We are so lucky to have Leanne as a member of our church family. Having been new to us herself, she has understood more than most the need to show a warm welcome to newcomers. You can read all about Leanne on p.14.

Here in Adel we have so much nature

around us, in the fields, in our churchyard, in York Gate and in our own gardens. In his monthly article, George Turnbull talks about ponds and the wildlife they shelter. We have a small pond in our garden and we have experienced much of what George has described. Every year we get excited by the arrival of the frogspawn and watch its development with bated breath. We know that early next year we will have small frogs jumping round our garden, much to the consternation of our miniature schnauzer! You can find George's piece on p. 23.

Another jewel in our crown is the community garden just down the road from Adel St John Primary School. I have watched its development from the start, when no one except those involved in the planning knew why it was being created. I asked Nigel Barraclough to tell us how it came to be and who is responsible for its upkeep. You can read his account on p. 29. And if you have not seen it yet, do come round to our side of Adel and have a look!

Sorry, news of the 100 Club will have to wait until next month!

**Marjorie Cole**

## Rector Alison's Letter

Dear Friends

My recent holiday reading included a short but wonderful book, 'Small things like these' by Clare Keegan. If you haven't read it – I recommend it.

It is the story of a kindness done quietly with no fuss and no thought of reward; a kindness that therefore could have seemed small, but which changed two lives completely, and for the better. It is also the story of the repercussions of this kindness, much later, in one of those lives. A result that would never have been predicted by the person who first reached out, but which has the possibility of turning around another life which might have been ruined.

It is the story of an apparently very ordinary family man taking a decision of extraordinary courage; and how the roots of this decision can be traced back to that act of kindness.

Apart from being beautifully written, it also shows how acts of kindness are never single events, but building blocks to a better world. There is the obvious result that if we help others, they may well help us in return. But as 'small things like these' illustrates, there's also a much wider effect that people who have been helped often go on to help others totally unconnected with the original kindness.

As a teacher, I once had the joy of a chance meeting with an ex-pupil, where she said she became a teacher because as a teenager in my class, she knew I cared and that mattered; she now wanted to make that difference for others. Mostly we never know the result, but it seems to me that kind acts, large or small, always add in some way to the strength of a society.

There was a not particularly successful American film, 'Pay it forward', that looked at a similar idea. In it, school pupils are challenged to produce a plan which will change the world for the better. The film's hero comes up with the idea that the recipient of a favour, rather than paying it back, should 'pay it forward' by doing favours to 3 other people... and so on.

I haven't seen the film, so can't comment on its quality, but I think perhaps the idea reduces the power of kindness by making it a tick box exercise. 'Small things like these' suggests receiving true kindness, done without any compulsion on us to respond, can help us to be better people, and thus build a better society.

At Adel Parish Church, we meet as people grateful for what God has done for us, and keen to share that love with others; anyone is welcome to join us.

Whether you are part of our church family or not, I would like to thank you for all the acts of kindness you do to build up our community here in Adel.

With love and prayers  
**Alison**



## Dates for your diary

**6th July**

Eccup 10 Race  
Some road closures

**Friday 11th July**

**7.30pm** Concert  
by Northsong  
(formerly North8)  
See p. 22

**Saturday 19th July**

**7pm** Quingo  
in the Old Stables  
See p. 16

**Saturday 27th September**

Talk by Joyce Hill  
More details next month

**Sunday 19th October**

Harvest Lunch

**Saturday 22nd November**

Christmas Coffee Morning

**Sunday 7th December**

Christmas Concert  
Leeds Guild of singers

Not many visitors to our church will see this beautiful carving. It is usually covered up by a cloth and sometimes a large bible to be used by the readers at the next service.

It is on the top surface of the Victorian lectern. It is not the only representation of the lamb of God; others are to be found in the stained glass window representing John the Baptist and on an altar cloth.

When you are next in church and have the opportunity to look around, don't be afraid to lift up the cover on the lectern and admire the carving.



Also in July ...

**Bible Study**  
**10 am in the Stables**  
Thursday 10th July  
Thursday 24th July

**Saturday 19th July**  
**Quingo**  
**7pm in the Stables**  
**Booking needed**  
See p. 16

**Prayer Meetings**  
**10am every Wednesday**  
**In church or at home**

Praying this month for:  
Wedding & Funeral Vergers  
Adel Bells Team  
Musicians

## Rev'd Ian Reflects

### Gardening for God

Those of you who know Jacqueline and me at all know that we are not gardeners. We do like to have flowers and plants in our garden but we've no real idea what we are doing. It is a matter of pure mystery to me that my rose bush at the front of the house is the envy of the Close.

So, some people found it a matter of amusement that we were off to Italy for a Gardens and Wildflowers Retreat. It turned out that it mattered not that we were the odd ones out; we were able to spot wild orchids with the best of them. We had great fun and with generous advice from the genuine gardeners Jacqueline is now transforming our garden.

Not surprisingly, I reflected that gardening is often a metaphor used to describe aspects of our Christian life and, as so often happens, I then came across this relevant and beautiful quotation from Teresa of Avila. She describes the life of a new Christian analogously to a gardener with a new garden. She writes:

“A beginner must look upon himself as making a garden, wherein our Lord may take his delight, but in a soil unfruitful and abounding in weeds. He roots up the weeds, and sets good plants in their place. We have then, as

good gardeners, by the help of God to see that the plants grow, to water them carefully, that they may not die, but produce blossoms, which shall send forth much fragrance, refreshing to our Lord, so that he may come often and for his pleasure into this garden, and then delighting himself in the midst of these virtues.”

And as we heard in one talk, to produce healthy, blossoming plants we need to tend and feed the soil. The soil being the literal ground of success.

In our Christian lives we might say that the soil, the grounding, is our love of and faith in God. This relationship with the love of God, like all loving relationships, needs tending, nurturing and feeding. We also need to help to grow the 'good plants' in us, our gifts from God, for the benefit of God's Kingdom. And, of course, our relationships with one another need tending and nurturing too, sustaining a community of love, the church.

Let's be good gardeners for God, cultivating many 'blossoms' to his glory.

**Ian Johnston**

## In Brief

### The disappearing buildings

With reference to last month's article about the Corpse Way, I received an email from a reader who remembers seeing the old path. She said, "There was a light dusting of snow. You could very clearly see the outlines of some small square buildings. For many years I went back after light falls of snow but never saw the buildings again."

I was intrigued by the idea of buildings disappearing, so contacted the very person who would know the truth of the matter, Val Crompton. She told me, "Yes, there were two small buildings. One was the Squire's Stables which later became the Museum. The other building was the Parish Stable which was later used as a Sunday School." So, nothing unusual or romantic about this at all!

### Snippets from the past

Volunteers cleaned the church, as this advert tells: *Will you volunteer for a pleasant 2 hour job every 5 to 6 weeks cleaning the church?* People were asked to contact Linda Gibson.

Do you remember Adel Ladies? They arranged a 'Hoe Down' in Adel Memorial Hall, only £3.50 per ticket and you got a hot supper, plus sweet course and all proceeds were for Leeds Charities.

### Time for a smile

The minister visited the Jones family in their new home. "Do you like it?" he asked one of the three children. He replied, "It's great, I have my own room, Bobby has his own room and my sister has her own room, but I'm afraid mum and dad still have to share."

### Photographs



I wonder if you admired the photograph of the church sent out to everyone in the parish last month in order to advertise our green fair. It was a perfect day when I took the photo. I took advantage of the fact that the leaves on the tree had not fully developed and hidden the church from sight.

Now that we have a colour picture on the cover, there is increased need for good photographs. I know we have a lot of amateur photographers out there, so if anyone would like to offer a photo that could be used in the magazine, please contact me by email at [adelbellscm@gmail.com](mailto:adelbellscm@gmail.com)

**Marjorie Cole**

# Letter from Lily

Hi Everyone,

Hope you are all well and enjoyed the Fair and the Patronal Festival at church. Sounds to have been a lot of fun and celebrations – I enjoy celebrations so was very sorry not to be there to enjoy the fun.

Instead, we had our own fun! It was my Dad's (erhum) birthday so we travelled down to see our family near Weston-Super-Mare – hate the journey, so very long but love it when we get there. They have a big garden so I did as many zoomies as I wanted to, whenever I wanted to, even though their rabbits didn't like me doing them. They are probably envious because I can run so fast. If the family had let them out of their cage, I would have gladly chased them. I don't know if they are cross, but they do go on with their form of barking. Sadly, I don't speak 'rabbit' so I've no idea what they are talking about: strange creatures.

Where our family lives there are miles of beach! I don't go far away from them as you never know what sort of dog you will meet, and after last month's episode, I must admit to being rather wary. It's a great place for a walk, or run on my big-walking-place lead (lots of puppy leads put together on the end of my extending lead – get your Mum to make you one, they're great) and the sniffing

opportunities are so different from those at home.

Another thing I do enjoy when we're down there is that I get to go to church. Because I sit like a statue and don't interrupt I'm allowed to join the family. I understand why you so enjoy going to church: I love the singing – I've tried it at home but my Mum just says, 'Bark nicely.' Not very encouraging when I'm trying my best!

I think it's a peaceful, thoughtful time and it gives me chance to think about what really matters: life isn't all about walkies, zoomies, balls, toys, food, rabbits and cuddles (I could go on) as there's so much more to think about.

I listen very hard when Mark talks about Jesus – sadly I don't understand everything, but I'm still learning. My Mum tells me not to worry, learning about Jesus and God's purpose is an ongoing thing and we can never understand everything, but we must keep on trying. I can do trying. I like the prayers – asking for God's help and asking Him to help us to help other people, and saying sorry for being naughty and, knowing He forgives and loves us, it is very comforting, so when I see you, tell me what you enjoy about church – I'd love to know!

God bless.  
Woofs & Lix  
Lily

# QE Corner

Here it is again..... QE (Quite Enlightening) Corner. You all know that I like trivial information, so for your enlightenment I am presenting you this month with another miscellany of "facts(?)"

Ancient Romans used to toss beans over one shoulder to ward off the unquiet dead.

The oldest recorded version of 'Goldilocks and the Three Bears' was written in 1831. Instead of a little girl it features an 'angry old woman' who at the end of the story is impaled on the spire of St. Paul's Cathedral.

Dentine, the layer that makes our teeth sensitive, first evolved as sensory tissue in the exoskeletons of ancient fish. That means that toothache predates teeth.

In the 1840s, Charles Darwin put wheels on his chair in order to whizz around his office between his specimens and so invented the office chair.

There is a museum in Radebul, Germany, dedicated to lying. Before visitors enter they are given a talk about the museum's history, all of which is untrue.

The average human brain contains around 7 grams of plastic.

Birds can't taste chilli.

Cats can't taste sweetness.

Dwile flonking is an English pub game that involves players dancing in a circle while one person in the middle attempts to hit the dancers with a beer soaked rag.

In the 18th century, residents of the Russian port Arkhangelsk called English sailors 'aseis' because the sailors' constantly used the expression 'I say'.

In 2022, Doncaster City football club unsuccessfully applied to compete in the Scottish Cup after unearthing a 12th-century treaty which ceded the city to Scotland, despite being 200 miles south of the border.

The Saturday-Sunday weekend is not universal: Saudi Arabia has moved their weekend from Thursday-Friday, to Friday-Saturday and in Brunei, it's Friday and Sunday, with Saturday being a working day.

When Lord Byron's fans sent him locks of their hair, he would send them hair clippings of his own, many of which were actually taken from his dog.

**Trevor Cole**

# Environmental News

## Service Resumed

This month, I would like to return to the discussion of climate change and its growing impact across the world. Hopefully, our patronal festival last month sparked conversations and encouraged reflection on the changes we're witnessing globally.

Here in the UK, this spring was the warmest on record. In fact, three of the warmest springs in the last decade alone have contributed to an average temperature increase of 1.8°C since 1970. Not only was it the warmest, but it was also the driest in over 50 years. As I write this in early June, initial indicators suggest we could be heading for yet another scorching summer. While that may sound appealing to some, the consequences for biodiversity, ecosystems, and our planet are severe.

The effects of rising temperatures are being felt far beyond the UK. In Switzerland, the village of Blatten was wiped off the map in an instant. A settlement that had stood for centuries, carefully built around a once stable glacier, was suddenly obliterated. As temperatures rose, the permafrost and glaciers began to weaken, leading to a catastrophic collapse. Nine million tonnes of rock came crashing down, destroying everything in its path and

erasing Blatten from existence. This event is not an isolated occurrence; similar patterns are emerging worldwide. As glaciers shrink and permafrost continues to melt, millions of tonnes of trapped greenhouse gases are being released into the atmosphere, further intensifying global warming and deepening the climate crisis.

On a more personal note, the early days of spring also marked a turning point for me. Following the loss of several friends, I decided to take up running again, after stopping more than a decade ago. Living in south Leeds, I began jogging along the local canal nearly every day. Along this waterway, I noticed how nature responded to the warmer weather, plants bloomed earlier, insects flourished in abundance, and birds found more plentiful sources of food. I found myself taking regular breaks during my runs, which became a moment of reflection, a time to remember what the climate crisis means to me, for River's future, for my family, and our planet.

Climate change is no longer a distant threat, it is happening now, reshaping landscapes and lives. As we move into summer, let's take a moment to reflect on the urgency of this crisis and consider how we can contribute to meaningful change.

**Tang**

# My Church Journey

My family growing up were never churchgoers, or believers in any faith. I attended the local school, Burley St Matthias' C of E Primary School. I was also a Brownie at St Matthias', so I had at least some contact with my local church.

At middle school I joined the 'J Team', which was an optional club run at the school. 'J' obviously stood for 'Jesus'! I remember also through this attending a music event in Headingley, at the Baptist Church.

Many years later, when my son was born, he was baptised at St Thomas' in Stanningley, and that was my first time attending church. His baptism was important to me, but also partly the 'done thing' for new babies!

A few years after this I was employed by a religious couple linked to St Thomas', and I began to attend too. My son also went to the Sunday School from a young age. Even now I can still remember our first service, and how I didn't understand anything that was taking place! That feeling now helps to ensure that I try to welcome newcomers and visitors to our church here in Adel, so people needn't feel as lost as I did.

This didn't put me off completely, as it might have done, and St Thomas' became my first church. I also used to



read at times during the services in Stanningley.

My son was very active in scouting, and in his scouting career went to Salvation Army Cubs, Methodist Scouts, then C of E Scouts and Explorers. I've also attended services at all of these, and non-denominational 'Scouts Own' services. I've accompanied the Explorer Scouts to a worship event at York Minster, where a number of young people took part in many activities.

I've also been to a United Reform Church with scouting, and over the years many Remembrance Sunday and Armistice Day events, with different church and community leaders.

## Please support our advertisers and mention Adel Bells

I then spent 10 years attending St Paul's in Ireland Wood. It was during this time that my faith deepened, and one particular turning point came when I was hospitalised for three weeks, and I had support from the hospital chaplain. They also gave me a booklet, which I still have, and that inspired me too.

At St Paul's I was baptised, and later confirmed, as I had missed these growing up in a non-Christian household. I was also often an Acolyte during services.

My family are still happily non-believers, and sometimes don't understand my faith. However, they are very supportive, and attended both my baptism and confirmation, also giving me cards, and celebrating after with family meals. When I received a tablet for a gift one year, it came pre-loaded with photos from the service, which was a lovely touch.

In 2019 I moved the short distance from Ireland Wood into Adel. I now lived within the Adel Parish boundary, and wanted to worship at my local church. I was warmly welcomed, and soon began to feel at home here.

My first attendance at St John the Baptist, Adel, was 6<sup>th</sup> October 2019. This was Harvest Festival, and by coincidence this was also Alison's first Sunday service here.

In addition, I am a regular user of the

Lectio 365 app, after being introduced to it by a member at a Women's Group I used to attend. I started using the app in April 2021, and it consists of 3 daily podcasts, Morning, Midday, and Night – although I often listen to them not at the scheduled times!

## David Suchet reads the entire Bible

Another tool I find very useful is the 'Hear God's Word' YouTube channel, where David Suchet reads the entire Bible. I listen to this channel often, and it is especially helpful for me in preparation for my readings in church!

I call myself a 'Christian', and am open to attending services of other traditions. I believe we all worship the same God, in different ways, and there is room for a range of approaches.

Finally, I would like to offer thanks to my close friend Lorraine, who has supported me throughout my Christian journey. We often have very thoughtful discussions, and I am very grateful for her continued support and guidance.

**Leanne Winfield**



**Saturday 19th July**

**at 7pm in the Old Stables**

**A fun quiz with a difference—anyone can win, all you need are 5 correct answers. This is a new twist on Trevor's usual style of quizzing, whilst maintaining some of the best bits.**

**£5 per person  
Nibbles provided, wine and soft drinks  
available for a donation.**

**Booking needed  
adelparishchurch@gmail.com**





# Ice Age Landmark

**Adel Crag** and many other smaller, gritstone boulders were carried by a glacier that covered the North-eastern part of Adel, in the last Ice Age.



It is where Stone Age axe heads and flint arrow heads have been found. These are displayed in Leeds City Museum. Adel Crag was a landmark on the east bank of Adel Beck and has been used as a meeting place for generations.

Henry Moore  
cycled here with  
his father

Over a hundred years ago, the sculptor, Henry Moore (1898-1986), cycled here with his father to have a picnic, in Adel Woods.

Henry said “*It was the first big, bleak lump of stone set in the landscape that he had seen.*” It was this powerful form that had influenced him.

Later, when Henry was a student in Leeds, he would visit Adel Crag with friends.

Sadly now, two very large, old trees have been toppled and uprooted, in recent storms. They now lie across Adel Crag. It is too great a task for Friends of Adel Woods to clear away these two old trees. FOAW do a great job, keeping paths clear and litter-picking but we need outside help.



*Adel Crag is easily reached from  
Stairfoot Lane  
Car Park.*

*Do go and have a look.*

**Val Crompton**

# Words from Joyce Hill

## **Pope Leo and the Order of St Augustine**

Cardinal Robert Prevost was elected as Pope on 8 May 2025, becoming Pope Leo XIV, a choice of name inspired by Leo XIII, who was Pope 1873-1903. He was a notable social reformer at a time of huge change, when - in a period often called the Second Industrial Revolution (c.1870-1914) - there was rapid scientific discovery and ever-increasing mass production, with standardisation of products and processes. The wealth of developed and developing nations vastly increased, but it brought with it much human suffering. In response to this, Leo's encyclical of 1891 was revolutionary in arguing that workers should receive a fair wage, enjoy safe working conditions, and have a right to belong to a trade union. The encyclical also supported free enterprise and rights to property. Not surprisingly, this Pope Leo became known as ‘The Pope of the Workers’.

Pope Leo XIV is the first Pope to be born after the Second World War; the first to have been born in the USA; the second to be a native English speaker, after Hadrian IV (1154-59), the only English pope there has yet been; and the second, after Pope Francis, to be from South America, in the sense that he is a naturalised citizen of Peru. He is also

the first pope who is a friar of the Order of Saint Augustine, although six other popes before him have belonged to other Orders which follow the Augustinian Rule.

Orders of friars came into existence in the thirteenth century, the most famous being the Order of St Francis, founded in 1209. The Dominicans - more scholarly in their focus than the Franciscans - followed in 1220, and the Augustinians in 1256, with a constitution modelled closely on that of the Dominicans, with whom they share a strong commitment to learning alongside their pastoral outreach. Martin Luther (1483-1546), who can be said to have launched the Reformation, was an Augustinian friar, although he belonged to one of the reformed branches of the Order that had by then developed. Some of these achieved independent status, and so are counted as separate Orders, although they are still Augustinians.

There is also an Order of Augustinian canons: communities of priests (canons) who live a common life of poverty, celibacy and obedience, although they can undertake parochial responsibilities. When living in community, their life is much like that of monks in monasteries, although all Augustinian canons are priests, unlike monks, some of whom are priested, and some are not. Such communities

of priests grew up in northern Italy and southern France in the earlier part of the eleventh century. They received formal approval in the Lateran synods of 1059 and 1063, and their way of life rapidly spread in western Europe in the century that followed.

St Augustine of Hippo (354-430), after whom all these Augustinian Orders are named, was one of Christianity's greatest theologians, hugely influential in the development of the western church in particular, but he did not found an Order or write a community Rule in the same way as, for example, Benedict did for monks, or Francis or Dominic for friars. Rather, the Rule that bears Augustine's name was probably drawn up in the mid-fifth century by one of his followers, drawing on Augustine's writings in various ways. It was little used in the early middle ages, but was revived in the eleventh century by the canons, who were looking for a distinctive Rule of suitable authority, and then redeployed for the Augustinian friars in the thirteenth.



### Apology and correction

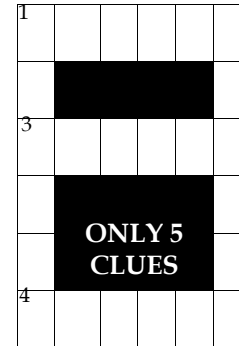
Last month's article about the Nicene Creed contained a serious error, which was purely an editorial mistake. We offer a sincere apology to Joyce for getting the timescale of the historical events totally wrong. The events mentioned in the second paragraph are reported as having occurred prior to the year 313. However, the truth is that they did not happen until 313.

If you replace the second and third sentences of this paragraph by the following words, everything will then read correctly.

**As recently as 313 he had allowed people across the empire to celebrate their own religions as they wished. Christians benefitted from this since they were now able to develop an annual cycle of public worship in permanent buildings.**

# Puzzles

## GENERAL KNOWLEDGE CLUES



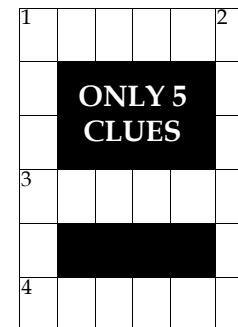
### Across

1. Relating to mail service
3. Ringed planet
4. Powerful, strong

### Down

1. Australian marsupial
2. Madness

## CRYPTIC CLUES



### Across

1. Firework, a sizzler?
3. Earl leaves stone figures standing
4. Disconcerted queen sits on this, they say

### Down

1. Low voice, alien for hound
2. Mostly increasing the amount of dried fruit

Solutions on p 33. Each puzzle has different answers.

# Just for Fun

There are 14 trees hidden in this wordsearch. See if you can find them all. I am not telling you what to look for. It's up to you to search.

## Trees

V	H	R	E	D	L	A	P	R	B	G	A	C	N
B	O	N	U	R	S	S	Y	O	A	Y	E	Y	T
I	L	S	C	O	T	S	P	I	N	E	U	K	N
I	L	E	C	U	R	P	S	Y	A	W	R	O	N
R	Y	T	T	E	L	O	H	A	E	S	L	N	I
E	N	R	O	H	T	W	A	H	L	A	C	H	O
S	L	B	E	E	C	H	H	H	R	R	L	S	B
Y	N	E	A	C	W	C	T	C	C	T	A	R	E
Y	A	T	O	N	E	Y	H	U	H	W	Y	H	A
U	M	O	U	N	T	A	I	N	A	S	H	R	S
K	H	O	R	S	E	C	H	E	S	T	N	U	T
A	H	C	R	I	B	R	E	V	L	I	S	R	T
O	W	E	E	P	I	N	G	W	I	L	L	O	W
A	I	T	S	Y	C	A	M	O	R	E	O	W	Y

Solution on p. 33



# Voices on the Wind

## Friday 11th July

## 7.30pm in Adel Church

A concert of folk songs with Northsong,  
formerly known as North8

So, if you're going to Scarborough fair, fancy some blues from Winnipeg, wish you were in Carrickfergus, or just want some proper Yorkshire folk, sung by Yorkshire folk, there's something for everyone.

Tickets available from [www.north8choir.co.uk/concerts](http://www.north8choir.co.uk/concerts)

or pay on the door

£18, students £5, under 18s free

A glass of wine is included in the price



# In Your Garden

**"If I had my way, I'd remove January from the calendar altogether and have an extra July instead."**

— Roald Dahl

There is a lot going on in your garden during July with plenty to enjoy, and of course, plenty to do! July is often one of the hottest months and a time to be enjoying your garden at every opportunity, whatever you grow.

If you have a pond, which I would recommend to anyone both for the well-documented benefits to wildlife and for the peace, tranquillity and endless fascination their inhabitants bring, then find time to investigate the residents and the visitors. After the very dry spring, hundreds of tadpoles will become tiny froglets and leave your pond in a synchronised mass exodus. They will head off in all directions, but will most easily be visible in your lawn. Be extra vigilant with your lawn mowing if you have a pond nearby. They are seeking the shelter of damp undergrowth where they will eke out a living dining on your garden pests whilst continuing to grow into mature frogs, ready for a return to the pond to mate a few years later.

A small amount of time watching your pond, especially on a sunny day, could reveal beautiful red or electric blue

damselflies or their much larger cousins the dragonflies. These aerobic masters are looking for partners at what is actually nearing the end of their life cycle. Hopefully they will mate and lay eggs in foliage in or close to your pond. These eggs hatch and the emerging larvae will take up residence in your pond. They will live and grow for three to five years as the top predator in most ponds. You will be unlikely to see them during this stage, but when it's time to leave, they crawl up plants around the pond and suspend themselves from the underside of a leaf. A fully grown dragonfly will emerge, unfurl and dry its wings, then fly off to restart the cycle, leaving behind a slightly sinister empty larval case.

The vegetation in your pond should be reaching maturity and will likely need to be managed. Keep skimming away blanket weed and duckweed if you have it (most of us do!) and cut back any plants that are becoming unduly dominant or large. And finally, make sure your pond is regularly topped up. Collected rainwater is best for the wildlife and for plants but using tap water is better than letting a pond dry out.

**George Turnbull**  
enquiries@adelgardencare.co.uk  
www.adelgardencare.co.uk

# Leeds Past & Present



## Greening Leeds

Leeds Civic Trust promotes high-quality public spaces and enlivened waterways.

We aim to identify and lobby for new public open spaces. We prioritise active travel and support efforts to further develop the river, canal and becks as focal points for green corridors.



Leeds Civic Trust is an independent voluntary, non-political body, open to anyone who wants to participate in and influence the development of Leeds, its amenities and its heritage. See our website:

leedscivictrust.org.uk

## Abbey House Museum

in the gatehouse of the 12th century Kirkstall Abbey



The 1152 Club meet once a month on Tuesdays **at 10am - 11.15am**, during term-time, at Abbey House Museum.

Next Meeting  
**11th July at 10am**  
'The Evolution of Inhalers & Respiratory Care in the Home'  
with *Dr Louise Atkinson*.

This is a free, friendly local history group for adults aged 55+, includes a hot drink.

No booking is needed.  
Pat Bourne Leeds LS5 3EH  
0113 378 4079 or contact

**Val Crompton**

# OPAL Activities

As we are now more than halfway through the year it is a good time to look back at what we have done and what we have planned for the second half of the year.

We have run a very successful fundraising campaign to help cover the cost of our wonderful new minibus. Having our own transport has been a real game changer and has meant we have been able to provide reliable, safe and comfortable transport to our members when coming to our activities. We have also been able to provide supported transport in our wheelchair accessible car to hospital appointments. Our wonderful volunteers have accompanied members to appointments and waited with them to get them home safely; this has given members a reliable source of transport.

The second half of the year will continue to see us offer all our activities from the Welcome In as well our popular trips and more seasonal activities.

OPAL and its members will be making the most of the lovely sunny days by utilising our outdoor space (garden and patio areas) as well as going on trips to fantastic outdoor venues. Our annual big trip will be to the Scarborough Fair collection and Vintage transport museum; this

collection has a magnificent display of vintage fairground attractions. If you would like to go on this trip or any of the other trips we offer to our members please contact us and ask to speak to Hattie.

We would also like to take this opportunity to thank all our members, supporters and our volunteers who make OPAL the vibrant and welcoming place to be.

If you would like more information about OPAL or any of the activities we offer please contact us on 01132619103, email us on [admin@opal-project.org.uk](mailto:admin@opal-project.org.uk), visit our website [opal-project.org.uk](http://opal-project.org.uk) or come in to see us at the Welcome In Community Centre 55 Bedford Drive, Leeds, LS16 6JU Telephone: 0113 261 9103

**Shelley Clark** (she/her)  
Project Worker



## Recycle Ink Cartridges

We have a box in the drop-in office for you to drop off used computer ink cartridges. When the box is full, we will send.

# York Gate Update

As we enter July the garden is beginning to reach a crescendo of colour as high summer brings an abundance of lush greenery and vivid shades of orange, red, yellow and vibrant pink dazzle in the borders. On a warm sunny afternoon, you can hear a wonderful symphony of sounds, from lyrical birdsong and the humming and buzzing of insects to the whisper of grasses swaying gently in the breeze. Look closely and there are butterflies sipping nectar from the flowers and dragonflies flitting around the pond, a cooling feature in the garden with its broken reflections and verdant planting around the edges.

A garden pond is usually thought of as a spot to savour a quiet moment away from the hurly burly of modern life. But look more closely and you will find a place of vibrancy, thrumming with the magical cycles of life where all manner of creatures fly, crawl, skate and swim. A pond is a refuge both for us and wildlife.

The Spencers created the Pond at York Gate in 1954 on the site of the old Orchard. Knowing that water overflowing from the Rector's Duck Pond (now filled in) on the other side of Church Lane went underground and reappeared in a stream at the side of their field; all that was needed was to find the culvert. Fred Spencer, who was a surveyor, was able to trace the

route of the culvert and the pond was duly excavated. The Pond has a small waterfall, valued for its constant sound, through which the water runs before disappearing again and re-emerging at the Duck Pond and flowing into the Dell beyond. As the culvert gathers much of the drainage from the road, this has often caused the pond to silt up, although in recent years remedial action has been taken by the garden team to address this problem.

## A feat of ingenuity from the innovators of the Industrial Revolution

A feature which you cannot miss is the enormous cast iron urn or jardinière sited at one end of the Pond. At almost six feet in diameter, it is a feat of Victorian craftsmanship and ingenuity from the innovators of the Industrial Revolution. The jardinière was built in sections which, in Robin Spencer's words, "allowed it to be transported and then erected quite easily." Deciding on how to fill the jardinière has been the subject of much thought over the years as the top is not readily accessible for planting or watering and various planting schemes were tried by the

Spencers and since. Now it is left empty for all its beautiful cast-iron detailing to be seen and marvelled at – it almost looks as if it is made of a heavy three-dimensional lacework.

One of the biggest pleasures of having a pond, or sitting by one, is being able to enjoy its soothing reflections and contemplate beautiful water-loving plants whilst watching all the wildlife. It's a perfect spot to escape the stresses of daily life for a while, so why not come along to the garden and find your happy place?

**Gillian Smith**  
Heritage Volunteer.



### A tricky question

Hidden in the following sentence is a well-known feature of York Gate Garden. Can you spot it, hidden in plain sight?

**The toucan always perches on the edge of this water feature.**

*Sadly the statement is not true!*

**Answer on p. 33**



### Time for a poem

The Kingfisher flew from the apple tree  
To the orchard pond.  
I sat, entranced, and saw him catch and eat  
Three fat, black water beetles.  
Now, in York Gate's fern-fringed space,  
He waits on a low perch,  
His stumpy tail wagging as he jerks  
His glistening head from side to side,  
Water-watching and listening...

**Val Crompton**

Summer days out...  
...ARE CLOSER THAN YOU THINK!

HERE AT

**Crag House**  
— FARM —

So much to explore outdoors in our **sensory gardens**, bird watching in the hides, wildlife to spot and walks down the **conservation valley**

Open from 9am for amazing breakfasts, through to afternoon tea served from 2.15pm in our **Granary Restaurant**. Closes 4pm.



Indulge in a tasty treat or a delicious Brymor Ice Cream from our **Grab & Go Coffee Shop**. Open 9am-4pm



Kids can pick up a 'Spy & Spot' sheet from the **Grab & Go Coffee Shop** to explore the great outdoors and have fun in the children's woodland play area.



Call-0113 230 3618 to hire a Summer House for £5/hour for a picnic. Purchase food & drinks from the Coffee Shop OR pre-order a take-away **Afternoon Tea** for just **£16.95** when you call to make your booking, which you can then enjoy in your **Summer House**.



**Crag House**  
— FARM —

Crag House Farm - the home of Caring For Life • (0113) 230 3618   
Otley Old Road, Cookridge, Leeds LS16 7NH • [www.craghousefarm.com](http://www.craghousefarm.com)

# A Garden for All



## How did it happen?

Adel Community Garden is in the heart of Adel at the junction of Long Causeway and Sir George Martin Drive. It has now become an asset we hope will benefit Adel residents for many years, but interestingly, it was conceived in the face of adversity. You may remember a planning submission for a phone mast with those 'lovely' 6ft high cabinets. Luckily, the planning application was denied, but it made us realise that we had taken this valuable greenspace for granted.

We tried to locate who was in charge of the land, but learned nothing. Now we know we did this the wrong way around... but we took the decision that if we were unable to ask for permission, we would instead have to ask for forgiveness! We went ahead and installed the flower beds!

Naturally, within two weeks we had an email from the person at the Council who was in charge of the land! We duly asked for forgiveness; and we found out how to apply for a retrospective licence. We set up a community interest company (Adel Community Garden CIC) and took out

an insurance policy. We also agreed to take charge of cutting the grass.

## How is it funded?

We are lucky that nine neighbours continue to contribute entirely voluntarily, along with some match funding that Cllr. Billy Flynn kindly obtained for us. The council nursery, the Arium, has also provided cost-effective plants. The budget is approx. £1,000 per year and we all feel that the pleasure that we get every time we pass, combined with the ethos of 'use it or lose it', makes this a great value investment. Of course, the more people that 'chip in' the better that value becomes, so please do get in touch if you are able to help us keep this wonderful asset going.

## The Future?

We are applying for funding to upgrade the bench and hope to install another raised bed. Do you have some land near you that **you** can turn into a garden? Could this become 'Adel Community Gardens'?

For updates, we have a Facebook group called 'Adel Community Garden Leeds' or email us at: [adelcommunitygarden@gmail.com](mailto:adelcommunitygarden@gmail.com)

Best wishes,

**Nigel, Wendy and Howard**

# Being in Nature

## Turned Around

(at Crag House Farm, Caring for Life)

A new outfit at Easter  
and a visit to the hairdresser  
failed to revive her  
cause she was crestfallen  
weighed down  
watching the awful spectacle  
unfolding day after day  
Eastwards and further away  
where heartless men on all sides  
rain down brutal munitions  
flattening townships  
leaving women and infants  
broken, bloodstained  
and wretched  
amid the rubble of wasted buildings  
and ploughed-up highways  
so now  
her dreams and waking moments  
were haunted by sepia scenes  
and her zest so diminished  
that going about each day  
she scarcely noticed  
the vital greening of the hedgerows  
and passing by untroubled folk  
she could barely raise a 'hello'.

Then in early Maytime  
as the Hawthorne burst out field-side  
at Crag House Farm  
they took a new turn  
on a whim  
following a young family  
brandishing ice-creams  
skipping down a woodland path

bathed in light and shadow under tall trees  
and opening out westward  
to a big sky  
where her spirits lifted suddenly  
as going up, down and round  
she took in the sloping scene  
and the signs of tending  
by the hides, log-piles and lodges  
and at a pond margin  
where a shy moorhen paddled away  
and a holiday jet cut across above them  
she was so charmed, infected  
by the lowing of long horns  
and the harmony of it all  
so restored by their first sortie  
that she took hold of his hand eagerly  
for the first time in a while  
cheered at the prospect  
of coming back time and again  
to this place  
that turned her around  
brought her back to life.

## Richard O'Donnell

*Richard told me what a coincidence it was that he had just written the above after a recuperative visit to Crag House Farm when he read my piece in last month's magazine about the healing effect of nature. He thought it was 'uncanny'.*

*If you don't know about this woodland path I can recommend it. You can always treat yourself to coffee and cake afterwards!*

# Modern Scams Part 2

## Romance Fraud... Using internet dating sites to look for love?

Please take care... even here there are countless fake profiles, often AI generated, created by organised crime gangs (or OCG's for our Line of Duty fans) deliberately targeting the most vulnerable, both men and women.

Fake dating profiles are deliberately designed to attract caring, genuine folks who may be desperate to find love, and new to, or a little naïve about online dating. These profiles will undoubtedly contain a 'sob story'; a widow or widower now ready to love again, and you are their perfect partner! Their profile pictures are of a very attractive person, quite often there will only be one picture. They will invariably be widowed or occasionally having lost their entire family... they are designed to tug at the heartstrings of genuinely kind people.

Once a connection has been made, they will send countless messages saying all the right things. You have so much in common and they cannot wait to meet with you. You are made to feel as though you have found the man / woman of your dreams. But wait... all of a sudden, they are in a position where they need money. Then the pressure starts. They need the

money now or something bad may happen. And you, their victim, feel obliged to help them out, after all, 'if you loved them, you would give the money without question'. Right? Wrong! Do not part with a penny. Small requests for money become larger and larger and tragically, vulnerable, good-hearted folks have been conned out of hundreds of thousands of pounds... by someone who never existed in the first place. These fake profiles are created and operated by entire 'call centres' of individuals, the majority of which are untraceable but often originate in African countries.

During a text conversation with your online 'partner', you rarely speak to the same person twice. Nothing is as it seems, and none of it is real. So how do we spot fake dating profiles? Look carefully at the photos. Is the subject sitting in a car? Quite often these have been reversed so they appear to be seated in the offside driver's seat, and therefore in the UK. But look at any writing, that will also have been reversed, giving it away. Zoom in on the background of the photo... you can often tell that a person is in a foreign country by number plates, shop names, or just general scenery.

Their job. They will often be active or recently retired service people in the

US military, or have some other high-powered career intended to impress you. Those who become smitten are willing to believe anything in order to maintain a connection.

Remember... TRUST YOUR INSTINCTS... if someone sounds too good to be true, they usually are! Do NOT send money to someone you have never met... or it may be the last you ever hear from them.

Equally, do not agree to accept money from someone you do not know or have never met. This is a method OCGs use to launder the proceeds of

their crimes. By agreeing to this you unwittingly become a money 'mule', which is a criminal offence.

If you are chatting on a dating site and the other person wants to quickly move the chat away from the site to other social media platforms, such as WhatsApp or Snapchat, it's because they want to stay anonymous.

Don't let all this put you off, just please TAKE CARE. Look after your heart, and your money.

**Caz Vee**

## Ten Little Christians

Ten little Christians went to church when fine, but it started raining and then there were nine.  
Nine little Christians stayed up very late; one overslept one day and then there were eight.  
Eight little Christians on the road to heaven, but one took up sport on Sunday, then there were seven.  
Seven little Christians heard of Sunday flicks; one thought he'd try it and then there were six.  
Six little Christians kept their church alive, but one resented chanted psalms, so then there were five.  
Five little Christians seemed loyal to the core, but idle gossip upset someone, and then there were four.  
Four little Christians argued vehemently, about the use of liturgy and then there were three.  
Three little Christians sang the old hymns through, but got a song they didn't like,

then there were two.  
Two little Christians disputed who should run the next harvest supper, so then there was one.  
One loyal Christian, knowing what to do, got a friend to come to church, then there were two.  
Two faithful Christians each brought in one more, so the numbers doubled and that made it four.  
Four spirit-filled Christians simply couldn't wait; soon they found four others and then there were eight.  
Eight worshipping Christians, attending every week, encouraged many others, troubled souls to seek.  
Soon the seats in church were filled - not an empty pew;  
O Lord, may we see zeal like this in our church too.

**Sally Churchus**



# What's On

## Headingley Flower Club at Bramhope Wednesday 2nd July 'Brush with Colour'

Kay Ford, Area Demonstrator NE  
7pm Guests welcome for a fee.  
Bramhope Village Hall,  
Old Lane, Bramhope. LS16 9AZ  
Contact Mrs Jean Money  
Tel 01924 468714

## Adel Flower & Produce Show Saturday 30th August 2-4.15pm in Adel Methodist Church

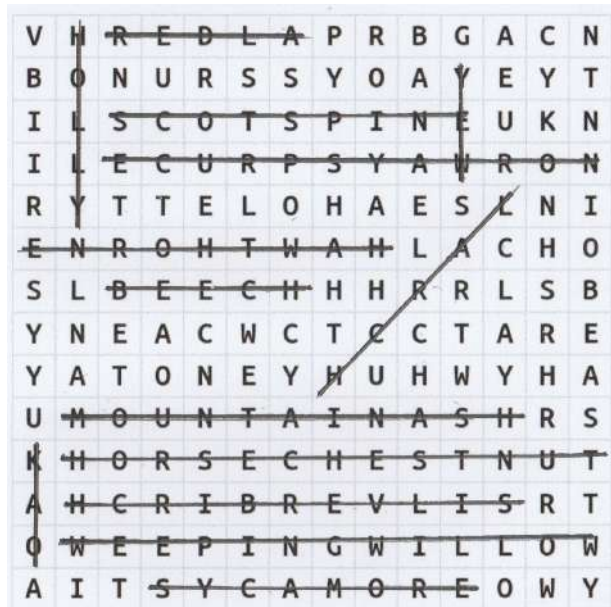
Plant stall, cake and preserves stall, but this year there will be a **tea room**. You too can enter an item for the show. For entry details please consult the website [adelhort.chessck.co.uk](http://adelhort.chessck.co.uk)  
Or email [adelgardeners@gmail.com](mailto:adelgardeners@gmail.com)

# Solutions

## Only 5 Clues General Knowledge

- Across**  
1. POSTAL  
3. SATURN  
4. MIGHTY

- Down**  
1. POSSUM  
2. LUNACY



## Only 5 Clues Cryptic

- Across**  
1. BANGER  
3. STATUS  
4. THROWN

- Down**  
1. BASSET  
2. RAISIN

A tricky question - the answer is **CANAL (TOUCAN ALWAYS)**

# Barry Anderson

## Adel & Holt Park Community Market

A new initiative set up by 2 local residents will see an Adel & Holt Park Community Market on the last Sunday of each month starting on Sunday 29<sup>th</sup> June from 10am to 2pm. This will take place at The Big Barn at the High Farm pub LS16 7AQ. These events will include free uniform exchange, crafts, kids activities, artisan goods, unique gifts and food. If anyone would like further information on having a stall, please contact 07964 535665. The ethos of the market is to encourage social connections, to raise money for local charities and to promote support services alongside traditional market stalls. The first charity to benefit will be OPAL.

## Mast Proposal, Sir George Martin Drive – Appeal Dismissed

In respect of the appeal for Determination for the installation of a 20m M-Range V2 pole with 6nos antennas, one 300mm transmission dish, three equipment cabinets, one meter cabinet and ancillary development, the Inspector has dismissed the appeal against refusal of planning permission for the mast at the above location.

The Inspector said a factor that has to be considered is whether there are

any better alternatives and concludes, in some detail, that the applicant has not provided enough evidence about why their other options or those suggested by the public are not preferable. It is possible that the applicant will go back to some of those so there may be a further application in the future.

## Upgrade to Mast on Otley Road – Adjacent to the Cemetery Car Park

I have received a letter from a company called Cornerstone on behalf of Clarke Telecom who are upgrading the mast at the above location. The proposed works comprise of removing the current 20m mast and replacing it with a 20m pole. The existing equipment on the existing pole will be removed. There is a proposed installation of 6No. Antennas and 1No. 300mm dish. Proposed installation of 1No. GPS Module. Current cabinets will remain. All of this will enable 5G technology. A planning application has not yet been submitted.

## Milestones in Adel

Headingley Rotary Club have been repainting the Milestones in the Adel area. These are at the following locations: Otley Road junction with Church Lane on both the north and

south sides of the junction; the Otley Road junction with St Helen's Lane on the north east corner; the Otley Road junction with New Adel Lane on the south west corner and the junction of Otley Road with Otley Old Road at the apex of the junction next to the wall.

### **Adel St. John's Ofsted Inspection**

I have sent congratulations to the Head Teacher and all the staff and Governors at Adel St. John's on their recent Ofsted Inspection report which was "Good" in all areas of the school. The Inspection took place in March but the report has only recently been issued and placed on Ofsted's website.

### **Bedquilts – Dog Walking**

I have received numerous reports that there appears to be more and more 'commercial' dog walkers using the playing fields and the car park at the junction of St Helen's Lane/Adel Lane.

It is reported to me that some of these walkers are bringing 6+ dogs and letting them out in the car park where they begin barking, early in the morning.

I took this up with Parks & Countryside and the manager advised as follows: "We have asked dog wardens to add Bedquilts to their monitoring list for notable dog walking sites."

### **Artificial Cricket Wicket – Bedquilts**

Following damage to the cricket wicket on Bedquilts earlier in the spring I can advise that the wicket has been replaced and is fit for use again. I would like to thank all the residents who brought this to my attention which allowed a speedy repair to take place when I reported it.

**Cllr. Barry Anderson**  
Direct Dial 0113 3367742



## **Billy Flynn**

### **First Bus App - at last you can track when your bus is coming - I hope!**

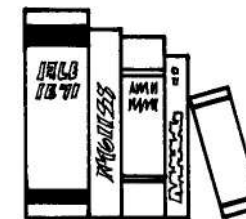
Given the many negative stories, we hear about First Bus I hesitated to include this item in case I live to regret it, but it does look rather promising. First Bus are heavily promoting their app so here goes. It does involve technology of course which will not suit everybody but if you do have a smartphone and you use the bus, it could be invaluable. You can buy tickets direct via the app and store them in your electronic wallet, and plan your journeys with confidence because it allows customers to live track the bus you are catching, at long last. You can even see how many empty seats there are and wheelchair spaces. I am no tech expert, but I have tried the app and it looks relatively easy to use- famous last words! I have the link to the app and can send it to you via email if you wish so please get in touch, or alternatively you can access it online via the First Bus website.

### **Lawnswood Roundabout**

I have just been advised that the council highways department met with the successful contractor in the middle of June to discuss the start date and duration of the main work. Highways would like the work to start during

the school summer holidays when the roads will be much quieter. This sounds eminently sensible, but the council work programme rarely works out as planned. More news next month.

### **Local services - Holt Park Library**



Along with all the various activities I have mentioned in previous articles the library is launching a new Social Club this month (June) to combat social isolation for residents over 18 years who would like to meet new people. The Group meets every Wednesday from 5.30 pm in the library which is adjacent to Ralph Thoresby School, and all are welcome.

**If you would like further information on the items above or have questions about anything else in the ward, please do contact me.**

**Telephone 07810 640282  
or email  
billy.flynn@leeds.gov.uk**

## ADEL WAR MEMORIAL ASSOCIATION

Adel Sports and Social Club



Archery, Badminton, Bowls, Cricket,  
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Most sports have **Junior Sections**  
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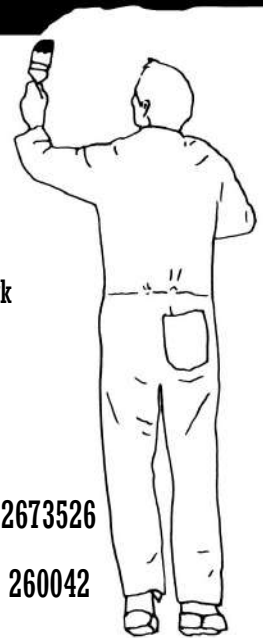
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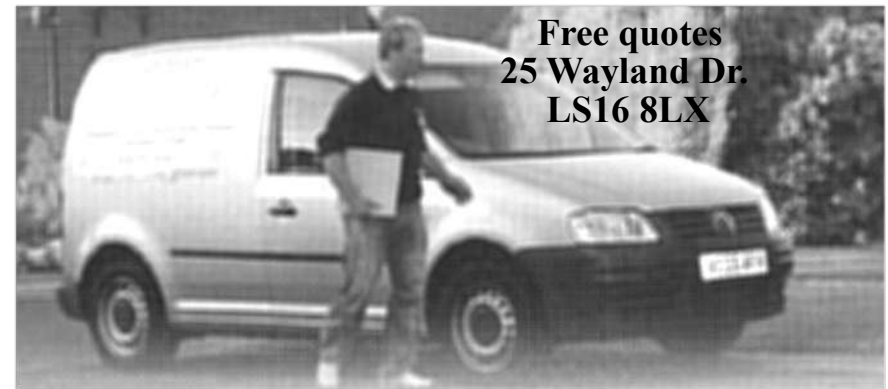
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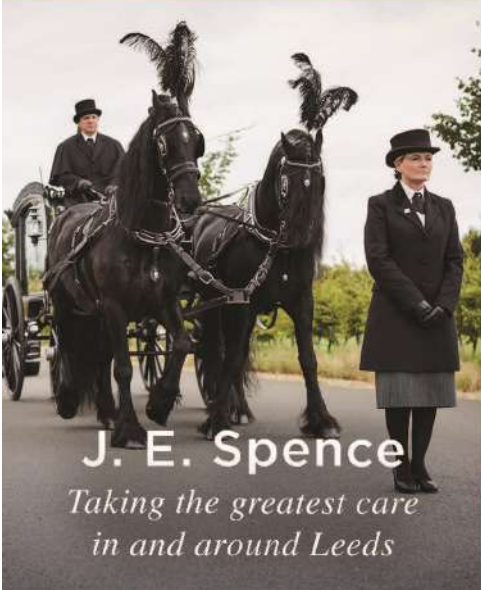
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## *Index of Advertisers*

<b>Aerials &amp; Satellites</b>	<b>Leisure Interests</b>
50 Aerial Solutions	37 Adel War Memorial Association
<b>Beds</b>	38 Meet the Cones
40 Bedside Manor	54 Table Tennis Club
<b>Home Improvements</b>	<b>Locksmith</b>
42 MSC	58 The Lockdoc
47 Interior Design	<b>Opticians</b>
50 DPA Fletcher Ltd	54 Lawrence Gaunt
54 APplastering	<b>Painters &amp; Decorators</b>
57 Blueberry Automation	44 Matthew Holmes
<b>Building Supplies</b>	57 Harperddiy
49 Mone Bros.	<b>Pharmacies</b>
<b>Education</b>	49 Adel Pharmacy
56 Kip McGrath	<b>Services</b>
<b>Electrical &amp; Plumbing</b>	46 David Bransby
52 Pearson	40 Roxton Tree Services
<b>Estate Agents</b>	45 Adel Garden Care
53 Manning Stainton	<b>Tiling</b>
<b>Food Outlets</b>	44 Adel Tiling Solutions Ltd
28 Caring for Life	<b>Wills &amp; Finance</b>
<b>Funeral Directors</b>	42 Jane Wintringham
45 Slater's	43 Financial Advice
53 J E Spence Ltd	
<b>Hair and Beauty</b>	
51 Padd Hair	
<b>Health Care</b>	
39 Care Your Way	
41 Adel Manor Care Home	
48 Mercure Health Club	
55 Quality Care in your own home	
57 North Leeds Physiotherapy	
58 N. Simpson, Foot & Ankle Massage	

## Church Services in July

<b>Wed 2nd</b>	11am	Holy Communion followed by coffee & biscuits
<b>Fri 4th</b>	1.30pm	J Js (for the under sixes)
<b>Sunday 6th</b>	<b>Third Sunday after Trinity</b>	
	8.30am	Holy Communion (BCP)
	10am	Parish Communion
	6.30pm	Evensong
<b>Wed 9th</b>	11am	Holy Communion
<b>Sunday 13th</b>	<b>Fourth Sunday after Trinity</b>	
	8.30am	Holy Communion (BCP)
	10am	Parish Communion
	5pm	ACE meeting in the Stables
<b>Wed 16th</b>	11am	Holy Communion
<b>Thurs 17th</b>	3.15pm	Holy Communion in the Stables, with tea & coffee
<b>Sunday 20th</b>	<b>Fifth Sunday after Trinity</b>	
	8.30am	Holy Communion (BCP)
	10am	All Age Service with Communion
	6.30pm	Choral Evensong followed by light refreshments
<b>Wed 23rd</b>	11am	Holy Communion
<b>Sunday 27th</b>	<b>Sixth Sunday after Trinity</b>	
	8.30am	Holy Communion (BCP)
	10am	Parish Communion
	5pm	ACE meeting in the Stables
<b>Wed 30th</b>	11am	Holy Communion

**Junior Church** is held during term time, but not on the 3rd Sunday when there is a 10am All Age service, with communion, and children are welcome for the whole of the service in church.

**ACE** is a group for school year 4 and above. We meet in the Stables in term time to discuss our faith and play silly games. Ace+ starts at 6pm on 2nd Sunday of the month in church (at the Ace communion) and 6.15pm on 4th Sunday of the month in the Stables.