



# ADEL BELLS

## Parish Magazine



# June 2021

### Let's celebrate together!

### 26th/27th June - see centre pages

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**The Parish Church of St John the Baptist, Adel**  
 Enquiries including Home Communion, Baptisms, Confirmation,  
 Weddings, Funerals; please look at the church website  
[www.adelparishchurch.org.uk](http://www.adelparishchurch.org.uk)

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### Adel PCC Members 2020—2021

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## Parish Registers

### Burial of Ashes

**22nd April**

Eleanor "Ellie" Unity Vickers

**28th April**

Maureen Potter

Colin Morris

**1st May**

David Boulton

### Funeral

**4th May**

Joan Wilkinson



## Festivals & Feasts

**11th June**

Barnabas the Apostle

**24th June**

Birth of John the Baptist

**29th June**

Peter and Paul Apostles



## A few Wise Words

If someone has offended you, don't return the offence. It is said that holding a grudge is like letting someone live rent-free in your head. Instead, return hatred with love. Speak well of the other person even behind their back and you may find that your love puts an end to the bickering and heals the relationship.  
 From the Bible in One Year

## A Prayer for our times

Lord, as I put on my mask, let it be a filter for my words to pass through as well as my breathing.

Let through only words which are helpful breathings of love and stop those things in my speech that will be harmful to others.

Protect me also, O Lord, from the harmful things others may say to me. Help me to realise that we may be a carrier of bitterness, thoughtlessness, judgement and prejudice without realising, and that some people are more word-vulnerable than others. Give me grace to love those who cannot, or will not filter to protect others, and special grace to them, because they go through the world unprotected.

Help me to be prepared to adapt and be brave and transparent so that all may have chance to hear.

Lord, be a mask to my mouth  
 And pin our ears forward for listening.  
 Amen

Rev C Beckett

**Church Open for Private Prayer—see page 7**



**We aim through Christian worship, word  
and action to celebrate and share the love of  
God with our neighbours**

## From the Editor

Hello Adel! This is the time of year, when we share our church magazine with the whole of our Adel community. For obvious reasons we were not able to do it last year, but with the forthcoming lifting of restrictions we are keen to reach out to you all and invite you to celebrate with us at our Festival Weekend 26th/27th June. We all need something to lift our spirits; have a look at our program in the centre pages and come and see for yourself. We look forward to meeting you. All are welcome; it is not just for our church members.

The magazine is produced ten times per year and is delivered every month to our subscribers. If you would like to become a subscriber there is a form to fill in on page 34 with information as to where to send the money. Adel Bells won a gold award last year from the national Association of Church Editors. It is a church magazine but always contains lots of community interest articles. It is always 56-60 pages long, good value for money.

Nature has been much appreciated over the last year and has done much to help us get through difficult times. Several of our articles this month reflect this theme, ranging from an 8 yr old writing about a nature walk in Lawnswood Cemetery (page 28) to someone many decades older writing about walking in Adel Woods (page 11, where you will also find out how to access a booklet of walks in Adel Woods, produced by the Adel Neighbourhood Forum).

Many of you will know of Adel Players and you have probably seen one of their productions at Adel Memorial Hall. We have been lucky enough to secure them for a performance in the churchyard, where they will amuse us with a play centred around the idea of a summer fête going wrong. Let us hope our summer fair does not go wrong and that much fun and socialising will be possible. You can read about the play on page 16. Just come along and enjoy!

I hope you all experience much happiness in the coming months and that if caution is necessary we shall all be cautious.

**Marjorie Cole**

## Rector Alison's Letter

Dear Friends,

This month sees the celebration of our Patronal Festival. This is when we mark the feast day of our patron saint – John the Baptist. Apparently from as early as the fourth century, churches were dedicated not only to God, but also to one or more saints, often those from the area.

The first recorded church in Adel was built by the Saxons and dedicated to John the Baptist. Since he was definitely not a Yorkshireman, it is possible the original church was dedicated on or around his feast day in June. It is lovely to imagine the community coming together 1000 years ago to celebrate their special day. The choice of John the Baptist gave us the unusual, and slightly awkward, entrance where we step down as if into the Jordan to be baptised. It also gave us an interesting character on which to model our church life.

John the Baptist is a 'between times' figure. Born to very traditional Jewish parents (his father was a priest in the Temple), John paved the way for Jesus and a new way to encounter God.

John the Baptist had no blue print to follow, no job description other than 'you will go before the Lord to prepare his ways', as his father sang at John's birth. So he called people out of their usual places into the wilderness; and baptised them, ready for a new start. Two things stand out: he didn't call this sort of person, or that, but anyone who was interested; and he always pointed away from himself to Jesus.

As we approach our patronal festival this year, it feels as though we too are living in 'between times'. The last year has seen our way of life disrupted – almost out of recognition. It has been a much longer haul than we expected when things shut down last March, so that this new way of living has almost come to feel like the norm. I am sure most of us are delighted that things are gradually opening up – but we are perhaps not quite sure how we negotiate the next steps.

We too have no blue print for how we emerge from COVID. Some will be in a hurry, some will be nervous; there is no right or wrong. We have found new ways



# Words from Pilgrim

## Hopes and uncertainties

So far as I can see, the newspapers are trying the impossible at present. On one hand they are trying to keep their readers' spirits high by assuming that Covid 19 is in retreat, and that by midsummer the holiday spirit will be stretching its wings and bestowing on us an enormous feeling of relief. It is encouraging that such positive hopes can be aired. Yet we have only to turn a page or two forward to recognise that there are still places such as India where the virus is developing new characteristics and that the possibility of a new onslaught may be waiting in the wings.

By the time that this edition of Adel Bells has reached our homes it may be that the present uncertainties will have condensed into new knowledge, whether welcome or otherwise. But today, at the opening of May, we can only pray for a peaceful outcome and try to smooth its arrival as best we may. The uncertainty is still with us.

## Neighbourhood friendship

Has it struck you that to say those words is not in any measure a shrug of hope-empty shoulders? Consider the huge step forward that British society has taken since early 2020.

We stood then at the brink of an extended period wherein we had no clear idea of what may be awaiting us, so we took steps to devise a way of life and of generosity which took the hopelessness and loneliness out of much that lay ahead. Folk in towns and villages throughout the country gave themselves the task of helping others. Lonely people were visited regularly and shopping was done for them, and they were given inclusion in the rhythm of local life. Today, many

**Pray for a peaceful outcome**

of our elderly folk have become part of the network of neighbourhood friendship where they are part of the community and not just spectators of it.

## A happy end

This has changed the experience of life which many knew before. Should the coronavirus make its return, the nuts and bolts of an integrated society are still there, and their part in local life can still be played. If, on the other hand, the virus does not make a come-back, then communal life enters a new stage, and society's enriching has a new chance to bring its gifts to light.

That is a vision waiting to be made a reality. Who amongst us will come forward and guide the folk of Adel to that happy end?

# In Brief

## Save the date NSPCC Childhood Day

Richard & Deborah Hainsworth will be at home on **Saturday June 12th and Sunday 13th** offering plants in return for donations to the NSPCC. There will also be a display about Eccup Village, and simple refreshments. Visitors are welcome from 10.30am to 4.30pm but you need to book a time.

At the moment six people can come at the same time. Please ring **2611769** to book a time.  
Mount House, Village Road, Eccup, LS16 8AS  
Childhood Day is on Friday 11<sup>th</sup>, but Deborah is busy that day.

I do hope you can come and support the first NSPCC Childhood Day.

**Deborah Hainsworth**

## 100 Club Draw

The winners for April were:-

Dallas Briscoe	£77
S & H Johnson	£30.80
Carol Butler	£30.80

## Celebration

Our annual festival this year comes straight after we are hoping to emerge from severe restrictions. It is an ideal time for our community of Adel to get together and celebrate! (Details on the centre pages) but we cannot do it alone.

## What you can do

- Donate items for our stalls - more details on page 32
- Act as a steward for the event
- Help to set up/run the stalls
- Bake some scones
- Help with refreshments
- Organise a craft table for the Sunday afternoon
- Run a sports activity/ competition for the kids on the Sunday afternoon
- Suggest other activities

Please contact Rector Alison, Lucy Best-Shaw or Alison Howarth or me if you can help us in any way.

**Marjorie  
2610069**

## Mystery Parcels

I am hoping to run a Mystery Parcel Stall at the Fair in June but I need some items please.

Do you have anything that you have bought and changed your mind about or something nice that someone has given you but it is not quite to your taste?

If any of this applies to you I would appreciate you letting me have them preferably by the 10/12th June. My address and telephone number are in the front of the magazine.

I am hoping to receive some interesting items from you.

**Beryl Thompson**

# Appreciating Nature

We are so blessed to live in Adel, with all its finery and greenery. During the pandemic it has clearly been the main daily enjoyment for so many of us and we have taken advantage of such places as Bedquilts, the golf course (when that has been closed to golfers) and Adel Church's green and historic churchyard. I have received comments such as:

*"Having lived in Adel for 20 years we have discovered some lovely local walks: Adel Woods, Paul's Pond, Lawnswood Cemetery and of course, the beautiful churchyard with the amazing snowdrops, crocuses, daffodils and bluebells. We are blessed indeed!"*

*"We are very blessed with Adel Churchyard and the Bedquilts for regular walks."*

But have you managed to find your way around Adel Woods? Only a short distance from both primary schools, access to a multitude of different paths is possible. You can even walk all the way through to Alwoodley Village Green and back in under an hour.

Thanks to Ian Bond and the Adel Neighbourhood Forum, a booklet is available online to help you find your way around this local beauty spot. You can access the booklet by typing this into your browser.

<https://tinyurl.com/adelwalks>

## Adel Churchyard



For a large part of the last year we had a closed church, but the churchyard was open to all. Many local people and some from further afield enjoyed a walk through the churchyard, often lingering for a while on one of the benches and enjoying the seasons as nature progressed in its steady course.

If you were able to benefit from the calming influence of our churchyard and you value the presence of our church in the community, you might like to show your appreciation by making an online donation to the church. This can be done by typing the following into your browser: <https://tinyurl.com/adeldonate> or using this QR Code:



Marjorie Cole

# We are all Adel People

## Life, as we now know it, in Adel

This last year has seen more changes in the world than ever could we imagine; Adel has suddenly become more important to us all. Previously, Adel residents possibly regarded it as a 'nice place to come home to', or a 'pleasant place to live', a place maybe that they left at 8am, dropping children at nursery and breakfast club on their way to work, working from a rota of who picks up each day, hurriedly collecting shopping or a take-away on the way home, then ... suddenly ... lockdown came, our world slowed down.

People started working from home, children were home-schooling, fewer shops were open, loo rolls were in short supply, and industrial quantities of banana bread were baked in every kitchen. We relied heavily on on-line shopping, we pulled together. Neighbourhood WhatsApp groups were set up with offers of help, and Adel blossomed and became cohesive.

Adel blossomed into a place to be appreciated, a place to walk, to make new friends, or have time to chat to old ones. Parents and children took the opportunity to walk or cycle everywhere, to listen to the birdsong, play in the fields, climb the trees, or have an impromptu game of football. Suddenly we all appreciated the place we call home. Never has the path

through Adel Church been more used; it became the modern-day equivalent of the village-pump, where people used to congregate and gossip. Older people were 'buddied up' with young families to stave off isolation.

The Church ran Watch Parties and YouTube videos from its Facebook page, to which people of all ages made valuable contributions, doing Bible readings, or using their own words. Members of the choir and the organists recorded music for the services, for us to watch and enjoy. The young people of Adel joined in enthusiastically, recording themselves, or having Zoom meetings for their club Ace.

Sometimes activities have been organised in the churchyard. The Walking Nativity was a great, if freezing-cold, success, with lots of family bubbles booking to come and hear the nativity story. Over the year activity packs for children have been left on the church doorstep, and they were encouraged to bring the results back to put on screens outside, or photograph for the Facebook page. There's been something for everyone. We are all Adel people, and Adel is alive and kicking!

Jenny Jones

 Adel Parish Church

# Penny's Ponders

Hi Everyone!

I hope that you are all keeping safe and well and enjoying meeting up with each other. Hopefully, it won't be long now before we can socialise fully – I can't wait!

End of April and beginning of May were pretty miserable for me. I had this "thing" on my face (I couldn't see it, but I knew it was there!). It was causing me no end of bother. I am a very clean canine and don't like mess. This "thing" was causing a mess, which made me very feel unhappy and guilty; you guessed: *blood everywhere!*

My Mum took me to my most favourite place (not!) – my vet! So, I had to have a little operation to remove this "thing." Later that evening, things got worse so next morning, back to the vet and I come home with a head cone. Now comes the *really hurtful* part. We went for a walk and I'm hoping we don't meet anyone we know. Just my luck. We did and my canine friend was sympathetic but her owner just laughed! She said, "Oh Penny, the cone of shame." When we got home my Mum explained. She told me not to worry, it's not a 'cone of shame' because I've done nothing wrong. I have pain and a problem, and it is there to help me. Humans don't realise that it takes a long time for us canines to understand your laughter. We just don't 'get it' when you laugh

at us. When you laugh and say, "silly dog" or "funny dog" and play with us or cuddle us, that's lovely and we understand. I know I look funny in my cone, but it isn't funny to be hurting. Laughter is good, but please remember that some dogs never 'get it.' By the time you read this I will be back to normal, so please don't worry.

This has all been rather a good lesson for me. We mustn't judge or mock others who look or act differently to ourselves. I understand that some of you humans can't wear face coverings through no fault of your own. It would be wrong to laugh at you or be judgmental. I dislike some dogs on sight, which is wrong and I must change. I saw a dog last week with a front leg missing: he can't help it. Something went wrong and he had to have it removed. I mustn't make things worse for him by laughing.

Sympathy and empathy are very Christ-like qualities. He had sympathy on those who were blind, deaf, lame, dumb, leprous, and he understood how they felt, and did good by healing them. Even on the cross, he understood His mother's hurt and upset and gave her care to one of His disciples.

Enjoy your summer.  
Woofs and licks,

**Penny**

# Viking Links

Email from: **Robin Gullbrandsson**  
Subject: **Norman chancel roof in Adel church**



I am a Conservation Officer at Västergötland's Museum in Sweden and doing my PhD on the preserved 12th and 13th century church roofs of my province. Recently I stumbled on Chantrell's and Lewthwaite's text and sketches of the original chancel roof of Adel church.

I was struck by the clear similarities to some Swedish roofs from the same time, especially the cornice piece of oak, which has several preserved equals in Sweden. I read that a part of this cornice was taken into a museum. Do you know which museum and if the piece is still there? As I understood it, the old parts of the roof was restored and is partly still in place?

Has there been any research made on the roof in more modern times? Any dendrochronological datings?

I would be very grateful for any information and hope that it in the future could be possible to make a visit to see the roof structure.

Yours sincerely

**Robin Gullbrandsson**

Dear Robin,

17.4.21

I was interested to receive your enquiry. I will check out the cupboards in the vestry.

The Squire's Stable, built 1762 - which was used as a **'Museum'** c.1850-1950, was demolished (now this area on Church Lane is used for car parking). Some items were sent to Leeds City Museum. Other items, not labelled, like the 17th C carved oak pieces from the old 3-decker pulpit, and **a piece from the old roof**, were stored in the church vestry.

A small section from this 12th C. roof piece was used by craftsman, Brian West, in 1976 as part of the choirboy carving. I do not know of any dendrochronological datings.



There has been no research done on the roof during the last 30 years. I would be pleased to meet up with you at Adel Church. I am a key holder, and in normal times, show visitors round our church. I'll see what I can find out and will contact you.

Best wishes

**Val Crompton**

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Dear Val, 17.4.21

Thank you for the response and seeing forward to any more information, especially any photo of the piece from the old chancel roof.

I guess that the ornate oak piece from the roof that Lewthwaite mentioned got into the museum of Leeds? When corona is over it would be very interesting to go over seas and visit Adel Church, I am most grateful for your offer.

All the best and good health!  
Yours

Robin

20/04/2021

Dear Val,

Thank you for the information. I will continue in the search for the oak frieze and hope that further on being able to make a visit to Adel.

For your interest I send a photo of an example of such a "steering" or "spacing" beam with ornament, from Hagebyhöga Church in Sweden, dated to c 1120. It is still in original position, I think that the Adel one was positioned originally over the middle of the chancel, as in the Swedish examples.

Yours  
Robin

**Spacing Beam  
Hagebyhoga Church**

Dear Robin, 20.4.21

I called in church and checked the vestry cupboards for the 12th c. piece of wood. This wood used to be in a top cupboard. This cupboard has been cleaned out and used to store other items. I also checked the Church Recorders Book (kept in Adel Vestry) which gives a description of **'The Choirboy'** as:

*'A wooden carved bust of a singing choirboy holding a hymn book. Choirboy carved in Oak from a 15c. beam from York Minster, hymnbook carved from **part of a 12th c. roof beam from Adel Church**, in 1976 by Brian West, Master Carver at York Minster. H.28.5 x base w. 20 x d.11 cm.'*

I do not think the cornice piece of oak is at **Leeds City Museum** - the Adel History Group, in 2007, were shown all the Adel items that were in store/ or on display. I do not remember seeing it. There is still access to Adel roof timbers (inc parts of the original, roof), at the **open east end** (by the east wall).

Best wishes Val



# Time for a Laugh

**'Gosforth's Fête'**  
by Alan Ayckbourn

**Saturday 26th June  
at Adel Parish Church  
at 4pm**



Adel Players are delighted to have been invited to take part in the Patronal Festival celebrations. In keeping with the spirit of the event, 'Gosforth's Fête', a one act comedy written by Alan Ayckbourn will be performed at 4pm in the open air outside the Church. The action takes place in the tea tent during the Little Pendon Fête and it is fair to say that everything that can go wrong, does! Bring chairs or blankets to sit on, and we hope you have a really good laugh.

**All welcome! See page 30**

## She fell asleep in Amen Court

### See if you can find this Celtic Cross in the South-East corner of Adel Churchyard (near the Old Rectory) ?

The cross is beautifully carved from pale, pinkish-grey Icolmkill stone from Iona, Scotland. (Icolmkill comes from the Scottish Gaelic name meaning "Iona of (Saint) Columba" .

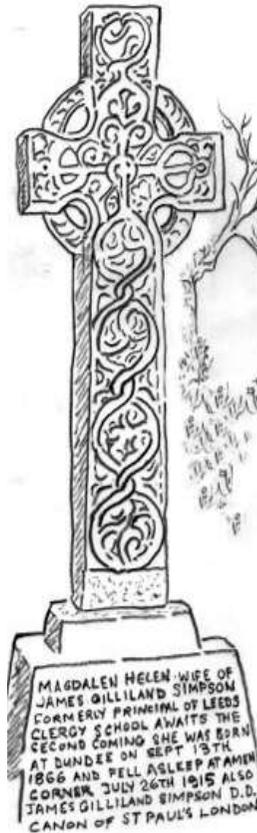
This monument is set on a high, white stone base. On each of the four sides, you can read the family history story of **Adel Rector (1946-1972) Philip Simpson** who lived in the Old Rectory.

Several visitors and local residents, walking in the churchyard during Lockdown, have asked about Magdalen Helen (mother of Rector P. Simpson)  
*"who awaits the Second Coming ... she fell asleep in Amen Court on July 26<sup>th</sup> 1915."*

People have asked if *Amen Court* is the name of a house at Amen Corner, Leeds—said to be the last point across the half-mile distance from Kirkstall Abbey, where the 'Amens' of the monks were still audible? If you read on ... you find out that in 1915, Rector Simpson's father was Canon of St Paul's, London. The family lived in Amen Court—where once you could hear the monks say a loud Amen. These old

houses were built for the clergymen of Saint Paul's Cathedral, with the peaceful name of Amen Court. This is where Philip's mother died (when he was only 13 & his brother 16), in 1915.

Rector Philip Simpson's parents and brother were all born in Scotland. Philip was born after they moved to Leeds.



Val Crompton

## In Your Garden

"Spring being a tough act to follow, God created June."

– Al Bernstein

The perennials in your garden should now be taking centre stage. Daffodils, Tulips and Forget-me Nots have been and gone, their collapsing foliage waiting to be tidied up as soon as it turns brown. Early shrubs such as forsythia, Magnolia and Camelias have all flowered and trees, have budded, bloomed and are now in full leaf.

Whether it is roses or clematis, alliums or lupins, delphiniums or foxgloves, June is the time for an eruption of colour, texture and architecture in the borders. Whatever your chosen plants, be sure to give them a helping hand. They will reward you with fantastic displays. This might be by hoeing the weeds from around them to eliminate competition for water and nutrients, or it could be to provide stakes for taller plants or those prone to flopping. After a particularly dry and sunny spring, perhaps the most immediately beneficial help you might provide is a good soaking. During the summer months trees, shrubs and plants draw a large amount of water out of the ground and this transpiration, together with evaporation on dry sunny days can quickly dry out some soils. This is obviously mitigated by rainfall, but always keep an eye on



moisture levels in the soil. To assist with the watering I now have five water butts dotted around my own garden collecting rainfall.

It is now a good time to prune your spring-flowering shrubs. If it has already flowered, in most cases it can be safely pruned at this time of year, for example, Forsythia, Camelia and Viburnum. Tie in climbing roses, clematis and other climbers. If you deadhead roses as they finish blooming you will certainly extend the flowering season and will often get a second flush in September. In fact, in recent years the second flush has often been more prolific as dry springs and a wet June have inhibited the first flush. Cut out any dead stems, or any that are crossing or rubbing against each other – and wear gloves for protection. Rose thorns can be as vicious as any in the garden!

**George Turnbull**

enquiries@adelgardencare.co.uk  
www.adelgardencare.co.uk

# Nature Notes

I am writing this in early May, after the coldest spring I can remember. With little change forecast, summer still seems a long way off. Moth trapping usually begins in March and continues through April but, like most insects, moths do not function well in the cold, so if the weather forecast promises a frosty night there is little point in putting the trap out.

So far this year I have set the trap on only five nights, two of which were completely blank with no catch, the other three producing four moths, all of different species. In April last year I set the trap on six nights and caught 90 moths of 12 species. Butterflies have been similarly scarce and I have seen very few so far this year. Most early moths and butterflies should by now have mated and laid eggs to produce the next generation and it is difficult to see how they might have managed this, but nature usually seems to find a way.

In the garden a pair of Blackbirds built a nest in the Holly tree, just like last year and, like last year, a couple of Magpies came and destroyed it. The Blackbirds are still around and collecting nest material, but the new nest is somewhere else. Pairs of Blue Tits and Dunnocks are busy, presumably with nests close by, and the frogspawn has finally hatched. It must be very chilling to be a tadpole in that pond, but there, at last, signs of

spring have now arrived.

By early May the Swifts should be back, but as they don't breed in our area, I haven't seen any yet. The future of Swifts is somewhat problematic because of the huge loss of the insects on which they feed, so it will be important to discover how many have returned and to this end the RSPB is organising a survey. I wrote last summer about my experiences when trying to see Swifts flying up to spend the night sleeping on the wing. Since then a book\* of essays on nature has been published in which the author writes of her unsuccessful attempts to see the same thing. She however enlisted the help of a radar tracker who discovered that Swifts fly as high as 8,000 feet on their nightly flights and, even more amazing, they do this twice each night. The purpose of all this activity is not clear to me but it suggests that Swifts are even more remarkable than I had thought.

The weather has reduced the number of my visits to the churchyard, but the Chiffchaff is back and Robins appear to be plentiful after a good show of early flowers, but few butterflies.

\* *Vesper Flights* by Helen Macdonald

**Peter Larner**

# Antony or Cleopatra?

## A hedgehog in trouble

As in previous years, I'd been anxiously awaiting the first sight of our hedgehogs as they emerged from their winter sleep. Then, one evening in mid-March there they were, mopping up the seeds and kibbled peanuts the birds had left after their hectic day of feeding. In the course of that evening to our delight one very big hedgehog and two middle-sized ones arrived, busily foraging not just for the left over bird food but for whatever slugs and snails they could dig up and devour. They looked fit and healthy, and we rejoiced.

But the following morning, as I went round the back garden, I spied another hedgehog, curled up in the sun, asleep and clearly shivering. Any hedgehog spotted out in the daytime is clearly in trouble, so I contacted a friend who volunteers for Hedgehog Rescue. She advised me to pick the hedgehog up, wrap it in a warm towel and put it in a darkened box indoors beside a radiator pending a visit from Chapel Allerton Hedgehog Rescue.

When the wonderful Sara from Hedgehog Rescue arrived she knew immediately this young male hedgehog was in trouble. He was covered in numerous ticks, a sure sign that the animal is sick. I'd said to name him

Antony or Cleopatra, depending on whether he was a boy or girl, so Antony he became, and off he went with Sara to be nursed back to health.

As Sara's progress reports revealed, Antony turned out to be a character, hating being confined, and refusing to move into the nest part of his box if anyone was watching. He took several days to begin to eat, and even longer to respond to his treatment. But the expert care Sara gave him prevailed and, when she returned him to our garden in April after nearly a month at Chapel Allerton, Antony weighed 900 grams and was fully ready to rejoin his friends in our wildlife back garden.



I'd prepared a National Trust approved hedgehog box for his homecoming, hidden it in a secluded place in undergrowth under a tree, and filled it with leaves dried in the greenhouse to give him a cosy natural bed. But Antony is his own hedgehog! Despite Five Star accommodation he refused to enter the nest box until Sara and I had walked away. I think he approved, though, because, when I crept back a couple of minutes later, rummaging sounds were coming from within the box as he busily rearranged the furniture to his liking!

**Pat Riley**

# Words from Joyce Hill

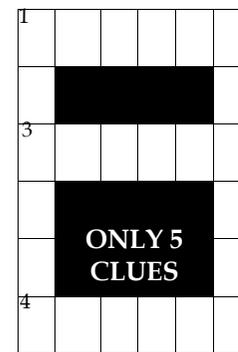
St Columba, whose feast-day is celebrated on 9<sup>th</sup> June, founder of the monastery of Iona, died in 597. The Iona monastery flourished, and in the early 630s, King Oswald of Northumbria sought a missionary to convert his people, he turned to Iona, being a major centre of the Celtic tradition of Christianity into which he himself had been converted. St Aidan headed the Northumbrian mission, to whom Oswald granted Lindisfarne, which soon became another beacon of Christianity. Although, in 664 at the Synod of Whitby, the Northumbrian church decided to follow the Roman church traditions rather than the Celtic, close contacts were maintained between both traditions. This fostered learning and manuscript production such as the Lindisfarne Gospels, whose illuminations draw upon Roman and Celtic art. Iona seems remote to us now, but in Columba's lifetime and for centuries after it was in the middle of the highway of the sea, which offered easier travel than was then possible across land.

The earliest account of Columba's life was written by Adomnán, 9<sup>th</sup> Abbot of Iona. Book 1 was devoted to his prophetic revelations, Book 2 to his miraculous powers, and Book 3 to various apparitions which were seen by Columba and those seen by others regarding Columba. By piecing together various texts, including Bede's Ecclesiastical History, we can

ascertain that Columba was born around about 521 into the ruling family of Donegal. He became a priest, and reputedly founded a number of churches and monasteries. His life changed in 561 when involved in a political dispute leading to censure at a synod convened by his family's political opponents. In 563 Columba left Ireland for the Scottish mainland and Conall, king of Dal Riata, gave him the island of Iona. For his remaining life he was the leading religious leader in Dal Riata, also maintaining links with northern Ireland and playing a part in political affairs.

He is said to have consecrated Conall as king, and travelled to the land of the Picts, converting the people and founding churches. Columba's departure from Ireland in 563 is customarily represented as an act of expiation on his part: the synod's censure may have been politically engineered, but it appears that Columba had a troubled conscience about what had brought this about. Politically his departure could be described as 'exile' but it is more usually set within the tradition of 'pilgrimage for the love of God', where saints would let the waves take them where God willed, to live as missionaries or hermits.

# Puzzles



- Across**
1. An alto unusually discordant
  3. Shopkeeper is less refined, you say?
  4. Stay behind, keeping mother in check
- Down**
1. Fisherman in corner on right
  2. Mostly fooling English poet

## DOUBLE PUZZLE - in Adel Churchyard

SIFFDOLAD   

UBSEELLLB   

CEENHSB     

ELPOEP     

RHOPC      

ANECINT    

ERTVYS     

DBSIR      

CCRUSO     

NSOTSE     

Solve the anagrams above. Use the circled letters to form another word which you will write in the squares above. All words are related to our churchyard in some way!

**Solutions on page 34**

# Children's Page

1

2

3

4

5

6

7

8

9

10

11

6D 

3A 

9D 

5A 

7A 

8D 

2D 

9A 

1D 

4D 

# Barry Anderson

## Adel Pharmacy

I have received an update from the owner of the Adel Pharmacy: "I can confirm that we have signed a lease provided by our landlord that secures the future of the pharmacy in its present location in the locality of Adel.....the pharmacy has in fact been "saved" ! This means that Nira and the team at Adel Pharmacy will be available as usual to look after the healthcare needs of the residents in the neighbourhood of Adel and beyond. We would like to thank you and all the residents who got behind the campaign to secure the future of the pharmacy in the locality- the effort is greatly appreciated by all of the pharmacy team. Many thanks to everybody who showed concern."

## Recent Scams

Telephone scams are still on-going. "Robo-calls" are frequent with a pre-recorded message, usually giving bad news about your bank account, National Insurance number, your Amazon account renewal or an outstanding tax bill or fine. **Don't** follow the prompts given to you by the caller. Hang up, block and report the phone number (if visible) to Action Fraud on 0300 123 2040.

## Lawnswood Roundabout Update

The original scheme for the Lawnswood roundabout was withdrawn. The reasons for improvement remain; this location

still requires a solution on road safety grounds due to the lack of effective provision for pedestrians and cyclists. An alternative scheme has been investigated which also ensures there is provision for a reliable bus service. The new design also seeks to reduce the impact on trees and green space.

Funding has been secured "Corridor Improvement Programme." It is expected that public consultation will be undertaken before the end of 2021.

## Keeping your Bicycle Safe

In line with our 'Snap it' Cycle campaign, take a photo of your bike, and make a note of the serial number, normally found on the underside of the bike on the crank (near the pedals). Use a third-party security marking kit to mark the bike like Bike Register. Register the bike on the National Cycle Database. Police have access to the database. It increases the chances of a bike being returned massively. The Police recover bikes every day, but lack of details means victims of crime miss out.

## Surface Dressing

Highways Maintenance Programme for 2021/22 includes the resurfacing of Otley Road between the cemetery and the Lawnswood Roundabout. This will also include the addition of new cycle ways for this whole length on both sides. This will take place in June and July this year.

# Billy Flynn

## Adel Surgery

From 1st May at the above premises, YPC Health will be offering their services. YPC Health is a private health care organisation which provides services in patients' homes. These include Covid-19 testing, blood testing and a number of vaccinations.

From June 1st Revive Chiropractic and Physiotherapy will be taking two rooms - they can be found at <https://revivechiropractic.co.uk> and are currently located elsewhere in Adel.

For those who have been on site you will have noticed the large foundations being dug at the far end. This will be a brand new fitness studio hopefully opening at the end of summer. It will be aimed at all ages from 8 year olds and above, whether you are new to exercise or seasoned fitness fanatics, so will have something for everyone. Further details coming soon.....

Car parking has been extended, now offering 18 spaces and will be clearly defined once the building is complete.

## Trees and cleaner air policy

I mentioned the council tree planting programme last month and have found out some interesting news since. Several of you got in touch to point out that many foreign varieties of trees have been introduced in the

past with some adverse effects on our domestic species. The council has in place a replacement policy so that when a tree has to be felled at least one new "whip" is planted but there has been little by way of scientific, planned planting. Consequently, the council has entered into a partnership with a university to research the true ration of trees needed to be replanted to replace one mature tree outside of woodland. This is connected to matching current carbon sequestration levels of felled trees (no, I didn't know what it meant either!) It is to do with capturing and storing carbon dioxide and how many newly planted trees or how long it will take to be as effective with sequestration as the mature tree. It is very technical but I think you get the message.

## Weetwood Police Station

A planning application has been received for temporary change of use, to include offices, warehousing, commercial, business, services and education. More on this as the application proceeds.

Please keep safe and my very best wishes. If you would like further information please do get in touch. Telephone 0113 2613896, 07810 640282 or email [billy.flynn@leeds.gov.uk](mailto:billy.flynn@leeds.gov.uk).

# York Gate Update



After a very cold wet start to the year, the meadow at the back of York Gate has finally started to come into its own. The parasitic plant, yellow rattle, has never been so dense and the pignut is doing its usual fantastic carpet of mini white umbels, perfectly complementing its companion insect, the tiny black day flying chimney sweep moth. It won't be long until the many Dactylorhiza or spotted orchids are vying for people's attention amongst all the other flowers.

**Jack Ogg,**  
Senior Gardener

As I mentioned in the March edition of Adel Bells, we are very pleased to be hosting some workshops at York Gate.

Clive Nichols, a world renowned garden photographer is running two workshops where he will share over 30 years' experience, capturing beautiful photos of amazing gardens. These workshops are for keen photographers with their own equipment and includes tea/coffee and

a buffet lunch.

Ben Preston, our Head Gardener, will be opening the gates at the crack of dawn for a couple of Early Bird Photography mornings. You will have access to both the garden and the wilder areas of York Gate. This is a chance for keen and budding photographers to capture some great shots in the garden's best light. Tea/coffee will be provided.

Ben will also be running a Bulb Workshop, with an illustrated lecture and tour of the garden, using spring bulbs in the garden and in pots. A buffet lunch will be provided, followed by an afternoon practical workshop planting bulbs for containers.



Finally, we are lucky to have Anna Cross at York Gate, who will be running a series of willow workshops. All tools and materials will be provided, as will tea/coffee and a buffet lunch. The workshops are suitable for beginners and range from creating an obelisk & dome for your garden; creating a beautiful and functional frame basket; learning how to make your own Christmas star.



The dates of the workshops are below and can be booked by going to our York Gate website [yorkgate.org.uk](http://yorkgate.org.uk) and then choosing the Events tab or following this link <https://perennial.org.uk/garden/york-gate-garden/courses-workshops/>

### **Obelisk & Garden Structures**

Wednesday 2 June

### **Obelisk & Garden Structures**

Wednesday 9 June

### **Willow Frame Basket**

Wednesday 23 June

### **Clive Nichols Summer**

### **Photography | Tuesday 29 June**

### **Willow Frame Basket**

Wednesday 14 July

### **Early Bird Photography Morning**

Wednesday 11 August

### **Early Bird Photography Morning**

Wednesday 18 August

### **Clive Nichols Late Summer**

### **Photography Monday 27 September**

### **Ben's Bulb Workshop**

Monday 4 October

### **Willow Christmas Star**

Wednesday 8 December

### **Willow Christmas Star**

Wednesday 15 December

### **Sally Latchford**

[slatchford@perennial.org.uk](mailto:slatchford@perennial.org.uk)

Back Church Lane

Adel

We've had a refresh of the Sempervivum trays in the paved garden. It's a fiddly, time consuming job but quite therapeutic.



# **OPAL**

We are slowly getting some activities restarted such as the carers and digital support groups, strolling buddies and door step buddies. On 17<sup>th</sup> May we should have seen the lunch clubs and exercise classes restart too. We also plan to start support groups for people who are feeling anxious about going out, where they can come to Welcome In Community Centre, a Covid secure building, to meet with a small group of people to share their feelings, support one another and generally get used to meeting people again. If you or anyone you know would be interested in accessing one of these groups, please get in touch [admin@opal-project.org.uk](mailto:admin@opal-project.org.uk) or call 0113 2619103.

### **Friday Socials**

You might like to join in with our Friday socials, at 2pm for one hour. For more information ring **0113 2619103** or email [rowan@opal-project.org.uk](mailto:rowan@opal-project.org.uk) and she will give you the link and the password.

### **4th June**

Coffee and Chat

### **11th June**

Quiz for the Queen(s)

### **18th June**

Dingbats

### **25th June**

Martin Sellens Shows Us Photos

# **Nature Walk**

Adel St John's School was closed last Thursday so I decided to go on a nature walk with Beryl.

We went round Lawnswood Cemetery and found lots of different things to see. We saw twenty three different types of



flowers, fourteen types of trees two lots of blossom. Ten other interesting items i.e. bird box, log, pine cones etc.

There were lots of angels and some interesting statues and Celtic crosses with fancy designs. We saw a large monument with four different figures three were nice but one was the devil. The words "Faith" and "Benevolent" were on the base.

We "met" a nice lady called Ethel she was coming out from a slightly open door. She was carrying a bunch of flowers. She is very well known in Lawnswood Cemetery. Lots of people from different places came to see her when she was first there.

We had a break part way round and sat in the sunshine and had biscuits and juice.

I had a F U N time finding out what all the different plants were called.

**Katherine Patel**  
(aged 8)



# Festival Weekend



26th/27th June

## Programme of events

### Free admission

These are our plans but we advise you to look at the church website nearer the time in case of changes

## Saturday 26th June



**2pm**  
**Summer Fair**  
with stalls

(cakes, books, plants, tuck shop, toys,  
mystery parcel, crafts, paintings etc)  
fun and games  
cream teas



**Please bring folding seats  
or picnic blanket**

Please bring cash with you to use at our stalls

Admire models of the church in the Stables

**4pm**

Watch a short light-hearted play courtesy of Adel Players

**5.30pm**

A short concert by Leeds Guild of Singers  
(We are not sure if this will take place)

# Sunday 27th June

2pm

**(change of time from in Adel Bells)**

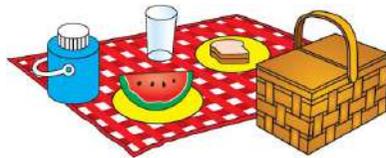
An outdoor service led from the church porch

**All welcome**

Please bring your own seats/ picnic  
Blanket

**To be followed by**

Eat your own picnic in the churchyard



**Fun and Games**

Craft activities

Treasure Hunt

Sporting activities

**6.30pm**

Evensong

Perhaps with our augmented choir

**PTO** for how you can help

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## Please help

to make this a memorable occasion for our whole community. We all need to celebrate.

## Donations needed

Cakes

Books

Jigsaw puzzles

Plants

Children's pre-loved toys & books

Small gift-wrapped prizes (see page 10 )

## Make

A model of Adel Church

Please bring non-perishable goods to the church on the weekends of **12th/13th June** and **19th/20th June** and any other offerings to the churchyard between **1pm and 2pm** on

Saturday **26th June**

## Recipe of the month: Marmalade Loaf



This month's recipe has been suggested by Deidre Morris, a member of the Association for Church Editors.

Being fatless, this is very useful for those on a fat-free or low-fat diet. The flavour varies according to the type of marmalade and sugar used. Dark Oxford marmalade and brown sugar makes a different loaf from lemon shred marmalade and white sugar. Being an all-in-one recipe it is very easy to make.

### Ingredients

12 oz / 350g self-raising flour  
 7 oz / 200g dried fruit — raisins, sultanas, chopped apricots  
 4 oz / 125g sugar  
 3-4 tablespoons marmalade  
 2 eggs, beaten  
 Milk

### Method

Preheat the oven to 180°C / 350°F / gas mark 4  
 Mix all the ingredients thoroughly with enough milk to make a soft dropping consistency.  
 Bake in a greased loaf tin for 1 hour, or until done.  
 Leave to settle for 10 minutes then turn on to a rack to cool.  
 Serve sliced, with or without butter.

*This is super delicious. We made it with light muscovado sugar and we used the home-made marmalade available from Adel Parish Church thanks to Carole Smithies. It keeps well—in fact it tasted better after a day or two!* **Editor**

### Only 5 Clues

**Across**  
 1. ATONAL  
 3. GROCER  
 4. REMAIN  
**Down**  
 1. ANGLER  
 2. LARKIN

### Double Puzzle

DAFFODILS  
 BLUEBELLS  
 BENCHES  
 PEOPLE  
 PORCH  
 ANCIENT  
 VESTRY  
 BIRDS  
 CROCUS  
 STONES  
 CHEERFUL

### Children's Page

**Across**  
 3. CROISSANT  
 5. CHERRY  
 7. PINEAPPLE  
 9. BANANA  
**Down**  
 1. DONUTS  
 2. STRAWBERRIES  
 4. GRAPES  
 6. APPLE  
 8. PANCAKE  
 9. BREAD

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Please deliver Adel Bells to my house for the rest of this year (5 copies) at a cost of £2.50.

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**Cheques payable to Adel PCC**

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**Graham**

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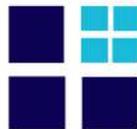
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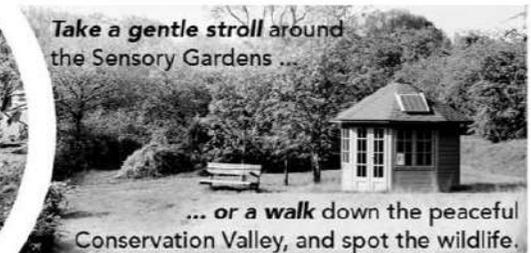
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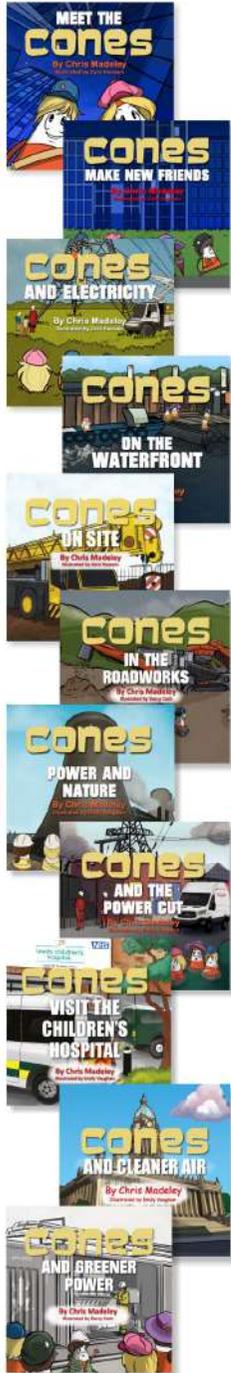


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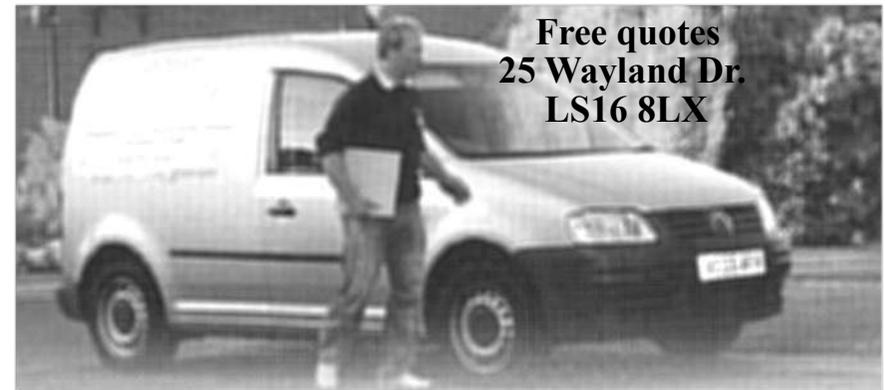
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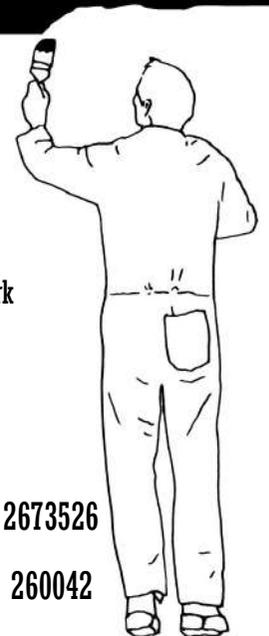
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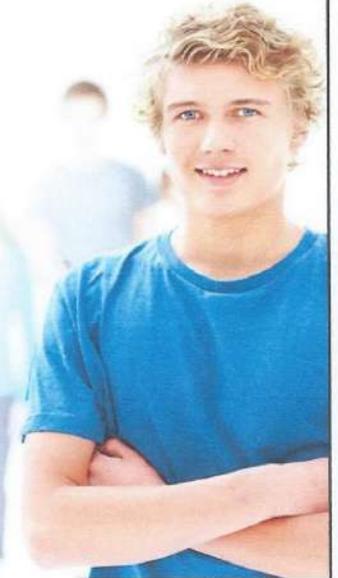


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### Advertising

The magazine is published 10 times a year  
and goes out to 460 homes except for  
June when we circulate the whole parish  
(2600 homes)

Full page £140 per annum

Half page £80 per annum

Quarter page £50 per annum

+ £20 for alterations

For further information contact:

**Beryl Thompson**  
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## Church Services



# June

<b>Wed 2nd</b>	11am	Eucharist
<b>Friday 4th</b>	1.30pm	JJs in church, book with Jill Holloway
<b>Sunday 6th</b>	9.30am 11am 6.30pm	<b>First Sunday after Trinity</b> Parish Eucharist* Parish Eucharist* Evensong
<b>Wed 9th</b>	11am	Eucharist
<b>Sunday 13th</b>	9.30am 11am	<b>Second Sunday after Trinity</b> Parish Eucharist* Parish Eucharist*
<b>Wed 16th</b>	11am	Eucharist
<b>Sunday 20th</b>	9.30am 11am 6.30pm	<b>Third Sunday after Trinity</b> Parish Eucharist* Parish Eucharist* Evensong
<b>Wed 23rd</b>	11am	Eucharist
<b>Sunday 27th</b>	9.30am 11am 6.30pm	<b>Fourth Sunday after Trinity</b> <b>Patronal Festival</b> Parish Eucharist* Outdoor Service of Celebration Choral Evensong with augmented choir
<b>Wed 30th</b>	11am	Holy Communion

\* Services marked thus need to be booked, please see page 7 for details.

Online services are still available. See page 7.