



June 2024

22nd and 23rd June Patronal Festival Weekend



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Adel Bells

(Please email copy by 10th of the month)

Parish Hall Bookings

Church Website Follow us on Facebook or Twitter

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www.adelparishchurch.org.uk Adel Parish Church



The Parish Church of St John the Baptist, Adel

Enquiries including Home Communions, Baptisms, Confirmation, Weddings, Funerals; please look at the church website www.adelparishchurch.org.uk

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Adel PCC Members 2024–2025

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> Magazine Editor Marjorie Cole

Illustrators Val Crompton

Marjorie Cole

Church Open for Visitors

Monday and Saturday 1.45pm to 3.45pm

Parish Registers Baptisms

20th April Nathan Popple, son of Beryl Sanderson and Sarah Ann Carmody

28th April Edward John, son of Emma and Richard Banks

Burial of Ashes

8th May Joan Stead

Confirmations

I4th April Isobel Sheer Esther Sheer Oscar Ward Isla Corcoran Callum Holmes Ben Hayes Katherine Patel Lydia Swales Macy Walsh Sam Neal Hollie Rowntree

Festivals & Feasts

I I th June Barnabas the Apostle 24th June Birth of John the Baptist 29th June Peter and Paul Apostles



A Prayer from the Past

O Creator past all telling You have so beautifully set out All parts of the universe; You are the true fount of wisdom And the noble origin of all things. Be pleased to shed on the darkness of my mind The beam and warmth of your light To dispense my ignorance and sin.

Thomas Aquinas 1225-74







From the Editor

C ome of you reading this magazine **J** will possibly be new to Adel and have not yet discovered Adel Church, which has been at the heart of our community for over 850 years. Although we normally use the name Adel Parish Church, we do not forget that we are also the Church of St John the Baptist. He is the only saint whose special festival commemorates his birth rather than his death. Because of this, we have celebrations on the nearest weekend to 24th June. You are all most welcome to visit the church, come to the Saturday evening concert or visit our stall at Adel War Memorial's Summer Fête. See details on pages 12 & 13.

Recently we were very pleased to

Volunteers from our church family

met them, offered them friendship, a

Lighthouse West Yorkshire.

welcome visitors to our church from

Part of Christ's family, welcoming everyone, sharing God's love and being a voice of hope

> tour of the church and coffee and cake. We shared love with them and, as John Swales says, if we 'love our community, transformation happens'. There is plenty of proof of that in the article on page 14, so I encourage you to find out about the wonderful work being done to assist people who are suffering hardship.

> This June edition of Adel Bells is offered free each year as part of our church's mission, to reach out to all people in our community. If you would like to learn more about what we do, turn to page 9, where you will find a summary of what was presented recently at our annual church meeting. We are an old church but ever adapting and learning new ways of being Christian.

God bless you all,

Marjorie

If you would like to have an annual subscription to Adel Bells, delivered to your home if you live in Adel or posted to you if not, please get in touch with me and I will give you the necessary information.

Marjorie Cole, Editor, 0113 2610069 adelbellscm@gmail.com

Rector Alison's Letter

Dear Friends,

In recent weeks I have found myself thinking about traditions and their role in modern life.

June sees our Patronal Festival, when we mark the dedication of our church nearly 1000 years ago on the feast of St John the Baptist. We have been planning some celebrations and you can find details elsewhere in the magazine.

At the start of May, a number of us gathered to 'Beat the Bounds'. This is a 15 mile walk around the parish boundary. Today it is a pleasant ramble in good company, followed by a slap-up tea, but the tradition dates back to Anglo Saxon times.

In times when maps were rare it had important practical purposes. Regular walking around it ensured that knowledge of the parish boundary was kept alive. This helped when disputes occurred over who should contribute to church repairs or had the right to be buried within the parish.

The priest, churchwardens and other officials took with them a number of boys from the parish who beat the boundary markers with green branches. Sometimes the boys were apparently beaten themselves at these boundary stones too. That seems a little harsh, but the point was to pass on knowledge of the boundary to the next generation.

Our 'beating' of the bounds was figurative, but it was good to have people of all ages on our walk. It also felt good to be continuing a tradition that will have been in existence when our church was first built.

Later in May I was asked to consider VE day in my school collective worship session. This is a slightly more complex tradition, and we wondered about how important it is to remember it today.

Some children thought we shouldn't as it might lead us to think war is a good thing. Most thought we should, to remind us how terrible war is, and to help us avoid it in the future. One child suggested we should still mark the occasion as it is part of our shared history. In our prayer at the end, the children suggested we ask God to help us avoid our dislike turning to hatred and then to fighting, and to help us bring peace to the world.

I was very impressed by their approach to tradition. Keeping our shared history alive helps us to remember who we are – and the good and not so good things that made us that way. It helps us learn from those who came before, and avoid some of their worst mistakes. I think traditions give us the chance to look back at where we've come from, but also forward to where we want to go. We can make them ours too and use them to build community.

As Christians in Adel have for hundreds of years, we will celebrate our Patronal Festival as a church family, with services and events for all. We will thank God for those who came before us, and look forward to the future as we try to be a church fit for the 21st century. You are very welcome to join us.

Whatever traditions you are keeping this month, I hope they go well. With love and prayers Alison



For your diary

Rake, Cake & Chat Sat 8th June 9.30-11.30am in the Churchyard

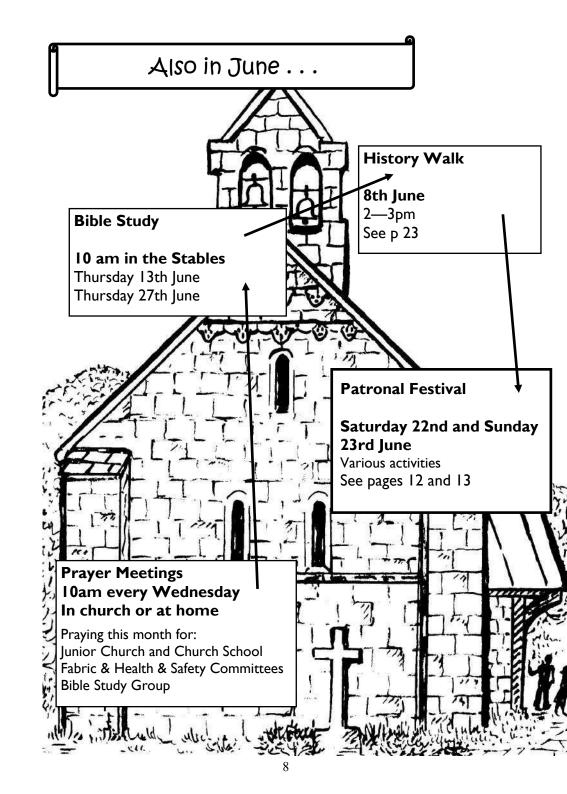
22nd/23rd June Patronal Festival Saturday at 2.30pm 'Summer Picnic' Old Pool, Bank village Hall with games & activities See p 12

Saturday at 7pm A Summer Concert by St Peter's Consort in church Followed by refreshments See p 13

Sunday 23rd June 12 noon to 5pm Visit our stall at the Adel War Memorial's Summer Fête

Friday 12th July 7.30pm A Concert In church By North8 More details next month

Saturday 20th July 10.30am Coffee Morning ALL WELCOME



Adel Parish Church

What we are and what we do

We welcome everyone through our doors and make the most appropriate use of the resources available to us: a beautiful Grade I listed 12th Century Parish Church and the delightful Grade 2 listed church hall, known as the Old Stables, which is made available for use by the whole community of Adel.

We aim to meet the spiritual needs of as many of our parishioners as possible by offering a variety of services, by live-streaming our Sunday I0am service for the benefit of those unable to get to church, and by making specific provision for young people to grow up in our Christian family. We encourage all parishioners to take advantage of the occasional offices (baptism, marriage, funerals) and our social events are open to all.

We have dedicated teams who help our young people to grow in faith and confidence. Once a month a group of pre-schoolers, known as JJs, meets up for a story, a prayer, fun and friendship. Later they will be able to join our Junior Church section which meets three times a month when they go down from the I0am service to the Old Stables. When they return towards the end of the service, they delight us all with stories of what they have been doing. A popular addition to what we offer young people is our Ace group, who meet twice a month on a Sunday late afternoon and it is composed of children in school year 4 and above. Once a month they are joined by parents for a short Eucharist in church.

For those who struggle to get into our church building, we have a monthly Eucharist in the Old Stables, followed by a drink and a chat. Our Home communion team take communion out to people who would otherwise not be able to share in this vital aspect of our faith. The Rector or lay minister Paul take a monthly communion service in the care home Adel Manor.

We have close links with our church school, Adel St John's. The Rector or another member of church leads Collective Worship in school weekly and we are always pleased to welcome the school choir to join us for special services, such as Mothering Sunday and Harvest Festival.

The back page lists our regular services. We encourage you to look through them and find something suitable for yourself.

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In Brief

Last Month we read about the sporting

interests of two of our younger church

members. This one arrived too late for

publication, but better late than never!

I joined Adel cricket club when I was

cricket and I had grown up with a ball

6, my Dad Tim had always played

in my hand. I now play in the UI3

Monday night and play matches on a

team are my school friends from

have lots of fun. My Dad runs the

team and is very competitive! Last

biggest rivals New Rover.

be together again.

Ben Loveridge

Red Poppies

year we won the league and beat our

Unfortunately this year because of all

the rain the league have delayed the

start to our season but we've been

having winter nets and can't wait for

In November we shall once again be

for Remembrance Sunday on 10th

in our display and it would look

putting out our poppy displays in time

November. There are still some gaps

better if they were filled. If you would

the season to start and the team all to

Friday night. It's great, as a lot of the

primary school at Adel St John and we

team and we have training on a

Adel Junior Cricket

like to help put this right, why not start now and try to knit or crochet a few? You can pass them to me when you have finished or wait until our displays go up and attach them yourself. A big thank you to all those who in the past created the wonderful display we have enjoyed for several years.

Marjorie Cole

Donations for our stall

A gentle reminder that we are running a stall at the Adel War Memorial's Summer Fête on **Sunday 23rd June**. We would like to have books and **jigsaws** for sale, so please bring your offerings to the church or the Stables. Beryl would also appreciate donations of gifts for her surprise parcel stall.

If you can help by offering to man the stall for an hour or so, it would be much appreciated. Do let Beryl or me know if you can be there on the day. Let's hope for good weather to ensure the success of the venture.

Marjorie Cole

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100 Club Draw for April

Congratulations to the winners!

lst	Keith Spark	£80
2nd	Sally Tollefson	£40
3rd	Elizabeth Frost	£30

Letter from Lily

Hi Everyone!

ere I am again – and another whole month older! I can't believe how quickly the last few weeks have gone. I think you will find I am making good progress with my letters to you: I'm working hard with spelling but still having a spot of trouble at times, but please be patient - I will get there. I know that you all understand that we little ones don't get everything right overnight (or should that be 'correct' - my grammar is still a bit foggy!). My typing speed is still a bit slow, but I shall continue to try hard – no-one can ask more of a puppy, can they?

I've had a lot of fun since I last writed to you and have learnt lots of new things. I've still not cort a wood pigeon. I have found that blackbirds are fun to chase but crows are scary. Last week I went to the seaside for the first time. WOW! All that sand to run on! I was very brave and got my paws wet, but a wave tried to get me, so I reversed quickly – not sure I'm ready for waves yet.

The other day, I met up with my friend, Tilly who lives in Thirsk. Now that's a nice place, but it did rain a lot. Tilly is lucky – she has a great big paddock to run around in so I had a wonderful time. Bless her, she only has little legs so I managed to do two laps for each one of hers! I do love chasing and being chased!

I have two problems and I'm not sure they aren't linked – perhaps you can help me. First: when I sit on my Mum and Dad's bed (I know, it's wicked isn't it?) another dog looks straight back at me. When I move, it moves, when I scratch, it scratches and it even has a ball just like mine. I can't smell it or hear it so I'm very puzzzld. Second: I like sitting either on top of the back of the sofa or on the windersill to watch t.v. There are lots of fun things going on there including lots of dogs. BUT, when Mum puts the light on, I can see another dog in the glass of the cabinet the t.v. stands on. It is right over my bed, right next to my toys. If you can help me with this, please let me know next time I see you.

I've had great fun chasing cherry blossom, but take my advice, don't try to eat it – it gets stuck in your mouth. God gives us so many wonderful and exciting things to enjoy in Spring so now I'm looking forward to Summer. Everywhere I look there's something new to enjoy and it makes me feel very happy and thankful – I hope you feel the same.

Thank you, Lord, for our lovely spring, for flowers and birds and everything. Woofs and lix, Lily xxxxx



For our Patronal Festival Saturday 22nd June Starting at 2.30pm

A Summer Picnic

at Old Pool Bank Village Hall

(Pick up a map in church)







At Adel War Memorial Summer Fête Sunday 23rd June, 12 noon to 5pm

Love is Action



Lighthouse is a Christian charity which reaches out to those who are battered and bruised by the storms of life, including people who are homeless, drug addicts, exoffenders, and other highly vulnerable people who live on the margins of society with issues like mental health crisis and extreme poverty.

Each week, around 100 people attend our church services and day centres in the city centre where we provide hot drinks and home cooked meals alongside offering a safe haven, a place of belonging, a supportive and hopefilled community. It is a place where they can discover they are loved and cherished by God in the context of ongoing individual pastoral assistance, practical help and one-to-one support.

Our services include regular meetings in both large and small groups, containing leisure and therapeutic activities, Christian worship, and one-to-one pastoral support and advice across a wide range of life issues.

Jon Swales writes, "At Lighthouse, we have a saying: 'In the presence of love, there is always change.' And indeed, we witness life-transforming change daily. I feel blessed to witness miracles unfold regularly.

Transformed by love's power

Sometimes, we see individuals, shattered by life, transformed almost overnight by love's power. It's rare, but it happens. I think of one lad, a tough, violent man, who encountered overwhelming love at a church service. He changed and was baptised shortly after.

Then there's my other friend, who ten years ago was sleeping in a city centre car park, addicted to heroin. He came to church seeking a meal, and after a brief conversation and prayer, he experienced the love and grace of Jesus, quitting Please support our advertisers and mention Adel Bells *heroin thereafter.*

As a community, we committed to love him, ensuring he never spent another night on the streets, despite years without benefits and his inability to work due to vulnerability.

Love isn't just a feeling; it's action—it's costly and beautiful. A decade later, he remains drug-free and housed.

But there's another kind of miracle—the slow burn of love, which we witness daily. In love's presence, change always occurs. As we share the love of Jesus, experience His love through the Holy Spirit, and love our community, transformation happens. Take another friend who joined Lighthouse five years ago, initially disinterested spiritually, just seeking a place to sit. For two years, he remained silent. Yet, love worked its magic, gently and kindly. Today, he actively engages, finding not just a seat but a home, a haven, and a loving family."

If you'd like to find out more about Lighthouse or to support our work please visit www.lighthousewestyorkhire.org.uk

Sarah Swales

Lighthouse Admin & Pastoral Assistant

This is my commandment, that you love one ANOTHER As I have LOVED you John 15:12



Environmental News

Refuse, Reduce, and Reuse/ Refill this June!

In April, our family took a trip to Isle of Skye. We decided to take our electric vehicle and found that there was quite an extensive EV charging network, but unfortunately we struggled to make use of it. If you go in an EV, make sure you sign up and get yourself a "ChargePlace Scotland" card! While we were there. Scottish ministers announced that they are to scrap their ambitious target of reducing carbon emissions by 75% over the next 6 years. However, they are to press ahead with their target of net zero by 2045; 5 years before the rest of the UK.

While Scotland may have scrapped their 2030 target, The Church of England aims to be net zero by this date. To help achieve this, along with the amazing effort and help from Sue, our Parish goal is to raise awareness in our local community. This will help us to achieve the Bronze Eco Church award. Here are some green dates for your diary:

World Ocean Day 8th June

I am quite often left speechless; people at my work might find that hard to believe, but when I stand there, looking out at the ocean, I can't help but marvel at the scale and take a moment to reflect and pray that, we humans can learn to look after it. Over 70% of our planet's surface is covered in water. While it may seem vast and powerful, our oceans are very fragile. Climate change has increased sea temperatures and impacted the world's coral reef systems. This month, please join me and visit worldoceanday.org to find out more.

World Refill Day 16th June

Something we can easily do. The Big Plastic Count back in March revealed that we are throwing away an estimated 1.7 billion pieces of plastic a week, and over 80% of that is food & drink containers. Plastic is not infinitely recycled. It can only be recycled a few times before the quality becomes unusable. A lot of this plastic waste also ends up in our oceans and makes its way into our food chain.

Part of the award-winning City To Sea (citytosea.org.uk) campaign brings us World Refill Day on the 16th of June. The aim is to raise awareness, help people live with less waste, and prevent plastic pollution by connecting people with services local to them by downloading their free app on Android or Apple by visiting refill.org.uk Love to all,

Tang

Spiced Autumn Soup

This was one of the soups offered at our recent Soup and Sandwich lunch event. In spite of its name it is not very spicy and some of its special flavour comes from it containing apples and the zest and juice of an orange. Please let me know if you make it. It has become a staple in our household.

RECIPE

_____ of the _____

MONTH

Ingredients

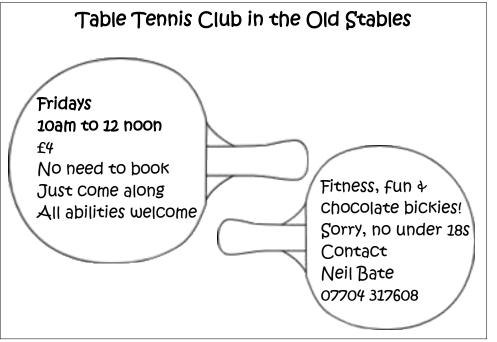
60g (2oz) butter

2 large onions, coarsely chopped
2 potatoes, coarsely chopped
2 carrots, coarsely chopped
3 garlic cloves, crushed
Pared zest and juice of 1 orange
2 tsp mild curry powder
1.8 litres (3 pints) chicken or vegetable stock
2 x 400g (13oz) cans chopped tomatoes
2 dessert apples, peeled and chopped
1 tbsp. dried basil
Salt & black pepper



- 1. Melt the butter in a large saucepan, add the onions, potatoes, carrots, garlic and orange zest, and cook gently, stirring from time to time for about 5 minutes.
- 2. Add the curry powder and cook, stirring constantly for 1-2 minutes.
- 3. Add the stock, orange juice, tomatoes, apples, basil, salt & pepper to taste. Bring to a boil, simmer gently for 30 minutes or until the vegetables are tender.
- 4. Purée the soup in a food processor or blender until smooth. Return to the rinsed out pan, reheat and taste for seasoning. Serve at once with herb croûtons.





Marjorie Cole

Words from Joyce Hill

The Midsummer Feast-day of John the Baptist

The birth of John the Baptist is celebrated on the 24th June and as with the birth of Jesus, the New Testament doesn't tell us the date of John's birth. Both dates are chosen by tradition to fit a liturgical cycle in which we commemorate and celebrate significant events in Jesus' life. John prepared the way for Jesus and baptised him in the Jordan, marking the beginning of his public ministry; both births are foretold by the Angel Gabriel and integral to the greater Nativity story.

Matthew. Mark and Luke tell of how John preached about the coming of the Messiah and how, at the baptism of Jesus, the voice of God was heard pronouncing him to be God's Son. Only Luke states how Gabriel announced to Zacharias that he and Elisabeth would have a son, who was to be called John; how Mary, after her Annunciation, travelled to meet with Elisabeth and how Zacharias recovered his speech at John's circumcision. Gabriel told Mary that her cousin Elisabeth was already six months pregnant and is the reason why we celebrate the birth of John the Baptist in June, six months before we celebrate the birth of Jesus.

The earliest reference to 25th December being used for an annual

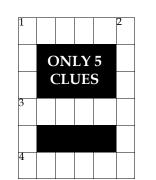
celebration of Jesus' Nativity is 336, the date becoming well-established in the fourth century and, by the century's end, the celebration of the birth of John had been incorporated into the liturgical cycle in June, reflecting the fact that he was born six months before Jesus.

Given the significance of John's role, it is no surprise that the celebration of his birth was included in the cycle of the church's year in the early phase of its development.

This is unusual, however, since saints are normally celebrated on the date of their death. Yet liturgical records clearly show that John was an exception: the church celebrated his birth several decades before it adopted 29 August for commemorating his death. This was another 'chosen' date, and was established quite early, round about 500, but has never been as prominent as the feast-day of his birth.

Many saints were removed from the new Church of England calendar at the Reformation. But not John. He was a biblical saint, after all, and was so very central to the Nativity and the Epiphany that his feast-day on 24 June was retained, along with the commemoration on 29 August of his beheading at the hands of Herod Antipas, as noted by Mark and narrated in detail by Matthew.

Puzzles



ACROSS

- I. Worked hard to initially install light
- 3. A female in Indian dress makes expedition
- 4. Newspaper customer is university lecturer

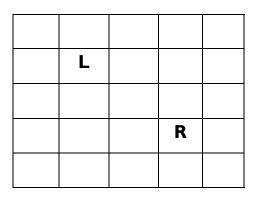
DOWN

- I. Tricky question taken from quite a series
- 2. One refusing to accept it measures fineness of silk

RED HERRING

Five of the words below must be entered in the grid, reading across, so as to create five more words reading down. Two letters are already in place. Can you spot the red herring?

AGREE MESSY IMAGE PAPAW LAIRD SLAVE



Solutions on p 35

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Word Search

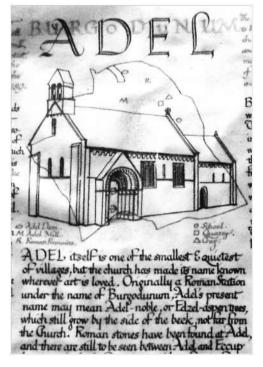
Words associated with John the Baptist



BAPTISM SAINT LOCUST ELIJAH MATTHEW JEWISH JERUSALEM PROPHET LAMB RIVER HEROD ELIZABETH LUKE JESUS GOSPEL

Solution p 35

A Monastic Church



This piece of parchment was found at York Gate. It shows Adel Church as it was in **1879**, after the main restoration by George Street.

Several people have asked me recently 'Why does Adel Church have a Patron?' This is because the small wooden, Saxon Church at Adel was gifted to the Priory of the Holy Trinity, at York, in 1089, by Ralph Paganel, Lord of Adel Manor. It was the monks from York, who c.1150, built Adel Church, in stone.

The monks had the right and responsibility **to appoint Rectors** to

the living of Adel—but the tithes were collected and used in the Parish although the Priory now owned the church land.

This continued until 1536, when under *King Henry the 8th*, the Patronage was passed to **the Crown**. In **1606**, Queen Elizabeth the 1st, **sold the Patronage** to the Arthington family of Adel.

William Arthington became the Patron of Adel. He appointed Robert Tomson to be Rector of Adel. The last Rector to be appointed by the Arthington family was Revd Henry Nicholson in 1788.

The Patronage of Adel was then sold to the **Lewthwaite** family. Young **George Lewthwaite** was appointed in **1809**, he was Rector of Adel for 45 years. He was followed by Lewthwaite family members, including the muchloved Rector, Cuthbert Postlethwaite (1928–1946). I can remember older parishioners speaking about Rector and Mrs Postlethwaite, with great affection.

Our present Patron, *Tim Cockerill*, is the cousin of the late David Lewthwaite.

Val Crompton

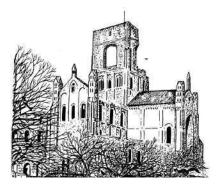
History Walks & Talks

Churchyard Walk & Talk with Val Crompton and Wendy Grisedale Saturday 8th June, 2-3pm

Meet up in **Adel Church** (Open from 1.45–3.45pm) with Val and Wendy, for a walk round the listed monuments and interesting history graves in Adel Churchyard.

The earliest gravestone, that is readable, is from 1694 close to the path, near the church door. Also, close to the NW corner of the church, we have recently uncovered the **flat** gravestone of Sir Peter Fairbairn & family. You may have seen the large statue of Sir Peter in Woodhouse Square. Also in the N section of the churchyard is the listed Wormald Memorial 1846.





The 1152 Club meets once a month on Tuesdays at 10am - 11.15am, during term-time. at Abbey House Museum

Free parking near Abbey House. This a free, friendly **local** history group for adults aged 55+ Includes a hot drink. No booking is needed. Patrick Bourne. Kirkstall Abbey, Leeds LS5 3EH Kirkstall.abbey@leeds.gov.uk For details, 0113 378 4079

or contact Val Crompton

4th June Kitty Ross, Curator of Leeds & Social History, 'Leeds Citizens serving in WWI'

7th July Prem Mistry, Volunteer from Thackray Museum, 'Pharmacy of the past from behind the counter'

QE Corner

Here it is again...... QE (Quite Enlightening) Corner. You all know that I like trivial information, so for your enlightenment I am presenting you this month with another miscellany of "facts(?)"

The centre of the Earth is about two and a half years younger than the surface because time moves more slowly near the centre of the Earth due to stronger gravity.

The American Civil War ended when a tea towel was flown as a white flag.

In the 1830s, France and Mexico fought a 3-month war. It began after a complaint by a pastry chef.

In 2020 the Met Office was mocked for naming a winter storm 'Heulwen' which is welsh for 'sunshine'.

In the United States, the average dog's lifespan is longer than the average marriage.

Buying Spanish tomatoes out of season may be less environmentally damaging than buying British tomatoes grown in heated greenhouses.

Archaeologists have found a bronze age recycling bin near Peterborough filled with ancient scrap metal intended to be melted down and reused. Marie Antoinette had ten sisters, all called Maria.

'Men in grey suits' is Australian slang for sharks. Surfers use it to alert people to their presence without causing too much anxiety.

Even though dozens of cities and counties in the USA are named after him, Christopher Columbus never set foot on mainland North America.

Researchers have named a prehistoric amphibian found in the Smithsonian Museum collection 'Kermitops gratus' after Kermit the Frog.

When performing at the Metropolitan Opera, Luciano Pavarotti would keep stashes of pasta in the wings to snack on between arias.

A study from 2013 showed that the British public were wrong about nearly everything.

It's illegal to sell washed hen's eggs in the UK, but it's illegal to sell unwashed eggs in the US.

Please note these "Facts(?)" are all from the internet, so don't blame me if they are not correct!

Trevor Cole

REGULAR BOOKINGS IN THE OLD STABLES

Some of these classes do not run during school holidays

	am	PILATES	9.15 - 12.30	Sarah Beldon	07908 151 241
	pm	ART	1.00 - 3.00		
	evening	PRIVATE HIRE PILATES	5.00 - 6.00 6.40 - 8.45	Sarah Beldon	07908 151 241
Tuesday	am	EXERCISE CLASS	9.30 - 11.30	Emma Smithson	
	pm				
	evening	PILATES EXERCISE CLASS	5.00 - 6.00 6.30 - 7.30	Jenny Southwell Emma Smithson	07976 800 430
Wednesday	am	EXERCISE CLASS	9.30-11.30	Emma Smithson	
	pm				
	evening	YOGA	6.30 - 7.40	Jayesh Mistry	Contact see * below
p	am	RHYTHM TIME	9.30-11.30	Georgina	07426 869 985
	pm	PILATES MONTHLY COMMUNION	12.05 - 2.45 3.15 - 4.15	Sarah Beldon 3rd Thursday	07908 151 241 of the month
	evening	PILATES PRAYER GROUP	5.00 - 7.00 7.30 - 9.30	Sarah Beldon Leeds Sia Centre	07908 151 241
Control Co	am	TABLE TENNIS CLUB	10.00 - 12.00	Neil Bate	0113 2671118
	pm	JJs Occasional availability	1.00 -3.00 Please enquire	1st Friday	of the month
	evening	BOLLYWOOD DANCING	6.30 - 7.30		
Saturday	am	MEN'S YOGA	8.00 - 9.00	Mark Franklin	07305 109 824
	pm				
	evening				
Sunday	am	JUNIOR CHURCH & COFFEE	9.30 - 12.30		
	pm				
	evening				

*http://www.yogicmistry.com/contact-me/



Adel Fête & Open Day

Sunday 23rd June, 12.00 noon - 5.00pm

This is a special event in the splendid setting of the Adel War Memorial Association's grounds and halls in Church Lane, LSI6 8DE next to Adel Parish Church.

The aim is to raise the profile of the Association with the local community through events which encourage active participation. As well as sports there will be a variety of stalls, ice cream and a BBQ with burgers and sausages (veggie options available) also a **New Food Shack** with other food. offerings. On site is a comfortable lounge and fully licensed bar offering alcoholic and soft drinks.

NB There wil be NO PARKING at the Club Car Park on the day as the space will be taken up by stalls and food offerings.

Show & Have a go or coaching sessions	For Children NEW theme 'Adel Animal Safari'	
in		
Archery, Bowls	Search for animals on site	
Cricket, Football Hockey, Lacrosse	Children's sports Day	
Snooker	Slide	
New Section Softball	Face painting	
Squash Tennis	Craft Stalls	

In Your Garden

"Now summer is in flower and nature's hum Is never silent round her sultry bloom

Insects as small as dust are never done

Wi' glittering dance and reeling in the sun"

- John Clare, June

s we approach the summer A solstice with the days at their longest and, historically at least, a higher than usual chance of some settled weather, there is so much to enjoy in June. It is time for the perennials in your garden to take centre stage. Whatever you choose, whether it is roses or clematis, aquilegia or lupins, delphiniums or foxgloves, you can colour your garden in limitless combinations during June and the rest of the summer. If you saw any coverage of the Chelsea Flower Show on television then you will know the breadth of choice available is overwhelming. Whatever your own choice, they will all thank you for a helping hand and should reward you with fantastic displays. This might be by hoeing the weeds from around them to eliminate competition for water and nutrients, or it could be to provide stakes for plants such as Penstemons or Knautia. Sometimes you need to be cruel to be kind. Vigorous plants such as Nepeta (catmint) can be pruned by half in early June but will quickly resprout

and flower again. This benefits both the Nepeta and often its typically slower-growing neighbours in the border, which can otherwise find themselves swamped.

You need to be attuned to your plants' need for water during intense growing times since, with an everchanging climate, it is increasingly difficult to predict the volume and frequency of any rain. During the summer months trees, shrubs and plants draw a large amount of water out of the ground and this transpiration, together with evaporation on dry sunny days can quickly render some soils very dry indeed. Equally, it seems, it might rain every day for a month! Always ensure there is some moisture around your plants. Using a mulch is very effective, whilst also suppressing the weeds.

It is now a good time to prune your spring-flowering shrubs. As a general rule of thumb, if it has already flowered then it can be safely pruned at this time of year. Shrubs such as Forsythia, Camelia and Viburnum will all benefit from a tidy up. Tie in climbing roses, clematis and other climbers. If you deadhead roses as they finish blooming you will certainly extend the flowering season and will often get a second flush in September.

George Turnbull

enquiries@adelgardencare.co.uk www.adelgardencare.co.uk

National Trust

Here are details of the Autumn programme of the Leeds & District Association in support of the National Trust.

You don't have to be a member of the group to attend the talks. Please make a note of them in your diary.

8 October:

'Travels in Tibet' with Prof. Joyce Hill (fundraising: book stall) Tibet has a unique culture and a strikingly distinctive location on a high and massive plateau in the Himalayas. It was seized by China in the 1950s and has since suffered from repression. But it does what it can to preserve its distinctiveness, as loyce saw when she visited it a few years

ago. Her talk will set Tibet in its geographical and historical context and give us a flavour of what Tibet is like today.

12 November: 'Secret Wartime Britain'

with Colin Philpott (fundraising: Gifts for Christmas) During WW2 thousands of sites across Britain were requisitioned to support the war effort. Others were built from scratch, regardless of cost.

Often their purpose was concealed, even from those living close by. Many still exist, albeit with different uses. They include underground factories, storage sites and headquarters, spy and communications centre. interrogation & POW camps, research facilities for weapons, treasure stores, even Royal retreats in case of evasion.

10 December: 'Memories of the 1960s'

with Malcolm Johnson (fundraising: Christmas raffle) Each year of the decade is represented by a piece of popular music. Themes from the songs are enlarged upon, so by the end of the talk, subjects covered include the retail scene back then, the Cold War, Vietnam, flower power, the space race - and more! A light-hearted and nostalgic look back at a decade many remember fondly!

All meetings are held on the second Tuesday of the month in St. Chad's Parish Centre, Far Headingley, which is well served by buses (inc. 1,6, 8, 27) and has a car park. Entrance £7.00 for guests Times: 10 for 10.30. Refreshments available - donation.

Further information:

c.lightman@sky.com (Ann Lightman)

OPAL Activities

Fingers crossed, we are finally past all the bad weather and we are all enjoying the warmer and brighter days. At the Welcome In Community Centre, we make use of the good weather by holding some of our activities outside (if appropriate) in our lovely gardens: these gardens are looked after by some of our amazing volunteers and always provide a cheery welcome to our members and visitors.

Some important dates coming up at OPAL are the next Hearing Aid clinic on the 26th July (12noon -2pm) and the Council Advice Bus on the 14th and 28th June. Both of these are drop-in sessions so no appointments are needed. The Hearing Aid clinic can help with replacement batteries, tube replacement etc. If you do attend the hearing Aid Clinic you will need to bring your NHS Hearing Aid card with you. The Council Advice Bus offers help with anything that is dealt with by Leeds City Council, for example housing issues or anti social behaviour. Please come along if there is anything you wish to discuss at this helpful, informative drop in session.

As always our trips are incredibly popular with our members, we run twice monthly shopping trips to Pudsey Owlcotes. We were very lucky to have a donation made to us which has allowed us to offer these shopping trips for free until September 2024, we also run monthly trips to a variety of venues such as museums, stately homes and we always make sure there is somewhere lovely for lunch. If you would like more information about any of the trips we offer, please call OPAL on 01132619103 and a member of staff will be able to help you.

> Booking for our Children's Activities

As we are heading towards the long school holidays, we have some children's activities booked in. The dates for these events are **25th July** and **8th August**; these will be bookable events so keep an eye on our social media for more information or call OPAL on 01132619103 and ask for Ellen.

If you are interested in any of the activities OPAL offers or if you would like any further information, please contact us on 01132619103, email admin@opal-project.org.uk or call in to speak to us at the Welcome In Community Centre (55 Bedford Drive, LS16 6DJ)

Shelley Clark

Project worker

Adel Players' Latest

Review of TWO by Jim Cartwright

On a pleasant evening in April, a group of us enjoyed viewing 'Two' performed by Adel players – a bittersweet, comic drama. The play's key theme looked at marriage – people in a relationship – and how you fall in love and become part of Two. The play was set in April 1989 in a traditional Armley pub. The landlord and landlady saw all the relationships play out and we, as the audience, watched theirs.

The play revealed that being part of Two can bring pure joy, as with Fred and Alice, but it can also be very controlling as with Lesley and Roy. Young love was seen with Moth and Maudie – but he was more interested in her pay packet than her - and she was desperate for a marriage proposal despite what her friends at work were clearly saying to her. An old woman pondered on her husband who was ill at home and looked at how love can last a lifetime when bodies and minds change. She also enjoyed her nightly Guinness in the pub! An old man remembered fondly his wife who had passed away. Mr and Mrs lger were an unusual couple; he was so nervous that he struggled to get to the bar to order a drink, and she clearly wanted someone stronger - both mentally and physically. The landlord and landlady were very sharp

with one another but as their story unravelled, they had clearly been through a tragedy which still resonated with them – and the young boy in the pub waiting for his dad (who had forgotten about him) made them remember what they had lost.

14 characters were played by 9 actors. It was a simple set, based in the pub itself. The play had the structure of a variety show – and sharp talking comedy made way for bleak urban poetry – a karaoke singalong one minute, a domestic abuse drama the next. There were plenty of laughs but also much to reflect on with the joys and stresses of working lives.

The range of emotion covered shows the wide ranging talent of the Players. Janet Porter played 4 different characters, all word perfect. Rob Colbeck played 2 roles – and as domestic abuser, Roy, was very convincing, with partner Lesley (played by Digna Sindin Rodriquez) literally quivering in his presence. Several jeers from the audience highlighted how convincing he was. Well done to all involved in this production.

The next play to be performed by the players will be a murder mystery. See the What's On page, p 33.

Donna Shoesmith-Evans

York Gate Update

Il gardens have stories to tell and **M** York Gate, begun from scratch many years ago, tells a joyous tale. The Spencers' creation is a treasure: the garden combines creativity, art, science and hard work to make it a unique and magical place. Today, gardening with the future of the planet in mind is important to many of us and sustainability, biodiversity and climate change are at the forefront of our plans. In many ways, Robin Spencer was ahead of his time, as evidence of sustainable beauty can be found throughout the one-acre garden. Strongly influenced by the Arts and Crafts movement, from the paths, walls and gates to the many rescued artefacts, every corner of the garden is decorated in a natural way using traditional skills, with handcrafted or reclaimed materials creating eye-catching "vignettes." As a result, there is a timeless atmosphere in a garden full of surprises.

"Robin had a wonderful eye for finding things; antiques that he thought could have a place in the garden." Sybil Spencer.

Nowadays there is much emphasis on ecology and diversity in our gardens: many planting themes are designed with wildlife habitats in mind to encourage pollination and seed dispersal. Finding resilient plants for the changing climate conditions will be key for the gardeners at York Gate to ensure the garden flourishes. In June the garden is buzzing with insects, the pond and canal bring a touch of cool freshness as the sound of water fills the air and a mini-drama plays out as dragonflies come out to hunt in the heat of the day. In the Dell, there is a shady sanctuary, where growth is so lush and, after rain, the gentle gurgling of the stream can be heard and where, perhaps, a sudden rustling may disturb your reverie.

At this time of year, do come and visit York Gate, relax, and enjoy its serenity, whilst also watching and listening to the garden's other visitors - the birds, bees, and butterflies – all are equally welcome!

Gillian Smith Heritage Volunteer.

This month, as Adel Church celebrates its Patronal Festival, we think about neighbourhood, friendships, church and community. We are all blessed to live in Adel, and York Gate, managed by Perennial, the gardeners' charity, is a welcoming place for all.

For opening times and admission prices and more information about the charity, go to the website *perennial.org.uk* Have a lovely summer everyone and we look forward to seeing you.

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Crag House Crag House Farm - the home of Caring For Life · (0113) 230 3622 **[]** Otley Old Road, Cookridge, Leeds LS16 7NH · www.craghousefarm.com

What's On

Headingley Flower Club at Bramhope Friday 3rd May 'Willow, Wood and Wine' Ann Simpron Area Demonstrator 7pm Guests are welcome at all meetings. A guest fee will be charged. Bramhope Village Hall, Old Lane, Bramhope. LS16 9AZ Contact Mrs Jean Money Tel 01924 468714

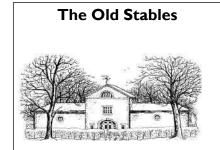


Adel Players Friday & Saturday 7th & 8th June, 7.30pm In Adel War Memorial Hall

'Susan Starling Investigates' – a murder mystery written by Pat Riley. Tickets will cost $\pounds 15$; this includes the play, and a crime quiz as well as supper. To book pleases email:

boxoffice@adel-players.org.uk





Our church hall, the Old Stables, is used by many community groups for activities such as Pilates, Painting, Exercise classes, Children's Rhythm Time, and our latest venture Table Tennis. You can find details of these groups on or church website, together with contact details. adelparishchurch.org.uk

The church holds regular social events here, usually once a month, but we tend to keep other weekends free for people who want to hold their own social gatherings, whether it is for children's parties or grownup gatherings. If you would like more information about booking for these events, please contact the manager, Loveday Loveridge,

07974 321 466 or email adeloldstables@gmail.com



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Barry Anderson

Public Bridleway – Breary Marsh – Upgrade

As part of the Public Rights of Way (PROW) Improvement Plan, PROW have received a £12,000 contribution from the West Riding Ramblers for the provision of a new bridge for Breary Marsh. The total cost of the project is £22,000. The remaining £10,000 is being provided from approved City Regional Sustainable Transport Settlement funding. The public bridleway bridge has become unsafe and had had to be closed with users having to utilise an adjacent ford, thus causing inconvenience to users of this popular bridleway route.

Cold Calling Control Zones

As you may be aware, most of Adel is covered by a Cold Calling Control Zone which means that you should not be disturbed by cold callers. Unfortunately, not every doorstep caller abides by the rules. Most reputable companies will check the register before they carry out any doorstep activity. There are some exceptions such as milkmen, window cleaners, Avon/Betterware etc., who might be wanting to find new customers to include in their rounds, this is allowed. Representatives calling on behalf of charities asking you to set up regular donations are not allowed, although charity collection itself by

volunteers is allowed.

Sometimes you will get people saying they are on probation, trying to make some money by selling household goods and have been authorised by the Police. This is untrue, the police do not authorise any cold calling activity and the Probation Service don't have such a scheme. If you experience unwanted callers, firstly, don't answer the door, that is the best protection. If the caller is persistent, you can call the police, and alert neighbours in WhatsApp groups to be aware. Call Trading Standards via the Citizens Advice Consumer Helpline on 0808 223 1133 or Police 101 number.

Leeds 2040 Plan – Future Housing Development

As a community we are unfortunately going to have to turn our thoughts again to sites that may be put forward for housing development. The Council are at the initial stages of developing the Leeds 2040 Plan. Further information can be accessed from the Council's website **www.leeds.gov.uk** and then by typing Leeds 2040 in the search. Then click on "Call For Sites" and then scroll down to the green button and click on it to see the sites. You will see a note that says none of these sites is approved by the Council, these are sites submitted by landowners to the Council for

consideration. They will be controversial. The purpose of this article is to bring to your attention that this is about to start and it is my view we need to have a proper debate locally about types of housing, need for housing, different views, various locations. Firstly about the general need for housing in the area and secondly whether or not any of the sites are preferable to others or whether none is suitable. If you have any views on the sites in the link I've put above, let me know. I think residents need to be aware this is on the horizon and a full and proper debate will be necessary locally. This is before we even consider infrastructure needs – schools, health services, highways considerations etc. At this stage, these are the initial thoughts of the Administration but they will be subject to consultation as time progresses.

Einformation Mailing List

I thought I would take the opportunity, due to this magazine going to every home in Adel, to let residents know that I offer an



Einformation mailing service. If you are not currently on my mailing list and you would like to find out about matters of local interest, like those above and information such as planning applications, planned road closures, highways maintenance etc., iust send an email to barry.anderson@leeds.gov.uk with Adel Update in the subject line and I will include you in my Einformation mailings. I never send any political material, it is all factual, local information. Nobody else on the list sees any other recipients' email addresses.

Date for Your Diary

You might want to make a note that this year's Adel Artists event takes place on Saturday 14th and Sunday 15th September, full details will be in a flyer nearer the time. If you have not attended the event previously come along and find out what wonderful talent we have in Adel. Artists' work is on sale and there are many different art forms to choose from.

Cllr. Barry Anderson

Curious?

If you want to know what will be for sale at the Adel Artists' Show, you will have to go and see!

14th/15th September 2024

Billy Flynn

Hello again everyone. Summer is almost here,_due in the third week of June, so not long to go.

The Lawnswood Arms to be known as Hickory's Smokehouse, Adel – Opening in JUNE

s I am sure you will have noticed, A an enormous amount of work to transform the site has already been carried out and is progressing on schedule for the grand reopening planned for around mid to late lune. As always seems to be the case, planning officers are notoriously hard to please on building work. They considered that there was too much wooden panelling covering some of the original exterior features and asked for changes to the frontage. I understand that a compromise design has been worked up and submitted for consideration. I'm told that staff recruitment which is always difficult in the hospitality industry is going well. For anyone interested in monitoring progress on the Smokehouse, it now has its own Facebook page.

Road Maintenance in the ward_or lack of it!

I have commented previously on the appalling state of the roads and footpaths in the ward, although the same could be said of the entire city. I drove through the city centre recently and the road surface in many places

was positively dangerous and an absolute disgrace for Leeds. I have lost count of the number of times I have called out repair crews to sort out potholes in the ward although they are generally very responsive. However, the repairs are invariably short-term fixes and rarely last long because they are fighting a losing battle. You might be interested to learn that after a huge number of complaints about the condition of King Lane, Alwoodley, in the proximity of the work on the golf club grounds that the site was temporarily closed down by enforcement officers. The council does have a road maintenance programme although it is many years behind schedule. We have recently been given the schedule for this year and it includes all the Kingsleys and Gainsboroughs, off Holt Lane, Holt Avenue, Holtdale Rd and Tile Lane.

Updates on the Adel Community Garden and proposed Communication mast

As promised last month, I have been in touch with the garden committee and have agreed to fund half the fresh planting, grass cutting and indemnity insurance for the garden for the current year. The committee has also offered to help some neighbours with property maintenance, so the initiative is really taking off in the community. On the mast, I have been approached by several people with concerns about

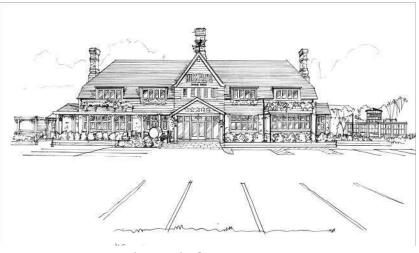
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the possibility of its installation and a petition against the plan has been started. The petition is held in the Adel Wood Store. I thought it might be helpful to explain how to object or to support planning proposals because it is a potential minefield. The most effective way is for residents to object/ support an application is by doing so online or by individual letters. The comments must be "material" or relevant to the planning application and this is explained with examples provided on the council's Public Access Portal. Please note, that while petitions are useful there is no substitute for the personal approach and the more online/letters of support/objection there are, the more likely it is that the planning officer will take note. The key is to ensure that

your comments are material/relevant to the planning application because if they are not, the chances are that they will be ignored. If you need further advice on any aspect of planning, please do get in touch. My contact details follow. I will keep you informed with any developments on the community garden and mast.

If you would like further information on any of the issues above or have questions about anything else in the ward, please do get in touch.

Telephone 07810 640282 or email billy.flynn@leeds.gov.uk



Hickory's Smoke House

Only 5 Clues

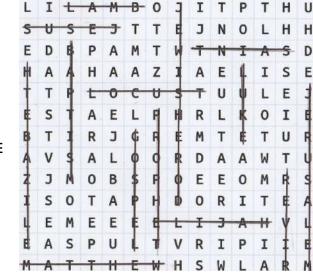
Across

- I. TOILED
- 3. SAFARI
- 4. READER
- Down
- L. TEASER
- 2. DENIER

Red Herring

The red herring is IMAGE

Ρ	Α	Ρ	Α	W
S	L	Α	V	Ε
Α	G	R	Е	Ε
L	Α	I	R	D
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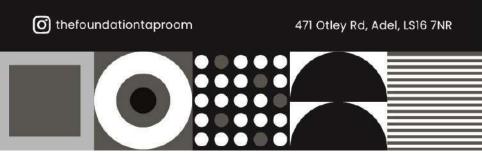


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Alternatively please check out our Web site www.adelclub.co.uk

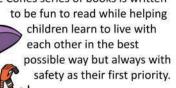


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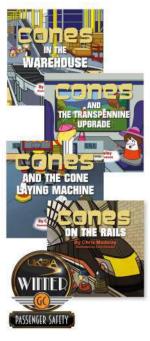


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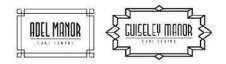
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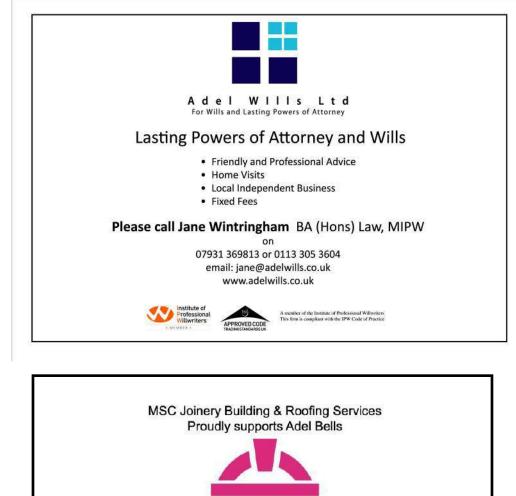
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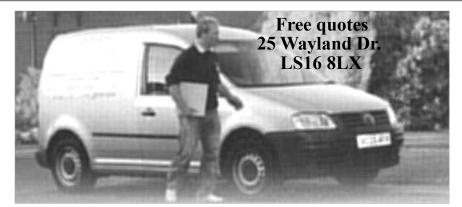
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	14.00-17.30	-	14.00-18.00	
Wednesday8.30-12.30		Saturday a	Saturday and Sunday CLOSED	

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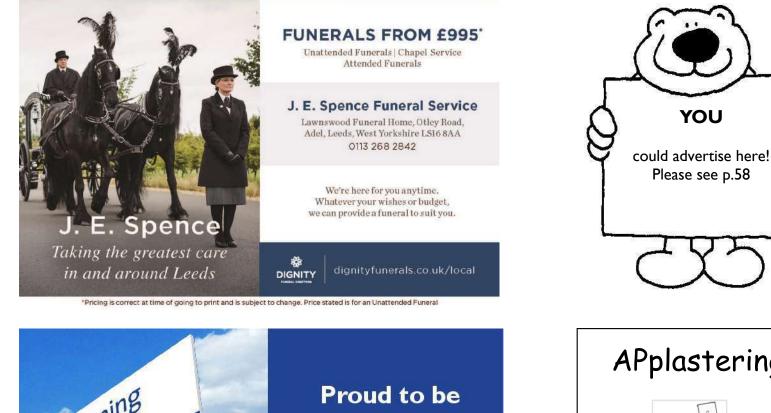
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Church Services in June

Sunday 2nd			
	8.30am 10am 6.30pm	Holy Communion (BCP) Parish Communion Evensong	
Wed 5th	11am	Holy Communion followed by coffee & biscuits	
Fri 7th	1.30pm	J Js (for the under sixes)	
Sunday 9th	Third Su	nday after Trinity	
	8.30am 10am 5pm	Holy Communion (BCP) Parish Communion ACE meeting in the Stables	
Wed 12th	11am	Holy Communion	
Sunday 16th	oth Third Sunday after Trinity		
	8.30am 10am 6.30pm	Holy Communion (BCP) All Age Service with Communion Choral Evensong followed by light refreshments	
Wed 19th	11am	Holy Communion	
Thurs 20th	3.15pm	Holy Communion in the Stables, with tea & coffee	
Sunday 23rd	rd Fourth Sunday after Trinity Patronal Fesdtival		
		Holy Communion (BCP) Parish Communion ACE meeting in the Stables	
Wed 26th	11am	Holy Communion	
Sunday 30th	0th Fifth Sunday after Trinity		
	8.30am 10am	Holy Communion (BCP) Parish Communion	

Junior Church is held during term time, but not on the 3rd Sunday when there is a 10am All Age service, with communion, and children are welcome for the whole of the service in church.

ACE is a group for school year 4 and above. We meet in the Stables to discuss our faith and play silly games.