



ADEL BELLS

Parish Magazine 70p



Church flowers throughout the seasons



June 2025

Adel Green Fair See p. 8

Rector	Revd Alison Battye 25 Church Lane Adel LS16 8DQ alison.battye@leeds.anglican.org	267 3676
Licensed Lay Minister	Paul Barker	07306 282 827
Churchwardens	Anne Andrews 32 Ancaster Road LS16 5HH anne.andrews@ntlworld.com	275 5585
	Alison Howarth Apt1, Garmont Court LS7 3RU ahowarth@hotmail.com	262 4622
PCC Secretary	Andy Neal 468 Otley Road, LS16 8AE adelpccsecretary@gmail.com	07415 424 964
PCC Treasurer	Bob Holloway 10 Adel Pasture LS16 8HU bob@hollowayassociates.co.uk	267 9360
Safeguarding Officer	James Moxon	07984164782
Planned Giving	Helen Hallett	217 8845
Choirmaster	Chris Cunliffe	267 6767
Funeral Verger	Iain F. Welsh	267 9364
Assistant Funeral Verger	Lucy Best-Shaw	217 2963
Flower Rota	Hilary Taylor	2611941
Environmental Officer	Thang Tang adel.eco.church@hotmail.com	
Wedding Verger	Sue Smith	261 0349
Assistant Wedding Verger	Gillian Batcup	267 7223
Local History Enquiries	Val Crompton	225 9142
	email: vjcrompton@ntlworld.com	
Adel St John School Head Teacher	27 Wayland Drive LS16 8LX	
Parish Hall Bookings	Mr Peter Dalrymple	261 1804
Adel Bells Editor	Loveday Loveridge	07974 321466
Magazine Advertising	Marjorie Cole	261 0069
	Beryl Thompson	267 3875
	10 New Adel Gardens LS16 6BD	
Distribution:	Sandra Lavery	261 2008
Website:	Heidi Harban	
	Email: hgharban@gmail.com	

Adel Bells (Please email copy by 10th of the month)	adelbellscm@gmail.com
Parish Hall Bookings	adeloldstables@gmail.com
Church Website Follow us on Facebook or Twitter	www.adelparishchurch.org.uk Adel Parish Church

The Parish Church of St John the Baptist, Adel
 Enquiries including Home Communion, Baptisms, Confirmation,
 Weddings, Funerals; please look at the church website
www.adelparishchurch.org.uk

Contents

Our Church

Rector Alison's Letter	6
For your Diary	7
Also in June . . .	7
Adel Green Fair	8
Rev'd Ian Reflects	9
In Brief	10
Letter from Lily	11
My Church Journey	12
Environmental News	13
Kids' Corner	14
Being in Nature	15
Editing Adel Bells	22

For your Interest

Modern Scams	16
Adel Gardeners' Club	17
Adel Neighbourhood Plan	18
Joyce Hill	19
Puzzles	20
The Secret Message	21
In Your Garden	23
History Groups	24
OPAL	25
Adel Corpse Way	26
York Gate Update	27
QE Corner	29
Adel Players	30
What's On	31
Eccup 10 Race	32
Barry Anderson	33
Billy Flynn	34
List of Advertisers	59



Adel PCC Members 2024—2025

Anne Andrews, Paul Barker,
 Lucy Best-Shaw, Bruce Buchan,
 Marisa Clayton, Marjorie Cole,
 Tina Gledhill,
 Bob Holloway, Alison Howarth,
 Sarah Johnson,
 Jenny Jones, Sandra Lavery,
 Sue Lawson, Loveday Loveridge,
 Andrew Neal, Mark Seaward,
 Carole Smithies, Leanne Winfield

Magazine Editor Marjorie Cole

Illustrators Val Crompton Marjorie Cole

Parish Registers Baptisms

20th April

Melanie, Aryan and Seren Parast
 Anne-Katrin Pygall
 Carol Whittington
 Jordan Thorpe
 Sarah Brennan

Burial of Ashes

19th April

Dorothy Frost

Funerals

22nd April

Vera Mather

25th April

Emily Playford



Festivals & Feasts

8th June

Pentecost

19th June

Corpus Christi

24th June

Birth of John the Baptist

30th June

Peter and Paul, Apostles

Our world: It is the duty of every Christian to care for God's wonderful creation – the Garden of Eden that humanity has consistently ransacked for its own ends.



A prayer for the environment

Your plundered earth,
 with its rich variety
 of endangered species,
 is crying out for healing.
 Help us to be instruments of that
 healing, O Lord,
 and to redeem the harm we have
 done to the planet.

Amen

Do your part – come to our
 Green Fair on 28th June.



Association for Church Editors

Church Open for Visitors
 Monday and Saturday 1.45pm to 3.45pm



**Part of Christ's family, welcoming
everyone, sharing God's love
and being a voice of hope**

From the Editor

At Adel Church we are so proud of the part played by the younger members of our congregation, not only taking an increasingly more active part in our church services, but also in writing for this magazine about their experiences. On page 14 you can read about their excitement at taking part in imaginative, bible-related and fun activities for Easter. We hope to hear more from them in future editions.

A small group of us has been planning activities for our Green Fair this month, but we do rely on your help to make it a success. If you can donate goods to us, it will be possible to bring your items to the Stables on the Friday afternoon. However, I suggest you contact me if you intend to do so and I can make sure that the Stables is open for you. Otherwise I suggest you bring your goods to the churchyard on the Saturday morning between 11 and 12 and take them straight to the stalls. See p. 7 for a list of what we need.

It is a very sad fact that there are so many people in our world only too

ready to deceive, whether it's by email or phone. Caz Vee, who very generously gives of her time to open up the church to visitors, has written some advice as to how to deal with persistent rogues who just want to part you from your money. You will find her piece on page 16. I advise you to study it carefully. She will return to the subject next month.

This month Rev'd Ian writes about being a creature of habit. I am sure many of you will recognise similarities with how you lead your lives. I remember once asking a relative who regularly did something I thought was quite unusual why she did it and received the surprising answer "I have always done it that way." But my question is, can we change? Ian has some interesting suggestions as to how changing some of our habits can be very good for us and for the people we share our world with. I will certainly give this idea a few moments of reflection, as Ian has suggested. Perhaps you might do the same.

The 100 club was not drawn last month because of illness, so there should be the results of two draws available for you to read next month.

Marjorie Cole, 0113 2610069

Rector Alison's Letter

Dear Friends

The month of June sees our church Patronal Festival when we celebrate the birth of our patron saint, John the Baptist. His birth has been remembered on June 24th, six months before the birth of Christ, since before the 4th century, and celebrations take place all around the world.

In many places they involve the lighting of fires, which may have a variety of origins. In the bible, John is described by Jesus himself as a 'burning and shining light'. Fires might also signify a new start in Jesus, with some communities using them to burn old rubbish to symbolize casting away the old and embracing the new.

The festival also coincides with the summer solstice when the sun is highest in the sky and the days at their longest. In pre-Christian days this was marked with fires to honour the sun and ward off evil spirits.

Mostly though, it seems to have been a good excuse to get together and have fun. In many countries families gather to share special food and play games. In Sweden 'midsummer poles' (like maypoles) are put up, midsummer flower wreaths made, and people feast through the day and night.

In coastal parts of Ireland new fishing boats and nets were blessed and bonfire ashes scattered on the crops for good luck. Celebrations often involved rival villages competing to make the largest bonfire, and young people jumping over the fires.

Apparently in Yorkshire it was the custom for any family who had come to live in the parish during the last year to put a table outside their house with bread, cheese and beer, and to offer this to anyone who passed by. In this way they got to know their neighbours!

Since our church is dedicated to John the Baptist, we try to think of some way to mark the occasion each year. This year on 28th June we are holding a 'Green Fair'. There are more details elsewhere in this magazine. We will steer clear of bonfire jumping, but it will be a chance to come together as a community and possibly get to know our neighbours better.

On Sunday 29th, Bishop Arun will be joining us for a confirmation service where some of our young people and adults will confirm for themselves the promises as followers of Jesus made for them at their baptism. It seems very appropriate that this should take place as we remember John the Baptist. His part in our Christian story was to prepare people's hearts and minds for Jesus.

John said, 'I must decrease and he (Jesus) must increase', which fits with a celebration on the longest day of the year. It is also a useful statement for us to remember as a church as we seek to follow our patron saint in pointing not to ourselves, but to the love of Jesus today.

Do join us for our Patronal Festival events, or for our weekly services. Everyone is welcome. With love and prayers

Alison

Dates for your diary

7th June
9.30am

Rake, Cake and Chat

28th June
Adel Green Fair
See p. 8

29th June
Service of Confirmation
led by Bishop Arun
as part of our
Patronal Festival weekend

6th July
Eccup 10 Race
Some road closures
See p. 32

Friday 11th July
7.30pm Concert
by Northsong
(formerly North8)

Also in June . . .

Prayer Meetings
10am every Wednesday
In church or at home

Junior Church & Church School
Fabric & Health & Safety
Committees
Parish Bible Study Group

Bible Study
10 am in the Stables
Thursday 12th June
Thursday 26th June

A Reminder

For our Green Fair on 28th June we need donations of the following:

Cakes
Books for adults & kids
Toys
Board Games
Jigsaws
Clothes for adults & kids
Baby equipment

We also need to borrow
Gazebos
Garden chairs

Please consider helping on a stall on the day.

Do let Alison, Tang, Sue or Marjorie know if you can help
Or email adelparishchurch@gmail.com

**In Adel Churchyard
and
the Old Stables**



12 noon to 3pm
Saturday
28th June



Helping us all go green . . .

Vegan Food Stall, pre-loved items (clothes, toys, books etc), supporting local businesses, enjoying nature, recycling advice, children's activities, recycled greetings cards, cakes, refreshments

And even more



Also featuring:

Caring for Life, York Gate
Adel Gardeners' Club

**All
Welcome**



Rev'd Ian Reflects

Me? A creature of habit?

I was at a hospital recently for an outpatient appointment. The consultant asked me whether I was a man of routine. "Yes," said Jacqueline somewhat emphatically, before I had had a chance to consider the question. What he meant was, was I a creature of habit? I hadn't really thought much about this but it turns out that this is not a bad description of me.

Because, it is true that I like my daily routines. And I am a person for whom everything has a place and everything must be in its place, including particularly in the dishwasher. And it turns out that being a creature of habit is good for maintaining my health, so being this way turns out to be beneficial and somewhat important.

Habits are interesting. The word 'habit' comes from the clothing worn by monks, reflecting their habit of prayer. Some habits are good - teaching our children to clean their teeth - and others not - smoking.

Habits are character-forming, they become part of who we are. We develop habits with practice and persistence; it takes a bit of effort. Equally, it takes effort to change them - ever tried to give up smoking? So, if we want to improve our character we often need to develop habits of

behaviour that bring this change about.

Now, it might seem odd to say that we need to practise at being a better person, but let's take as an example becoming more attentive to other people, not just the people we know but strangers or homeless people in the street, seeing Christ in them all. Unless this comes to us naturally, it's something we need to remind ourselves to do (and notice when we don't do) until it becomes, yes, a habit. Paying attention to others is a way of showing our love for them - a great habit!

As habit-forming is character-forming, choosing the right ones is essential! Habits that we Christians look to form include prayer, making time to spend with God; reading the Bible and reflecting on what we read; coming to church to share the Eucharist. You can think of others. Spending a few moments thinking about our habits and which ones we need to develop and which we might want to change is a way of reviewing our Christian lives and how we live them. Well worth a few moments reflection.

Ian Johnston

In Brief

In our churchyard

As many of you know, the churchyard is a peaceful place, with plenty of opportunity for you to sit and rest. If you look to your left as you walk up to church from the Old Stables you will see the remains of a beech tree. A new bench has now been installed around the stump. For many of us, it will always be known as 'Sylvia's bench', although it was Sylvia who had the first bench installed in memory of her husband Tony and the original plaque has been placed on the new bench. Perhaps if you do the activity suggested on page 15 you might choose this as your place of preference.

Snippets from the past

Rector Donald Thompson spoke of changes that had happened during his 14 years in the parish: the development of a full Holy Week, the institution of a Christmas Midnight Eucharist, building and enlarging a new school and installing a porch to protect the precious carvings. His last words in Adel Bells were "Adel has a great future."

Sad news

We have received sad news about Ann Ambler, who lived in our community for over 50 years and was an active member of many local clubs

and organisations. Ann moved into a care home in Pannal a while ago and passed away peacefully there at the end of April with her family beside her.

Confirmation Service

Bishop Arun will be officiating at this service at 10am on **Sunday 29th June**. It will form part of our Patronal Festival weekend and we are delighted that it will be taking place in our own church. We anticipate a very full church on this occasion.

Time for a smile

"Hey you! Pull over!" shouted the traffic cop. The old lady had been speeding on her way to church and felt very embarrassed.

Shortly afterwards she was fined £50 and paid by cheque. Her conscience troubled her and she was very anxious because she didn't want her husband to find out and she knew he had a habit of going through the cheque book stubs.

Then inspiration struck and she wrote on the stub - "One pullover. £50"



Letter from Lily

Hi Everyone,

Hope you are all well, enjoyed the lovely sunshine and kept warm when it turned cold. I had to have words with my Mum – I *did not* want to wear my winter coat! I don't like it as it squashes my lovely curls, which I don't like, particularly when I've had my hair done!

Well! What a month I've had since I last wrote to you. For starters, I just want you to know that I have been very brave and have slain a dragon. No, I must be truthful – I raised the alarm, got onto my windowsill and then left the rest to the grown-ups! I'll explain: we had an 'in-comer' – it made a lot of noise but we couldn't find it. Then, one evening when I was just settling down for a doze, I saw it and bravely raised the alarm. Again, I must be truthful – it wasn't *really* a dragon – but it might have been! My Mum told me about St George and the Dragon, so you'll understand why I thought it was one. I've learned *another* lesson: don't jump to conclusions – my Mum didn't like it either. It was huge! Crawling over the carpet *towards my bed!* My Mum sorted it, but I wanted to warn you in case you get one in your house – I don't want you to be attacked. She said it was like a great giant black wasp – once she said 'giant,' I didn't feel silly about being scared.

Talking of being attacked – we were! There we were, just walking along through the Adel Wood estate to one of my favourite walks down by the farm, when this nasty, snarling big brown dog did its best to eat me! I've never seen such a big mouth with so many teeth. I was so scared. Thankfully, Mum picked me up, its owner came out and took it away. So, please be careful round there. My favourite postman told us this dog had been after him too.

Another day, we were walking down the farm path and this HUGE big woolly thing came bounding over to the fence. He was about fifty times my size so, yes, I was scared! He put his head through the wire fence so I backed off. Anyway, we ended up having a nose-sniff. He seemed to be friendly and challenged me to a grass-eating competition – no prizes for knowing who won with a mouth that size! He was like a lawn-mower!!

Anyway, the life lesson I've learned this month is: it's not a good idea to be judgemental without all the facts: I must forgive the dog because her owner should have looked after her better, I didn't know the sheep wanted a friend and the in-comer made a BIG mistake coming in uninvited! Hope I see you around! Woofs & Lix,

Lily

My Church Journey

My parents were devout Christian Scientists so my childhood was spent attending the Sunday School at the Christian Science church in Rawdon. It was a lovely building, and on the front wall was the quotation from John, chapter 14, verse 6, "I am the way, the truth and the life". This has stayed with me throughout my adult life. I also attended a service at the former Christian Science church on Headingley Lane, which is now The Golden Beam pub. It is lovely to see that the organ pipes have been preserved.

In 1966 I married my husband, Andy, at St John's Church in Roundhay, and we started married life in Kippax. We had two boys, Robert and Neil, born in 1968 and 1970. While I was pregnant with Robert I met Jennifer Darvill at the ante natal classes in Garforth as our babies were due at a similar time. I visited Jennifer and George at Kippax vicarage and we became friends. After Robert and Neil were baptised by George at Kippax church I decided that I wanted to be baptised as well, as this wasn't an option in the Christian Science church.

I was duly baptised by George and confirmed by the Bishop of Knaresborough, both ceremonies taking place at Kippax Parish Church. In 1973 we moved to Spennithorne Avenue, which was in the parish of St



Chads, in Headingley, so I attended church there, also helping out at the Sunday School. Eventually the boys joined the Cubs at St Paul's, Ireland Wood, so I started attending church there in the late 1970s. I belonged to St Paul's Players for several years, taking part in musicals and revues. I was also part of the church choir. I moved away from Leeds in 2000, but still went to Sunday services at St Paul's on a regular basis.

In 2013 I moved to Orchard Court in Headingley and resumed attending at St Paul's on a regular basis. I knew that a few of the congregation had moved to Adel Church, so a couple of years ago I decided to start attending services at St John's. I like the setting of the Norman church and I feel at home here. I have enjoyed the traditional services and have made many new friends.

Sue Allerton

Environmental News

Summer is here!

This June, join us to celebrate our patron saint, Saint John the Baptist, known for baptising Jesus. He lived a simple lifestyle out in the wilderness, in tune with nature, and dressed in clothes made from camel hair, eating locusts and honey. I'm not about to suggest we do the same. I think clothes made from camel hair will be very itchy, and I don't think there are a lot of locusts around Adel anyway, but there is a lot to learn from him. We can all live sustainably by forgoing fast fashion and buying new. We can enjoy local seasonal food rather than eating exotic food that has travelled halfway across the world, increasing the carbon footprint.

To help promote a greener lifestyle, our church will be holding a green fair celebrating local arts, crafts, and food. We will have second-hand stalls with clothes, toys, and items looking for a second (a third, or more) home. We will have repurposed greeting cards, crafts, tasty vegan food, which has less impact on the environment, and various things going on.

Also making an appearance is Hello HipHop. They will be there a little earlier, setting up, showcasing a live demonstration in spray can art, followed by engaging workshops and performances in deejayin', graffiti, and breakin' from 12 pm to 3 pm. Also,



throughout the event, there will be creative doodle tables for the kids, while parents can unwind, enjoy the atmosphere, and listen to good music. This is an experience you definitely won't want to miss!

But with all this, we will need your help. We need donations. On the day, please bring cakes for our cake stall. If you have any good, unwanted clothes for all ages, please donate them to us. We are also looking for any complete toys, games, board games, jigsaws, books and any good baby equipment; please save them for us. You can email me at adel.eco.church@hotmail.com, and I can collect it if you are unable to bring it to church or the Stables. Also we would like some volunteers to help, maybe run a stall, and especially to help tidy up at the end, and if you have any gazebos and garden chairs you could lend us, that would be great too! So this summer, let us all get together to celebrate our patron saint and raise some awareness.

See you on the 28th!
Tang, Julia and River x

Kids' Corner



On Good Friday we had a fun event inviting local families to come to the Stables and join in lots of different activities. You didn't have to be a member of the church to come along and we saw lots of new faces.

We painted a palm leaf using our hands!

The family event was suitable for children of any age. Some of the older kids helped to set up the stalls, tidy up afterwards and even run the stalls. We ran a stall where you painted a picture of a palm leaf using your hands dipped in paint and then you 'high-five' the paper. It worked really well and lots of kids had a go. Although some didn't want to get too messy so used a paint brush instead.

On one stall there was a long sheet of paper on the floor which had written on it 'walking with Jesus'. After taking off your shoes and socks there was a sponge to paint the soles of your feet

any colour you wanted and then you could walk along the paper marking your footprints.

There was then the opportunity to have your feet washed clean just like Jesus washed his disciples' feet.

We love gymnastics so instead of walking on our feet we dipped our hands in the paint and walked on our hands in handstands across the paper.

The weather was nice, so we were able to do a scavenger hunt outside. We matched pictures that were hanging around the Stables garden to the pictures on our sheets.

There was also a bonus mystery picture which we had to draw on our sheet, this was a hot cross bun.

After the crafty activities we waved our palms and sang 'sing hosanna' while we walked up to Church for a small service with Alison, then we went back to the Stables for hot cross buns and drinks.

**Isabelle and Sophie Amos
(age 11)**

Being in Nature

The healing effects of nature

Many people walk through our peaceful churchyard; some are visiting a grave, others are walking a dog, but a few make time for some quiet moments sitting on one of our many benches.

Whatever you do, spending time in nature will be good for your health and help to put a sense of calm back into your life.

Here is a suggestion for something you can do on your next visit. Whilst on your way, pick up a common wild flower: a dandelion, buttercup or daisy, something that there are plenty of. Find a quiet spot in the churchyard and make yourself comfortable. Think about how you are feeling: restless, tired, anxious? But don't dwell too long on it.

The first of its kind you have ever seen

Now have a look at the wild flower you brought with you and hold it in your hand. Feel how heavy it is. Look at it, trying to see it as the first of its kind you have ever seen. How does its colour make you feel?



Move it around on your palm and notice its texture. Now smell the flower. Holding it near your nose breathe slowly and deeply several times.

Close your eyes and picture the flower. What thought comes into your mind? Let that thought go and assess how you feel. Are you more relaxed? Do you have a sense of being more connected to your surroundings? You have just experienced the calming effect of nature.

Try this exercise again on another occasion, but it doesn't have to be a flower - it could be a twig, a pine cone or even a blade of grass.

Marjorie Cole

Modern Scams

How to avoid them.

Over the next few issues of Bells, I will be talking about the sad issue of 'scams', and how we can protect ourselves. Scams have become evermore complex and difficult to spot and are often targeting the most vulnerable members of our society. My immediate advice now and throughout these articles remains:

If something doesn't feel right, trust your instinct!

Do not share any personal or financial information with anyone you don't know, or don't trust.

Genuine companies and professionals will always understand your scepticism and take measures to prove who they are. Most will not ask for personal or financial information over the phone or via email.

All the frauds I will describe come under Section 2 of the Fraud Act, Fraud by False Representation. They involve the criminal lying or misrepresenting a situation. This is referred to as Social Engineering, which is defined as 'the clever manipulation of the natural human tendency to trust'.

Quite often, the scammer will seek to prey upon emotion and / or place the victim under pressure to make a decision. Even if we feel suspicious, it often feels difficult to say 'no'; it is worth practising some responses such

as 'I cannot make that decision now, let me get back to you.' Or 'I won't be making any decisions without speaking to my family'.

My advice is to stick to these responses. A genuine caller will accept this. A scammer will often become aggressive. In this case, you should hang up and block their number. The vast majority of all frauds involve computers or technology in some way.

So how do we protect ourselves?

Be careful about the amount of personal information you post online. Keep privacy settings on your social media accounts up to date, and tight. Choose passwords carefully. Using your date of birth, anniversary date, pet's name, child's name etc, can all be guessed once they accessed your social media account (if your privacy setting was 'public'.) Select strong and separate passwords for different accounts. Install anti-virus software and keep it updated. Ensure devices are secured with a screen lock.

In the next edition I shall talk about more specific fraud / scam types. If anyone would like a digital copy of West Yorkshire Police's 'Little Book of Big Scams', please contact the editor with your email address. I am unable to supply hard copies of this booklet, but you are able to print it at home if you wish.

Caz Vee

Adel Gardeners' Club

Adel Gardeners' Club is known to many of you, whether because you're members, or perhaps through our annual Show (**30th August** this year!), or perhaps through our two annual plant stalls. What you may not know is that we've been making changes to bring the club in line with modern gardeners' needs, encouraging new and less experienced gardeners and offering all sorts of information about gardening in a more sustainable way.

Lots of us now garden to actively support nature too; I know there is always something in flower in my own garden, right throughout the year, providing support for insects - plus plant materials and berries are strategically included and left in place to help our birds. We've recently had talks on "Climate Change and Gardening" and "The New Way to Garden", looking at reducing water usage and adapting to heatwaves and droughts.

**The freshest
of vegetables
and fruit
you've just picked**

Lots of people look at food miles when they're shopping, but gardeners can look at food metres instead; it's a great feeling, walking outside whilst a

meal is cooking and bringing back indoors the freshest of vegetables and fruit that you've just picked!

Gone are the days when our meetings were about just sitting and listening; we now have a "garden bench" session as the second half of every meeting, when members share what jobs they're doing in their gardens that month, people can ask for help with garden problems they're having or recommend anything that's working well for them in their garden. It's great to see beginners learning and experienced members enjoying sharing their expertise!

Our part in Adel Green Fair

Adel Gardeners' Club is delighted to be running a stall at the Green Fair on **28th June**. We aim to show how local gardeners can work more sustainably in their gardens and we'd also like to encourage the community's youngsters to have a go at gardening; we know many of them already do. If you'd like to know more about the club, we'll be able to tell you that, too.

We hope to see you there on June 28th!

Barbara Hodkinson

Adel Neighbourhood Plan

Protecting our village character and our historic areas

The Adel Neighbourhood Plan has been produced by a group of local residents who have developed detailed policies using input from community consultation events over the past ten years. Once our Plan is adopted by Leeds City Council, they are obliged to take account of it in future planning decisions as it becomes part of the Council's own planning policies.

This gives Adel residents a voice in making sure planning officials take account of local priorities, thereby protecting our green spaces, our village character and our historic areas. We cannot stop development in Adel, but the adoption of the Plan will help to prevent development on important green spaces and will help us to argue that any further development should be designed to fit in with the existing character of the area.

On **Thursday 5th June** the Council will be holding a Referendum on the Plan and it will be adopted by the Council following a simple majority vote. All registered voters who live in the Adel Neighbourhood Plan area will receive their polling cards or postal voting forms from the Council

in the same way as for any local or national election and on the day polling stations in the area will be open as usual for residents to cast their votes.

**Don't leave it
to others to make
it happen**

With no downside the Plan is overwhelmingly favourable to residents... so make sure your voice is heard by voting '**YES**' in the referendum. Don't leave it up to others to make it happen and please encourage your friends and neighbours to vote as well; we hope to have a large turnout.

More information about the Plan (and a copy of the Plan itself) can be found on the Forum's website at: <https://adelneighbourhoodforum.org>

And if you have any questions about the Plan or the voting process then please contact us by email on: anf.chair@gmail.com

**Submitted on behalf of the Adel
Neighbourhood Forum**

Words from Joyce Hill

The 1700th Anniversary of the Nicene Creed

This year sees the 1700th anniversary of the Nicene Creed, which is said in Eucharistic services following the gospel reading. Although it has been modified since 325, the original Trinitarian emphasis and firm assertion of the divine and human nature of Christ gave the Creed its distinctive theological character.

The Council of Nicaea (modern Iznik, Turkey), the first great ecumenical council of the church, was held at the instigation of the Emperor Constantine. Until 313 people across the empire celebrated their own religions as they wished. Christianity benefitted from this, with their communities developing an annual cycle of public worship in permanent buildings. Constantine was baptised on his deathbed, but he favoured Christianity and supported its development as the expression of the spiritual aspect of his empire. He realised that not all Christians believed precisely the same things. Christianity had developed under the radar as it was previously at risk of persecution. The beliefs and practices in Christian communities across the empire were influenced by their local cultural and religious contexts. Constantine wanted a clearly defined system of belief. In 325 Constantine summoned the church leaders to a

council; in his opening address he made it clear that doctrinal unity was required. The Patriarchs and Bishops recognised that a statement of faith defining orthodox belief would identify as heretics those who could not accept every element.

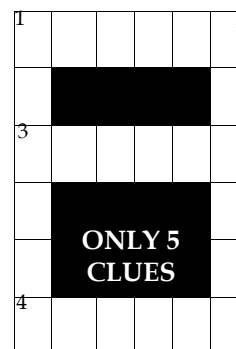
A doctrine prominent at the time was Arianism which, while accepting that Jesus was in a certain sense the Son of God, denied that he was divinely co-eternal with God the Father. The Nicene Creed had this heresy very much in mind, concluding with formal curses, which were regarded as being against Arianism.

The curses were later removed. Statements about the status and work of the Holy Spirit were added and also assertions of belief in the Church, Baptism, the Resurrection of the Dead and the Life Everlasting. It is this modified form, adopted at a Council held in Constantinople in 381, that is known as the Nicene Creed.

In the sixth century, the Western Church added a phrase stating that the Holy Spirit 'proceeds from the Father and the Son' as an essential clarification. However, this addition was not adopted in the Eastern Church and so it became one of the bones of contention when relationships between East and West soured at the time of the Great Schism in the mid-eleventh century.

Puzzles

GENERAL KNOWLEDGE CLUES



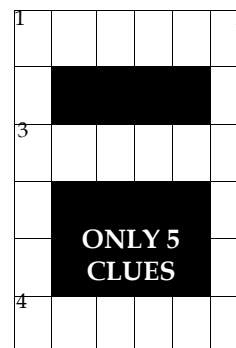
Across

1. Extreme fear
3. Marine shellfish
4. Aegean island

Down

1. Brief sample (of food)
2. Fast flowing river section

CRYPTIC CLUES



Across

1. Plenty of dogs free from lead
3. Gathers flowers, say
4. Inventor is done with invention

Down

1. Place of work no longer slipping
2. Song bird found by sibling and family

Solutions on p.47. Each puzzle has different answers.

The Secret Message

During a rainy Easter holiday day, I found the perfect way to keep two mischievous granddaughters, seven-year-old Emilia and eleven-year-old Olivia, entertained with a bit of playful mystery. I proposed an adventure in secret messaging.

Emilia's eyes lit up at the very mention of "secret," a word that promised intrigue and excitement, even after our secret steps adventure (see April Adel Bells Page 16). Olivia, on the other hand, is currently in training to become a teenager, with only two years left to master this transformation. I'm confident she'll nail it, and all those charming childhood traits we adore as parents and grandparents may recede into the distant past.

"This isn't some old-fashioned thing, is it, Grandad?" they queried, their voices tinged with both amusement and challenge. What did they mean by "old-fashioned"? Was it an era when telephones had rotary dials, or when televisions displayed black-and-white pictures, all completely alien concepts to this generation. Let's not dwell on the details. Drawing inspiration from my childhood reading of Enid Blyton stories, I introduced them to a simple substitution code. Our method was charmingly uncomplicated: a noughts-and-crosses grid, each box assigned three letters.

A	B	C	D	E	F	G	H	I
J	K	L	M	N	O	P	Q	R
S	T	U	V	W	X	Y	Z	

I would write a message by replacing each letter with its corresponding section of the noughts and crosses grid marked by a dot to indicate its exact position within the box. I doubt the Bletchley Park codebreakers would have lost any sleep over our system, but it served its purpose and was something to bridge the age gap and entertain our two scribes.



Both the girls grasped the concept, their initial hesitance melting into enthusiastic participation. They made their own messages and sent them to friends on their smart phones. In that small, rainy afternoon, we discovered that the charm of a simple game could weave together the past and the present, reminding us all that every generation has its own way of communicating and creating magic.

Trevor Brown

Can you work out the message? Answer on p. 47

Editing Adel Bells

Part 2

At the beginning of each month I make a start. But in our house we have a bit of a ritual to go through before I can do that. As soon as I sit down in front of my computer my miniature schnauzer rushes up to demand some treats. After all, she knows she's not going to have my attention for at least two hours! I have the whole magazine visible on my computer, but a lot of pages are empty. Some pages remain the same, or more or less the same, each month and just a little editing is needed to update them.

After opening the magazine I have a look at my emails and download the articles which I save for the time being. Now that we are using colour on the cover I need to find a picture appropriate to the month. In March, for example, I chose a church surrounded by daffodils, a painting created by Sue Pagdin. Then I sort out the service dates for the back cover. If I have already created my puzzles, I will then put them in the magazine. I really enjoy producing the puzzles but I have no idea if anyone does them. Please let me know if you do.

Once I have finished everything I personally write for the magazine, I start on the articles that arrived by email. This is a relatively easy bit, simply copying and pasting, although I often have to make them fit the page. When the magazine is finished and

Trevor has done the proof reading I need to turn it into a PDF in order to be able to send it to the printer. I send electronic copies to people who live abroad and of course that version is also on the church website.

I receive monthly newsletters from an organisation called 'Association of Church Editors'. It often contains articles I can use but more importantly it gives advice about producing an eye-catching and interesting magazine. I have applied a lot of their suggestions to Adel Bells. In 2020 I entered a competition they run to find out the best church magazines in the country. We were still in the throes of Covid when I received an email saying that Adel Bells had won first prize, the gold award. I was sent a glass trophy which I can keep forever, as well as a certificate. I am proud of the award which is on permanent display in my lounge, but I feel it is only fair to acknowledge the debt I owe to so many people: to my forerunners in editing the magazine, to the people who write articles for us, to the advertisers whose main aim is to support the church and to the enormous team of people who help with the distribution and delivery. So from me a big thank you to all who have helped. Without them, Adel Bells would not know the success it currently enjoys.

Marjorie Cole

In Your Garden

"It was June and the world smelled of roses. The sunshine was like powdered gold over the grassy hillside"

-Maud Hart Lovelace

After one of the driest Springs that I can remember (who now remembers the wettest Spring in a generation we had last year?), I am a little trepidatious as to just what to expect from this summer. As I write this in the middle of a protracted, settled sunny spell, the need for rain is becoming ever more acute. Let's hope it comes in overnight bursts, but nothing too extreme.

You do need to be attuned to your plants' need for water during intense growing times since, with an ever-changing climate, it is increasingly difficult to predict the volume and frequency of any rain. During the summer months trees, shrubs and plants draw a large amount of water out of the ground and this transpiration, together with evaporation on dry sunny days can quickly render some soils very dry indeed. Equally, it seems, it might rain every day for a month! Always ensure there is some moisture around your plants. Using a mulch is very effective, whilst also suppressing the weeds.

June is the time for the perennials in your garden to take centre stage. Whatever your chosen palette and

plants, whether it is roses or clematis, aquilegia or lupins, delphiniums or foxgloves, you can colour your garden in limitless combinations during June and the rest of the summer. If you happened to see any coverage of the Chelsea Flower Show on television then you will know the breadth of choice available is extraordinary, if not sometimes overwhelming. Whatever your own choice of plants they will all thank you for a helping hand and should reward you with fantastic displays. This might be by hoeing the weeds from around them to eliminate competition for water and nutrients, or it could be to provide stakes for taller plants or those prone to flopping like Penstemons or Knautia.

It is now a good time to prune your spring-flowering shrubs. As a general rule of thumb, if it has already flowered then it can be safely pruned at this time of year. Shrubs such as Forsythia, Camelia and Viburnum will all benefit from a tidy up. Tie in climbing roses, clematis and other climbers. If you deadhead roses as they finish blooming you will certainly extend the flowering season and will often get a second flush in September.

George Turnbull

enquiries@adelgardencare.co.uk
www.adelgardencare.co.uk

History Groups



A History of Richmond Hill

11th June 18:00-19:30

The walk starts at **Leeds Minster** and follows the line of Timble Beck which provided power to the early mills of Leeds. We move on to Crown Point Bridge for a panoramic view of Richmond Hill.

Large 19th century mills front the River Aire at the bottom of Richmond Hill. The housing history of the area is of great interest, including blocks of flats planned at the same time as Quarry Hill Flats. The walk involves climbing the 'hill' of Richmond Hill.

Tickets are essential

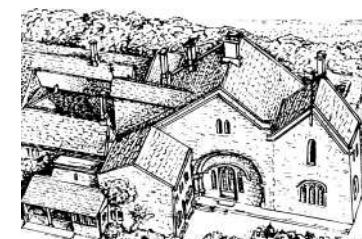
See Civic Trust Website for booking

Tickets are £6 for members
£8 for non-members



Abbey House Museum

in the gatehouse of the 12th century Kirkstall Abbey



The 1152 Club meet once a month on **Tuesdays at 10am - 11.15am**, during term-time. at Abbey House Museum.

Next Meeting **3rd June at 10am**,
The Sheila Bownas Collection
With Natalie Raw

11th July at 10am
The Evolution of Inhalers & Respiratory Care in the Home
with Dr Louise Atkinson.

This is a free, friendly local history group for adults aged 55+, includes a hot drink.

No booking is needed.

Pat Bourne Leeds LS5 3EH
0113 378 4079

or contact

Val Crompton

OPAL Activities

OPAL would like to thank everyone who sponsored Ailsa Rhodes MBE, the CEO of OPAL who ran the Leeds Rob Burrows Marathon on the 11th of May (after vowing never to do it again the last time). She did amazingly and we are all in awe of her determination and hard work.

We would also like to give a massive thanks to a group of our supporters who did the Three Peaks Challenge and raised over £500 and to Janet one of our volunteers who climbed Snowden.

All their hard work is raising vital funds we need to replace our old minibus, having our own minibus means we can offer more support to our members. It is in use all week, bringing members to activities and out on trips. If you see us out and about please give us a wave.



Paxton Horticultural Society will be holding their Summer plant and produce show on **21st June 1:30-3:30** at the Welcome In Community Centre and it looks like there will be

lots of interesting displays as well as lots of plants to buy, so why not come along and enjoy the blooms.

If members are interested in going on any of our trips please make sure you book as soon the booking opens to avoid disappointment, if you can also tell us of any additional assistance you may need on the trip at the same time it makes planning easier.

Thank you again for all your support, OPAL could not function without our volunteers and the wider support of the community.

Contact us

If you like more information about OPAL or any of the activities we offer please contact us on 01132619103, email us on admin@opal-project.org.uk or come in and speak to a member of the OPAL team at the Welcome In Community Centre (55 Bedford Drive, LS16 6DJ).

Shelley Clark (she/her)
Project
Worker
OPAL

OPAL
OLDER PEOPLE'S
ACTION IN THE LOCALITY

Adel Corpse Way



Above: Walking along the Corpse Way footpath, in 2010, from Otley Road, across two farm fields, to the old stile, - then across Church Lane to Adel Churchyard.

In the 17th century, poor families who worked on local farms - or at Cookridge Hall and lived in cottages, would carry their dead along this path (sometimes a child, in a wool body bag) - or they could borrow 'the Parish Coffin' to carry an adult. The bodies were buried, in Adel Churchyard, often with a simple, marked wooden headboard for those who could not afford a headstone. Their names were recorded, from 1606, in Adel Church first Burials Register but not their ages.

We now have new housing on the first, Adel Willows field. The farm field, next to Church Lane, is still a green space, along the boundary of Adel St John's Conservation Area. It is the valued rural setting for our Grade I listed Church,

Adel Corpse Way has become an all-weather, tarmacked, wide track across the field, next to the old stile on Church Lane.

This field, is used by deer and pheasants. It is part of Adel's green corridor with easy access from Adel Woods.

An Interpretation Board, by the stile, facing Church Lane is needed.

Val Crompton

The new track has become very popular with dog walkers and it does create a very quick link for people to walk from Church Lane to Otley Road. Do go and try it out, if you haven't already done so.

Editor

York Gate Update

“Everyone would like to have a herb garden, a little oasis of old-world plants and delicate fragrance” -- so wrote Margery Fish in 1956 in her book “We Made a Garden,” the book which, when it came to gardening, was Sybil Spencer’s bible, according to her son, Robin. And, she continued to write, “that like a Victorian posy, it must be kept very trim to be effective.”

Last July, writing about the Herb Garden at York Gate, I mentioned that plans were afoot to completely refresh the planting for 2025. Unfortunately, the dreaded box blight had infected the iconic box balls and spirals and many of the plants had become straggly and unkempt.

Although tragic, this was an opportunity to study Sybil’s planting records, held in the York Gate Archive, and incorporate some of the herbs she had planted into the new design. Sybil herself acknowledged that “it is in the nature of herbs to need replanting every three or four years – it cannot be said that a herb garden is a very tidy place – but what a fragrant task it is.”

Scent was very important to Sybil, so lots of rosemary, lavender, thyme and sage have been planted, along with pots of various mints. One new addition chosen in memory of Sybil is a *Rosa hugonis*, or Hugo’s Rose, named

for Father Hugh Scanlan, a Franciscan missionary, who sent its seeds to Kew from China at the end of the 19th century, hence it also being known as the Golden Rose of China. It has beautiful lemon-yellow flowers and Sybil planted a standard version of this rose as the crowning glory in the centre of her first herb garden in the 1950s.

The free draining soil in the garden is ideal for herbs but in a break with tradition, a golden gravel mulch has been added which will retain the moisture and reflect the heat, and most importantly, it looks beautiful.

A garden never stands still, and the gardeners at York Gate are constantly reinvigorating the planting whilst always keeping a nod to the past. As we approach Midsummer, I hope you will come along and enjoy the scents and sounds of our new Herb Garden.

“To walk through the Herb Garden on a sunny afternoon, or after a shower of rain, or on a summer evening, is an unfailing source of refreshment.”
Sybil Spencer.

Gillian Smith
Heritage Volunteer

Visit Crag House FARM Garden Nurseries



Select your favourite flowers from over 50,000 homegrown bedding plants, grown in Melcourt peat free compost using recyclable pots. Add wonderful colour to your garden this Summer.

Looking for new tools, compost, plant food, outdoor pots, planters, garden ornaments & accessories we have great ranges NOW IN STOCK



Choose from a range of pretty hanging baskets and pots, filled with our homegrown bedding, ready for you to take home and display. A great gift idea!



Relax in the sunshine on new garden furniture. See the full range of this seasons patio sets in our Garden Nursery.

WE ARE OPEN - MON - SAT 9AM-5PM

Crag House FARM

Crag House Farm - the home of Caring For Life • (0113) 230 3622  
Otleigh Old Road, Cookridge, Leeds LS16 7NH • www.craghousefarm.com

QE Corner

Here it is again..... QE (Quite Enlightening) Corner. You all know that I like trivial information, so for your enlightenment I am presenting you this month with another miscellany of “facts(?)”

Charles Dickens performed as a magician at children’s birthday parties. His act was called The Unparalleled Necromancer Rhia Rhama Rhooos.

A California sea lion named Ronan can keep time with music better than 99% of humans.

According to the Office of National Statistics, the name Steven is now less popular for baby boys than Orion, Loki and Kobe.

Three-fifths of an octopus’s neurons are in its arms rather than its brain.

The Romans used shocks from electric fish to treat gout, headaches, hysteria and paralysis.

In the 19th century, hat feathers were so popular that a single heron feather could cost as much as twice its weight in gold.

Evolution is still at work in humans. The number of people with an extra artery in their forearms is increasing.

The word ‘pink’ originally referred to a murky shade of yellow.

There are vending machines in Japan that offer free food and drink in the event of an earthquake.

In 2024, telecoms company O2 launched an AI chatbot called Daisy Harris who kept scammers on the line by talking incessantly about her cat.

In 1979, when the UK’s first successful heart transplant patient woke up after his operation, his first words were ‘Did Fulham win on Saturday?’

Research into the Dunning-Kruger effect - the theory that the less someone knows, the more they think they know - began after a 1995 failed bank robbery. The thieves covered their faces in lemon juice because they thought it would make them invisible to the security cameras.

The Indian Pacific Train, which travels across Australia from Perth to Adelaide, has its own unofficial timezone.

Sushi was invented in China.

In order to encourage people to eat potatoes, Marie Antoinette wore potato flowers in her hair.

Trevor Cole

Adel Players

Review of “Separate Tables” by Terrance Rattigan

The Adel Players production was “in the round” (or maybe oblong!). This meant that the audience were close to the action - almost involved rather than observing. The large set was impressive – two “rooms” in a private hotel in Scarborough – the dining room and lounge, with a view into the back corridor to the office and an exit into the garden. The first half was set in 1954, an era remembered through the medium of TV at least. Congratulations to the set designers, sound effects and all involved as it was a convincing setting for the drama.

The dining room was opening for dinner and as the guests took their places, we noted that they were mostly female with furs much in evidence, and all but two were elderly. Another guest was introduced – a middle-aged woman smartly dressed in fashionable clothes – no furs. We learn later she was a former model. The conversation in the dining room enabled their characters to emerge and showed how each coped with getting old, being lonely and in straitened circumstances. These insightful observations on human behaviour could have been sad, but the pace and an unfolding dramatic storyline meant it wasn’t. We watched the effect of the

new guest on the others, particularly on a male guest, who it transpired, was a former husband she had tracked. After an acrimonious and enlightening conversation, he disappeared and reappeared next morning in the lounge, exceedingly drunk. This led to further revelations and a dramatic turn of events – demonstrating the destructive power of love.

For the second half we were back to the same hotel but eighteen months later. The warring couple were absent, the hotel staff were unchanged – a put-upon waitress and a very charming, wise, female hotelier and the two young people were now a married couple with baby (a very realistic, if quiet, one). Two other guests had appeared – an army Major and the daughter of one of the elderly female guests. Much of the action in this half took place in the lounge – and basically centred around the unmasking of the Major as a fraud and sexual predator and how it was dealt with. But there were other issues explored too – the effect of a dominant woman on her daughter was one. This doesn’t sound as if there was much room for humour, but there was plenty, which lightened the tension and relaxed the audience.

I thought it a wonderful play – allowing us to observe and have a greater understanding of some aspects of

human behaviour via a performance rather than life and suggesting we should not jump to conclusions and judgement. A valuable lesson! The Adel Players did the play full justice, with superb performances from cast of twelve – quite some achievement.

Most parts required were demanding verbally (some physically) and it is testimony to their performances and production, that we were quite shocked when we realised that it had kept us engrossed for the best part of three hours (less the interval).

Ann Lightman

Unfortunately, you will have to wait until October for the next production by Adel Players.

They will be starting their new season with **'The Incident Room'** by Olivia Hirst and David Byrne, a tense play about the biggest police manhunt in British History, the hunt for the Yorkshire Ripper.

It will be on from **Wednesday 15th to Saturday 18th October**



What's On

Headingley Flower Club at Bramhope

Wednesday 4th June

Workshop

7pm Guests are welcome.

Bramhope Village Hall,
Old Lane, Bramhope. LS16 9AZ

Contact Mrs Jean Money

Tel 01924 468714



Sunday 22nd June Adel Fête and Open Day

12noon to 5pm

At Adel War Memorial
Association's grounds and halls in
Church Lane.

This year's fête will be themed to commemorate the 80th anniversary of the end of the Second World War. We are planning some 40's themed fancy dress and a kid's ration book treasure hunt.

There will be the usual chance to have a go at various sports, visit stalls, buy ice cream and enjoy a barbecue, to name just a few of the delights on offer.



Eccup 10 Race

On **6th July** this year the country lanes around Adel will be clattering with the feet of over 800 runners as they set out on the 32nd staging of the Hollybank Eccup 10 race. The 10 mile race is the main annual event for the North Leeds based Abbey Runners and is one of the most popular road races in the region.

The race's origins were as a three day event which saw competitors run 5k on Friday, 10k on Saturday and 10 miles on Sunday. The 10 mile race was the runaway success though and no wonder, as the route is tremendous. It sets out from the picturesque village of Adel passing the iconic Adel St John the Baptist Church and York Gate Garden and then wends its way out towards Golden Acre and along King Lane to Eccup Reservoir. The section around the reservoir is particularly special as it follows a woodland trail deeply shaded by trees before bursting out to an open view of the water. The route then follows an undulating path around Eccup Moor Road, Eccup and Black Hill Lane. There is a bit of fun involved at Five Lane Ends as the runners pass this point three times during the race, each time taking a different path, before the final uphill dash back to Adel.

The Abbey Runners are a family friendly club with a very lively junior section so we try to make sure the

day gives something for everyone. In addition to the main 10 mile race there are junior races on and a fun run on the adjacent Bedquilts Fields. Then of course there are the famous homemade cakes and tea served in Adel St John Primary School.

One of the main aims of the race is to raise funds for charity. The race has been associated with the Hollybank Trust since 2011. The trust provides education, therapies and care for young people and adults with profound and multiple disabilities. In addition club members nominate a local charity to receive funds, this year it is St Vincent's Centre in Leeds.

We are very grateful to our sponsors: Addleshaw Goddard, the Grammar School at Leeds, Grant Thornton, Mr John Hall, Hallam Solicitors, Otley Garden Centre, Adel St John the Baptist School and Yorkshire Water. We would love to invite local residents to join in, whether it's to run, bring the children or cheer.

For information; The main race begins at 9:30; road closures will be in place from 9am to approx 12:30; further information is available on the Abbey Runners webpage <https://www.abbeyrunners.co.uk/races/eccup-10/> ; main race entry at <https://racebest.com/races/2rfeg> junior races at <https://racebest.com/races/tq9xa>

Barry Anderson

Cricket Square, Bedquilts

A number of residents noted that the cricket square had been severely damaged whilst the grass was being cut. I've just received confirmation from Parks Department that this is due to be replaced in May, and hopefully by the time you read this it will have been and you will have enjoyed playing on it.

Lithium Batteries

I have been approached about the issue of how to dispose of lithium batteries. The current response from the Council is: "We are in the process of reviewing the acceptance of these batteries at the council's Household Waste sites. Factors to take into consideration are the health and safety implications for our operations, the sustainability of recycling arrangements we could put into place and the wider context of where obligations for this waste stream lie. It's a complex issue that needs a strategic approach, we are working to clarify our position."

Lawnswood Update

I have received an update on the current position with the work on the Lawnswood Roundabout: "Utility companies Vodafone and Northern Powergrid have both now completed their advanced works, and landscapers

are working on tree relocations and site clearance. Yorkshire Water are currently undertaking investigatory works. Depending on the outcome of this work, they may have to return to undertake follow-up works. With regard to the main works contract, the tender period will close on Friday 2nd May. Once the evaluation period has been concluded and a contractor is appointed, we will issue a further update with the proposed start date."

Travel To School

There is a consultation underway on secondary school transport. The link to take part is www.yourvoice.westyorks-ca.gov.uk/school-travel. This runs until 11th June. The Authority have advised that this information will help agree a new policy, which will affect the secondary school bus services they contract from September 2026 onwards at the earliest. The survey does not apply to transport for children with special educational needs or disabilities.

Holt Lane/Otley Road junction

I have been asked by a number of residents if anything can be done about the problems at the above junction with cars being stranded in the middle of the junction making it difficult for pedestrians to cross as well as other issues for drivers. I took

Please support our advertisers and mention Adel Bells

this up with the Highways Engineer and have received this reply in April:

"I have proposed to introduce a yellow box marking on Otley Road, to give space for traffic from Holt Lane to pull into, in busier periods. This would give space for some vehicles and allow a more regular flow of traffic. I am clearing this with colleagues from Urban Traffic Management Control to ensure it does not impact the sequencing of the signals themselves but unless I advise otherwise, we will be taking this forward. I would anticipate approximately 6-8 weeks to implementation, based on current contractor workloads."

Residents-Only Parking

I often get requests for resident-only parking. There is strict criteria for this. To consider residential permit parking there is a 3-stage criteria, all of which

must be met to warrant such intervention. This is to ensure that the public highway, which is available for all to park upon, is managed in a fair manner to ensure that parking availability is provided for all, unless there are unreasonable and extenuating circumstances. The criteria is: 1) There is an all-day parking problem linked to a major traffic generator such as a hospitals, university or shopping centre, 2) residents do not have any off highway parking spaced within their homes and 3) residents are unable to park in close proximity to their homes when they return to the area

Cllr. Barry Anderson

Adel & Wharfedale Ward

Direct Dial 0113 3367742

www.barryanderson.org.uk

Twitter/X @barryanderson19

Billy Flynn

Hi all

Home Security - be aware

Now that better weather is here, notably the early Indian Summer we are having as I write this in early May, please be aware that although you are very unlikely to be targeted by criminals, they are about. The following advice may seem obvious, but it is amazing how often we all make silly mistakes, me included.

Please do not leave windows and doors of your home or garage unsecured if you are in the garden or outside of the house. It only takes a few minutes for ne'er do wells to be in and out of the house. Similarly, if you are gardening or doing work outside of the house, please do not leave tools unattended. Thieves will take advantage of the slightest opportunity to take equipment left unattended even if left for a few minutes. You often see caged flatbacks

touring the area and they may resemble council vehicles. While most are performing a decent service of removing old white goods or unwanted metal, the odd one or two may not be genuine. It only takes a few seconds for valuable tools to be removed, and the thieves are rarely seen. Just to stress that this is very unlikely to happen to you but there is no point in inadvertently providing an opportunity for the random thief.

Covid 19 – Spring Vaccination/ Booster programme

Do not forget that the current vaccination programme runs until 17 June. It covers the over 75s, care home residents for older adults and those with a weakened immune system who qualify. NHS advice is that residents who are still waiting for the vaccination should take the initiative to book an appointment rather than wait to be contacted, although someone may well get in touch with you too. The National Booking Service can be accessed via the following link, nhs.uk/bookcovid or if you do not wish to or cannot book online, you can ring 119 free of charge.

Local services – a library or community centre?

I mentioned last month the multitude of services offered at the Holt Park Library now called the Holt Park Community Hub and Library to reflect the wide number of services and events on offer. A monthly timetable

of what is on offer is now available. For example, in May they range from the NHS – maternity services, dietician, counselling - as well as smoking cessation and many others, including digital drop ins for advice on how to make best use of IT. If you would like a copy of future programmes of events please let me, know and I will forward them on.

Adel Square development – almost ready

The development is now well advanced with show houses open for viewing, and the first homes ready for occupation this summer. The care home onsite is rapidly taking shape and is much larger than I anticipated. Advent, the developer intends to hold another open day at the site to allow local residents to see how the site is progressing.

If you would like further information on the issues above or have questions about anything else in the ward, please do contact me.

Telephone 07810 640282

or email billy.flynn@leeds.gov.uk



The advertisement for CareYourWay is set against a purple background with abstract shapes. At the top left is the CareYourWay logo with the tagline 'Our family caring for yours'. At the top right is a circular badge for 'TOP 20 HOME CARE GROUP' with 'AWARD 2021' and the website 'homecare.co.uk'. The main headline is 'Expert-Quality Care at Home' in a large, white, cursive font. Below this is the text 'by our family-run, award-winning team.' followed by a paragraph about the company's history and commitment to quality care. The phone number '01133 227736' is prominently displayed. A quote from a 'Daughter of Family' is included. The bottom half of the ad features a photograph of a smiling caregiver in a purple uniform holding a white mug, sitting next to an elderly woman who is also smiling and holding the same mug. The website 'www.careyourway.co.uk/area/leeds' is at the bottom.

careyourway
Our family caring for yours

TOP 20
HOME CARE GROUP
AWARD 2021
homecare.co.uk

Expert-Quality Care at Home

by our family-run, award-winning team.

Welcome to CareYourWay, a family-run, award-winning home care provider committed to delivering the highest quality care. Inspired by personal experience nearly two decades ago, our CEO and her husband set out to improve care standards after witnessing the inadequate care her father received during his battle with terminal cancer. They believed they could offer the same level of care they would want for their own family.

01133 227736

"No words can truly express the level of support you've given us."
- Daughter of Family

www.careyourway.co.uk/area/leeds

ADEL WAR MEMORIAL ASSOCIATION

Adel Sports and Social Club



Archery, Badminton, Bowls, Cricket,
Football, Hockey, Lacrosse, Snooker,
Softball, Squash and Tennis are all
played at Adel

Most sports have **Junior Sections**
with fully qualified coaches

Social Membership just £20 per year

Adel Players produce 3 plays per year

Tickets can be obtained from
boxoffice@adel-players.org.uk



Rooms available for Hire

From the main hall for weddings and special
events to smaller rooms for office training days,
children's parties, meetings etc.



Lounge and bar facilities available for
Funerals and events during the day

For details contact Eszter Saxton on
07765 427 290 or
awma.manager@virginmedia.com

Alternatively please check out our Web site
www.adelclub.co.uk



Fun characters having great
adventures written to promote:

- ✓ Being good friends
- ✓ Embracing differences
- ✓ Taking care
- ✓ Having lovely manners
- ✓ Learning who may keep them safe

Join the Cones and enjoy the fun!

Available from all good bookshops and on
line, "Meet the Cones" and "Cones Make
New Friends" introduces the Cones, how
they come alive and how they become
friends. The Cones series of books is written

to be fun to read while helping
children learn to live with
each other in the best
possible way but always with
safety as their first priority.



www.fisherkingpublishing.co.uk

Helping children learn to
live and play within
parameters based on
moral and ethical values.

e: chris@theconesbooks.com
m: 07841 436765



Thank you so much for visiting
our school. The staff and
children thoroughly enjoyed
hearing about The Cones.

Hilary Ryder
St Winefrids School

Good books to read to the
grandkids, it had them asking
questions about road safety,
which is always good.

J Pitts

Excellent books that
my son absolutely
loves. Well written,
with great
illustrations.

Philip Butler



Books
available
from all
good book
stores and
online



"The Cones is a great idea"
Sir Jonathan Thompson

"I can see huge potential to engage in the superb work that you are doing."
James Ramsbotham
Chair - Newcastle Building Society

"The Cones book and the wider educational impact it delivers is a fantastic idea. The author is so inspirational."
Dr Julia Morgan – Leeds Beckett University



ROXTON TREE SERVICES

ALL ASPECTS OF TREE WORK UNDERTAKEN

Large and dangerous trees safely removed All work carried out to British Standard 3998

Crown lifting and general pruning

Tree Preservation Orders checked

Hedge reduction/removal

Seasoned logs for sale (free delivery)

Stump grinding

Woodchip available

Fully Qualified and Insured

FREE QUOTATIONS

tel: **0113 268 2235** mobile: **07773 298 770**

e-mail: **roxtontreeservices@gmail.com**

roxtontreeservices.com



6 Floors of Beds & Bedroom Furniture

Bedside Manor

108 – 112 Burley Road Leeds LS3 1JP

(Behind Yorkshire Television)

0113 24 25 600

Email: BSM6floors@aol.com

See us on Facebook

Our family business has been supplying quality beds and bedroom furniture to discerning customers for over 22 years.

We know just how important it is for you to make the right choice for sleeping comfort and to suit your lifestyle.

Our personal service assures you of the best advice to help you select from our wide ranges of mattresses, divan beds, bedframes and bedroom furniture.

Bespoke options are also available so you can achieve the look to complement your bedroom

Come along and see us: We're open 7 days.

Bring this with you and receive an extra 10% off*

*Excludes Sale Items



Two outstanding care homes in Yorkshire



Adel Manor and **Guiseley Manor**, both located on Otley Road, are outstanding care homes offering residential, dementia and 24hr nursing care.

Part of New Care, the two Yorkshire facilities provide expertly designed home-from-home environments, with residents benefiting from individual person-centred care. They feature private bedrooms with en suite wet rooms, stylish communal lounges and dining rooms, a hairdresser and nail salon, plus beautifully landscaped gardens. A chef prepares nutritional meals daily whilst the wellness team coordinate stimulating activities

This what some of our residents and relatives had to say:

"Excellent!"

"Very attentive service from the minute you walk through the door."

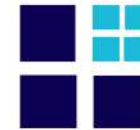
"The facility is exceptional."

"Every member of staff shows kindness, support and care."

For more information, or to arrange an appointment to view either **Adel Manor** or **Guiseley Manor**, please call the team on the numbers below or email enquiries@newcarehomes.com



Guiseley Manor Care Centre Otley Road, Guiseley, Leeds LS20 8FE Tel: 0113 323 0200
Adel Manor Care Centre Adel Gardens, Otley Road, Leeds, LS16 7FP Tel: 0113 841 1000
newcarehomes.com



Adel Wills Ltd
For Wills and Lasting Powers of Attorney

Lasting Powers of Attorney and Wills

- Friendly and Professional Advice
- Home Visits
- Local Independent Business
- Fixed Fees

Please call Jane Wintringham BA (Hons) Law, MIPW
on

07931 369813 or 0113 305 3604

email: jane@adelwills.co.uk

www.adelwills.co.uk



A member of the Institute of Professional Willwriters.
This firm is compliant with the IPW Code of Practice

MSC Joinery Building & Roofing Services Proudly supports Adel Bells



LABC Award-winning builders with over 35 years experience.
Quality workmanship guaranteed

07802816611 ♦ 07971810690

msc.cornell@btinternet.com

msc-building.co.uk



TRUSTED FINANCIAL ADVICE



Kevin's financial advice was invaluable to me. His friendliness and deep knowledge made me feel at ease, and his extensive experience truly stood out."

- Mrs Ellis, 67

NAVIGATE WITH CONFIDENCE

We have supported our community with personal, straightforward financial advice for over 10 years, including:

- Convenient Home Visits
- Retirement Planning
- Savings & Investment Guidance
- Tax Efficient Strategies
- Estate & Inheritance Planning

Our friendly, jargon-free support is compassionate and down-to-earth. Our service simplifies financial planning and gives you peace of mind with ongoing support.

Free First Meeting: No cost, no commitment—just a relaxed chat to discuss your goals and how we can help.

Kevin Morrison
Financial Planner & Certified Coach

✉ kevin@palmfinancial.co.uk

☎ 07392 505289

🌐 www.palmfinancial.co.uk

Palm Financial Management Ltd is authorised and regulated by the Financial Conduct Authority. FRN 593725.



Matthew Holmes

*Domestic and Commercial
Painter and Decorator*

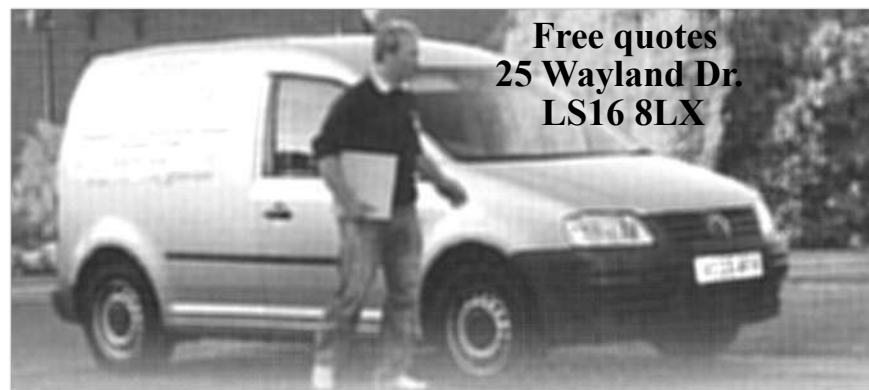
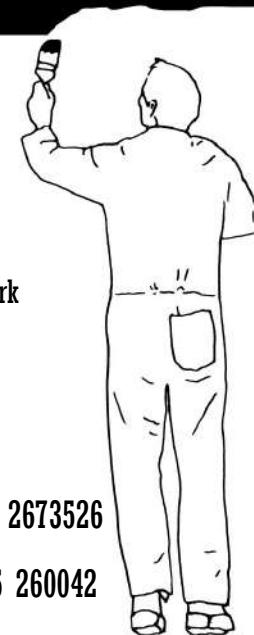
High quality work
Clean, reliable, friendly
Over 26 years experience

Interior & exterior work
Paper hanging
Coving

4 New Adel Avenue,
Adel, Leeds, LS16 6BE
Email: mholmesdecorating@live.co.uk

Home: 0113 2673526

Mobile: 07725 260042



Free quotes
25 Wayland Dr.
LS16 8LX

ADEL TILING SOLUTIONS

Brian Hurst has over 20 years experience in tiling. If you are looking for an experienced local tiler to get the job right, first time, call **0113 368 9769** or **07712 896711**, email: brian_hurst@msn.com
No job too big or too small. Cleaning & re-grouting/ silicone removal, ceramic floor & wall tiling inc. mosaic & stone products.

ADEL GARDEN CARE

Is your garden in need of some extra care?



We are experienced in all aspects of plant care including border maintenance, weeding, pruning, training climbers, wildlife gardens, renovating shrubs. We install fencing & decking, jetwash patios, revitalise ponds.

**Contact us for a free estimate:
07815 206610**

www.adelgardencare.co.uk

enquiries@adelgardencare.co.uk

SLATER'S FUNERAL SERVICE

Genuine Independent Family Business

Established 1884

138 years caring for the deceased and bereaved families, offering a personal, caring and dignified

24 hour service covering all areas

**Oakford House, 291 Low Lane, Horsforth,
LS18 5NU**

Tel 0113 258 2395

www.slatersofhorsforth.co.uk

Please support our advertisers and mention Adel Bells



Is your home office a little like this?

Maybe admin is just not your thing!

Call me today about being... 'Your P.A.'

Enhanced DBS Certificate – Efficient – Effective – Reliable – Trustworthy

David Bransby

07853 257 662



Naomi Claire INTERIOR DESIGN

Serving Adel and the surrounding areas, I specialise in designing bespoke interiors, helping you create a practical and beautiful home that reflects your lifestyle.

All types of interior design work offered:

- colour and fabric schemes
- space & layout
- furnishings, upholstery & cabinetry
- project coordination

Get in touch to discuss your project.

07855 027119

contact@naomiclaireinteriors.com

www.naomiclaireinteriors.com

Only 5 Clues General Knowledge

Across

1. TERROR
3. SHRIMP
4. RHODES

Down

1. TASTER
2. RAPIDS

Only 5 Clues Cryptic

Across

1. OODLES
3. FLOCKS
4. EDISON

Down

1. OFFICE
2. SISKIN

The Decoded Message

ADEL BELLS

Local health and fitness club



Offering a friendly gymnasium, fitness studio, leisure pool, spa pool, steam and sauna rooms

Come along for a free trial
Or for more information on membership call

0113 2699010

Hannah.bullock.020@jupiterhotel.co.uk



Feel Good Health Club
Mercure Leeds Parkway
Otley Road
Bramhope, Leeds LS16 8AG



Trade and DIY Welcome

Our family business supplies a wide range of garden and landscaping materials from our quarry in Bramhope, Leeds



Topsoil, sand, gravel, slate and many types of stone. Available loose or in bags. Collect or delivery.

Blackhill Quarry
Kings Road, Bramhope, Leeds LS16 8BG
T: 0113 267 4386
Open: Mon-Fri: 7am-5pm, Sat: 7am-1pm

www.
MONE BROS DIY
.co.uk

Adel Pharmacy

141 Long Causeway
Adel Leeds

♦ Enquiries, please phone 0113 230 0351

♦ Excellent parking

♦ Collections & delivery of prescriptions where necessary, free of charge week days only

Monday	8.15-12.30 14.00- 18.00	Thursday	8.15-12.30 14.00-1700
Tuesday	8.15-12.30 14.00-17.30	Friday	8.15-12.30 14.00-18.00
Wednesday	8.30-12.30	Saturday and Sunday	CLOSED

Aerial Solutions

A Family run Leeds business with over 30 years experience

All work guaranteed
Debit & Credit card payments welcome
7 Day Service
Extra TV/Sky points from £40
Dish & Freesat Installations
CCTV Installations
OAP Discount
Ring 0113 512 6127
FREE 0800 328 7517
*on all supplied & installed equipment



D. P. A. FLETCHER
(BUILDERS) LTD

**All aspects of Building, Joinery
& Property Repairs**

(with over 30 years of experience)

Tel: 0113 263 0515

jackie.dpafletcherbuilders@gmail.com

Padd Hair Studio



6 The Crescent
Adel, Leeds - LS16 6AA
Tel: 0113 267 4388

Opening Hours:

Tues	Wed	Thurs	Fri	Sat
9am-3pm	9am-4pm	9am-7pm	9am-4pm	8am-2pm

*Life is more
beautiful
when you
meet the right
hairdresser.*

Looking for a fresh new look? All of our stylists are highly-trained in all aspects of hair care, colouring, cutting, contemporary trends and styles. We respect the diversity of our clients and a warm welcome awaits everyone. ☕

Introductory offer for new clients:
Cut and Style £30



**R. Pearson
Electrical and Plumbing**

R Pearson Electrical and Plumbing
All aspects of Electrical and Plumbing work undertaken

Consumer unit upgrades/ periodic testing
Internal and External Electrics and Lighting
Electric and Gas Cooker/Hob Supply and Installation
CCTV Security Systems and Intruder Alarms
Flat Screen TV and AV Installation
Fault finding and rectification
Gas Safe Repairs
Boilers and Boiler Services
Leaking Taps
Radiator Changes
Bathrooms
Outdoor Taps



Free Quotations
Tel: 07796000600

enquiries@rpearsonelectricalandplumbing.co.uk
www.rpearsonelectricalandplumbing.co.uk

SERVING FAMILIES FOR GENERATIONS



FUNERALS FROM £995*
Unattended Funerals | Chapel Service
Attended Funerals

J. E. Spence Funeral Service
Lawnswood Funeral Home, Otley Road,
Adel, Leeds, West Yorkshire LS16 8AA
0113 268 2842

We're here for you anytime.
Whatever your wishes or budget,
we can provide a funeral to suit you.

J. E. Spence
*Taking the greatest care
in and around Leeds*

DIGNITY
FUNERAL SERVICES

dignityfunerals.co.uk/local

*Pricing is correct at time of going to print and is subject to change. Price stated is for an Unattended Funeral

Lawnswood YMCA

ttc
Table Tennis Club

**Winners of the Leeds League division 1 championship
for the last six years.**

We are open to new members, adults and especially youths and
children of any ability from beginners to advanced players.

Coaching is available with a Table Tennis England registered level 3
coach on a group or 1:1 basis.

We are holding open 'come and try' sessions on Monday and Tuesday
evenings between 5pm to 7pm during June. If you're interested in
coming along please book in advance by emailing
Secretary.YMCA.Lawnswood@outlook.com
Bats and balls can be provided.



**Proud to be
supporting our
local community**

READY TO TAKE YOUR CALL
8AM-8PM
7 DAYS A WEEK

APplastering



Fully qualified plasterer
over 30 years experience
Fully insured
All plastering work undertaken
Internal and external
No job too small from
patching to full house

For a competitive quote
call Andy on 07814705238

LAWRENCE GAUNT
OPTICIANS

Ireland Wood Surgery
Iveson Approach, Leeds, LS16 6FR

**Professional
Comprehensive Eyecare
Family Opticians since 1978
Personal Service
Friendly Independent Advice**

0113 267 9547

info@lawrencegauntopticians.co.uk
www.lawrencegauntopticians.co.uk
professional eye care with a smile

Full wheelchair access
Free on-site parking
Home visits available

QUALITY CARE IN YOUR OWN HOME



 0113 340 6000

 northleeds@rightathome.co.uk

 www.rightathome.co.uk/leeds-north

Personal Care & Companionship - Dementia Care

Home Help & Shopping - Holiday & Respite Care

Hospital to Home - Medication Support

Kip
McGrath™
EDUCATION CENTRES

HELP YOUR CHILD REACH THEIR
**FULL LEARNING
POTENTIAL**



Primary - Secondary • Qualified Teachers • Personalised Learning Programmes

At Kip McGrath, our focus is to help your child reach their full potential.

We make learning fun and engaging to improve results. You will receive progress reports and updates to track your child's improvement.

English and Maths Tuition



In Centre



Online

Book a **free** assessment today

Adel 07815 760509

485 Otley Road LS16 7NR

kipmcgrath.co.uk/leedsadel



North Leeds Physiotherapy and Sports Injuries Centre

Sarah Beldon MCSP HCPC
The Police House
Church Close
Pool in Wharfedale
LS21 1LN

Please ring 07908 151 241
Daytime and evenings available
Home visits still available within reasonable
distances.

APPI Physiotherapy led modified Pilates Classes in
Adel Stables—days or evenings



Female painter and
decorator
20 years' experience.
Professional and reliable
Tel: 07398 882 306 or
Email
harperddiy@gmail.com
Taking bookings for
2025



Supply & install **Garage Doors**, fully
automated, Sectional, Rollers, Up&Over
& more, from new installs to repairs we
are family run with over 20 years'
experience. All doors have built in safety
& courtesy light with 1000's colours,
Police rated & Insurance approved as
standard!

Now recognised as Yorkshire's leading
Somfy expert and home automation
specialist, we also supply & install
motorised **Awnings & Blinds**

Web: blueberryautomation.co.uk
Email: blueberryautomate@gmail.com
Phone: 07479 662021 0113 824 6286

Foot & Ankle Massage

Enjoy the relaxation of a therapeutic massage with elements of reflexology

The health benefits may include but are not limited to:

Relief from pain and swelling in the feet and ankles
Improved circulation in the feet and legs
Stress reduction and relaxation
Enhanced energy and mood
Improved sleep

Appointments available at:

Welcome In Community Centre
55 Bedford Drive
Ireland Wood
LS16 6DJ

Nicole Lavin Neuro Rehabilitation
Unit 3, Rawdon Business Park
Rawdon
LS19 7BA

Call Nick Simpson on 07751 078787

(BSc Hons Podiatry, Diploma Thai Foot Massage)

£40 - 30 minutes treatment - Sensation and circulation check at the first appointment



LOCAL PROFESSIONAL LOCKSMITH

24 HOUR CALLOUT WITH NO CALL OUT CHARGE

10% DISCOUNT FOR OAP's AND STUDENTS

New Locks Fitted - Changed - Replaced Burglary Repairs & Boarding Up

Snapped Keys in Locks - Fixed Defective Locks Repaired Replaced

Locked Out? Rapid Response - 20 MINUTES

UPVC Window & Door Specialists

All Types of Locks & Keys Supplied British Standard Locks Fitted

TEL:07947160788

Index of Advertisers

Aerials & Satellites		Leisure Interests	
50	Aerial Solutions	37	Adel War Memorial Association
Beds		38	Meet the Cones
40	Bedside Manor	54	Table Tennis Club
Home Improvements		Locksmith	
42	MSC	58	The Lockdoc
47	Interior Design	Opticians	
50	DPA Fletcher Ltd	54	Lawrence Gaunt
54	APplastering	Painters & Decorators	
57	Blueberry Automation	44	Matthew Holmes
Building Supplies		57	Harperddiy
49	Mone Bros.	Pharmacies	
Education		49	Adel Pharmacy
56	Kip McGrath	Services	
Electrical & Plumbing		46	David Bransby
52	Pearson	40	Roxton Tree Services
Estate Agents		45	Adel Garden Care
53	Manning Stainton	Tiling	
Food Outlets		44	Adel Tiling Solutions Ltd
28	Caring for Life	Wills & Finance	
Funeral Directors		42	Jane Wintringham
45	Slater's	43	Financial Advice
53	J E Spence Ltd		
Hair and Beauty			
51	Padd Hair		
Health Care			
36	Care Your Way		
41	Adel Manor Care Home		
48	Mercure Health Club		
55	Quality Care in your own home		
57	North Leeds Physiotherapy		
58	N. Simpson, Foot & Ankle Massage		

Church Services in June

Sunday 1st	Sunday after Ascension Day	
	8.30am	Holy Communion (BCP)
	10am	Parish Communion
	6.30pm	Evensong
Wed 4th	11am	Holy Communion followed by coffee & biscuits
Fri 6th	1.30pm	J Js (for the under sixes)
Sunday 8th	Pentecost	
	8.30am	Holy Communion (BCP)
	10am	Parish Communion
	5pm	ACE meeting in the Stables
Wed 11th	11am	Holy Communion
Sunday 15th	Trinity Sunday	
	8.30am	Holy Communion (BCP)
	10am	All Age Service with Communion
	6.30pm	Choral Evensong followed by light refreshments
Wed 18th	11am	Holy Communion
Thurs 19th	3.15pm	Holy Communion in the Stables, with tea & coffee
Sunday 22nd	First Sunday after Trinity	
	8.30am	Holy Communion (BCP)
	10am	Parish Communion
	5pm	ACE meeting in the Stables
Wed 25th	11am	Holy Communion
Sunday 29th	Patronal Festival	
	8.30am	Holy Communion (BCP)
	10am	Parish Communion with confirmations

Junior Church is held during term time, but not on the 3rd Sunday when there is a 10am All Age service, with communion, and children are welcome for the whole of the service in church.

ACE is a group for school year 4 and above. We meet in the Stables in term time to discuss our faith and play silly games. Ace+ start s at 6pm on 2nd Sunday of the month in church (at the Ace communion) and 6.15pm on 4th Sunday of the month in the Stables.