



2nd March

Ash Wednesday

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The Parish Church of St John the Baptist, Adel
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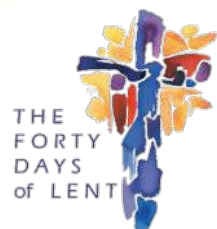
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Rediscover
Lent
P.7

Adel PCC Members 2020–2021

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Baptisms

30th January

Daisy Nell and Ettie Eliza,
 daughters of Michelle Ann and
 Robin Dylan OWEN

Clara Beatrice and Reuben Dylan,
 children of Alexandra and Robert
 Benyon

6th February

Peggy Smithson, daughter of Sarah
 Lowry and Will smithson

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20th January

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27th January

Frank Stoker

31st January

Betty Gildon

10th February

Pauline Watson

Burial of Ashes

22nd January

Kathryn Yvonne Ward

4th February

John Pitts



Festival & Feasts

2nd March

Ash Wednesday

19th March

Joseph of Nazareth

25th March

Annunciation of Our Lord to the
 Blessed Virgin Mary



A prayer you can add your own words to

Heavenly Father, during this time of reflection I remember how you lived the life I ought to have lived. You showed us how to resist temptation during your time in the desert, and through the life you led here on earth. As this Lent season begins, remind me that I am but dust. I can do nothing without you. Help me to see the world through the eyes of those in the first Lent season, who awaited a Saviour and awaited new life through you. Thank you for your sacrifice on the cross, and as I refrain from help me to use that time I would spend on to pray, reflect, and thank you.
 Amen.



Church Open for Visitors
 Monday and Saturday 1.45pm to 3.45pm



**We aim through Christian worship, word
and action to celebrate and share the love of
God with our neighbours**

From the Editor

Two years ago, I wrote about what we were planning for Lent and encouraged you all to “be prepared to be shaken out of your routine” by trying something new. Little did any of us know that most of those opportunities would be either cancelled or put online. This year, however, we have reason to be optimistic that everything we are planning will happen, so study this magazine carefully, and make sure you don’t miss out this time.

I wonder what you will do. Don’t forget to look on the back cover to see the full range of church services now taking place. For those of you who prefer a quiet church, why not

think about joining Alison for Morning (8am) or Evening Prayer (5pm) - details on page 7. It may be you have never done this before, so why not take the opportunity that Lent offers to give it a go and you may even enjoy the quiet beauty of the churchyard at a different time of day.

Looking ahead to June, I am sure you need no reminding that we shall be celebrating the Queen’s Platinum Jubilee. Some of you may have memorabilia relating to the Queen and her 70 years of service to our country. You may have books, items of china, specially minted coins or photographs. At Adel Church we shall be organising something (see page 16) and we could put on a display of memorabilia, if you would be happy to lend it for the day. Do let us know.

Marjorie Cole



Don’t forget!
**Clocks go forward
on
Sunday 27th March**

Rector Alison’s Letter

Time to slow down again

Dear Friends

Amazingly it is almost two years since we first heard of Covid 19, and were suddenly plunged into ‘lockdown’. What followed was challenging in many ways – and continues to be so. But I do remember how many of us were surprised to find joy in the enforced slowing of our lives.

For a while at least, parents enjoyed not having the rush of delivering children to numerous activities. Those working from home were glad not to face the daily commute. We could stop to enjoy nature, without the challenge of traffic. We made time to stop and chat with those we passed on our daily walks, as this was often all the company we had.

It has of course been a blessing to gradually resume our lives: what a joy to see youngsters playing sports on the playing fields; how wonderful to share food and more with family and friends. But along with the loss and grief – especially for those who died – I think it’s worth remembering the blessings we found in the forced slowing of our lives.

With March this year comes the season of Lent. This is traditionally a time to try to look at things differently. We often do this by giving

something up, but perhaps some intentional slowing down would do just as well.

In February I had the privilege of a short retreat at St Hilda’s priory in Whitby. This was a time of slowing down in many ways and a chance to spend time in prayer and reading. But oddly, I was most aware of the gift of slowing down when it came to mealtimes.

The sisters eat most meals in silence. This means mealtimes are shorter than when there is conversation – but I found it also automatically slows the act of eating. With nothing else to focus on, you are more aware of the food, its textures and flavours and how good it tastes. With the words of pre-dinner grace in your ears, you are somehow more aware of those less fortunate. The silence is a gift – and a challenge.

My retreat reminded me of the importance of slowing and focusing on what is around me – both in enjoyment, and in prayer. I will try to put aside a little more ‘slow time’ this Lent, and invite you to do the same. You may find it is a chance to listen to God’s promptings – or just to enjoy some of the blessings of your life.

There will be other opportunities to look at life differently this Lent – details are elsewhere in this magazine.

Do consider joining in; and whether you attend everything, or simply rediscover the joys of slowing down a little – may this Lent be a time of blessing for you and your loved ones.

With love and prayers
Alison

(Re)discover Lent

For hundreds of years Lent has been a time of deepening our faith as we prepare for Holy Week and Easter – the heart of our Christian identity. Although the best-known Lenten discipline is that of fasting – ‘giving something up’ – it is also a time when we are invited to spend a little more time in church, or in studying together.

This year at St John’s there are a variety of opportunities to mark Lent in some way, and so ready ourselves for Holy Week and Easter.

Ash Wednesday

This marks the start of Lent – it is traditional to receive the sign of the cross in ash on our foreheads, to remind us of our need of God. This year Ash Wednesday is on 2nd March – there will be communion services at 11am and 7.30pm with ‘ashing’. If you have never experienced this before – do come along.

Daily Offices

Morning Prayer is said at 8am in church Mon, Tues, Thurs.
Evening Prayer is said at 5pm, Mon,

Tues, Weds, Thurs.

In addition Compline (night prayer) will be said on Wednesdays in Lent at 7.30pm.

Lent Course

This is based on the Archbishop of Canterbury’s Lent book, ‘Embracing Justice’ by Isabelle Hamley. It invites us to examine what the bible teaches us about justice, and asks what this says about how we should live as Christians.

Session 1 – ‘In the image of God he created them’ – What is justice?

Session 2 – ‘Let my people go’ – Exodus and stories of freedom for today.

Session 3 – ‘Do justice, love mercy’ – Building communities of justice

Session 4 – ‘The word became flesh’ – What does incarnation tell us about justice?

Session 5 – ‘Bringing good news’ – Justice in the shape of the cross.

There are two chances to join in each session:

Tuesday evenings at 7.30pm (8, 15, 22, 29 March, 5th April) online via Zoom.

or Thursday mornings (3, 10, 17, 24, 31 March) in person in the Old Stables.

Lent is a good time to try something new – so please consider joining us. If you need any more information, contact the Rector.

Junior Church

The joy of being a Leader

I have been on the Junior Church team for many years, and it’s a privilege and joy to be involved in Children’s Ministry. I adore working with the children and helping them to grow in their faith and knowledge of the Bible.

We are presently a team of about 10 people who help to deliver the teachings and activities each Sunday, based on the weekly readings using a resource called Searchlights. This resource gives us guidance and structure to assist us in planning the sessions that we deliver.

At the moment we have 2 children’s groups... Pebbles aged 3 to 5, and Stones aged 6 to 8. We have a leader for each group and also a Boss who is responsible for setting the rooms up, taking the register, photocopying and generally helping where needed.

During the week leading up to a session, those of us delivering for the next Sunday will look at the appropriate material and readings. We all have our own teaching style, so can bring our own ideas to the sessions. The planning may involve choosing a story, an opening activity, a game or song followed by some teaching and a craft activity linked to the learning. The children love to share with the congregation what they have learnt and made!

The sessions at present last for around half an hour, and we finish our session with The Lord’s Prayer.

As a team we meet regularly in The Stables to plan ahead for any special events/festivals eg. Mother’s Day, Easter, Advent and Christmas.

We also set up the rota and share our experiences of leading the children in the groups, and talk about any craft materials we may need.

Being part of the team is wonderful. We support and help each other and share the joy that being with our amazing young people brings. We would always welcome new people to join the team, so if this is something you feel you would like to be involved in, please speak to me or Ruth Cunliffe and we would be happy to chat with you. It really is a rewarding role to be involved in.

Karen Baylis

For the All Age service reverend Alison asked me to help out and read some questions. I agreed to and I couldn’t wait. When I went up to the front I was given the microphone and I was full of nerves and excitement in my stomach. Once I had finished reading I felt relieved and now I’m glad I did it.

Katherine Grace Patel
Age 9

The Joy of Lent

Willing service to our neighbour

I grew up with the idea that Lent was a dreary time in the Church calendar; the sermons talked of repentance, there were no flowers to brighten up the church, we were not allowed to say or sing Alleluia and, worse still, we had to give up something we enjoyed - as a child it was usually sweets, chocolate or biscuits!

With Ash Wednesday falling on 2 March this year, I decided to investigate how the traditions of Lent began - it was then that my childhood notion was shattered. It is, I learnt, meant to be a time of joyful preparation, something that I had never fully appreciated before! As is often the case, our lives and beliefs are so often shaped by our childhood memories.

My research led me to the work of Father Norman Tanner, a professor of church history in Rome. Fr Norman explains that during the 40 days before Easter the daylight hours steadily lengthen and so gives us the perfect image of 'the light of Christ' slowly spreading into the world and erupting in a glorious climax on Easter morning.

Fr Norman writes: *'It is important to remember that Lent is a joyful season. The first Preface for the Mass in Lent*

makes the point very elegantly: 'Each year you give us this joyful season when we prepare to celebrate the paschal mystery with mind and heart renewed. You give us a spirit of loving reverence for you, our Father, and of willing service to our neighbour. As we recall the great events that gave us a new life in Christ, you bring to perfection within us the image of your Son.'

All Christian denominations observe Lent with different traditions, and ways of marking the 40 days. Recently covid has meant that many of the in-person house groups and services have not been possible. Here at Adel Church this year we are inviting you to take part in:

Lent Course, either in person in the Old Stables or on Zoom (see p 7)

Services of Ashing, either Wednesday **2nd** at 11am or 7.30pm

Knitting a Prayer Square, and using it to pray for a friend (see page 13)

Donate Food, and bring it up to church (see page 16)

Hopefully this year the joy of Lent will be enhanced by the joy of returning to some of our Lenten traditions that we have all missed.

Bob Peters (member of ACE)

In Brief

100 Club Draw

The January draw came up with the following winners:-

Amanda Knight	£77
Mary Hunt	£30.80
Beryl Eastwood	£30.80

Did you know?



At one time it was considered that old fonts were too large and cumbersome. Consequently, in 1801 a decision was made to replace the font with a smaller one. Apparently, the old one was put in the churchyard, where it stayed until 1858 when Revd Simpson arrived in the parish. He restored the older one, the one we know today, saying that the new one was a "miserable little pillar and small basin, holding about a quart of water."

Penny's Ponders

Hi Everyone,
I just wanted to send you a little note so that you know I've not forgotten about you and am always thinking about you. I'm not up to writing my

usual ponderings this month as I've had a bit of an accident at home, so I can't think very well and am trying my best to get better. I am sleeping ever so much and hope to be out and around again soon to find something to tell you about.

God bless,
Woofs and Licks

Penny xxxxx

p.s. if you could say a little prayer for me, I'd be very grateful.

Our Church and Churchyard

The earlier church, as well as the one we all know, was dedicated to St John the Baptist, a very apt patron saint for a "church in the wilderness" as it was known in years gone by,

Nowadays the mature churchyard is one of the most prominent green spaces in the area, a focal point of pedestrian activity.

You may have noticed areas in need of tidying up. Please watch out in this magazine or on social media for invitations to come and help us improve the appearance.



Church's Electoral Roll

Revision of the Roll

In the years when we don't produce a new Electoral Roll, we revise the existing one in time for the Annual Parochial Church Meeting (APCM), which will be on 15 May.

If you are on the Roll produced last year you are eligible to attend and take part in the APCM so do not need to take any action (unless you have moved when you should let me have your new address). However, if you are NOT on the roll and wish to attend the APCM, you must apply for enrolment by 17 April. The revised Roll will come into effect on 20 April; then new names can be added only after the APCM.

In order to be eligible for enrolment you must:

be baptised and aged 16 or over, or will become 16 between 17 April and 15 May;

have signed a form of application for enrolment;

and either

be a member of the Church of England or of a Church in communion with it and reside in the parish

or

not reside in the parish but be a member of the Church of England or of a Church in communion with it, and have habitually attended public worship in the parish during the preceding six months



or

c. be a member in good standing of a Church which is not in communion with the Church of England but subscribes to the doctrine of the Holy Trinity; is also a member of the Church of England; and have habitually attended public worship in the parish during the preceding six months.

Application forms will be in church from 31 March and available from me. They can be returned by placing them in the red box in church or to me at 16 Dunstarn Drive, LS16 8EH.

If you have any questions, please get in touch but you can also speak to Rev Alison or our Churchwardens, Lucy and Alison. Details of our privacy policy relating to the Electoral Roll can be found on our website or I can let you have a paper copy.

Lesley Walton

07834 352 782

or lesleywalton@hotmail.com

This Month

Service for

Women's World Day of Prayer

Friday 4th March

at 2pm

in

St Chad's Church,

Far Headingley

ALL WELCOME

'I know the Plans I have for You'

This year's service has been written by Christian women from England, Wales and Northern Ireland and all denominations were represented.

The theme of the service is God's promise, found in Jeremiah: 'I know the Plans I have for You'. Focusing on freedom, forgiveness, justice and God's peace, this promise can be a sign of hope for all people.

Two significant parts of this service involve the lighting of 7 candles - to celebrate hope - and the distributing of seeds, also as a sign of hope. With all that the world has gone through recently, it is an appropriate theme, promise, and an invitation to place our trust in God at all times.

Fairtrade

We are approaching the end of Fairtrade fortnight (**21st February to 6th March**) but there is still time for you to give your support.

For farmers and workers Fairtrade means workers' rights, safer working conditions and fairer pay. For shoppers it means high quality, ethically produced products.

With Fairtrade you change the world a little bit every day. Through simple shopping choices you are showing governments and businesses that you believe in fair and just trade.

The training offered to farmers can include advice on switching to environmentally friendly practices, something vitally important if we are to win the fight against climate change.

So, whether you want **tea, coffee, chocolate, bananas, green beans, wine, flowers, sugar, honey or peanut butter**



**WHY NOT OPT FOR
FAIRTRADE NOW AND IN THE
FUTURE?**

Knitted Prayer Squares

We offer this idea as something for you to do during Lent. It was an idea that Oxford Mothers' Union shared in early Lockdown, but it is something that can be followed at any time, so why not now?

As you knit a square, bear in mind a person you know and pray for them. Then when you give the prayer square to them they will know that someone is praying for them and it will help them to pray too. The pattern is very easy. Even Rector Alison feels it might be within her capabilities!



If you feel you could knit more than one square, you might consider donating some to Adel Church. Alison often has a need to hand supportive things out to people, maybe on a special occasion or to someone in need of our prayers. These squares would be a welcome addition to our ways of praying. You could bring them up to church and hand them in or get in touch with me and I'll collect them from you.

Pattern

Using 4mm needles and DK yarn (each square takes approx 6g of yarn)

To create a neat selvedge: work to the last st on every row, bring yarn to front and slip last stitch

Cast on 23 sts.

Row 1 – Row 4: Knit

Row 5: K2, p19, k2

Row 6 (and every other even row): Knit

Rows 7, 9, 11, 13 and 15: K2, p8, k3, p8, k2

Row 17, 19 and 21: K2, p4, k11, p4, k2

Row 23 and 25: K2, p8, k3, p8, k2

Row 27: K2, p19, k2

Row 28 – Row 31: Knit

Cast off and sew in ends

Marjorie Cole
0113 2610069

A Churchyard through Time, Part 4

I have been asked if I am writing about a churchyard - or a house through time! The answer is both. Homes and graves are linked by families.

I was pleased when Mrs Louise Stewart, after reading Feb 2022 Adel Bells, phoned me to say that her Uncle **Sam Ingham** had built **Cedar House**. Louise also has family links with the Todd and the Davison



families. She told me that **Frank Davison**, who was born in 1906, had carved the **Squirrel** and the **Owl** on the oak door frame of Cedar House.

Frank's father, John, sadly had died in 1907, in an accident close to Adel Church, when John Dunhill Davison was thrown from his horse. Frank's parents, brother and grandparents are all buried in Adel Churchyard. Some readers may remember Frank who taught woodwork in Leeds schools for over 40 years. It was Frank who carved the oak Processional Cross at Adel Church. His family lived at Tile House, (converted by Frank's Dad from the old stable there, on Tile Lane).

Frank's grandfather had served his apprenticeship as a joiner with George Harrison of **Woodbine Cottage, Eccup**.



Frank Davison, a familiar figure at Adel Church, who often walked his dog in Adel Churchyard.

Mrs Stewart had lived in Woodbine Cottage for 40 years, before moving to Otley. She was at Adel School in 1940 when her Uncle Sam finished and moved into Cedar House - she loved the carvings; there were still red squirrels in Adel Churchyard then.



Please support our advertisers and mention Adel Bells

In 1911, the Gill family of joiners and wheelwrights were living in Woodbine Cottage. **Tom Edward Gill** had been baptised in Adel Church on 4th January 1891. By 1914 Tom was working as a joiner and he was also a well-known figure amongst **Leeds and District Cricketers**. The Cricket Field, next to Adel Churchyard, has been played on since 1876. Tom Gill was the leading batsman and is reputed to have hit a ball into the church porch!

Frank Davison remembered going into **Woodbine Cottage** when he was a lad - and seeing young Tom Gill working there. **Tom Gill** served in Yeoman Rifles in WWI and died of wounds in September 1916, in the **Battle of the Somme**.

James Edward Ingham was born in 1887 at Woodlands Farm. Cookridge. James served as Gunner of Royal Field Artillery. He died of wounds in September 1918.

Tom Gill and James Ingham are buried in France. They are remembered in **Adel Church** on the Brass War



Memorial, along with 16 others from Adel Parish, who gave their lives in the 1914-18 war.

Other members of the Gill and Ingham families rest in peace in Adel Churchyard. Next door to the churchyard, **Adel Memorial Hall and Playing Fields** were created by public subscription as a tribute to those who served in The Great War.

During WWI, Adel School ran Evening **Wood Carving Classes**, attended by Richard Taylor, the headmaster of Adel School, Jim Coates, Sam Ingham and others. **Sam Ingham** carved the pulpit door for Adel Church.

For more details see Don Cole & Frank Davison's booklet '**A Family of Wheelwrights**'.

See also Ann Lightman's **Adel WWI War Memorial & WWI deaths commemorated in Adel Churchyard**.

Val Crompton

Help is needed



Recently St Paul's Church in Ireland Wood received a message from the Foodbank Warehouse to say that they were desperately short of many items. It is a sad fact of our times that there is so much need for charity donations, but for people to be in such dire straits that they cannot afford to feed their families with the most basic of food, it is heart-rending.

This is what they said:

"We have no milk, fruit or sponge puddings. We are very low on spreads, juice, tinned veggies, rice pudding, custard, tea and instant mash. Currently we do not have sufficient stock to make food parcels, or fulfil centre orders."

Please bring donations to Adel Church. Even if you do not come to services, you can come on Monday or Saturday afternoons when the church is open for visitors, 1.45 to 3.45, and leave your donation under the font.

Thank you

Platinum Jubilee Celebrations

Adel church is planning activities for the Platinum Jubilee Weekend in June. We are just at the thinking stage at the moment, but we would like people of all ages to be involved.



However, our small planning committee cannot do it all on their own. We shall be relying on help from all of you.

So, if you have any interest or experience in -

Sharing your memorabilia of the Queen with us
Catering
Craft activities for children
Children's games
General dogsbodying!
Entertaining

We should like to hear from you. Have a word with Lucy Best-Shaw, Mary Larner, Marjorie Cole, Loveday Loveridge or Marisa Clayton and tell us what you can do.

Thank you.

Nature Notes

March is the month that gives hope, hope that sooner or later spring will arrive. The days are getting longer very noticeably and by the end of the month we shall be enjoying British Summer Time even though summer itself is still a few months away. In the churchyard the daffodils will be flowering throughout the month - I can't remember when the Crocuses, Bluebells and Wild Garlic first appear but I imagine they will be making appearance round about the end of the month, confirming that spring has truly arrived.

If you are taking a spring walk through the woods and you hear what sounds like a rapid burst of fire from an automatic rifle, the chances are that not far away there is a Great Spotted Woodpecker announcing himself to the world. He achieves this effect, called 'drumming,' by hammering his beak on a particularly resonant branch that he has discovered. Most of our birds have some kind of spring song, but the only other bird that I can think of that uses an object, rather than its own voice is the Lesser Spotted Woodpecker. Both woodpeckers are black and white with some red patches, but the Lesser is less than 6" long, about the size of a sparrow, as opposed to the 9" of the Greater. Both have bred at Adel Dam; both use holes in trees, and the young are very noisy in the nest.

Our largest woodpecker, the Green, seldom drums but makes a loud "laughing" call called a Yaffle, a name sometimes given to the bird itself. This bird has been quite scarce, probably absent, in recent years in north Leeds. It feeds mainly on the ground preferring light sandy soils where it uses its long tongue to extract ants, its preferred food. Light sandy soils are not very common round about and so the demonic laughter of the Yaffle is not heard much these days.

Insects are very dependant on the external temperature and they do not function very well in cold weather, so the early appearance of butterflies is not certain, but I have found in recent years that March always produces a few days when butterflies emerge and get on with mating. Queen bumblebees are also active quite early as they search for nest sites.

At home we will be looking out for frog spawn which, so far, has come every year since the pond was dug. The dates for the first sighting of frogspawn have got earlier but we seldom see any small frogs these days. As the frogspawn keeps coming I suppose that some frogs are born each year, and survive the winter somewhere within hopping distance.

Peter Larnar

Poetry can help

Forget-Me-Not-Poems

The bereavement of a close family member, or a dear friend can rock our world, but when the death is that of your child, it doesn't just destroy you, it totally demolishes you. Your life as you once knew it, changes beyond recognition.

My son, Elliot, died totally unexpectedly in November 2019, Elliot will be, 'Forever 30'. It was at that point that I didn't realise just how strong I was. Right then, being strong was my only option.

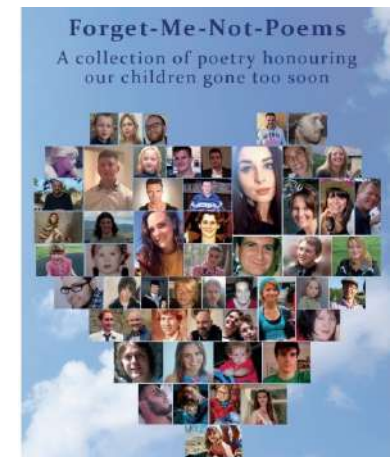
I was made aware of the child/sibling bereavement charity, *The Compassionate Friends* (TCF) and with their kind and gentle love and support, they gave me hope. Every quarter, TCF produce a newsletter, and within it, there are often poems that have been written by members of this most compassionate of organisations. In March 2021, after submitting my own poems, I proposed the idea of an anthology. The idea itself was pushed back, inviting me to take this on as a project. To aid my own personal grief healing, I accepted the invitation, and on the second anniversary of Elliot's passing, '**Forget Me Not Poems**' went on sale.

Forewords by Dame Stephanie

Shirley, who writes in honour of her son, Giles. For bereaved siblings, Gabby Logan writes in honour of her brother, Daniel.

The book contains 115 of the most beautiful, never seen before poems to honour the lives of 57 children and siblings that now grace heaven. On sale now for £15 including p&p, exclusively from TCF
www.tcf.org.uk/forgetmenotpoems

David Bransby



The poems were written by bereaved parents, siblings and grandparents. David Bransby has supported our church for some time by advertising with us. We thank him for sharing this with us.

Words from Joyce Hill

The Oldest Complete New Testament

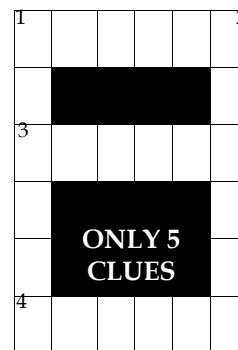
Lent begins on 2nd March this year and has traditionally been a time for exploring and learning about our faith. In early times, Lent was for those preparing for adult baptism at Easter and existing members of the Christian community began to join in and Lent Courses continue today. I've decided to look at the mid-fourth century manuscript which gives us our oldest complete New Testament: the Codex Sinaiticus.

Nothing is known of where it was written; in Greek throughout, it is arranged in four columns per page, in book form, not written as a roll. This Codex was discovered in St Catherine's Monastery, Sinai, and was recognised as an important early text by the great biblical scholar Constantine Tischendorf. He acquired it by degrees, in 1844, 1853 and by 1859 his searches were under the patronage of Tsar Alexander II, thus the Codex resided in the Imperial Library at St Petersburg. In 1933 the Soviet Government sold it to the British Museum, and it is now one of the great treasures of the British Library. Twelve leaves and 143 fragments remain in St Catherine's Monastery, 43 leaves in Leipzig University Library, and three fragments in St Petersburg Library. Since 2008, the four libraries have

been collaborating on a digital edition of the whole, and a public website which you can explore.

The Codex Sinaiticus greatly influenced the Revised Version of the English Bible published in 1881, being recognised as being of mid-fourth century origins and created as a careful text of the whole bible, it was better than the source-texts available to the King James Bible translators. Its value was greatest for the New Testament since its Greek Old Testament was already a translation from the original Hebrew, though one regarded as authoritative. Despite being the earliest known complete New Testament, it post-dates Jesus' life by over 300 years. There are several details in the Codex's version of the gospels that are different from those we are familiar with. Are they closer to an original text, or are they additions and modifications that have crept in over time? Sometimes we can work out the answer, but not always. The Codex reminds us that even the gospels have a complex and changing history. Differences may be found in the Wikipedia entry for the Codex Sinaiticus. The manuscript also reminds us that the bible's content was still not fixed by the mid-fourth century: some books are in a different order, and its New Testament includes two works we no longer accept.

Puzzles



Across

- One who wrote of the March sisters in rural cottage
- Bring back? Always brought back about six
- Boat that's unattractive seen round front of harbour

Down

- Accepted a deadly sin
- Have dinner in attempt to find agreement

Are you intrigued?

You might be wondering what the drawing on the front cover is all about? Is it just a random jumble of religious words?

It may seem like that, but there is logic behind the apparent madness!

Have another look at the words and see if you can recognise the words of a well-known hymn, which is often sung during Lent.

Trevor Cole

Word Square

Insert each of the following letters into the right cell, so that when the puzzle is completed each row and each column contains a real word.

P E O A O P A N

		U	S
	A	P	
	N		N
L			S

Solutions on page 30

Test Yourself

1. How many days are counted in Lent?
A 30, B 40, C 46
2. What colour is traditionally associated with the Lent season?
A Green, B Purple, C White
3. Which day of the week is NOT included in the Lent season?
A Friday, B Saturday, C Sunday
4. The main reason Christians give up coffee, chocolate or Facebook during Lent is:
A Because they are bad for you, B To make space for Jesus, C To save money to donate
5. Some Catholic countries give up eating what during Lent?
A Meat, B Shellfish, C Chocolate
6. Maundy Thursday or Holy Thursday commemorates what?
A Jesus' trials, B The last supper, C Jesus' execution
7. What food is often eaten on Shrove Tuesday?
A Shroves, B Pancakes C Bread and wine
8. What is traditionally done on Ash Wednesday?
A A cricket match between Australia and England, B Clean out the chimney C. Put ashes on your forehead
9. On Palm Sunday, Jesus rode into Jerusalem on what?
A A horse and cart, B The shoulders of his disciples C A donkey
10. What word is not meant to be said or sung during Lent?
A Alleluia, B Amen, C Jesus

Solution on page 30

QE Corner

Here it is again..... QE (Quite Enlightening) Corner. You all know that I like trivial information, so for your enlightenment I am presenting you this month with another miscellany of "facts(?)"

The 'cheese' in the phrase 'big cheese' may have nothing to do with food: it probably comes from the Persian word 'cīz' that means 'thing'.

During WWII, Max von Laue and James Franck's Nobel prize medals were dissolved in acid and sat on a shelf in a Danish lab to hide them from the Nazis. Later the gold was recovered and the medals were recast.

In 2012, research at the University of Grenada showed that the temperature of people's noses increases when they tell a lie.

There was an epidemic of bunions among the rich in 14th and 15th century England due to the fashion of wearing extravagantly pointy shoes.

PHOBOPHOBIA is the fear of developing a phobia.

In order to avoid paying for meals, Salvador Dalí would doodle on the back of his cheques, knowing they would then never be cashed.

In a good year, a single oak can produce 50,000 acorns. A jay can hide up to 5,000 acorns in a single season, carrying up to nine in its gullet at once.

There are an estimated three million shipwrecks lying on the ocean floor, most of them undiscovered.

According to the US National Ocean and Atmospheric Administration (NOAA) if all the gold was extracted from the world's oceans there would be 4 kilograms for every person on Earth.

In order to test in-flight wifi, Boeing fills their planes with potatoes. Potatoes interfere with signals the same way as the human body. The project was called Synthetic Personnel Using Dialectic Substitution (SPUDS).

In 1900, Argentina had a tax on unmarried men - but men whose proposals were turned down were exempt from the tax. Enterprising women promptly set up businesses where they would reject men's proposals so they could be exempt from the tax.

Please note these "Facts(?)" are all from the internet, so don't blame me if they are not correct!

Trevor Cole

In Your Garden

“It was one of those March days when the sun shines hot and the wind blows cold: when it is summer in the light, and winter in the shade.” — Charles Dickens

Whilst we may or may not get some frost or snow in March, one thing for sure is the days are getting longer. This brings the return of evening daylight to the garden and greater opportunity to be outside and enjoy the emerging signs of Spring. So much to look forward to.

The Spring bulbs are nervously popping through the still cold, damp ground, apprehensive about what they might find above ground. The buds on the trees and shrubs are swelling and the first flowers are anxiously responding to the ever-warmer sunshine, mindful that frost and snow could yet return. The bird song will increase in volume as territories are fought over and defended. A few of our resident species will start nesting by the end of the month and with a fair wind some of our earliest migrants may also start appearing. I quite regularly hear my first Chiffchaffs singing by the middle of the month. Listen for curlews overhead. They will be heading from their preferred coastal winter feeding spots to their breeding grounds in the hills.

The Snowdrops started flowering in early February this year and will



continue to flourish as both crocuses and early daffodils emerge to brighten the dullest days. Whilst of course enjoying their presence, if you would like to expand their coverage, decide how many more you need (you can rarely have too many!), but more importantly, make a fool-proof note of exactly where they need to be planted. Bulbs are not generally available to buy until the autumn by which time all evidence of the existing blooms will have long vanished.

There are winter shrubs that can be cut back now. Plants such as Cornus (Dogwood) and Salix (Willow) which are grown mainly for their colourful winter stems are best thinned now. That will give them a whole season to put on fresh new growth, for vibrant winter colour at the end of the year. Summer flowering shrubs such as Buddleia can now be harshly pruned back to a pair of buds. They will grow away vigorously and flower on this new growth. The same applies to many but not all types of clematis.

George Turnbull

enquiries@adelgardencare.co.uk

www.adelgardencare.co.uk

Photo by [Yoksel Zok](#) on [Unsplash](#)

Recipe of the Month

Maple Fried Pears

This is a delicious comforting dessert recipe that is super quick and easy to make. Sliced pears are seared in butter and maple syrup until soft, then they can be eaten with a scoop of ice cream, or used as a topping for your Shrove Tuesday pancakes!



Ingredients (To serve 2)

2 pears, ripe but firm

1 tsp butter

1 tsp maple syrup

To serve (optional)

Vanilla ice cream

1 pinch ground nutmeg

Instructions

Core the pears and slice thickly.

Add the butter and maple syrup to the frying pan and allow it to melt, then add the pear slices.

Let it cook and bubble until the pears turn golden and the syrup reduces, turning once.

When the pear slices are caramelised, divide onto serving plates and top with a scoop of ice cream and pinch of ground nutmeg.

We made this with tinned pears. It was very tasty!

Marjorie Cole

OPAL Activities

Day trips

Well, Spring is on its way and here at OPAL we intend to use the hopefully better weather to continue our popular day trips. On the **17th of March** we will be going to Ripon to visit the museum and on the **21st of April** we will be visiting Lotherton Hall where our members can enjoy the historic house and the wildlife/bird gardens. There is a special exhibition on in the house of evening wear through the ages, so hopefully we can get some ideas for what to wear for our Jubilee celebrations later on in the year.

We're going to the seaside

We intend to run regular trips throughout the year and are already planning a great day out at the seaside during the Summer and we also run regular shopping trips to Marks and Spencers at Pudsey Owlcotes.

All our trips are fully accessible as we use an accessible minibus which can take wheelchairs and we can also lend wheelchairs and volunteers to push them. This has helped some of our members go on trips without worrying about getting tired.

Digital support class

Another new Spring activity is our Digital Support class, this is a 16 week

course which starts with the basics of tablets and progresses on through emails and instant messaging, zoom, web browsing, TV apps, Google software, social media and Microsoft programs. This course will run on a Tuesday morning 10.30am - 12 noon and will cost £4 per session, if you would like more details or to book on to the course please call Steve on 01132619103.

Our members have found the digital support we offer to be a great help, particularly during the lockdown as it has enabled them to stay connected with their family and friends.

If you are interested in joining any of the activities, or if you would like more information please contact us on 01132619103, email admin@opal-project.org.uk or call in to see us at the Welcome In Community Centre (55 Bedford Drive, LS16 6DJ)



**The Queen's Award
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What's On

Headingley Flower Club at Bramhope

Friday 4th March

'Back to my Roots'

Linda Hardman, NW Area Demonstrator
7.30pm Bramhope Village Hall,
Old Lane, Bramhope. LS16 9AZ
Contact Mrs Jean Money
Tel 01924 468714

Adel Gardeners' Club

March 14th at 8pm

Please note the later start
Adel Methodist Church

"Gardening on the Menu"

Martin Fish
Martin is an experienced gardening consultant, but he and his wife Jill have produced a book which combines growing your own produce with menu ideas for using it. If you need more information, please email:

adelhort@btinternet.com

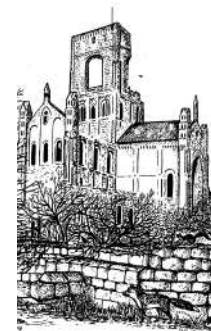
Don't forget!



Sunday 27th March

The 1152 Club

A fortnightly talks series for adults aged 55+ at Kirkstall Abbey Visitor Centre



You need to book online in order to attend any of the talks/events.

Booking opens 2 weeks before the advertised date, with the exception of the talk on 29 March, booking for which opens at 11.15 on 1 March. Booking is to be done with Eventbrite:

www.eventbrite.com/1152-club-68679

Tuesday 1 March

10am

"Money and Exchange Around the World"

Tuesday 15 March

Instead of a talk, a trip to Leeds Art Gallery is on offer. Details of this are not yet available

Tuesday 29 March

10am

"1922 and Traditional Irish Music"

York Gate Update

The beauty of snowdrops

As I sit here writing this article in mid-February, the Snowdrops are looking amazing as we approach our Snowdrop Week. By March most of the varieties will have reached the end of their display. This is a time clumps are lifted and divided for replanting or sale. Lifting 'in the green' was always the traditional time. If 'In the green' make sure they are fresh and plant immediately. There is some different thinking now and some people prefer to wait until the clumps are dormant in June. The one obvious issue here is knowing exactly where the clumps are and avoiding damage to the bulbs or any other plants which are now in full growth.

If you do wish to acquire some Snowdrops for the coming years, which one? There are so many varieties to choose from. I love Snowdrops but I am not a Galanthophile and I would rather use £100 to buy lots of different plants rather than one single vulnerable, named bulb. For me a large drift of *Galanthus nivalis* or the bold G. 'S. Arnott' so prolific and strong throughout the Dell here at York Gate are what make my heart sing in February and March.

You decide whether to go with my mass drifts or prefer a choice clump of a very special variety, or even both!

Act now and in less than 11 months those gorgeous white treasures will return into our lives.

Mark Jackson, Nursery Manager

We reopen in April

After our Snowdrop Week, the garden is now closed until Friday 1st April. When we reopen, it will be the usual Wednesday to Sunday (inclusive) but we will be opening the garden earlier at 10am every morning.

We have also decided to keep our online booking system in place as this ensures that the garden is never overcrowded, giving all our visitors a chance to wander through without queueing. Online booking should be available in **March** via our website. Until then, the café will still be open Wednesday to Sunday from 9am until 3.30pm, if you would like to pop in for a coffee, light lunch or afternoon tea. I am afraid that we only take bookings for afternoon tea, which can be done via the telephone on 0113 267 8240 option 4.

If you have any spare time and would like to volunteer in the café, shop, admissions, plant sales or car park, please do drop Zoe, our volunteer co-ordinator, an email zparker@perennial.org.uk

Sally Latchford, Finance and Administration Co-ordinator
slatchford@perennial.org.uk

Barry Anderson

Bodington Floodlit Pitches

Floodlit pitches are being constructed on Bodington playing fields, Otley Road, which will be accessed by a new entrance between the cemetery car park and the old Weetwood Police Station. A Traffic Regulation Order has been advertised to put in place "No Waiting At Any Time" restrictions on Otley Road surrounding the entrance to the playing pitches.

Elysian Fields Development

The new entrance to the David Wilson Homes development at Elysian Fields has been named "Pear Avenue". I was recently out on site with Council officers to look at the footpath, bus stop and Toucan crossing proposals. A new footpath will be constructed from Pear Avenue to join up to the current Public Right of Way across to the Church, and then from there along to the entrance to Centurion Fields. A new pedestrian crossing will be installed on Otley Road. The bus stops will also be moved on both sides of the road.

Traffic Calming – Church Lane

Traffic calming is to be introduced on Church Lane, subject to consultation, funded by developers of previous housing developments in Adel. The

proposals are for speed humps – one just south of the Sadlers, and one just north of Holt Close; and just south of Holt Avenue there will be a speed table with an informal crossing point. Details on my website.

Keeping Parcels Safe

Police have issued a warning about packages left outside homes, making easy pickings for opportunist thieves and there has been a significant increase in such parcels being stolen. To help prevent such thefts, select a delivery day and time when you are likely to be at home. You can track your parcel or arrange for it to be delivered to a trusted neighbour. Don't forget the details on your parcel could be used to commit identity fraud

World Triathlon Series II

The World Triathlon series will be coming to Leeds again on the 11th and 12th June where there will be different Triathlon Races for professional athletes and amateurs. The Races will start and finish at Roundhay Park with most of the course being contained within the Roundhay/Moortown areas.

Cllr. Barry Anderson
Adel & Wharfedale Ward
Direct Dial 0113 3367742
www.barryanderson.org.uk
Twitter @barryanderson19

Billy Flynn

Traffic

I am receiving an increasing number of complaints during my street surgeries about the amount of traffic and HGVs using back lanes in the ward. This is almost entirely due to successive sets of roadworks on the A660 which are likely to last many more months. We have informal arrangements with Mone Brothers that their vehicles coming and going to the quarry in Bramhope do not use back roads but this does not apply to the general public. But as the lanes are part of the public highway, they can be used by anyone whether the road is suitable for heavy vehicles or not, resulting in damage to verges by HGVs. We are constantly in touch with highways officers and the police about the problem, but little can be done legally because no traffic offences are being committed.

As I write, more roadworks have sprung up on Long Causeway near Back Church Lane and at the junction of East Causeway and East Causeway Vale. However, on the plus side, you may well have noticed a number of cables stretched across roads in the ward recently. These are used to survey the weight of traffic, speed and HGV usage. A number were requested by ward members after complaints from the public. Many of the surveys requested are still

outstanding because of delays caused by the pandemic. The roads currently being surveyed are as follows. I have included roads in Cookridge as well as Adel for completeness.

Location

A660 Otley Rd (just south of Lawns Hall Close)
Cookridge Avenue
Moseley Wood Gardens
Moseley Wood Lane
Cookridge Lane (south of Cookridge Avenue)
Cookridge Lane (north of Mavis Avenue)
Cookridge Lane (north of Holt Lane)
Otley Old Road (near Holtdale Place/ Holtdale Approach junction)
Otley Old Road Service Rd (south of Iveson Wood Rise)
Tinshill Road (nr Tinshill Drive)
Eccup Lane Adel Mills (Speed, Volume & HGV Count)
A6120 Ring Road Meanwood x 2 & Long Causeway Adel

If you have any queries regarding the above or anything else in the ward for that matter, please do not hesitate to get in touch.

Contact details

billy.flynn@leeds.gov.uk :
Tel: 2613896
Mobile: 07810 640282

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2. TREATY

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Test Yourself

- | | |
|-----|------|
| 1 B | 6 B |
| 2 B | 7 B |
| 3 C | 8 C |
| 4 B | 9 C |
| 5 A | 10 A |

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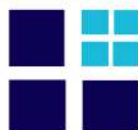
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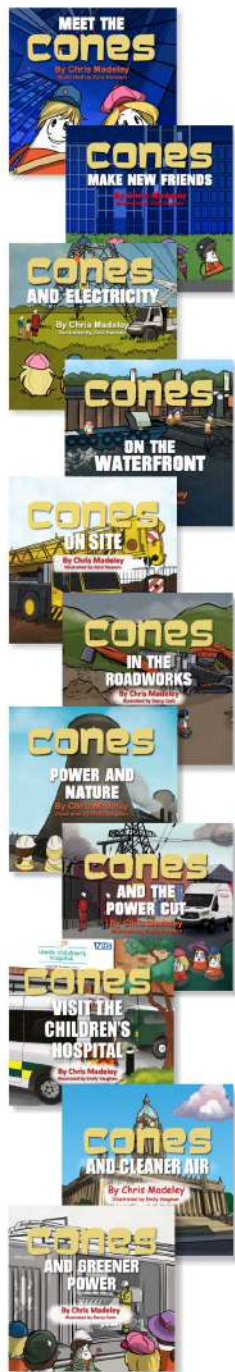
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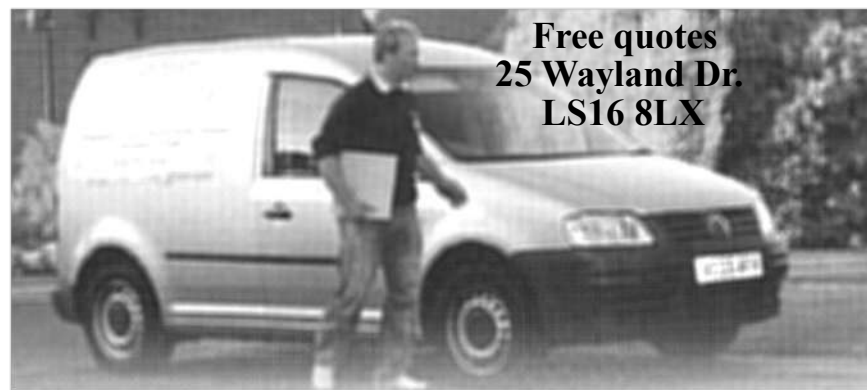
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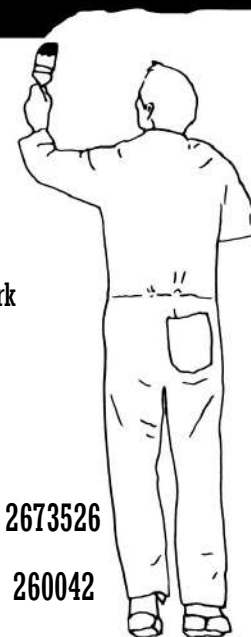
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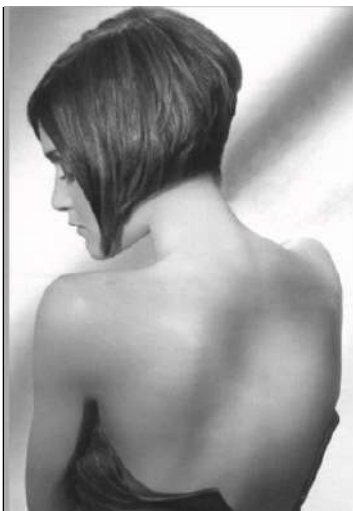
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For further information contact:

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Church Services for March

Wed 2nd	11am 7.30pm	Ash Wednesday Holy Communion with Ashing Communion Service with Ashing
Fri 4th	1.30pm	J Js (for the under sixes)
Sunday 6th	8.30am 10am 6.30pm	First Sunday of Lent Holy Communion (BCP) Parish Communion with Junior Church* Evensong (BCP)
Wed 9th	11am 7.30pm	Holy Communion Compline
Sunday 13th	8.30am 10am	Second Sunday of Lent Holy Communion (BCP) Parish Communion with Junior Church*
Wed 16th	11am 7.30pm	Holy Communion 7.30pm Compline
Sunday 20th	8.30am 10am 6.30pm	Third Sunday of Lent Holy Communion (BCP) All Age Service with Communion* Evensong (BCP)
Wed 23rd	11am 7.30pm	Holy Communion 7.30pm Compline
Sunday 27th	8.30am 10am	Mothering Sunday Holy Communion (BCP) Parish Communion with Junior Church*
Wed 30th	11am 7.30pm	Holy Communion 7.30pm Compline

* Services live-streamed on Adel Parish Church YouTube channel

There is now a booking system via Eventbrite for a place for your child in Junior Church. Unfortunately at this time we do not have capacity for under 3s.

The link for booking Junior Church is
<https://tinyurl.com/Adel-Parish-junior-church>

On the **3rd Sunday** there is a 10am All Age service, with communion, and children are welcome for the whole of the service in church.