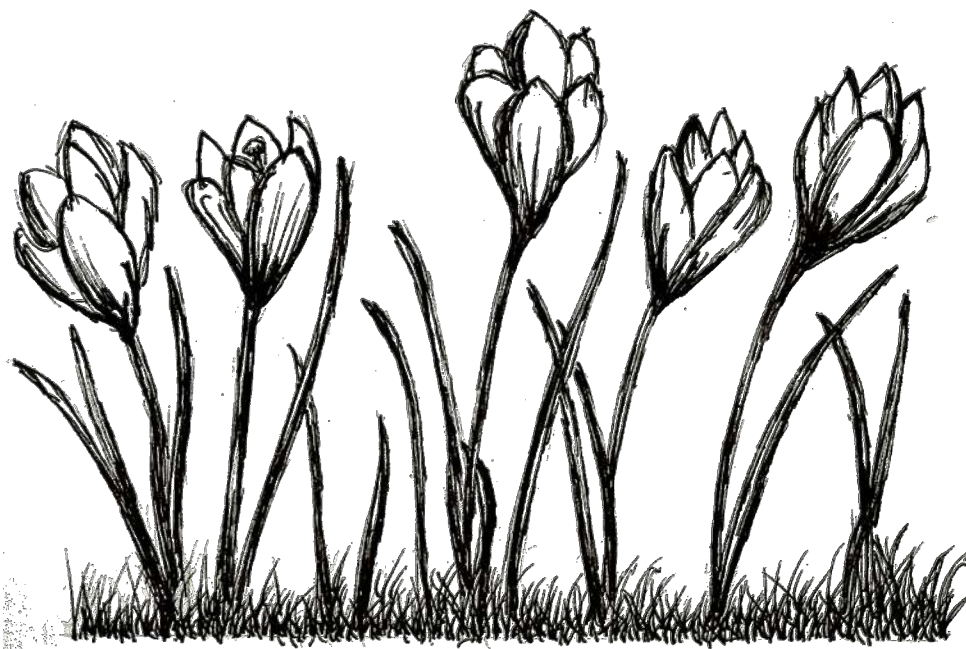




ADEL BELLS

Parish Magazine 60p



March 2023
Mothering Sunday
19th March

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Adel Parish Church



The Parish Church of St John the Baptist, Adel
 Enquiries including Home Communion, Baptisms, Confirmation,
 Weddings, Funerals; please look at the church website
www.adelparishchurch.org.uk

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Parish Registers Baptisms

15th January

Oscar, son of Stuart and Serina
 Young

Lily and Reggie, daughter and son
 of Luke and Claire Taylor

Burial of Ashes

28th January

Edith Harrison

Funerals

17th January

Keith Reynolds

30th January

Peter Dennis Metcalfe



Festivals & Feasts

19th March

Mothering Sunday

20th March

Joseph of Nazareth

25th March

Annunciation of Our Lord to the
 Blessed Virgin Mary

This Month's Prayer

Father God, we give you thanks and
 praise,
 that when we were still far off you
 met us in your Son and brought us
 home.

Enfold in your love all who are lost
 because they do not know your
 Fatherly care or have turned away
 from you. Help us all to know that
 you love us, and that you will
 welcome us, regardless of what we
 have said or done, despite our faults
 and weaknesses, and irrespective of
 who we are.

Help us never to be judgemental or
 begrudging but join in the party and
 rejoice with you when the lost come
 home. Unite all your people into one
 great fellowship of love.

Amen.



Church Open for Visitors
 Monday and Saturday 1.45pm to 3.45pm





We aim through Christian worship, word
and action to celebrate and share the love of
God with our neighbours

From the Editor

March is all about Lent and we hope to see you at some of the services and events advertised in this magazine. They should give us all some quiet time to reflect on where we are at the moment and what sort of life we are leading. Right in the middle of all this we find Mothering Sunday and near the end, on Sunday 26th March, we find the start of Passiontide. Palm Sunday falls early, on 2nd of April, with Easter Sunday being on 9th April, so please note these dates in your diaries now and we will publish details of our Holy Week events in the next magazine.

February has been a busy time for our Adel Bells team, with magazine subscriptions being due. I'd like to say a big thank you to everyone who has renewed their subscriptions and also to our large team of deliverers, who have had to collect money and hand it

If you would like to have an annual subscription to Adel Bells, delivered to your home if you live in Adel or posted to you if not, please get in touch with me and I will give you the necessary information.

Marjorie Cole, Editor, 0113 2610069
adelbellscm@gmail.com

in, whilst keeping clear records of who has paid. This year we introduced online paying for the first time and it was used by a small number of people. If by any chance you have not yet got round to paying your subscription, may I politely remind you that delivery to your house may stop in April if you do not pay it.

This month our environmental officer is encouraging us to try giving up meat and has even provided us with a tasty recipe. Why not give it a try this month, together with awarding yourself a pat on the back for doing a small thing for the good of our planet.

And finally, don't be late for church on **Sunday 26 March** when clocks go forward 1 hour at 1am!

Marjorie Cole



Rector Alison's Letter

The importance of preparation

You have probably seen adverts for the first Rob Burrow Leeds marathon on Sunday 14th May. It is an exciting event for Adel since it comes through the parish. It's also exciting for the church as church member James Moxon is running – raising money for MND charities in memory of Les Everett, beloved member of Adel church whose life was cut short by MND.

As someone who enjoys running (over rather shorter distances) it has been interesting to follow James' preparations. The first thing to note is how early you have to start if marathon running is new to you. The first step is a gentle run around the block and then as the weeks pass you gradually build up the distance.

But it seems there is far more to it than mileage. Entering shorter races gives an experience of running with others; varying where you run prepares for different conditions, and hills; and there are even lectures about how to manage nutrition during such a long run! Running just over 26 miles is far too big an undertaking to enter without adequate preparation.

Although most things in life don't require such physical training, preparation helps us gain more from many experiences.

Spring is also a time of wedding preparation with couples getting married in our church. An important part of this is looking and chatting through the wedding service together. The day itself means far more if couples have thought what 'to love and to cherish' means in their particular lives.

For the church, March falls within the season of Lent, so it is a time of preparation for the special days of Holy Week and Easter. In contrast to a wedding or a marathon, it comes round every year, and it's less easy to see **why** we need to prepare.

But the events we celebrate in the week from Palm Sunday lie at the heart of our faith. The story recalls how God demonstrated his love for each one of us; how through Jesus' life, death and resurrection we have access to that love; how that love is available to every person.

For 2000 years people have discovered that this news changes their lives. It is a momentous story and just like running marathons or getting married, some preparation makes it far more meaningful.

There are lots of ways to prepare, individually and together. If you are a regular worshipper, you might consider trying something new like the Lent course. If you often attend for special services such as Easter

Day, you might like to come along on Sunday mornings during Lent.

My prayers are with James and the other runners, and with our wedding couples as they all prepare for special events. And however you prepare, I hope you can hear in the Easter story, the message of God's love for you. With love and prayers

Alison

Lent

For hundreds of years Lent has been a time of deepening our faith as we prepare for the life changing message of Holy Week and Easter – the heart of our Christian identity. This year at St John's there are a variety of opportunities to use Lent to ready ourselves for Holy Week and Easter.

'A poem, a picture and a prayer' A discussion series for Lent 2023

Session 1 – Doubt
Session 2 – Faith
Session 3 – Prayer
Session 4 – The Cross
Session 5 – The Eucharist
(Communion)

For each session we will use a poem, a painting and a prayer to stimulate our thoughts on these important topics. No prior knowledge or reading is necessary.

via Zoom

Mondays 27th Feb, 6th, 13th, 20th, 27th
March 7.30 – 9.00pm

In the Old Stables

Wednesdays 1st, 8th, 15th, 22nd, 29th
March 1.30 – 3.00pm

Daily Offices

Morning Prayer is said at **8am** in church Mon, Tues, Thurs.
Evening Prayer is said at **5pm**, Mon, Tues, Weds, Thurs.

Holy Week and Easter are often more meaningful if we spend some time in preparation. If you need any more information, contact the Rector.

For your diary

Sat 4th March

Help tidy the churchyard
See page 10

Friday 10th March

Concert in Church
See page 33

Sat 25th March

Coffee Morning
10.30 to 12 noon

Sat 22nd April

Soup & Sandwich Lunch
In the Old Stables

Sat 20th May

Quiz Night

24th/25th June

Patronal Festival

Also in March ...

Lent Course

7.30pm on Zoom
Mondays, 6th, 13th, 20th,
27th March
7.30 in the Old Stables
Wednesdays, 1st, 8th, 15th,
22nd, 29th March
See page 7 for details

Bible Study
10 am in the Stables
on
Thursday 9th March
And
Thursday 23rd March

Prayer Meetings

10am every Wednesday
In church or at home

Praying this month for:
Prayer & bible study groups
Church wardens
Coffee rota team

Coffee Morning
Saturday
25th March
10.30 to noon

Our Young Ones

Ace is fun



Ace is a fun way to go to church and to learn about the bible and the stories of Jesus.

It is school year 4 and up and it is on a Sunday evening. We meet in the Stables and also at St Paul's. We do fun activities such as chocolate games, drawing games and guessing games.

After all the fun and games, we go into groups, we take a piece of paper and answer questions on what people have been learning about in church in the morning of that day.

Then we all get together in a circle and discuss our answers together. After discussing our answers we go down to church for communion or a blessing.

Ace is a brilliant way to catch up with church, learn and have a fun time with your friends.

Katherine Patel

A Message from Beryl

Thank you to everyone who has renewed their Adel Bells subscription. If you were able to pay a little more that was much appreciated.

Beryl Thompson

A Family Event

Good Friday 7th April
10am to noon
in The Stables

This event is aimed at children aged 0 to 8 years accompanied by parents.

We will be sharing the events of Palm Sunday, Maundy Thursday and Good Friday through crafts, story telling and song.



We will begin in the Stables, then have a short service in church and end with refreshments in the Stables.

Please contact me if you would like further information.

Karen Baylis
karen_baylis@hotmail.co.uk

In Brief

A visit by Open Country



Open Country is a charity based in Harrogate helping people with disabilities to access and enjoy the countryside.

They come to help in the churchyard from time to time and charge a modest fee for their services.

They came one Friday in January and after days and days of rain managed to choose a dry day. As you can imagine, there is no shortage of jobs for them to do. It is explained what needs doing and the leader of the group sets up the tasks for them.

You can always see a difference when they have been. This time one of the jobs was planting trees that had been donated by members of the church.

At lunchtime they have a break and go into the Stables. They bring their own lunch but we supply them with tea/coffee and cake. On the January visit two of our church members had made cakes. When I took the cakes in there was a great cheer and much fuss made about this.

They are a lovely group and seem happy to come and help in the churchyard, especially when there is home made cake on offer.

I think their next visit will be in September when they cut the hay.

If you are interested in helping them or making a cake you would be most welcome.

Beryl Thompson

You can help too!

We are fortunate to have such a lovely churchyard but it does take a lot of time and effort to keep it looking at its best.

The next meeting of the **Churchyard Workparty** is on

Saturday 4th March

Do come and join the friendly group. You can do as much or a little as you like. "Many hands make light work"

For more information about how you can help please contact **Sarah Johnson** on **07967 181 950**.

From a Parent and Teachers' Association cookbook from the 1980s

The housewife's breakfast prayer

O Lord, help me to be not like porridge, thick and heavy and slow to stir; but let me be like cornflakes, light and quick and ready to serve.

Recipe for cooking husbands

Make a clear, steady fire out of love and cheerfulness and set him as near to this as seems to agree with him. If he splutters and fizzles do not get anxious. Some husbands are thus until they are done.

Add a little sugar in the form of a kiss, but no salt or vinegar on any account. A little spice improves them but it must be used with judgement. Do not stick any sharp instrument into him to see if he is tender. You cannot fail to know when he is done. If thus treated you will find him very digestible and he will keep as long as you want, unless you set him in a cold place.

Sent in by **Hilary Taylor**

The love of playing

Yesterday I went for my afternoon walk in the gym, rather than outdoors. Here is a brief account of my experience.



Neither young nor given to fierce competitive behaviour, they play for the love of playing. Whack: the clap of a paddle

accompanies a lunge, and cheers erupt from the assembly, as if to say that winning isn't everything

but like a crossword puzzle ably solved and set aside creates its own reward. Gray heads and agile bodies

and I, the solitary walker on the perimeter, stepping around the harmless, perforated balls

and marveling at the meandering human spirit's way of finding new forms, new games, new modes of being, come what may.

Ben Howard

Jan 2023

Ben's words remind me of playing table tennis at OPAL. We enjoy playing socially and it is good exercise, whatever the weather!

Val Crompton

Where to Worship

Live-streaming of church services has taken on an importance we did not anticipate. From being a means of reaching out to people who were not ready to mingle with others, it has become a lifeline to those who are just not able to get to church. I questioned a few people about how they are worshipping at the present time and I received some interesting replies.

Being in church with others

"I really enjoy coming to church as often as I can to share worship with others. St John's is very welcoming to everyone - someone will always greet you with a smile and a cheery 'good morning'. I feel an inner peace actually being in church and particularly love joining in with the hymns. (This is probably because I was brought up in a Baptist chapel where the roof was often raised in joyful song!!)"

Obviously during the pandemic, and if I've not been well, I could only watch the services on YouTube. I was grateful for this but it was not the same as actually being in church with others."

Sue Lawson

I do both

"I have made use of the online service on a number of occasions both in the latter stages of the pandemic Covid times and continue to do so now."

Obviously my preference would always be to join in and be part of the congregation in real life. This is so I can be present, participate and feel the act of collective worship and to take communion, but if for whatever reason I can't make it to the actual service, through being away or through illness, then I watch. Thinking about this, my main motivation is to maintain my sense of being part of this worshipping community and to, albeit remotely, participate in the service, offering my own contribution to the act of worship on a regular basis. I don't think it matters to me either way whether I watch the service live or later. I simply reserve the time, find a quiet spot at home and enjoy!

Is it "second best", well yes, obviously, but a very good second best! I have found it easy to get the service online; I have subscribed to the [adelparishchurch774](#) YouTube and If I watch later then I can also pick the link up from being part of the Adel Parish Church group on Facebook and the post that Trevor makes with the link as part of it.

To be honest before the pandemic came along I don't think it ever occurred to me how useful a streamed service would be. I understand that to continue to offer online screening now might be considered a luxury or perhaps it has outlived its original purpose, but I think I would miss it if it went."

Jacqueline Johnston

Please support our advertisers and mention Adel Bells

Every week bar hitches

I was introduced to the idea of live-streaming by Jenny Jones who also sent me a copy of Adel Bells knowing of my great interest in the area from a young age.

I now live alone at the great age of 97, having lost my mobility, mostly due to lockdown. Choral Eucharist was always my favourite service during my earlier life when I was engaged in all church activities including the role of Guide Captain.

Over the years I had drifted away from regular worship but watching

the services and having the pleasure of Adel Bells as an “information sheet” gave me a regular Sunday morning treat.

I knew many of Jen’s family and their friends, so it has been an added bonus trying to spot people I used to know walking up the aisle to take the sacraments. Adel Bells is a family read now. A copy goes over the border into Lancashire each month.

Doreen Dunning

Doreen lives in Wetherby and is a keen follower on the church Facebook page. We wish her well.

A Royal Greeting



Our oldest Adel Bells reader was **107** on 27th January! The previous day Elsie was very pleased to receive a card from King Charles & Queen Camilla. Friends & neighbours gathered round on the 27th.

Congratulations to Elsie from us all. Happy belated Birthday!

A New Recruit

An interview with Beryl Stoker

Beryl, our new Electoral Roll Officer, has had a long connection with Adel Church, starting with her and Frank getting married there, a ceremony conducted by Revd Stuart Bamforth.

She was born at the time of WWII and lived with her grandparents for the first three years of her life until her father came back from Burma. As a child she remembers church being an important part of her life. She was confirmed at St Clement’s on Chapeltown Road, but as she grew up she drifted away from church for a while, returning when she and Frank got married.

As a married couple, they moved house several times. They lived in Cookridge for a while, but they still came over to attend church in Adel. They had three daughters, Kerry, Emma and Vicky, who were all baptised in Adel Church.

After a few years of living a more rural life in Threshfield near Grassington and attending services at Bolton Priory, they returned to Leeds and eventually settled in the house in Kenworthy Garth where Beryl still lives.

Beryl had several jobs before giving work up when she had children, but she was keen to return to work when



her youngest started playgroup and she was lucky enough to get a job at Leeds University helping to set up their Staff Development Unit. She loved the work and stayed there until her retirement.

Retirement for both Beryl and Frank brought its pleasures, but life got harder when Frank started falling and he was eventually diagnosed with Lewy body dementia. When the pandemic came, Beryl was able to benefit from recorded church services and social activities over Zoom. Sadly Frank died in 2021.

Over the last year, Beryl has been able to come to church more often and regularly attends our 10 o’clock service on a Sunday. Her faith is clearly

shared by her daughter Kerry who lives in Plymouth, is a church warden at her local church and it was she who encouraged Beryl to give this job of Electoral Roll Officer a try. Beryl was ill over Christmas and enjoyed watching

the services online, but much prefers attending in person where she can meet people, receive a warm welcome and really feel a part of the church family.

Electoral Roll

Revision of church's electoral roll 2023

The existing Church's Electoral Roll is due for revision in time for the Annual Parochial Church Meeting (APCM), to be held on 23rd April 2023.

If you are already on the Roll you do not need to take any action unless you have moved house in the last twelve months, in which case please let me have your new address.

If you are not already on the Roll but would like to attend and take part in the APCM then you must complete an application form, available at the back of the Church or from me (Beryl Stoker, 2 Kenworthy Garth, LS16 7QU) from 5 March, and return it either to me or by placing it in the red box available near the forms at the back of the Church.

All forms must be returned by the deadline of 26th March. The revised Roll will commence on 2nd April; after this date no new names can be added until after the APCM.

Please read the Application Form and attached notes carefully to ensure you are eligible to be on the Roll.

If you have any further questions please get in touch with me, Reverend Alison or one of our Churchwardens Lucy or Alison. Details of our privacy policy relating to the Electoral Roll are available on the Church website or from me if you require a paper copy.

Beryl Stoker,
Electoral Roll Officer
Home: 01132619436
Mobile: 07720864432
berylstoker@yahoo.co.uk

Annual Parochial Church Meeting

**Sunday 23rd April
at 11.30**

in the Stables

Please come and support
Alison and the PCC

Environmental News

Lentils for Lent!



I mentioned a little about deforestation in past issues of Adel Bells, swathes of forest and jungle cleared for agriculture, be it for animal farming or crops to feed us, to make our clothes, cosmetics and toiletries.

Animal farming in the UK is estimated to contribute around 12% of total emissions. This is equivalent to removing 900,000 cars from the roads. An analysis last year by the WWF shows that 40% of arable land in the UK is used to grow food for livestock. Half of the wheat harvest each year goes to feed mainly chickens and pigs. That's the equivalent of 11 billion loaves of bread. The UK also imports large quantity of feed from overseas.

We often get asked why we stopped eating meat. Everyone has their own journey, mine started Christmas 2015. Julia and I hosted Christmas that year for all our family. We cooked for 19 people and it was a feast! So much food was had and much more was left behind. It made me realise how much

food wastage must happen around the world and heartbreakingly, how many people don't have this luxury. We had turkey, beef, gammon and lobster and I felt bad about the animals that were slaughtered for our dinner. We froze what we could and any left behind we had over the next few days. We managed not to throw any good food out and made the decision once all the meat was gone out of our freezer, I would eat no more. I started to look into the environmental impact of the farming industry and the toll it took on our planet and over the next few years, changed to a plant-based diet. After all these years, I don't miss it and don't even think about it anymore. To me, animals are my friend. But I have to confess, I do enjoy the odd piece of cake on certain occasions!

So why not give up meat this Lent and try some lentils in your diet? It is easier than you think and over the past few years, there has been so much more choice for plant-based food. In this month's Adel Bells, I've included a recipe for one of our favourite comfort foods, a take on a cottage/shepherd pie but with lentils and the unique taste of dill in the topping elevates this dish.

If you know of any up coming events or anything you'd like to share, please get in touch.

Peace to everyone this Easter time,

Tang x

Recipe of the Month

Shepherdess Pie

Ingredients

Filling

1 tablespoon olive oil
mirepoix base (about a small onion, a small carrot and a stick of celery, finely chopped)
1 small leek, finely chopped
1 tablespoon of mixed herbs
2 cloves of garlic, minced
(I like to add more but up to you!)
2 tablespoons balsamic vinegar
1 400g tin of chopped tomatoes
1 tablespoon of tomato puree
1 teaspoon Marmite
1 teaspoon of maple syrup
or sugar will do
1 400g tin of green lentils, rinse and drained
150g frozen peas
and salt & pepper to season

Topping

3 large potatoes peeled and cut into chunks
2 large sweet potatoes peeled and cut into chunks
1 tablespoon butter, for vegan use normal flora or any other plant based butter/spread
1 heaped teaspoon English mustard, if too much can reduce this but I like the kick.
1 heaped teaspoon dried dill
and splash of milk/non-dairy alternative
chopped parsley

Method

Heat the oil in a large pan and add the mirepoix, leek and garlic. Soften the veg by gently sautéing and then add the herbs. After few minutes, season and gently cook for another further 5-10 minutes before adding the tin tomato, tomato puree and about 100ml of water. Check for seasoning again and add the balsamic vinegar, Marmite, maple syrup and then simmer for 15 minutes then add the lentils and simmer for another 15 minutes. If it starts to thicken too much add a splash of water.

P.T.O.



While the filling is simmering, make the mash topping, bring a pan of salted water to boil and add the sweet potato and let it simmer for 5 min then add the other potato. Let it simmer and cook through till soften, usually takes about 15 minutes, and drain once done. Let the potato dry out in the colander/drain for a moment and then return to pan over a low heat, mash with the butter and add a splash of milk to loosen the mash a little. Take it off heat and season with mustard and dill and stir it through the mash.

Turn the oven on to 180°C. Add the peas to the filling and stir through. Fill a baking dish with the filling and spoon the mash on top and spread it over the pie, I find it easier to pipe the mash on. Cover all the filling with the mash and gently run a fork over the top and bake in the oven for about 30 minutes, last couple of minutes scatter chopped parsley on top. Let it cool for a bit and serve!

Thang and Julia

Christmas Angels

Can you help?

We are hoping to distribute Christmas Angels again this year and bring some joy to our community by surprising them with this gift.

The basic pattern is the same as we have used before, but in order to have greater uniformity of size, I am suggesting we use double knitting wool, or even Aran weight.

Another idea I am testing is sewing beads around the wings and head. The beads are attached to each other in a string and just need sewing on. This is an optional extra, as I am not sure how easy it is to find these beads. I bought mine at Country Baskets near Wakefield.

The pattern is available on the church



website. We owe a big thank you to all who have knitted for us in the past. A couple of church members have already started making new angels, so if you can help, let us see how many we can have made by the time December arrives!

Marjorie Cole

0113 2610069

adelbellscm@gmail.com

Supporting MND

Remembering Les Everett

Those of you who saw my article in the October edition of Adel Bells will be aware that I am running in the Rob Burrow Marathon on 14th May this year in support of the Leeds Hospitals Charity with the aim of building a new Centre in Leeds to support sufferers of Motor Neurone Disease and their families. This was particularly in memory of our late, dear friend and previous Churchwarden Les Everett but also for Rob Burrow and all those other MND sufferers that I came across during my time as a GP in Headingley over 30 years for whom I could do so little while I was working.

I should say a very big thank you to those who have already donated, it means a great deal.

Training has been going much better in recent weeks after a rather slow start last year. I am now running 4 or 5 times a week and my longer runs are now 15 miles or more, so 26 miles feels almost in sight at times and so far away at others!

I can often be seen plodding around the streets of North Leeds and beyond wearing my purple and gold Leeds Hospitals Charity kit or something bright yellow and highly visible after dark. If you see me do

give me a wave or toot your horn as I am sure that will give me a lift.

Come and wave to me in church Lane!

On the day of the race the route takes us up the Otley Road through Headingley to Adel then up Church Lane past the Church and out towards Otley. Later on (much later in my case!) we run back down the Otley Road from Bramhope, through Adel and back down to Headingley stadium, so why not get out on the streets and cheer us along, all 12,000 of us!

If you would like to donate, and as the old saying goes, every little helps - here is the link and also a QR code to scan if that is easier for you

www.justgiving.com/fundraising/jamesdocmoxon



James Moxon

Penny's Ponders

Hello again Everyone!

It's that lovely, exciting time of the year again when everything is new! I just love to smell things growing when I am out on my walks. So much to look out for!

My Mum tells me she has seen some little baby lambs, but I've not seen any yet. I do love them, particularly the ones who have been hand-reared - they are not frightened of me, and we can touch noses through the fence. I don't understand their language, (my Mum calls it baa code) but that doesn't stop our being friendly to one another. Perhaps it's better that way - we can never argue!!

After all that frost, a thought has occurred to me. What do moles do when the ground is so hard? I presume they have to stop making mole-hills (mind you, they make up for it after the frost has gone!) and also, they can't get any fresh air. I don't think I've ever seen a mole, but if I do, I shall ask and let you know. I understand that they are tiny creatures, so another thing I will ask is how, and indeed why, do they make such huge piles of earth. One would think that being small, they would only make small piles. Hmm, another one of life's conundrums.

I understand that at the moment we are living in something called Lent, an

opportunity for humans try to be quiet and think about how they live their lives, how they can improve their relationship with God and each other, and to order their lives in accordance with the principles and teachings of Jesus. Everyone seems to lead such busy lives from where I'm sitting, rushing around, doing jobs, working, shopping - I get quite dizzy thinking about it.

Jesus had His quiet time too. Time when he could get away from the crowds and the demands they made. Once, He even got in a boat and crossed a small sea to get away from it all. Jesus, whose time was very precious and in short supply, made time to be quiet so he could pray to God, meditate on important issues and be refreshed and be strong to face everything in front of Him. So, we should learn from Jesus and realise that communion with God in prayer and meditation is not a luxury but a necessity for us to have balanced, meaningful and Christ-like lives.

Remember the mole. He digs for miles underground in the dark. Consider its joy when it stops the daily toil and breathes in fresh air. Our regenerating fresh air is our relationship with God, so let's re-evaluate our lives, amend them and move forward in love and faith.

Woofs & licks,

Penny xx



Spring Eucharist 2023



**Saturday 11th March 2023 at
Holy Trinity Church Bingley
Trinity Place, Bingley, Bradford, BD16 2PR**

Tea and coffee will be available at 10:30am prior to the
Spring Eucharist with the Rite of Admission at 11am.

Everyone is Welcome
Please bring your own robes
Please bring a packed lunch

New members will be most welcome

Please let us know by Friday 3rd March, if you can join us.
Also, please let us know if you wish to be admitted at this service.

If you need any further information, please contact
Secretary: Sue Middleditch
T: 0113 2643946 M: 07976 209127 E: middleditch@live.com

Chapter Chair: Emmerson Walgrove Secretary: Sue Middleditch

Treasurer: Glenn Middleditch Chaplain: Mthr Sharon Brown SCP

Committee members: Jean Radley, Sue Ford, David Knox

Safeguarding Officer Emmerson Walgrove

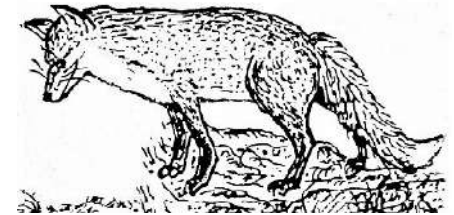
The Wildlife of Adel

Spring Watch in Adel

Spring Watch in Adel,
through my window, long before
walkers and their dogs appear:
I see a deer—running across the well-
cut grass and hear a Blackbird calling
from the hedge, where mole hills line
the green field's edge.
Here in my small, stoney garden
there are no lawns to cut -
or tempt mole excavations.

Red Kites circle high above
but the Heron, at dawn, will
sometimes stand, poised and still,
on my back door step. I know
it makes my heart skip a beat
to see a Heron standing there,
unaware that I am watching him
through the window. A Red Fox
sneaks through the hedge for a drink,
scolded by a Crow.

Now, I walk out alone
and follow narrow, garden paths
through small pines and fine ferns
that grow between stone circles,
linking ponds and viewpoints.
Great-Spotted Woodpeckers
come from nearby oaks and bring
red-capped youngsters here
to feed on nuts - while field mice
and voles share spilt food below.



On calm, dry evenings,
I love to see small bats feed
on clouds of midges, above
my garden wildlife pond - where
frogs are croaking in tall reeds.
A Tawny Owl hoots from the roof
'Whooooo'. Then, after a brief pause,
'Who, who-who-who-whooooo'
and I, with cold, cupped hands,
mimic a reply—'Whoo—whooooo'.



Val Crompton

Words from Joyce Hill

St Patrick

Many people know that 17th March is St Patrick's day. He is known as the Apostle of Ireland and is one of Ireland's patron saints. The recognition of him as the patron saint of Ireland can be traced back to the seventh century; the familiar association of him with Irish national identity is a much later development.

Patrick's precise dates are uncertain as are various events and locations associated with him, but two Latin works generally accepted as being by him, the *Confessio* (or *Declaration*) and the *Epistola* (Letter) give us some information about his life. All other accounts come from later centuries, and embody legends and stories; some of the earliest may preserve a few details from oral tradition. One of the most famous stories, his use of the shamrock to illustrate the Trinity, is only firstly recorded in writing in the eighteenth century. There are coins from the 1680s depicting him holding a shamrock, as he often appears in art today, so the tradition clearly predates the written text.

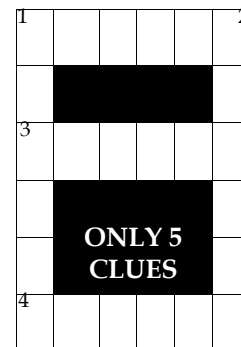
Patrick was born in Roman or sub-Roman Britain to a Romanised family and was given the Latin name Patricius. His father was a city decurion (senator and tax-collector) and a deacon in the Christian church. He was captured from his home by

Irish pirates when he was sixteen and lived in Ireland as a slave for six years before escaping and returning to his family. These years had been crucial in the development of his faith, and so, following his escape, he went to Gaul to study, chiefly in Auxerre, where the great and saintly Bishop Germanus ordained him.

Responding to a vision, Patrick then returned to Ireland as a missionary, later becoming a bishop, and trained several priests. He claims in his *Confessio* to have converted thousands, and his converts included a number of wealthy women, who became nuns despite family opposition. Despite these successes, Patrick, as a foreigner and missionary of a new faith which often upset the established cultural norms, was often challenged, beaten, robbed, and at least on one occasion imprisoned in chains.

The uncertainty about Patrick's life extend to the date of his death, some arguing for c. 460, and others for c. 493. Patrick's relicts were laid in a shrine by St Colum Cille (Columba) in 553, and a note was later added (author unknown) stating that this was sixty years after Patrick's death. He is said to be buried in Down Cathedral in Downpatrick, now in Northern Ireland.

Puzzles



Across

- Group of friends in line on the Underground
- Law, say, that's misused on every occasion
- Charlie may have confused this cake with heroin

Down

- Alter some of the coinage
- Person dining around end of this festival

General Knowledge Quiz

- This diminutive French singer was known as the Little Sparrow. Who was she?
- This English king had two nicknames, one of which was Longshanks. Who was he?
- The Maid of Orleans is better known as what?
- Who in the USA is known as The Father of His Country?
- This English soldier and leader was known as Old Ironsides. Who was he?
- This iconic American singer was called The Man in Black. Who was he?
- Called The Father of Medicine, he was an Ancient Greek physician who lived around 400 BC. What was his name?
- This American politician was known as Tricky Dicky. Who was he?
- What is the first name of Captain Mainwaring in 'Dad's Army'?
- What is the surname of Buffy the Vampire Slayer?
- What is the longest-running sci-fi series ever made for TV?
- It's possible to score no points with a tile in Scrabble. True or false?
- What is the collective name for a group of crows?
- What European city does the River Tagus flow through?
- Who was the first British prime minister to appear on TV?
- In what building does the Northern Irish assembly sit?
- Which song did Don McLean write and perform as a tribute to dead rock and roller Buddy Holly?
- How long does it take for the Moon to orbit the Earth?
- Which planet in our Solar System is closest to Earth?
- Which of Shakespeare's plays begins with the line, 'Who's there'?

Solutions on page 36

Brain Teasers



- 1) What is special about these words: job, polish, reading?
- 2) I can't be bought, but I can be stolen with a glance. I'm worthless to one, but priceless to two. What am I?
- 3) Turn me on my side and I am everything. Cut me in half and I am nothing. What am I?
- 4) No matter how little or how much you use me, you change me every month. What am I?
- 5) A red house is made from red bricks. A blue house is made from blue bricks. A yellow house is made from yellow bricks. What is a greenhouse made from?
- 6) You're escaping a labyrinth and there are three exits. Exit A leads you to an inferno. Exit B leads to an assassin. Exit C leads to a lion that hasn't eaten in 3 years. Which exit do you pick?
- 7) What is harder to catch the faster you run?
- 8) First I am dried, then I am wet. The longer I swim, the more taste you get. What am I?
- 9) What can be driven although it doesn't have wheels, sliced but stays whole?
- 10) What letter comes next in the following sequence? D R M F S L T ?
- 11) I come in different shapes and sizes. Parts of me are curved, other parts are straight. You can put me anywhere you like, but there is only one right place for me. What am I?
- 12) Put a coin into an empty bottle and insert a cork into the neck. How can you remove the coin without removing the cork or breaking the bottle?
- 13) What does this mean? I RIGHT I
- 14) I have a large money box, 10 inches wide and 5 inches tall. Roughly how many coins can I place until my money box is no longer empty?
- 15) During which month do people sleep the least?

Answers on page 36

Nature Notes

The Headingley Oak

It was November 1941 and I was cycling through Headingley on my way home from school when I noticed something was missing. The tiny fenced enclosure that had housed the Headingley Oak was empty. The tree had finally toppled over and, by the time I got there, it had been cleared up and there was nothing left to see.

I don't think there was a lot of public interest – well it was war-time, and there were lots of other things to talk about, but I was quite interested as I had got to know the tree whilst on Sunday family walks and had been intrigued by a tree that lived in a cage on the pavement. I have a clear recollection of once seeing a tiny leaf-stalk growing directly out of the trunk with a small leaf on the end of it, so it wasn't quite dead at that point.

There had long been a tradition in Headingley that this tree was the meeting-place of the Skyrack Wapentake where local farmers and free men would meet each year to discuss how to get along with each other, and to sort out differences. So how long could an oak tree live? Well the accepted mantra today is 300 years to grow, 300 years to live and 300 years to die – giving a total of 900 years. So subtracting 900 from 1941 gives 1041 during the reign of Edward the Confessor -just the right

sort of date – except that the meeting would not have been held round a tiny sapling; a much more imposing tree would have been needed.



My interest was revived when I learnt that a group of tree experts have been looking at ancient oaks that are still growing in England to see if they could establish how old they were. All but one of the trees was assessed as 'about 1,000 years', and the other one was 'about 1100 years'. So if experts cannot be precise about the age of living trees there is no chance that we can discover how old the Headingley oak was; clearly there must once have been a really impressive tree, but probably not the tree I used to know.

A replacement was planted close to where the original had once stood. It's a bad place for a tree, and already the wall has suffered from the growing trunk.

Peter Larner

In Your Garden

March, when days are getting long, Let thy growing hours be strong to set right some wintry wrong”

- Caroline May

With the return of some evening daylight to the garden there is ever greater opportunity and incentive to be outside and to enjoy the emerging signs of Spring. Buds emerging on trees and shrubs, a few insects out and about seeking sustenance after winter hibernation, bulbs poking out of the still cold soil and the early flowers of hellebores and hamamelis. So much to look forward to.

The lovely sound of birds singing will return and increase in volume as territories are explored, fought over and defended. Many of our resident species will start nesting by the end of the month, particularly blackbirds, blue tits and robins. With favourable winds some of our earliest migrants may also start reappearing. I quite regularly hear my first Chiffchaffs singing by the middle of the month whilst most of our winter visitors will be heading off to their breeding grounds in northern climes. We will be saying farewell to the redwings and fieldfares that have brightened the coldest months but before long we will welcome willow warblers, swallows and house martins in their stead.

As the weather allows, there are winter shrubs that can be cut back now. Plants such as Cornus (Dogwood) and Salix (Willow) which are grown mainly for their colourful winter stems are best thinned now. That will give them a whole season to put on fresh new growth, for vibrant winter colour at the end of the year. Summer flowering shrubs such as Buddleia can now be harshly pruned back to a pair of buds. They will grow away vigorously and flower on this new growth. The same applies to many but not all types of clematis.

It's a good time to catch up on any of those jobs that didn't quite get done over the winter. You can happily remove any dead stems, leaves and flowerheads left from the autumn, clear paths and driveways of the detritus that accumulates, especially moss and leaves, tidy up sheds and greenhouses, and if you are so minded, start planting up some seeds, particularly if you have a bright, sheltered place to store them safe from frost.

George Turnbull

enquiries@adelgardencare.co.uk
www.adelgardencare.co.uk

History Groups

The 1152 Club usually meets every other Tuesday at 10am—11.15am at Kirkstall Abbey Visitor Centre.



Free parking near the Abbey House. This a free, friendly **local history group** for adults aged 55+ interested in learning more about the local area. Includes a hot drink. No booking is needed, just turn up.

21st Feb Mary Holmes:

Talk about Elizabeth Wolstenholme Elmy—a first wave feisty feminist who was educated at The Moravian School, Pudsey.

7 March Aidan Enright:

Talk about Charles Owen O'Connor, - Landlordism, Liberal Catholicism & Unionism in 19th C. Ireland.

28 March Kitty Ross & Catherine Robbins:
All To Play For.

All talks take place in the Rose Room, Kirkstall Abbey Visitor Centre.

Patrick Bourne

Kirkstall Abbey, Leeds LS5 3EH
Kirkstall.abbey@leeds.gov.uk
For further details, ring 0113 3784079

or contact Val Crompton

Abbey House Museum



A fun, family-friendly and interactive museum! Come along at half-term! Travel back in

time to Victorian Leeds on our 19th Century street and discover social history.

Wander the recreated Victorian streets of Leeds and feel like you have stepped back in time to the 1880s.

Monday: closed

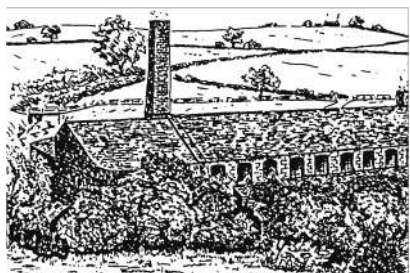
Tuesday – Friday & Sunday:
10am – 5pm

Saturday: 12 noon – 5pm
Last admission 4.30pm

Kirkstall Lives is a community display (until Sept 2023) which celebrates the lives of people who have lived, worked and visited Kirkstall.

1152 Club Meeting 17th Jan

On a bright, frosty morning, **Kirkstall Abbey Visitor Centre** was warm and welcoming. The expected speaker at the 1152 Club was unable to attend - so Patrick Bourne showed us slides and talked us through an **A - Z History of Leeds Facts** -starting with **Adel 7-Arches**, also including John **Marshall** of Adel, who leased Scotland Mill in 1788 and with engineer **Matthew Murray**, successfully installed machinery for spinning flax (using water power from Adel Beck Dam).



Later John Marshall built Marshall's Mill, and then **Temple Mill (with sheep on the roof)** in Holbeck, for spinning flax, using steam engine power.

At 10am on Tues 31st Jan **Clare Brown** (Curator of Natural Sciences) was to talk about '**Dodos in Leeds**', an intriguing subject.

Val Crompton



Leeds City Museum

Keep Crafting in 2023

1st March, 5th April

Venue: Leeds City Museum

3:00 pm - 4:00 pm

If you enjoy craft making with other like-minded people, come along to our free craft making session on **the first Wednesday of each month**.

3 March 10:30 am-12 noon

Venue: Leeds City Museum

Our monthly series of talks for adults, usually on the **first Friday of the month**. Pop along for these talks and enjoy a free cuppa too.

Leeds City Museum

Community Choir

Friday

3rd March 2023

Venue: Leeds City Museum

1:00 pm - 2:00 pm

Join our monthly community choir with Leeds City Museum. Free and open to all.

OPAL Activities

Spring is here and hopefully the cold weather is behind us, our grounds are beginning to bloom and we are looking forward to being able to use our outside spaces again.

A new free activity to accompany the warmer days are our Wellbeing Walks starting March 2nd (monthly to start with); the walks last for approximately 90 minutes with a tea or coffee break halfway round. This is a perfect way to make new friends and enjoy the fresh air.

Our upcoming trips are sure to be popular as always, so please be sure to contact us if you want to go on them. We will be going to Toby Carvery on the 21st of March and to Skipton market on the 21st of April and we hope our members have a fantastic time at both.

Our shopping trips are so popular we have now made them fortnightly (previously monthly). The upcoming dates for these trips are the 9th and 23rd March and the 6th and 20th of April. These shopping trips pick members up from home in an accessible minibus and drop them back with their shopping making it an enjoyable way to shop.

Another exciting date for our members is Sunday the 14th of May when Ailsa Rhodes (MBE) will be running the Rob Burrow Leeds

Marathon, she is running the marathon for OPAL and if you would like to sponsor her please call the OPAL office or call in to see us. On the day of the marathon we will be cheering Ailsa on when she reaches the 17 mile point at Bramhope, as she will have just run up the massive hill from Otley. We think she is amazing for giving up so much of her free time to train for this event.

Another Springtime date for our members is the renewal of OPAL membership, annual membership expires on the 31st of March and will automatically lapse if it is not renewed. OPAL membership is only £12 for the entire year and if you are a tax payer you can 'Gift Aid' your membership so OPAL can reclaim the tax from the Inland Revenue. Membership can be paid in person at our Drop in Office by cash, card or cheque, by post by cheque made payable to OPAL (please include your name and address) or by bank transfer.

If you are interested in joining any of the activities we offer, or if you would like more information please contact us on 01132619103. email admin@opal-project.org.uk or call in to see us at the Welcome In Community Centre (55 Bedford Drive LS16 6DJ)

Shelley Clark

York Gate Update

It was over 60 years ago that the Spencers sold the farmyard and farm buildings at York Gate to a local builder in order to pursue their passion for the creation of their garden. Many of you will no doubt remember York Gate Cottage with its lovely garden.

About 5 years ago Perennial, the charity which manages York Gate, had the opportunity to purchase York Gate Cottage. The detached house has become the new café but it is the front garden which has undergone the greatest reincarnation.

The York Gate gardeners rescued all the plants from the garden and also the stone from the rockeries for use elsewhere and a new entrance garden was designed featuring the circular motif around a central millstone which forms a key signature design at York Gate. This new blank space provided our gardeners with the opportunity to use their talents and knowledge to create a garden for today whilst continuing with the conservation and legacy of the Spencers' garden.

After attending a garden conference in 2020 our Head Gardener returned with a vision for creating a quite experimental garden, a garden which promoted environmental issues embracing sustainability, biodiversity and climate change. The Mediterranean style dry garden,

where sand has been used as the growing medium, was planted with 8 olive trees and then underplanted with a range of plants from all around Europe, as well as lots of annuals inspired by a trip to South Africa.

Planting in sand promotes a really strong root system as they delve deep into the subsoil and, as water can drain away from the roots, the plants are able to survive our increasingly wet winters. If you have recently visited, you will have noticed the spiky, exotic agaves each protected by their own little glass house!

The Garden will reopen next month but, in the meantime, do come along to York Gate, take a look at the new Sand Garden and its unusual plants.

Gillian Smith, Heritage Volunteer.

I hope that many of you managed to visit us during our Snowdrop Days. We had days for Friends and for the public and even a day for our hard working volunteers. If you would like to volunteer at York Gate, Zoe, our Volunteer Co-ordinator is always on the look out for more help, so please drop her an email zparker@perennial.org.uk In March, only the café remains open, but everything will be open from 1st April, details and booking on our website yorkgate.org.uk
Sally Latchford

Adel Players

Office Suite : A two-play treat by Adel Players

Two separate short plays were delivered crisply and efficiently, each actor giving added value with a sprinkling of northern grit. It would be wrong to single out any one actor, as the whole cast was professional and perfect for their particular part, the acting as ever was word-perfect.

The first play saw Doris and Doreen seated at their desks front stage. Doreen is at pains to mention her husband, Clifford, at regular intervals, but Doris is more concerned with her mother who has "spent half the night on the commode", blaming the box of chocolates the vicar brought her. Neither of them feels the need to do much work, although Doreen is envious of Doris's higher pay grade. They are thrown into a flurry of activity when they spot several requisition forms all bearing the same reference number, and suddenly their cosy world of complacency and job security is shattered, as they realise the real threat of redundancy. Someone is about to replace them, and the advent of computers is growing ever nearer. No more sending dockets and green forms for them.

There is a delightful vignette with a one-armed man employing a trolley pusher to deliver and collect dockets

and pink forms and green forms in large buff-coloured envelopes, and persuading Doreen that she needs to join the Union, to save her from redundancy.

The next short play is held in the home of Mr. Dodsworth, comfortably retired; his wife Winnie has died, but he has his retirement clock and budgie for company. A ring at the doorbell and Miss Prothero enters, brimming over with office gossip. As ever Bennett drops in a Leeds reference, the bus up Gelderd Road adds a comfortable familiarity. She looks disapprovingly at the cake Mr. Dodsworth's daughter has made, and suggests an electric blanket might have been more useful than the clock as a retirement present. The audience felt uncomfortable at the invasion of this poor man's comfortable life by this over-bearing, and somewhat spiteful woman.

On a personal note, I couldn't help but think Alan Bennett's mother would have had something to say about Miss Prothero's footwear, a pair of very elegant red sling-backs, "Sling back-shoes," I think she'd say, "She'll be needing to see that chiropodist up at Whingate Junction, mark my words, them pointed toes will play havoc with her bunions."

Jenny Jones

What's On

Headingley Flower Club at Bramhope Friday 3rd March 'Sugar N Spice'

Sara Barrow
7pm Refreshments - you are welcome to come as a guest and possibly go home with a winning raffle flower arrangement.
Bramhope Village Hall,
Old Lane, Bramhope. LS16 9AZ
Contact Mrs Jean Money
Tel 01924 468714

Adel Gardeners' Club Monday 13th March

'Innovations in fruit and veg growing'
David Allison
David, Fellow and former Chairman of the National Vegetable Society and qualified NVS Judge, will tell us about new techniques, colour breaks and other interesting features and is hoping to bring plants to sell. It'll be good to have David back with us.
adelhort.btck.co.uk

Concert in Church Friday 10th March

7.30pm
A concert of music inspired by the four elements
Ticheli *Earth Song*
Lauridsen *Madrigali*
Cjeilo *Northern Lights*
Quartel *Swept Away*

Skempton *Rise up, my Love*
And other choral gems

By **Earth Song**

Admission £12 /£10 concessions/ £5 students & low income. Available on Eventbrite or on the door.

Holt Park Writers' Group Monday 13th March

2-3pm in Holt Park Library
This takes place every other month.
New members welcome,
come along and meet us.
Contact **Val Crompton**
Tel. 0113 225 9142

Leeds & District Association of the National Trust Tuesday 14th March

'The rise and fall and rise of Wentworth Castle Gardens'
with Matthew Constantine, Cultural Heritage Curator with the National Trust
St Chad's Parish Centre,
Far Headingley
Talks begin at **10.30** am with coffee etc. served from **10.00** am.
Association members £4.00,
guests £5,
Refreshments by donation

Barry Anderson

Meanwood Beck Flood Risk Study

The Council has brought forward some options to alleviate flooding in Meanwood Beck catchment area which can take some water to stop it entering unwanted areas. Three options have been shortlisted for consideration which are: Scotland Wood, Woodhouse Ridge, and Meanwood Valley Urban Farm. Additional natural flood management options will also be considered in several affected areas.

A660 Consultation Event

A consultation event from Monday 30th January to Sunday 5th March will include proposed improvements to the A660, between the Shaw Lane junction in Headingley, and the St Mark's Road junction in Woodhouse. The Council are looking to make the route safer for all road users as it has a history with a high number of collisions.

If you would like to have your say, there will be drop in events and a website where you can leave comments
<https://a660.commonplace.is>

Nuisance Quad Bikes

I receive much correspondence regarding nuisance quad bikes and electric scooters. Safer Leeds and the

LASBT service have responsibility for coordinating a response to anti-social issues and use of motor vehicles in parks (and other public spaces). A number of interventions are already in place across the city to support this initiative which include Neighbourhood Policing Teams and partnerships such as 'Operation Dieselcrest' which focuses on thefts of quad bikes and motor scooters as well as engaging with individuals known or suspected of being involved in the Anti-Social Behaviour.

In response to heightened public concern, officers in Safer Leeds are seeking authority for the introduction of additional powers through the Anti-Social Behaviour, Crime and Policing Act 2014, to tackle such behaviour on roads and open spaces to which the general public have access, including parks. Specifically, it is the intention to introduce a citywide Public Space Protection Order (PSPO) to add to the existing suite of powers aimed at addressing this issue.

Statutory consultation with the public and other groups is currently ongoing prior to the introduction of the PSPO, but it is envisaged that the order will be enacted within a matter of a few months.

Cllr. Barry Anderson
Adel & Wharfedale Ward
www.barryanderson.org.uk

Billy Flynn

Hi everyone,

Mini beasts from the East

Hopefully the Mini Beasts from the East with the very cold weather that pursued us into February are now well behind us. With luck, by the time you are reading this Spring will have arrived, on 20 March with Easter only three weeks later! Doesn't time fly?

Children's Play areas

We have been trying for years without success to find a suitable location for a children's play area in Adel. Few residents want one near their houses because they fear it would attract anti-social behaviour during the evenings. Consequently, the sites identified were not progressed because of local objections or because land-owners would not agree to a play area. However, things are improving, albeit very slowly. A brand new playground is planned for the Adel Square development on the Adel Beck site, It will be situated near to where the existing footpath from Sir George Martin Drive links up with the new development. The Holt Lane play area is due to be completely refurbished this year with a new safety surface. More on this when I receive the timetable. Although, just outside the Adel boundary the Hall Lane, off Cookridge Lane, was completely refurbished last year plus a new one on

the Spring Wood development in Bramhope.

Road maintenance

Some long overdue road maintenance is planned for the ward and Adel in particular during the coming year. I have also included future years programmes for information. Work will be carried out on the following roads and may involve the carriageway, footpath or kerbs or possible all three: **2023/24** – Adel Wood Drive, Close, Gardens, Grove, Place and Rd; Moor Croft; Tile Lane; Oaklands Drive; Waylands Close; Court and Drive; New Adel Lane; **2024/25** - Holtdale Rd; **2025/26** - Adel Park Close, Croft, Drive and Adel Pasture; **2026/27** - Farrar Lane; Holt Park Crescent Grove and View; **2027/28** – Broomfield; Church Lane; Whinfield; footpaths in and around Heathfield Walk.

Beyond this further work is scheduled for Adel Park Gardens; Broomfield; Holt Close; Whinfield; Glendower Park; Holtdale Fold and parts of the Holtdale Estate footpath.

Please note that the programme is provisional and dates subject to change if other emergency repairs are needed. If you want more information on the work planned please get in touch.

Extra care housing behind Asda

You may have noticed some groundworks taking place on the Farrar Lane site. These works were commissioned by Leeds City Council to inform the planning process. Unfortunately, it has led to some inaccurate social media comments about the future of the land, including rumours that it might being sold off to private developers. There is even speculation that any housing built there might be for refugees. I have checked the position with planning officers, and they confirmed that the council is very clear the land is for extra care and affordable housing, subject to planning and securing delivery partners.

Only 5 Clues

Across

- 1 CIRCLE
- 3. ALWAYS
- 4. ECLAIR

Down

- 1. CHANGE
- 2. EASTER

Quiz Answers

- 1. Edith Piaf
- 2. Edward I
- 3. Joan of Arc
- 4. George Washington
- 5. Oliver Cromwell
- 6. Johnny Cash
- 7. Hippocrates
- 8. Richard Nixon
- 9. George
- 10. Summers
- 11. Doctor Who
- 12. True (blank tile)

Anti-social behaviour

I have spoken to the police and local residents at length about the levels of anti-social behaviour since the CCTV camera was installed near the Farrar Lane tennis courts. I am pleased to report that everyone concerned reports that incidences of poor behaviour in the area have decreased substantially. Consequently, I have funded the camera for another three months.

If you would like further information on anything else in the ward, please do get in touch.

Telephone 0113 4694785,
07810640282 or email
billy.flynn@leeds.gov.uk

- 13. A murder
- 14. Lisbon
- 15. Neville Chamberlain (1938)
- 16. Stormont
- 17. American Pie
- 18. 28 days
- 19. Venus
- 20. Hamlet

Brain Teasers

- 1. They are pronounced differently when the first letter is capitalized
- 2. Love
- 3. The number 8
- 4. A calendar
- 5. glass
- 6. Exit C. If a lion hasn't eaten in 3 years, it has definitely starved to death!

- 7. Your breath
- 8. Tea
- 9. A golf ball
- 10. D - each letter represents one note in the diatonic musical scale: Do, Re, Mi, Fa, Sol, La, Ti, Do
- 11. A puzzle piece
- 12. Push the cork down into the bottle. Then shake the coin out.
- 13. Right between the eyes
- 14. Just one, after which it will no longer be empty.
- 15. February—it is the shortest month

Reflection

Reflection: Five Powerful Words of Mary, The Mother of Jesus

As I prepared for the Sunday service, at which we had a visiting archdeacon who was to lead the service and preach, I looked at the gospel reading for the day that I was to read, and on which the sermon would be preached. It was John 2: 1-11. The reading is about Jesus turning water into wine at a wedding feast in Cana. I'm pleased I'm not preaching today I thought, what is there new to say about this well known passage? But, I should have remembered something I often tell Bible reading groups, or mention in sermons, or when writing about the Bible, namely, after leading a Bible reading group at a local care home, one lady, who was in her mid-90s, told me she had been reading and studying the Bible since she was a child and she always learnt something new.

The archdeacon's sermon began, as you would expect, by him talking about Mary, the mother of Jesus. Then he said something that was new to me, and to everyone else in the congregation that I have spoken to since. He said that the reading from John, the one that I had just read, includes the only words that we hear Mary say in the entire Bible. And there are only five words, but they are the most powerful and important



five words you will read anywhere in the Bible. Mary had been told by the servants that the wine had all gone, and she says to them: 'Do whatever he tells you.' He, of course, being her son, Jesus. The servants did as Mary said, and the water was turned into wine. It is the most important sign for us all to take heed of. These five and only words of advice from Mary are just as powerful for us today, as they were when she said them. We can't go wrong if we 'do whatever Jesus tell us'.

Bob Peters
Member of the Association for
Church Editors



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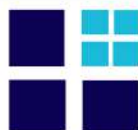
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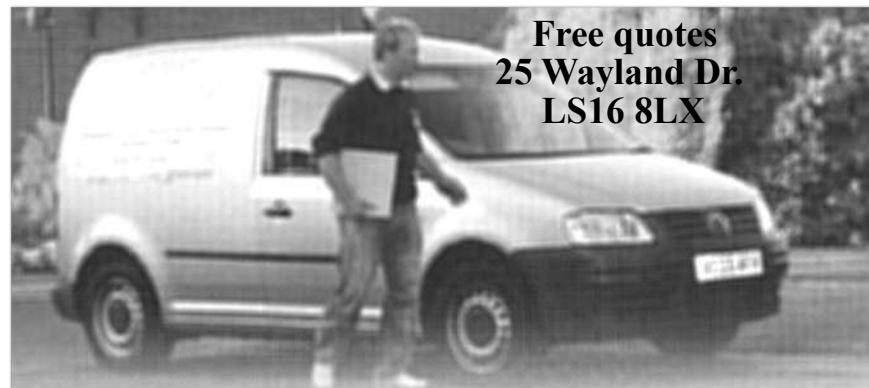
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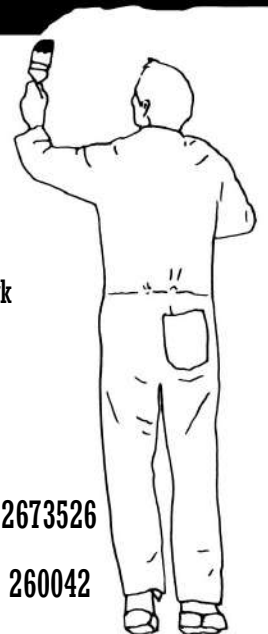
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Wed 1st	11am	Holy Communion
Fri 3rd	1.30pm	J Js (for the under sixes)
Sunday 5th		Second Sunday of Lent
	8.30am	Holy Communion (BCP)
	10am	Parish Communion
	6.30pm	Evensong (BCP)
Wed 8th	11am	Holy Communion
Sunday 12th		Third Sunday of Lent
	8.30am	Holy Communion (BCP)
	10am	Parish Communion
Wed 15th	11am	Holy Communion
Thurs 16th	3.15pm	Holy Communion in the Stables, with tea & coffee
Sunday 19th		Mothering Sunday
	8.30am	Holy Communion (BCP)
	10am	All Age Service with Communion
	6.30pm	Evensong (BCP)
Wed 22nd	11am	Holy Communion
Sunday 26th		Fifth Sunday of Lent
	8.30am	Holy Communion (BCP)
	10am	Parish Communion
Wed 29th	11am	Holy Communion

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