



ADEL BELLS

Parish Magazine 70p



March 2025

Mothering Sunday 30th March

Rector	Revd Alison Battye 25 Church Lane Adel LS16 8DQ alison.battye@leeds.anglican.org	267 3676
Licensed Lay Minister	Paul Barker	07306 282 827
Churchwardens	Anne Andrews 32 Ancaster Road LS16 5HH anne.andrews@ntlworld.com	275 5585
	Alison Howarth Apt1, Garmont Court LS7 3RU ahowarth@hotmail.com	262 4622
PCC Secretary	Andy Neal 468 Otley Road, LS16 8AE adelpccsecretary@gmail.com	07415 424 964
PCC Treasurer	Bob Holloway 10 Adel Pasture LS16 8HU bob@hollowayassociates.co.uk	267 9360
Safeguarding Officer	James Moxon	07984164782
Planned Giving	Helen Hallett	217 8845
Choirmaster	Chris Cunliffe	267 6767
Funeral Verger	Iain F. Welsh	267 9364
Assistant Funeral Verger	Lucy Best-Shaw	217 2963
Flower Rota	Hilary Taylor	2611941
Environmental Officer	Thang Tang adel.eco.church@hotmail.com	
Wedding Verger	Sue Smith	261 0349
Assistant Wedding Verger	Gillian Batcup	267 7223
Local History Enquiries	Val Crompton 27 Wayland Drive LS16 8LX	225 9142
Adel St John School Head Teacher	Mr Peter Dalrymple	261 1804
Parish Hall Bookings	Loveday Loveridge	07974 321466
Adel Bells Editor	Marjorie Cole	261 0069
Magazine Advertising	Beryl Thompson 10 New Adel Gardens LS16 6BD	267 3875
Distribution:	Sandra Lavery	261 2008
Website:	Heidi Harban	
	Email: hgharban@gmail.com	

Adel Bells (Please email copy by 10th of the month)	adelbellscm@gmail.com
Parish Hall Bookings	adeloldstables@gmail.com
Church Website Follow us on Facebook or Twitter	www.adelparishchurch.org.uk Adel Parish Church

The Parish Church of St John the Baptist, Adel
 Enquiries including Home Communions, Baptisms, Confirmation,
 Weddings, Funerals; please look at the church website
www.adelparishchurch.org.uk

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Adel PCC Members 2024—2025

Anne Andrews, Paul Barker,
 Lucy Best-Shaw, Bruce Buchan,
 Marisa Clayton, Marjorie Cole,
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 Bob Holloway, Alison Howarth,
 Sarah Johnson,
 Jenny Jones, Sandra Lavery,
 Sue Lawson, Loveday Loveridge,
 Andrew Neal, Mark Seaward,
 Carole Smithies, Leanne Winfield

Magazine Editor

Marjorie Cole

Illustrators

Val Crompton
 Marjorie Cole

Parish Registers Baptisms

19th January

Eden and Bryn, children of Carlena
 and Jonathan Houldsworth

Emerson Emilia, daughter of Mia
 Kendrew and Jordan Thorpe

1st February

Blakely Sophia, daughter of Heidi
 and Jordan Thorpe

Burial of Ashes

22nd January
 Teresa Maiden

4th February
 Geoff Thornton

Funerals

30th January
 Marjorie Hebden

7th February
 Susan Mayson



Festivals & Feasts

1st March
 David, bishop, patron of Wales
 5th March
 Ash Wednesday

17th March

Patrick, bishop, patron of Ireland

19th March

Joseph of Nazareth

25th March

Annunciation of Our Lord to the
 Blessed Virgin Mary

30th March

Mothering Sunday



Irish Blessing

St Patrick's Day is on Monday 17th
 March.

*May love and laughter light your days,
 and warm your heart and home.
 May good and faithful friends be
 yours,
 wherever you may roam.
 May peace and plenty bless your
 world
 with joy that long endures.
 May all life's passing seasons
 bring the best to you and yours!*



Association for Church Editors

Church Open for Visitors
 Monday and Saturday 1.45pm to 3.45pm



Part of Christ's family, welcoming everyone, sharing God's love and being a voice of hope

From the Editor

Rector Alison often draws our attention to the fact that we should put our talents to good use. As a result we have many more people volunteering for activities in church. We also see this in our community, litter-pickers being a good example. They should not be needed, but they are. Everyone has a talent of some sort, but this month I would like to draw your attention to Sue Pagdin, a talented artist who has produced many paintings for the church to use! The cover picture is one of hers. Thank you, Sue, for sharing it with us!

A big thank you is also made to the those who help keep our beautiful churchyard tidy. They certainly use their talents to good effect, as you will see in the piece that our churchwarden Anne has written on page 10. Whether they are good at clearing dead wood, building bird boxes or lighting and supervising bonfires, everything is most useful. With their help, the churchyard will continue to provide our community with a peaceful and rewarding place to spend time in or simply walk through.

If you wondered about the sheep that once roamed in our churchyard, as mentioned last month, have a look at Val's explanation on p.17. It was not just sheep that were kept by the rectors of the past, but did they get the sheep from the farm at Adel Mill, one reader asked.

Marjorie

100 Club January Draw

The lucky winners were:

- | | | |
|---|----------------|--------|
| 1 | Ian Johnston | £80.00 |
| 2 | Sylvia Wanless | £40.00 |
| 3 | Heron Brown | £30.00 |

Don't forget!

When you go to bed on Saturday **29th March**, you should advance your clocks by one hour! Don't be late for church!



Rector Alison's Letter

Dear Friends

'What would you like on your tombstone?' A question I was once asked when exploring the idea of ordination. An odd question; I assume it was to do with how we hoped to be remembered. It comes back to me when a celebrity dies and the media is full of praise for their achievements.

One such death in 2024 was former American president, Jimmy Carter. I am old enough to remember his election, and my dad's comment that he seemed a decent man, but with so many millions to choose from, was he really the best America could do?

Reading obituaries, it seems others judged him similarly. Assessments of his presidential term are lukewarm at best. He did, however, receive almost universal praise for how he used the role of 'ex-president'. Aware of the power and publicity it gave, Carter seems to have decided to take advantage of both of his rôles, not for personal gain, but to do as much good as possible.

With his wife, Rosalynn, he founded the Carter Centre which is respected world wide for its human rights and anti-poverty work. One success was its work with WHO to eradicate Guinea worm disease – reduced from 3.5 million annual cases in the 1980s to single figures last year. Carter was

also heavily involved with 'Habitat for humanity', providing housing for disadvantaged people in many countries.

I am always a bit ambivalent about the eulogising after the death of a celebrity. After all, wonderful people die daily without any media attention. What drew me to Jimmy Carter was his awareness that just having been president of the US opened many doors, regardless of achievements in office, and his determination to use this well.

A more local example is Leeds' own Rob Burrow. When the tragedy of MND struck, his fame meant he was almost swamped with support and love. At a difficult time, he and his family used this to help those who suffer the same fate with no media attention.

We will never have the opportunities afforded to ex-politicians and other celebrities. But being born in a safe and, by the world's standards, prosperous country gives us advantages denied to many. I can't remember how I answered the question of my tombstone, but would be pleased to be remembered as one who made the most of the advantages I had to help those less fortunate.

As usual, March sees the beginning of Lent. For many, inside and outside the

church, this is a time for re-evaluating our lives. It might be a time for thinking and praying, but it can also be a time for acting. If on-line resources suit you, try '40-acts'- daily suggestions for acts of generosity. Or look back to the February Adel Bells for some of Marjorie's suggestions.

If you want a local example, join us on 24th March to hear about 'Lighthouse' and how they work with vulnerable people in Leeds; but however you keep Lent, I hope it will be fulfilling for you.

With love and prayers

Alison

'Part of a Bigger Family'

A series of talks for Lent

Join us this Lent to hear other experiences of what it means to be a Christian in today's world.

Monday evenings in church
7.00 to 8.30pm

10th Mar School chaplaincy - with Kay Brown – chaplain, Abbey Grange C of E Academy

17th Mar Ministry in a market town - with Rev'd Stephen Hanscombe – vicar of Leyburn and Bellerby

24th Mar Ministry on the margins - with Rev'd Jon Swales – mission priest, Lighthouse Church, Leeds

31st Mar Cathedral ministry - with The very Rev'd Andrew Nunn, formerly Dean of Southwark

Lent Discussion Series

12th March to 2nd April

in the Stables

1.30 to 3pm

It will be based on the different gospels:

Mar 12th - 'Mark - always in a hurry?'

Mar 19th - 'Matthew - a Jewish Jesus.'

Mar 26th - 'Luke - the story teller.'

April 2nd - 'John-poet and theologian.'

Dates for your diary

5th March

Ash Wednesday

15th March

Soup and Sandwich Lunch

See p. 16

30th March

Mothering Sunday

20th April

Easter Sunday

28th June

Green Fair

With stalls and refreshments

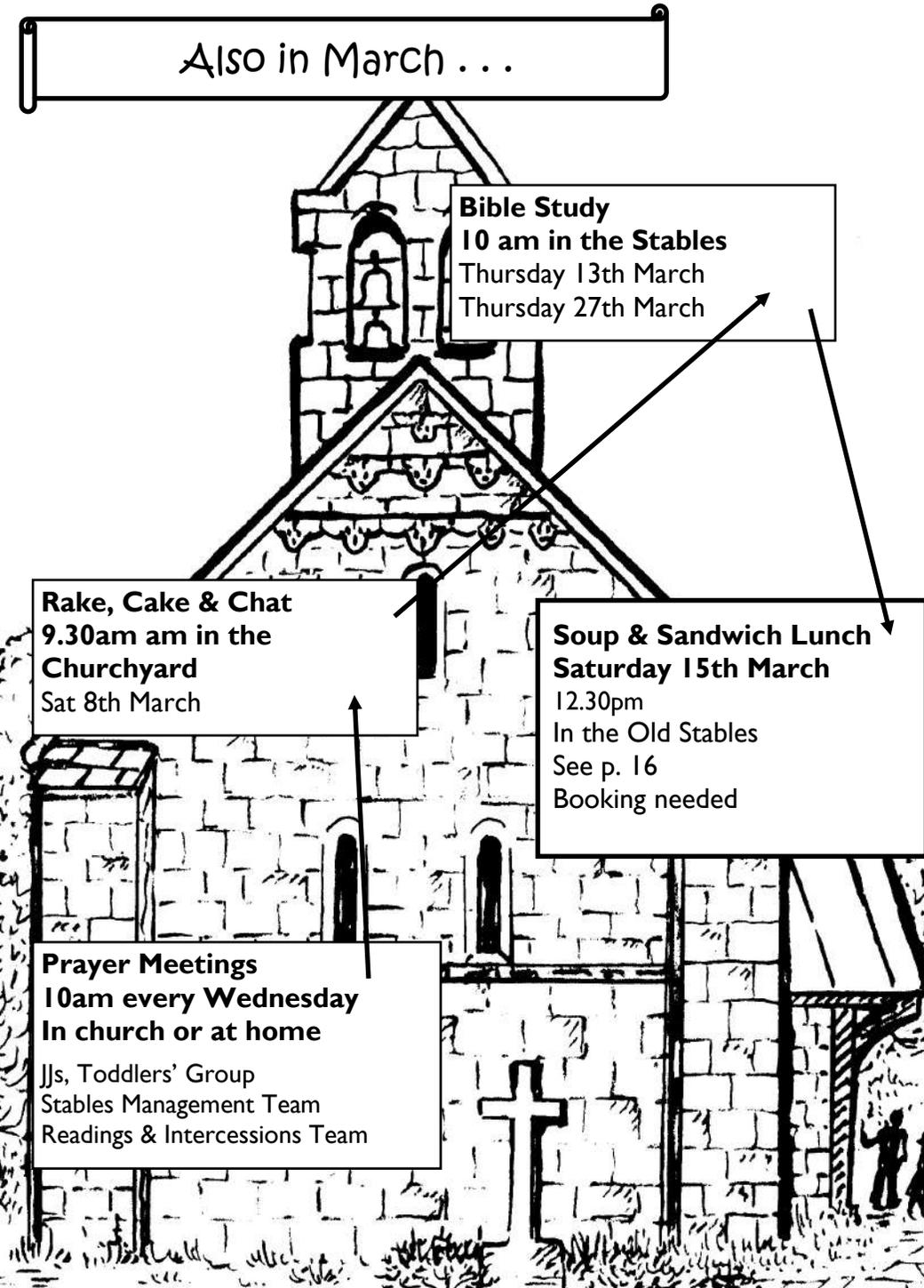
29th June

Service of Confirmation

led by Bishop Arun

as part of our

Patronal Festival weekend



Rev'd Ian Reflects

Living in the light

I'm writing this during what are still the dark days of Winter. By the time you read this I hope that Spring has sprung and that we are getting a great deal more of what we have been missing - light. And light being our everyday experience, we can forget what an extraordinary thing light is, and what it does for us. Not least, in contrast to darkness, we can see what would otherwise be hidden and be ourselves seen. And light is an endlessly rich symbol or metaphor especially throughout the arts. It is unique in our experience and relates to the whole world.

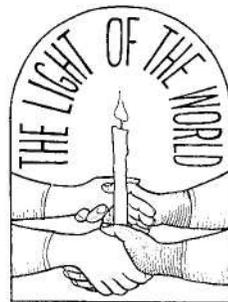
Were I a scientist or poet, I could expound on this but being of a more theological bent, my first thought on light is that God created it first in his unfolding of creation. "God said, 'Let there be light' ;and there was light. And God saw that the light was good; and God separated the light from the darkness." [Genesis 1:3] And, God's creation of light doesn't stop with this physical manifestation. In Jesus we have a deeper and transformative understanding of light when Jesus says, "I am the light of the world." He immediately follows this with "those who follow me will never walk in darkness but will have the light of life." [John 8:12] Jesus too is unique in

our experience and relates to the whole world.

What does it mean to walk in the light, to live in the light of Jesus? A couple of thoughts for consideration. First, light illuminates. Allowing Jesus to be our light means we see reality as it is; all the love and goodness, the pain, suffering, greed and desolation, and beauty. Living in the light is living in truth; not least the truth of who Jesus is.

Second, living in the light of Jesus means being led by Jesus to see ourselves in our situation, keeping a sense of perspective, seeing people with the light of love, seeing situations we face with the same love, being aware of dangers we face and how to face them and more; the enjoyment of beauty in all its forms, the delight of other people, the list is endless. These are great benefits that are available to anyone who simply trusts in Jesus, accepts the gift of his love and light.

Ian Johnston



In Brief

Enjoyment guaranteed

Despite the damp weather, eleven hardy souls turned up at the Stables for the first rake, cake and chat of the year, led by Sarah Johnson.

Some bring hand tools but others just their enthusiasm. For the first hour we are given jobs to do, which this time included pruning and tidying the flower beds outside the Stables, making sure pathways round the church are bramble free and collecting up dead wood brought down by the recent gales.

One of our regular volunteers, Steve, had come with four bird boxes that he had made, so he and Mike set about attaching them to various trees around the churchyard. Whilst we collected leaves, plants and branches, Andrew Briggs, Eusebio and Andy McGeorge, who do a magnificent job maintaining the churchyard on a more regular basis, had already started a roaring bonfire, which meant we could burn all our refuse rather than taking it to the tip.

After an hour of work and chat we stopped for refreshments in the Stables, where we put the world to rights, then it's back to work until we run out of steam! I really look forward to these monthly get togethers out in the fresh air and contributing to the upkeep of our beautiful churchyard. If you have never tried it we would love to see you. No tools or experience necessary but enjoyment guaranteed.

Anne Andrews



Bobby the dog supervised everyone!

Green Fair Saturday 28th June

Our Patronal Festival is going 'green' this year! Never fear, the usual 'recycled' jigsaws, books and plants will still be present, as well as the ever popular home-made cakes. Please bring these along as usual. And please begin collecting your recyclables.

This year, however, we plan to invite other organisations and people active in local environmental projects to come along and showcase what they are doing – maybe you know of someone we should be inviting? Maybe you are involved with something the wider church and community would be interested in? Do get in touch with either Thang, Alison or myself if you have any ideas or contacts. Otherwise, simply save the date and watch this space over the coming months for more information.

Sue Degan

Please see Thang's article on p. 13.

Letter from Lily

Hi Everyone,

I must just say before I get going: all that cold white stuff which fell out of the sky got me so confused. Where did I 'spend a penny?' How did I go for a walk when the stuff came right up to my leg-pits? Then a couple of days later – just when I thought I'd got this white stuff sorted – I went out and found myself walking on the top of it! It was rock hard and sharp! I skidded about and was very glad to come inside. Definitely YUK!

Anyway! Happy Spring! Everything smells so different. I'm not sure if it is just me, but the days do seem to be getting longer. I love to see the sunrise, but if it gets up much earlier, it'll be doing it on its own. I'm pretty, but still need lots of beauty sleep if I'm going to reach my full potential! Do you remember, before all this dark and cold, we had some lovely things on the ground called 'flowers?' They've come back and I've learnt their names! Crocuseses, shnowdrips, daffydeals, daysees: don't worry, I'll find out how to spell them before next spring and I'm sure you'll work out what I mean – after all, I am still a puppy! Everything's so exciting! All I need now is for Bedquilts to hurry up and dry out, and the real fun can start! I'll look out for you and pretend to be scared of you – it's just an excuse to run around!

Don't you think it's exciting to see

how everything is changing, bit by bit, day by day? My favourite occupation (apart from chasing) is sniffing. There's so much to sniff at – try it, you'll never be bored. Everything smells different: the trees, as their buds get bigger and stickier, the ground, as the plants come back to life, even the air – and everyone, to me, smells happier!

All through the dark and boring winter months, my Mum taught me lots, so I thought I would share with you. She has explained to me that God has made some things in circles – like now when we are seeing what seems to be new life appearing. Some of the trees and plants which looked dead have been sleeping all winter and are waking up to give us hope for the year to come. We will see apple blossom becoming apples (hope they're Pink Ladies, I *love them*), seeds growing tall and making more seeds for bread and cereals, (love, but *not* allowed 😞) cows, sheep and other animals I've not met yet having their babies. It's fascinating to watch everything outside growing, and coming to life. Apparently there's a song called 'The Circle of Life' I understand we are all part of this circle, so let's love, look after and encourage each other and thank God for all the good things we enjoy. Woofs & Lix,

Lily xxxxxx

Preparation of new church electoral roll 2025



Every six years a new Electoral Roll has to be generated for the Parish. This year, 2025, is the year this has to take place.

Everyone, including those on the current Roll, must fill in an application form if they wish to be entered on the new Roll which will be prepared during the weeks from 19th January until 15th March and presented at the Annual Parochial Church Meeting (APCM) on 6th April 2025. No additions or alterations can be made after 15th March until the new Roll has been presented at the APCM.

Application forms are available from me, Rector Alison or from one of the Churchwardens from 19th January and should be returned either to one of the above or by placing them in the red box available near the forms at the back of the Church.

All forms must be returned by the deadline of 15th March. After this date no new names can be added or alterations made until after the APCM.

Please read the Application Form and attached notes carefully to ensure you are eligible to be on the Roll.

If you have any further questions please get in touch with me, Reverend Alison or one of our Churchwardens.

Details of our privacy policy relating to the Electoral Roll is available on the church website (adelparishchurch.org.uk) or from me if you require a paper copy.

Beryl Stoker, Electoral Roll Officer
Home: 01132619436
Mobile: 07720864432
Email: berylstoker@yahoo.co.uk

Environmental News

Green Summer

Summer is soon approaching, and that means it's our Patronal Festival in June, celebrating St. John the Baptist.

Last year was confirmed as the warmest on record, and this January the average global temperature increased by over 1.7 Celsius, well beyond the aim of the Paris Agreement to keep increases below 1.5C. Every fraction of a degree above this could increase the intensity and frequency of extreme weather events such as heat waves, heavy rainfall, and droughts. The arctic sea ice also hit a record low in the same month. We need to act to protect our environment. If this trend continues, then we could be heading to an environmental disaster sooner than we thought.

This year, let us all get involved, educate ourselves, and spread awareness about the positive things we can do now; every little contribution we can make will make a difference. And what better way than when we all get together to celebrate at our Patronal Festival? We have already started some planning and would like your help and ideas.

Anyone fortunate enough to be around children knows that babies grow so fast; blink, and they've outgrown their

onesies. Julia and I have been very fortunate with some amazing donations from our church family, and have had the joy of passing these on again to help others. It's not just children; we adults can pass on any unwanted items too. This summer, help us run a second-hand stall with proceeds going directly to our church. If you have any good quality toys, puzzles, books or clothes for children or adults, please save them for us.

Are any green-fingered gardeners amongst us? Lots of food from supermarkets comes from all over the world and can be over-processed; due to this, Supermarket food has a large carbon footprint. We tried growing our own in the past to reduce our carbon footprint, but with very mixed results, I'm no gardener, that's for sure! Can anyone help and grow plants, fruits and vegetables to donate and sell? Eating local foods can make a huge difference to our carbon footprint.

I'm still in the early stages of this, but over the coming months, we'll put a plan together and let's make this summer a green one in our churchyard! If you have any ideas or would like to be involved, please do get in touch!

Thang Tang

My Church Journey

Proud to be part of this church

Although I was baptised in Coventry within 3 months of my birth, my church journey really began in 1968 after we moved to Adel from the Midlands. The couple from whom my parents bought the house on Otley Road, Mr and Mrs Tinkler, told us about a 'nice little church' down the road. So, my mother took my sister and me to the 9.30 communion service, led by Rector Philip Simpson.

Within a few weeks, we were part of the local community; I joined the Scouts and my sister the Brownies. My mother joined the Ladies Group, and my father became involved in some of the fund raising events at the time – mainly Irish Coffee mornings, if I recall. Both Kate and I were confirmed at St John's.

We remained in Adel for four years before another move back to the Midlands, and during that time I joined the Youth Club led by Mike Abbott. I had also begun my amateur acting career with a role in the 1971 Medieval Mystery Plays, organised by Robin Greenwood, the curate.

I returned to Leeds in 1975 to join the Valuation Office and commence my training as a Chartered Surveyor; needless to say, I rejoined the Church

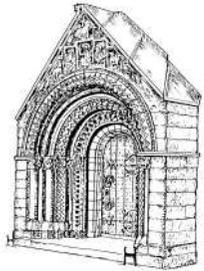


community in Adel where I had very happily spent my formative years. Donald Thompson was rector and Michael Cross his curate at that time. Michael had formed a group from the congregation to read the lessons at the family communion service and I was 'volunteered' to take over the running of the rota. I continue to prepare the readers' list, following a break for around 25 years when Sylvia took on the role.

Being part of the community at Adel Church has been a major part of my life and led to my involvement in Adel Players and Horsforth Round Table. Ann Kemp introduced me to the local amateur drama group in 1976 and I have been a member ever since. Chris Jones, the scout leader at this time, introduced several of us to

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Round Table where we enjoyed fellowship, charity work and a lot of fun, until we reached the age of 40 and were required to 'retire' under the rules of the organisation. The friendships made during that time remain strong today.



Mystery plays in front of the famous porch

I had initially met Anne through mutual friends, but she considered me to be rather childish at the time! However, a few years later she joined Adel Players, and we were both involved in organising and taking part in another cycle of Medieval Mystery Plays, in the churchyard, coinciding with the Patronal Festival in 1981. The weather was kind to us, and we raised around £1000 from 5 open air performances in front of the famous porch. This and the 1971 event brought the whole community together regardless of age, with around 100 people being directly and indirectly involved in bringing these stories to life, in addition to the

audiences. Sadly, due to health and safety issues, it is unlikely we would be able to stage a similar event today, cost effectively.

Anne and I started 'going out' after the Plays and were married by Donald Thompson in 1982. Since then, we have lived in West Park. Our boys, Chris and Will were born in 1987 and 1991; both were baptised at Adel and attended St Chad's Primary School and Lawnswood.

My journey continues, and as Anne and I are fortunate enough to be able to travel to various parts of the world, I am fascinated by the different groups of people we meet. We are all similar, regardless of race and creed, I believe, as we try to work together in our communities for the benefit of all.

There is no doubt in my mind that being part of this community has been one of the mainstays of my life, and when I look back and consider all the people I have known at St John's over the past 50 years, I am immensely proud to be part of this Church. The amount of help and advice Anne and I have received during this time is a mark of a true community. We are so fortunate that our Church continues to grow and evolve as new members join our congregation. Thank you, Alison, for leading us towards the light.

Mike Andrews

Saturday 15th March

Soup & Sandwich Lunch

12.30 to 2.00pm

in the Old Stables



A variety of soups and sandwiches
will be on offer

£8 per person

Booking essential

Closing date: 9th March

Email: adelparishchurch@gmail.com

Past Rectors

Sheep in Adel Churchyard ?



I have been asked to explain why there were sheep in Adel Churchyard in olden days. Many years ago, there may have been sheep grazing in Adel Churchyard. Revd Herbert Standidge, who grew up at Adel Rectory in the 1880s, wrote about how his father, Rector Arthur Standidge farmed the Glebe land. The Glebe was a piece of church-owned land, a field, which the Rector could farm, or rent out the land, to provide extra income. Rector Arthur kept poultry, two horses, a cow, some pigs and two dogs. Some of the earlier Rectors kept sheep. An earlier Rector, Charles Davy, in 1854, had complained of cows grazing in Adel churchyard.

Adel's Glebe land also included the land on Back Church Lane, now Headingley Golf Club. The Club moved to Adel in 1906. At first they rented the land, then bought the land from the Church.

The cricket field, next to Adel Churchyard used to be Glebe land. It was given in 1918, by the church, to Adel War Memorial Association, in memory of those from Adel Parish, who died while serving in WWI.

Revd Herbert Standidge also wrote about the Rectory and how Adel Church was always full on Sunday morning. His family had three servants, at the Rectory—and a gardener who lived at nearby Glebe Cottage.



Herbert explained how they were snowed up on several occasions and could not get to Leeds Grammar School. They enjoyed skating on *Adel Dam*, where ice was a foot thick!

Val Crompton

Wild Flowers

A walk down memory lane

Late last year I let Jack Ogg (York Gate Head Gardener and Manager) borrow my book called "The Lost Words". In return he lent me the collection of Flower Fairy books which had been donated to York Gate. I spent many happy hours reading and re-reading them.

As a child I was given Flower Fairies of the Spring. I still have my childhood copy and I think my love of wild flowers was as a result of this book. The verses were written to describe the nature of the flower and its habit. Many of the verses are very familiar. You may know "*But lo, the fair maids of February stand in the snow*" (snowdrops) and "*That Daffy - down - dilly is come up to town*" (daffodil).

The one verse that I did not remember was about a common, nondescript, small flowered weed. It was not worth my while to read it as a child but it had real impact when I read it recently.



The song of the Shepherd's-purse fairy

Though I'm poor to human eyes
Really I am rich and wise,
Every tiny flower I shed
Leaves a heart-shaped purse instead

In each purse is wealth indeed –
Every coin a living seed,
Sow the seed upon the earth –
Living plants shall spring to birth.

Silly people's purses hold
Lifeless silver, clinking gold:
But you cannot grow a pound
From a farthing in the ground.

Money may become a curse:
Give me then my Shepherd's Purse.

This was written by Cicely Mary Barker in 1925 and so is 100 years old this year. It feels very contemporary given current interest in our environment and obsession with money. The only word that gives away the age of the poem is "farthing". For those who do not know, there were four farthings in one old penny and it had a picture of a wren on one side. By the way, the old penny went out of circulation in 1971 and the farthing was last minted in 1956

Hilary Taylor

Words from Joyce Hill

The Beginning of Lent

Ash Wednesday, 5th March, marks the beginning of Lent although it was only during the seventh century that it began on a Wednesday and the association with ashes as a sign of penitence commenced later. The service of Imposition of Ashes as a familiar practice is only mentioned from around AD 1000. The service, in which a cross is inscribed on each individual's forehead, using a paste made from ash and water or holy oil, marks the beginning of a lengthy period of penitence and abstinence running right up to Easter, which this year is on 20th April. It was - and is - a solemn ceremony and so the ashes define the day: Ash Wednesday.

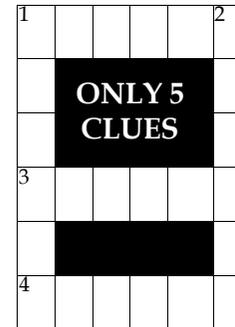
Originally, the only feast-day celebrated annually was Easter. Quickly, people used the days immediately preceding Easter as a period of preparation by meditating on the key events of Jesus's Trials, Crucifixion and Burial, reflecting on their sins and need for redemption, and performing acts of penance, including fasting. It was a period of learning about the faith as at this time adults were prepared for Easter baptism and further teaching was offered to those already baptised. In the fourth century, when Christianity became a public religion and developed the annual ritual we have now, the six week penitential season

preceding Easter was widely observed. It continued to be a preparation for Easter, but it was also understood as a commemoration of the forty days he spent in the wilderness in preparation for his earthly ministry.

In this new world of public liturgy, Lent began on a Sunday, six weeks before Easter. In the western church the season was called *Quadragesima*, Latin for 'forty', because the association with Christ's forty days in the wilderness became increasingly prominent. However, six weeks are not forty days; and Sundays - kept weekly as the Day of the Lord, the Day of the Resurrection - are in any case never treated as fasting days. So, if what you wanted was forty *fasting* days to equate with the forty days of Jesus fasting in the wilderness, the arithmetic simply didn't work. To solve the problem the Western Church added Wednesday, Thursday, Friday and Saturday to the beginning of Lent, so allowing for forty fasting days before Easter. The advantage of this marking of the beginning of Lent on a day which could be kept as a fast, allowed for the subsequent development of the richly symbolic liturgy of the Imposition of the Ashes, with its powerful focus on the humility, penitence and abstinence that would go on to characterise the whole season.

Puzzles

GENERAL KNOWLEDGE CLUES



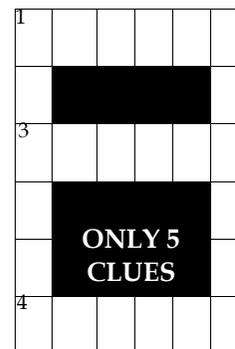
ACROSS

1. Small savoury
3. Putting something on a surface
4. Unimportant details

DOWN

1. (Meat) chop
2. Name of machine used as a cipher device in WW2

CRYPTIC CLUES



ACROSS

1. Stamped like eggs can be?
3. Out of bed, terribly tired and optimistic
4. Rich dessert found back in imperial Ceylon

DOWN

1. Doorman's endless resilience
2. Nationalist with unfinished term - There's gossip

Solutions on p 33. Each puzzle has different answers.

Animal Groups

English language has some interesting words to describe groups of particular animals. Here are 15 such words. How many can you recognise? The pictures may help or hinder you. It's up to you to decide!



1. Cackle

2. Charm

3. Colony

4. Intrusion

5. Knot

6. Labour

7. Murder

8. Parliament

9. Plague

10. Pod

11. Pride

12. Shrewdness

13. Smack

14. Streak

15. Unkindness



Answers on p. 33

Q E Corner

Here it is again..... QE (Quite Enlightening) Corner. You all know that I like trivial information, so for your enlightenment I am presenting you this month with another miscellany of "facts(?)"

In the 16th century, European soldiers sometimes took their own roosters on military campaigns in order to be woken up on time.

In 2003, a spokesman for the government drive to improve Ecuadorians' punctuality arrived late at the TV studio to announce the campaign.

The Northern Lights make whooshing, whistling and cracking noises.

Venus rotates so slowly on its axis that its day is longer than its year.

Churchill looks grumpy on the £5 note because the photographer who took the picture had just removed his cigar.



J. M. Barrie, the author of Peter Pan, could write with both his hands. He

believed his left side was 'darker and more sinister'.

Instead of the number 13, superstitious Italians believe that the number 17 brings bad luck: some hotels skip rooms with that number and the unlucky day is Friday the 17th, not Friday the 13th.

In Coimbra, Portugal, it is traditional to show your appreciation of the folk music fado by coughing.

Theatre curtains and seats tend to be red because it's the first colour we lose sight of when light fades, so they're less distracting.

There are more than twice as many items in the British Museum than the V&A Museum, Louvre and National Gallery collections combined.

The can-opener was invented 48 years after canned food.

Instead of 'And they lived happily ever after', German fairy tales end with 'And if they haven't died, then they are still living today'.

In the Yamagata province of Japan, residents are legally required to laugh at least once a day.

Please note these "Facts(?)" are all from the internet, so don't blame me if they are not correct!

Trevor Cole

In Your Garden

"March, when days are getting long, Let thy growing hours be strong to set right some wintry wrong."

Caroline May

As some daylight returns to the early evening there is ever more opportunity, enthusiasm and incentive for getting out into your garden and revel in the emerging signs of spring. You will find buds emerging on trees and shrubs, a few insects out basking in any early sunshine seeking sustenance after winter hibernation. There will be bulbs galore poking out of the still cold soil with the early flowering snowdrops being joined by swathes of crocuses and then waves of daffodils as the month progresses. There should be the early flowers of hellebores, hamamelis, Daphne and forsythias, but best of all is that euphoric anticipation of all the joys that spring and summer bring - now only weeks away. So much potential about to be unleashed.

Like all gardeners there will be jobs that didn't quite get done over the winter so it's now a good time to catch up on any of these. For me it is again clearing and cleaning the greenhouse, but it could be cleaning or sharpening tools, turning over the compost, clearing out the pond before the frogs fill it with spawn, or washing and treating the decking and all the outdoor furniture that's been tucked

away for the winter. You can happily remove any dead stems, leaves and flowerheads left from the autumn. You can clear paths and driveways of the detritus that accumulates, especially moss, leaves and storm blown twigs, and if you are so minded, start planting up some seeds. A little bit at a time works for me!

Enjoy the spectacle of springtime

As the weather allows, there are winter shrubs that can be cut back now. Plants such as Cornus (Dogwood) and Salix (Willow) which are grown mainly for their colourful winter stems are normally thinned now. That will give them a whole season to put on fresh new growth, for vibrant winter colour at the end of the year. Summer flowering shrubs such as Buddleia can now be harshly pruned back to a pair of buds. They will grow away vigorously and flower on this new growth. The same applies to many but not all types of clematis and to most hydrangeas. But most of all, find a few minutes every week to just enjoy the spectacle of an unfurling springtime and appreciate the uplifting of spirits that comes with it.

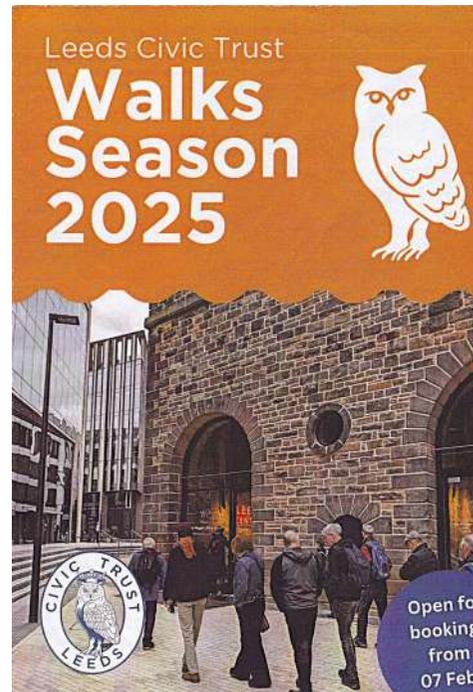
George Turnbull
enquiries@adelgardencare.co.uk
www.adelgardencare.co.uk

History Groups

Leeds Civic Trust

On Wednesday 5th Feb, we enjoyed the 1st of the 18th annual series of free lunchtime lectures 13:00-13:45 at Leeds Minster, by Dr Kevin Grady of Leeds. He is the former Historian Director of Leeds Civic Trust, 1987-2016. Although you will have now missed the February lectures, why not take part in one of their Summer walks?

The Leeds Civic Trust Walks start on 8th April at 1.30pm (you need to book) £6 for LCT Members, £8 Non Members—see www.leedscivictrust.org.uk



The 1152 Club usually meets once a month on Tuesdays at 10am - 11.15am, during term-time. at Abbey House Museum Next Meeting Tues 11th March Workhouse Stories with Belinda May (puppeteer)

Free parking near Abbey House. This a free, friendly **local history group** for adults aged 55+ Includes a hot drink. No booking is needed.

Patrick Bourne. Kirkstall Abbey, Leeds LS5 3EH
Kirkstall.abbey@leeds.gov.uk
For details, **0113 378 4079**
or contact **Val Crompton**

OPAL Activities

As the days get slowly longer and brighter OPAL staff and volunteers continue to ensure our members can access all our fantastic activities both at the Welcome In Community centre or elsewhere, for example on trips. We have a fully accessible minibus and a wheelchair accessible car which have both proved to be very much needed. If you are interested in hiring either vehicle, please contact our transport coordinators Gayle and Ron on 01132619103.

From April we are able to offer a 50% reduction in the cost for our fortnightly shopping trip to Pudsey Owlcotes. So for only £5 members can be picked up from their door, taken to Pudsey, have a lovely time shopping and then be taken back home; we always ensure everyone is safely back inside before we leave.

We are hoping to offer a new service at the Welcome In soon: ear wax removal. This used to be available through your GP but most no longer do it and so we have hopefully found a qualified person to be able to offer this service. Look out for more details in our bi-monthly newsletter.

We continue to provide a bespoke holistic service to all our members and we understand not one size fits all when it comes to activities. If you have something you would like to see

at OPAL please contact us.

If you would like further details about anything OPAL offers please call us on 01132619103, email admin@opal-project.org.uk or call in to see us at the Welcome In Community centre (55 Bedford Drive, LS16 6DJ).

Shelley Clark

How to Join OPAL

OPAL members are aged 60yrs and over and live within LS16 postcode (above the ring road).

Affiliate members are aged under 60 and/or live outside LS16.

We ask for a £12 membership donation.

How to volunteer

OPAL volunteers are the heart of our organisation. Your time, skills, and compassion can make a significant impact on the lives of older adults in our community. Join us and help us change lives for the better.

If you wish to become a member or volunteer your services. Please contact the OPAL office.



A Fine Bright Day

Adel Players' latest production 'A Fine Bright Day' written by Philip Goulding and skilfully directed by Alan Foale offered us a story which might at first sight have appeared banal and uninspiring but which turned out to be just the thing to lift our spirits after the hardships inflicted on us by the bitter cold weather of January. It showed us, through the opportunity of a new life being offered to Margaret, that things can get better if we are prepared to adapt.

A play set in a Yorkshire fishing village was bound to appeal to an audience who are very familiar with the Yorkshire coastline. Praise is due to Adel Players for taking on a play with only three actors; it could have been really challenging, but they took it all in their stride. Helen Law's facial expressions conveyed much of Margaret's torment as her argumentative daughter Rebecca, played proficiently by Hazel Walshaw, tried to persuade her that change is possible, with Margaret thinking that the mother and daughter rôles have somehow strangely reversed.

Meanwhile we all warmed to the charming enthusiasm of Milton, played by Mike Andrews, who gave us a convincing portrait of an apparently



confident American looking for more meaning to his life. The setting, with the powerful view of the Yorkshire coast, helped us to believe that we were actually there as Milton enthused about the lure of the sea and his wish to paint it. It was a nice touch on the

part of the props team that the feeling of being in Yorkshire was enhanced by the appearance of Seabrook's crisps at their picnic.

There was much laughter throughout, our English preoccupation with the weather causing frequent chuckles from the audience, as well as seeing the effect on Margaret of a convivial evening with copious wine.

We laughed at Margaret's obsession with ritual and routine but we could understand her reluctance to change. The happy ending with her eventually accepting Milton's continuing presence in her life was no surprise and resulted in us all leaving at the end having had a gentle and heart-warming reminder that there is always hope that things will get better.

Don't miss their next production, 23-26 April 2025: *Separate Tables* by Terence Rattigan, directed by Beth Duce.

Marjorie Cole

York Gate Update

Gardens have provided artists with a source of creative inspiration for centuries. No one knows who created the first garden. The most famous garden in Western culture is the Garden of Eden, and it was in a garden that Mary Magdalene first encountered Christ after the Crucifixion, where she mistook him for a gardener. Medieval and Renaissance paintings show small intimate gardens almost always depicted as a sanctuary, surrounded by high walls or fences to keep out the evil and chaos of the world.

Modern day artists not only embrace nature and the garden as a subject but they transform it into something uniquely their own, combining technical expertise with a sensory expression. If you have been to the Café at York Gate recently, you will have seen new artworks on the walls by local artist, Nigel Overton.

Nigel, an artist and tutor, works in a wide range of different media including oils, acrylic and gouache, and is fascinated by landscapes, seascapes and botanical studies. The wonderful selection of his work exhibited in the Café also includes a beautiful drawing of Adel Church. So do come along and enjoy this fantastic display of his art – and it is all for sale!

Another local artist and historian known to you all is Val Crompton and

I am delighted to tell you that Perennial, the charity that is the custodian of York Gate, has now reprinted her 2017 book on “The Heritage of York Gate.”

As a heritage volunteer, my own copy has been well-thumbed because it has lots of photographs and information about the history of Adel, of York Gate and of the Spencer family – and it is very readable! The book also incorporates Val’s poems produced for the 2009 York Gate Summer Festival, with some new additions, written to accompany a walk around the garden.

Some of the first editions are now appearing on e-Bay and second-hand book sites, but you can purchase a brand-new copy at York Gate and support the charity at the same time.

The Garden opens again on 2nd April with the welcome arrival of Spring. As the days lengthen and warm up, we can look forward to a bounty of spring and early summer flowers. I hope to see you there.

A garden is like a moving painting - every season the garden is a different picture.

Gillian Smith
Heritage Volunteer

For full information on opening times for the Garden, Café, Plant Sales and Shop, please go to the website.

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What's On

Headingley Flower Club at Bramhope

Wednesday 5th March
'Botanical Spring'

Jo Purdy, National Demonstrator NE
7pm Guests are welcome at all meetings. A guest fee will be charged.
Bramhope Village Hall,
Old Lane, Bramhope. LS16 9AZ
Contact Mrs Jean Money
Tel 01924 468714



Adel Gardeners' Club

Monday 10th March

'Garden Photography'

Helen Tabor 7.30pm (in the Church but option of Zoom link to the church, if the weather is really bad).
Based in Ripon, Helen is an award-winning member of the Professional Garden photographers Association and Garden Media Guild.

She has photographed some of Yorkshire's finest gardens and will no doubt have many interesting photos to show us on the night with hopefully some useful tips on how to improve our own photographs.

<https://adelhort.chessck.co.uk/>



Leeds & District Association of the National Trust

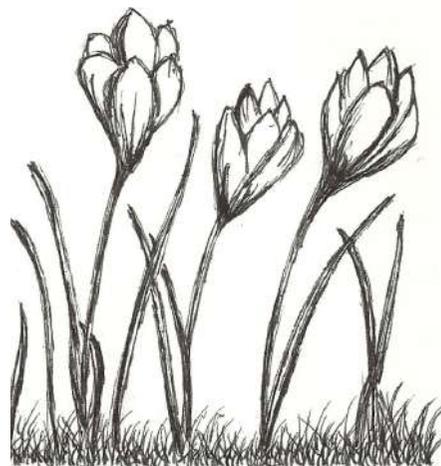
Tuesday 11 March

A speaker from the National Trust on a garden theme, probably from East Riddlesden Hall.

This will be followed by the AGM and a raffle. All meetings are held on the second Tuesday of the month, 10 for 10.30am in St. Chad's Parish Centre, Far Headingley. Easily accessible by Otley Road (A660) buses - nos. 23-28. There is a car park. Guests welcome - entrance fee £7.00. Refreshments before the meeting by donation.

Further information:

c.lightman@sky.com (Ann Lightman)



Barry Anderson

Lawnswood Roundabout

As you may be aware work is about to start on the Lawnswood Roundabout scheme. It will be signalled with new crossing facilities and segregated cycling. The main contractor is expected to begin works in mid-2025, with completion in 2026. Enabling works are required and are planned to start on Monday 10th February, for approximately four months. This will predominantly consist of utility diversions and some landscaping/site clearance works. Each contractor will require separate traffic management, as they are undertaking works in different areas around the roundabout. Most of the work is likely to be undertaken between 9.30am and 3.30pm, using lane closures to create safe working areas, however more difficult areas may require night-time working and full road closures.

Golden Acre Park – Parking

Golden Acre Park car park charges apply 7 days a week between 8am – 8pm. Payment can be made by phone app or by contactless card in the car park. There is no option to pay cash. Season tickets are available and can be used at any of the parks the Council are including in the new charging regime – Golden Acre, Temple Newsam, Middleton Bike Hub, Otley

Chevin and Roundhay Park. If you would like a copy of the Question and Answer sheet I have been sent you can find this on my website www.barryanderson.org.uk or send me an email barry.anderson@leeds.gov.uk

Fallen Trees and Storms

During Storm Eowyn I put out some information about how to contact the Council about fallen trees. This information can be used at any time, not just during storms, and I thought it might be useful to put it in this article so you have it for future occurrences. If a tree or branch is causing an immediate danger to highway users, please call the Police on 999. If you need to urgently report fallen trees and branches on publicly owned land telephone our 24-hour service **0113 378 6002, 8am to 4pm, Monday to Thursday and 8am to 3:30pm, Friday** If the emergency is out of office hours, call **0113 376 0499**. All other non-emergency fallen trees and branches on publicly owned land can be emailed to tree.enquiries@leeds.gov.uk

Pedestrian Crossings – Sir George Martin Drive/Long Causeway

The Highways Engineer has unfortunately come back with the following response about these

crossings: "At this time, I can confirm we cannot recommend the introduction of a controlled crossing such as a zebra crossing, as the location has not met the necessary criteria. In summary, the location does not see particularly high levels of pedestrians crossing the road and with no existing traffic collisions here that would require us to prioritise this location, it does not reach the requisite scoring level."

If you would like copies of the surveys please email me and I will forward them to you.

Mast – Appeal Against Refusal

You may remember last year an application for planning permission for a mast on the pavement at East Moor Lane/Sir George Martin Drive was turned down. The applicants have now appealed this decision and the Inspector will be undertaking a site visit in connection with the appeal. As soon as I know the outcome I will let residents know.

Doorstep Selling

I am getting an increasing number of residents contacting me about

Billy Flynn

Winter is over – I hope

Hi again. By the time you are reading this, Spring should almost be upon us and not before time. It might be my age, but January seemed particularly

doorstep sellers, some claiming to be on a scheme run by the Probation Service. This can be frightening. West Yorkshire Trading Standards reiterated their advice to me, as follows: "I can confirm our previous advice, that we are not aware of any such Probation Service work schemes that involve door step selling. www.wyjs.org.uk/trading-standards/wyfeat/cold-calling-control-zones/

Most of Adel is covered by a "No Cold Calling Control Zone". This means that no doorstep sellers should be calling on anyone covered by the zone. However, it relies on companies and sellers going on to the West Yorkshire Trading Standards website to check where the zones are. Unfortunately, people who are not reputable will not check the website, and they will also ignore all the street signs and the stickers in doors/windows. If you can view whoever is at your door from a window and you do not recognise them my advice is do not answer the door.

Cllr. Barry Anderson

Adel & Wharfedale Ward

Direct Dial 0113 3367742

www.barryanderson.org.uk

cold this year.

Greenways – or no cars here please

Some years ago, the then government launched an initiative to introduce

more greenways to help improve pedestrian and cycling connectivity in local areas. Local Authorities were asked to investigate possible locations for these.

Recently, a section of Holt Lane from the Cookridge end running alongside the golf course to Holt Park Rd has been identified because it would provide a section of highway free for pedestrians and cyclists to utilise and link with public rights of way in the area. There have been regular complaints of speeding and inappropriate motor vehicle use here; traffic flows along the eastern section of Holt Lane would be massively reduced making the playground more accessible; there are no private accesses that would need to be maintained on the western section.

I have stressed that I would need to know a lot more about the plans before committing myself. If this part of Holt Lane is closed to vehicles they will have to divert elsewhere and possibly cause more issues. For example, the Holt Park estate has very narrow roads. It is not clear where the pedestrians and cyclists using the greenway would go when they reach Holt Park Rd but they will almost certainly continue along Holt Lane towards Holt Rd which is the most dangerous section of Holt Lane with a very narrow road, room for only one vehicle at the Holt Rd entrance, tight bends and no footpath. It is still early days and no decision has yet been

taken but council officers have a habit of taking decisions and then going through the motions of public consultation and so on.

The recent debacle of introducing car parking charges at Golden Acre Park and elsewhere in the city in the face of almost universal opposition is a prime example. Incidentally, by the time you read this article, car parking charges in Golden Acre should have started but, needless to say, the surface of the car park will be as bad as ever. I will keep you updated on this when I have more news.

Breathing new life into defibrillators

You may recall that a couple of years ago I helped with the funding of defibrillators in the ward. The local organiser for this charity has recently launched a campaign to raise more funds this year to service the devices currently in place. Like all mechanical pieces of kit, defibrillators need replacement parts and those in Adel are coming to the end of their useful life.

I am arranging for the following devices to be serviced over the next few weeks. It is not cheap, but I certainly do not begrudge the funding, and I suspect few of you will either. The devices are at Holt Park Active, where nothing is needed until January next year. At Spence Funeral Home (Lawnswood Cemetery) which will

require replacement pads this April, At Adel Wood Stores, where the battery and pads will be replaced this April, and the BP Garage/M&S, where a replacement battery and pads will be provided this month. The cost of batteries is £350 and pads £75.

Adel Community Garden

Even at this time of year the garden is flourishing. The committee overseeing the garden are looking at ways to improve the area perhaps with another bench, professional maintenance, new Summer and Winter plantings and a website to publicise the garden and future events. I am working with the committee to secure funding.

Recycling centres

I have had a few enquiries about people misplacing their residents

Many of the problems people face can be put down to saying 'yes' too quickly and not saying 'no' quickly enough.

permits for the recycling centres that the council issued several years ago. The system changed some time ago so that people taking household refuse to the tip in normal family cars no longer need permits. There are still restrictions on larger and non-family vehicles and permits for these are still required and of course only household refuse is allowed at the centres.

If you would like further information on the issues above or have questions about anything else in the ward, please do contact me.

Telephone 07810 640282 or email billy.flynn@leeds.gov.uk

Animal Groups

General Knowledge Across

1. CANAPE
3. LAYING
4. TRIVIA

Down

1. CUTLET
2. ENIGMA

Cryptic Across

1. BEATEN
3. UPBEAT
4. ECLAIR

Down

1. BOUNCE
2. NATTER

1. Hyenas
2. Finches
3. Bats
4. Cockroaches
5. Toads
6. Moles
7. Crows
8. Owls

9. Locusts
10. Dolphins
11. Lions
12. Apes
13. Jellyfish
14. Tigers
15. Ravens

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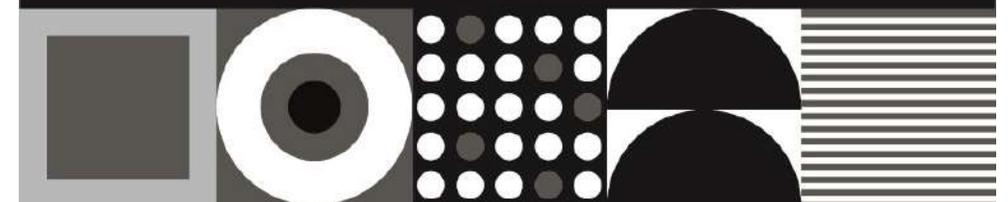
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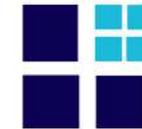
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For more information, or to arrange an appointment to view either Adel Manor or Guiseley Manor, please call the team on the numbers below or email enquiries@newcarehomes.com



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Adel Manor Care Centre Adel Gardens, Otley Road, Leeds, LS16 7FP Tel: 0113 841 1000
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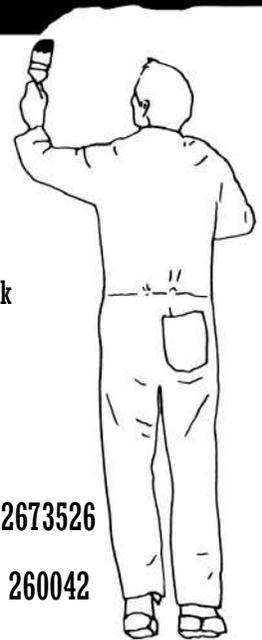
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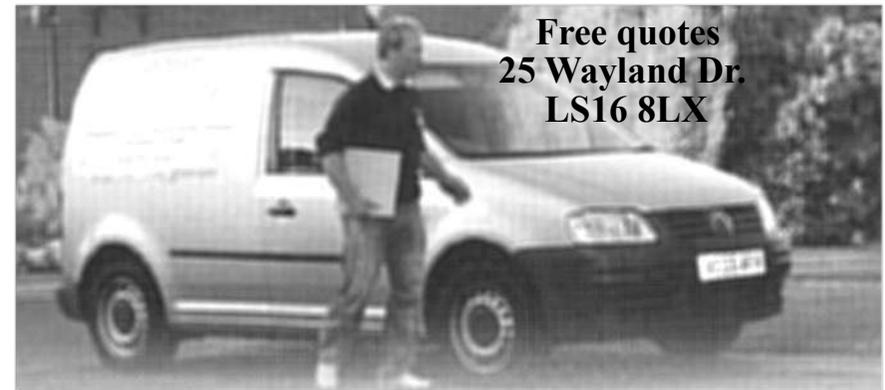


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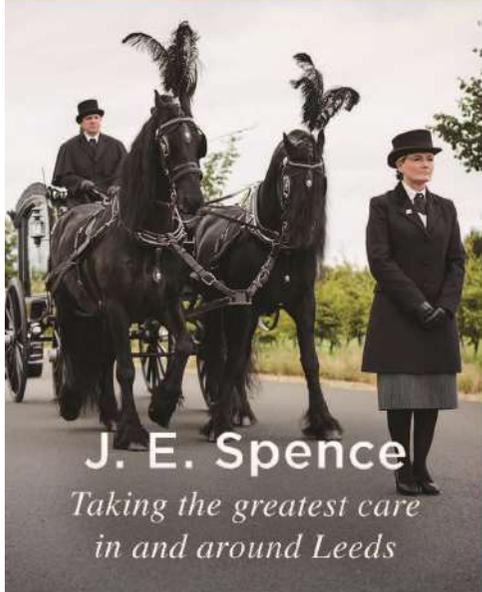
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Church Services in March

Sunday 2nd	Sunday next before Lent
	8.30am Holy Communion (BCP)
	10am Parish Communion
	6.30pm Evensong
Wed 5th	Ash Wednesday
	11am Communion Service with Ashing followed by coffee & biscuits
	7.30pm Communion Service with Ashing
Fri 7th	1.30pm J Js (for the under sixes)
Sunday 9th	First Sunday of Lent
	8.30am Holy Communion (BCP)
	10am Parish Communion
	5pm ACE meeting in the Stables
Wed 12th	11am Holy Communion
Thurs 13th	7pm Compline
Sunday 16th	Second Sunday of Lent
	8.30am Holy Communion (BCP)
	10am All Age Service with Communion
	6.30pm Choral Evensong followed by light refreshments
Wed 19th	11am Holy Communion
Thurs 20th	3.15pm Holy Communion in the Stables, with tea & coffee
	7pm Compline
Sunday 23rd	Third Sunday of Lent
	8.30am Holy Communion (BCP)
	10am Parish Communion
	5pm ACE meeting in the Stables
Wed 26th	11am Holy Communion
Thurs 27th	7pm Compline
Sunday 30th	Fourth Sunday of Lent
	8.30am Holy Communion (BCP)
	10am Parish Communion

Junior Church is held during term time, but not on the 3rd Sunday.

ACE and Ace+ are groups for school year 4 and above. We meet on 2nd and 4th Sundays of the month.