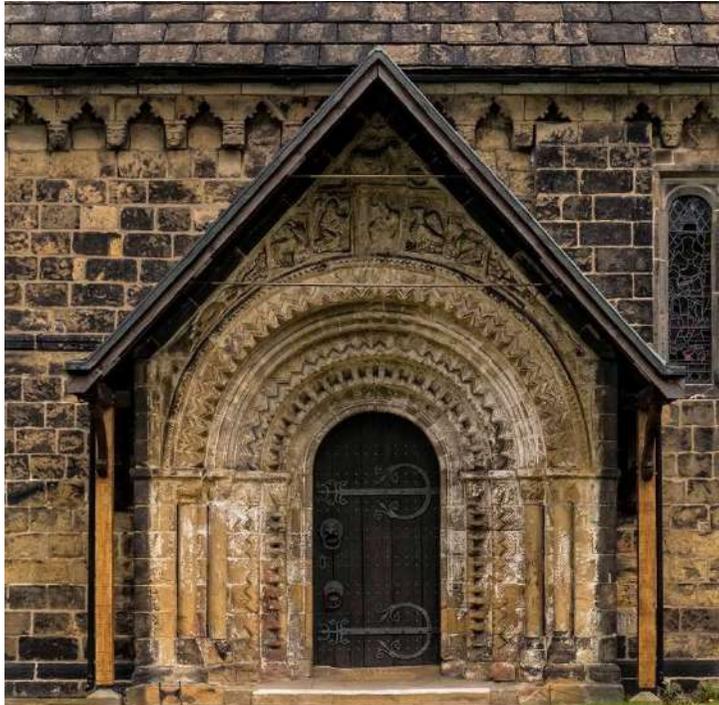




# ADEL BELLS

Parish Magazine 60p



## May 2022

### 21st May Boundary Walk

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**Adel Bells**  
(Please email copy by **10th of the month**)

**Parish Hall Bookings**

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Adel Parish Church



**The Parish Church of St John the Baptist, Adel**  
 Enquiries including Home Communion, Baptisms, Confirmation,  
 Weddings, Funerals; please look at the church website  
[www.adelparishchurch.org.uk](http://www.adelparishchurch.org.uk)

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 Thang Tang, Lesley Walton

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 Val Crompton  
 Marjorie Cole

Photo by Juliane Liebermann on Unsplash

**Church Open for Visitors**  
 Monday and Saturday 2pm to 4pm

## Parish Registers Wedding Blessing

**25th March**  
 Samantha and Isaac Kwok

### Burial of Ashes

**5th April**  
 Pauline Watson

### Funerals

**25th March**  
 Tim Cookson

**31st March**  
 Mark Oddy



## Festivals & Feasts

**2nd May**  
 Philip and James Apostles

**14th May**  
 Matthias the Apostle

**26th May**  
 Ascension Day

**31st May**  
 Visit of the Blessed Virgin Mary to  
 Elizabeth



## A Sonnet for Ascension Day by Malcolm Guite

We saw his light break through the  
 cloud of glory  
 Whilst we were rooted still in time  
 and place  
 As earth became a part of Heaven's  
 story  
 And heaven opened to his human  
 face.  
 We saw him go and yet we were not  
 parted  
 He took us with him to the heart of  
 things  
 The heart that broke for all the  
 broken-hearted  
 Is whole and Heaven-centred now,  
 and sings,  
 Sings in the strength that rises out of  
 weakness,  
 Sings through the clouds that veil him  
 from our sight,  
 Whilst we ourselves become his  
 clouds of witness  
 And sing the waning darkness into  
 light,  
 His light in us, and ours in him  
 concealed,  
 Which all creation waits to see  
 revealed.

*Malcolm Guite writes a regular column in 'Church Times'. This sonnet is drawn from his collection 'Sounding Seasons', published by Canterbury Press. It is available through Amazon and on Kindle.*





We aim through Christian worship, word and action to celebrate and share the love of God with our neighbours

## From the Editor

There is so much going on this month, so do take your time to decide what you'd like to take part in: dementia talk (p12), social evening (p9), Boundary Walk (p7), churchyard workparty (p11) and more besides. If you are thinking of doing the boundary walk, **please note the 8.30 start time** and, although it is not mentioned in the advert, there will most likely be a tea in the Old Stables on offer when you return. And please don't forget the Annual Parochial Church Meeting on Sunday 15th May at 12 noon in the Old Stables. After the financial worries of 2020, it is good to know that our church income is increasing, thanks to your generosity. You can read our treasurer's comments on p10 which make encouraging reading.

Christian Aid week this year is 15th to 21st May. You probably know that we at Adel Church are no longer organising door to door collections, but you can still donate to Christian Aid. This year they are focusing on turning hunger into hope. The combined effect of Covid-19, conflict

and climate change have robbed people of the power to provide food for their families. You can go on-line and make a donation:

[christianaid.org.uk](http://christianaid.org.uk)

With every gift, every action, every prayer you will be sharing hope with families around the world, from Ukraine to Zimbabwe.

Alternatively you can take up their steps challenge, as I am doing - the information is on their website.

The challenge is to take 300,000 sponsored steps throughout the month of May. Since there are 31 days in May, it works out at just under 10,000 steps a day! At the moment I do 10,000 steps on some days, but fall short on others, so it will need some determination to make sure I do the required amount of walking every day.

I realise some of our readers will not be able to consider an activity like this, but you may still want to donate to Christian Aid. I am hoping to have sponsors and will put out an appeal on Facebook, but if you do not do Facebook you could give me a ring and I can explain how you can go about it.

**Marjorie Cole**  
**0113 2610069**

## Rector Alison's Letter

### Now is the month of Maying

Dear Friends

I wonder how many of you have 'May memories' from the past? One of mine is from my time at university, when our chapel choir decided to emulate our more illustrious neighbours and sing madrigals from the library tower (the tallest point in college) at dawn on May the first. It was a memorable occasion; I hope the tradition has lasted.

May has been a time of celebration for hundreds of years. Many villages had maypoles around which complicated ribbon dances were performed. There were processions – often involving flowers, the crowning of a 'May Queen', and the general excuse for a good get together.

The significance of May was as the start of summer. It is certainly a time when nature is at its most prolific. In past times there was genuine relief at the return of warmth and fresh food from the fields after a long winter season. When most people depended on the land these celebrations were a chance for all levels of society to join together.

At the end of the nineteenth century, May 1<sup>st</sup> became Labour Day; a day to champion the rights of poorly treated workers. This was gradually

recognised around the world with an early May Bank Holiday. With labourers concentrated in factories no longer linked to the seasons, this was perhaps a reminder that everyone needs a celebration.

Many of the old traditions have died out, at least in most places. Our disconnection to the land means we are less aware of the seasons. But we still need celebrations that bring us together in joy and hope.

It may seem a strange time to be talking about celebrations. The world today is a scary and precarious place. I think, though, that in such times, coming together to rejoice in what we do have, and just in each other, is doubly important.

This year, June is a particular focus for parties as we celebrate our Queen's Diamond Jubilee. At St John's we will be combining this with our Patronal Festival. Do come along to the various events on the weekend of June 18/19.

But in the meantime, this May is a good time to start our own traditions, perhaps of get-togethers with family and friends. Or we might revive things halted by the pandemic. We may have moved on from the May queen – but we can find new ways to enjoy the glory of nature in May.

One of the joys of this spring has been our gradual coming back together on a Sunday morning, as a church family of all ages for our weekly celebration of God's love for us. In good times and bad, it is good to be together. If you haven't attended for a while, or if

it's never been part of your life, do come along and make it your new tradition. As in those ancient village celebrations – everyone is welcome.

With love and prayers  
**Alison**

# Adel Boundary Walk 2022

**Saturday 21<sup>st</sup> May**

**8.30am start at the Old Stables**



Join us for the ancient tradition of  
**Beating the Bounds**

Do all 14/15 miles, or just part of the walk

Booking essential. Contact: Carole Smithies

[carole.smithies@gmail.com](mailto:carole.smithies@gmail.com)

0113 281 3190

07786 485 485

**Please let us know if you plan to take part**

## An Amazing Job

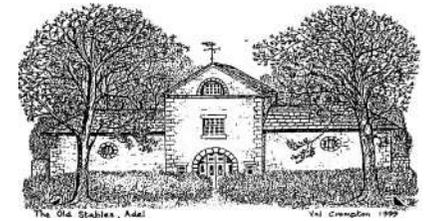
**ACE club is a great asset**

**B**ack in early 2020 Alison approached us with the idea of creating a group specifically for our young people. Recognising that commitments to football, cricket and other activities often clash with our 10am service, this would provide a unique space to meet, discuss and develop their faith.

We got together and put a plan in place with an emphasis on games and having fun while talking about our faith and God's creation.

When Covid-19 hit, we went into lockdown but undeterred, carried on with planning and coming up with ways we could take it online. We held our first meeting via Zoom and ACE (Adel Church Explorers) was born. In our first year we ran a weekly session - trying to come up with so many games was a challenge! We had fun with scavenger hunts, quizzes, arts and crafts and during each session talked about our ideas of faith and learnt from the Bible.

Fast forward two years and how things have changed! We now meet on the second and fourth Sunday of the month during term time at 5pm, rotating between St Pauls, where we can play larger group games such as "broom hockey", and the Stables where we split into smaller age-based groups. We have around 25 regular



members from years 4 to 8, supported by Alison, Ruth, our young leaders, parent helpers and ourselves.

Our young leaders Gemma, Olivia and Henry do an amazing job, thinking of and leading entertaining games, as well as actively contributing to our faith discussions to get people talking. Thank you for your hard work! We continue to have amazing faith conversations, discussing parables, what God looks like to us, how and why we pray, and the Trinity to name just a few topics. In the summer-time we spend time outdoors where "kick the can" is a perennial favourite as well as toasting marshmallows round the firepit and hosting a barbeque.

Last year, we planned a walk around Otley Chevin but a spike in Covid cases along with some new restrictions ended that; hopefully we can arrange a day trip this year. ACE club is a great asset and we all learn from each other. It gives as much insight to the adults as it does to the young people; we love hearing everyone's thoughts during our discussions (and they often inspire

Alison's next sermon!)

We welcome new children to the group and if you would like to know more, or even join in, we would love to hear from you.

We continue to have amazing faith conversations

Thang & Julia Tang

## Social Evening

**Saturday 21st May  
7.30pm  
in the Old Stables**

This is an opportunity for us all to get together and renew acquaintances. You can take part in as few or as many of the activities as you like. If you just want to talk, that's fine.

But we are planning the following:

**Games**

**A Paper Quiz**

**A light buffet supper**

**Wine and Soft Drinks**

We are not selling tickets, but to help with catering, **PLEASE** book your places by **Sunday 15th May**. There will be an opportunity to hand in your name at church if you come to the 10am service. Or you can ring **Marjorie** on **0113 2610069** to book your place. There will also be a Facebook post and you can respond on there.

We shall be leaving you to decide how much to donate for this evening, so please bring cash along on the night.

## In Brief

### Two challenging years

Suffice to say that the last two years have been challenging in terms of keeping our finances on a sound footing. We are very grateful to all members of our congregation who made contributions above their normal planned giving. Our accounts will be presented at the APCM ( Annual Parochial Church Meeting), having been inspected and approved by our Independent Examiner. I thought it would be useful to give an overview ahead of this meeting. In 2021 the costs of running our lovely Norman church averaged just over £10,000 a month, including our contribution to the Diocese. However I am pleased to say that for the last year end we had income over expenditure of £1796!

Our income was substantially reduced when the church was shut, as we had no income from Stables bookings nor fees from weddings etc. That position should be much better this year as we have a fairly full diary of weddings in the summer, and the Stables income is getting back to former pandemic levels.

Under our Governing Document we have to keep in reserves a minimum of three months expenditure approximately £39,000 and we have now reached that figure. The



expenditure last year was £16,990 from our Legacy fund including Fabric repairs . We were most fortunate to have a Legacy of £5,000 which covered the costs of live streaming. Our Legacy fund now stands at £21,276 with the Fabric Fund at £13,144.

As we move gradually out of this difficult period the reintroduction of Open Plate collections at services has already had an impact. We recovered from HMRC £14,626 last year from gift-aided planned giving which is a great help and thank you to all who have signed a gift aid declaration; it really does help. The PCC has agreed a budget for 2022 which is challenging but I believe achievable, and will keep us on course.

Thank you again for all your support during this difficult period it really is very much appreciated.

**Bob Holloway**  
Treasurer to Adel PCC

## Mystery Parcel Stall



Last year I made a plea for items for a Mystery Parcel Stall and was very pleased with the items you gave me. The result was that the stall made over £300 at the church Summer Fair.

Can I please ask you all again this year to look in your cupboards or drawers to see if you have anything you could give me.

My 'phone number and address are in the front of the magazine. If you give me something that is not suitable I will pass it on to another stall.

I will need the items before the **21st May if possible.**

I look forward to hearing from you and thank you in advance.

## Beryl Thompson

### Annual Parochial Church Meeting

**Sunday 15th May**

at 12 noon  
in the Stables

Please come and support Alison and the PCC

## Our lovely Churchyard

**Saturday 28th May**

**9am to 11.30**



Come and help tidy up Adel Churchyard.

Lots of easy tasks for all the family.

Do come along for an hour, bring gardening gloves and get stuck in!



### A prayer for friendship

Jesus, our faithful friend,  
we thank you for the precious gift of friendship, for the people who accept us as we are, love us even in our least attractive moments, help us to laugh at ourselves and to laugh at life, encourage us, support us, believe in us, value us.

Lord, help us never to take friendship for granted but to tend it as a beautiful plant.

**Amen**

Sent in by Peter Smith

# What's on Locally

## An Insight into Dementia

**The Stables, 10am  
Saturday 7<sup>th</sup> May**

- Barbara Hodgkinson, who teaches hospital teams across the UK and Ireland about dementia care, will be giving a talk on **seeing the world through the eyes of someone living with dementia**
- The hour-long session will enable people to understand more about what it's like to live with dementia and will offer some **practical ideas** on how better to support people affected by it
- After the talk, there will be teas and coffees, then an opportunity to **chat** about issues individually or as a group, if anyone would like to do that
- Suitable for anyone who would simply like to gain a **better understanding** of what people living with dementia might experience - and **how to help**

## Headingley Flower Club at Bramhope

**Friday 6th May**

### All shapes and Sizes

Daphne Dawson NE Area Demonstrator  
7.30pm Bramhope Village Hall, Old Lane, Bramhope. LS16 9AZ  
Contact Mrs Jean Money  
Tel 01924 468714



## Adel Gardeners' Club

**Monday 9th May at 7.30pm**

Adel Methodist Church  
**"On the Trail of Mr Brown—genius or vandal?"**

Judy Popley, who says "2016 was the tercentenary of Capability Brown, a Northumberland boy who did rather well. This talk is a look at some of the landscapes that he improved, including Croome, Stowe, Wotton, Trentham and Chillington amongst others."  
If you need more information, please email:  
[adelhort@btinternet.com](mailto:adelhort@btinternet.com)





**Love Glamour and Green  
Sunflower Events**

**The Stables  
Artisan Market**

**Back Church Lane LS16 8DW**

**14th May 2022**

**11:00 until 16:00**

**Come on over and join us for a wonderful day  
with some fantastic stalls including food, gifts,  
clothing and so much more.  
Great for the whole family.**

**Contact Lynda or Lynsey on  
07734745681 / 07711705036**

## **Penny's Ponders**

Hi Everyone!

**W**ell, I'm thoroughly confused now, which is unusual as, although I say it myself, I'm rather good at dealing with the unexpected; not a lot fazes me at my age. Seeing humans out in T-shirts and shorts one day and waking up to three inches of snow the next has really upset my equilibrium. Not only that, but when I was ready to go out, the snow had gone! Bizarre!! Anyway, summer is in the offing so I'm looking forward to no coats and lots of sunny walks.

I have learned a lesson, which I feel I must pass on. I found a lovely sticky horse chestnut bud on the ground in our copse, and after giving it a good sniff and finding nothing amiss, I decided to eat it. Big mistake! Needless to say, my tummy didn't like it, had a good ache and then the sticky bud reappeared. Take it from me, avoid those things at all costs! I had thought it could be an aid to digestion, but I was sadly mistaken.

Mistakes - I make plenty of them, and I suppose you humans do too. I don't mean to make mistakes; it's not a deliberate decision like my selective deafness is. The trouble is, once a mistake is pointed out to me, I feel very ashamed of myself; I didn't realise I'd made one. I then do try to remember my error and not repeat

it, and I have varying degrees of success, but sometimes the mistake just happens all over again; it's not deliberate but I then feel quite cross with myself, and very sorry.

We all strive to behave correctly, to be kind to others, to be considerate, thoughtful, and polite, but sometimes situations arise, and it is often only when we think about it afterwards that we realise we have made a mistake and we could have used some or all of the attributes named above.

### **Sins of Omission**

These sorts of mistakes can be seen as sins of omission – we didn't take Christ-like action when the opportunity presented itself. I've heard you humans say, "I could kick myself . . ." when an opportunity has been missed – I've never tried it, but it must hurt, which is an indication of how sorry you are.

The marvellous thing is that God recognises and understands human nature (and I consider myself in this category for certain purposes) and offers us a way to put such omissions behind us. When we are sorry and strive to be better, He forgives us and still loves us as we walk through life trying to be more like Jesus.

Woofs and licks,  
**Penny x**

# Celebrations Weekend 18th and 19th June

Throughout the weekend we shall be celebrating the **Queen's 70 year reign** as well as remembering our patron saint, **John the Baptist**

## **Saturday 18th June**

### **A Summer Fair**

**Stalls**—Plants, Cakes, Paintings and Gifts, Books, Jigsaw Puzzles, Mystery Parcels, Toys

Guess the **name of the doll** competition

View **royal memorabilia** in the church

**Children's games** on the Stables lawn

### **Refreshments**

## **Sunday 19th June**

**A Right Royal Picnic**—bring your own food

Celebratory cake and drinks will be available

Craft activities and games

Songs of Praise

**Please** put this date in your diary. Timings are uncertain at the moment, but full details will be in the June magazine.

## **In Your Garden**

"Queer things happen in the garden in May. Little faces forgotten appear, and plants thought to be dead suddenly wave a green hand to confound you."

—**W. E. Johns**

We often forget that, although most of Adel is characterised by the comparative verdancy and leafiness with which we are blessed, we are also situated on top of a hill. Most of the time we don't even notice but, compared to the city centre we are both a degree or two cooler and a little damper. Nowhere is this more evident than in the garden. Here there will be a rich, thriving supply of mosses and liverworts infiltrating your lawn in the winter months, whilst the grass is dormant, and making your paths slippery when wet. Now that May is here the grass will be growing vigorously and you should be able to mow it regularly. If you can, scarify the lawn to get that moss and thatch out as best you can. The harvest, which is always more than you can credit, makes excellent compost. Trim the lawn edges to deter the grass from creeping into the borders.

May is the time to be planting out your summer bedding, either straight into prepared beds in the garden, or else into your pots or containers. It is a good idea to add slow-release fertilisers to the soil, or some other soil enrichment, to give plants nutrients throughout the summer.

Regular but not excessive watering is essential. Very few plants will thrive or survive prolonged water-logging. If you have anything tender to plant out, be cautious with the weather. Frosts are always possible in the first half of the month, another consequence of our raised elevation here in Adel.

May is in many ways the most colourful and striking of months for flowering plants. It might be much to do with the months of patient anticipation but the bright, still fresh green leaves on the trees, an abundance of blossoms in the canopy and carpets of tulips, late daffodils and all manner of flowering shrubs and plants brighten most gardens and public spaces right now.

I will be watching out for signs of fledging birds throughout the month. As I write I have nest building and occupied nest boxes in my own garden, including a pair of nuthatches in a beautifully excavated hole in a tree trunk, and I will be looking out for signs of the youngsters to come. If we are lucky we might get dusk visits from fox cubs or baby hedgehogs, checking us out: a reward for the sensitive planting, provision of cover and open boundaries that allow safe roaming.

**George Turnbull**  
enquiries@adelgardencare.co.uk  
www.adelgardencare.co.uk

# Nature Notes

The Nightingale is a bird that most people have heard of, but few have seen. Its wonderful song, heard mostly at night, is the subject of poems and songs. The chances of seeing one in Leeds, or anywhere in Yorkshire are quite remote. It is difficult to discover whether the Nightingale was ever a common bird across the county. There was probably a small breeding population around Doncaster in the last century, and odd pairs nested elsewhere from time to time, but I think it could now be counted as a former breeder in this county.

The name probably came here along with the Anglo-Saxons who arrived about 1500 years ago. In German the bird is the Nachtigall (from nacht - night, and gallen - to sing). In spite of its scarcity in Yorkshire I did once see a Nightingale at Adel Dam. It was about 1990 and the bird was in view for about 30 seconds, so hardly the most impressive view. It is related to the Robin and the most distinctive identification feature, apart from the song, is the bright chestnut tail.

In 1972 a pair of Nightingales bred at Kippax and lots of people went to hear the song. Among them was a young man from the Leeds Birdwatchers' Club. As he was standing with the crowd a young woman came out of a house to see

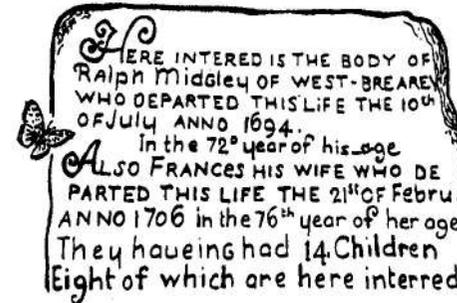


what was going on and they got into conversation. The same thing happened the following night and eventually they were married. Two people brought together by the Nightingale's song. How romantic.

Recently I wrote about some of the birds that I used to see in the Meanwood valley, but along with the losses there have also been gains. One of these is the Red Kite that we now see every day often without even going out of the house. This remarkable arrival was only possible by releasing birds raised in captivity using kites from France or Spain as part of a breeding programme. This method was clearly successful, but I don't think that it would work for the woodland and hedgerow birds that are currently in decline. However, as the numbers of kites increased, Buzzards began to appear in Leeds where they had never been before, at least in my experience, and I believe they are now breeding in the west of Leeds and probably elsewhere

**Peter Larner**

# A Churchyard through Time, Part 6

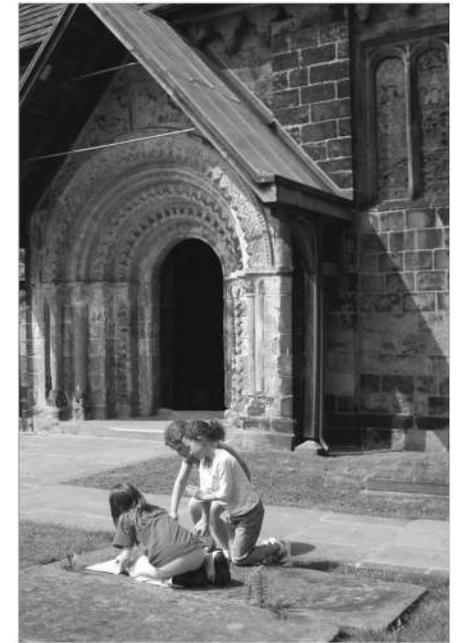


## Adel's 1694 gravestone

Visitors to Adel Churchyard often ask to see the oldest, readable gravestone. Early graves were often marked only with a simple wooden cross or board. The earliest easily-read, flat **gravestone** is close to the main church path, near the porch.

This stone, dated 1694, covers the family grave of **Ralph & Frances Midgley** and eight of their 14 children. Ralph & Frances are the 8 times great-grandparents of Kate Middleton, now Duchess of Cambridge. Ralph's daughter Ester Midgley who was baptised in Adel Church, married **Francis Lupton** in Adel Church, in 1688.

Kate's grandparents, **Valerie Glassborow** of 14 Otterburn Gardens, Adel, and **Peter Middleton** of 52 Park Ave, Roundhay, were married in Adel Church by Rector Simpson, in **1946**. Peter's parents were Noel Middleton & Olive **Lupton**.



Most of the Middleton graves are in St John's, **Roundhay** Churchyard, which is now full, closed and overgrown.

The **Duchess of Cambridge** wrote in the preface to *The GCHQ Puzzle Book*, published in 2016:

*"I have always been immensely proud of my grandmother, Valerie Glassborow, who worked at Bletchley Park during WW2. She and her twin sister, Mary, served as part of the great Allied effort to break enemy codes."*



In April, after a gap of two years, due to Covid restrictions, we had our first group visitors for a **History Tour** round Adel Church. They were a lovely group from the **Friends of Bradford Art Gallery and Museums**.

The first question they asked **was about the connection with the Middleton family**. This group had enjoyed first looking round the inter-war buildings of Adel, in the morning. This was followed by a tour of York Gate Garden, where they had lunch. Then they had a walk, with wintery showers, with Hilary Taylor and me, in the churchyard, via Sybil Spencer's memorial stone, to Adel Church porch to see the 1694 Midgley grave.

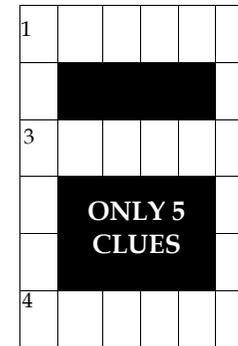
**Otterburn Gardens**, where Valerie

Glassborow, was living, is part of the Redesdale development of flats in the **1930s**, next to Lawnswood Cemetery. Back in 1818, this land was moorland and was part of the Cookridge Estate.

The southern edge of this moorland was cleared of heather and it was enclosed to create playing fields. These were later sold to Leeds University. Houses were built along The Crescent in the 1920s, backing onto a commemorative shelter belt of trees (planted in **1865**, when the American Civil War ended). Leeds University sold the playing fields to a builder - and the Redesdale flats were built.

**Val Crompton**

## Puzzles



### Across

1. Adder to proceed unsteadily
3. Miner who invented shorthand
4. One criticising roof worker

### Down

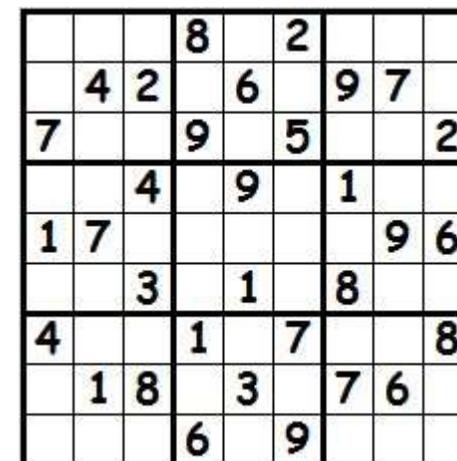
1. Gradually reduces feeble lights
2. Smuggler gets table decoration

## Word Square

Insert each of the following letters into the right cell, so that when the puzzle is completed each row and each column contains a real word.

**W E N H C E**

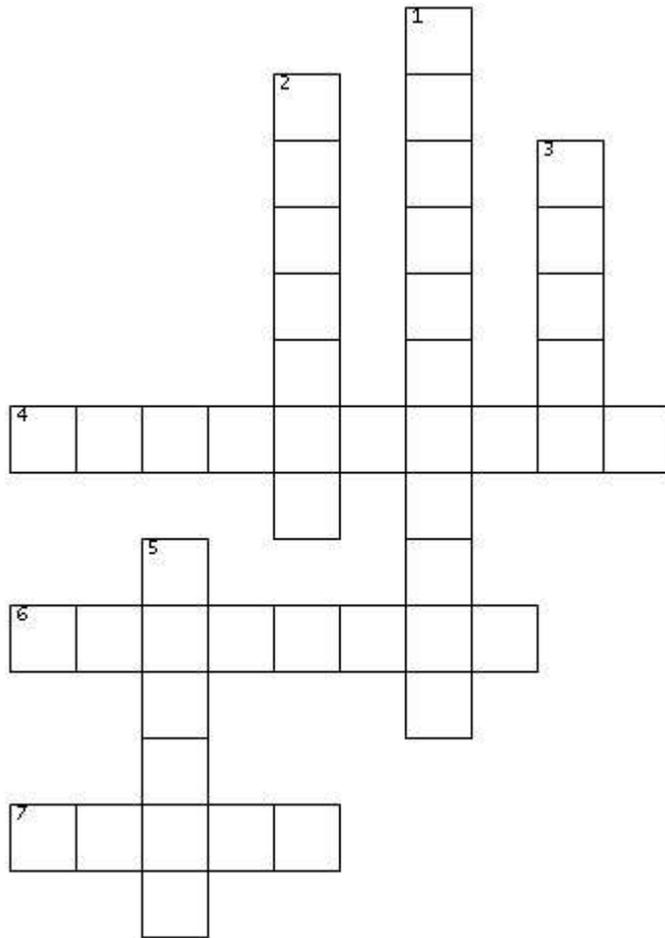
<b>B</b>	<b>L</b>		
<b>E</b>	<b>A</b>	<b>C</b>	
<b>A</b>		<b>H</b>	<b>E</b>
		<b>O</b>	<b>N</b>



**SUDOKU**  
easy

**Solution on page 31**

# Birds



### ACROSS

- 4. Tall pink birds with long legs
- 6. They cover the birds' bodies
- 7. A group of birds

### DOWN

- 1. The only bird that can fly backwards
- 2. This flightless birds lives in the southern hemisphere
- 3. This large bird of prey is an excellent hunter
- 5. Bird with bright colours that imitates human voices

**Solution on page 31**

# Words from Joyce Hill

## The Dead Sea Scrolls

The Dead Sea Scrolls, like the Codex Sinaiticus, have advanced our understanding of the history of biblical texts. The Codex Sinaiticus is a complete Christian bible, but its greatest impact has been on our understanding of the evolution and textual history of the New Testament. The Dead Sea Scrolls are important for studying the Hebrew Scriptures, our Old Testament, and what we know as the Old Testament Apocrypha, found in bibles of the Roman Catholic and Eastern Orthodox tradition.

It was in late 1946 or early 1947 that a Bedouin shepherd came across a large collection of rolled up scrolls in the Qumran caves, close to the north shore of the Dead Sea. Their importance was quickly recognised, and after extensive searches, lead to the discovery of many thousands of fragments and some texts that are complete or nearly so, variously in Hebrew, Aramaic, Greek and Nabataean. The Scrolls have survived by being in a very dry climate and away from the sun but are very fragile. Much work remains to be done on them and identifying what works the fragments are from, and in safely unrolling and reading those that still exist as scrolls. The manuscripts — a few written on papyrus, but most on parchment — are a collection over

a wide expanse of time: from the third century BCE to the first century CE.

About 40% are copies of books from the Hebrew Bible. Previously the oldest surviving Hebrew-language Scriptures were from the tenth century CE, but the Dead Sea Scrolls are a thousand years earlier. The Scrolls demonstrate that these texts show no evidence of textual change but witness to an extraordinarily persistent tradition of careful copying and preservation of holy texts. 30% of the texts are works which did not finally appear in the approved collection of Hebrew Scriptures. These include the Book of Tobit and Ecclesiasticus or the Wisdom of Sirach, books that remain in the Christian Old Testament Apocrypha.

The remaining 30% are previously unknown texts which were evidently for the use of a sect developed from within Judaism which had similarities with aspects of Christian teaching.

Almost everything found has been held by Israel since 1965, in the specially constructed Shrine of the Book, which also houses the Aleppo Bible and other early manuscripts. It is here that the painstaking research is conducted, and the Scrolls are displayed in rotation.

# Memory Jar

## Joy in the smallest things

Life has been so hard for most of us and we may still be in troubling times. Ways of coping with stressful situations are as varied as the wild flowers in the meadows and hedgerows. You may be one of the lucky ones who can get out and enjoy the brighter, longer days of spring, but others may be confined indoors and feel it is difficult to enjoy life as they would wish. We all need comfort and happiness, but how do we go about it? An idea I came across could be an answer, but we would need to practise it with our own capabilities in mind. The idea is to be prepared to step out of your comfort zone!

This does not have to mean a tremendous challenge; it can be something as simple as making a phone call you have been putting off for some time, or reading a whole book in one sitting. It may be that trying something new, however small that challenge might be, is just what we need to help us appreciate what we've got, value the ordinary, everyday things and generally see life in a new way.

Before Lockdown I tried an idea out that I had seen on Facebook. It took a whole year to carry out, although I think you could choose your own deadline. The idea is simple and all you need is a large glass jar, lots of small pieces of paper and a pen. Each day



spend a little time thinking about the good things that have happened, however small or ordinary they may have been: sharing a cup of tea with a friend, watching birds in your garden, digging up those unwanted weeds, receiving a letter from someone you love, helping a neighbour in need. Write down what happened and how you felt about it. Fold your piece of paper and put it in the glass jar.

Do that as often as you can and hopefully by the end of the allotted time your jar will be full and you can take them all out and remind yourself that though there may have been difficult days there was joy, even in some of the smallest things.

**It may help us to see life  
in a new way**

**Marjorie Cole**

# Green Eggs in May

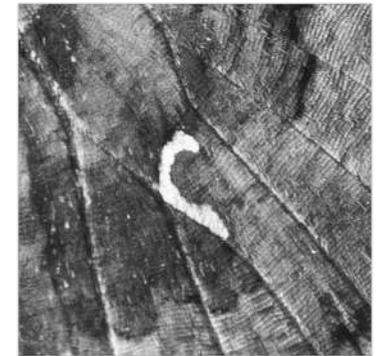


What creature lays these small green eggs in May, on nettles, hop - or hazel hedges? The answer is a Comma. Some say this **Comma Butterfly** looks like a 'tatty Tortoiseshell' - but I just love their **orange** wings with deeply-scalloped edges.

Happy with Global Warming - these small, bright butterflies are more wide-spread than when I was a little child. Commas now just love to hide in frost-free, old log piles, emerging to sup from wild or garden flowers, when days are calm and mild.

See the black and yellow dots on patterned wings, outspread - as Commas bask, here in May, when they stop by - to lay green eggs on new, pale leaves of Golden Hop; tender leaves that will provide filling food for hungry caterpillars - spikey, black caterpillars!

See this butterfly's **white** comma, like a splat of bird lime, on the dull, brown underside of folded wings, as Commas rest, where no bird sings: disguised there, low in my hedge, as drab, dead leaves on twigs - safe from beaky birds - who seek their food elsewhere.



*The **Comma** butterfly's name comes from the small, white 'C'-shaped marking - resembling a **comma** on the underside of its wings.*

**Green eggs are laid in May & July**  
(Colour the topside wings orange!)

**Val Crompton**

# OPAL Activities



**A**fter a wonderful start to the Spring weather-wise, we seem to have gone back to Winter but here at OPAL we will be powering on with exciting Spring/early Summer activities.

Our bee swarm project is in full swing and we are making bees at every opportunity, so far, we have some pom-pom bees, crochet and knitted bees and even a copper Queen bee. We are buzzing with excitement over this project and really looking forward to sharing the final display with everyone who uses the Welcome In Community Centre. We hope to encourage people to create bee friendly wildlife habitats and help our struggling bee population.

Here at OPAL, we are always looking at new ways we can help our members and the wider community. One area we have found with a specific need for support is the area of bereavement during the last two years. After an initial consultation meeting, we have launched a new group called the Bereavement

Café. This is open to anyone who has had a bereavement in the last two years and is a chance to meet others in a similar position. It started on the 8<sup>th</sup> of April and runs every 2 weeks on a Friday morning 10.30am-12 noon, you do not need to book to come to this and it is hoped it will offer people a chance to talk to others who have experienced some of the same things during the pandemic. If you would like to talk to someone about the Bereavement Café please call OPAL and ask for Sally-Anne.

All our other activities are fully up and running and new members are always welcome. If you would like to get a feel for OPAL you can always come in to our community café for a chat and a cup of tea (Weds- Fri 9am-4pm)

If you are interested in joining any of the activities, or if you would like more information please contact us on 01132619103. email [admin@opal-project.org.uk](mailto:admin@opal-project.org.uk) or call in to see us at the Welcome In Community Centre. (55 Bedford Drive, LS16 6DJ).

**Shelley Clark**

# York Gate Update

## Everyone is so happy

I have been a volunteer at York Gate Garden for about 20 years now and really enjoy being there. Everyone is so happy just to be working there with like-minded people for the charity Perennial. I am sure you all know that whereas RHS looks after gardens and plants, the charity Perennial looks after the gardeners. I have worked briefly on admissions and in the tea room and shop but most of my time has been spent selling plants then later as a tour guide for the garden. I find being a guide fascinating as we are all still learning about the garden and the family who created it from 1952.

The Heritage Lottery Fund enabled a group of volunteers to train as archivists in order to research and catalogue Sybil Spencer's belongings. I told this group about the kneelers in Adel Church donated by Sybil Spencer. They were duly photographed and catalogued in the archives.

There are currently 10 guides who try to cover each session the garden is open, but there would always room for more if you want to volunteer. The tours are free and each is different depending on the knowledge of the guide. Some volunteers who worked on the archives know different things from



people like myself who take my knowledge mainly from Robin Spencer's diaries printed in the publication Hortus.

One of the joys of being a guide is meeting people who visit. I would like to tell you about one particular couple who visited the garden. It was a very special visit after a long illness. They had travelled from Lancashire and told me they came from West Houghton. Oh said I "from Kayed City". Yes they beamed – that's right. Now let me translate. Kayed City is the Lancashire dialect for Cow Head City. The story goes that a man owned a cow and he had just paid for a new gate for his field. The cow got its head stuck in the gate so the farmer got a saw and cut off the cow's head – well, the gate was new! This is remembered in

stained glass in a local pub. I know this because my step-mother lived in West Houghton. The couple had a wonderful visit to the garden and it was a joy to surprise them with my knowledge of their home town.

**One of the joys is meeting people who visit**

**Hilary Taylor**

### Opening times

We will be opening on May Bank Holiday **2<sup>nd</sup> May**, as well as all other summer bank holidays ie **Thursday 2<sup>nd</sup> June, Friday 3<sup>rd</sup> June and Monday 29<sup>th</sup> August.**

The gardens, shop, café and plant sales will be open for their usual times of 10am until 4.30pm (last admittance to the gardens is 3pm). Please note that we are still continuing with our booking system for the garden, which can be accessed via our website [yorkgate.org.uk](http://yorkgate.org.uk)

Although we do not take bookings in the café, we do for afternoon tea where the cost is £15pp. If you would like to treat yourself (or someone else!) please call 0113 267 8240 Option 4 to pay and book your time/date.

Thanks,

**Sally Latchfield**

## QE Corner

All British cows must have passports.

There was less lightning in the world during the Covid lockdowns.

The Haskell Free Library and Opera House is on the US Canadian border. If you go and see a show, the performers will be in Canada while most of the audience will be sitting in the USA.

20% of dogs love being told they're a good dog more than they love food.

There is a hospital in Qatar that exclusively treats falcons.

In 2009, a set of identical twins was arrested for a jewellery theft in Germany. DNA evidence proved that at least one of them was at the crime scene. But since it was impossible to prove which individual was guilty, both were acquitted.

In the mid-1990s, Louisiana authorities put a parrot into witness protection. The parrot had previously been owned by a crime boss, and had seen some things and would occasionally talk about them.

Bolivia has a 5,000 man strong navy. What Bolivia does not have is a coastline.

*Just a short piece this month!*

**Trevor Cole**

## Barry Anderson

### Queen's Jubilee

If you are thinking of organising a street party for the Queen's Platinum Jubilee, the Council has offered the following information:



*“Leeds has a long history of organising street parties to celebrate national events. Why not organise one for your neighbours for the Platinum Jubilee? You're welcome to host parties right across the bank holiday weekend, or as part of The Big Jubilee Lunch. The Big Jubilee Lunch has been chosen as the official community celebration for The Queen's Platinum Jubilee weekend. The Big Lunch is your chance to celebrate community connections and get to know one another a little better.”*

The government has published guidance including tips, advice and support on organising a street party. If you go to Gov.uk and search for “Your Guide to Organising a Street Party”, you will find helpful information there.

### Former Weetwood Police Station

A residential development proposal for the former Weetwood Police Station is in the pipeline and the developer is hopeful of putting a formal planning application to the Council in May. There will be an open consultation event for residents who would like to look at the plans and hear more about them, hopefully by the end of May.

### Speed Survey—Sir George Martin Drive

The latest results for a speed survey undertaken on Sir George Martin Drive have been released to me by the Highways Engineer. He has commented on them as follows:

*“The mean speeds of traffic in the latest surveys fall within the required boundaries for speed limits and the proportions of traffic travelling at certain speeds have very definitely fallen in the periods between this and the previous surveys, which is encouraging.”*

*The results shown, along with the absence of any recorded injury collisions on Sir George Martin Drive in the last five year period do preclude us from considering any further engineering intervention in the area at this time, over and above that proposed as part of the development at Eastmoor.”*

## Road Closure—Kingsley Drive

The road will be closed at the Kingsley Drive/Otley Road junction until 29<sup>th</sup> July to enable highways works to be undertaken to facilitate road improvements for the new development at Elysian Fields.

## Leeds Libraries

Leeds Libraries has received a funding boost of more than £500K to transform Leeds Central Library. The Library has been successful in securing more than £250,000 from Arts Council England, which will be supplemented by £300,000 from the council to improve spaces at Leeds Central Library. This will see major improvements to the city's music and lending libraries. The redesign is due to be completed early next year and will be in keeping with

## Billy Flynn

**H**ello again. Just when you think Covid is finally on the wane, yet another variant appears. Although the latest one appears much less serious than its predecessors and is not causing undue pressure on the NHS, it appears to be far more infectious. Everyone I know seems to have had it at least once but it appears that there are fewer serious affects. Those of us of a certain age are now being called up for our second booster so let's hope that the vaccination programme continues to be a huge success.

the rich history and heritage of our well-loved spaces.

The funding will upgrade the existing music library to provide access to recording equipment, software and instruments for aspiring musicians to practise and perform in a dedicated performance space. Once complete the music library will become a go-to music venue in the city, allowing people to experience recitals, take part in music lessons, record their own demo and even find out how to take their first steps towards working in the music business.

Cllr. Barry Anderson  
Adel & Wharfedale Ward  
Direct Dial 0113 3367742  
[www.barryanderson.org.uk](http://www.barryanderson.org.uk)

## Police

**Crime** - There has been a slight increase recently in burglary, theft of vehicle and theft from vehicles, although this is not limited to our ward. Enhanced police patrols have been deployed to areas that have been subject to burglaries.

**Road Safety / Antisocial Driving** - Targeted Speed Gun work is carried out regularly by our local policing team who have identified the following target roads: Otley Road, Kings Road (Bramhope), Pool Bank & the Bar

**P.T.O.**

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House bends in Pool, and previously Long Causeway. Some of the results are as follows: four vehicles seized, twelve tickets for not wearing seatbelts, six for no MOT, using a mobile phone whilst driving, no seatbelt, speeding and not displaying a VRM. As you can see the team is very active!

## Bus Timetables

It looks like our pretty unreliable bus services are to become even less reliable. I understand that, like many other businesses, bus companies are struggling to recruit drivers, and this is translating into slippage of timetables. Consequently, changes have been announced to a number of timetables, including the ones running through our ward. The changes will be introduced between 10-25 April. The changes will affect numbers 1, 1B, 6, 28, X84 and X85 and all will mean less frequent services. If you are a regular bus user, I would suggest checking out the website, particularly for the evening services

## May - a month of awareness

1-8 May: Time for a cuppa in aid of Dementia UK  
2-6 May: Dying Matters Week  
3-8 May: Deaf Awareness Week  
4 May: Firefighters' Memorial Day  
4-11 May: International Red Cross Week  
5 May: International Day of the Midwife

## Street lighting

We have been informed that the second phase of the project to convert all street lights to LED will reach our ward later this month, probably about the time you will be reading this. This work will take around five weeks so the programme in Adel & Wharfedale should be completed by the end of May. We are told that the lights use 50%-70% less energy than conventional bulbs, last much longer, provide higher quality white light with less light pollution and they allow for better facial recognition in CCTV coverage making areas safer. However, we are constantly assured that new technology will improve our lives. We shall see!

Please keep safe and well. If you would like further information on the issues above or anything else in the ward, please do get in touch.

Telephone 0113 2613896,  
07810640282 or email  
[billy.flynn@leeds.gov.uk](mailto:billy.flynn@leeds.gov.uk).

7-15 May: National doughnut Week  
8 May: world Fair Trade Day  
10-22 May: Foster Care Fortnight  
15-21 May: Christian Aid Week  
16 May: World Children's Day  
17-22 May: Dementia Awareness  
26 May: Ascension Day

**BIRDS**  
**ACROSS**  
 4. FLAMINGOES  
 6. FEATHERS  
 7. FLOCK

**DOWN**  
 1. HUMMINGBIRD  
 2. PENGUIN  
 3. EAGLE  
 5. PARROT

**Only 5 Clues**

**Across**

- 1 TOTTER
- 3. PITMAN
- 4. SLATER

**Down**

- 1. TAPERS
- 2. RUNNER

**Word Square**

BLEW  
 EACH  
 ACHE  
 NEON

9	5	6	8	7	2	4	1	3
8	4	2	3	6	1	9	7	5
7	3	1	9	4	5	6	8	2
6	8	4	5	9	3	1	2	7
1	7	5	4	2	8	3	9	6
2	9	3	7	1	6	8	5	4
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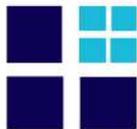
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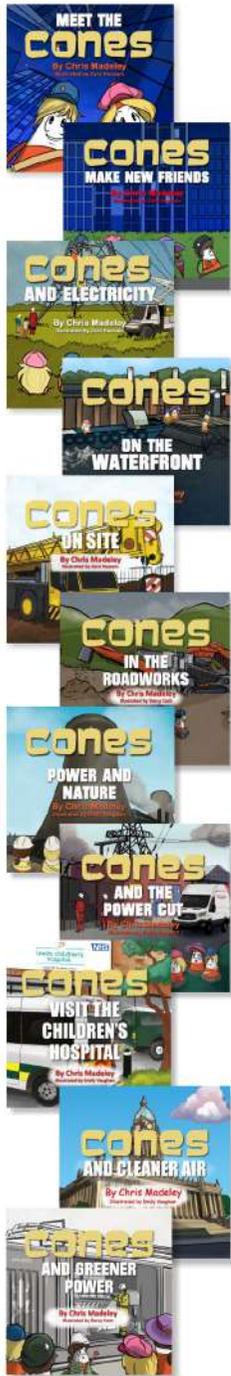
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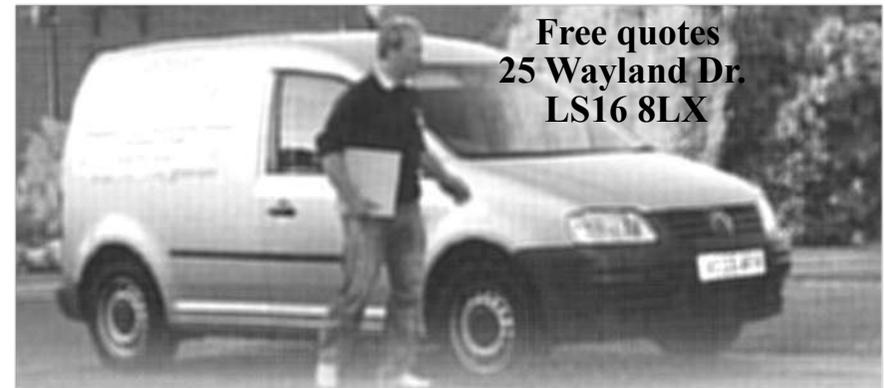
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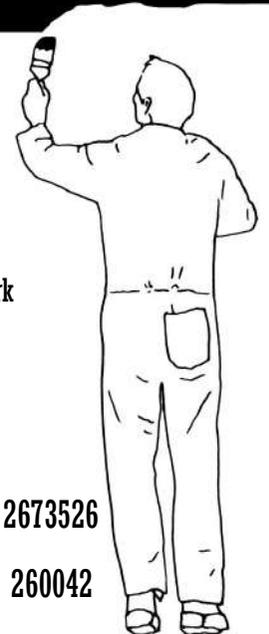
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### Advertising

The magazine is published 10 times a year and goes out to 460 homes except for June when we circulate the whole parish (2600 homes)

Full page £140 per annum

Half page £80 per annum

Quarter page £50 per annum

+ £20 for alterations

For further information contact:

**Beryl Thompson**  
10 New Adel Gardens,  
Leeds LS16 6BD



**0113 267 3875**  
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## Church Services

# May



<b>Sunday 1st</b>	8.30am 10am 6.30pm	<b>Third Sunday of Easter</b> Holy Communion (BCP) Parish Communion Evensong (BCP)
<b>Wed 4th</b>	11am	Holy Communion
<b>Fri 6th</b>	1.30pm	J Js (for the under sixes)
<b>Sunday 8th</b>	8.30am 10am	<b>Fourth Sunday of Easter</b> Holy Communion (BCP) Parish Communion
<b>Wed 11th</b>	11am	Holy Communion
<b>Sunday 15th</b>	8.30am 10am 6.30pm	<b>Fifth Sunday of Easter</b> Holy Communion (BCP) All Age Service with Communion Evensong (BCP)
<b>Wed 18th</b>	11am	Holy Communion
<b>Sunday 22nd</b>	8.30am 10am	<b>Sixth Sunday of Easter</b> Holy Communion (BCP) Parish Communion
<b>Wed 25th</b>	11am	Holy Communion
<b>Thurs 26th</b>	7.30pm	<b>Ascension Day</b> Service of Eucharist
<b>Sunday 29th</b>	8.30am 10am	<b>Seventh Sunday of Easter</b> Holy Communion (BCP) Parish Communion

**Junior Church** is held during term time. The children start in Church at the 10am service with their families, they then leave with the leaders and, after their own input in the Stables, re-join the congregation for communion and the last part of the service

On the **3rd Sunday** there is a 10am All Age service, with communion, and children are welcome for the whole of the service in church.