



May 2024

Ascension Day - 9th May

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Adel Bells
(Please email copy by **10th of the month**)

Parish Hall Bookings

Church Website
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Adel Parish Church



The Parish Church of St John the Baptist, Adel
 Enquiries including Home Communion, Baptisms, Confirmation,
 Weddings, Funerals; please look at the church website
www.adelparishchurch.org.uk

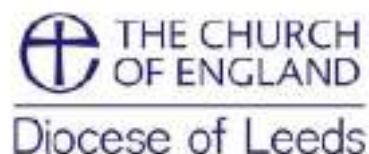
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Adel PCC Members 2023–2024

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 Thang Tang, Mike Tunstall,
 Leanne Winfield

Magazine Editors

Marjorie Cole

Illustrators

Val Crompton
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Church Open for Visitors

Monday and Saturday 1.45pm to 3.45pm

Parish Registers

Baptisms

7th April

Everett Anderton, son of Beth
 Masic and Phil Anderton

Burial of Ashes

14th March

Eileen Baker

19th March

Ingrid Raper

5th April

Aileen Dawson

11th April

John Crompton

Jean Buckley



Festivals & Feasts

1st May

Philip and James, Apostles

9th May

Ascension Day

14th May

Matthias the Apostle

19th May

Pentecost

31st May

Visit of the Blessed Virgin Mary
 to Elizabeth

God's transforming power

God who cannot be bound
 Flow into our hearts and minds
 Wear down our resistance to your
 love
 And refresh us with the spirit of
 your compassion.
 Today, as we commit ourselves
 once more to your work
 We ask you to show us how to
 hold the needs of your world
 At the heart of our lives
 And to celebrate your many gifts
 with joy.
 May your power transform our
 lives
 May your Spirit set us free
 And may the blessing of God,
 Father, Son and Holy Spirit
 Be with us all now and for ever.

Amen





**Part of Christ's family, welcoming
everyone, sharing God's love
and being a voice of hope**

From the Editor

A baptism is a truly happy occasion when parents and godparents make promises on behalf of children, but a Confirmation is even more joyful because the candidate is able to make their own decision. I was privileged to attend such a service in Otley Parish Church, led by Bishop Arun Arora. There were candidates from Otley and Adel. The church, so much bigger than our own, was almost full to overflowing and a good number of our Adel congregation was there to offer support to 11 of our own amazing young church family members as they prepared to strengthen their relationship with Christ. We wish them well for the future.

Visitors to our churchyard cannot fail to notice overgrown patches, whether it is a bramble-infested area or simply long grass that has not been mown. Recently on our Facebook page we were shown a photograph of a 91 yr old woman trying to find the grave of her husband who died 30 years ago, but it was a challenging walk for her and the grave was almost hidden amongst tall grass. It saddens us to see

the churchyard in this state, but we rely on volunteers to help us with gardening tasks and since it is a very large churchyard, and we have a small number of volunteers, we are not able to keep on top of it. We have regular gardening sessions, called 'Rake, Cake and Chat' so I urge you to consider if this is an area where you can be of service, not just to the church but also to the wider community. See page 15 for details of our next event.

This month sees our annual 'Stables of Games' Quiz in the Old Stables, but we are pleased to announce that we are once again able to offer a fish and chip supper. Covid put an end to that treat, but now it is safe to bring it back. The quiz is bursting with exciting questions, so do not miss out. You need to book your place. See the advert on page 16.

Our Patronal Festival this year will be 22nd/23rd June. We are not holding a fair ourselves, but we are running a stall at the Memorial Hall Fête on Sunday 23rd. We need some help from you, however, if this is to be a success. Please read about what is needed on page 17.

Marjorie Cole

Rector Alison's Letter

Dear Friends,

When I was a child, my primary school was used as a polling station. This meant that May occasionally brought the joy of an extra day's holiday. In addition to extra time playing with friends, polling day always included a trip to the polling station with my Mum as she went to cast her vote.

This was partly to do with having no one to leave us with, but I suspect it was also to do with normalising the idea of voting, whether it was a local or general election. It clearly worked as I remember being scandalised when my closest friend at university said she wasn't going to vote as she knew nothing about the candidates. I suspect I told her in a very self-righteous way that women chained themselves to railings for that vote and she had a duty to use it.

I hope I would be a little less pompous these days, but I haven't changed my opinion. We can see around the world how fragile democracy can be, what a treasure and privilege it is to have a vote.

Of course it is easy to become disillusioned with politicians. We can point to many occasions of late when those we elected have fallen short of the standards we expect. But our vote gives us an opportunity to

respond. We hear the idea that 'they're all as bad as each other', but I don't think that's fair. Politicians are fallible humans like the rest of us, but many of them work hard to try to improve life for those they represent. I am grateful to those who put themselves forward, democracy can't exist without them.

It is the same with other clubs and local organisations. They only exist because people step forward to act as chair people, treasurer, secretary. Many of our best loved institutions: Scouting, Guiding, RNLI, Mountain rescue, only exist because volunteers give their time and energy.

Our church is no exception. I am immensely grateful to our church wardens and other office holders, and also our Parochial Church Council who give up their time to ensure the proper running of the church and ensure it is available for worship and for baptisms, weddings, funerals.

There are local elections at the start of this month, and a general election coming up soon. I hope the children of our church school enjoy their extra day off, and that the rest of us take the time to use our precious vote.

I also encourage all of us, where we are able, to get involved in the running of our clubs and organisations. If you want to know

about ways to be more involved at church, do ask...new volunteers are always welcome!

With love and prayers

Alison

New marriage prayers

In December 2023, a new selection of prayers of thanksgiving, dedication and asking for God's blessing for same sex couples were authorised for use within regular worship. As yet, stand alone services of blessing are not permitted in the Church of England.

I am pleased to say that in January our PCC voted to offer the prayers to anyone who requests them, and to offer stand alone services if and when these become available. If you would like to know more about this, do contact me.

Alison



For your diary

Sat 4th May

Boundary Walk

See p 13

Sunday 5th May 3pm

Concert in church

followed by

Coffee and cake

In the Stables

See p 28

Rake, Cake & Chat

Sat 11th May

9.30-11.30am

in the Churchyard

Sat 18th May

Quiz Night

With fish & chip supper

Details on p 16

22nd/23rd June

Patronal Festival

Saturday at 2pm

'Summer Picnic'

Old Pool, Bank village Hall
with games & activities

Saturday at 7pm

Concert by

St Peter's Consort

in church

Followed by refreshments

Also in May ...

Bible Study

10 am in the Stables

Thursday 9th May

Thursday 23rd May

Ascension Day

Thursday 9th May

Holy Communion

7.30 pm

Concert

Sunday 5th May

3pm in church

Followed by coffee and cakes in
the Stables

Social Event

Saturday 18th May

Stables of Games quiz

with fish & chip supper

6.30pm for a 7pm start

In the Old Stables

See p 16

Prayer Meetings

10am every Wednesday

In church or at home

Praying this month for:

JJs - Story, rhyme and play for our
youngest children

Sides people

Treasurer & planned giving officer

Environmental News

Plantlife

Let it grow!

Summer is almost here; as the days lengthen and the sun's warmth shines upon us, take a moment to enjoy the blossoming flowers and vibrant greenery. It is the perfect opportunity to connect with nature and have an impact on the environment.

Since the 1930s it is estimated that the UK has lost 97% of its wildflower meadows. This significantly impacts pollinators like bees and butterflies. Our native birds, insects and small animals also find both food and shelter in our meadows, and their habitat loss has a wide-reaching impact on biodiversity. Everything is under a delicate balance, like a Jenga tower; the more you take away, the more unstable our environment becomes. In our churchyard, we have created a mini nature reserve for everyone to enjoy. We hold regular work garden parties, 'Rake Cake and Chat'; the next one is on Saturday 11th May, so why not come down and help?

No Mow May is an annual initiative encouraging people to let their lawns grow wild. This can benefit wildlife, the climate, and our community. If you are interested, please visit plantlife.org.uk for more information and register your interest to help build up a big picture of what's going on. Keeping your lawnmower in the

shed also benefits one of my favourite insects, the bee! Let's celebrate these beautiful creatures with World Bee Day on the 20th. I've talked about the importance of pollinators in last year's July issue, and if you missed it, you can find previous issues of Adel Bells online at www.adelparishchurch.org.uk.

Also, this month is water-saving week, starting Monday the 13th through to Friday the 17th. We are fortunate that in the UK, most of us have easy access to drinking water, but we still have to be mindful not to waste it. Each day has a theme around our home:

Monday 13th – Sharing is Caring, spread the message.

Tuesday 14th – Household Habits, like not overfilling our kettle.

Wednesday 15th – Leaky Loo Challenge, a leaky toilet wastes litres of clean drinking water!

Thursday 16th – Kitchen Habits, conserving water in your kitchen.

Friday 17th – Bathroom Habits, 68% of household water is wasted here! Visit waterwise.org.uk/water-saving-week-2024 for more info.

Let's celebrate the end of Spring and the beauty of our planet and pledge to protect and nurture it for generations to come.

Tang x

In Brief

100 Club Draw for March

1st	Jill Holloway	£80
2nd	Beryl Thompson	£40
3rd	William McQuade	£30

A Reminder

Unless she is on holiday, Rector Alison is in church every Monday, Tuesday, Wednesday and Thursday to say Morning and Evening Prayer. She would love others to join her at 8am and 5pm.

Date for your diary



Adel Churchyard History Walk

Saturday, **8th June** 2-3pm
Meet at Adel Church door

Val Crompton,
Wendy Grisedale

A great talk

On Tues 9th April, at the 1152 Club, Ian Jones, volunteer Kirkstall Abbey Guide, gave an illustrated, comprehensive talk on Kirkstall Abbey, at Abbey House Museum.

It was Henry de Lacy who gave the land at Kirkstall in 1152 to the Cistercian Monks to build Kirkstall Abbey. He also gave them land suitable for sheep farming, including Abbey Grange, Allerton Grange, Moor Grange and land at Crag House Farm, then part of Adel Parish.

Kirkstall Abbey Church was built first, with stone from nearby Bramley. The church was completed in 1170. Ian showed us a picture of the lovely interior of the Abbey Church, white-washed! We are fortunate to have Kirkstall - the most completely preserved Abbey of all the Cistercian abbeys in Yorkshire.

Kirkstall was dissolved by Henry the 8th, in Nov 1539. It was given to Thomas Cranmer, then much later sold to Col. John North in 1889. John North bought Kirkstall Abbey for Leeds Corporation & the people of Leeds. It was first open to the public in 1895—and we do appreciate it!

Many thanks to Ian Jones for his talk.

Val Crompton

Letter from Lily

Hi Everyone!

I've been working very hard on my spelling since my previous letter and I hope you'll find this one easier to read, I'm nowhere near perfect, but bear with me and I will get it in the end! My typing is still very slow, but I shall keep practicing – or is it practising – your langwidge isn't easy, but I shall persevere (big word for a little dog!).

You do seem to get a lot of rain in Adel. The lawn outside my home is like a big wet sponge and I always wash my feet on it when we've been for a walk. It's quite useful really! I'm not too worried about the rain; I'm very fluffy, but my wool dries quite quickly. If I get very wet, my Mum dries my fluff with her hare-drier which I love! I love going to the hare-dressers – they have a great big drier there *and* they do my nails at the same time. I'd love to go more often!

While we are on the subject of water, I like these bubble things which grow in your baths. I was a bit scared of them at first as I'd never heard a noise like their popping, but I've been brave and now I love playing with them. The other day, my Mum went for a bubble-bath and I got tired of waiting outside for her so I took a running punch at the bathroom door and made a great leap into the bubbles. I didn't expect to get wet,

but there you go, every day is a school day. My Mum yelled for my Dad to come and get me out! I was very disappointed that she wouldn't share her bubbles with me.

Mind you, I can't talk. Learning to 'share' is on my 'to learn' list – apparently, it's an important part of life. Where I lived before, there were three much bigger dogs so they took all the toys. Now, all the toys are mine! I'm learning to share them with my cousin Elvis who is a Cocker-Poo. He lives with another part of my family and I'm teaching him to be a gentleman and share his toys with me: in return, he can play with mine, but I do enjoy pinching them off him!

One thing I have lurned since I came to live in Adel is that Jesus likes to share. When people were hungry, He shared food with them, He shared His time with those who were sick and frightened, He shared the good news of the Kingdom of God, shared His love for everyone and encouraged others. He told His disciples to 'love one another as I have loved you.' I think this is a pretty big thing to do. Coming to a new home was a bit scary for me, but once I knew I was loved, everything seemed so much better. I am going to spread as much love around Adel as I can. Will you help me? Woofs & lix,

Lily xxxx

Holy Week & Easter

This is always a very special part of the church year but this time it seemed even more so. It began with a very moving dramatisation of the Palm Gospel on **Palm Sunday**. (I was in Bradford but watched it later on UTube)

On **Monday evening** we had a Communion Service and on Tuesday evening we had Compline, always one of my favourite services. The prayers really gave us something to think about as we walked down the path afterwards in silence.

On **Wednesday evening** we could not fail to be moved by '**The Seven Last Words**', a portrayal in music and readings of Jesus' last words in his final hours. This was beautifully and poignantly performed by the **Heritage Singers**.

On **Maundy Thursday** there was another well-attended service with Communion, washing of the feet, (John 13. 5-17) and stripping of the altar and vigil. Several members of the congregation had their feet washed. After the stripping of the altar and the vigil we left an empty church in the dark with just the Reserved Sacrament surrounded by small flower arrangements.

On **Good Friday morning** there were family activities. I received a

cross which I was able to put in my front window. I heard that everyone enjoyed themselves as well as learning something of the Easter story in a new way. This was held in the Stables but included a visit to church.

On **Good Friday afternoon** we had the Liturgy with the long Gospel very ably read to us. We took Communion. We sang one of my favourite hymns "I give you love, and how do you repay?" which is based on the "Good Friday Reproaches", very emotive! We had the veneration of the cross, another hymn and left in silence.

The Easter Garden outside the church with the closed stone was very nicely done. One little boy from our Junior Church asked "Was it really big enough for Jesus?"

Holy Saturday was a quiet day of reflection and waiting, as we watched the flower arrangers making the church look beautiful inside and the grass being mown outside.

On **Easter Day** we had an early start with the 6am Dawn Communion. We met outside in the dark and heard the birds singing as Rector Alison lit the Paschal Candle. We followed Alison into the dark church with our candles and heard her saying "The Light of Christ" to which we replied "Thanks be to God". We renewed our

baptismal vows during the Communion service and prayed for those being confirmed later this month.

At 8.30am Said Communion was a quieter service from the Book of Common Prayer, but there were plenty of Alleluias.

At the 10am Parish Communion we enjoyed hearing the augmented choir. What a joy it was to see Rev Ian Johnston presiding; our prayers really had been answered. Afterwards there was the traditional Easter Egg Hunt; there was no shortage of children for

this event with lots of eggs for them to find!

Thanks to **all** who were involved in any of the services and activities. How fortunate we are to have all these people taking part. Well Done! Special thanks, of course, must go to **Rector Alison** and **Reader Paul**.

As I said at the beginning, it was very special. It felt as if we had all done our best to walk the Way of the Cross and were then able to celebrate the Resurrection.

Beryl Thompson

Adel Boundary Walk Saturday 4th May 8.30am start at the Stables



Join us for all (14/15 miles)
or just for part of the walk.

Booking is essential

Contact: carole.smithies@gmail.com
ring 0113 281 3190
or 07786 485 485

My Day in Cups of Tea

I asked church family member **Barbara Hodgkinson** to tell us about her day and how a languages teacher ended up as a specialist in dementia care.

How do you like to start your day?

The morning is the only time of my day when I take things slowly, no matter where I am. After many hectic years, my luxury is a slow breakfast and that includes two large mugs of Yorkshire tea; I even take my tea selection on holiday with me!

And where are you waking up?

We've been in this house in Adel for thirty years, having moved from half a mile up the road. We are definitely an Adel family, albeit we only arrived in Leeds as students (meeting in Freshers' Week!) – but Adel is most certainly home.

Tell me a bit about your work.

I started out as a languages teacher at a city centre comprehensive, which I loved. Pastoral care really appealed to me and I became a Year Tutor, dealing with all the many issues that can affect teenagers. Later, those same skills came into play in a very different sphere.



Kettle's on - what do you fancy?

Oh dear – I do have a bit of a drinks routine! Yorkshire tea for breakfast (two mugs); a coffee at 11am; two more Yorkshire teas at lunchtime – then I move on to decaffeinated Yorkshire teas during the afternoon and mint tea in the evening. My children tease me that they know what time it is by my drinks!

Do you like to take a break with a cuppa?

I'm very bad at stopping, so I tend to do something that fits in with tea drinking!

How did you end up doing what you do now?

I was the only child and carer of a mum with dementia and soon realised that hospital teams had no insight into dementia so I created an education-

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based approach, the Butterfly Scheme, intending to hand it over as my gift to the country. Twenty years on, I'm still leading it across the UK and NI. A few months ago, I actually experienced the Butterfly Scheme as a carer, when a friend with dementia was in a member hospital; it was such a privilege to witness it at the receiving end, which I'd never expected to do.

What is your working day?

Nowadays, the established member hospital teams are able to self-maintain, so my role's more consultancy now and takes up only a fraction of the time it used to. I'm grateful that I no longer have to travel to locations across the UK and Ireland fortnightly – something I'd never envisaged doing and tough for a homebird, although I always love meeting the healthcare teams and the actual classroom teaching.

Who would you like to share a cuppa with?

I'd love a chat with Jane Austen; she was so insightful, bold and witty and I'd love her to comment on the change in (most) women's choices since her time. On a day-to-day basis, my husband's turned out to be a very acceptable tea-drinking companion, though! I'm also lucky that my daughters are local and we'll often chat over cups of tea.

What are your favourite pastimes?

Gardening takes over as my main hobby after the winter months, but I started learning to play steel pans last year and am loving it. Steve and I have also had weekly dance classes for quite a few years now. Grandmothering is my favourite pastime, though – I'm besotted – but I'm also fortunate to count my daughters amongst my best friends and I cherish any time spent with them.



The Big Quiz

Saturday 18th May

in the Stables, doors open at 6.30pm

for a prompt 7pm start



FISH AND CHIP SUPPER



Prize Of Escape Room Game

for the winning team

£12.50 per person

Booking essential by phoning 0113 2610069

or email adelparishchurch@gmail.com



Patronal Festival

On **Sunday 23rd June** we shall have a stall at the fête at Adel Memorial Hall. We hope in this way to raise much needed funds for our church. Please help us in whatever way you can.

Donations needed

Beryl Thompson has offered to run one of her popular surprise parcel stalls at the fête. In past years we have had a fair in our own grounds and Beryl's stall has been one of the main attractions. She charges £2 for a mystery parcel and often the recipient is rewarded with something worth much more, but whatever the circumstances it is always a pleasant surprise. The gifts are very varied in type, some are for children, some for ladies, some for men, but all items have been donated, which means that all profits go to church funds.



If you can offer a gift for this stall, you can take it directly to Beryl or bring it up to church and hand it to one of the church wardens. Also if you have any boxes to put the donations in, they would be much appreciated.



We hope to have some **books** to sell on the same stall, so please bring pre-loved books up to church or the Stables in time to be sold at the fête.

Help if you can

The fête is on from 12 noon to 5pm, so please let us know if you can man the stall for an hour or two. Get in touch with Marjorie or Beryl if you can assist us in this way. Five hours is a long time for one person to be on duty.

More details about our other festival celebrations in next month's magazine.

In Adel Churchyard

Farmer James Rowling, Born 1812, died 1880 & family

In April, we received an email from Steve and Trudy Cowley & family who are related to the Rowling family of Adel Parish.

The Cowleys wanted to visit Adel Church - and to read the information on two large gravestones, dated 1797 & 1880, in the Church Yard. The 1880 grave is easily found—it is a large, upright stone with an unusually shaped top.



With the help of Andrew (& his spade) from the churchyard work party, we managed to find the 1797 large flat grave, in time for the family visit.

From the Addle Register, we have the Baptism of John, son of William Rowling, Farmer of Brooklands Farm, Eccup, on 8th July 1759.



Brooklands Farm

On 30 Nov 1759 we have the birth of a son, James, to Joseph Rowling of Addle.

Brooklands Farm is still a working farm at Eccup. It is also where all the external farmyard and building shots are filmed for 'Butler Farm' in Yorkshire TV's Emmerdale.

Steve and Trudy and family, from Surrey, enjoyed looking round Adel Church and Churchyard. They left us to go up to Brooklands Farm (123 acres) and see Eccup.

The large flat gravestone tells the story of the local Doctor, William Crawthorn, who married Prudence Rowling, daughter of Thomas Rowling, in 1782. See if you can find these two grave stones?

Val Crompton

Words from Joyce Hill

The Feast of the Ascension this year is on Thursday 9th May and celebrates Jesus' ascension into heaven forty days after Easter.

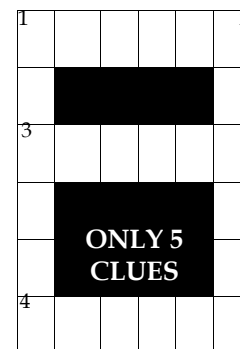
In the account of the Ascension in chapter 1 of the Acts of the Apostles we learn that Jesus appeared to his followers after the Resurrection for a period of forty days before ascending. There is only one other account of the Ascension, and that is in the Gospel of Luke, written by the same person who wrote Acts. But in the Gospel, which was written first, the impression is given that Christ ascended to heaven on the evening of the Day of Resurrection, although this is not stated directly (Luke chapter 24, verses 50-53). In addition to these two narratives, there are several other references to the Ascension, but none of these indicates how soon after the Resurrection it occurred.

As to where it occurred, Luke's Gospel states that it was at Bethany. The account in Acts does not name a particular place, but implies in Jerusalem or very nearby. There was a strong tradition from earliest times that the Ascension occurred on the Mount of Olives. In the fourth century a church was built on what was thought to be the holy spot.

So, how, why and when did the church come to follow the timeline in Acts? In the early days of Christianity

as it gradually spread within the Roman Empire, it had to be conducted in private for fear of persecution. In these very early centuries, when there were no public churches, believers focussed on celebrating the Resurrection, and so they had a special annual celebration of it (on its variable date), and a weekly commemoration of it every Sunday. The Ascension was caught up in the annual Resurrection feast. But in the fourth century, thanks to the Emperor Constantine's decision to make Christianity a legally permissible religion, Christianity came into the open and began to develop a structured annual liturgical cycle for public ritual and commemoration. There was, at the time, an increased interest in the nature of Christ's life on earth, prompted by ongoing theological debates about how Christ was both fully human and fully divine. This led to the liturgy being devised in such a way that the first half of the year was shaped around the major events in his life. Within this sequence of commemorations, the Ascension clearly merited a feast-day of its own. Yet there was also great value in reflecting on the gospel accounts of the resurrection appearances, so it made practical sense to allow for this by adopting the extended time-line given in Acts, which is why we celebrate Ascension Day on the fortieth day after Easter.

Puzzles



Across

1. Some fleabag has them horrified
3. Motorway madness? It isn't what it appears to be
4. Crews have no head for heights

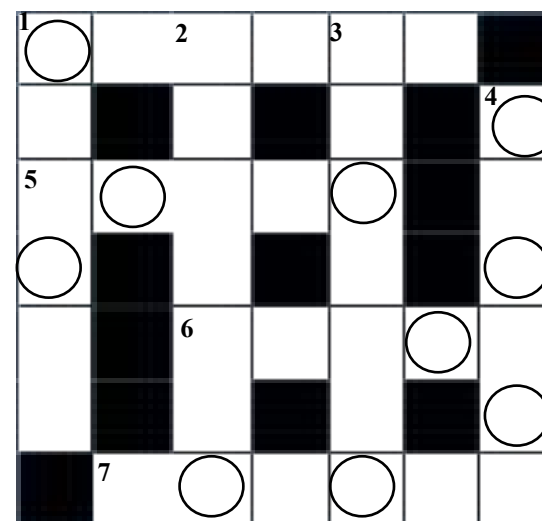
Down

1. Warmly approve of Merida when travelling
2. First of three successors belonging to them

Jumble Crossword

How to play

Look at the clues. In brackets after each clue is an anagram of the answer. When you have completed the puzzle, study the circled letters and solve the anagram to find the answer to the final clue.



ACROSS

1. Composite (DYHRIB)
5. Small restaurants (SAEFC)
6. Strong feeling (EGRNA)
7. US East Coast city (SNOOBT)

DOWN

1. Crazy (HCTIEC)
2. Type of mammal (FUBLAFO)
3. Intuitiveness (SIGINTH)
4. Customer (TOANPR)

Final Clue There's a good chance you have some of this in your bathroom
Solutions on p 47

Alice's Quiz Questions

These questions have been inspired by things Alice Neal has learned in school, her own interests and things that she's read in her weekly kids' newspaper "The Week - Junior"

1. Who is the American Gymnast who has won more medals than any other gymnast and hopes to compete in the Olympics this summer?
2. How old is Sir David Attenborough?
3. On Sir Ernest Shackleton's last voyage to Antarctica, what was the name of his ship?
4. A volcano erupted on 16th March. A state of emergency was declared in which country?
5. I like to compete in 2 sports, football is one of them, what is the other?
6. A riddle for you - what gets wetter, the more it dries?
7. Another riddle for you - what gets bigger the more you take away?
8. A farm in Australia has broken the record for the world's heaviest blueberry. How much did it weigh: 15.4g, 20.4g or 30.4g?
9. Who's big hits are 'You belong with me' and 'Lover'?
10. In 2001 a river in Iran flooded an ancient valley and exposed some ruins. Researchers found an old lipstick in the ruins, but how old was that lipstick? 1,200 yrs, 2,100yrs or 4,000 yrs?

Answers on p 47

This concert is an opportunity to support the Moxon family –they would love to see you there!



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In Your Garden

"The world's favourite season is the spring. All things seem possible in May."

- **Edwin Way Teale**

As I write this in early April, in the relentless, continuing rain that has beleaguered farmers, dog walkers and gardeners for months and months, it is still falling with regularity and persistence. It is very trying indeed, so what better than to look ahead to the fine weather that will surely come and the joys of the spring garden.

May is in many ways the most colourful and striking of months for flowering plants. It might be much to do with the months of patient anticipation but the bright, still fresh green leaves on the trees, an abundance of blossoms in the canopy and carpets of tulips, late daffodils and all manner of flowering shrubs and plants brighten most gardens and public spaces right now.

When the rain relents you should be able to mow your lawn regularly – particularly if you have struggled due to the general wetness. Ideally clippings will go into a compost bin if you have one, mixed with other suitable waste. Keep the lawn edges trimmed to deter the grass from creeping into the border. Applying a high nitrogen summer lawn fertiliser will encourage a healthy-looking lawn. If moss is a problem, and most Adel

gardeners suffer to some extent with it, then choose a combined fertiliser and moss-killer when feeding the lawn. Always follow the manufacturer's instructions carefully.

May is the time to be planting out your summer bedding, either straight into prepared beds in the garden, or else into your pots or containers. It is a good idea to add slow-release fertilisers to the soil, or some other soil enrichment, to give plants nutrients throughout the summer. Regular but not excessive watering is essential. Very few plants will thrive or survive prolonged water-logging. If you have anything tender to plant out, be cautious with the weather. Frosts are always possible in the first half of the month, a consequence of our raised elevation here in Adel.

I will be watching out for signs of fledging birds throughout the month. As I write, I have nest building and occupied nest boxes in my own garden. If we are lucky we might get dusk visits from the pipistrelle bats, from fox cubs or baby hedgehogs checking us out, reward for the sensitive planting, provision of cover and open boundaries that allow safe roaming.

George Turnbull

enquiries@adelgardencare.co.uk
www.adelgardencare.co.uk

The Joy of Sport

I thought we should give a voice to our young sports enthusiasts, so here is what two of our young church family members get up to. Perhaps there will be more next month!

I am a year 6 at Adel St John's. I have been a member of Leeds City Football Club for seven years and currently play for the under 11s junior team. The club is based at the Memorial Ground in Adel, though the younger teams train and play their matches on Bedquits.

As a team, the U11 Juniors team train on Saturday mornings and we play our games on Sundays. Each week in training, we work on different aspects of football, such as the principles of defending as a unit, attacking as a team, passing etc. We also take the opportunity to analyse and work on mistakes picked out from previous matches (e.g. sloppy passes or playing out of position). There is also a focus on maintaining and improving our general levels of fitness.

We play in the Garforth League, so most of our away games are in south Leeds, sometimes as far away as Castleford and Wakefield. This is often a nuisance because the games are a half an hour's drive away.

As well as Leeds City, I take part in mid-week skill sessions on Tuesdays, where we work on the different aspects of team football, but there is also quite a strong focus on individual

ball skills to help us to develop as individual players. Football is a great way to make new friends and the Tuesday skills sessions are made up of players from different teams, and even some boys who don't play for a team. This means that I am now friends with boys that I might not have otherwise met. I still talk to people that might have left the team.

The coaches who lead our teams are amazing, and have made me not just get better at the game, but grow a massive passion for it. Our coaches make the sessions fun, they are able to motivate us before our games and they are able to find positives on the occasion that we lose games. Luckily, they don't have to do this too often! If you need a new hobby, you should try a session out, but be prepared; you might not be able to stop!

Sam Neal

I like running because it is fun to run out in the fresh air at parkrun (you try to run your quickest and get a personal best time). I also run with Abbey Runners (an amazing running club) whatever the weather.

I started running/joined Abbey when I was 7 years old. I run every Thursday and Sunday afternoon (with Abbey) and sometimes Sunday morning parkrun too."

Callum Holmes

Supporting Dementia

Living Well Showcase Event May 23rd – 10:30-4:30pm at Lister Hill Baptist Church, Horsforth, LS18 5PW

'Right at Home' and 'Dementia Friendly Horsforth' are delighted to invite you to a special event aimed at fostering understanding, support, and community engagement for individuals living with dementia, their caregivers, and the wider public. This is a free event.

Who Should Attend?

Whether you're personally impacted by dementia, seeking to support someone affected by it, or simply eager to learn more, this event is for you. However, the Living Well Showcase goes beyond memory loss; it's a chance to cultivate understanding and unity within our community, extending support to all.

What to Expect?

From 10:30 am to 2:00 pm, attendees will have the opportunity to explore a variety of information stalls covering topics related to dementia. Experts will be on hand to provide guidance, resources, and signposting to support services in the area. The event will also feature entertainment, live musical performances, interactive activities, and refreshments, creating a warm and welcoming atmosphere for attendees to connect and share their personal experiences.

Throughout the day, Dementia Friends information sessions will be available, aiming to equip attendees with the knowledge and tools to become Dementia Friends, contributing to the creation of a more dementia-friendly community.

A Unique Experience: Virtual Experience Dementia Bus

A unique highlight of the day is the Virtual Experience Dementia Bus. From 10:30 am until 4:30 pm, members of the public can step aboard this specially secured bus. This immersive experience provides a glimpse into the potential daily challenges faced by those living with dementia and will consequently cultivate empathy and understanding. Whilst suitable for anyone with or without a connection to dementia, individuals living with dementia or Alzheimer's and anyone under the age of 16 is advised **not** to attend. However, volunteers and carers from Right at Home will be available on the day to sit with your loved one, if needed.

Join Us!

This event is proudly organised by Right at Home Leeds North, Otley, and Horsforth who sit on the Dementia Friendly Horsforth steering group.

We look forward to welcoming you to this exciting event!

OPAL Activities

May is a busy month at OPAL; not only is 4th May International Star Wars Day but 13th- 19th May is Dementia Awareness Week. This annual event aims to raise the profile of dementia and highlight the issues that can be faced by people living with dementia as well as the effect a diagnosis of dementia may have on their wider family and friends. We will be holding various events that week aimed at supporting and providing information to members and the wider community such as a "Dementia Friends" session. These will be advertised on our social media platforms, so if you are interested please have a look at our Facebook page (OPAL Older People's Action in the Locality), or call us on 0113 2619103.

Our twice monthly shopping trips to Pudsey Owlcoates continue to be free for members until September 2024 (thanks to a fantastic fundraising event by BW Legal) and provide a great opportunity for our members to browse in Marks & Spencer's as well as the other retail outlets there. This is a door to door trip so we pick members up in our accessible minibus and drop them back home with their shopping, so it provides a good opportunity to get bulkier items as members don't have to worry about getting home. The dates of the May shopping trips are the 9th and 23rd and if members wish to book on this it

can be done over the phone or by calling in to Drop in Office (open Monday - Friday 10am to 1pm).

On the 24th of May at the Friday Social we will be having a talk on antiques by David Oddy and if members wish to they can bring along something for David to have a look at and hopefully uncover the item's hidden past and maybe find an undiscovered treasure (fingers crossed). The Friday Social is the perfect way to finish the week at OPAL, we run a different activity each week such as quizzes, talks and crafts and our members always have a good time with their friends and it is the best way to head into the weekend.

We always welcome new members, so please call in and see if OPAL is for you, we try to offer something for all tastes and abilities. If there is something we don't do that you think others may be interested in please speak to a volunteer or member of staff to see if we can offer it. If you would like more information, please contact us on 01132619103, email admin@opal-project.org.uk or call in to speak to us at the Welcome In Community Centre (55 Bedford Drive, LS16 6DJ).

Shelley Clark
Project Worker

York Gate Update

May is the month of fresh greens and frothy blossom, and everywhere plants are bursting into full growth as the days lengthen and the temperature rises. One of the most beautiful and iconic sights at York Gate is the old wisteria clothing the house with its gorgeous cascades of fragrant flowers.

Last month I wrote about the renovation of the White Garden which is developing at a pace; elsewhere, another exciting project has been happening – the restoration of the Folly. Built in 1969, its base was starting to subside and the old larch posts were rotting so Cruse Paving were engaged to undertake some remedial conservation. The posts have been replaced with sweet chestnut, which, being a hard wood, should last for many more years to come. The millstone and setts which formed the base have been lifted and re-laid with an additional supporting wall installed to prevent further subsidence. The garden around the Folly has also had a makeover opening up the view into the Pinetum and across the previously hidden Duck Pond.

The Folly with its conical roof forms a focal point of several vistas from within the garden. It is a beautiful feature now but it was not always so. Very soon after the Spencers moved to York Gate they started to garden and Sybil needed somewhere to make



compost. A singularly unsightly 3-bay storage arrangement was created at the bottom of the kitchen gardens. Made of breeze block and concrete with a corrugated asbestos roof, it was very ugly, so much so, that it became known as “Sybil’s Folly.”

In later years, once Robin had built the new compost bays at the back of the shed in the middle of the garden, he turned his thoughts to creating a new feature and “Sybil’s Folly” became the artfully designed Folly which can now be viewed from across the garden; indeed, it is hard to imagine the garden without it.

When you next visit the garden, pause for a moment, and look around, and see how many different vistas include the Folly.

Gillian Smith

Heritage Volunteer.

For full details of opening times, please check the website yorkgate.org.uk



Music in May

Sunday 5th May

3:00 pm



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and Leeds Youth Singers
followed by Tea and Cakes

adults £7.00 children under 18 free

Pay on the door or book online with this QR code



What's On

Headingley Flower Club at Bramhope

Friday 3rd May

'Willow, Wood & Wine'

Ann Simpson, Area Demonstrator
7pm Guests are welcome at all meetings. A guest fee will be charged.
Bramhope Village Hall,
Old Lane, Bramhope. LS16 9AZ
Contact Mrs Jean Money
Tel 01924 468714

The 1152 Club

Tues 7th May

10am - 11.15am

Abbey House Museum
'Leeds Past & Present'
Patrick Bourne

Writers' Group

Monday 11th May

2-3pm

Holt Park Library
Contact Val Crompton
0113 225 9142

Rob Burrow Leeds Marathon

Sunday 12th May

They start at Headingley Stadium and will be running up Church Lane. Come and cheer the runners on outside church. Refreshments will be available in the Stables.

NB there will not be a 10am service that day.

Adel Gardeners' Club

Monday 13th May

7.30pm at Adel Methodist Church

'Chelsea Plant of the Year'

David Allison

David is one of the judges for Chelsea; a Powerpoint presentation and linked with growing plants in containers, including plants for sale.

<https://adelhort.chessck.co.uk/>

ABC Supper Club Lunch

Monday 20th May

Otley Golf Club

12 noon for 12.45 start

£20 per person for a 3 course lunch with coffee

Booking is needed for these lunches; please book before the 15th May with Peter Smith

07768 815 370

Adel Fête & Open Day

Sunday 23rd June,

12noon - 5.00pm

IT'S BACK after an absence last year, please make a note in your diary. This is a special event in the

splendid setting of the Adel War Memorial Association's grounds and Halls in Church Lane.

There will be lots going on to suit all ages and interests. More information will be in Adel Bells next month or you can look at www.adelclub.co.uk or on Facebook: Adel-Sports-And-Social-Club.

ABC Supper Club

Over £35,000 donated to 110 charities

Earlier this year the ABC Supper Club celebrated its 30th anniversary. But what is the ABC Supper Club and why did it come into existence? To answer that I went to two of the founders – Peter Smith and Geoff Steel. They, along with the late Mrs. Greta Gibbs, were members of another Supper Club which had political affiliations. But these three had a common desire – to be involved and meet up with a group of people who enjoyed a good meal together but at the same time could use these occasions to raise money for local charities. So they started a new Supper Club. But what name should it have? Geoff's late wife Margaret said it should be something simple and memorable. What better than 'ABC', representing the areas where those three founders lived – Adel, Bramhope and Cookridge!

Initially they met every other month at the café in Golden Acre Park. As numbers increased they moved to a restaurant in Otley. They eventually outgrew this and moved to their current 'home' – Otley Golf Club. Even in its first year the Club was able to donate money to seven local charities. Although it is called a club, there is no actual membership but simply a gathering of friends who enjoy

a meal and each other's company. At each bi-monthly supper a representative of a local charity would be invited to come along and give a short presentation about the charity and its aims. At the end of the meal a donation was given to the charity, funded partly from the ticket price and partly from a raffle after the meal.

Over the ensuing years many local charities have benefitted from the ABC Supper Club. Such was its popularity, following the millennium the club was able to arrange short break holidays for its members to different parts of the UK and even across to Bruges and Ghent. As one would expect, the club's activities were interrupted by the Covid pandemic. But in the last few years it has recovered, the only major change being to have the meal at lunch time rather than in the evening. New members are very welcome to come and join this group of friends to enjoy a delicious three course meal with coffee/tea to finish.

Since it started in 1994 the ABC Supper Club has donated over £35,000 to over 110 charities. In 2023 the club had donated three lots of £300 by the September lunch. If it is something that you think you would enjoy then please get in touch with either Peter Smith (07768 815370) or Allan Ramsden (allanramsden@live.co.uk)

Philip Sykes

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Barry Anderson

Church Lane/Farrar Lane/ Otley Road crossroads

As you may be aware, for some time now I have been attempting to get Highways and Traffic Control to come up with a solution to help pedestrians cross the road at the above junction and was advised that formal controlled crossings were not going to be considered. However, I was advised they would look for another solution and the latest update I have received is "We have installed some sensors that will extend to all red time to vehicles if they see people crossing the road. Although this isn't as good as full pedestrian facilities it should help people to get across the road more safely."

Lawnswood Roundabout

Cllr. Caroline Anderson and I recently had a briefing from Connecting Leeds on the latest plans for the Lawnswood roundabout. Detailed design for this scheme is now well progressed, and construction is expected to begin in summer/autumn 2024, subject to approvals. The current design has been developed up to the Outline Business Case stage and has been approved by the Combined Authority in December. Further funding for the next stage will come from the City Region Transport funds for sustainable travel. The money for the improvements will not come from the Council's budget. The

roundabout will be signalised with pedestrian and cycle crossing facilities included in that. If you would like copies of the documents we received please email me at barry.anderson@leeds.gov.uk

Breach of Conditions – Leeds Bradford Airport

As you may be aware Planning Enforcement were dealing with breaches of night-time flights last summer at the Airport. Night-time aircraft movements during the summer period 2023 were 16% higher than permitted.

A precis of Planning Enforcement's response is: "The Council has concluded its investigation and it confirms that LBA did exceed its permitted number of night-time flights during the 2023 summer season (BST). However, the Chief Planning Officer has determined that it is not in the public interest to bring a prosecution in relation to this breach on this occasion.

All relevant factors were taken into account including the cost to the taxpayer of bringing a prosecution, the limited nature of the financial penalty that could be imposed on conviction as well as the impact that night-time flying has on residents living in the vicinity of the airport. This decision does not prevent the council from bringing

future prosecutions or taking other enforcement action in future and rigorous monitoring of night-time flights will continue.”

Community Alert

Data from Action Fraud, the national fraud and cybercrime reporting service, shows that **22,530 people** reported that their online accounts had been hacked in 2023, with victims losing a total of £1.3 million.

There are different types of hacking, from the kind where a fraudster gains control of an account and begins to impersonate the legitimate owner. They are trying to convince people to reveal authentication codes sent to them by text. The other predominant method of hacking reported is leaked information used from data breaches, such as leaked passwords, or account details gained via phishing scams. This becomes prevalent as people often use the same password for multiple accounts, so a leaked password from one website can leave many of their online accounts vulnerable to hacking.

Using different passwords for different things helps and using a strong password for your email and social media accounts. You may have heard of 2-step verification which a lot of companies ask you to do now, this also helps keep you safe.

What to do if you are a victim of fraud

If you have been a victim of fraud or cybercrime, report it at www.actionfraud.police.uk or by calling 0300 123 2040. If you receive a suspicious email, you can report it by forwarding the email to: **report@phishing.gov.uk**

School Governor Vacancy Ralph Thoresby High School

There is a vacancy on the Governing Body at Ralph Thoresby High School and the school have asked if I have any suggestions in terms of who may be able to become a Local Authority Governor at the school. If you, or anyone you know would be interested in becoming a School Governor can you send me a brief pen portrait saying why you would like to become a School Governor and what you could bring to the School. This would then be passed on to the School for them to make the decision. The School would then get in touch and let you know the procedure for the chosen candidate.

Cllr. Barry Anderson
Adel & Wharfedale Ward
Direct Dial 0113 3367742
www.barryanderson.org.uk

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Billy Flynn

Adel Community Garden

You must have noticed how attractive the garden is looking with the Spring planting. As you will know, the council imposed a number of conditions on the licence to maintain the land as a community garden and this prohibits trees and also growth over a certain height. The “committee” looking after the garden have asked whether shrubbery would be allowed and are awaiting a decision on this. However, they would like to plant annuals twice per year, to replant the daffodil and tulip bulbs for Spring growth each year and perhaps something festive at Christmas. I will be delighted to help fund any additional planting from some community grant money that I have been allocated as a local councillor. I am looking forward to even more pleasing displays throughout the year.

Adel Square development

The show houses are almost ready for opening up, with the car park now in place. Advent have embarked upon extensive planting of new trees and hedging on the site as well as landscaping the entrance to East Moor Lane. They intend to have a community afternoon where neighbours and the wider community will be invited to visit the sales centre and to take an early peek at the building work in progress on the

quadrangle site. This is likely to take place early in June, probably on a Saturday, and then later in the month it is planned that the sales centre will open formally. Advent will communicate the arrangements locally.

Communication mast

A telcoms company has approached ward councillors for our views on a plan to erect a 20 metre mast on the pavement near the Sir George Martin Drive/East Moor Lane junction. This was one of around 10 sites in Adel considered for the installation. A planning application has not yet been submitted. I have advised the company about the considerable number of objections to the planning application for another mast just up the road. That application was refused by planning officers because of its siting at a main junction and detrimental to the visual and residential amenity of the immediate locality. This sounds remarkably similar to this latest proposed location. I will keep you updated on this matter.

Anti-social behaviour

You may remember that I funded a CCTV camera last year in Farrar Lane to help counter increasing anti-social behaviour in the Holt Park and surrounding area. This was followed by an extremely successful police and council initiative to actively address

ASB in the area which I also helped to fund. This resulted in: huge reductions of calls to the police, an almost 100% reduction in calls about off road bikes etc, several warrants issued, vehicles seized, a number of injunctions against individuals, and dozens of youths identified for further action. I am delighted to report that two more cameras are now in place and will remain there for another 12 months. In addition, the police will be carrying out other checks in the ward into licensed premises, licensed taxis and private hire vehicles and drug testing. I should add that other than ASB, the ward does not suffer from a huge amount of crime but it is pleasing to note that the police and council officers are being so proactive in crime prevention and detection in Adel.

Leeds Bradford Airport

LBA have been in touch to announce an increase of 50p in the pick up/drop off (PUDO) charge from 3 April, making the minimum charge £6.50. Blue badge holders can remain in the PUDO car park for an hour subject to the £6.50 charge and fully electric vehicles can use the PUDO free for one hour. The one free parking area is still available a short walk from the terminal.

If you would like further information on the issues above or have questions about anything else in the ward, please do get in touch.

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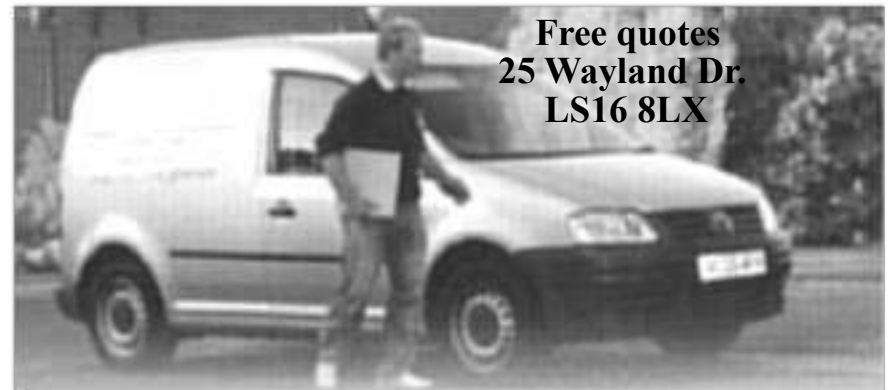
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Across

1. AGHAST
3. MIRAGE
4. EIGHTS

Down

1. ADMIRE
2. THEIRS

Jumble Crossword

Across

1. HYBRID
5. CAFES
6. ANGER
7. BOSTON

Down

1. HECTIC
2. BUFFALO
3. INSIGHT
4. PATRON

Final Answer

TOOTHPASTE

Alice's Quiz Questions

1. Simone Biles
2. 97 years old
3. The Endurance
4. Iceland
5. Gymnastics (I hope question 1 gave you a clue)
6. A towel
7. A hole
8. 20.4g
9. Taylor Swift (I'm a HUGE Swiftie)
10. 4,000 years

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Church Services in May

Wed 1st	11am	Holy Communion followed by coffee & biscuits
Fri 3rd	1.30pm	J Js (for the under sixes)
Sunday 5th	Sixth Sunday of Easter	
	8.30am	Holy Communion (BCP)
	10am	Parish Communion
	6.30pm	Evensong
Wed 8th	11am	Holy Communion
Thurs 9th	Ascension Day	
	7.30pm	Holy Communion
Sunday 12th	Seventh Sunday of Easter	
	8.30am	Holy Communion (BCP)
!!!	NO TEN O'CLOCK SERVICE TODAY !!!	
	5pm	ACE meeting in the Stables
Wed 15th	11am	Holy Communion
Thurs 16th	3.15pm	Holy Communion in the Stables, with tea & coffee
Sunday 19th	Pentecost	
	8.30am	Holy Communion (BCP)
	10am	All Age Service with Communion
	6.30pm	Choral Evensong followed by light refreshments
Wed 22nd	11am	Holy Communion
Sunday 26th	Trinity Sunday	
	8.30am	Holy Communion (BCP)
	10am	Parish Communion
	5pm	ACE meeting in the Stables
Wed 29th	11am	Holy Communion

Junior Church is held during term time, but not on the 3rd Sunday when there is a 10am All Age service, with communion, and children are welcome for the whole of the service in church.

ACE is a group for school year 4 and above. We meet in the Stables to discuss our faith and play silly games.