



ADEL BELLS

Parish Magazine 60p



Harvest Festival

October 2021

10th/11th October
Harvest Festival Weekend

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Church Website
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www.adelparishchurch.org.uk
Adel Parish Church



The Parish Church of St John the Baptist, Adel
 Enquiries including Home Communions, Baptisms, Confirmation,
 Weddings, Funerals; please look at the church website
www.adelparishchurch.org.uk

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Parish Registers Baptisms

11th July

Elodie Olivia, daughter of Anne-
 Katrina and Jak Stuart Pygall

22nd August

Lily Mae, daughter of Adam Kaye
 and Jessica Pemberton

29th August

Ariana Luna, daughter of Rebecca
 and Robert Stark

5th September

Arnie Josh, son of Bethany and
 James Gray

12th September

Lucy Kate, daughter of Claire and
 Andrew Houston

Weddings

15th July

Steven Radford and Suzanne Hoult

17th July

Adam Munday and Sacha Hylton

30th July

Sam Clark and Becky Gill

21st August

Richard Banks and Emma Lundy

28th August

Arran Stevens and Rachel Hannah
 Cherry

Simon Glyn Jones and Victoria
 Hough

Funerals

23rd July

Bob Bairstow

28th July

Winifred Hinch

6th September

May Armitage

Burial of Ashes

18th July

Malcolm David Parker

16th August

Violet Thorpe

17th August

Edna Mary Precious Butterfield
 Glover

17th August

Florence Pauline and Derek
 William Lee



Festivals & Feasts

18th October

Luke the Evangelist

28th October

Simon and Jude, Apostles



Church Open for Visitors

Monday, Thursday and Saturday 1.45pm to 3.45pm



We aim through Christian worship, word and action to celebrate and share the love of God with our neighbours

From the Editor

For Adel Church September offered a fresh start, an opportunity to see more people attend our services without any need to book. The first Sunday came like a much needed breath of fresh air, people more relaxed, confident in the knowledge that every care was still being taken to ensure their safety. Have you given it a try yet? Although every pew was occupied, there were still spaces left and anyone who wanted to could have a pew to themselves. And we sang a hymn, even though the majority of us were wearing masks, as we had been encouraged by Rector Alison to do.

If on any Sunday you can't get to church, you could watch the 10am service live on You Tube. To find it, I suggest you look at the church website where you will find a link to

the You Tube channel or type this in to your browser:
tinyurl.com/adeltube

Loneliness has been such a problem, but it is clear that Adel folk have made the effort to get out and socialise again. In this magazine you will read about several events which took place in September. This month we are hosting a **Harvest Lunch**. Numbers will be limited, there will be table service, good home-cooked food will be served. Please see p. 13 for details of this and other events planned for that weekend.

100 Club Draw

July

Alison Duckworth	£77
Beryl Eastwood	£30.80
E. M. Scott	£30.80

August

Deborah Hainsworth	£77
J & T Sheer	£30.80
Rosemary Ingle	30.80

Marjorie Cole

**Clocks go BACK
at 2am
on
Sunday 31st October**



Rector Alison's Letter

It's good to play!

We were very lucky this summer to spend a week on the Northumberland coast. We no longer have young children with us, but I love watching the joyful play that occurs on a beach.

As the tide retreats, it leaves a marvellous blank canvas. Some families draw pictures or leave messages; others create sand castles of all shapes and sizes; then there are the engineers, who dig a network of channels to drain the water into pools for paddling. (This was our favourite).

There are pebbles and shells to be discovered, and used in creations. Then as the tide returns there's the excitement of standing on the sandcastle until you are surrounded by water.

I think the beach is such a special place because it allows genuine play, not dictated by equipment or rules. It allows our imaginations to run riot. And because it is wiped clean with every tide, we can improvise and explore ideas in a space where failure doesn't matter.

Play of this sort is vital for children – it's the way they learn. But have a good look around the beach and you will see many adults enjoying the freedom to experiment just as much

as their children. Parents are often to be found finishing off the project long after their children have lost interest and moved on! I think this playfulness is one of the ways we are 'made in the image of God.'

It's good to play; not just because it provides a rest from the stress of daily life. It's good to play, because it allows us to explore ideas, and discover what is possible. It's good sometimes to start a project not knowing exactly what the outcome will be. It helps us to grow.

I hope you have had chance for a bit of play during these difficult times – perhaps rediscovering a creative hobby, or spending time in your gardens, or on the beach.

I think we've done a fair bit of playing, at Adel Church during the strange pandemic times we've been through. Faced with rather a small building, we've looked at the possibilities of the church yard, and online, virtual spaces.

Because 'the usual' wasn't possible – people have been happy to suggest slightly wild and different ideas. Others have joined in, and the project has changed as it's grown. Some of the ideas haven't really worked, others developed into something quite special; but perhaps because times were strange the failures

haven't worried us too much.

I hope we hold on to this spirit of adventure and play. It has been lovely this last year to have people coming up with suggestions for things they would like to try in their church. If you have any ideas, for new ways to worship or socialize – do let us know.

Let's remember – It's good to play.

With love and prayers

Alison

Home Communion

The Eucharist, or Holy Communion has been at the centre of Christian worship since the days of the early church. At Adel we share bread (and wine in non-COVID times!) each Sunday and at our mid-week service.



For many, this is a vital part of their faith life. The church has long recognised its importance by taking bread consecrated during the Sunday Eucharist out to those unable to get to church. Christ's table stretches to wherever Christians gather.

I am delighted that we have a team of volunteers ready to take Communion out into our parish. We hope to be able to offer home communion about once a month, with someone coming to your home and sharing a short service with you. They have completed safeguarding training as well as looking at the Eucharist service together.



If you struggle to physically get to church, and would appreciate still sharing in the sacramental life of the parish, then please get in touch.

With love and prayers

Alison

Alison will be in church most weekdays to say **Morning and Evening Prayer** and would love others to join her.

**8am and 5pm
Mon, Tues, Wed, Thurs**

Julia Tang in Interview

Over the last 18 months or so, Julia has played a vital part in the life of our church. I thought it was about time we got to know her a little better.

What can you see out of the window?

I'm sat in by the window in our back bedroom which has become my office since working from home. It looks out onto our garden, carpark and playing fields beyond. It's not the prettiest view but I do enjoy watching the neighbourhood cats skulking along the fences.

Choose five words to describe yesterday.

Ticking things off my list!

Tell us something that would surprise people about you?

I am an avid collector of perfumes! Something that I have certainly inherited from my Mum, I remember as a child playing with all the different shaped and coloured bottles on her dressing table. I've now amassed a somewhat excessive collection of my own and enjoy choosing a different scent each day. Today's choice is L.T. Piver's Vetiver; a traditionally masculine scent, it's a little citrusy, warm and woody.

What was the last conversation you had with a well-known person?

I'm not exciting enough to know any well-known people let alone have conversations with them. Earlier in the summer though whilst visiting St David's Cathedral, I saw a quote attributed to St David - "Be joyful, keep the faith and do the little things" - that certainly spoke to me.

If you could relive six months of your life, when would it be?

I've been very fortunate in life but I'm not sure I'd actually want to relive any of it. I already have lovely memories of the good times; better to make the most of the next six months and really enjoy living that.

What is the most expensive item you have bought in the past month?

Insurance for our campervan. After many years of deliberating, we finally took the plunge and have had some great adventures across the UK. It's also a big hit with our nieces and nephews who love sleeping in the back!

Recommend a book, film or album from the past year.

I adore the magic of the cinema. I'm terrible at recognising actors or even

remembering details of films I've seen, but just in that moment to be completely immersed in the story and forget the outside world for an hour or two is wonderful. It's not new but Big Fish is one of my favourite films; it's visually stunning and I always have a good cry!

Who has inspired you most in your career?

My career thus far has been rather a mixed bag across a variety of industries; I've never been particularly career-driven, I never knew what I wanted to be when I grew up. (I still don't). But despite the lack of high-flying career, my parents have always given me the freedom to make my own decisions in life and have supported and encouraged me, for which I am extremely grateful.

When I was preparing for exams at school my Dad would say "you can't avoid them so you may as well enjoy them" and I think that's good advice to make the best of a situation in all aspects of life.

What three things would you take to a desert island?

Can I bring my husband Tang?! He's not a thing, but I do think he would make the whole experience more enjoyable and successful! Otherwise for practicality I'll say a knife, a skein of rope and a fire starter.

Other than at home with friends and family, where would you

most like to be this weekend?

Walking in an old forest. I love the colours and the smell and find there is something immensely calming to be surrounded by mature trees covered in slow growing moss and lichen.

From the editor

Julia has, together with her husband Thang, played a major part in helping Rector Alison to run the successful young people's group ACE on the 2nd and 4th Sundays of the month. She has also acted as a Deacon at many of our church services recently. Now that church services are opening up to more people, you will certainly get the opportunity to listen to Julia and maybe even speak to her yourself after the service. Don't let that chance pass you by.

Poppies

You may remember the beautiful display of knitted and crocheted poppies we had outside church last November. We still have them, but how about making it an even bigger display this year? You have over a month to get them ready, so do have a go. On page 24 you will find an easy pattern which can be done by a beginner. All you need is red wool, needles and a black button. Then you can bring them up to church and add them to our display in time for Remembrance Day.



In Brief

The power of a sunflower

As I was walking through the churchyard with a friend, she suddenly exclaimed in surprise and delight at the sunflowers growing against the wall in the distance.

I explained that they had been grown from seed by members of Junior Church, then planted out as small seedlings. They have been lovingly cared for and admired by many – my friend and I included. Sunflowers have the ability to make people smile. Well done Junior Church for bringing so many smiles to people's faces. Thank you all.

from a church member

Adel Art Open Garden

One weekend in September over 200 people of all ages, ranging from 4 months to 92 years, visited the Adel Artists' Open Garden event at Tricia Lomax's garden on Whinfield. The aim was to discover, share and encourage artistic talent in our community and everyone agreed that this was more than achieved!

The artists put on a stunning display of their work, including stained glass, pottery, Bonsai, computer art, watercolour, ink, acrylics and pastels. Clive Rand demonstrated how to work in pastels. Minu demonstrated

alcohol ink technique, Tricia Lomax and Dianne Riding explained how to make stained glass pieces and Pauline Davidson demonstrated negative painting technique in watercolour. There was even a surprise visit from a Russian artist, Maria Libik, who taught watercolour painting in Moscow before moving to Yorkshire.

Last year's Art Trail was cancelled. This year Tricia Lomax, who had master-minded the Art Trail, generously gave the full use of her garden for a more compact event.

Tricia commented: 'It was a joy to see so many people. The sun shone and everyone said how wonderful it was after the isolation and loneliness of recent times. And the bonus? Several charities will benefit from proceeds raised by sales of the work'.

The exhibitors worked hard erecting the displays but it was all worthwhile when they witnessed the enjoyment and obvious interest of the visitors. Next time we will definitely have tea and lots of cakes!!!

Thank you so much to everyone who came and made it such a success!

Sue Pagdin and Dianne Riding

Penny's Ponders

Hi again Everyone!

Hope you've all had a great summer – I've not quite worked out this 'staycation' word yet but leave it with me and eventually I'll get there! My vocabulary is very good – I've even been told I'm good at sentences, but strange new words sometimes take a bit of getting used to!

On the whole, I've had a really good summer. Sometimes too hot, sometimes too wet, sometimes too cold and cloudy – I just like to have a bit of a moan! No, I've enjoyed myself. We've been on some lovely walks, had some great days out and I've seen my family in the Midlands and the South West. I get rather 'spoilt' as my Mum calls it – but we all deserve a bit of spoiling sometimes. Actually, I think that, after a long car journey, I deserve a LOT of spoiling! We've been all the way to Devon – a first for me, but I loved it! They really do make great ice cream, although, spoil sport that she is, my Mum wouldn't let me have one with a chocolate flake in like hers!

The seaside isn't one of my favourite places – I'm not too sure about water that makes a noise and comes after you to get you when you're not looking. I like some beaches – not the stony ones which hurt my pads and get between my toes, but the sandy ones, as long as they are firm.

So, the holiday season is over, and life is getting back to new-normal. Our young ones are going to school, changing schools, going to work or University, and you humans are looking forward to going to Church and Junior Church. I really feel very deeply for our young people and love them very much. They have been through so much and now, more than ever, need our love, understanding and support. So, if I come up to you when I'm out walking, please don't be frightened. All I want to do is let you know that you matter to me.

My Mum has told me of a prayer she used to say with her children every day. I thought I would share this with you as I think it is inspiring, aspirational and also comforting.

Father we thank you for the night,
And for the pleasant morning light.
For health and strength and loving care,
And all that makes the day so fair.
Help us to do the things we should,
To be to others kind and good.
Please help us this and every day
To grow more loving in every way.

Amen

Try this with your little ones – they might find it helpful too.
Woofs and licks,
Penny xx

Lammas

We are thankful

The start of August used to be called Lammaside. The word Lammas comes from 'Loaf Mass'. In earlier centuries the bread offered at communion on this festival was made from flour ground from the first corn that had been harvested that year.

Some fields still have the name Lammas Field. They were probably the fields whose crop ripened first and so was the first to be cut, and provide the flour for the Lammas Loaf. Lammaside dates from the time when a majority of the population farmed the land and were mostly self-sufficient. They needed a good harvest to live through the coming winter and on into next year's harvest – no Asda or Tesco down the road for them!

It was important to thank God for the start of the harvest, and pray for a good harvest to come. Their Lammas festival echoes the traditional Jewish 'Festival of Booths'. In Exodus 23, verse 16, we read - Celebrate the Feast of Harvest with the first fruits of the crops you sow in your field. It was a time to offer thanks for the start of the harvest; for the fact that there was a harvest at all; and to ask for it to be bountiful. It was symbolic that, whatever the eventual harvest crop might be, God was to be given the first

fruits for, without him, there would be no harvest at all.



Are we as ready to give God the first fruits of our labours – rather than the spare change left over in our pockets? Our modern harvest festival was a revival of the traditional Lammaside 'Harvest Festival'. But it has been moved to the end of the harvest season, rather than coming at the beginning. It also has the emphasis, as the hymn puts it, of being thankful that 'all is safely gathered in'. In a sense we now bring our last fruits to God, rather than our first.

Deirdre Morris

Member of ACE



Harvest Festival

We are planning a lunch in the Stables

Sunday 10th October

12.30 for 1pm start

To keep you safe, we are limiting our numbers to 36.

**If you would like to book a place, please speak to me at church or ring:
Marjorie Cole, 2610069**

**We will be asking you to pay on the day.
All profits will be donated to OPAL**

Throughout the weekend

Foodbank collection

A tidy of the churchyard

An event for our younger members (yet to be planned!)

In the church



Please check with the website nearer the time, listen in church for notices and watch out for posters



In the Churchyard

Sunday 10th October

6.30pm

CONCERT

by Leeds Guild of Singers

Pay on door

Adel Gardeners

A tray of knitted cacti!



Adel and District Horticultural Society (quite a mouthful) has been undergoing some changes and the group is now called Adel Gardeners, reflecting a move towards a generally more up-to-date approach. In May, we held one of our famous plant stalls and people from all over Adel left with bulging bags of top-quality plants at bargain prices, also taking with them hints and tips about how to make the most of their purchases.

July saw an Open Gardens event, when four of the group welcomed other members to their gardens and people of all levels of experience could pick up gardening know-how and design ideas from the owners. September, though, meant the return of a much-loved tradition, Adel Show – back in all its glory after an enforced absence last year.

As ever, there was a plant stall – of course there was! - and lots of people

took the approach of telling the team the sort of style they had in mind and asking for ideas, so they went away with combinations of plants that would look good together and do well in the locations they were needed for.

Inside the building, a one-way system guided them round fabulous examples of sweet peas, roses, dahlias and so on, past colourful arrangements of mixed flowers, sections for art, photography, baking and crafts – plus, of course, examples of the very best of home-grown vegetables and fruits.

What stood out for me? So much, from some stunning flowers to an amazing cauliflower; the smell of the sweet peas and the chocolate cakes; sumptuous boxes of assorted vegetables; varieties of fruit I'd never seen before; a tray of cacti that turned out to be knitted, not grown! So much local talent – and so many people willing to help others to learn.

Whether or not you were one of the people who staggered off with bagfuls of home-made cakes and a range of home-grown plants, do have a look at the Adel Gardeners website <https://adelhort.chessck.co.uk/> and maybe even think about joining?

Barbara Hodkinson

Churchyards, part 2

As noted in the previous *Adel Bells*, lichens, which should be pronounced 'likens', not 'litchens', are effective environmental monitors. How does Adel church and its churchyard match up to this reputation? One would normally single out particular species to demonstrate this. However, there are almost 2000 different lichens in Britain, and almost half of these occur in Yorkshire, most of which are difficult to identify in the field; furthermore, very few have common names due to their medicinal use or value as dyes. Morphologically there are mainly three forms of lichens: crustose, foliose and fruticose. Most species which grow on Adel gravestones are crustose; those on the apex of the stone are nitrophilous due to bird droppings. Lichens live for many years, and indeed for 100s of years in Antarctica! The few foliose species noted on gravestones 30 years ago have sadly disappeared. Lichenologically, the church, no doubt due to restoration over the years, supports very few lichens.

Of greater interest are the significant changes to epiphytic lichens on trees which have been monitored at Adel for more than 50 years. When first surveyed their diversity had been greatly diminished due to air pollution, particularly sulphur dioxide. In fact, only one or two crustose species (often forming a green monoculture) were present on the bark of

deciduous trees. Over the years, due to the implementation of the Clean Air Acts, the lichen flora has changed dramatically. Nearly 30 years ago the diversity of lichens increased significantly, mainly due to a colourful display of nitrophilous silver and golden foliose species of *Physcia* and *Xanthoria* which flourished as a consequence of an unprecedented increase in nitrogen compounds derived from agricultural fertilizers and animal husbandry. More recently the diversity of these lichen assemblages has been extended by a wide range of both foliose species of *Hypogymnia*, *Parmelia*, *Parmotrema* and *Punctelia* and fruticose species of *Ramalina* which clothe the twigs and branches of a variety of trees: the normal flora to be expected in a rural setting.

Quite clearly the Adel churchyard is an oasis for wildlife and should be conserved; the lichens will monitor future environmental changes. The potential pressures on this habitat in the future need to be evaluated in the light of the significant increase in the development of a suburban environment in neighbouring fields. We are fortunate to have a band of churchyard volunteers to conserve the integrity and sanctity of our much-loved treasure.

Mark Seaward

Words from Pilgrim

By now the holiday season has drawn to a close. It has, I trust, been a good and refreshing time when you have been free from pressure and have made some delightful discoveries. So, before the demands of tomorrow begin, may I make my request for today?

In Church and in our daily round, it is assumed that we will be trying to gain a growing understanding of God's will for us. This aspect of Christian living is powered by our readiness to take God's will seriously and to let our living be guided by it. However, I have lived with an awareness of what seems to be a God-given road block in the way that this works out, and I would like to find a way through it.

It starts at the place where all true worship starts, and that is that we all lead lives which need God's healing touch upon them. There seems to be a twisted link in our moral machinery which makes us apt to choose the wrong way to go about things and so not only fail in our good intentions, but often to make a delicate situation worse by how we go about it. I am quite sure that God is fully aware of it, for He has put a pointer to it in the one place that every Christian cannot but see. Every time we obey Jesus's instruction and say the Lord's prayer, we ask Him to forgive us our sins and we back our request with our

assurance that we have forgiven all others who have sinned against us. But is that statement true? The danger is that we are human, and so, when it comes to those who have sinned against us, one of two things happen; either the memory of what has happened is kept alive because we are keeping our anger warm - and that is very dangerous - or our memory shuts down and we have let that piece of our past slip out of our reach and although the loss may comfort us it is still a significant loss.

It is at this point that Jesus's teaching rises to a peak of supreme insight: He tells us to do good to those who wrongfully use us. The sour comfort of remembering the wrongs suffered is turned into positive regard for the one who has hurt us, and as the days on which this is done pass, the anger and the contempt which is their legacy are gradually changed into a positive embracing of good will towards them. This is a hugely creative step forward and one which does not need the approval or even the knowledge of the other party. From it the possibilities for deeper relations can flow and the shackles of self-imposed spiritual poverty can be broken. To do this is to become a co-worker with God and to see good changes which surely have their root in Heaven.

Art Installation

Follies at Fountains
'These Passing Things'
Art Installation by
artist **Steve Massam**.

The Studley Royal Water Garden certainly amazed us in September! Hidden in the quiet valley of the River Skell, we first stop awhile in the ruins of Fountains Abbey.



Then we follow the curving pathway leading to Studley Royal. We are stopped in our tracks by the sight of a shocking, scarlet installation **'Bridged'** astride the river. It has a black, stepped 'tail' inviting you in, to the delight of the children and young-at-heart adults. They step-up into this gigantic, bright red caterpillar-like inflatable, hump-backed bridge and take the short cut across the river.

Round the bend, we find **'Drifted'**, calm after the excitement. Floating on the canal section are twelve, white mini-pyramids drifting, like single-sail boats, in the gentle breeze.



Now we gaze across the peaceful Mirror Pond. Where we expected to see the reflected image of the Georgian *'Temple of Piety'*, we get a surprise—the sight and reflection of the installation **'Spiked'**. A trapped, giant, inflatable, bright yellow 'Sea Urchin's' spines explode between the elegant stone columns of the Temple.

We cross the water, further down, over the almost flat, narrow board bridge and make our way towards this installation for a closer look. It is impossible to sit in the temple - or even walk past on the track. My 90 year old sister, on her mobility scooter, has to drive over the lawn. She says "What a great day out in Yorkshire!"

"These 'Temporary Art Installations' aim to offer visitors a unique and extraordinary experience."

National Trust

Val Crompton

Nature Notes

What to do with a banana skin

Northamptonshire is a beautiful county and one of its attractions, Fermyn Wood, is a very good site for the Emperor Butterfly. This is Britain's largest and, dare I say, most majestic butterfly. (Matthew Oates who has written a book about it refers to the male as 'His Imperial Majesty' which is perhaps a bit OTT – it's only a butterfly after all).

After a few fruitless visits, we arrived at the site early, and the first butterfly we saw was a male Emperor. I photographed it, took some video and generally had a good look at it. A small group soon collected round us and Mary announced that she was going to try to get the butterfly to settle on her finger. One bystander said rub it with a banana skin which she had brought with her. (She meant to rub Mary's finger, not the butterfly!) Whether the banana skin was influential we didn't know, but the butterfly was quite happy to sit on her finger and have yet more photographs taken. It seems that this butterfly needs elements that are not available in its normal food, which is not nectar, but aphid honeydew, and butterfly collectors have used all sorts of fish pastes and more evil-smelling substances over the years to attract them. The footpath where we found

this one is much used by dog walkers, which perhaps gives a clue as to what made it so attractive to our butterfly.

Not far from Fermyn Wood is another good butterfly site: Glapthorn Wood, one of the few places where one can see the Black Hairstreak butterfly. Hairstreaks are part of the family of blue butterflies and quite small. As we were preparing to visit this site two white-haired gents arrived, and also began to get ready. After a short exchange of words I discovered that I had last seen them about 30 years previously when they were young men and regular visitors at Adel Dam Nature Reserve.

We spent some time walking round this wood, but we saw nothing of interest until we met the Adel Dam men again. One of them was looking up at a Black Hairstreak high in a tree. He kept his glasses on the butterfly for about 15 minutes until the butterfly suddenly came down to a bush near where I was standing. Once again a crowd had developed and I was nearly trampled in the stampede, but I managed to stay upright and get a photograph. The Black Hairstreak is much rarer than the Emperor but, if a choice had to be made, I think most people would go for the Emperor. I would.

Peter Larner

Words from Joyce Hill

Simon and Jude, Apostles

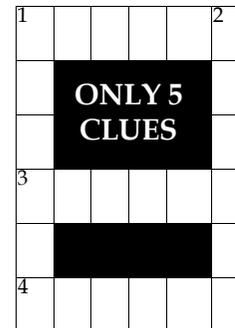
There are two red-letter days this month: Luke on 18th and Simon and Jude on 28th October. All three are apostles, which is why their commemorations are marked as principal feasts. Little is known about Simon and Jude from the gospels and, as a result, they don't figure prominently in Christian art. For clarity, Simon is not Simon Peter and Jude is not Judas Iscariot; the gospels are clear about this.

In the lists of apostles in Matthew, Mark and Luke, the two Simons are distinguished by the name of Peter being attached to the first, and the second being identified as Simon the Zealot. This is also the way this Simon is identified in the list of apostles in Acts 1 — unsurprisingly, given that Acts and Luke are considered to have the same author. In Matthew and Mark, on the other hand, the identifying term is (in transliteration) *kananaiois* or *kananites*, depending on the manuscript. This was misinterpreted early on (including by Jerome, no less!) as indicating that Simon was from the town of Cana, or from the region of Canaan. The King James Bible states: Simon the Canaanite. But *kananaiois* or *kananites* is actually an attempt to record in Greek the Hebrew word for 'zealous.' Modern

English bibles take account of the recording in Greek of the Hebrew word and distinguish Simon as 'zealot' in all three synoptic gospels and also in Acts. 'Zealots' was a name given to a Jewish party of revolt against the Romans round about 70 AD, but this is unlikely to be relevant for Simon the Apostle. For him 'zealot' is probably a personal description, 'the zealous', perhaps originally in keeping the Law of Moses, and then in following Christ.

Jude is even more elusive. In the list of apostles in Luke 6 he is referred to as 'Judas of James', most naturally taken to mean son of James, although we don't know who that James was. In John 14 he is 'Judas, not Iscariot', which points to why we generally modify his name from Judas to Jude: it makes the distinction clearer. The lists of apostles in Matthew and Mark don't include a Jude/Judas in addition to Judas Iscariot. Instead, they include a Thaddeus or Lebbaeus (depending on the manuscript). The general supposition is that this is an alternative name for Jude. In some church traditions, Thaddeus is the name standardly used, as we see from dedications and shrines, neatly eliminating any risk of confusion. Beyond this there is not much that can be said, except that there is no firm evidence for Jude being the author of the Epistle bearing his name.

Puzzles

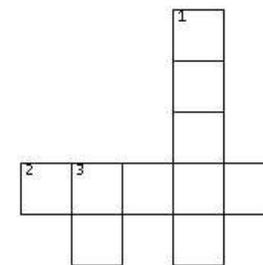


ACROSS

1. Family member's new record cut
3. Begin journey, switching halves to compensate
4. Politician harbouring explosive idea

DOWN

1. Still batting at home 3,3
2. Wife smitten with Yorkshire resort



ACROSS

2. Enticed
4. Uncover
8. Syrupy medicine
11. See eye to eye
12. Lethal

Criss-Cross Puzzle

DOWN

1. Velocity
3. Blood relative
5. Happenings
6. Bullfighter
7. Modest bet
9. In short supply
10. Reaping tool

Solutions on page 29

Children's Page

Grow new trees for the future



The Tree Council has invited everyone to go out into their neighbourhood and gather seed, fruit and nuts with the aim of sowing and nurturing them to grow new trees for the future. You have until 23rd October to respond.

Collect your seeds

When ripe, the seeds should be picked directly from the tree, or gathered from the ground. Use a paper or hessian bag to take your seeds home, not plastic. Put seeds from different species of trees in separate bags and label them.

The ideal situation is to collect seed from trees that are growing well in your area. If the trees are on private land, it is very important to ask the permission of the tree's owner before collecting any seed.

Don't collect the first seeds to fall from a tree, as later seed will probably be of better quality. Always leave some seeds, as they are an important food source for wildlife.

How about an oak tree?

The English oak supports some 500 species of invertebrates, more than any other species of British tree. The oak is also used by birds and bats as roosting and nesting sites.

Collect the acorns from the tree or as soon as possible after they drop - usually from late September onwards. Separate acorns from their cups and float them in a bucket of water; plant the ones that sink. To avoid your acorns drying out - which will kill them - sow straightaway in a seedbed to a depth of 10cms, or singly, in pots, covered by a thin layer of compost. Protect from predators throughout the winter.

Roots will grow during the winter and the shoots will emerge in late April.

Books to Read

These books make you laugh

I have to admit that these books are really for us ladies, rather than gents, but you never know. I know, too, that probably many of you will have read some, as the lovely sale back in June celebrating our Saint's Day, provided me with three more to add to my collection.

Millie Johnson makes you laugh out loud as she writes about ladies with problems or accidents, and her characters – male or female – have a lot to say about living with their problems, and how to get out of them.

The first one I found was *The Yorkshire Pudding Club*, about three friends who all get pregnant, all have a problem: a marriage that fails, one that should have happened and one that is great but...of course all are eventually solved.

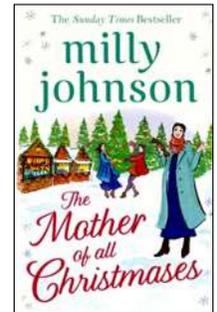
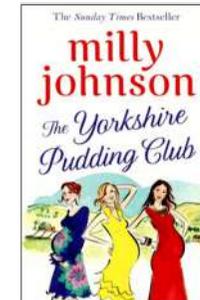
Believe it or not, the next one I found was *The Mother of All Christmases*, also involving three mothers-to-be, with or without husbands and with different outcomes, but these books still make you laugh as well as join in with the problems and upsetting parts.

So, I've also got *The Magnificent Mrs Mayhew*, *The Perfectly Imperfect Woman*, *The Teashop on the Corner*,

and I will happily borrow from any of you any on the long list of Millie's books that I haven't yet read!

I'll try next time to look back at things we've read in Lockdown that you gentlemen might like: *The Thursday Murder Club*? *Peter Robinson*? You may have read them all already, of course.

Mary Larner



In Your Garden

“I'm so glad I live in a world where there are Octobers. It would be terrible if we just skipped from September to November, wouldn't it?”

— Lucy Maud Montgomery, Anne of Green Gables



Whether the mists and mellow fruitfulness associated with October arrive early or late, there are a few inescapable gardening truths. The days will be shorter, especially once the clocks have gone back at the end of the month, so there is less time available. There will be plenty of dead or dying plant material requiring your attention, and of course there will be spiders' webs everywhere!

October is an ideal time for moving and planting trees, shrubs and climbers, as well as for hedge planting. Bare-rooted deciduous trees and shrubs, as well as root-wrapped evergreens, become available towards the end of the month, so you could think ahead and prepare the ground for them now. They are much cheaper than the containerised plants for sale in garden centres and are the perfect choice whenever large numbers are needed - perhaps for a new hedge, woodland or a rose bed.

It is probably your last chance to trim hedges to keep them looking tidy over the winter. It's also a good time to prune climbing roses. Shrubs that

would normally be pruned hard in the spring such as Buddleia, Cornus and Lavatera, can be cut back by half now, to prevent wind rock and to tidy them up for the winter.

In Adel this is the last opportunity to scarify, aerate and top dress lawns. Scarification removes layers of thatch and can be done with either a spring-tine rake or a powered scarifier. Afterwards apply an autumn lawn feed, low in nitrogen to discourage lush green growth that would only succumb to cold and diseases over the winter months, but which promotes root growth.

Make sure you have finished bringing all tender plants into the heated greenhouse or conservatory for the winter. Don't prevaricate! The first frost can be fatal.

George Turnbull

enquiries@adelgardencare.co.uk
www.adelgardencare.co.uk

KNIT A POPPY

Make a poppy for Remembrance Day with this pattern from Cirencester Parish Church

YOU WILL NEED

Any red wool, dk or thicker
A pair of 4mm needles
(old UK size 8)
A small black button

POPPY

Cast on 60 sts.

Rows 1 - 8 (K2, P2) to end.

Row 9 (K2tog) to end (30 sts).

Row 10 (S2kpo) to end (10sts). **S2kpo = slip 2, knit 1, pass slipped stitches over.**

Break off yarn, leaving a long tail. Thread tail through remaining 10 sts and pull tight, then fasten off yarn.

Join the edges of the poppy together and sew the black button in the centre of the poppy.

This free poppy knitting pattern was provided by Cirencester Parish Church, which teamed up with the Royal British Legion to decorate the church with 17,000 knitted poppies. We are not so ambitious as that! Last year we had two poppy decorated trellises either side of the church porch, but they were not full.

This year **with your help** we might overwhelm the trellises with the colour red!

Marjorie Cole



OPAL Activities

OPAL have now restarted most of their activities including lunch clubs, coffee afternoon, table tennis, exercise classes and more.

The Dance On group who meet Monday afternoons have performed at the Welcome In Community Fun Day and also at Leeds Playhouse, the latter as part of the Age proud festival.

The Games group enjoy a more relaxed session with scrabble, dominoes and tri-onimoes being the games of choice.

The Men's group met in September for the first time this year and visited Harlow Carr – the group meet once a month for a day trip out and enjoy visiting museums and other places of interest. In October the day trips restart and the first trip will be to Oswaldtwistle Mills and in November there is a market trip planned.

The Welcome In Community Café is open 9am – 4pm with Vinyl Hour 2pm – 4pm. For Vinyl Hour there are plenty of records for you to choose from or you can bring your own – then you can just sit back and enjoy the music in a comfortable setting with a cuppa and piece of cake. There is no charge for entry you just buy your own refreshments.

You could become a volunteer

There are various ways in which you could help. Here are just a few ideas:

Be a befriender

Befriending involves visiting someone in their own home, and spending an hour with them each week. People who are befriended are often quite lonely and isolated, and visits from befrienders can brighten up their whole week. So come and join us, and help improve someone's life by just being there.

Give someone a lift

Can you drive? Do you have some spare time? Help provide transport to social events and appointments. Applicants should be car owners, with a full driving license, in good health and be prepared to transport clients in their own car.

General help

OPAL offers trips and activities at which volunteers assist people in wheelchairs or with mobility problems. Volunteers also help with making tea and coffees at various events. You can give as much or as little time as you like.

If you are interested in any of the above or would like more information, you can call into Welcome In Community Centre, call 0113 2619103 or email admin@opal-project.org.uk

York Gate Update

York Gate is a calmer place as we say a fond farewell to all the colour and bustle of summer. It is now time to reflect, assess the garden and plan for next year.

Although I have been busy behind the scenes propagating and nurturing an expanding range of plants, it is important to find time to have a walk through the garden. For me the greatest pleasure has come from watching the many exotic plants expand and entwine in Sybil's Garden. Jack has selected and planted lots of amazing tropical specimens many of them completely new to me, so it is fascinating to discover and learn how they grow and flower. The Nasturtium trailing through and climbing up, with the popping orange blooms even reaching the magnificent Tree Ferns; just brilliant.

Many of the qualities of a good gardener are displayed in York Gate; patience when creating a new area, a detailed understanding of the needs of individual plants and a deep love of the craft you weave.

Mark Jackson,
Nursery Manager

The garden will be closed on 1st November, reopening on 1st April 2022. Our long awaited Snowdrop Week will take place on 15th – 20th February 2022. The café and shop will

remain open (Wednesday to Sunday as usual) throughout the winter season of 2021 & 2022, just closing for Christmas.

Speaking of Christmas, by the time Adel Bells drops through your letter box, our shop should be full of Christmas gifts and cards, so please do pop in. You could buy an afternoon tea or Friends Membership as a gift at Christmas; this can be done over the phone by calling 0113 267 8240 option 4 or drop into the shop where they sell both of these. The plant sales hut is also well stocked with bulbs, which we will be selling until the end of October, unless we run out before then!

We said goodbye to one of our garden trainees, Andy, who had reached the end of his two years training with us. The next step of his journey is to the amazing 'Wildside' in Devon. We would like to wish Andy the best of luck; he will always be welcome back up north. Our new trainee gardener, Suzanne, joins the York Gate Garden team - Ben (Head Gardener), Jack (Senior Gardener), Mark (Nursery Manager), Sarah (Nursery Assistant) and Tom, our other trainee gardener who has already been with us for a year.

Sally Latchford
slatchford@perennial.org.uk

Barry Anderson

Thefts – Golden Acre Car Park

Concerns have been raised about thefts from cars in this area. I took this up with Parks & Countryside and their comments state that they encourage car park users, via site signage, to be vigilant and not leave valuables in sight. Their team has been asked to check location, prominence and number of signs to ensure it is adequate. WY Police have been asked for a replacement banner. Items recovered are handed into the café. CCTV isn't an option due to high costs, maintenance and power supply. An increased official presence could act as a deterrent, but resources are stretched.

Crossing Facility St. Helen's Lane/Long Causeway

Before the Covid Pandemic I was asked whether it would be possible to get a crossing facility at the above junction. Unfortunately, we have not got the funding. However, it has been agreed that beneficial improvements could be achieved. The existing barrier will be adjusted to allow access by mobility scooters and there will be a dropped curb crossing point.

Leeds Core Bus Network

This is a new colour-coded network to help users navigate the Leeds bus network easily. Network maps are available at most bus stops and on-

line, and include named and coloured bus lines to help you find which bus you need to take to get from A to B. The aims are to address the challenges of using the bus network in Leeds, to help people, both familiar and unfamiliar, with the bus network and to encourage greater bus usage as journeys are planned.

Disabled Parking Provision Leeds City Centre

Disabled parking spaces in the city centre have been moved. All four of the previous blue badge spaces on Cookridge St have been relocated to St Anne's St, which joins Cookridge St at Leeds Cathedral. Five new blue badge spaces have been created on South Parade and there is also existing blue badge parking provision on Alexander St (accessed via Calverley St) and on Cookridge Street (near its junction with Rossington St).

Public Space Protection Order

The Public Spaces Protection Order 2021 – Dog Related Restrictions and Restrictions Relating to Smoking in Children's Play Areas has now been implemented and published on the Leeds City Council website.

Cllr. Barry Anderson
Direct Dial 0113 3367742
www.barryanderson.org.uk
Twitter @barryanderson19

Billy Flynn

Adel Little Free Library

I am delighted to announce that the library had its grand launch on 9 September. We didn't have a ribbon cutting ceremony but we had a decent turn out. I would like to particularly thank Francis Garbutt, the chair of the Adel Crag Residents Association, for his work on this community project. Francis has done an excellent job in driving it forward from the start. The library is situated adjacent to the notice board outside Adel Store, conveniently placed on the school run/route to both our primary schools and very pretty it is too. Please note that you are invited to 'take a book, leave a book'. There is a children's section in the library as well as adults' so it's up to you to keep it well stocked. The library was funded entirely via Leeds Council using funds that local councillors have access to, to help develop community projects. If any other local organisations are in need of funding please do get in touch with me.

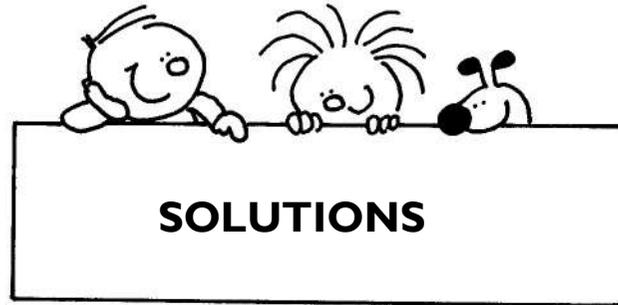
Waste collection

I mentioned this in the last edition and we commissioned a report on which areas of the city are suffering most. It will be of little consolation if your collection has been missed but Adel & Wharfedale Ward rank 8th highest in the league table of the 33

wards in the city, ie the higher you are the worse the collection rate. This is not unconnected with other outlying areas of the city. Quite apart from the Covid "pingdemic" which side lines crews immediately, much more rubbish is being left out, there's currently an estimated 430 tonnes of waste to be collected and disposed of every week in the city. This means more repeat trips to the tips and recycling centres which is a much longer journey to and from the outer areas of the city. I understand that three of these return journeys can be made to and from inner areas but only two further out. Please do remember to leave your bins out for at least 48 hours if you are missed and if that does not succeed please get in touch with me and I will chase it up. Bear in mind that that it highly unlikely the crews will call back for single bins, the call backs are primarily for missed rounds and roads.

I hope you all keep fit and well. As usual, if you would like further information on the issues above or anything else in the ward please do get in touch.

Telephone 0113 2613896,
07810 640282 or
email to billy.flynn@leeds.gov.uk.



Only 5 Clues

Across

1. NEPHEW
3. OFFSET
4. THEORY

Down

1. NOTOUT
2. WHITBY

Criss-Cross Puzzle

ACROSS

2. LURED
4. EXPOSE
8. LINCTUS
11. AGREE
12. DEADLY

DOWN

1. SPEED
3. UNCLE
5. EVENTS
6. MATADOR
7. FLUTTER
9. SCARCE
10. SCYTHE

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AB - Bardsey

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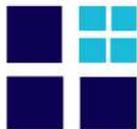
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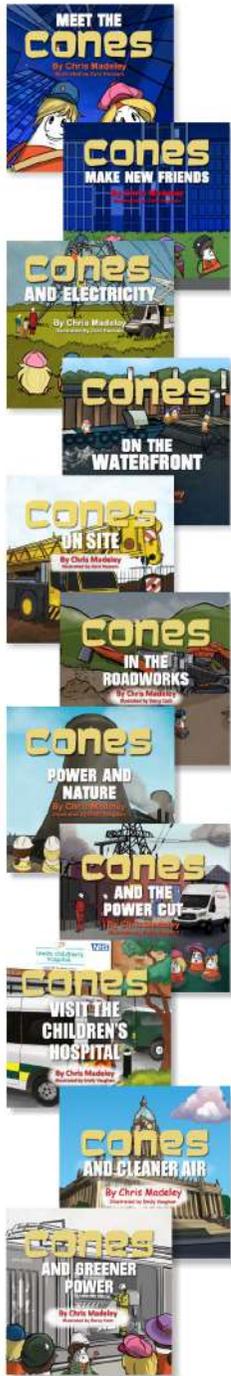
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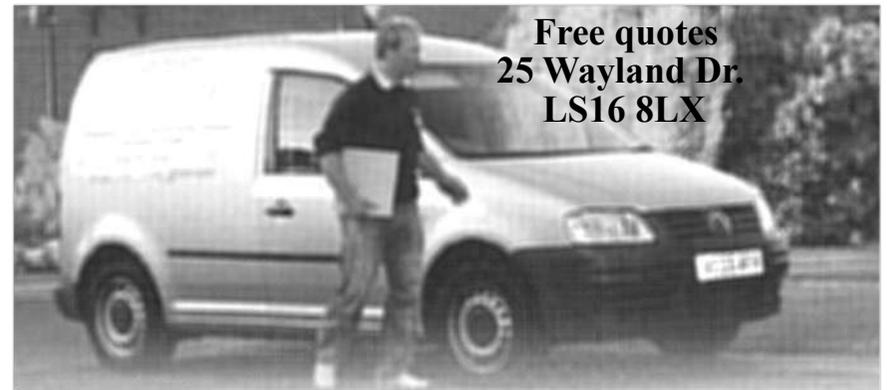
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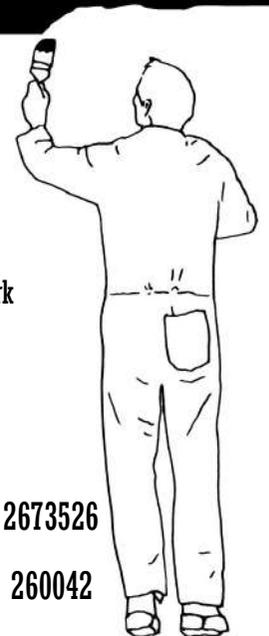
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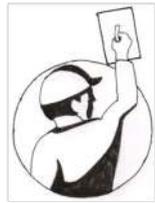
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For further information contact:

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Church Services



October

Sunday 3rd	8.30am 10am 6.30pm	Eighteenth Sunday after Trinity Holy Communion (BCP) Parish Communion with Junior Church Evensong (BCP)
Wed 6th	11am	Holy Communion
Sunday 10th	8.30am 10am	Nineteenth Sunday after Trinity Holy Communion (BCP) Parish Communion with Junior Church
Wed 13th	11am	Holy Communion
Sunday 17th	8.30am 10am 6.30pm	Twentieth Sunday after Trinity Holy Communion (BCP) All Age Service with Communion Evensong (BCP)
Wed 20th	11am	Holy Communion
Fri 22nd	1pm	J Js (for the under sixes)
Sunday 24th	8.30am 10am	Last Sunday after Trinity Holy Communion (BCP) Parish Communion with Junior Church
Wed 27th	11am	Holy Communion
Sunday 31st	8.30am 10am	Fourth Sunday before Advent Holy Communion (BCP) Parish Communion with Junior Church

There is now a booking system via Eventbrite for a place for your child in Junior Church. Unfortunately at this time we do not have capacity for any under 3s. The age groups you can book on Eventbrite are
3-5yr olds - Pebbles
6-8yr olds - Rocks.
 The link for booking Junior Church is
<https://tinyurl.com/Adel-Parish-junior-church>
 On the **3rd Sunday** there is a 10am All Age service, with communion, and children are welcome for the whole of the service in church.