



# ADEL BELLS

Parish Magazine 60p

Come, ye thankful people,  
come , , ,



## October 2022

Harvest Festival  
16th October

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**Adel Bells**  
(Please email copy by **10th of the month**)

**Parish Hall Bookings**

**Church Website**  
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Adel Parish Church



**The Parish Church of St John the Baptist, Adel**  
 Enquiries including Home Communions, Baptisms, Confirmation,  
 Weddings, Funerals; please look at the church website  
[www.adelparishchurch.org.uk](http://www.adelparishchurch.org.uk)

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### Illustrators

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## Parish Registers

### Baptisms

#### 14th August

Henrietta Elizabeth Maria, daughter of  
 Kristina Louise and Andrew Michael  
 Neal

Edward Levi and Albie Alexander,  
 sons of Jo and Kevin John Morrison

### Funerals

#### 15th August

Maureen Webster

#### 18th August

Hilda Hall

### Burial

#### 14th August

Brian Edmund Wilson



### Festivals & Feasts

#### 18th October

Luke the Evangelist

#### 28th October

Simon and Jude, Apostles



### A Harvest Prayer for East Africa from Christian Aid

Loving and compassionate God  
 When famine stalks the land, nothing grows.  
 Plants cannot, people cannot, ideas and dreams cannot.  
 Everything withers and dies.  
 It is a violent aberration of your will for the world  
 and it is multiplied now by conflict, climate change and Covid.  
 God of the flourishing field, there is enough to feed us all.  
 Call us to that sacred sharing neighbour, to global neighbour.  
 Your gifts of food, water,  
 a chance to live the life so delicately crafted by your divine spirit.  
 We will not turn away, but turn towards each other  
 with generosity and a justice-driven compassion that searches for solutions  
 Famine stalks the land, so may our outrage grow,  
 may our determination steel itself,  
 may our solidarity spur us into action  
 God of the flourishing field, help us feed each other. Amen

**Church Open for Visitors**  
 Monday and Saturday 1.45pm to 3.45pm



**We aim through Christian worship, word and action to celebrate and share the love of God with our neighbours**

## From the Editor

October 30th is **Bible Sunday**, an opportunity to join others in celebrating the gift of God's word. In our country, we are so lucky that we all have access to a Bible, and I would be interested to know if you have a favourite Bible passage, one that has a special meaning for you or one where the words speak more clearly to you. It would be good to have a regular article about favourite Bible passages, rather like the one I have included this month (p 16), so please get in touch if you would like to share your thoughts with others. It doesn't need to run to a full page; it could be just a few lines, a single paragraph or more. Have a word with me in person or send an email: adelbellscm@gmail.com

Sorry to confuse you about the date for **Harvest Lunch**. Since the last magazine went to print, we have had to change the date, so please note that it is on **Sunday 16th October**. The Social Committee is providing delicious food and hopefully you will provide good company, so that we can all get together in the spirit of thankfulness for the food that we

receive. You do need to book and pay in advance, so you will find details on page 22.

You really do not need to know anything about horse racing to come to our Race Night on 29th October (see p 22). Trevor is currently working hard on good videos of the races and, aided by Frankie Dettori, simplified ways of betting. So, no reason not to come!

### Dates for your diary

**15th October, 2 - 4pm**  
Harvest activities for families

**16th October**  
Harvest Festival  
Harvest Lunch in the Stables

**Sat 29th October**  
Race Night

**Sunday 30th October**  
6.30pm Memorial Service

**13th November**  
Remembrance Sunday

**Sat 26th November**  
Coffee Morning



**Clocks go BACK  
at 2am on  
Sunday  
30th October**

## Rector Alison's Letter

Dear Friends,

We have been blessed this year with time away in various parts of our beautiful country: the Yorkshire Dales; the North Yorkshire coast; and, new to us this year, Shropshire.

We like to visit castles, museums and other places of interest, but mostly we like to walk. We love the views, the encounters with nature, the challenge of a steep climb or a long walk. But we also love to end our walks at a café for tea and cake. We have sampled excellent fare in a variety of places – and I have developed an acute appreciation for those who work in the hospitality industry.

One very hot day in August we were up early to walk on the Stiperstones. It was a glorious walk, and the breeze made the heat bearable. Perhaps due to the heat there were far fewer walkers than usual so we were delighted to find the visitors' centre open. Staffed by locals it provided shade, interesting display boards and welcome tea in proper tea cups and homemade cakes.

Later in the month, walking from Scarborough to Filey in rain that hadn't been forecast, we arrived cold and wet at Cayton Bay. The mugs of hot coffee and flapjack from the kiosk revived and warmed us for the rest of

the walk.

Over the summer we have visited many cafés. Often, we have been served by people rushed off their feet. Sometimes we have been the only customers around. The quality of the coffee and cakes has varied with the facilities from which they were provided. What hasn't varied is the unfailing good humour and cheerful welcome from those serving them.

A recent reading we had in church contained the line, 'Do not neglect to show hospitality to strangers, for doing that some have entertained angels without knowing it.' The joy of the hospitality industry seems to be that they assume everyone is an angel – and treat them as such.

Hospitality is something we can show to one another too. Life in Britain is not easy at present, even for those of us with a reasonable income. Simple invitations for coffee or a meal, the feeling that someone has taken the trouble to prepare for us coming, the feeling that to someone we are in a way 'an angel' can make a huge difference to our well-being.

Hospitality is something we try to show at church, during our services and also at our social events. There are occasional coffee mornings, and in the near future our harvest lunch, and a race night. In addition to our usual services we have a Memorial service

at the end of October. If you haven't been along before, do come and join us at a social event or a service, and we will try to make you feel welcome. With love and prayers.

**Alison**

### **New Ventures**

As a Parish Church, we have many roles. One is as a community where the needs of the parish and the wider world are brought before God in prayer. Another is as a group of pilgrims travelling together on a journey of faith in Christ. We have two new ventures which we hope will support these aspects of the life of our church.

### **Wednesday mornings at 10am in church (from Weds 5<sup>th</sup> October)**

Prayers for our community and the world. We will meet in church to bring before God those in need. This will be an informal session, with the option of praying aloud, or in silence. It will last about 30 minutes after which some of us will be preparing for the midweek Eucharist service.

We are aware that getting into church is not easy for everyone, and also hope to have a network of people who commit to praying from home, perhaps at a certain time each week. Do get in touch if you are interested in being part of this group.

### **Fortnightly on the 2<sup>nd</sup> and 4<sup>th</sup> Thursday 10.30am – 11.30am in the Stables small room (From Thursday 13<sup>th</sup> Oct)**

A chance to explore a bible passage

together. This will have a very simple format of reading a bible passage a couple of times and sharing our questions and thoughts on what it says to us today. No prior reading or knowledge is needed, you will be welcome to contribute as much or as little as you wish. **Coffee/tea will be available from 10am.**

It would be lovely if people can commit to regular attendance, but you would also be welcome to come occasionally when you are available.

### **Memorial Service 30<sup>th</sup> October 2022**

Our annual memorial service is a chance to remember loved ones who have died. Hymns, prayers and a short address hopefully help to express our grief, and our gratitude for time spent together. There is the chance as you arrive to add the name of your loved one to a list that will be read out later in the service. You will also be able to light a candle in memory of the person you have lost.

Anyone for whom we have recently conducted a funeral will receive an invitation to the service. However, everyone is welcome, whether you are recently bereaved or wish to honour the memory of someone who died a while ago.

The service will start at 6.30pm on Sunday 30<sup>th</sup> October, and will be followed by light refreshments in the Stables.

# **A New MND Centre**

## **Debilitated by a cruel disease**

I have entered the Rob Burrow marathon which takes place on 14<sup>th</sup> May 2023. I will be running as part of the Leeds Hospitals Charity team to raise money towards building a new MND centre which should be a huge help to sufferers of the disease and their families.

I have a long association with Leeds Teaching Hospitals. My mother was a Ward Sister at the LGI in the 1950s and my father trained in medicine at Leeds and had strong ties with the hospital consultants in his 30 years as a GP.

I continued for a further 30 years as a GP in Headingley and was always grateful for the support of the hospital teams in carrying on the caring above and beyond what I and my colleagues in General Practice could provide. During my career I only had occasional contact with MND sufferers and their families but was acutely aware of how little we had to offer. It was always nice when I could offer someone hope of cure, improvement or comfort, but for MND there was very little of any of these available. Empathy and compassion just weren't enough.

In the last few years a very good friend from our church community, Les Everett, whom many of you will

remember with fondness, was diagnosed with MND. He was lucky to have fantastic support from his family but it was still difficult to watch such a strong and kind man be debilitated by this cruel disease.

Now I have retired as a GP I wanted to find a different way to contribute and help to give at least a glimmer of hope of improvements and ultimately a cure.

I loved running as a schoolboy and spent my working life advising others to be physically active while gradually neglecting my own fitness. Now I am determined to use this opportunity to challenge myself while, hopefully raising lots of money for such a worthy cause.

Please help in whatever way you can and add another brick or two, or more, to the Rob Burrow MND Centre.

You can donate by using this link, or give the money directly to me and I will process it for you.

<https://www.justgiving.com/fundraising/JamesDocMoxon>

Thank you,  
**James Moxon**

# Environmental News

## Please don't forget about me

**Stuff.** We love it. In the modern world we can't get by without it. Technology is moving at such a fast pace and the pandemic saw things that are now very common, such as video calling. That concept would have blown my mind when I was young! Tech goes out of date so fast, always after the latest model and what happens to the older one? Is it forgotten about and left to gather dust in a drawer or thrown out? It shouldn't be, they can be given a second life and recycled.

**Planned Obsolescence.** It has long been known that the things we buy have limits on them from the manufacturers. Printer cartridges have a counter and when it prints a certain number of pages, they stop working, asking you to buy more, when in fact there is usually enough left to carry on as normal.

**Smart phones.** The likes of Samsung and Apple try and sell you the latest model every year, saying the new one is better and faster. To make the new model more enticing and desirable, they slow down the older models making it frustrating to use. In 2020 Apple was fined for deliberately slowing down phones with software updates.

Another trick they like to use is non

user serviceable parts. If something develops a fault, they make it difficult to fix it, sometimes impossible, and then you have to buy a new one. If your appliances last for years and you can fix them, then why would you buy a new one? The UK is doing something about this though. The Right to Repair was introduced in July last year to make manufacturers provide spare parts and technical information to professionals so repairing your gadgets should be the most cost-effective way.

So, are the days of make do and mend gone? NO! Not everything that is broken has to be thrown out. Check out <https://www.repaircafe.org/> Leeds repair café usually operates out of HEART in Headingley but does move around to reach as many people as possible. You can find them on Facebook by searching for Leeds Repair Café. It is run by volunteers and operated via donations. They can pretty much repair (or try to at least!) anything you bring in, helping those that might not be able to afford that new kettle or making their jumpers last that little bit longer over winter.

## Thang Tang

Church Environmental Officer

# In Brief

## From the archives, 1985

### A farewell to a Brown Owl

“Getting on for 14 years ago Sylvia Halliday took over from Mrs Rowley as Brown Owl. During that time, she must have encouraged, mothered and influenced many young lives. She was a great camper and always, even on a dark winter's night, full of zest and enthusiasm. Many Brownies, now young ladies, have reason to be grateful, not only for what she did for them, and the Guide movement as a whole, but for what she always was, a Brown Owl full of fun and love. We all want to say thank you.”

*Sylvia now, aged 91 and with a tremendous number of other church-related jobs she has retired from, is still full of fun and love. If any of our readers have memories of Sylvia as Brown Owl, it would be lovely to hear from you.*

### What a treat it was



**W**hat to do on Saturday night? To stay in and watch television or go to Painting with Lucy at the Stables? I chose the latter and what a treat it was. Thirteen people attended, some experienced amateurs

and others complete novices, but no one felt uncomfortable or out of their depth and this was largely due to the relaxed atmosphere and the encouragement given by local artist Lucy Best Shaw.

Lucy had prepared a landscape picture, which we were to paint using acrylics, but other scenes were available if that didn't appeal. Canvases, paint and other tools were provided if needed and after a general introduction, we dived in; some with the confidence of experience but others, myself included, with initial trepidation, but once absorbed in the task it was amazing how our confidence grew. Lucy was a brilliant teacher, encouraging and praising our efforts as did the other participants. To make the evening even more relaxed and enjoyable there was cheese and wine for which we each made a small donation.

It's seldom that three hours have passed so quickly and by nine thirty I was taking home a finished painting that gave me a sense of satisfaction, although I don't think they will be asking me to exhibit in the National Gallery!

Thank you Lucy

**Anne Andrews**



## A day out with a difference



Having a high church background I have always been interested in vestments. When Rector Alison asked me if I would like to

help her choose new vestments, paid for by the kind donations of our church congregation, I jumped at the chance. I had a meeting in the Rectory with Alison and the churchwardens to get some ideas. It was decided that we would buy them from a firm in Newcastle which Rector Alison had used before.

Unfortunately, Lucy was unable to join us on our trip to Newcastle. It was almost like an "Aladdin's Cave"; I was in my element. So much to choose from in all the Liturgical colours. Plus lots of things to see which were not on our list to buy.

Customer service was excellent; we had a very helpful lady who guided us through our choices. Rector Alison was very patient when we draped different materials over her and the lady took her measurements.

We decided on Red (for Saints Days) Purple (for Advent and Lent) and Cream for (Christmas and Easter). That sounds quite simple but not really. Which design and fabric should we chose, which colours and style for the Orphrey (this is braid or trimming).

After much discussion we made a decision and as it turned out the cost was the amount that had been collected. We hope you will all approve of our choices when you see them.

We then had lunch in the Cloisters Café in St Mary's Cathedral. We arrived home tired but well pleased with our day out and some happy memories.

Special thanks to Churchwarden Alison for driving us safely there and back.

**Beryl Thompson**

## August Draw for the 100 Club

1	Keith Spark	£98.00
2	Mary Hunt	£37.50
3	Margaret Roberts	£37.50

## Friday 7th October World Smile Day

If we all try to do one small act of kindness this World Smile Day, then, together, we can make a huge change in the world.



# Born & Bred Here

## An interview with Sandra Lavery



Sandra was born in a central Birmingham hospital but the family lived in Sutton Coldfield. She is the youngest of 3 siblings, having 2 older brothers. They moved around a bit because of their dad's work. Holidays in a cottage at Poppet Sands in Cardigan Bay when she was small and then in a touring caravan in the Lake District or Cornwall were always good times.

Sandra liked some schools more than others. Her favourites were Boldmere Primary in Sutton Coldfield and Newport High School for Girls in Shropshire. After her A levels she spent one year at Telford Development Corporation in what would now be called HR, followed by a one year course at Leicester Polytechnic. She worked for over 38 years in the Civil Service in various

roles; what she enjoyed most was going out into the community all over Yorkshire and Humberside to provide awareness and information to disability support groups. At the same time she had a major role in the setting up and running of the Melon Hog Club (wrap around and holiday care) at ASJ Primary and ran the playscheme at Government Buildings, Lawnswood, where she worked.

She met her husband Hugh through one of her brothers; they shared a house in Holt Park. They got married on 14 February (all say ahhh) 1986. They lived first of all in Cookridge, then moved to Adel. When her children came along she wanted them to feel 'born and bred' in this area, unlike herself with all her moving about as a child.

She has a daughter, Sarah, who is married to Nick and they have 3 year old Theo. Apart from 3 years at Uni Sarah has always lived in north Leeds and Hugh and Sandra are very grateful that they can be part of Theo's growing up. Her son Jonathan has been proud to call himself a Yorkshireman as he's travelled the world: South Africa, America, Australia and New Zealand, and many other countries. He still very much puts the Yorkshire countryside at the top of the list.

## Hobbies

Sandra started sewing and knitting at a very young age and has always enjoyed sewing particularly. She would like to do more. She has turned to gardening more as she's got older, but their north facing garden isn't ideal.

## Holidays

When asked about a favourite holiday destination, Sandra said that there's no one place that really stands out above the rest. Most of their holidays are spent with their best friends and they've had some great times together. So she would say what really makes it for them is the shared experience.

## Connection with Adel Church

Sandra has been associated with Adel Church for more than 30 years, having previously attended St Paul's. She was part of the Junior Church team for about 20 years and also served as a member of the PCC. She was part of the team that amalgamated the children's 11.30am service, held in the school hall, with the 9:30am service, and they eventually became our current 10am service. For her and her children it was wonderful to get to know the rest of the congregation, to have shared days out and retreat weekends at Wydale.

## Favourite Hymn

'Make me a channel of your peace' gives her goose bumps. 'One more

step along the way I go', often sung at year 6 leaving assemblies, always brings a tear to her eye. She often thought of it as Jonathan travelled round the world.

## The Last Two Years

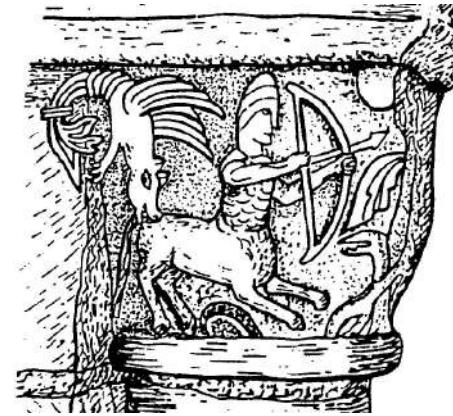
Sandra retired in May 2020 and it was one of the best decisions she ever made. It coincided nicely with Sarah still being on maternity leave and then they've had Theo at least one day a week since Sarah has been back at work. She also volunteers at York Gate shop once a fortnight.

She found the first lockdown the hardest, not being able to see her family. They do love eating out and she and Sarah enjoy the theatre so those were missed. When asked if the whole experience has changed her in any way, she replied with confidence that it was her life that had changed because of her retirement.

*Sandra has recently taken over the responsibility of overseeing the distribution of Adel Bells, a role that was played so efficiently for many long years by Jenny Jones. Thank you, Jenny, for all your hard work and welcome once again, Sandra, to the large team of people who keep our church going.*

*You might be wondering if the photo is of Sandra or Sarah but I can assure you that it is Sandra herself. If you do not know Sandra, do ask someone at church to point her out to you.*

# The Adel Archer



Records of **The Black Death** show that in **1349** many Adel parishioners plus Isabella, the Prioress of Arthington Nunnery, and Rector Walter Langeton of Adel, died from the plague. You can read Rector Walter's name on the Rector's Board here in the nave.

Rector Walter Langeton did not leave a will - but he wrote a hymn, in Latin, and a tune showing the notes on a staff. The 14th c. manuscript is in the British Museum. (We have a copy in the archives.)

During the 14<sup>th</sup> c. **the clergy were required by law** (in good weather) to **oversee archery practice** for 2 hours on a Sunday afternoon.

All able-bodied men of the parish aged 16-60, who possessed a bow & arrows



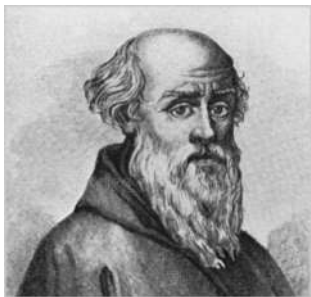
were required to take part. Butts were set up on flat glebe land near the churchyard. Perhaps Rector Walter composed his hymn whilst having to spend two hours, overseeing Archery Practice ?

Have a close look at this Adel Carving of an archer on the Chancel Arch. The Archer was used as a badge for **King Stephen (1135-1152)** His mother **Adela** was the daughter of William the Conqueror. The Archer was used on some monasteries and churches where King Stephen had given financial help with the building.

Archery practice continues on the field that was once Glebe land. It is just one of many activities at **Adel Sports & Social Club**, next to Adel Church. The playing fields are dedicated to all who served in the Two Great Wars 1914-1918 and 1939 - 1945 and to the memory of those who gave their lives.

**Val Crompton**

## Guido the Musical Monk



**If you have studied music, you are familiar with the five-line staff.** You may also remember learning the notes on the lines of the treble clef: *Every Good Boy Does Fine*. I learned this mnemonic as a child. For all I knew, it had existed since time immemorial.

Not so. This basic element of Western notation was the invention of one man: a shy, frail Italian monk named **Guido of Arezzo (990-1050)**. Guido lived in a time when the Latin chants and hymns of the Church were sung in different ways by the various communities scattered throughout the Papal domain.

Partly in an effort to standardize the styles in which church music was

being sung, and partly to afford the singers a more efficient means of learning it, Guido devised a method for connecting graphic notation to the **physical act of singing**.

Guido created a **four-line staff** on which note symbols were placed. Guido's staff became a "map on which any pitch could be measured in relation to another. The higher the placement, the higher the pitch. What was new about Guido's system was the **"idea of pitches occupying positions in vertical space."** This allowed the singer to "grasp at a glance the exact melodic distances in a hymn to be sung." Although singers and musicians now take the staff for granted, at the time of its creation it was truly revolutionary.

However humble Guido may have been in his private life, he made an enduring contribution to the development of Western music.

**Extract from Ben Howard's 'Becoming Ancestors' 31.8.22**

Melody by J. A. P. Schulz 1747-1800  
Harmony by J. B. Dykes 1823-76



## My Favourite . . .

**My favourite Bible passage: From a Trickle to Everlasting Life**

It must be more than 30 years ago that I chose Ezekiel 47:1-12 as my favourite Bible passage. I was having difficulty in understanding the Holy Spirit and went to a series of talks about 'pictures of the Holy Spirit in the Bible'.

Ezekiel was a prophet who had been taken into exile in Babylon in 597BC. The first 12 verses of chapter 47 is part of a vision he had about the Temple in Jerusalem. My favourite passage relates to a ceremony on the last day of the Feast of the Tabernacles, also known as the ingathering, when the annual harvest was complete, and the people prayed for rain to water next year's crops, just as we might do this month at our Harvest Festival.

The ancient Jewish ceremony began at the Pool of Siloam where pilgrims to Jerusalem purified themselves before climbing the steep steps to the Temple. I was told by a Jewish guide when I visited the Pool of Siloam during a Christian pilgrimage to the Holy Land that when the water of Siloam is disturbed, as it is from time to time, it is the Holy Spirit of God bubbling up. On the last day of the Feast of the Tabernacles a Rabbi would gather some of the disturbed water in a container and carried it up the steep

Southern Steps to the Temple. He would then pour the Holy Spirit bearing water from the Pool of Siloam over the altar and allow it to drain away through special channels that took it out of the Temple to soak into the dry ground outside.

In Ezekiel's vision instead of soaking away, the Holy Spirit bearing water of Siloam turns into a spring that flows down the mountain towards the Dead Sea. A trickle becomes a stream, and the stream becomes a powerful deep river that flows into the deepest and deadest part of the world where it brings new life to everything. It is surely a wonderful picture of the Holy Spirit of God that, unlike water that soaks away and dries up, it grows more and more powerful as it spreads into the world, and even spreads into to the darkest and most sinful parts of the world.

Time has shown that following Jesus and accepting his parting gift of the Holy Spirit in our lives is like the water in Ezekiel's vision that became a life-giving force. As the Holy Spirit comes into our lives she — in the Old Testament the Hebrew name for the Spirit of God is Ruach, which is a feminine word meaning 'an invisible moving force' — not only grows more powerful but can overcome even the darkest, most sinful parts of our world.

**Bob Peters** (member of ACE)



# Nature Notes

Butterflies have been quite scarce in the garden throughout the summer when normally we expect many of the large colourful species, to be feeding on the Buddleia and other nectar flowers. This year there have been only a few, and I cannot remember a time when there was more than one of any species. In fact the Buddleia seems to have lost its charm as very few butterflies fed on it, apparently preferring the Red Valerian and other flowers. We didn't go out much on the heat wave days, but the extreme heat didn't seem to produce much butterfly activity.

However, the summer was not without interest. The Holly Blue, a very small butterfly, was feeding in, and passing through the garden for much of August, with occasionally two or three together. Although it is very small, it is easy to identify because nothing else is so quick and so blue. The common whites: Large, Small, and Green-veined are difficult to separate in flight, but all three have been noted in quite small numbers, but one white new to the garden was discovered, causing some excitement. On 10 August I noticed one white which seemed very reluctant to fly. I just had to take a closer look at it and was astonished to discover that it (and another that appeared later) was a Brimstone, a butterfly we have never had before in this garden. Brimstones have bred in east Leeds

for many years, but a couple of years ago they bred for the first time in the west at Rodley Nature Reserve. which is not very far away as the crow (or the Brimstone) flies, and this is where I think these two, and a beautiful yellow male that appeared later in the month, originated. Another new one in the garden was the Gatekeeper, a small brown butterfly which has been missing from some of its sites recently.

Not quite in our garden, but an area not far away which the council used to mow throughout the summer, was left uncut this year, and I went along to see what had arrived. There were a few wildflowers but I was surprised by the wealth of butterflies, and other insects. There were Holly Blues, Small Skippers, Speckled Wood, Small Copper and lots of bees and hoverflies including a large and spectacular one that I discovered as a new species for West Yorkshire some years ago. However my delight at seeing all this was short-lived. Grass-cutting had apparently been suspended, not because it was an eminently sensible, life-enhancing, thing to do but because trees have been planted in all available spaces, ensuring that as the new trees grow, this wealth of wildlife will be shaded out.

**Peter Larner**

# Penny's Ponders

Hi Everyone,

**H**ope you've had a lovely summer. My word, was it a hot one! Being black, I don't do heat very well at all so I'm now very pleased to have some respite from it. I've decided that rain is not as dreadful as I thought. I actually missed it and would have been very pleased to feel it in the heat. I'm not very keen on the shorter hours of daylight but can't work out what I can do about it.

I've been on holiday again, which I suppose some of you have too. I do enjoy seeing (and smelling) new areas. I can't walk as far as I used to, and I feel very wistful when I see young dogs chasing balls and playing with frisbees. I used to be able to play for ever, run and walk for miles, never getting tired. I didn't know that, as you get older, things don't work quite the same. The strange thing is you don't notice it happening. When was the last time I chased a ball outside? When was the last time I went for a long, long walk? When was the last time I played with other dogs?

Thinking about it, not knowing the last time for something is rather a blessing. I think I would have howled long and loud if I had known it was the last time for any of the above. I'm just so pleased they didn't happen all on the same day. I can still play with a ball; I just walk briskly the short

distance to bring it back. I'm just so thankful that I have a very comfortable bed and two comfortable settees!

Listening to your news, I do wonder what on earth, literally, is going on? Some people had so much rain their houses were washed away, yet we, living in Yorkshire were without rainfall for a long time when we usually have plenty; some countries have suffered excessive heat. And why are some people being so nasty to each other and hurting innocent strangers? When I was poorly earlier in the year, I didn't like other dogs. This was explained to me that, as I was unwell, I was feeling vulnerable so got my growl in first. When I was made better, I realised this was no way to behave. Perhaps there is a bug going round which is making some people nasty.

I think it is about time we all remembered that this is God's earth and He lets us live on this lovely planet. People are fighting over land – whose land is it? God's of course. Wouldn't it be so much better if we could share what we have and where we have it so no-one would be hungry, homeless, sad, worried? Sorry, I think I've asked too many questions this month. See you soon. Woofs and licks,  
**Penny x**

# Words from Joyce Hill

## Edward the Confessor

King Edward is one of several royal saints of Anglo-Saxon England. In early centuries people were often acclaimed as saints because of their steadfast willingness to die for the faith in the Roman persecutions, so becoming 'martyrs.' When this extreme form of witness was rejected, the church used the term 'confessor' for those marked out as saintly figures by the manner of their life. Edward died in his bed on 5 January 1066, but was not canonized until 11 February 1161, when Pope Alexander III, issued a sealed proclamation (a papal bull). Edward is the only English king to have been canonized by the Pope using this quasi-legal procedure.

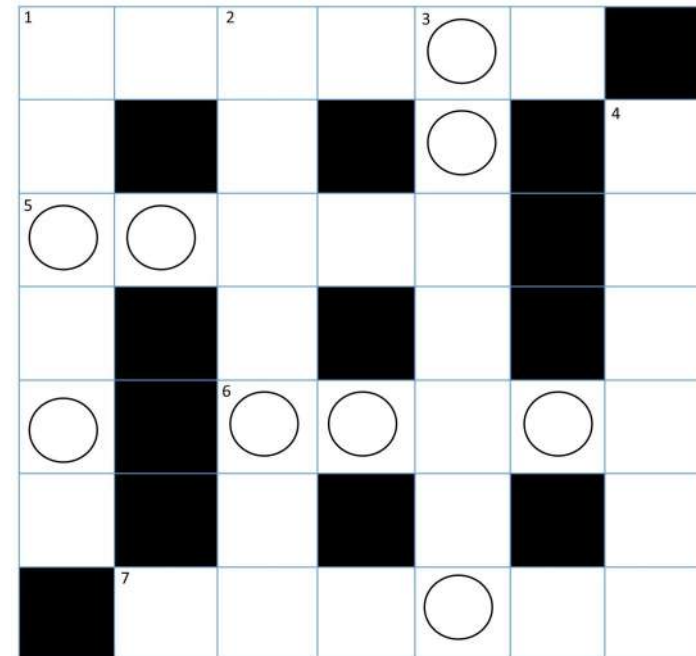
He did not do very much to deserve being canonized. He married Earl Godwin's elder daughter Edith who, after his death, had a *Life* written about him. Her motives were complex; she clearly wished to honour the country's Anglo-Saxon heritage through her husband's memory. It puts Edward in a good light but does not have the full-blown characteristics of a saint's life. To achieve the result of sainthood, the record of his life was rewritten in the early 1100s. The author, Osbert of Clare, Prior of Westminster Abbey, which Edward had lavishly rebuilt and where he was buried, approached this

task knowing he needed to modify the narrative and its interpretation. He seized upon the fact that Edward and Edith were childless and used this to demonstrate that the king had been a saintly celibate even within marriage.

When Osbert put the case to Pope Innocent II in 1139, the Pope postponed a decision, due to lack of evidence. Another factor may have been that the Pope and King Stephen of England had quarrelled. Twenty years later, there was a dispute over the papal succession in 1159. Alexander III became Pope with strong support from Henry II. Henry conducted a campaign throughout his reign to rehabilitate the country's Anglo-Saxon past, which sat well with the desire of the Westminster monks to promote Edward's cult. A fresh approach was made to the papacy in 1161, with Alexander's agreement, capable of being seen as a political reward for Henry's support in his election. The cult was again promoted by Henry III who, in 1269, on 13 October, now Edward's feast-day, moved (translated) the body to a new shrine, where it remains today.

Edward, succeeded by his brother-in-law Harold, became one of the national saints of England. But in 1351, following Edward II's establishment of the Order of the Garter, George of Lydda was proclaimed the country's patron saint.

# Puzzles



## ACROSS

1. Scottish food (AHIGGS)
5. Be on your feet (ADNST)
6. Colourful gemstones (ALOPS)
7. Faithful (RSTTUY)

## DOWN

1. Speed up (AEHNST)
2. Attractiveness (AGLMORU)
3. They live in Asia (ADIINNS)
4. Showy (AFHLSY)

## Final Clue

This is a popular quiz show on TV

## Solution p. 33

## Jumble Crossword

### How to play

Look at the clues. In brackets after each clue is an anagram of the answer.

When you have completed the puzzle, study the circled letters and solve the anagram to find the answer to the final clue.

# Children's Page

## Wild Flowers

R	W	Y	S	I	A	D	B	H	T	P	T	Y	U
N	O	D	N	R	E	D	C	A	M	P	I	O	N
A	O	H	O	R	C	H	I	D	S	M	O	L	C
M	D	R	I	Y	Y	O	V	N	B	E	C	C	O
U	A	O	P	I	N	L	O	O	C	R	C	A	M
S	N	P	M	B	L	U	E	B	E	L	L	A	T
K	E	O	A	P	M	U	P	B	O	B	O	A	F
M	M	P	C	F	T	R	P	V	O	O	L	O	I
A	O	P	A	N	B	I	E	Y	R	A	C	E	R
L	N	Y	E	N	A	R	W	C	P	O	N	R	H
L	E	N	S	A	E	V	O	L	G	X	O	F	T
O	E	P	U	C	R	E	T	T	U	B	S	K	A
W	E	P	T	R	E	B	O	R	B	R	E	H	E
C	O	W	P	A	R	S	L	E	Y	R	A	A	D

Can you find these flowers?

MUSK MALLOW  
BLUEBELL  
WOOD ANEMONE  
BUTTERCUP  
CLOVER  
THRIFT

ORCHID  
POPPY  
COW PARSLEY  
RED CAMPION  
DAISY  
HERB ROBERT  
SEA CAMPION  
FOXGLOVE



## HARVEST LUNCH



**SUNDAY 16TH OCTOBER**

12.30 FOR 1PM START  
IN THE OLD STABLES

A 2 course home-cooked meal will be on offer for £12 per person  
Wine and soft drinks will be available  
for a donation  
Children under 16 free

Please email [adelparishchurch@gmail.com](mailto:adelparishchurch@gmail.com) if you would like to reserve,  
or ring 0113 2610069 or speak to one of the Social Committee by  
**9th October**. You will be asked to pay in advance.



**7pm Saturday 29th October**

In the Old Stables

Tickets £8, to include light refreshments

To book your place, please email [adelparishchurch@gmail.com](mailto:adelparishchurch@gmail.com) before  
22nd October

This event is for fun only, no real money is used!

# In Your Garden

"October's the month  
When the smallest breeze  
Gives us a shower  
Of autumn leaves.  
Bonfires and pumpkins,  
Leaves sailing down -  
October is red  
And golden and brown."

As I write this at the end of August, it is quite difficult to think ahead to October, whilst so much of the area is desperate for water. Over-stressed trees have shed scorched leaves early so that it already looks like the middle of autumn. Fortunately, they should all be fine next year. A lot of plants have not thrived during this year's dry summer. Many flowered early and quickly, browned off and went into survival mode, giving the borders an early autumn appearance. They too will mostly recover given a normally damp autumn/winter, but there probably will be a few casualties.

**It will continue to be a  
challenge for some time  
to come**

It has been a difficult time for gardens and gardeners alike, and with the current hosepipe ban likely to extend into the winter, it will continue to be a challenge for some time to come. If you have any particularly precious

plants then you may need to give them special attention with a watering can and any recycled water you can muster.

If we have some rain, and a sense of normality returns, then usually in October it would be an ideal time for moving and planting trees, shrubs and climbers, as well as for hedge planting. Bare-rooted deciduous trees and shrubs, as well as root-wrapped evergreens, become available towards the end of the month, so you could think ahead and prepare the ground for them now. Their roots will need to be kept moist for at least a year after planting, until they become established, so you will need to consider how to achieve that if it doesn't rain.

It is probably your last chance to trim hedges to keep them looking tidy over the winter. It's also a good time to prune climbing roses. Make sure you have finished bringing all tender plants into the heated greenhouse or conservatory for the winter. If you've kept them going through the drought it would be a travesty to now lose them to frost!

**George Turnbull**  
enquiries@adelgardencare.co.uk  
www.adelgardencare.co.uk

# Compassion

## A Godsend (the Gift)



If a stranger turns to you today  
don't look aside or hesitate  
composing yourself  
for his coming by is a gift to you  
from heaven  
if you'll allow it  
and should he cross your path  
sad, bewildered or fretting  
greet him openly  
owning him as 'a saviour'  
but don't expect to meet such a  
rescuer  
in the arms of your partner  
or lover  
within your family, circle  
or church  
or wherever a relationship is already  
entrenched.

Listen to your heart today  
when a 'deliverer' appears  
turning and tending to him on impulse  
whatever his malady  
recalling what He said before

when she bent to Him\*  
letting down her hair  
and breaking open a jar  
for your choice  
is a breaking open too  
of yourself  
so never let a troubled 'brother'  
pass you by  
but watch out for him  
in the passage of each day  
cause your own salvation may be  
close  
just then, beckoning  
stopped only by lethargy or caution  
and unwittingly he holds the key  
to the tabernacle door\*\*  
you keep locked  
and forgotten perhaps  
in your long 'sleep'.

\* Mary Magdalene  
\*\* the door to the heart  
(compassion)

**Richard O'Donnell**

# OPAL Activities

## New members are always welcome

After a long and hot Summer, Autumn is upon us; this means it is time for the OPAL Annual General Meeting (AGM). This year's AGM will be held on **Friday 14<sup>th</sup> October** at the Welcome In community centre and as such there will be no Friday Lunch club on that date but we will be providing cake and refreshments as well as having entertainment. We hope to see lots of our members there and if you would like to come along, please contact us to book your place.

September saw the restart of our craft club; this club meets every other week on **Wednesdays 11:00 - 12:30 (12<sup>th</sup> & 26<sup>th</sup> October)** and is a great opportunity for like-minded crafters to get together and either work on their own project

or contribute to a group project. The group project is making poppies for a Remembrance Day display, so dig out those knitting needles and crochet hooks and come along.

September also saw the restart of our popular Digital classes; these classes are held on **Wednesdays 12:30 - 14:00**. In these classes members can learn how to use an iPad or tablet to



navigate the internet. One to one support is also available if members have specific technological issues they need help with.

Our Drop In office is open 10:00 - 13:00 Monday to Friday and is run by volunteers and OPAL staff and is available to offer advice and help to OPAL members. We can renew bus passes and apply for blue badges as well as give advice about heating and keeping well this winter. The Drop In is often the first point of contact for many people with OPAL and we aim to be as helpful as possible.

We are always here to welcome new members and if you feel you would like to come and have a look around, please contact us or drop in and we will be pleased to show you and answer any questions you may have about OPAL and the activities we offer.

If you are interested in joining any of the activities we offer, or if you would like more information please contact us on 01132619103 email [admin@opal-project.org.uk](mailto:admin@opal-project.org.uk) or call in to see us at the Welcome In Community Centre (55 Bedford Drive, LS16 6DJ).

**Shelley Clarke**

# York Gate Update

When the Spencers bought York Gate in 1951 Fred wrote in his journal "We have just begun a great adventure" and what an adventure! Little would they have imagined that their family garden would become the renowned garden it is today.

Neither Fred, Sybil nor their son, Robin, were professional gardeners and they had no horticultural qualifications but all three were consummate and passionate gardeners.

Since the bequest of York Gate to the Gardeners' Royal Benevolent Society following Sybil Spencer's death in 1994, the garden has been cared for by a succession of professional head gardeners, supported by a small team and an army of garden volunteers, and three of them have been of particular significance to me.

Firstly, Richard Staples, who was head gardener from 1995 to 1998, and although I never met him, it is thanks to him keeping documents and lots of wonderful letters that we now know so much about those early years.

Then there was David Beardall, head gardener from 2000 to 2011, who always had a few kind words with me whenever I visited the garden or was just passing by the gate, especially at the time when I was recovering from illness. And last but not least, Ben



Preston, who arrived in 2017, the year in which I began to work as a heritage volunteer on the creation of the York Gate Archive, and who has overseen the heritage project and the recent developments in the garden. Ben has recently left to embark on his own "great adventure" and his York Gate family all wish him every success and happiness. He has passed the baton (or spade?) to Mark Jackson and Jack Ogg in whose care the garden will undoubtedly continue to prosper.

By the time you are reading this in the early days of autumn, York Gate will still be putting on its late summer show and the hot borders in front of

the house will have reached their colourful crescendo. The amazing aeoniums popping up in the borders, which always look a little futuristic to me and reminiscent of George Orwell's 1984, will soon be returned to the glasshouses for their winter sleep.

The garden closes at the end of October so do visit soon while you can.

## There is still a family at the heart of York Gate Garden

**Gillian Smith**  
Heritage Volunteer

## Garden closing at the end of this month

The garden and plant sales will close on Sunday 30<sup>th</sup> October and will remain closed until April 2023, apart from our traditional Snowdrop Week in February. The café and shop will remain open for the rest of 2022 on the usual Wednesday to Sunday but with changed winter hours. The café will then reopen in January. Details of dates/times will be on our website and notice boards. We welcomed another new member to the team in September, Ellie. She and Sarah are our Nursery Assistants.

**Sally Latchford**

# Adel Gardeners

There was a lot of activity on the Friday evening and Saturday morning as I walked past Adel Methodist Church: people carrying in flowers, vegetables, cakes, plants, photos and paintings, together with examples of craft work. The outdoor tables were set out in the grounds, in a long 'L' shape and when I arrived on the Saturday, business was very brisk, and I quickly found myself helping, adding up prices in my head, all my old selling skills coming in very useful, and it was so good to see the number of interested people there. There was a couple of resident experts there to advise on planting and feeding ...so glad I wasn't asked; I belong to the 'Hope for the best', school of gardening.

At 2pm the doors were opened, and my partner and I walked round the exhibits. The body of the church had been given up to flower arrangements, fuchsias and orchids; the colour and scent was breathtaking. Moving on into the corridor the walls had some amazing photographic exhibits.

In the main hall there was so much to see it was hard to take it all in; vegetables, fruit, cakes, bread, flans, embroidery, painting, craft work, all displayed on long white-clothed tables. As people walked round, they were checking to see if they knew the winner ... or... if they happened to be the winner themselves. There was a



flash of silver from the bottom corner of the room with all the various cups on display for worthy winners.

In all it was a tremendous show, not just in the number of exhibits but in the number of visitors, not all local people. I asked Mary Snodgrass, Chair of the Society, her feelings about the show. She said, "It was a fantastic show, the quality of the exhibits was really high, and it was enjoyed by a huge number of visitors. So good to be able to get back to normal and hold a show again."

Rector Alison commented on Sunday morning how much she'd enjoyed the show, saying she thought church members had won most of the prizes. It reminded me of a little plaque my mother-in-law had which said, "You are nearer God's heart in a garden, than anywhere else on earth." So true.

**Jenny Jones**



**SATURDAY 1ST OCTOBER**  
**10am to 12.30pm**  
In Adel Methodist Church Hall

Free admission, but donations to Macmillan Cancer Support.  
Home made cakes and drinks available

# What's On

## Headingley Flower Club at Bramhope

Friday 7th October

'Autumn at your Door'

North East demonstrator

Elizabeth Goldwyn Bishop

7.30pm Bramhope Village Hall,  
Old Lane, Bramhope. LS16 9AZ

Contact Mrs Jean Money

Tel 01924 468714



## Adel Gardeners' Club

Monday 10th October

'Plants for Small Gardens'

Peter Williams

7.30 Adel Methodist Church

Visit website at

[adelhort.btck.co.uk](http://adelhort.btck.co.uk)



## Leeds & District Association of the National Trust

Tuesday 11th October

"Medieval Leeds"

with Professor Joyce Hill

St Chad's Parish Centre,

Far Headingley

Talks begin at 10.30 am with coffee

etc. served from 10.00 am.

Association members £4.00,

guests £5,

Refreshments by donation

## Adel Players presents

The Price

By Arthur Miller

Weds 19th to Sat 22nd October

7.30pm

at Adel Memorial Hall

In the decaying attic of a condemned New York Brownstone, a lifetime of furniture & belongings are piled up high; this building was once the Franz family home. Victor Franz enters the attic for the first time since his father passed away 16 years ago. His memories of living here over two decades return and when his wife Esther arrives, they share mixed emotions of those old times.

Victor's elder brother Walter arrives unexpectedly. The two estranged brothers have a lot of unspoken truths to uncover. There is also the question of how much all this old furniture is worth? Enter Gregory Solomon, the marvellously colourful & witty used-furniture dealer who will attempt to give the brothers a fair price ...

Arthur Miller, the consummate storyteller, takes us on a rollercoaster of a journey where the past confronts the present.

All tickets £10

Email: [boxoffice@adel-players.org.uk](mailto:boxoffice@adel-players.org.uk)

# Barry Anderson

## Speeding Vehicles and Off Road Motorcycles

Over the summer I have been receiving a number of reports of dangerous driving and off road bikes in the area. Particular concerns have been raised in respect of the streets on the west side of Otley Road. I am in regular contact with the Police for updates on the actions being taken to put a stop to these incidents. They have asked that residents report directly to the police at the time, as they may have a resource nearby who can attend. To report a crime, ring 101, but always dial 999 in an emergency and if a crime is in progress. Alternatively you can report online at: <https://www.westyorkshire.police.uk/report-it>

## Changes to City Square

For those who travel regularly into the city either by car or bus there are going to be major highways works on Leeds City Square. This will involve closing the road to general traffic which may affect your journeys into the city centre. The Council are transforming City Square into a more people-friendly area and work should have started on 4<sup>th</sup> September. I have received the update below:

"The traffic management works will divert all through-traffic away from City Square, and will be in place from 4

September onwards. To complete the necessary works, keep buses moving, and to ensure the safety of the public and workers on site, increasing levels of traffic management will be in place.

From Sunday 4 September, access will be restricted for general traffic approaching City Square from Bishopgate Street, with cars having to turn right onto Boar Lane and Mill Hill and exit the city back down Neville Street. Motorists who currently travel to their destination by driving through the city centre will need to consider using several diversionary routes instead, using junctions 2 and 4, off the M621 and the inner ring road.

Access to the Leeds City Railway Station pick-up and drop-off (Princes Square) will be from the west of the city via Whitehall Road and Aire Street and not through City Square."

## New Council Domestic Pest Control Service

Leeds City Council's Pest Control Service are launching a new 'In-house' domestic pest control service from 1<sup>st</sup> September 2022. The council currently operate an 'in-house' commercial pest control team, which provides both 'one-off' treatments and contracts to council partners and commercial businesses within Leeds. The new domestic service will operate with five fully qualified and experienced pest

control technicians and is expected to handle over 4,000 customer bookings a year. They will offer quick, safe and effective pest control treatments for a wide range of pests with one fixed payment for the entire treatment. The service is available to owner occupiers and all tenants, including LCC tenants. The service is also available to both private and social landlords.

### **Provision for Electric Vehicle Charging**

A recent question at Full Council was asking what provision the Council are making for on-street electric vehicle charging. The response was that the Council are committed to facilitating the development of on-street charging hub facilities to widen access to EV charging. This would be in appropriate locations that facilitate and support high utilisation, sharing use of charging facilities in public bays, rather than located outside domestic properties.

## **Billy Flynn**

### **Vaccinations**

The fourth round of Covid vaccinations is about to start and several GP surgeries are offering both Covid and Flu vaccines at the same appointment. Alwoodley Medical Centre is starting their programme around the beginning of October and you will be invited to make an

### **Relaxed Mowing Regime**

A lot of people have commented about the relaxed mowing, particularly around the Ring Road. This has been a hot topic all summer and attracts both good and bad comments including some about the signage. The Council installed 186 “Relaxed Mowing” signs, 187 “Pollinator Friendly” signs and 57 “Leeds Needs Trees” signs. The “Relaxed Mowing” signs are placed along suitable parts of the highway network and the “Pollinator Friendly” signs have been installed in areas where there were previously annual bedding displays which have changed to wildflower areas such as on many roundabouts. The idea was to create more wildlife-friendly spaces in the parks, verges and flower beds to support both wildlife and pollinating insects.

**Cllr. Barry Anderson**

[www.barryanderson.org.uk](http://www.barryanderson.org.uk)  
Direct Dial 0113 3367742

appointment, so please do not contact them. But don't forget our own Adel Pharmacy also provides Flu jabs which will be much more convenient for Adel residents. Please use our local services or we might lose them.

### **Adel Town Centre**

It's nice to see the town centre on Otley Rd being restored to something

like its former glory, particularly on the retail and restaurant front. The arrival of Dastaan, the new Asian restaurant complements the Tuana Mediterranean and Sorriso Italian restaurants, not forgetting Barney's fish & chips, Cranberries, Jafran, Cooplands, Berrys, Woodends, M&S and our old favourites the Lawnswood Arms and the Coop with possibly a new micro-brewery to come. Together with other businesses, offices and new flats, this is producing a vibrant centre on this section of Otley Rd. Slightly off the beaten track so far as Otley Rd is concerned, Adel also boasts York Gate Café and gardens in Back Church Lane. As with the pharmacy above, please do your best to support our local businesses, particularly as most are suffering from the current energy crisis allied with huge cost of living rises.

### **Energy and cost of living - OPAL**

Talking about businesses suffering from increased costs, I'm sure most residents are also feeling the pinch of the huge rises in fuel, domestic energy and the cost of living generally. You will all be aware of and the magnificent support OPAL provides locally. If you or anyone you know is struggling to cope, OPAL may be able to help and support. You will find OPAL's contact details elsewhere in the magazine under their OPAL Activities section.

### **Adel Beck Site**

Some movement at last on the new

Adel development on the Adel Beck site between Tile Lane and East Moor Lane. You will recall that the development will include houses, apartments, a care home and possibly a shop. There have been some minor changes from the original plans but nothing substantial. Planning permission is likely to be granted soon with building likely to start towards the end of this year or more likely at the start of 2023. Advent will be writing to local residents with more details of their plans in the near future.

### **Car Security**

Please note that at least two cars have been stolen recently in Adel without a break in or car keys being needed. Thieves are increasingly using scanners which can clone your keys from outside your house. There is a relatively simple solution: put your keys in a Faraday fob pouch. This blocks signals from outside the house. I understand that to add even more security the fob can be put in a tin, then put in a microwave, but whatever you do, don't switch the microwave on while the tin is in it!

If you would like further information on the issues above or anything else in the ward, please do get in touch.

Telephone 0113 4694785,  
07810640282 or email

[billy.flynn@leeds.gov.uk](mailto:billy.flynn@leeds.gov.uk)



### Jumble Crossword

#### Across

- 1. HAGGIS
- 5. STAND
- 6. OPALS
- 7. TRUSTY

#### Down

- 1. HASTEN
- 2. GLAMOUR
- 3. INDIANS
- 4. FLASHY

**Final Answer**  
POINTLESS



See page 58 for details



## A superb new care home



Adel Manor is now open. New Care has opened the doors to a stunning new care home, situated on Otley Road in Adel. Surrounded by countryside, Adel Manor is a peaceful place to call home.

The care facility offers outstanding person-centred residential, nursing, dementia and respite care services, combined with a comprehensive menu of daily activities designed to stimulate residents and encourage independent living.

There are 74 fully furnished bedrooms, each benefiting from an en-suite wet room, plus several stylish communal lounges, dining rooms and quiet reading rooms, as well as beautifully landscaped gardens.



For further information, or to make an appointment to view **Adel Manor** contact the team on **0113 841 1000** or email [enquiries@newcarehomes.com](mailto:enquiries@newcarehomes.com).

Adel Manor Care Centre Adel Gardens, Otley Road, Leeds, LS16 7FP  
[newcarehomes.com](http://newcarehomes.com)



Plumbing & Heating  
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 Outside Taps  
 Gutters & Drains  
 Radiators  
 Boilers & Servicing

Please call Matthew Riley on  
07368 608 902

or email  
[info.yorkshirepropertysolutions@gmail.com](mailto:info.yorkshirepropertysolutions@gmail.com)

### DOES YOUR CHILD NEED SUPPORT WITH LITERACY AND NUMERACY?



I offer tuition for 4-7 year olds, am experienced, patient and believe that learning can be fun!  
Police checked (D.B.S)

Please contact **Glenis Moss** on  
**07960 838116**



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## Musical Aire



Want to learn or improve saxophone, clarinet or flute?  
I offer day and evening lessons for adults and children in Adel  
Free taster session with no obligation  
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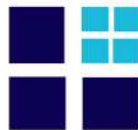
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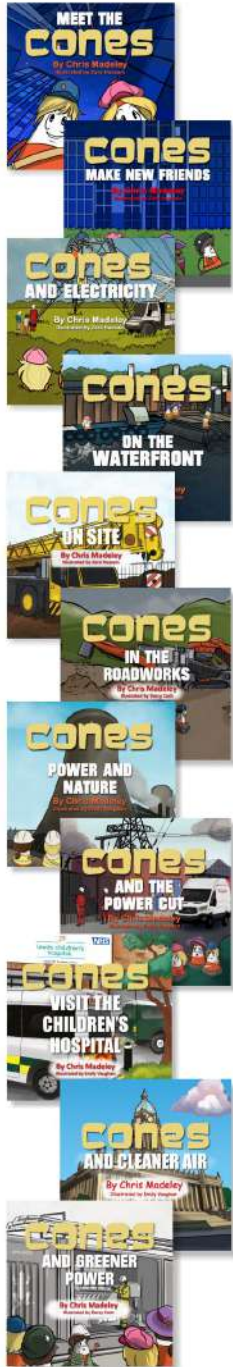
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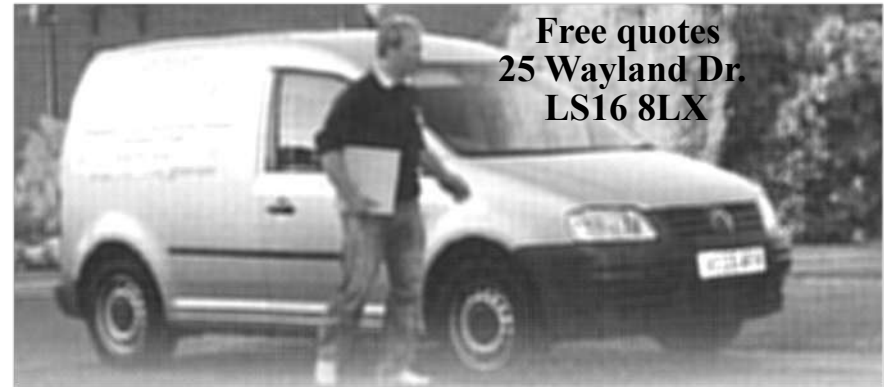
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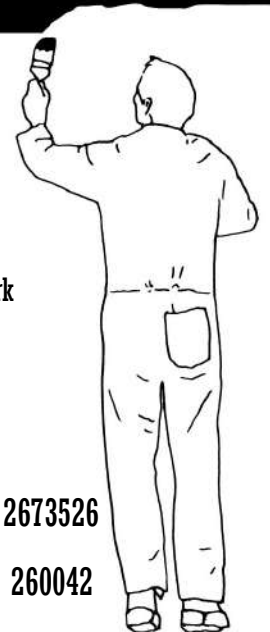
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For further information contact:

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## Church Services October

### Sunday 2nd

8.30am  
10am  
6.30pm

### Wed 5th

11am

### Fri 7th

1.30pm

### Sunday 9th

8.30am  
10am

### Wed 12th

11am

### Sunday 16th

8.30am  
10am  
6.30pm

### Wed 19th

11am

### Thurs 20th

3.15pm

### Sunday 23rd

8.30am  
10am

### Wed 26th

11am

### Sunday 30th

8.30am  
10am  
6.30pm

### Sixteenth Sunday after Trinity

Holy Communion (BCP)  
Parish Communion  
Evensong (BCP)

Holy Communion

J Js (for the under sixes)

### Seventeenth Sunday after Trinity

Holy Communion (BCP)  
Parish Communion

Holy Communion

### Eighteenth Sunday after Trinity Harvest Festival

Holy Communion (BCP)  
All Age Service with Communion  
Evensong (BCP)

Holy Communion

Holy Communion in the Stables,  
with tea & coffee

### Last Sunday after Trinity

Holy Communion (BCP)  
Parish Communion

Holy Communion

### Fourth Sunday before Advent

Holy Communion (BCP)  
Parish Communion  
Memorial Service

**Junior Church** is held during term time. The children start in Church at the 10am service with their families, they then leave with the leaders and, after their own input in the Stables, re-join the congregation for communion and the last part of the service

On the **3rd Sunday** there is a 10am All Age service, with communion, and children are welcome for the whole of the service in church.