



ADEL BELLS

Parish Magazine 70p

Harvest Festival



Celebrate Harvest Festival in Church and the Stables on Sunday 20th October
Details on page 22

October 2024

Rector Revd Alison Battye 25 Church Lane Adel LS16 8DQ
alison.battye@leeds.anglican.org 267 3676

Licensed Lay Minister Paul Barker 07306 282 827

Churchwardens Anne Andrews 32 Ancaster Road LS16 5HH 275 5585
anne.andrews@ntlworld.com

Alison Howarth Apt1, Garmont Court LS7 3RU 262 4622
ahowarth@hotmail.com

PCC Secretary Andy Neal 468 Otley Road, LS16 8AE 07415 424 964
adelpccsecretary@gmail.com

PCC Treasurer Bob Holloway 10 Adel Pasture LS16 8HU 267 9360
bob@hollowayassociates.co.uk

Safeguarding Officer James Moxon 07984164782

Planned Giving Helen Hallett 217 8845

Choirmaster Chris Cunliffe 267 6767

Funeral Verger Iain F. Welsh 267 9364

Assistant Funeral Verger Lucy Best-Shaw 217 2963

Flower Rota Hilary Taylor 2611941

Environmental Officer Thang Tang
adel.eco.church@hotmail.com

Wedding Verger Sue Smith 261 0349

Assistant Wedding Verger Gillian Batcup 267 7223

Local History Enquiries Val Crompton 225 9142
email: vjcrompton@ntlworld.com
27 Wayland Drive LS16 8LX

Adel St John School Head Teacher Mr Peter Dalrymple 261 1804

Parish Hall Bookings Loveday Loveridge 07974 321466

Adel Bells Editor Marjorie Cole 261 0069

Magazine Advertising Beryl Thompson 267 3875
beryl890@btinternet.com
10 New Adel Gardens LS16 6BD

Distribution: Sandra Lavery 261 2008

Website: Trevor Cole 261 0069

Adel Bells adelbellscm@gmail.com
(Please email copy by **10th of the month**)

Parish Hall Bookings adeloldstables@gmail.com

Church Website www.adelparishchurch.org.uk
Follow Adel Parish Church on Facebook or Twitter



The Parish Church of St John the Baptist, Adel
 Enquiries including Home Communion, Baptisms, Confirmation,
 Weddings, Funerals; please look at the church website
www.adelparishchurch.org.uk

Contents

Our Church

Rector Alison's Letter	6
For your Diary	7
Also in October . . .	8
Why I go to Church	9
In Brief	10
Letter from Lily	11
Harvest Appeal	12
Environmental News	13
My Church Journey	14
Church News	18
Harvest Family Activity	18
Harvest Lunch	22
History Walks & Talks	24

For your Interest

Adel Gardeners' Club	16
To Commemorate and	
Remember	17
Joyce Hill	19
Puzzles	20
Wordsearch	21
In Your Garden	23
OPAL	25
Holt Park Writers	26
York Gate Update	27
What's On	29
Barry Anderson	30
Billy Flynn	31
List of Advertisers	59



Adel PCC Members 2024–2025

Anne Andrews, Paul Barker,
 Lucy Best-Shaw, Bruce Buchan,
 Marisa Clayton, Marjorie Cole,
 Tina Gledhill,
 Bob Holloway, Alison Howarth,
 Sarah Johnson,
 Jenny Jones, Sandra Lavery,
 Sue Lawson, Loveday Loveridge,
 Andrew Neal, Mark Seaward,
 Carole Smithies,
 Mike Tunstall, Leanne Winfield

Magazine Editor

Marjorie Cole

Illustrators

Val Crompton
 Marjorie Cole

Parish Registers

Baptism

18th August

Florence, daughter of Anna and
 Stewart Brewer

Wedding

17th August

Karen Ackroyd and Darryl Jones

Funerals

17th July

Rona Towey

19th August

Malcolm Philmore

Burial of Ashes

6th July

Eileen Barker

15th July

Joseph Bedford

11th August

Evelyn Holmes

12th August

Emily Stewart

15th August

Colin Handley

29th August

Muriel Huntley

31st August

Keith Reynolds

Diana Reynolds

Burial

4th September

Kathleen Rex

Festivals & Feasts

18th October

Luke the Evangelist

28th October

Simon and Jude, Apostles



From Hymn 123, NHWS

Heav'n shall not wait
 for the rich to share their fortunes,
 the proud to fall,
 the élite to tend the least:
 Jesus is Lord;
 he has shown the master's
 privilege -
 to kneel and wash
 servants' feet before they feast.



Church Open for Visitors
 Monday and Saturday 1.45pm to 3.45pm



Part of Christ's family, welcoming everyone, sharing God's love and being a voice of hope

From the Editor

This month sees our traditional Harvest Festival, together with an opportunity to get together, enjoy good food and give thanks that we are able to do so. Sadly, not everyone is as lucky as we are. There is a need more than ever for us to be generous with our food bank donations and, as Alison pointed out recently in her sermon, we seem to have fallen behind since Covid times. We can bring food to church every week and it will be collected by Mark Baylis and taken to the food bank. Please check the advert on page 12 to see what they are most in need of. Every little helps.

As we head at full speed towards the winter months, we realise that it is a time of year full of cultural traditions. I urge you to look at the 'For your Diary' list on page 7 and make a note of those dates. There will be the annual Remembrance Sunday in November, but you might also be interested in coming to listen to a talk about the Commonwealth War Graves Commission (advert on page 17) on Saturday 9th November. You

will be pleased to hear that there is no charge for this event, so do come along and at the same time admire our poppy display outside of church.

And don't forget, you too can write something for Adel Bells. I regularly make this offer, but not many take me up on it. People like to read about other people and we have two contributors doing just that this month, so why not do the same yourself and tell us what you have been up to? You may think it's ordinary, everyday stuff, but the rest of us would like to know about it!

Finally, I leave you with a prayer.

God of mission,
You give fresh life to Adel Church
Send your Holy Spirit to give vision to our planning,
wisdom to our activities,
and power to our witness,
that we may grow
in love and commitment to you
in number of disciples
and in loving service to our neighbours
through Jesus Christ our Lord.
Amen

Marjorie Cole

Rector Alison's Letter

Dear Friends

As a family, we have always enjoyed holidaying in the British Isles. One old favourite is the top end of Swaledale. A new find has been the Rhinns of Galloway in the far south west of Scotland.

They are similar in that they are not heavily populated and are fairly remote from large towns and cities. Outside the tourist season they are quiet. The other common thread we've seen is the sense of community amongst those who live there, and how they come together to protect their countryside and way of life.

The Mull of Galloway, the tip of the Rhinns, is an amazing spot. There is the lighthouse, now run remotely from Edinburgh, keepers' cottages, and an important array of seabirds and plants. In 2012, the area was purchased by a community group, with the purpose of preserving the land and buildings for future generations. We also enjoyed the café, run by a local farming family!

We fell in love with upper Swaledale when our children were small. We often go at Easter when it is quiet. In summer it is busy with tourists staying in the many holiday cottages; in winter the population is tiny. This means that local amenities such as shops and pubs struggle to stay afloat.

In recent years two pubs at the top end of the dale have been bought out by the community to be run for the benefit of those who live there, as well as the summer visitors.

It is lovely to see communities coming together in this way to preserve something special to them. At Adel Church we were delighted to find this community spirit evident in the generous response we had from so many to our churchyard appeal. Thank you to all of you. The support from community and church members enabled us to secure some additional funding from the council and meet our goal this summer.

Dealing with diseased trees is an ongoing project, but if you walk through the churchyard, you will see that work on the most urgent has begun. This will be a big help as we work to keep the churchyard a safe and welcoming place for all, as well as a haven for wildlife.

At Adel Church we are a family of all ages who meet to worship God and work out what it means to be followers of Jesus in Adel today. We are also custodians of a beautiful church and churchyard which have been part of the community for centuries.

Anyone is welcome to any of our services; but if at the moment this is

not for you – we would still be delighted to see you at one of our ‘rake, cake and chat’ events where people gather to care for the churchyard, or our social events...do come along and say hello and help maintain this part of our community for generations to come.

With love and prayers

Alison

For your Diary

Sunday 20th October

12.30pm

Harvest Lunch in the Old Stables

Sunday 3rd November

6.30pm

Memorial Service in church

Saturday 9th November

2pm

Illustrated Talk on War Graves in the Old Stables
Free to attend

Saturday 30th November

10.30am

Christmas Coffee Morning
With raffle and stalls

Sunday 15th December

3pm

Concert by Leeds Guild of Singers

**Baby Loss Awareness Week
9th to 15th October**



We shall be participating in this event again this year. It is an opportunity for everyone to come together and commemorate our much-loved babies. Come to church in that week to see the display outside of church or to light a candle inside.



**Memorial Service
3rd November
6.30pm**

Our annual service of words and music, with the chance to remember loved ones by name and light a candle in their memory. The service will be followed by light refreshments in the Stables. Please put this date in your diary.

Everyone welcome.

Also in October . . .

Open Country

10.30 - 3.30

in the Churchyard

Tuesday 8th October

Tuesday 15th October

Welcome them & watch the action!

Bible Study

10 am in the Stables

Thursday 10th October

Thursday 24th October

Rake, Cake and Chat

9.30 am

in the Churchyard

Saturday 5th October

Harvest Lunch

Sunday 20th October

12.30pm

In the Old Stables

See p.22

Prayer Meetings

10am every Wednesday

In church or at home

Praying this month for:

PCC

Social Committee

Those who wash linen and prepare for Communion

Why I go to Church

Fellowship - that was the word I needed

A while ago Alison asked some of us to think about why we came to church. I immediately thought, well I've always gone to church, from being a little girl, both going to Sunday School and going to St Mary's Church, Beeston. That led me on to think "Is it a habit?" "No, I thought, more a part of my life". Yet there have been some interruptions.



As a student in Liverpool my church going was intermittent, a service at the church in Pierhead and occasional visits to the Anglican Cathedral. During my year in London I lapsed completely.

Then why did I keep going back? After St Mary's it was Adel St John's, then Holy Trinity Cookridge for the first twenty five years of marriage, where I was a member of the Mothers' Union, before a return to Adel St John's.

My memories took me back to happy teenage years at St. Mary's where I belonged to the Youth Fellowship. That was the word I needed, "Fellowship". Going to church in fact means being part of the Church family which offers love, friendship and support. People always there to offer a friendly word, help if needed and kindness always.

That led me to my next word "Worship". How much better it is to have that fellowship surrounding you when you profess your faith and join others in praying, singing, discussion and of course the Eucharist. I do like the 10am service which combines all of these. Thus my favourite elements of worship are part of my Sunday. Occasionally I admit to leaving home with a heavy heart but always returning more happily with a skip in my step ready to face another week.

Finally, it is important to add how reassuring and uplifting it is to see Alison standing there helping us all in so many ways; someone I feel I can turn to if I am in need of help.

Anne Dixon

Shared joy is double joy; shared sorrow is half a sorrow. (Swedish proverb)

In Brief

In our churchyard

'Rake, Cake and Chat'

Our churchyard volunteer mornings will take place on **5th October** and **9th November**. Come along, have a natter while you work, with coffee and cake for your reward.

Meadow Mowing

The charity 'Open Country' are coming to mow the churchyard meadows on Tuesdays 8th and 15th October, 10.30am to 3.30pm. Please take this opportunity to pop along, offer a welcome and watch the action. That would be lovely. Many thanks

Sarah Johnson
07967-181950

Vacancy for school governor at Adel St. John's

I have been asked to help find a Governor to fill a vacancy on the Governing Body at Adel St. John's. The Local Authority have one position on the Governing Body which is currently vacant. If you would like to be considered, please let me know and I will be able to send the details of how to take this forward. I have been in touch with the Head Teacher and Chair of Governors and we are trying to find someone willing to take this on. It is a very rewarding role and if you have an

interest in young people's education and have any particular skills that might be helpful to the school, for example in finance, special educational needs, other curriculum subjects, please consider if this might be something that would interest you. Thank you

Barry Anderson

Direct Dial 0113 3367742

100 Club

June

Sylvia Wanless £80
Scott Johnson £40
Eric Wells £30

July

Mark Seaward £80
James Moss £40
Kath F-Welsh £30

August

Chris Madeley £80
E & R Hobson £74
S & H Johnson £61

Congratulations to all winners! There is still one place left in our 100 Club.



Letter from Lily

Hi Everyone!

I hope you had a good summer and managed to get away on holiday. Some of my family went away so we went to look after my, whatever he is, some sort of cousin, I think. I like playing with Elvis – he's so easy to wind up, I pinch his toys from him but he's very good at chasing!

Hey! I've had my first birthday! I like birthdays! I got a new pink lead to match my harness, had a lovely piece of fresh salmon for my dinner and got a card! Don't know what I'm supposed to do with *that*, but it's the thought that counts!

Now I am getting better at being a 'good dog' my Mum and Dad let me off my lead when we go to the Bedquilts. I say 'let me off,' they still leave my puppy lead attached to me, but take off the extending lead so I can run about on my own. I suspect this is my own fault as the first time I thought it was a very good game not to come back to them when they called me. It took them ages to catch me – what a laugh – but they didn't seem to get the joke. I used to come near them, crouch down so they would think I was being good and then shoot off away! Now they stamp on my trailing puppy lead and so that I can't run away.

Last time we were on the Bedquilts I

saw a new finiminon, that's not right – I'll try again: ferminomon, getting bored now, one last try finomonon. Whatever – you try! Anyway, I saw these big circles of soil piled up on the grass. My Mum explained to me that a little creature called a mole made them. Why? So untidy. I don't believe it is a 'little creature,' I think it's a thumping great big one so I'm quite prepared to be scared. I'll tell you something which *did* scare the fluff off me! We were out walking and a van stopped across the road from us, a man got out and went to deliver a parcel (I like parcels, you never know what's inside!). Next thing, the van started barking – well, I can tell you, I just shot away! Our car never barks. In fact, I've not come across any other vehicle which barks, so be very careful when you're out and about – get ready to run.

Now I've had a birthday I can do longer walks, my legs are stronger and my Mum thinks I'm fully grown One of my favourites is to walk over to the churchyard – oooh! The smells and sniffableness! It's wonderful! So now my mission for this next month is to find out what happens *inside* the church. I know lots of you go every week, so it must be something very interesting and important: I'll let you know.
See you soon, with woofs and lix,

Lily xx

HARVEST APPEAL

HELP LOCAL PEOPLE FACING HARDSHIP

We are seeing an ever-increasing need – but a reduction in vital donations. By donating this Harvest, you can support local people facing hardship.

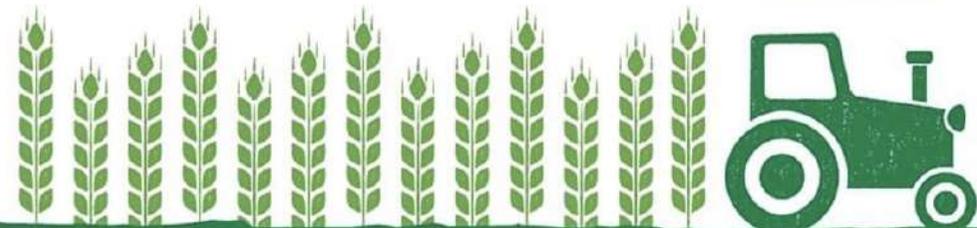
As Alison said:

"Recently I realised bringing regular offerings for the Foodbank had fallen off my radar...I think that's true for many of us. It would be lovely if we could get back to pre-covid levels of giving.

Food can be left round the front at the back of church. Mark delivers it to the foodbank for us.

TOP FIVE ITEMS NEEDED THIS HARVEST

Tinned Meat
Tinned Vegetables
Tinned Tomatoes
Tinned Fruit
Tinned Spaghetti



Environmental News

WEEE! For recycling old tech!

Autumn is here, and last month, Apple held its annual product launch, showcasing the new must-have iPhone 16.

As technological advancements continue to accelerate in the 21st century, the disposal of outdated or damaged electronic devices has risen exponentially. The UN estimates that 62 million tonnes of electronic waste was produced in 2022, enough to fill 1.55 million trucks, up 82% from 2010. E-waste Day, which is this month on the 14th, is a global initiative that aims to raise awareness about the environmental and health risks associated with improper e-waste disposal and promote sustainable practices.

Electronic devices, especially batteries, contain various hazardous materials, including lead, mercury, cadmium, and chromium. When these devices are discarded in landfills, incinerated, or sent abroad, these toxic substances can leach into the environment, contaminating soil, water, and air. This poses serious health risks to both humans and wildlife.

Our electronic devices also contain valuable materials, such as gold, silver, palladium, copper, and other rare earth elements. These materials can be recovered to be used again, rather

than just throwing them into our black bins, which we mustn't do anyway! This not only reduces our reliance on new mining operations but also offers a solution to the e-waste problem.

SO.. what can we do?

One of the most effective ways to reduce e-waste is to extend the lifespan of electronic devices. This can be achieved by looking after our devices, maintaining them and repairing them when we can. Gone are the days of having a different charger for every device; this year sees the introduction of the common charger directive requiring all small devices like phones, tablets and cameras sold to have the same charging connection, with laptops joining this list in 2026.

Along with this, manufacturers are now required to make spare parts available to the public, extending the life of their products. If the device is no longer cost-effective or repairable, please recycle it properly. The WEEE (Waste Electrical and Electronic Equipment) is a regulation that reduces the amount of electronic equipment going to landfills or being incinerated. Holt Park ASDA has a small WEEE recycling bin and larger equipment can be taken down to the Household Waste sorting site on Meanwood Road.

In conclusion, do you need that new iPhone 16?

Tang x

My Church Journey

Part time organist

The most important decision I have to make on a Sunday morning is what to wear. It gets very nippy behind the organ console in Winter and not much warmer in summer! Thermals required or not?

It's a few years since I started coming to Adel St John's. One Sunday I was asked if I could play as they were short of an organist and the story goes on from there. I studied music and taught that in both Peterborough and Leeds, as well as other subjects too numerous to mention!

As a child I lived in Elsecar, South Yorkshire, and went to Congregational Sunday school, at Uni it was Methodist Church and Evangelical Church of England, Methodist again in Cookridge before being confirmed at St Paul's in 1985. I was on both Deanery and Diocesan Synod whilst at St Paul's and then became Lay Chair of the Deanery. This was a tough time as I was 'running solo' for some time as we had no Area Dean as he moved to another Deanery. (No secretary either!)

Whilst at St Paul's I was responsible for the music, the choir and the Sunday band. I moved to Adel St John's sometime after St Paul's developed a more Evangelical approach to worship;

I preferred to be able to follow the liturgy we were using at St John's.

So, what is involved in preparing for the music on Sundays? I am sure you appreciate that being a pianist I do not play the organ using the pedals! (Did you notice that? I guess my feet just won't reach that far!) The hymns are chosen a few weeks before by the committee, usually based on a theme for the day. It's not always easy to find the right hymns with the right tune but we do deliberate and try to make a good match. We always try to introduce the congregation to new hymns to extend our repertoire. I always practise the hymns on the piano at home so I know what they should sound like and try to avoid making a complete mess of the tunes. Then I am ready for Sunday morning.

Would you believe one of the problems is opening the organ? Luckily someone is usually there to do it. (They are therefore at risk of trapping their fingers rather than me, as I might need them that morning!) I am fortunate that the organ stops are set by Paul and I do not have to pull stops in and out to make different sounds; I guess you could be very surprised at some of the combinations I might inadvertently produce.

During the service one has to be alert when following the service booklet for

Please support our advertisers and mention Adel Bells

any changes. Which piece of paper, hymn book or extra music do I need next? (Where have Junior Church got to? How many times do I have to play this piece before they arrive?) It's also necessary to make sure the choir know about any changes, especially when the words are on one page and the tune on another or even in another book! It is lovely to hear the choir harmonising, and I just hope that their harmonies fit with the notes I play!

Music for me is one way in which I worship and there have been various music milestones in my life related to my faith; I was at Platt Fields, Manchester, when Revd Michael

Baughen (later Bishop) was introducing the world to 'Youth Praise' and I feel so privileged to have been part of that event which was the forerunner of so many of the songs/hymns we sing today.

I am happy to serve my church through the music I provide and hope to continue to do this in the future, especially as Paul will have more demands on his time now that he is a Licensed Lay Minister.

Betty Pearson



Adel Gardeners' Club

Annual Flower & Produce Show

Adel Show is one of the foremost Flower and Produce Shows in Leeds, where visitors can browse wonderful displays of flowers, floral art, vegetables, fruit, cookery, photography, arts, and crafts and this year was no exception. What a fabulous show, so many exhibits despite the appalling weather conditions during the months of preparation and a record number of visitors. Together with a Cake stall and Plant stall there is always something for everyone.

But a show like this does not just happen and we are fortunate to have a small army of volunteers (we are always happy to welcome more) to ensure the 'Show goes on.'

So, what does it take to deliver a show each year? Preparations for the next show start as soon as the last show has finished. The dedicated show committee get together to discuss what went well and what we can improve on for next year. Each member of the committee has responsibility for one or more aspects of the show: Event safety, community impact, booking the church, tables etc, booking judges, sorting cups, awards and sponsorship, advertising, drafting and printing schedules and documentation, catering, preparing

the halls and display tables, the list goes on and on.

All the activities are brought together by the Show Secretary who is responsible for making sure everything is in place before the exhibitors arrive to display their exhibits on Friday evening / Saturday morning show day.

Once the building closes for judging on the Saturday morning, the halls become a hive of activity. Judging and the calculation of results is undertaken, the award cards written and displayed against the winning exhibits and preparations for the opening of the show completed so that when we finally open our doors at 2pm everything is in place for you to enjoy the show.

Our president officially opens the show at 2.30pm and presents the Cups and Awards to the worthy winners. Our treasurer is also available to hand out the class prizes. Finally, the church and hall are cleared and left ready for their next event and all Club equipment returned to storage until next year.

Things have not always been straight forward, as you might expect. We have dealt with covid restrictions, missing judges and a cabbage so big it wouldn't fit on the tables. But the teams have always risen to the

occasion and sorted the problem.

I have been involved with the show for several years, the last six as Show Secretary and it has been a pleasure, albeit hard work at times. This year will be my last as secretary, but I know I am leaving the show in the capable hands of my successor, Clare Robins, and the show committee. I would like to thank all the members of the committee both past and present; they are the real stars, for without all their hard work there would have been no shows.

Mary Snodgrass
Show Secretary



The Story of the Commonwealth War Graves Commission'

'To Commemorate and Remember'

2pm in the Old Stables

An illustrated talk by a volunteer CWGC Speaker

The CWGC is a global organisation, caring for war graves and memorials at 23,000 locations in more than 150 countries and territories. The CWGC commemorate almost 1.7 million individuals who died during both world wars so that they, and the human cost of war, are remembered for ever. The talk will take you from the creation of the CWGC in WWI to present day: maintaining the sites, building new memorials, searching for missing names and amending records, and conducting reburials and rededications.

No need to book. No admittance charge.

Church News

Churchyard update

As Alison has said in her letter, we had a generous response to our churchyard appeal. Over £10,000 was raised from donations large and small. Given the size of our community response, our local councillors helped us secure a "match funding" grant for a further £10,000 which means that we now believe that we have sufficient funds to undertake the necessary work.

Many thanks to everybody involved.

Mike Tunstall

Last year's charity donations

St Anne's Community Services
USPG

Progress to Change

Wheatfield's Hospice

Christians Against Poverty

St Gemma's Hospice

Martin House Hospice

Emmaus Leeds

The Governors of Adel St John's

Caring for Life

St George's Crypt

Lighthouse (WestYorkshire) St

George's Church

Kids in Kampz

Children's Society - Half of the Crib

Services collection.

Apologies that this was not included in an earlier issue of Adel Bells
Editor

Harvest Family Event

Saturday 19th October
in the Old Stables
2pm till 4pm

Children, bring your grown-ups to join in with an afternoon of Craft activities, including making a Saltdough Wheatsheaf, a Thanksgiving hanging display and a Sunflower of thanks.

Have a go at juggling a pumpkin and play a Harvest Themed target game and lots more.

There will be a short service in church followed by refreshments in The Stables.

Please bring a donation of a non-perishable food item if you are able to.

Please contact **Karen Baylis** if you would like to know more.
karen_baylis@hotmail.co.uk

Words from Joyce Hill

Teresa of Avila

The feast-day of St Teresa of Avila is on 15th October: an unlikely inclusion as she was a heroine of the Counter Reformation, when the Roman Catholic Church mounted a vigorous response to the Protestant Reformation's fragmentation of Western Christendom. Her spiritual experiences were utterly different from the new reformed tradition: a physically vivid and almost erotically intense relationship with the divine. Bernini captures this in his sculpture of her in a state of swooning ecstasy, dressed, of course, in her habit as a Carmelite nun.

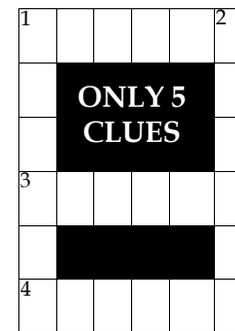
We understand why she is included as 'Teacher of the Faith'. It's a selective view of her, but justifiable because she was a woman of strong character, great organisational skill, immense practical ability, and was blessed with spiritual insights which she articulated in a number of influential writings. She was canonized only forty years after her death. Then, in 1970, Pope Paul VI declared Teresa of Avila and Catherine of Siena to be Doctors of the Church, recognising that their teachings put them on a par with such towering figures as Augustine, Jerome and Gregory the Great. They were the first women ever to be granted this title. Teresa is in particular recognised as the Doctor of Prayer, i.e. the Teacher of Prayer. Theresa's

writings opened up an understanding of prayer in its very many forms and stages, from meditation on the one hand to ecstatic union with Christ on the other. Her insights have been highly influential in many contexts and traditions, which accounts for her inclusion in the Common Worship Calendar as 'Teacher of the Faith'.

Teresa was born in 1515 to a Jewish family which had converted to Christianity in her grandfather's time. In 1533 she entered the Carmelite monastery of the Incarnation in Avila. In 1555, when praying before a statue of Christ being scourged, she committed to a life of striving for perfection. She went on to found a community which strictly observed the primitive rule of the Carmelites and thus established the order of the Discalced Carmelites: Carmelites which showed humility by not wearing shoes. St John of the Cross was her great ally in these reforms, and they became joint-founders of the Discalced Carmelites.

Teresa established twenty new foundations for women, with St John establishing as many for men. With Papal approval she extensively travelled throughout Spain, setting up these new foundations. Her writings were produced in obedience to her confessors during this period. She was setting up a new foundation in Burgos when she died in 1582.

Puzzles



ACROSS

- One who regrets accepting Doctor of Divinity as guide
- A free family member
- Rising, as lover does over time

DOWN

- Fix up couple again
- Mammal's lair covered with rubbish



Solutions on p58

Mystery Word

Each pair of words shares 2 middle letters. The first has been filled in for you. Complete the remaining words to find the 10 letter mystery word reading from top to bottom.

LO	CA	TE
DE		NT
FA		US
HU		UR
ST		FY
FL		FY
GA		XY
MA		DY
DI		ST
RE		NT

Capital Cities

R	B	A	A	F	C	A	R	D	I	F	F	D	D
C	A	N	B	E	R	R	A	K	R	D	U	D	C
B	R	R	M	O	S	C	O	W	A	S	C	E	B
E	B	E	R	L	I	N	N	A	S	O	A	N	R
D	A	U	E	L	L	M	O	K	A	B	I	L	A
I	E	P	N	D	U	E	A	M	F	I	R	J	M
N	N	R	R	F	R	O	O	I	D	B	O	U	S
B	P	A	R	I	S	A	D	E	Y	O	I	B	T
U	A	C	N	B	F	R	U	M	A	R	E	L	E
R	N	K	Y	I	V	R	B	A	M	I	E	J	R
G	N	M	L	A	W	D	L	D	L	A	M	A	D
H	E	L	A	F	O	U	I	R	G	N	O	N	A
J	I	A	R	O	A	A	N	I	K	I	R	A	M
E	V	R	O	M	B	D	R	D	N	N	D	E	I

Can you find the following capital cities in the wordsearch?
In addition, do you know which countries they are the capitals of?

NAIROBI, KYIV, ROME, MADRID, CAIRO, DUBLIN,
MOSCOW, VIENNA, PARIS, AMSTERDAM,
EDINBURGH, LJUBLJANA, CANBERRA, BERLIN,
CARDIFF

Answers to which countries are they the capitals of - p 54

SUNDAY 20th OCTOBER



12.30 FOR 1PM START

IN THE OLD STABLES

A 2 course meal will be on offer for £12.50 per person
and wine and soft drinks will be available
for a donation

Here is a hint of what might be on offer:

- | | |
|---------------------------|------------------------|
| Chicken Casserole | Apple Strudel |
| Lasagne | Treacle Sponge |
| Cassoulet | Fruit Crumble |
| Moroccan Vegetable Tajine | Custard |
| Cauliflower Cheese | Chocolate Profiteroles |
| Dauphinoise Potatoes | Cheese & Biscuits |

Please email adelparishchurch@gmail.com if you would like to reserve, or speak to one of the Social Committee by 9th October. You will be asked to pay in advance.

In Your Garden

"October is the fallen leaf, but it is also a wider horizon more clearly seen" - Hal Borland

Judging by the number of spiders making their way into the house at every opportunity, autumn is clearly well underway. Mists and mellow fruitfulness may arrive early or late, but so too might the drizzle, gales or (here's hoping!) some late sunshine.

There is no escaping the shorter days, so there is less time available to appreciate those remaining autumnal jewels and to get on with those seasonal jobs. There will be plenty of dead or dying plant material requiring your attention, and despite the number of spiders now indoors, there will be spiders' webs everywhere outdoors!

October is an ideal time for moving and planting trees, shrubs and climbers, as well as for hedge planting. Bare-rooted deciduous trees and shrubs, as well as root-wrapped evergreens, become available towards the end of the month, so you could think ahead and prepare the ground for them now. They are much cheaper than the containerised plants for sale in garden centres and are the perfect choice whenever large numbers are needed - perhaps for a new boundary hedge, woodland or a rose bed. It is also a good time to divide and split perennials. Almost any



thriving plant in your garden could be dug up with the roots intact, lifted and then the root ball spit by either using a spade to slice through, or by using a pair of forks to prise the roots apart, in both cases ensuring there is a piece of the plant with the root. These smaller plantlets can be immediately replanted elsewhere as you wish, or best of all traded with friends! This is by some way the most reliable way of securing healthy new plants.

It is probably your last chance to trim hedges if you prefer to keep them looking tidy over the winter. It's also a good time to prune climbing roses and for deadheading those faded blooms around the garden.

George Turnbull
enquiries@adelgardencare.co.uk
www.adelgardencare.co.uk

History Walks & Talks

Adel Conservation Area Walk

On Monday, 9th Sept, a group of 17 of us (plus a baby in a pram) met at the Stables. We started at Adel Old Rectory, at the grand Georgian frontage (now a private house) which together with the Stables, were built in the 1760s: both are Grade 2 listed.

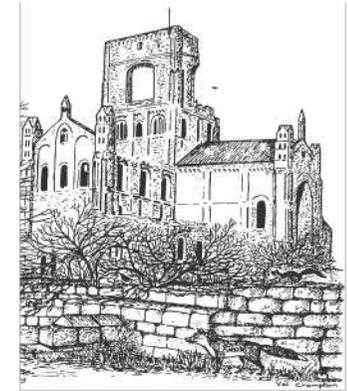
Then we followed the footpath to York Gate and the Golf Club House, both part of the Conservation Area. We walked across the YG meadow and into the field which borders Stairfoot Lane.

The boundary of the Conservation Area is Adel Beck and Stairfoot Bridge, which is also Grade 2 listed. We stopped at Dinah's Cottage, then continued up Long Causeway and across the school footpath to Glebe Cottage, Church Lane and the Old Smithy. Then back along Church Lane to the Old School, Adel War Memorial Boulder and back to Adel Church—the only Grade 1 listed building in Adel.



Many thanks to Wendy Grisedale for her help on the walk, and to Hilary Taylor and the church sitters.

The 1152 Club



This usually meets once a month on Tuesdays at 10am - 11.15am, during term-time at Abbey House Museum

**Next Meeting : 8th Oct
Malcolm Johnson,
Historian, 'The 1980s'**

Free parking near Abbey House. This is a free, local history group for adults aged 55+, & includes a hot drink. No booking is needed.

Patrick Bourne
Kirkstall Abbey, LS5 3EH
For details, **0113 378 4079**
Kirstall.abbey@leeds.gov.uk

or contact **Val Crompton**

OPAL Activities

After an unpredictable Summer weather wise, we are definitely into Autumn and the nights are getting darker but there is always a bright and warm welcome at the Welcome In Community Centre for all our members and the whole community. After a fantastic Community day on 7th September (when even the rain did not stop the fun) where we saw lots of new faces, we are well underway with the planning for our annual Christmas Fayre which is to be held on **14th December**. The Christmas Fayre is very popular and if you are interest in having a stall at the event please call OPAL on 01132619103 and ask to speak to Ellen or email ellen@opal-project.org.uk

Our annual AGM is on **Friday 11th October**. On the same day we are running a flu vaccination clinic. If you are interested in either attending the AGM or the flu vaccination clinic please call OPAL on 01132619103 and speak to a member of staff.

Our next hearing aid clinic is on **Friday 25th October** 12-2pm this is a drop in clinic for NHS patients. At the clinic we can change batteries, provide replacement tubing and service your hearing aids, please make sure you bring your white or yellow NHS card with you. Please be aware there may be a slight wait to be seen.

We now hold a bereavement café **every Monday** for any member who has had a bereavement. The café runs from 10:30am until 12noon; there is no need to book; these sessions have proved invaluable to our members as they go through a difficult time. If you think this may be for you please call OPAL on 01132619103 and ask to speak to Sally-Anne.

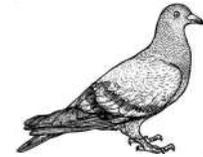
Our trips continue throughout the year and in October members are going to Tropical World followed by a carvery lunch. This sounds like it will be a great day no matter what the weather is like (Tropical World certainly lives up to its name). Our men's group will be visiting the Royal Armouries to see their amazing collection of arms and armoury from across the world. Our regular shopping trips continue and offer a chance for our members to get a few early Christmas presents on **24th October** from Pudsey Owlcotes. Please call us if you are interested in going on any trips.

If you would like more information, please contact us on 01132619103, email admin@opal-project.org.uk or call in to speak to us at the Welcome In Community Centre (55 Bedford Drive, LS16 6DJ).

Shelley Clark
Project Worker

Holt Park Writers

An Unexpected Visitor !



An unexpected visitor came to call,
not very big, in fact he was small.

Small in stature but gave much grief,
his chest puffed out
as he stamped his feet.

Terrorising my good wife, as he
flapped around with all his might.

But once inside he couldn't escape.

Which wasn't good,
what would be his fate?

Down the chimney he did fall,
stuck behind the gas fireplace
at our beck and call.

First a wing and then a beak,
the odd coo - he had a cheek.

A gas fire engineer
was then dispatched

to remove the fire and make it
detached.

Can you- meaning I, catch the bird -
so it doesn't fly?

A plastic box I did fetch,
as the engineer got out his wrench.
Ready I stood poised,
positioned the box,
oh what a noise!
I beckoned the pigeon into the box,
closed the lid and covered this
with a large cloth.

Once inside - I ran outside,
opened the lid and away he flies!
No thanks from him,
but much relief, not even a word to
say goodbye.

At least the culprit lives to fight
another day.

Over the chimney a cowl will be fit so
thanks for that -
we shout hurray!

David Blakeley

York Gate Update

“Autumn colour is so very exciting. It can vary so much from year to year and the colour changes so much from day to day.... it is so fleeting, at least in Yorkshire.” Robin Spencer.

All around the garden are flickerings of colour from the dying embers of late summer flowers, while some autumn favourites like asters, rudbeckias, heleniums and eupatoriums now take centre stage. By contrast, in the White Garden, thanks to constant dead heading, the flowers remain fresh and seem almost ethereal. Here you may also see the delicate flowers of cyclamen peeking out from beneath the ground.

The leaves on the trees are changing colour too – some to jewel-like scarlets and yellows or, in the case of the magnificent Burning Bush, *Euonymus alatus*, seen by the driveway, to a stunning rosy crimson. As the end of the season approaches, leaves are covering the garden in a carpet of many colours and although the chief contribution of colour may be brown, there are so many different shades of brown from chocolate and copper to burnished gold.

In the meadow too, all is changing. The summer grasses have been cut, a magnificent beech is turning golden yellow and the red berries on the Swedish whitebeam glisten in the soft autumn light.

The autumn months are magical because the colours and light levels are different; the garden seems to relax and there is a melancholy in the cool, often damp, air. October is the last month that the garden will be open to visitors this year, so do come along and enjoy its swan song.

At the beginning of the year, it seemed there was no let-up in the rain for days on end and there has been no shortage of summer rain between the sunny days. It has proved a challenging time for all gardeners, so I would like to say a big thank you to all the garden team for making York Gate such a beautiful and restorative place for us all to while away a few hours admiring all their hard work!

Brittle leaves of gold and brown, zigzagging, floating, fluttering down, patterns of light and shade, of such to me is Autumn made.

Gillian Smith
Heritage Volunteer.

Although the Garden will be closed to visitors from November, the Café will remain open for home-made meals and delicious cakes. The shop too will be open for an exquisite range of garden-themed Christmas cards, gifts and decorations.

DINE WITH US IN THE

Granary Restaurant



Breakfast

Served from 9am - 11.30am

Choose your favourite from our extensive breakfast menu, including yoghurt & granola, English pancakes, Full English Breakfast plus many 'farm fresh' egg dishes using our own free range eggs!

Lunch

Served from 12 noon - 3.30pm

The beautiful barn is a great place to meet up with friends for lunch. Check out our homemade daily specials, as well as our 'farm favourites' on the menu and homemade delicious desserts.



Afternoon Tea

Served from 2.15pm - last booking 2.45pm

Our locally renowned Afternoon Teas are great value. Your 3 tiered stand arrives filled with lots of seasonal homemade tasty treats including our signature fruit scone served with jam & clotted cream and unlimited Yorkshire Tea or Americano Coffee.



OPEN MONDAY - SATURDAY 9AM - 4PM

To view our menus and book online visit www.craghousefarm.com

Crag House
FARM

Crag House Farm - the home of Caring For Life • (0113) 230 3618  
Otley Old Road, Cookridge, Leeds LS16 7NH • www.craghousefarm.com

What's On

Headingley Flower Club at Bramhope

Friday 4th October, 7pm
'Flowers from a Big House'

Linda Hardman
Bramhope Village Hall,
Old Lane, Bramhope. LS16 9AZ
Contact Mrs Jean Money
Tel 01924 468714

Leeds & District Association of the National Trust

Tuesday 8th October
'Travels in Tibet'

Professor Joyce Hill

Tibet has a unique culture and a strikingly distinctive location on a high and massive plateau in the Himalayas. It was seized by China in the 1950s and has since suffered from repression. But it does what it can to preserve its distinctiveness, as Joyce saw when she visited it a few years ago. Her talk will set Tibet in its geographical and historical context and give us a flavour of what Tibet is like today.

Talks begin at **10.30** am with coffee etc. served from **10.00** am.

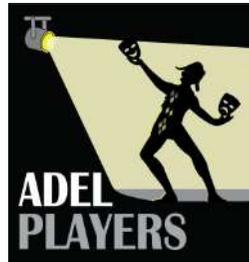
Guests £7

Refreshments by donation

Adel Gardeners' Club Monday 14th October

'Top 10 tips for the Autumn Garden' (Zoom in the Church)
Martin Fish

7.30pm at Adel Methodist Church
<https://adelhort.chessck.co.uk/>
Martin studied horticulture and became the youngest head gardener in the country. He then started his own landscaping and nursery business, writing a regular column for Garden News as well as running 5 Harrogate Flower Shows.
He will be sharing his top 10 tips for an Autumn Garden



Wednesday to Saturday 16th to 19th October, 7.30pm 'Accidental Death Of An Anarchist'

by Dario Fo and Franca Rame
Based on a true story, this satirical comedy has been an audience pleaser since it was written in 1970. Now in a bang-up-to-date version adapted by Tom Basden, it has recently enjoyed a successful run in the West End. When a self-confessed maniac is taken into police custody all hell breaks loose in this riotous, irreverent, fast paced satirical comedy.

To book tickets, please email
boxoffice@adel-players.org.uk.

Barry Anderson

Shaw Lane traffic lights

I have received a lot of comments about the new layout at the Shaw Lane traffic lights in Headingley and the delays that are being experienced by drivers there. The Urban Traffic engineer said: *"The scheme has delivered significantly improved pedestrian facilities as well as protected cycle infrastructure on the southbound approach."*

There were some issues that have now been resolved. However, it should be noted that delays at this junction are to be expected during the morning peak. There is a high volume of pedestrians in that area and it is important to protect bus journey times beyond this point on the corridor where there are no bus lanes. We will continue to monitor the situation and make adjustments as appropriate."

Trees

If you have trees overhanging your garden from neighbouring properties, under common law, you can prune back branches subject to conditions including the following: Branches can only be pruned back to your property boundary and not beyond; Pruning must be undertaken from your side of the property; You cannot access the tree to undertake any of your works; in law, you should offer the pruned branches back to your neighbour; you must avoid damaging the tree, other property or leaving the tree unsafe.

Work should be carried out to British Standard BS 3998: 2010 Tree Work – Recommendations; You cannot alter the height of trees or hedges on neighbouring land; All applicable environmental and wildlife legislation must be adhered to (e.g. legislation protecting nesting birds and bats). This is only on trees outside a Conservation Area and if the tree has no Tree Preservation Order (TPO) placed upon it.

Flu clinic at OPAL

On 11th October, OPAL are hosting a flu clinic 10am – 3pm at **Welcome In** for anyone who meets the criteria to receive the free flu jab. **Free transport is available to OPAL members.** OPAL is at 55 Bedford Drive, LS16 6DJ.

Obstructed footpaths

I get a lot of complaints about footpaths with obstructions from hedges/bushes/foilage emanating from private land. I asked a question about this in Council; the answer I got is: *"Where vegetation from private land overhangs a highway or any other road or footpath to which the public has access so as to endanger the passage of vehicles or pedestrians, the Council's Cleaner Neighbourhoods Team (CNT) will and does use powers set in legislation (Highways Act 1980) to serve notice on the land owner to lop/cut the vegetation"*

to remove the cause of the danger, obstruction or interference.

The legislation sets out clear requirements in terms of fair notice and timescales. Appropriate arboricultural consideration must also be given during bird-nesting season, for example. Where appropriate, Parks and Countryside take the lead in issues relating to how trees on private land affecting the highway are best resolved. Ultimately if the vegetation is overgrown and meets the criteria in the legislation, CNT can and does undertake work in default and seek to recover costs from the landowner where notices are not complied with."

Missed refuse collections

I also asked a question about regular missed refuse collections which is

Billy Flynn

The Summer

Hello again everyone. Well, Summer's nearly over. What Summer you might ask, blink and you would have missed it. I find it hard to believe but they tell me that 2024 so far is the Earth's warmest year on record, although, needless to say, the UK apparently has had its coolest Summer in nearly 10 years. What a surprise!

Benches in Adel – or lack of them but it is getting better

I am delighted to say that funding has

happening right across the Ward. The response was:
"The service has experienced difficulties in completing all collections on a number of occasions in the last couple of months. Unfortunately, due to difficulties mainly in getting driver cover, the ability to revisit missed streets has been severely affected. On the days when we are unable to send all 75 crews/wagons out to fully complete the collection rounds due, we prioritise black and green bin collections. On the rare occasions we need to stand down a brown bin route(s) we will choose the route(s) with the least amount of garden waste due to be emptied that day based on previous tonnage records."

Cllr. Barry Anderson

Direct Dial 0113 3367742

www.barryanderson.org.uk

Twitter @barryanderson19

been found to renovate/repair the two historic Dyson benches in New Adel Lane. If you haven't seen them, one is at the junction with Otley Rd and the other is adjacent to Rothbury Gardens. They are quite distinctive with red wrought iron legs and green wooden seats and back. The council heritage team is establishing a Local Heritage List for Leeds where local heritage assets can be nominated for more formal recognition. Hopefully this will mean that they will be better protected in future for posterity. I am still awaiting the timescale for the council to finish off the new footpath

along Sir George Martin Drive so that another bench along that stretch can be provided.

Otley Footbridge over the river

Serious defects have been found in the footbridge section of Otley Bridge, and Leeds City Council have decided to replace it. To avoid significant inconvenience for anyone visiting the town, a temporary footbridge will be erected to allow cars to flow both ways over the existing main bridge, causing as little disruption to vehicles as possible. This will give residents easy access to both sides of the river and to Wharfedale Hospital, while construction of a replacement permanent footbridge takes place on the main bridge. There will be traffic management to allow for the works to be undertaken in the safest and most efficient way, and a crane will be put in position that will lift the bridge sections into place next year.

Mass transit plans

Just a quick reminder that there is not much time left before the West Yorkshire Combined Authority consultation on its first phase of mass transit plans runs out. Although 30th September was the cut-off date for you to submit your views, I am sure anything received shortly after that date will be accepted. You are asked for your opinion on the first two lines of the proposed tram network. To find out more, check out the Combined Authority's mass

transit website, although, as I have said previously, I would settle for the numbers 28 and X84 buses actually turning up on time, for a change!

We could also do with the road chaos around the city centre being finally sorted out although there appears to be no sign of this in the immediate future.

Local initiatives

If any local group has ideas to improve the area - the Adel Community Garden and flower displays on the green areas near the Mulberry and Adel Wood estates come to mind - do not forget that local councillors have funding to help you with these kinds of schemes. There are a few safeguards to ensure good use is made of the funding, but these are not onerous. If you are interested in this kind of support, please do get in touch.

If you would like further information on any of the issues above or have questions about anything else in the ward, please do get in touch with me. Telephone 07810 640282

or email

billy.flynn@leeds.gov.uk

Please support our advertisers and mention Adel Bells



Is your home office a little like this?

Maybe admin is just not your thing!

Call me today about being... 'Your P.A.'

Enhanced DBS Certificate - Efficient - Effective - Reliable - Trustworthy

David Bransby
07853 257 662



NAVIGATE YOUR FINANCES WITH CONFIDENCE

- Collaborates with clients to create customised financial plans
- Advice on pensions, investments, mortgages, and more
- Develops actionable strategies focused on tax efficiency
- Almost 25 years of experience in financial services
- Extensive expertise in investment management
- Partners with individuals and business owners
- Simplifies complex financial planning
- Helps achieve financial success



Kevin Morrison
Financial Planner
& Certified Coach

✉ kevin@palmfinancial.co.uk

☎ 07392 505289

🌐 www.palmfinancial.co.uk

Palm Financial Management Ltd is authorised and regulated by the Financial Conduct Authority. FRN 593725.

careyourway
Our family caring for yours



Expert-Quality Care at Home

by our family-run, award-winning team.

Welcome to CareYourWay, a family-run, award-winning home care provider committed to delivering the highest quality care. Inspired by personal experience nearly two decades ago, our CEO and her husband set out to improve care standards after witnessing the inadequate care her father received during his battle with terminal cancer. They believed they could offer the same level of care they would want for their own family.

01133 227736

"No words can truly express the level of support you've given us."

- Daughter of Family



www.careyourway.co.uk/area/leeds



The Foundation

BREWERY TAPROOM

CRAFT BEER

COFFEE

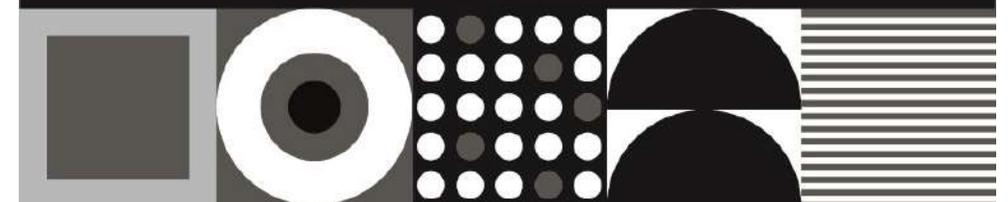
BEER GARDEN

BAR

FOOD

 thefoundationtaproom

471 Otley Rd, Adel, LS16 7NR



ADEL WAR MEMORIAL ASSOCIATION
Adel Sports and Social Club



**Archery, Badminton, Bowls, Cricket,
Football, Hockey, Lacrosse, Snooker,
Softball, Squash and Tennis are all
played at Adel**

**Most sports have Junior Sections
with fully qualified coaches**

Social Membership just £15 per year

Adel Players produce 3 plays per year
Tickets can be obtained from
boxoffice@adel-players.org.uk



Rooms available for Hire

**From the main hall for weddings and special
events to smaller rooms for office training days,
children's parties, meetings etc.**
**Lounge and bar facilities available for
Funerals and events during the day**



For details contact Eszter Saxton on
07765 427 290 or
awma.manager@virginmedia.com

Alternatively please check out our Web site
www.adelclub.co.uk



**Fun characters having great
adventures written to promote:**

- ✓ Being good friends
- ✓ Embracing differences
- ✓ Taking care
- ✓ Having lovely manners
- ✓ Learning who may keep them safe

Join the Cones and enjoy the fun!

Available from all good bookshops and on line, "Meet the Cones" and "Cones Make New Friends" introduces the Cones, how they come alive and how they become friends. The Cones series of books is written

to be fun to read while helping children learn to live with each other in the best possible way but always with safety as their first priority.



**Helping children learn to
live and play within
parameters based on
moral and ethical values.**

e: chris@theconesbooks.com
m: 07841 436765



**Thank you so much for visiting
our school. The staff and
children thoroughly enjoyed
hearing about The Cones.**

*Hilary Ryder
St Winefrids School*

**Good books to read to the
grandkids, it had them asking
questions about road safety,
which is always good.**

J Pitts

**Excellent books that
my son absolutely
loves. Well written,
with great
illustrations.**

Philip Butler



**Books
available
from all
good book
stores and
online**



"The Cones is a great idea"
Sir Jonathan Thompson

"I can see huge potential to engage in the superb work that you are doing."
James Ramsbotham
Chair - Newcastle Building Society

"The Cones book and the wider educational impact it delivers is a fantastic idea. The author is so inspirational."
Dr Julia Morgan - Leeds Beckett University

ROXTON TREE SERVICES

ALL ASPECTS OF TREE WORK UNDERTAKEN

Large and dangerous trees safely removed All work carried out to British Standard 3998

Crown lifting and general pruning

Tree Preservation Orders checked

Hedge reduction/removal

Seasoned logs for sale (free delivery)

Stump grinding

Woodchip available

Fully Qualified and Insured

FREE QUOTATIONS

tel: **0113 268 2235** mobile: **07773 298 770**

e-mail: **roxtontreeservices@gmail.com**

roxtontreeservices.com



6 Floors of Beds & Bedroom Furniture
Bedside Manor

108 – 112 Burley Road Leeds LS3 1JP
(Behind Yorkshire Television)

0113 24 25 600

Email: BSM6floors@aol.com

See us on Facebook

Our family business has been supplying quality beds and bedroom furniture to discerning customers for over 21 years.

We know just how important it is for you to make the right choice for sleeping comfort and to suit your lifestyle.

Our personal service assures you of the best advice to help you select from our wide ranges of mattresses, divan beds, bedframes and bedroom furniture.

Bespoke options are also available so you can achieve the look to complement your bedroom

Come along and see us: We're open 7 days.

Bring this with you and receive an extra 10% off*

*Excludes Sale Items



Two outstanding care homes in Yorkshire



Adel Manor and Guiseley Manor, both located on Otley Road, are outstanding care homes offering residential, dementia and 24hr nursing care.

Part of New Care, the two Yorkshire facilities provide expertly designed home-from-home environments, with residents benefiting from individual person-centred care. They feature private bedrooms with en suite wet rooms, stylish communal lounges and dining rooms, a hairdresser and nail salon, plus beautifully landscaped gardens. A chef prepares nutritional meals daily whilst the wellness team coordinate stimulating activities

This what some of our residents and relatives had to say:

"Excellent!"

"Very attentive service from the minute you walk through the door."

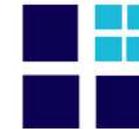
"The facility is exceptional."

"Every member of staff shows kindness, support and care."

For more information, or to arrange an appointment to view either Adel Manor or Guiseley Manor, please call the team on the numbers below or email enquiries@newcarehomes.com



Guiseley Manor Care Centre Otley Road, Guiseley, Leeds LS20 8FE Tel: 0113 323 0200
Adel Manor Care Centre Adel Gardens, Otley Road, Leeds, LS16 7FP Tel: 0113 841 1000
newcarehomes.com



Adel Wills Ltd
For Wills and Lasting Powers of Attorney

Lasting Powers of Attorney and Wills

- Friendly and Professional Advice
- Home Visits
- Local Independent Business
- Fixed Fees

Please call Jane Wintringham BA (Hons) Law, MIPW
on
07931 369813 or 0113 305 3604
email: jane@adelwills.co.uk
www.adelwills.co.uk



A member of the Institute of Professional Willwriters.
This firm is compliant with the IPW Code of Practice

MSC Joinery Building & Roofing Services Proudly supports Adel Bells



LABC Award-winning builders with over 35 years experience.
Quality workmanship guaranteed

07802816611 ♦ 07971810690
msc.cornell@btinternet.com
msc-building.co.uk



Locksmith & Security Installer

- Lock Upgrades
- CCTV & Alarm Installation
- Door & Window Repairs
- Safe Fitting
- Call for a free security assessment

Call Andy: 07721876571

LEMONLOCKSMITH.CO.UK

DBS CHECKED - CITY & GUILDS CERTIFIED

Covering Stanley & Nearby Areas

LAWRENCE GAUNT OPTICIANS

Ireland Wood Surgery
Iveson Approach, Leeds, LS16 6FR

Professional
Comprehensive Eyecare
Family Opticians since 1978
Personal Service
Friendly Independent Advice

0113 267 9547

info@lawrencegauntopticians.co.uk
www.lawrencegauntopticians.co.uk
professional eye care with a smile

Full wheelchair access
Free on-site parking
Home visits available

Ribbons INTERIORS

curtains...blinds...soft furnishings...upholstery

10 The Crescent, Adel, LS16 6AA
tel: (0113) 3457424
www.ribboninteriors.co.uk

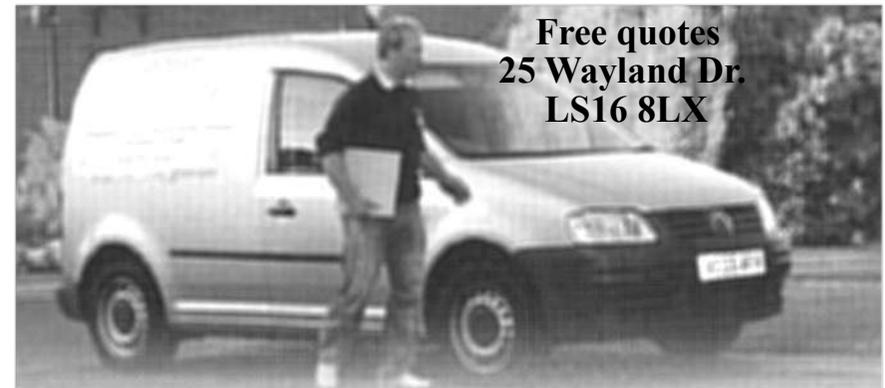
affordable, aspirational interior design
based in Adel, from individual pieces to
full room makeover

now stocking paint from Hicks & Weatherburn



RIBBONS INTERIORS

design...make...source...fit



Free quotes
25 Wayland Dr.
LS16 8LX

ADEL TILING SOLUTIONS

Brian Hurst has over 20 years experience in tiling. If you are looking for an experienced local tiler to get the job right, first time, call **0113 368 9769** or **07712 896711**, email: **brian_hurst_@msn.com**
No job too big or too small. Cleaning & re-grouting/ silicone removal, ceramic floor & wall tiling inc. mosaic & stone products.

ADEL GARDEN CARE

Is your garden in need of some extra care?



We are experienced in all aspects of plant care including border maintenance, weeding, pruning, training climbers, wildlife gardens, renovating shrubs.

We install fencing & decking, jetwash patios, revitalise ponds.

**Contact us for a free estimate:
07815 206610**

www.adelgardencare.co.uk

enquiries@adelgardencare.co.uk

SLATER'S FUNERAL SERVICE

Genuine Independent Family Business

Established 1884

138 years caring for the deceased and bereaved families, offering a personal, caring and dignified

24 hour service covering all areas

**Oakford House, 291 Low Lane, Horsforth,
LS18 5NU**

Tel 0113 258 2395

www.slatersofhorsforth.co.uk



LOCAL PROFESSIONAL LOCKSMITH

24 HOUR CALLOUT WITH NO CALL OUT CHARGE

10% DISCOUNT FOR OAP's AND STUDENTS

New Locks Fitted - Changed - Replaced Burglary Repairs & Boarding Up

Snapped Keys in Locks - Fixed Defective Locks Repaired Replaced

Locked Out? Rapid Response – 20 MINUTES

UPVC Window & Door Specialists

All Types of Locks & Keys Supplied British Standard Locks Fitted

TEL:07947160788

Matthew Holmes

Domestic and Commercial

Painter and Decorator

High quality work
Clean, reliable, friendly
Over 26 years experience

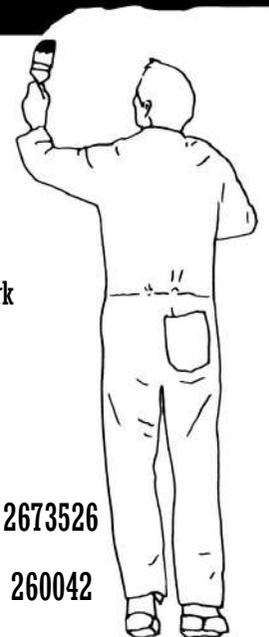
Interior & exterior work
Paper hanging
Coving

4 New Adel Avenue,
Adel, Leeds, LS16 6BE

Email: mholmesdecorating@live.co.uk

Home: 0113 2673526

Mobile: 07725 260042





Naomi Claire

INTERIOR DESIGN

Serving Adel and the surrounding areas, I specialise in designing bespoke interiors, helping you create a practical and beautiful home that reflects your lifestyle.

All types of interior design work offered:

- colour and fabric schemes
- space & layout
- furnishings, upholstery & cabinetry
- project coordination

Get in touch to discuss your project.

07855 027119

contact@naomiclaireinteriors.com

www.naomiclaireinteriors.com

BUILDING, JOINERY

AND ROOFING CONTRACTOR

Catering for all your building requirements

**Over 35 years in
the trade
All works
guaranteed**

**For a free inspection
and quotation
please call Alan on
07856 535 677**

Local health and fitness club



Offering a friendly gymnasium, fitness studio, leisure pool, spa pool, steam and sauna rooms

Come along for a free trial

Or for more information on membership call

0113 2699010

Hannah.bullock.020@jupiterhotel.co.uk



*Feel Good Health Club
Mercure Leeds Parkway
Otley Road
Bramhope, Leeds LS16 8AG*

MONE BROS

Trade and DIY Welcome

Our family business supplies a wide range of garden and landscaping materials from our quarry in Bramhope, Leeds



Topsoil, sand, gravel, slate and many types of stone. Available loose or in bags. Collect or delivery.

Blackhill Quarry
 Kings Road, Bramhope, Leeds LS16 8BG
 T: 0113 267 4386
 Open: Mon-Fri: 7am-5pm, Sat: 7am-1pm

www.
MONE BROS DIY
 .co.uk

Adel Pharmacy

141 Long Causeway
 Adel Leeds

◆ Enquiries, please phone 0113 230 0351

◆ Excellent parking

◆ Collections & delivery of prescriptions where necessary, free of charge week days only

Monday	8.15-12.30 14.00- 18.00	Thursday	8.15-12.30 14.00-1700
Tuesday	8.15-12.30 14.00-17.30	Friday	8.15-12.30 14.00-18.00
Wednesday	8.30-12.30	Saturday and Sunday	CLOSED

Aerial Solutions

A Family run Leeds business with over 30 years experience

All work guaranteed
 Debit & Credit card payments welcome
 7 Day Service
 Extra TV/Sky points from £40
 Dish & Freesat Installations
 CCTV Installations
 OAP Discount
 Ring 0113 512 6127
 FREE 0800 328 7517
 *on all supplied & installed equipment



D. P. A. FLETCHER (BUILDERS) LTD

All aspects of Building, Joinery
 & Property Repairs

(with over 30 years of experience)

Tel: 0113 263 0515

jackie.dpafletcherbuilders@gmail.com

Padd Hair Studio

6 The Crescent
Adel, Leeds - LS16 6AA
Tel: 0113 267 4388

 Padd_Hair_Studio
 Padd Hair

Opening Hours:

Tues 9am-3pm	Wed 9am-4pm	Thurs 9am-7pm	Fri 9am-4pm	Sat 8am-2pm
------------------------	-----------------------	-------------------------	-----------------------	-----------------------

*Life is more
beautiful
when you
meet the right
hairdresser.*

Looking for a fresh new look? All of our stylists are highly-trained in all aspects of hair care, colouring, cutting, contemporary trends and styles. We respect the diversity of our clients and a warm welcome awaits everyone. ☕

Introductory offer for new clients:
Cut and Style £30



R. Pearson
Electrical and Plumbing

R Pearson Electrical and Plumbing
All aspects of Electrical and Plumbing work undertaken

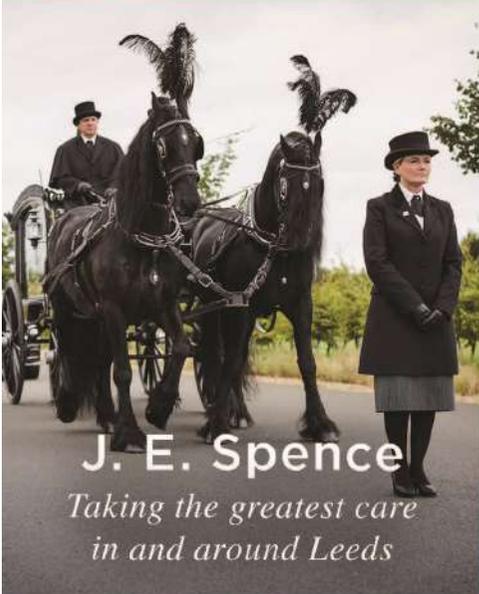
Consumer unit upgrades/ periodic testing
Internal and External Electrics and Lighting
Electric and Gas Cooker/Hob Supply and Installation
CCTV Security Systems and Intruder Alarms
Flat Screen TV and AV Installation
Fault finding and rectification
Gas Safe Repairs
Boilers and Boiler Services
Leaking Taps
Radiator Changes
Bathrooms
Outdoor Taps



Free Quotations
Tel: 07796000600

enquiries@rpearsonelectricalandplumbing.co.uk
www.rpearsonelectricalandplumbing.co.uk

SERVING FAMILIES FOR GENERATIONS



FUNERALS FROM £995*
Unattended Funerals | Chapel Service
Attended Funerals

J. E. Spence Funeral Service
Lawnswood Funeral Home, Otley Road,
Adel, Leeds, West Yorkshire LS16 8AA
0113 268 2842

We're here for you anytime.
Whatever your wishes or budget,
we can provide a funeral to suit you.

J. E. Spence
*Taking the greatest care
in and around Leeds*

 dignityfunerals.co.uk/local

*Pricing is correct at time of going to print and is subject to change. Price stated is for an Unattended Funeral

Capital Cities and their Countries

Nairobi	Kenya
Kyiv	Ukraine
Rome	Italy
Madrid	Spain
Cairo	Egypt
Dublin	Ireland
Moscow	Russia
Vienna	Austria
Paris	France
Amsterdam	Holland
Edinburgh	Scotland
Ljubljana	Slovenia
Canberra	Australia
Berlin	Germany
Cardiff	Wales

DOES YOUR CHILD NEED SUPPORT WITH LITERACY AND NUMERACY?



I offer tuition for 4-7 year olds,
am experienced, patient and
believe that learning can be fun!
Police checked (D.B.S)

Please contact **Glenis Moss** on
07960 838116



**Proud to be
supporting our
local community**



APplastering



Fully qualified plasterer
over 30 years experience
Fully insured

All plastering work undertaken
Internal and external
No job too small from
patching to full house

For a competitive quote
call Andy on 07814705238




**PLUMBING
& HEATING**

Here at Qubix Plumbing & Heating we offer our services
largely to domestic household. We cater to everything
that is plumbing, gas, heating, bathrooms and boilers.

- All Plumbing & Gas Works	- Boiler Repairs
- Plumbing Maintenance	- Heating Repairs
- Emergency Services	- Leak Repairs
- Bathroom Installations	- Power Flushing
- Boiler Quotes	- Gas Safety Certificates
- Boiler Installation	- Landlord Certificates
- Boiler Servicing	& More...

Please contact us for more details
07761 215868

 
@ Qubix Plumbing & Heating
enquiries.qubixplumbing@gmail.com

QUALITY CARE IN YOUR OWN HOME



 0113 340 6000

 northleeds@rightathome.co.uk

 www.rightathome.co.uk/leeds-north

Personal Care & Companionship - Dementia Care

Home Help & Shopping - Holiday & Respite Care

Hospital to Home - Medication Support

Kip
McGrath™
EDUCATIONCENTRES

HELP YOUR CHILD REACH THEIR
**FULL LEARNING
POTENTIAL**



Primary - Secondary • Qualified Teachers • Personalised Learning Programmes

At Kip McGrath, our focus is to help your child reach their full potential.

We make learning fun and engaging to improve results. You will receive progress reports and updates to track your child's improvement.

English and Maths Tuition  In Centre  Online

Book a **free assessment** today

Adel 07815 760509

485 Otley Road LS16 7NR

kipmcgrath.co.uk/leedsadel



North Leeds Physiotherapy and Sports Injuries Centre

Sarah Beldon MCSP HCPC
The Police House
Church Close
Pool in Wharfedale
LS21 1LN

Please ring **07908 151 241**
Daytime and evenings available
Home visits still available within reasonable
distances.

**APPI Physiotherapy led modified Pilates Classes in
Adel Stables—days or evenings**



Female painter and
decorator
20 years' experience.
Professional and reliable
Tel: 07398 882 306 or
Email
harperddiy@gmail.com
**Taking bookings for
2025**

BLUEBERRY AUTOMATION



Supply & install **Garage Doors**, fully
automated, Sectional, Rollers, Up&Over
& more, from new installs to repairs we
are family run with over 20 years'
experience. All doors have built in safety
& courtesy light with 1000's colours,
Police rated & Insurance approved as
standard!

Now recognised as Yorkshire's leading
Somfy expert and home automation
specialist, we also supply & install
motorised **Awnings & Blinds**

Web: blueberryautomation.co.uk
Email: blueberryautomate@gmail.com
Phone: 07479 662021 0113 824 6286

CHIROPODY

Nick Simpson BSc Podiatry (Hons) MCPod

An essential health care service

at

WELCOME IN

Community Centre
55 Bedford Drive (off Tinshill Lane)
Ireland Wood
LS16 6DJ

Tel. 07751 078787

(by appointment only)

Health & Care
Professions Council
&
Simply Health registered



Mystery Word Solution

The answer is

CAMOUFLAGE

Only 5 Clues Across

1. RUDDER
3. AUNTIE
4. REVOLT

Down

1. REPAIR
2. RODENT

Advertising

The magazine is published 10 times a
year and goes out to 440 homes except
for June when we circulate the whole
parish
(2800 homes)

Full page £140 per annum

Half page £80 per annum

Quarter page £50 per annum

+ £20 for alterations

For further information contact:

Beryl Thompson
10 New Adel Gardens,
Leeds LS16 6BD



0113 267 3875



beryl890@btinternet.com

Index of Advertisers

	Aerials & Satellites		Health Care
50	Aerial Solutions	35	Care Your Way
	Beds	41	Adel Manor Care Home
40	Bedside Manor	48	Mercure Health Club
	Home Improvements	55	Quality Care in your own home
42	MSC	57	North Leeds Physiotherapy
44	Ribbons	58	N. Simpson, Chiroprapist
47	Alan		Leisure Interests
47	Interior Design	37	Adel War Memorial Association
50	DPA Fletcher Ltd	38	Meet the Cones
54	APplastering		Locksmith
57	Blueberry Automation	43	Locksmith & Security Installer
	Building Supplies	46	The Lockdoc
49	Mone Bros.		Opticians
	Education	44	Lawrence Gaunt
54	Glenis Moss Tuition		Painters & Decorators
56	Kip McGrath	46	Matthew Holmes
	Electrical & Plumbing	57	Harperddiy
52	Pearson		Plumbers
	Estate Agents	54	QUBIX
53	Manning Stainton		Pharmacies
	Food Outlets	49	Adel Pharmacy
28	Caring for Life		Services
36	The Foundation	33	David Bransby
	Funeral Directors	40	Roxton Tree Services
45	Slater's	45	Adel Garden Care
53	J E Spence Ltd		Tiling
	Hair and Beauty	44	Adel Tiling Solutions Ltd
51	Padd Hair		Wills & Finance
		34	Financial Advice
		42	Jane Wintringham

Church Services in October

Wed 2nd	11am	Holy Communion followed by coffee & biscuits
Fri 4th	1.30pm	J Js (for the under sixes)
Sunday 6th	Nineteenth Sunday after Trinity	
	8.30am	Holy Communion (BCP)
	10am	Parish Communion
	6.30pm	Evensong
Wed 9th	11am	Holy Communion
Sunday 13th	Twentieth Sunday after Trinity	
	8.30am	Holy Communion (BCP)
	10am	Parish Communion
	5pm	ACE meeting in the Stables followed by Ace +
Wed 16th	11am	Holy Communion
Thurs 17th	3.15pm	Holy Communion in the Stables, with tea & coffee
Sunday 20th	Harvest Festival	
	8.30am	Holy Communion (BCP)
	10am	All Age Service with Communion
	6.30pm	Choral Evensong followed by light refreshments
Wed 23rd	11am	Holy Communion
Sunday 27th	Last Sunday after Trinity	
	8.30am	Holy Communion (BCP)
	10am	Parish Communion
	5pm	ACE meeting in the Stables followed by Ace +
Wed 30th	11am	Holy Communion

Junior Church is held during term time, but not on the 3rd Sunday when there is a 10am All Age service, with communion, and children are welcome for the whole of the service in church.

ACE is a group for school year 4 and above. We meet in the Stables to discuss our faith and play silly games. This is then followed by Ace +, for those in high school.