

OCTOBER 2025



HARVEST FESTIVAL 19th October

The things you're best at · Walking for health · Hairdryers opening petals · A whole pod · Working with young people · It has been a bumper year

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The Parish Church of St John the Baptist, Adel

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Church Open for Visitors

Monday and Saturday 1.45pm to 3.45pm

Parish Registers Baptisms

20th July

Jack William, son of Katy and Mark Foster

31st August

Clara Robin, daughter of Madeleine Halliday and Alistair Batey

Burial of Ashes

6th SeptemberDeborah Hainsworth



Festivals & Feasts

18th OctoberLuke the Evangelist

28th OctoberSimon and Jude, Apostles



Lord, we come into Your presence to find a sense of peace knowing You are here for us and trusting You in each step we take.

You bring us hope in our times of concern; comfort in our times of difficulty; guidance in our journey of faith, You are always with us.

We thank You Lord, for all You give us each day.

By Your grace we are blessed. **Amen**

A Prayer of Thanksgiving at Harvest Time

As we come to harvest time we thank You God for all the colours and fruits harvest brings from the crops in this country and crops sent from overseas. How rich we are in the harvest You bless us with.

We thank You God, for all who sow, cultivate and gather; for those that transport and sell the harvest crops. Thank You God for the giving of the harvest.

Amen







Part of Christ's family, welcoming everyone, sharing God's love and being a voice of hope

From the Editor

The last few weeks have been very challenging for me as editor of this magazine. My computer died and with it the programme used to produce Adel Bells. If you are reading this, you will realise that a solution was found and only time will tell if it was the right one. I apologise if anything is wrong, particularly among the adverts which had mysteriously altered in the conversion, so please let me know if you have spotted anything untoward.

The change to the front cover was, however, not accidental. I applied a suggestion made by the Association of Church Editors. I wonder what you our readers think of the idea? Can you work out where those random words lead you to in the magazine? Good luck with your hunting!

Last month saw two important community events, the Flower and Produce Show at the end of August

and the Adel Artists' Show in September. Both events were significant, in that they brought our community together in joyous circumstances. I asked Jill Dilks, who has been involved with the Adel Gardeners' Club for many years to give us her view of what it is like running the annual show. You might find some surprising facts, but sadly you will find no mention of my first prize, since I quite simply did not get or deserve one. Congratulations to all those who did, including our own Sue Pagdin for a painting she had only produced in the days leading up to the show. Jill's piece is on p. 16.

Finally, if you think music should play a bigger part in the school curriculum, read my interview with Betty Pearson on p. 15. Music has played a large part in her life, not only in her own personal enjoyment of it, but also in her passing on her knowledge to the younger generation. Until recently she was a regular organist in Adel Church.

Marjorie Cole

If you would like to have an annual subscription to Adel Bells, please get in touch with me and I will give you the necessary information.

Marjorie, Editor, 0113 2610069, adelbellscm@gmail.com

RECTOR ALISON'S LETTER

This summer, on holiday, we were lucky enough to see dolphins off the coast of Scotland. Reporting this on our family WhatsApp caused great excitement and envy. Almost everyone loves dolphins and other sea mammals, don't they?

Perhaps this is to do with their intelligence. In the past it sadly led to zoos and theme parks with captive sealions, dolphins and orca trained to perform tricks for an audience. I suppose we thought we were seeing the best of them, marveling at their ability to learn, when all we had done was squash them into our world.

Thankfully we have moved on, and most encounters and sightings now occur when the mammals swim close to a boat or the coast. But we still love to see a dolphin.

I think one thing that attracts us is that these days we meet on their terms. They are wild, free and unpredictable. One day this summer, a whole pod followed a boat beneath the cliff we were walking along. They raced and jumped, almost as though they were putting on a show. The other sighting was of a pod swimming purposefully across a bay, a fair way out to sea. But individuals still occasionally leapt above the surface.

On both occasions, suddenly there

was no sign of them as they presumably dived deep and swam away. Had we looked a few minutes earlier or later, we would have missed them. And we were left feeling we had received an unexpected and wonderful gift that we didn't understand, but which enriched our lives.

No doubt you can recount similar experiences; maybe in more exotic locations, or perhaps the sight of a fox crossing your garden. All of them more special because they are just a glimpse of a wild creature going where it pleases, its world meeting ours for a brief moment.

We humans so often make the mistake of forcing nature and even other people, to fit into our world. I suppose it is because we like to be in control. Over the centuries we have even tried to do this with God, reducing our faith to a list of rules to follow and the instruction to be 'nice'.

After decades of trying to follow Jesus though, the thing that still excites me is that like the dolphins, he is wild, free, and from my perspective, wonderfully unpredictable. And, like those wildlife moments magnified a hundredfold, encounters with Jesus are life giving.

We meet as a church family, to spend time with Jesus and one another. We come with the wish to live better lives, but also, I hope, with a tinge of excitement of how God might surprise us this week. And, unlike the dolphins, Jesus promises to be with us always, whatever life throws at us. I hope, this autumn, that your lives too are enriched by 'wildlife moments', whether with whales, or a robin by your window. And if you fancy being surprised by God, do join as at one of our services.

With love and prayers **Alison**

Dates for your diary

Sunday 12th October
Guest Speakers at 10am service
See p. 17

Sunday 19th October

Harvest Lunch See p. 32 Booking needed

Saturday 22nd November

Christmas Coffee Morning With stalls and raffle

Sunday 7th December 3pm

Christmas Concert Leeds Guild of singers

Christmas Raffle

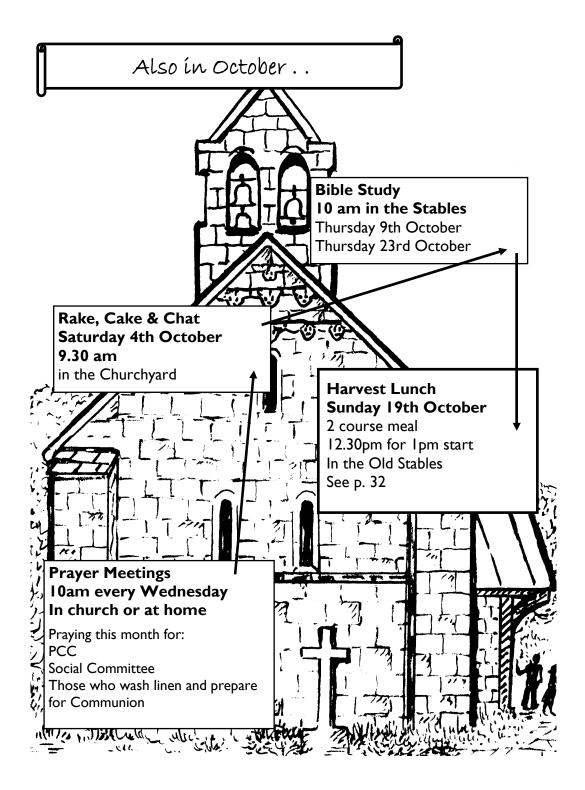
Can you donate a prize to be included in our Christmas raffle? If so, please hand it in to a church warden, Alison, Jenny Jones or Marjorie Cole



Memorial Service 2nd November 6.30pm

Our annual service of words and music, with the chance to remember loved ones by name and light a candle in their memory. The service will be followed by light refreshments in the Stables. Please put this date in your diary.

Everyone welcome.



REV'D IAN REFLECTS

Joy-giving gifts

"Do your best at what you're best at for the good of others." This saying came to mind recently when we visited the Courtyard Dairy, just north of Settle. We were bowled over by the enthusiasm, helpfulness and kindness of the staff, who were all intent on sharing their love of cheese with others. It would not be too much to say that we were filled with joy. So we bought more than we had intended! Here in the rural Dales, the place is full of people keen to enjoy the passion of the staff and the cheesemakers.

This advice about how to live a life of meaning and purpose, the foundation of happiness, was given by the late Charles Handy, a famous management guru, although his influence extended far beyond management theory. Handy was no Christian but his advice is deeply Christian in sentiment.

Our understanding of the things 'you're best at' - our aptitudes, skills and abilities - is that they are both gifts from God and vocations; what we are given the ability to do and called to do. St Paul famously writes about gifts in I Corinthians 12: "There are varieties of gifts ... to each is given the manifestation of the Spirit for the common good."

we are all given gifts

Paul focuses on the gifts given for the building up of the Body of Christ, the Church. But he is clear that we are all given gifts, and they are given, given by the Spirit, for the good of others. We each have our own vocation, our way of being best at something for the benefit of others.

An atheist friend once asked me whether a burglar had been given his vocation by God. The answer was yes, he'd been given the gifts but hadn't understood to use those gifts for the benefit of others and not himself. This is, of course, the important point. What motivates us to use our gifts for others is our love of others and our love of God, whom we thank for the gifts he gives us. And as we experienced in the Dales, when we live out our vocation for the benefit of others, we bring joy; our spirits are raised.

Joy is our heartbeat as Easter people. One way of spreading that joy, experiencing that joy, is to share Christ's love through doing what we are best at, what Christ calls us to do.

Ian Johnston

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IN BRIEF

Snippets from past Adel Bells

Ann Kemp wrote that new sidesmen's wands were bought, one in memory of her husband George and one in memory of three ladies she described as being stalwart, energetic members of the church community. We can still admire those wands today, but are they ever used?

Cash donations for the Food Bank

You may remember a new scheme we introduced last Christmas to help those who can't carry food to the food bank collection but would like to contribute. We are doing it again this year. A box will be available for cash donations in church throughout October and November. This scheme will allow for food to be purchased and delivered to the food bank first week of December.

Chris Madeley

The 100 Club Draw

Here are the winners in the last two months.

July

Chris Madeley £80 Julia Sheer £40 Audrey Crawford £30

August

Marjorie Cole £80 Jill Holloway £40 Carol Butler £30

Open Country

Last month Open Country came to do work on our churchyard. We are very grateful for their help. Anne Andrews and Bruce Buchan came to keep an eye on things. Bruce told me he does not get his hands dirty but just sees himself as "a gentle organiser", an appropriate way of putting it. A big thank you to Anne and Bruce for giving up their time for this worthwhile cause.

Brain Teasers

- I. A man falls 150 feet without a parachute. He flips upside down 6 times and eventually lands without injury. How?
- What's next in this list of cities and why?
 Tokyo, Mexico City, Munich, Montreal.
- 3. The first time you have me I'm free. The second time you have me I'm free too. But the third time is usually costly. What am I?

Answers on p. 37

LETTER FROM LILY

Hi Everyone!

Well, here we are again! Summer is a distant memory – for me at any rate as dogs don't dwell on memories. I do remember things, particularly things I enjoy, and sometimes I "forget" things I really should translate into what my Mum calls 'good behaviour,' aka fun-stoppers.

I'm two now – I told you last time that I had a birthday coming up and I had a great time. My Mum remembered that I just luuuurve lightly poached salmon, no skin (YUK), no bones – best middle bits please, and she cooked me two pieces so, in my poodle-mind, if I get two pieces on my second birthday, does this mean next year it will be three, and so on? I live in hope.

Harking back to this 'good behaviour' lark, I've decided to 'try it on' as you humans call it. I'm TWO! My Mum says I'm in the 'terrible twos' but we'll agree to differ. You humans have some pretty interesting things and as an intelligent animal it is incumbent on me to explore and, if possible, exploit these opportunities as they are presented to me.

Climbing: mastered sofas and highbacked chairs long ago so tried chairs near tables i.e. two stages. Onto chair, up onto table and have a good look round to see what I can find. Most exciting to date was a pot of cream which had inadvertently been left there! Tables are perfect for looking out of the window. Mum caught me, so I won't be doing that again – but she'll never stop me from stealing tissues! Oooh! that ripping feeling – they don't taste good but make a wonderful mess!

This is fine, all these things happen at home where I feel safe, I know I'm loved, corrected and forgiven. My Mum is helping me get over a big fear. Dogs are supposed to love walking, and I do, but sometimes I get very scared if I see something/someone I don't know or understand. I quiver like a jelly and just want to go home.

Mum told me everyone gets scared, not just dogs, and also she told me that humans do naughty things too sins or trespasses I think they are called - and Jesus has given you a special prayer: "... forgive us our sins (or trespasses) as we forgive others." I'm really sorry when I'm naughty and so I'm forgiven. Apparently everyone gets frightened too. Jesus said that He is always with those who trust in Him and so they have no need to fear. This is very comforting. So if you are naughty say sorry to Jesus and He'll forgive you and if you're frightened, pray to Him to help you, and He will. Woofs & lix,

Lily xxx

BIBLE STUDY GROUP

Our discussions bring up points of interest

Our group has been running for quite a while now. We meet on the 2nd and 4th Thursdays of the month in the Stables at 10.30am with coffee and biscuits available beforehand.

We usually take a break for the summer and we resumed on Thursday I Ith September, but I would like to tell you about our meeting in July.

There were five of us including the welcome addition of a new person. Paul Barker led us in prayer and then we read the very well-known Good Samaritan story as recounted in St Luke's Gospel Chap 10 vs 25-37. We were surprised to find out that this does not appear in any of the other gospels.

We assume we know the meaning of the story and its significance, but our discussions invariably bring up points of interest and thoughts that none of us had had before. We talked about the context - considering what kind of road it would be from Jerusalem to lericho – and who the individuals were. The priest and a Levite who passed by both had elevated positions of authority and rules determining their conduct. If the injured man had been dead, they would have been forbidden to touch him according to strict Jewish Rosemary O'Dea

laws. We know the victim was physically beaten and stripped of his garments but perhaps he looked dead. The suggestion is that neither passerby took a proper look. The Samaritan, who we think could have been a trader, was from a despised class but he was not bound by rigid rules. He did dare to look closely at the man and we are told that he 'took pity on him'. He treated the man on the spot and took him to an inn where he continued to look after him and left money for his care when he had to go on his way saying he would pay anymore he might owe when he passed by again.

The lawyer who tried to trick Jesus with his question of how to enter the kingdom of heaven and challenging the Lord to say 'who is my neighbour?' failed. We can see how lesus enabled him to understand for himself the lesson from the story. We have no idea if the tale is true but Jesus frequently used illustrative stories, which in a basically oral culture would be much more accessible and memorable.

As ever our discussion ranged quite widely covering language and customs of the period. Paul is happy for us to digress. This way we learn a great deal from each other. Anyone is welcome to ioin us.

ENVIRONMENTAL NEWS

Scorched Earth

It's official. While many of us, including me, enjoyed the nice, hot summer, unfortunately, it is not good news for our planet. According to the Met Office, the UK's mean summer temperature from June to August reached 16.10°C, that's 1.51°C above the long-term average and surpassing the previous record set in 2018. This isn't just an anomaly, it's a clear signal that the climate crisis is accelerating. What makes this summer particularly striking isn't just the peak temperatures, but the consistency of the heat. The UK experienced four distinct heatwaves, and while none broke the all-time high of 40.3°C set in 2022, and I remember that day well, as River was born! It's the sustained warmth across day and night that pushed the average temperature to unprecedented levels.

The Met Office also explained that a summer as hot as 2025 is now approximately 70 times more likely than it would be in a pre-industrial climate. Without the influence of greenhouse gas emissions, such a summer would have been expected only once every 340 years. Today, it's likely to occur once every five.

Globally, the picture is equally concerning. While the UK set national records, international climate monitors

reported that 2025 is on track to be among the top three warmest years worldwide. Arctic sea ice reached record lows, and again, extreme weather events, from wildfires to floods have intensified, including here in UK with many wildfires raging across all four nations. Other implications of the extreme heat and dry weather meant our reservoirs ran low and a hose pipe ban was imposed across Yorkshire and beyond.

Perhaps most troubling is the normalisation of these extremes. What was once considered rare is now becoming routine. All five of the UK's warmest summers have occurred since 2000 and with our patronal fair back in June, I do hope that we all can pause for a second and think and pray for our planet, that we all can do our part in helping the planet heal, for us, and for our future generations.

As we approach the end of this year, it leaves behind a stark reminder: the climate is changing faster than many anticipated. The record heat is not just a headline, it's a warning. Without decisive global action to reduce emissions and build resilience, the hottest year on record may soon be eclipsed by even hotter ones. The time to act is now.

Tang x

BOOK REVIEW

Discovering Jesus in the Old Testament Nancy Guthrie

In our Bible readings and Christian music we read and sing about the prophecies in the Old Testament telling of the Saviour's anticipated arrival. Reading this book, I was staggered to see just how much was written about Jesus in places I've never realised or expected, all the way through from Genesis to Malachi.

Let's jump now to the time after the resurrection when he appeared to two of his followers: "Jesus took them through the writings of Moses and all the prophets, explaining from all the scriptures the things concerning Himself." Luke 24:27 It would have been a very long walk for Jesus to raise every reference to Himself, but He obviously spelt out enough to convince them that He has risen from the dead, as He taught and promised.

I picked up 'Discovering Jesus in the Old Testament' and on the back cover I read, "Wouldn't you have loved to be part of that conversation with Jesus? As He walked with two of his followers on the road to Emmaus, what Scriptures did He talk about and say, 'This is about me?' Which events, symbols and people did he identify as foreshadowing his life, death and resurrection?" YES! I would have loved that — and I'm sure

a lot of fellow-Christians would wholeheartedly join in with me!

I am not the academic, studious type but I am an avid reader, and this is all you need to be to enjoy and learn from this amazing book. It is advertised as: 'The One Year, Do-able Daily Devotions' but I couldn't do that. One page was never enough — it is so readable, has made me think, question pre-conceived ideas, it is challenging but I think most of all it is very exciting as our faith comes to light on every single page. It links the Old Testament to the advent of Christ and makes it so very relevant to our Christian life today.

As Nancy Guthrie says "Day by day readers will see the beauty of Christ in fresh new ways, creating a deeper understanding and appreciation for who Jesus is, what He has accomplished and what is ahead for all who love Him."

I am on my third time of reading this incredible book. I am using it, along with another book by this amazing author, (which I will detail for you in a later article), as a basis for my daily devotions and hope you will consider joining me to gain spiritual strength, an excitement in our faith and anticipation of Christ's return. Available from Amazon.

Chris Madeley

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MUSIC IS FOR EVERYONE

I interviewed Betty Pearson about the importance of music in her life.

Does your love of music date back to your Sheffield days? I was studying O-Level music and our teacher used to get tickets for Sheffield City Hall. One concert was by the National Youth Orchestra and I suddenly realised, looking down from the gallery, that Jacqueline du Pré was playing Elgar's Cello Concerto and I was virtually over the top of her. It was a marvellous thing. She was 17 at the time; it's a lovely memory to have.

Did you come from a musical family? Not really; I had piano lessons from the age of 5. My parents thought that was better than going to Brownies and I did that until I was 17 when I went to the Royal Manchester College of Music. I lived in what was then called 'the second murder mile' in Manchester. No girls ever went out by themselves and Nigel, whom I had met at the Christian Union and who later became my husband, accompanied me. He too was very musical.

What are your memories of those days? There were some interesting people in college at the time. John Ogdon was one. He had won the first prize in the 1962 Moscow Tchaikovsky Competition with Vladimir Ashkenazy. I particularly remember a free concert he gave at the college where he

played Beethoven's Hammerklavier. A friend who was sitting next to me said that he'd played some wrong notes and I sort of thought how sad to be so concerned that he's playing wrong notes and not looking at the overall effect.

You played the organ at St Paul's, Ireland Wood. That was where I got to know Paul Barker and Roger Quick, who was an amazing musician.

What do you remember about him? He said to me once he used to do audition work and somebody would appear with a piece of paper with one line of words and say 'Here mate, what can you make of this?' and suddenly he'd have written a full score.

I believe you introduced him to the idea of working with young people. He needed to gain confidence. A music teacher at Temple Moor where I worked left his job at a crucial moment for his GCSE class. I called upon Roger to give us some help. He sat down in front of the class and a young man played a guitar piece he'd created and Roger wrote it all out as the guy played it. When he finished, Roger stood up and said, "I feel wonderful" and it virtually changed his life because he realised he could work with young people and he took up a job in Perth at Strathallan School and stayed there for seven years.

ADEL GARDENERS' SHOW

s you walk into the hall your senses are assailed; the blowsy dahlias, the delicate orchids, the fragrant sweet peas, the perfectly shaped roses. Colour and scent draw you in to admire. Then on to the tempting bakery displays and the polished vegetables; next the photographs, not to mention craft and art work, all competing for the array of silver trophies displayed in the corner. Conclude with a home-made cream tea and purchases from the Plant Stall. Adel Show has much to offer the visitor.

But let us remember the hours of work and planning which lie behind it. 30 volunteers are needed on the day to keep the event running. In the winter months a committee begins planning; drawing up the Schedules, arranging the judges and volunteers, ordering tables, collecting the silver trophies back from the winners, preparing for the plant sales. Then the exhibitors are planning their offerings for competition. You did not see hairdryers opening the petals of dahlias and roses, damp newspaper wrapping runner beans to keep them straight, a light oiling to gleam up the onions, the tweezers plucking out decaying leaves or petals. The preparation is meticulous. But study of the class descriptions is essential. The wrong size of tomato, an annual instead of a perennial or a flower arrangement which does not fit the

prescribed size - all mean NAS, Not As Schedule, and elimination from the competition. As a friend discovered after polishing her house plant leaves with leaf- shine, it looked good but....NAS! All this goes to produce an old fashioned community Show.

I joined ADHS, as it was, in 1970 when I came as a young newcomer to Yorkshire. With a large garden I needed to learn about Adel conditions and how to garden in them. And I certainly learned; through meetings, question-and-answer sessions, outings, the show, conversations. 'Cover the ground with newspaper and let it disintegrate to break up the clay', was one piece of advice, I recall. And longlasting friendships were established. Sybil Spencer, whose York Gate garden has become an Adel treasure, widely admired, was the gracious Chairman. When I joined the committee, meetings were held at York Gate where we would sit in a circle with Sybil on a chaise longue by the roaring fire. This meant that we had rosy faces and freezing backs, so meetings were not long.

Since the 1940s, when what was the Adel and District Horticultural Society was founded by two local professional gardeners, one from Lawnswood Crematorium and the other from a small, local nursery in Holt Lane, the Show has retained much the same formula. Of course, other things have

changed. We used to have 2 Shows, more elaborate outings by coach, all meetings in person, but the Club has adapted as circumstances have altered. Covid forced a sea--change on us all, with face-to-face meetings not possible. However, good things have emerged from that traumatic period. The opportunity to have some meetings shared online in winter has become feasible and the name has changed to Adel Gardeners' Club. Much has been achieved through the inspiration of two far seeing and hardworking leaders, firstly Mary Snodgrass and now Barabara Hodkinson. The Club has adapted to modern needs and flourishes under its new title. This year's Show was after a summer of difficult growing conditions

but it did not disappoint.

Congratulations to our new Show
Secretary, Clare Robins, on her first
Show.

So, please when you inhale the scent, relish the colour and admire the skill of vegetable growers, cooks and amateur artists, pause to think of what is behind it and what so many do to create an invaluable community occasion. Of course you could join them and enjoy the comradeship too! See page 29.

https://adelhort.chessck.co.uk/

Jill Dilks

GUEST SPEAKERS

We hope to see you at the 10am service on 12th October (Creation Day)
We will have 2 guest speakers:

Sally O'Toole (aka Dr Sally Franks GP) **Sue Degnan**, one of our environmental officers

who will be raising awareness of the dependence of human health on planetary health and to explain how what is good for the health of the population is almost always good for the health of the planet. For example:

Green spaces reduce air pollution and so can prevent diseases like asthma, pneumonia, heart attack and stroke.

WORDS FROM JOYCE HILL

Edward the Confessor

Edward the Confessor, one of our royal saints, is celebrated on 13 October, his title of 'confessor' being the designation given by the church to those who are not martyred but whose sanctity is considered to be evident in the way they live their life. Edward died on 5 January 1066. He had had a new abbey church built at Westminster (a precursor to the abbey we know), and that had been consecrated on 28 December 1065, but the king was already too ill to attend the ceremony. He was buried in the abbey on 6 January, and Harold Godwinsson. Edward's brother-inlaw, was crowned king on the same day.

Edward was the son of the Anglo-Saxon king Ethelred the Unready and his wife, Emma of Normandy. During Ethelred's reign, England faced renewed attacks from Scandinavia and, not long after his death in 1016, became part of the Danish empire, ruled by Cnut. Emma married Cnut, but Edward took refuge in Normandy. Cnut died in 1035 and was succeeded by his two sons: Harold Harefoot (1037-40) and Harthacnute (1040-42). Edward returned from Normandy in 1041 and was recognised as heir to Harthacnute, succeeding him in 1042 when Harthacnut died.

Edward married Edith, daughter of Godwin, one of the most powerful men in the kingdom, but their marriage was childless, and the resulting uncertainties about the succession became a factor in the jostling for power that plagued Edward's reign, with Earl Godwin and his son Harold often at the forefront. In 1051 Edward engineered Godwin's exile, and it was perhaps then that he offered the succession to his kinsman William of Normandy (William the Conqueror, as he became known to the English). But such was Godwin's power that he forced the king to reinstate him in 1052. His son Harold succeeded to the earldom in 1053. and on his deathbed Edward named Harold as his heir. William notwithstanding.

The turbulent politics of Edward's reign don't sound very saintly - and they weren't! But the key to the king's subsequent saintly reputation was his building of Westminster Abbey. Understandably, the Westminster monks continued to commemorate him after his death. although this was discouraged by the new Norman abbots. However, by the early twelfth century the cult of Anglo-Saxon saints had again became politically acceptable. The Prior of Westminster took full advantage of this: by 1138 he had converted the Life commissioned by Edward's widow into a conventional saint's life, in which he presented the king's childless marriage as 'evidence' of saintly celibacy. Then, in 1139, he went to Rome to petition for Edward's canonisation. The Pope was doubtful, and the decision was postponed. But a new opportunity arose in the aftermath of the hotly disputed papal election of 1159, when the then king of England, Henry II, helped secure the election of Alexander III. The new Abbot of Westminster, with Henry's strong support, quickly seized the chance, renewing the petition in 1160. Hardly

surprisingly, Pope Alexander granted it, and so Edward was formally canonised. Medieval hagiographies represent him as being very pious, and maybe he was. But there is nothing that stands out in the contemporary record, except for the building of the abbey.

Edward's October feast-day commemorates the date on which his body was translated (moved) in 1269 to a chapel east of the sanctuary of the present Abbey, this being a more convenient date in the liturgical calendar than that of his death-day,

WALKING FOR HEALTH

Welcome In Wellbeing Walks

ow many people does it take to make a successful walking group? The answer turns out to be thirty five walkers plus five leaders, four for our weekly Thursday outing, and one for the occasional Friday walks which are longer.

Alleviating Isolation

The group was set up in March 2023 operating from OPAL at the Welcome In on Bedford Drive in Tinshill. It was set up to encourage older people to take regular physical exercise, to alleviate isolation and mental health

problems and to share walk leaders' knowledge of the locality, Leeds city, and the local countryside. We had initial support from TCV Hollybush, Leeds Active, and of course from the staff at OPAL, who not only support our group but many other interest groups. Initially we had a handful of walkers but we seem to be growing exponentially!

Every Thursday during term time we offer a morning's walk of around one and a half to two miles with a stop halfway for refreshments. Everyone who can walk that distance is welcome. Several times a year we have an additional longer Friday walk around four miles. We carry tea, coffee and biscuits with us and find that our stop for refreshments and a chat is

equally as important as the walk. Inevitably members experience difficult life events and I am endlessly impressed by how supportive they are to each other.

One of our aims was to have varied walks, using local buses. We have scratch cards available to anyone without a bus pass. When public transport is impractical we car share.

In the time we've been operating we have done many different walks including a Dawn Chorus walk at 5am, a Bat Walk late into the evening, walks along rivers, Headingley history, the canal, walks in RSPB reserves, a visit behind the scenes at the Arium, walks round the Leeds Christmas lights, Otley meanders, parks, city centre walks taking in the sculptures and street art, museums, gardens, churches, and even a Yorkshire Vineyard!

We have Walked in the Dales

On occasions we use additional specialist guides, for instance at Kirkstall Abbey and Kirkgate Market. Each season we include a 'special' full day walk using the OPAL minibus and have so far have walked In the Dales at Grassington, and



Bramhope Chapel visit

around Knaresborough. We have 'specials' coming up in the Autumn/ Winter season to Saltaire, and to Ripon for the Christmas lights. We are in the fortunate position of having had a grant from our local Labour Councillors, which has enabled us to subsidise the cost of the 'specials'.

Val Crompton, one of our walkers with whom Adel Bells readers will be familiar, is our unofficial walks photographer and generously shares photos with the group and posts them on Facebook.

We are always looking for new members, and for walk leaders. We provide a day's walk leader training with Ramblers' Association. If you are interested in joining us please contact Ellen at ellen@opal-project.org.uk

Hazel Kilner Walk Leader.

Please support our advertisers and mention Adel Bells

PUZZLES

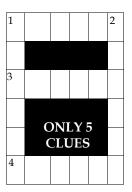
GENERAL KNOWLEDGE CLUES

Across

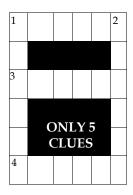
- I. Rope to stop animal wandering
- 3. The liquid component of blood
- 4. Informal term for a man

Down

- 1. Using a keyboard
- 2. A person or thing that harvests crops



CRYPTIC CLUES



Across

- I. Briefly about, American in big top
- 3. A bishop with zeal for reform is extremely fiery
- 4. One banqueting, not the first, in celebratory season

Down

- I. Rough path, we hear
- 2. Needlewoman holding end of thick pin

Solutions on p. 36

A DIFFERENT SUDOKU

Numbers have been changed to letters and the nine letters will spell out, if you arrange the anagram correctly, the name of one of the oldest cities in the world, considered holy to Christianity, Judaism and Islam.

	E							
				A				е
J		U	е	S	L	М	3	
4	L	е			S	E		
·								U
	М	S			U	е		
R		L	J	М	E	S		
				e				L
	A							

Solution on page 37

IN YOUR GARDEN

"Autumn leaves are falling, filling up the street; golden colours on the lawn, nature's trick or treat" – Rusty Fischer

There is no escaping the shorter days now we're into October, so there is less time available to appreciate those remaining autumnal jewels and to get on with those seasonal jobs. There will be plenty of dead or dying plant material requiring your attention, and despite the number of spiders now indoors, there will be spiders' webs everywhere outdoors!

It is very difficult to anticipate the availability of water for your garden. There has been JUST enough rain to keep most of our plants alive, albeit with typically poorer and shorter displays. Except, that is, for many of our fruiting plants. It has been a bumper year for apples, cherries, damsons, plums and tomatoes for whom the weather conditions this year have been perfect. However, there seems little likelihood of an end to the hosepipe ban with our reservoirs now visibly only one third full. So do carry on watering any new or vulnerable plants with any grey

water you can access, or from water butts and watering cans.

October is an ideal time for moving and planting trees, shrubs and climbers, as well as for hedge planting. It is also a good time to divide and split perennials. Almost any thriving plant in your garden could be dug up with the roots intact, lifted and then the root ball spit by either using a spade to slice through, or by using a pair of forks to prise the roots apart, in both cases ensuring there is a piece of the plant with the root. These smaller plantlets can be immediately replanted elsewhere as you wish, or best of all traded with friends! This is by some way the most reliable way of securing healthy new plants. But do also consider how you will water these new plants.

It is probably your last chance to trim hedges if you prefer to keep them looking tidy over the winter. It's also a good time to prune climbing roses and for deadheading those faded blooms around the garden.

George Turnbull

enquiries@adelgardencare.co.uk www.adelgardencare.co.uk

The only certain thing about the future is that it always arrives one day at a time.

HISTORY GROUPS

Abbey House Museum

Throwback Thursdays

This is a free adult drop in event! Each session will be in the Gatehouse where you can come at 2pm and join in discussions and share your memories of our topic of the month, over a cup of tea.

Thursday 2 October at 2pm

Food, Glorious Food!

Remember your favourite recipe, or tell us your favourite treat. This food themed reminiscence session should leave your mouth watering, so by the end of this scrumptious session we hope you'll be saying 'Please Sir, can I have some more?'

Thursday 6 November at 2pm

Ghosts and Ghouls

Whether it's rides on the Ghost Train at your local funfair and trick or treating for Halloween you want to remember, or rumours of ghostly goings on in creaky old buildings, this Throwback Thursday is sure to thrill!

Contact **Patrick Bourne** for more details.

The 1152 Club meets once a month on Tuesdays, at 10am - 11.15am, during term-time. at Abbey House Museum

Free parking near Abbey House.

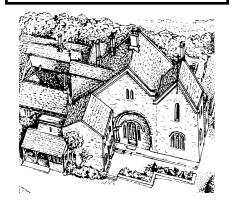
Patrick Bourne. Kirkstall
Abbey, Leeds LS5 3EH
Kirkstall.abbey@leeds.gov.uk
For details, 0113 378 4079

or contact Val Crompton

We meet next on **Tues 7th Oct**. The Great Mortality: **Black Death in Yorkshire** 1348-1350, with Mortica

Tues 4th Nov Commonwealth War Graves With Brian Joyce

This is a free, friendly local history group for adults aged 55+, and includes a hot drink.



OPAL ACTIVITIES

s the days are getting shorter, the bright, warming atmosphere of the Welcome In continues to offer support to our members as well as to the wider community and we all busy planning for the forthcoming festive activities.

Although Christmas may be several weeks away, we are finalising details of our annual Christmas Banquet which will be held on 5th December at Ralph Thoresby High School. This is always an amazing evening hosted by the school, where our members are treated to a fabulous three course meal served by school students as well as musical entertainment and prizes galore in the raffle: if you would like to attend this free event please contact us at the beginning of November (Monday 3rd) to reserve your place. Please also tell us if you need transport (this is free as well) as well as letting us know of any dietary requirements.

This event is always a brilliant kick start to the festive season at OPAL and we would like to take this opportunity to thank all the staff and pupils at Ralph Thoresby who give up their time and energy to ensure we all have an unforgettable night.

The drop-in Hearing Aid Clinic is on **Friday 24th October 12-2pm**; this is a walk in service for users of NHS

Hearing Aids (please remember to bring your white or yellow NHS card with you). This clinic can change batteries, replace tubing and even service your hearing aids. Please be aware this is a popular service so you may have to wait to be seen.

OPAL aims to offer a wide range of activities and support to our members and to the wider LS16 community so if you know of any services or activities in this area that you think we may not be away of please contact us and tell us all about it. The support of the community was in full force when we all came together to celebrate OPAL at our annual Community Fun Day, this is a chance for the whole community to come together and have fun and help support OPAL. Thank you to all the local businesses who donated prizes to our raffle and to all the volunteers and staff who gave their precious time to make this event such a success.

If you would like any more information about OPAL or any of the activities we offer please contact us on 01132619103, email us on admin@opal-project.org.uk or come in to see us at the Welcome In Community Centre 55 Bedford Drive, Leeds LS16 6DJ.

Shelley Clark (she/her) Project Worker

A NEW PRODUCTION

A new season begins

Adel Players kick off their new season with *The Incident Room* by Olivia Hirst and David Byrne. First performed in 2019 at the Edinburgh Fringe, the play depicts the investigation into the series of murders around the north carried out by the Yorkshire Ripper.

The setting is the incident room in Millgarth Police Station in Leeds, now the site of Victoria Gate shopping centre, and covers the period between June 1977 and January 1981. The combination of personnel from several police forces, together with very limited technology, created difficulties from the start and ultimately a mountain of paper.

With public and political pressure mounting, hundreds of officers worked around the clock and resorted to increasingly audacious attempts to identify the killer. The story centres around Megan Winterburn, the detective sergeant running the incident room, and George Oldfield, Assistant Chief Constable in charge of the investigation, as well as other characters from the time.

Although we know the outcome of the investigation, this play examines where errors were made and asks the question, could the Ripper have been caught earlier?

The play is fast moving, and includes a lot of 'northern' humour, which we are sure will be appreciated by our audiences.

Please see p. 29 for times and details of how to book

Mike Andrews

Press Quotes

'The ingenuity of this piece is that it gives you a pacey, clock-ticking sense of what things were like'

Telegraph

'An utterly compelling, imaginative portrayal of failure and guilt... takes the expectations of the police drama and the true crime genre, and reveals far deeper, more uncomfortable truths within'

The Reviews Hub

'An absorbing and emotive play with real heart, and plenty of unexpected humour' Everything Theatre

'Has the quick, zingy dialogue that you'd expect from a cop show... accentuates the people and the personalities within the police force and the victims' Broadway World

'A superbly researched play... a fine example of docu-drama'

British Theatre com

WALKS IN ADEL WOODS

Friends of Adel Woods Guided Bat Walk 14 August 2025



Adel Woods footpaths were dry and the evening sun was still shining when a large group of us (29 adults & 11 children) gathered in Alwoodley Village Green Car Park to meet up with **Roger Gilbert**, Chair of FOAW.

We were introduced to the **LCC Rangers, Rachel & Joe,** who led the Bat Walk and gave out the Bat
Detectors & Info Cards.

We soon saw bats! The best place was at *Adel Crag*. The bat detectors picked up sounds & converted them into sounds that we could hear. We saw mainly Noctule & Pipistrelle bats flying between the trees and above Adel Crag. The children were very excited as darkness fell...

For more details—see recent posts on **friendsofadelwoods.org**

Sunday 5th October a Fungal Foray with local naturalist Steve Joul

Steve Joul, expert naturalist will be leading a fungal foray in Adel Woods. We will be meeting at **I.50pm on Sunday 5th Oct**, in the Village
Green car park on King Lane. The walk will finish at 4 pm.

The walk will be suitable for children but they must be accompanied by a responsible adult.

Sorry, no dogs please, other than assistance dogs.

Places are limited, and so booking is essential.

Please contact: foaw@me.com



Poached egg

Val Crompton



WHAT'S ON



Headingley Flower Club at Bramhope Wednesday 1st October 'Autumnal Twist'

Julie Dickinson
7pm Guests are welcome at all
meetings. A guest fee will be charged.
Bramhope Village Hall,
Old Lane, Bramhope. LS16 9AZ
Contact Mrs Jean Money
Tel 01924 468714



Adel Gardeners' Club Monday 13th October

'Containers for the months ahead' Nigel Eaton

Nigel is coming from the fairly new Ilkley Garden Centre, Moss & Moor, to show us how to keep the garden interest going through the coming months, using containers. He'll be bringing plants from the garden centre to offer for sale.

https://adelhort.chessck.co.uk/



Leeds & District Association of the National Trust Tuesday 14 October

'Time-travel through place-names: a sideways look at the history of Leeds' Talk by Joyce Hill, our president All meetings are held on the second Tuesday of the month, 10 for 10.30am in St. Chad's Parish Centre, Far Headingley. Easily accessible by Otley Road (A660) buses - nos. 23-28. There is a car park. Guests welcome - entrance fee £7.00.

Guests welcome - entrance fee £7.00 Refreshments before the meeting by donation.

c.lightman@sky.com (Ann Lightman)



Adel Players Wednesday to Saturday 15th to 18th October, 7.30pm The Incident Room

by Olivia Hirst and David Byrne

For details about this play please read page 26

To book tickets, please contact Mike and Anne Andrews by email at boxoffice@adel-players.org.uk

YORK GATE UPDATE

Solving the mystery

If you have visited the Garden recently you may now have met Geoff, whom I introduced in the last edition of Adel Bells. Yes, he is a scarecrow made by one of our volunteers and was named, I am told, for Geoff Hamilton, garden writer and long-time presenter of BBC Gardeners' World, who died in 1996.

Geoffrey Smith filmed here with Robin Spencer

However, with my heritage hat on, my thoughts went immediately to Geoffrey Smith, the Northern Horticultural Society's superintendent at Harlow Carr Gardens for many years as well as a TV presenter and panellist on radio's Gardeners' Question Time. Geoffrey Smith visited York Gate on many occasions, including filming an episode of Gardeners' World with Robin Spencer, and he and Sybil became good friends. Both are remembered for their contribution to gardening and remain an inspiration for gardeners everywhere.

Geoffrey Smith died in 2009 but I can still hear him in his distinctive Yorkshire accent saying, "It's green, not grim, up North." How true!

I understand that a few visitors have questioned whether a scarecrow is a fitting addition to the Garden. Geoff is not the first however: the York Gate Archive contains a photograph of Sybil in the old kitchen garden with her dog, Dusky, and a scarecrow. I am sure she would love Geoff!

As I write, the door is closing on summer but there is still plenty to enjoy on a fine autumn day so make the most of these final days before the garden closes at the end of October. Many of the late summer flowers with their bright and vivid colours linger into winter and sometimes a second flush of spring flowers can also be spotted. But some plants actually die well! The seed heads of dead flowers are a potent symbol of death and rebirth and provide winter structure in the borders with their contrasting shapes. I have a fondness for honesty, Latin name lunaria, which is a joy from its spring flowers to its shimmering seed pods and can be found in the White Garden. If the weather stays dry, the gardeners will not cut back the seed heads but leave them for their romantic end of season beauty as well as to provide a haven for wildlife in winter.

It has been a tough year's gardening for everyone with prolonged soaring temperatures and the lack of rain but Jack and his team have done a fantastic job keeping the garden looking wonderful all season. I am sure that their hard work is greatly appreciated by all our Friends and visitors.

Gillian Smith Heritage Volunteer.

The garden closes at the end of October but the Café will remain open during the winter months. Please check the website for full details of winter opening times.



Geoff

Children, bring your grown-ups and join us for a

Family Harvest Event

Saturday 18th October 2pm till 4pm

in the Old Stables and Church

Activities 2pm till 3pm then a short time in Church to be followed with light refreshments in the Stables

Please contact Karen if you would like any more information karen_baylis@hotmail.co.uk

Please bring a food donation e.g. a tin or something non-perishable to take to church to present at the altar.

SUNDAY 19TH OCTOBER

12.30pm for Ipm start in the Old Stables



A 2 course meal will be on offer for £12.50 per person

Main course followed by dessert or cheese and biscuits Wine and soft drinks will be available for a donation

You are invited to book your place by Sunday 12th October either in church or by emailing adelparishchurch@gmail.com

QE CORNER

Here it is again...... QE (Quite Enlightening) Corner. You all know that I like trivial information, so for your enlightenment I am presenting you this month with another miscellany of "facts(?)"

During the French Revolution, the calendar was redrafted so a month was exactly 30 days long. A week, known as a décade, was ten days long, meaning there were three décades in a month.

Jesus was born in a penthouse. The word originally meant a structure annexed to a building and comes from the Old French 'apentis', meaning 'an outbuilding'.

In 1887, Peter Pan author J. M. Barrie founded a cricket team whose members included A.A. Milne, Arthur Conan Doyle, H. G. Wells, P. G. Wodehouse, G. K. Chesterton, and Rudyard Kipling.

In 1900, Sir Arthur Conan Doyle caught fire during in a cricket match at Lords. The ball hit a tin of matches in his pocket.

Fish stop swimming in space.

Due to chemical changes in their leaves caused by climate change, trees are becoming more flammable.

Lewis Carroll invented the word 'chortle' by combining 'chuckle' and 'snort'

The verb 'to atone' originally meant 'to reconcile or unite in harmony', literally to set 'at one'.

There's a gaggle of white geese in a Cambridgeshire village that have learnt to use zebra crossings.

Toilet flush capacity is commonly tested with a mixture of toilet paper and soya bean paste.

Chinese owls, African owls and English Magpies are all breeds of pigeon.

The expiry date on bottled water is not for the water, it's for the bottle.

Many common nicknames beginning with 'N' came about from affectionate phrases where 'mine' was used before the first name. So, 'mine Edward' gave rise to 'my Nedward' and, therefore 'Ned'; and 'mine Eleanor' became 'Nell'.

In two weeks, caterpillars can increase their size by 10,000 times.

Please note these "Facts(?)" are all from the internet, so don't blame me if they are not correct!

Trevor Cole

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BARRY ANDERSON

Consultation on the Heritage Framework for Leeds

Leeds City Council has commissioned a new Heritage Framework for Leeds. As the city changes, the idea is to agree what we want to remember and protect for future generations. In this respect a consultation will run throughout the Autumn. Local knowledge is needed and I would like to encourage you to take part. You can do this by: opting in to participate in an in-person consultation event or completing an online public survey. If you think this would interest you please let me know by emailing me at barry.anderson@leeds.gov.uk

Mayor's West Yorkshire Local Transport Plan

The Mayor has launched the Local Transport Plan and the consultation is currently live until 21st October. You can look at the documents online or attend one of the in-person sessions. These include pop-ups in bus stations, rail stations and shopping centres; and community events aimed at reaching people who may otherwise not be able to take part.

To view the various documents look at this link www.yourvoice.westyorks-ca.gov.uk/ltp

Meanwood Valley Beck Flood Catchment Area

A traditional flood alleviation scheme

for the river flooding is not feasible therefore the Council has been working with Meanwood Valley Farm in partnership with the Environment Agency, Yorkshire Water and Leeds University (ICASP) to examine the possibility of undertaking a blue green demonstrator at the farm. This could involve for example new hedges, soil aeration, tree pits, permeable paving, scrapes and property flood protection etc. which could all help to slow the rate of water runoff into the river, sewers and drains and improve the farm's resilience to flooding. This could aid the farm but also provide an opportunity to demonstrate with the local community how such activities help to create a more resilient environment and fits very well with the farm's ambition to be climate resilient.

Leeds Bradford Airport Planning Appeals

You will recall Leeds Bradford Airport (LBA) submitting four applications for certificates of lawful use or development (CLEUDs) in December 2023.

Three of these appeals were subject to a Public Inquiry in March and April of this year. The Planning Inspectorate has confirmed that two of these applications have been dismissed and a third upheld. The applications were considered on the basis of legal and technical

arguments, relating to night-time flight movements. Whilst Council Planning officers have made some initial observations, further consideration will be needed to assess any further potential planning implications and next steps.

Leeds Light Night 2025

Light Night Leeds returns on 23rd and 24th October. A captivating collection of illuminated artworks is set to transform the city this October when the stunning spectacle of Light Night Leeds returns.

With the theme of Landmarks, this year's event will celebrate some of the city's historic civic buildings, modern architecture and public spaces. Key pieces will include an enchanting projection on the face of the iconic

Queens Hotel celebrating 200 years of the modern railway.
Leeds Civic Hall will also host a mesmerising new commission, it incorporates fantastical imagery from books in the library's collection, inviting visitors to explore universes of science, illusion and discovery.
Working with cultural venues all over the city to create an inclusive, citywide festival, other installations will include large-scale projections, light artworks, performance and interactive pieces by international, national and Yorkshire-based artists.

CIIr. Barry Anderson

Adel & Wharfedale Ward Direct Dial 0113 3367742 www.barryanderson.org.uk

BILLY FLYNN

Hi everyone.

Well, we certainly cannot complain about the weather so far this year, although we are now heading into Autumn, and temperatures are bound to drop. While not in any way complaining, it would be nice to see a little more rain so that gardens would return to green rather than a motley mixture of colours, but mainly brown.

Lawnswood roundabout – yet more queues

As you will have no doubt noticed, the main work on the roundabout

commenced in August with delays being experienced at times on all four approaches to the junction. As children return to school in September, I can only see the problem persisting at best, certainly during the two rush hour periods.

Apart from work on the immediate approaches to the roundabout, the speed limit between King Lane and Lawnswood, currently 70mph, will reduce substantially. The work is scheduled to last 12 months so there will be considerable disruption on this section of the ring road and approaches to it for the next year. I

have spoken to council Highways officers who estimate hold ups at present are not too significant for most of the day, but I suspect this will change.

Adel Community Garden

The garden is going from strength to strength and passers by will have appreciated the wonderful display of flowers during the Spring and Summer, and notably the latter. The team behind the garden are looking to improve it even further with the addition of one or two benches which, if agreed, has attracted the offer of funding from a local resident. Other improvements will hopefully involve raised flower beds, the introduction of a website and possibly community events. The chair of a local residents' association is also looking to have a bench on the grassy area off Sir George Martin Drive, just south of the junction with East Moor Lane and opposite the Wayland's estate. Council permission for any benches or work is required for both sites as the land is council owned.

Adel Parish Council

On the subject of community events, there is now significant interest in the creation of a non-political parish council. If agreed, this will take some time to get off the ground because of the need for a governance review, including full consultation and a petition in favour of the project.

Holt Park Library or Community Hub as it is now known

I report most months on the activities taking place at Holt Park Library and I am glad to say that the council library service is currently carrying out a survey to discover what the public think is needed from the service and how they use or do not use the city's libraries. I am a passionate supporter of the library service because while electronic reading is increasing and very convenient, there is nothing better than reading a real book rather than a virtual one. At least I think so and particularly from a child's perspective. I am sure you will have noted that libraries are now offering far more services than just book lending so please do complete the survey. The increase in use of technology has placed further pressure on the future of libraries and as I have often said previously in other contexts, if you do not use our local facilities, there is a real danger we could lose them.

If you would like further information on the items above or have questions about anything else in the ward, please do contact me.

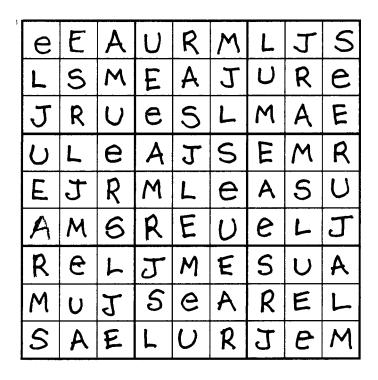
Telephone 07810 640282 or email billy.flynn@leeds.gov.uk

Brain Teasers

- I. He was bungy jumping.
- 2. Next would be Moscow. They are consecutive Olympic cities.
- 3. Teeth (Baby, Adult and False)

Only 5 Clues Only 5 Clues **Cryptic General Knowledge** Across Across I CIRCUS I TETHER 3. ABLAZE 3. PLASMA 4. GEEZER 4. EASTER **Down** Down I. COARSE I. ADMIRE 2. SKEWER 2. THEIRS

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Eiffage, Keir, Ferrovial, BAM.

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Andrew Ward - Pro-Shore Ltd.

"I think Cones is a really innovative way of encouraging positive behaviour in the younger generation. Rich in insight and pertinent message."

Richard Dobson - Joint MD - TSA Ltd





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Adel Manor and Guiseley Manor, both located on Otley Road, are outstanding care homes offering residential, dementia and 24hr nursing care.

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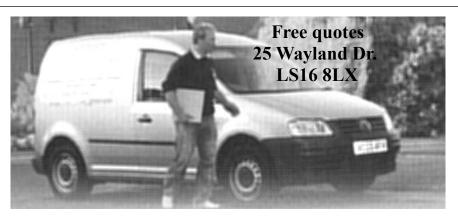
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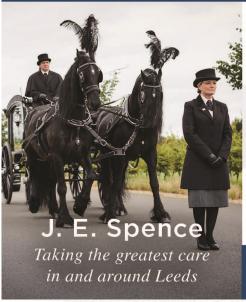
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Church Services in October

Wed 1st 11am Holy Communion

followed by coffee & biscuits

Fri 3rd 1.30pm J Js (for the under sixes)

Sunday 5th 16th Sunday after Trinity

8.30am Holy Communion (BCP)
10am Parish Communion

6.30pm Evensong

Wed 8th 11am Holy Communion

Sunday 12th 17th Creation Sunday

8.30am Holy Communion (BCP)
10am Parish Communion

with Sally O'Toole & Sue Degnan as speakers

5pm ACE meeting in the Stables

Wed 15th 11am Holy Communion

Thurs 16th 3.15pm Holy Communion in the Stables,

with tea & coffee

Sunday 19th 18th Sunday after Trinity

Harvest Festival

8.30am Holy Communion (BCP)

10am All Age Service with Communion

6.30pm Choral Evensong

followed by light refreshments

Wed 22nd 11am Holy Communion

Sunday 26th Last Sunday after Trinity

8.30am Holy Communion (BCP)
10am Parish Communion

5pm ACE meeting in the Stables

Wed 29th 11am Holy Communion

Junior Church is held during term time, but not on the 3rd Sunday when there is a 10am All Age service, with communion, and children are welcome for the whole of the service in church.

ACE is a group for school year 4 and above. We meet in the Stables in term time to discuss our faith and play silly games. Ace+ start s at 6pm on 2nd Sunday of the month in church (at the Ace communion) and 6.15pm on 4th Sunday of the month in the Stables.